

# Independent examiner's report on the accounts

**Section A** 

### Independent Examiner's Report

Report to the trustees/ members of

harity Nam Yarm Wellness

On accounts for the year ended

31 March 2023

Charity no (if any)

1197256

Set out on pages

To 6

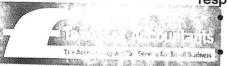
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 03 / 2023.

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:



accounting records were not kept in accordance with section 130 of the Act or

the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

Name:

MICHAEL A. TURNBULL

Relevant professional qualification(s) or body

(if any):

INSTITUTE MISHIP NO: 234178

OF FINANCIAL ACCOUNTANTS

Address:

139A HIGH STREET

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

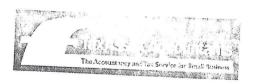
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# Yarm Wellness registered charity 1197256 Receipts & Payments Accounts

# For the Period 1 April 2022 to 31 March 2023

	Unrestricted Funds	Restricted Funds	Total Funds	Last Year
Section A Receipts & Payments				
A1 Receipts				
Hall Rental	7,965	_	7,965	
Donations	6,331	500	6,831	-
Interest	137	=	137	-
Funding - Core Costs		12,625	12,625	-
Funding - Workshops	9,737	-	9,737	-
Funding - Outside Space Garden	500	-	500	-
Funding - Jubilee	_	2,000	2,000	
TOTAL RECEIPTS - ORDINARY	24,670	15,125	39,795	
A2 Payments				
Gas & Electric	1,420	3,258	4,678	-
Water	215	301	516	-
Insurance	596	395	991	=
Facilities Management	1,605	1,358	2,963	=
Repairs & Maintenance	2,610	-	2,610	-
iT	1,144	-	1,144	-
Printing & Stationary	497	-	497	-
Uniforms	450	-	450	-
Other Sundries & Supplies	2,947		2,947	
Subtotal Core Costs	11,484	5,312	16,796	-
Workshop Expenses	6,409	-	6,409	-
Events	2,226	1,774	4,000	-
Garden	205	-	205	-
Community Support	626		626	
TOTAL PAYMENTS - ORDINARY	20,950	7,086	28,036	
NET RECEIPTS / (PAYMENTS) - ORDINARY	3,720	8,039	11,759	
A3 Transfers between funds	59	(59)	*	-
A4 Extraordinary Activity				
Receipts - YYCA Asset Transfer	36,271	-	36,271	-
Receipts - Funding Renovation	14,230	-	14,230	-
Receipts - Funding Outside Space Arches	-	7,000	7,000	-
Payments - Renovation	(21,389)	-	(21,389)	_
NET EXTRAORDINARY ACTIVITY	29,112	7,000	36,112	•
A5 Cash funds last year end		-	-	
CASH FUNDS THIS YEAR END	32,891	14,980	47,871	-







# Yarm Wellness registered charity 1197256 Receipts & Payments Accounts

# For the Period 1 April 2022 to 31 March 2023

Unrestricted Funds	Restricted Funds	Total Funds	Last Year	
the end of the period				
_	_	_	-	
	=	-	-	
327	-	327	-	
-	167	167		
901	-	901	-	
3,017	-	3,017	-	
-	-	-	-	
-	500	500		
767	-	767	-	
-	4,688	4,688	-	
-	2,625	2,625	-	
	7,000	7,000	-	
756	-	756	-	
5,000	=	5,000	-	
22,123	-	22,123	_	
32,891	14,980	47,871	-	
	Funds the end of the period	Funds Funds  the end of the period	Funds Funds Total Funds  the end of the period	Funds Funds Total Funds Last Year  the end of the period

Signed by one or two trustees on behalf of all trustees -

Signature	Print Name  CHERYLSCOLLAY	Date of Approval
Changel Scallan	CHERTESCOCKING	4/10/2023
		T





### For the Period 1 April 2022 to 31 March 2023

#### Note 1 - Accounting Practice

Yarm Wellness uses the cash basis to prepare the receipts and payments accounts.

#### Note 2 - Extraordinary YYCA Asset Transfer

Yarm Wellness (YW) opened 1 April 2022. The charity was given use of a building owned by Stockton Borough Council. The building was previously used by Yarm Youth & Community Association (YYCA - registered charity 1091668). In February 2022 YYCA resolved to close and transfer its undertakings and assets to YW. Yarm Wellness received £36,271 of unrestricted funds from YYCA. This receipt is considered an extraordinary activity for the charity as there is no expectation of this type of receipt in the future.

The assets received from YYCA were -	
NatWest bank account	36,064
Petty cash	207
	36,271
The funds received from YYCA were designated for the following purposes -	
Yarm Wellness Startup	3,836
Wellness Workshops	2,362
Christmas Hampers / Community Assistance	503

#### Note 3 - Extraordinary Renovation

Unrestricted - General

Prior to closing, YYCA began a much needed refurbishment of the building including a new kitchen, new bathrooms and new heating system. Yarm Wellness took on the work in progress and completed the project. Yarm Wellness spent a total of £21,389 to complete the project. The designated funding received to complete the renovation (£14,230) and the monies spent (£21,389) are considered extraordinary activity for the charity as the renovation was a one time event and not part of the charity's ongoing activities. The balance of funding for the renovation came from YYCA funds designated for Yarm Wellness startup (£1,756) and other unrestricted funds (£5,403).

#### Note 4 - Extraordinary Outside Space Arches

The building is next to the Yarm viaduct, the arches of which support Network Rail's train tracks. Yarm Wellness has received approval from Network Rail to use the land under three of the arches. This land will be used to develop outdoor space to further enable our community wellness workshops. Work on this outdoor space is anticipated to begin in Spring 2024 once Network Rail has completed their scheduled maintenance project. Yarm Wellness has received £2,000 from Yarm Town Council and £5,000 from Stockton Borough Council to support the planned project. These restricted funds are considered extraordinary activity as the project to develop the outside space will be a one time event and not part of the charity's ongoing activities.

#### Note 5 - Cash Balances

Yarm Wellness cash at 31 March 2023 was held in the following accounts:

NatWest current account	9,229
NatWest reserve account	38,137
NatWest current account - YYCA	316
Cash on hand	189
	47,871





29,570 36,271



## For the Period 1 April 2022 to 31 March 2023

#### Note 6 - Fund Balances

Yarm Wellness cash funds are comprised of both unrestricted (includes designated) and restricted funds. Yarm Wellness has no endowment funds. The following funds have been accounted for in the year to 31 March 2023 -

	Balance	Rece	ipts	Paymo	ents		<b>Ending</b>	
Fund	<b>Forward</b>	Ordinary	Extra	Ordinary	Extra	<b>Transfers</b>	Balance	Ref
Community Foundation - Jubilee	-	2,000	-	(1,774)	-	(59)	167	Α
Workshops - Manter Food	-	500	-	-	-	-	500	В
Core Costs - National Lottery	_	10,000	-	(5,312)	-	-	4,688	С
Core Costs - Brighter Days	-	2,625	-	-	-	-	2,625	D
Outside Space - Arches	-	-	7,000	-	-	-	7,000	E
Restricted Funds	-	15,125	7,000	(7,086)	-	(59)	14,980	
Renovation	_	-	14,230	_	(14,230)	-	-	F
Startup (YYCA)	-	-	3,836	(2,026)	(1,756)	(54)	-	G
Christmas Hampers (YYCA)	-	-	503	(176)	-	- 1	327	Н
Workshops - Co-op	-	3,026	-	(632)	-	(1,493)	901	1
Workshops - Yarm School	-	8,842	-	(3,411)	-	(2,414)	3,017	J
Workshops - SBC Food Aid Fund	-	500	-	(500)	-	-	-	K
Workshops - Other (YYCA)	-	2,917	2,362	(3,065)	-	(1,447)	767	L
Outside Space - Garden	=	275	-	(19)	-	500	756	M
Building Maintenance Reserve	-		-	-	-	5,000	5,000	N
Designated Funds	-	15,560	20,931	(9,829)	(15,986)	92	10,768	
Unrestricted - General (Reserve)	-	9,110	29,570	(11,121)	(5,403)	(33)	22,123	0
Designated + Unrestricted Funds	-	24,670	50,501	(20,950)	(21,389)	59	32,891	
TOTAL FUNDS	=	39,795	57,501	(28,036)	(21,389)	•	47,871	

#### Ref

- A The Yarm branch of Newcastle Building Society nominated Yarm Wellness for a grant from the Community Foundation of Durham. In April 2022 the Community Foundation awarded Yarm Wellness £2,000 to host a street party to celebrate the Queen's Jubilee. The party was intended for the benefit of the residences of High Church Wynd after the disruption the renovation of the hall had caused. Yarm Wellness held a party on 3 June 2022 which was attended by nearly 100 people. There is a small balance of funds that were not spent on the Jubilee celebration. This balance is restricted to use for the benefit of the residents of High Church Wynd.
- B £500 was donated to Yarm Wellness in March 2023 for the specific purpose of providing food to the 'Manter' Men's Wellness Group.
- C In September 2022 the National Lottery Community Fund awarded Yarm Wellness £10,000 to fund certain core costs for twelve months.
- D In January 2023 the Police & Crime Commissioner for Cleveland awarded Yarm Wellness £2,625 as part of the Brighter Days Campaign. The money is to fund certain core costs from September 2023 to March 2024 (following the expiration of the National Lottery funding).
- E See Note 4
- F See Note 3
- £3,836 of the funds transferred from YYCA were designated to fund Yarm Wellness startup costs. The funds were spent on renovation (extraordinary) and startup costs (ordinary) which included Open Day celebrations. The transfer amount represents £54 of core cost allocation (see Note 7) for 5.5 hours use of the building for Open Day celebrations.
- H £503 of the funds transferred from YYCA were designated to support Christmas hampers for the community at Christmas 2022. £176 was spent. The balance remains for hot or cold food for community assistance / crisis.







## For the Period 1 April 2022 to 31 March 2023

As part of the Local Community Fund, Co-op have donated £2,357 to Yarm Wellness. The Trustees designated this fund to support wellness workshops net of direct donations received for each workshop.

£409 received in April 2022 supported core cost allocation (see Note 7) for the following workshops -

Menopause Support Group

Tea Dance

Ukraine Café

£1949 received in November 2022 supported direct costs and core cost allocation (see Note 7) for the following workshops -

Coffee, Cake & Company

Craft & Chat

It's OK Café (Bereavement Support Group)

Manter' Men's Wellness Group

Menopause Support Group

Walking Group

J In June 2022 Yarm School hosted a Bollywood Ball that included a charity auction to raise money for Yarm Wellness. Yarm Wellness received £6,620 from this fundraiser. In November 2022 Yarm School did another fundraiser for the benefit of Youth Programs at Yarm Wellness. This second fundraiser contributed a further £510. The trustees designated this fund to support the following wellness workshops net of direct donations received for each workshop.

Cancer Support Group

Red Balloons Women's Mental Health

Soup & Chat Dementia Café & Advice Service

Toddler Playgroup

Veteran's Breakfast

Yarm Wellness Community Choir

Yoga for Cancer

Youth Programs

Outside Space Garden (see Reference M)

K In February 2023 Stockton Borough Council awarded Yarm Wellness £500 from the Food Aid Fund to provide food in February and March 2023. The trustees designated this fund to support the following wellness workshops -

Craft & Chat

It's OK Café (Bereavement Support Group)

Lunch Club

Menopause Support Group

- L The fund received from YYCA designated for wellness workshops was designated by the trustees to support all other wellness workshops not supported by another designated fund. These workshops' direct costs and core cost allocation (see Note 7) net of direct donations have been funded.
- M See Workshops Yarm School Reference J. £500 was designated by the trustees for use in the outside garden. This fund was augmented by donations received in appreciation for community garden work the Yarm Wellness garden team completed.
- N The trustees designated £5,000 to be set aside each year for a Building Maintenance Fund to hold a maximum value of £25,000. This fund will be used to provide for any required significant building maintenance.
- O Other unrestricted funds are held as a cash reserve to support the charity's operations. This fund is targeted to hold six to nine months of estimated ordinary payments. At 31 March 2022 the cash reserve balance of £22,123 was estimated at nine months of ordinary payments.

#### Note 7 - Core Cost Allocation

Total core costs for the year (£16,796) less direct funding for core costs (National Lottery £5,312) results in net core costs to fund of £11,484. This value was divided across the total hours the hall was used in the year (1,176 hours) to calculate a core cost per hour of £9.76. The funds supporting all Yarm Wellness provided workshops were then allocated an hourly charge to fund the core costs of running the hall during the workshops. These calculated values are the remaining transfers between the workshop funds and unrestricted - general.



1 4/10/23



## For the Period 1 April 2022 to 31 March 2023

#### Note 8 - Fund Transfers

Other than establishing the Garden Fund (see Note 6 Reference M) and Building Maintenance Reserve (see Note 6 Reference N), all fund transfers were for core cost allocation (see Note 7) from unrestricted - general to the workshop and other relevant funds.

Fund Community Foundation - Jubilee Workshops - Manter Food Core Costs - National Lottery Core Costs - Brighter Days Outside Space - Arches Restricted Funds	Establish Garden Fund - - -	Establish Building Reserve - - - -	Core Cost Allocation (59) - - - - (59)	Net Transfers (59) - - - - - (59)
			,	,,
Renovation	-	-	-	-
Startup (YYCA)	=	=	(54)	(54)
Christmas Hampers (YYCA)	-	-	-	-
Workshops - Co-op	-	-	(1,493)	(1,493)
Workshops - Yarm School	(500)	-	(1,914)	(2,414)
Workshops - SBC Food Aid Fund	-	-	-	-
Workshops - Other (YYCA)	-	_	(1,447)	(1,447)
Outside Space - Garden	500	-	-	500
Building Maintenance Reserve	-	5,000	_	5,000
Designated Funds	-	5,000	(4,908)	92
Other Unrestricted (Reserve)	-	(5,000)	4,967	(33)
Designated + Unrestricted Funds	-	: ***	59	59
TOTAL FUNDS	-	-	-	-

#### Note 9 - Payments to Trustees

Yarm Wellness has four trustees. None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity. From time to time trustees have been reimbursed for payments they made on behalf of the charity. The following reimbursements have been completed in the year to 31 March 2022.

Trustee		
Cheryl Scollay	22	Startup payments
Stephen Lynas	220	Renovation payments
Kate van der Graaf	204	Renovation and startup payments
Vicky de Main	342	Startup payments
	788	

#### Note 10 - Related Party Transactions

Yarm Wellness did not have any related party transactions in the year to 31 March 2022.

#### Note 11 - Audit, Independent Examination and Other Financial Service Fees

Yarm Wellness has not paid any fee for the independent examination of the accounts or other tax, accountancy or other financial services. The charity's accounts have been prepared by the charity's finance manager on a volunteer basis. The accounts have been reviewed by an independent examiner on a gratis basis.

#### Note 12 - Staff Costs

Yarm Wellness has no employees. There are no staff costs or employee benefits paid to the trustees, key management personnel or others.

#### Note 13 - Prior Transactions

Yarm Wellness opened on 1 April 2022. However, two transactions were received in the bank on 29 March 2022 prior to the opening. These two transactions have been included in the current year's accounts.

Grant received from Stockton Borough Council designated to support the renovation Refund from contractor related to the renovation

4,013 65 **4,078** 



th 10/23



## **Objectives & Activities**

Template	Yarm Wellness
Summary of the purposes of the charity as set out in its governing document.	Yarm Wellness' purpose is to provide a positive impact on the wellbeing of Yarm and the wider community through the provision of creative, educational, fitness and wellness classes. We also offer a warm safe space for our community to engage with others and reduce isolation.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Yarm Wellness has worked with the community to host a variety of Give Back and Isolation Partnership wellness workshops across the year including:  Book Club Cancer Support Group Coffee, Cake & Company Community Choir Macmillan Fund Craft & Chat It's OK Café (Bereavement Support Group) Menopause Support Group Pensioners Lunch Club Tea Dance Toddler Playgroup Ukraine Café Veterans Breakfast Walking Group  Yarm Wellness has partnered with local charities to provide the following: Manter' Men's Wellness Group (Mind) Soup & Chat Dementia Café & Advice Service (Teesside Dementia Link Services) Women's Mental Health (Red Balloons)  In addition, we have let the hall to local service providers to deliver Mind & Body workshops including: Caring for Carers Relaxation & Sleep Support Pilates Qi Gong / Gentle Exercise & Relaxation Rock Box Sound Bath Deep Relaxation Yoga — Junior, Teen, Mid-Life & Beyond, Intergenerational, Pregnancy, Menopause and Cancer Support
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	In setting the purposes of the charity, the trustees have taken regard of the guidance issued by the Charity Commission on public benefit.

### **ADDITIONAL INFORMATION (OPTIONAL)**

Template	Yarm Wellness
Contribution made by volunteers	Yarm Wellness is run entirely by volunteers. We have approximately 45 volunteers who each give 2 – 30 hours a month supporting the workshops
	and managing the charity's activities.

### **Achievements & Performance**

Template	Yarm Wellness
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Surveys have evidenced that the charity's work has resulted in a reduction in social isolation and in helping save desperate people from acting on suicidal thoughts.  The charity has cohesive relationships with local charity partners which fill the crucial gaps identified by social prescribers to support mental health and well-being for the community.  The charity has provided an effective centre to which people can be signposted, resulting in a reduction of patients attending the local Primary Care Network.

### **Financial Review**

Template	Yarm Wellness
	The charity has £22,123 of unrestricted funds (cash reserve), £10,768 of unrestricted designated funds and £14,980 of restricted funds.
Review of the charity's financial position at the end of the period	The unrestricted designated funds include £5,000 of a building maintenance fund held for future required significant maintenance; £4,685 designated to support various wellness workshops; £756 to develop our garden outside and £327 to support the community in crisis.
	The restricted funds include £7,313 for core costs; £7,000 for the outside space arches project planned for 2024; £500 to provide food for the 'Manter' Mens Wellness Group and £167 remaining for the benefit of the residents of High Church Wynd.
Statement explaining the policy for holding reserves stating why they are held	Yarm Wellness aims to hold six to nine months of estimated ordinary payments in cash reserve. This amount of cash reserve allows us to continue providing services to the community in the event there is an unexpected reduction in the amount of hall rental income or donations received. It should also buffer us in the event of unexpected increase in costs prior to obtaining relevant funding. A primary example of the use of cash reserves is when a need is identified in the community and while an associated funding is also identified the charity is able to quickly deploy resources to meet the need when there is a delay obtaining the associated funding.
Amount of reserves held	£22,123 which covers approximately nine months of ordinary payments
Reasons for holding zero reserves	Not applicable
Details of fund materially in deficit	None
Explanation of any uncertainties about the charity continuing as a going concern	None

### **ADDITIONAL INFORMATION (OPTIONAL)**

Template	Yarm Wellness
The charity's principal sources of funds	Yarm Wellness' initial source of funds was the transfer of assets from Yarm Youth & Community Association (YYCA - registered charity 1091668) when YYCA resolved in February 2022 to close and transfer its undertakings and assets to Yarm Wellness (£36,271).
(including any fundraising)	Yarm Wellness' ordinary receipts are primarily from the rental of the hall for local providers to deliver Mind & Body workshops, donations received from the community and grants. In the year to 31 March 2022 our largest grant received was for £10,000 from the National Lottery Community Fund to provide for core costs of running the hall.
A description of the principal risks facing the charity	The principle risks which the charity could be adversely affected by are:  - Lack of volunteers; - Reduction in donations or grant availability; - Significant adverse event preventing access to and use of the hall.

### **Structure, Governance & Management**

Template	Yarm Wellness
Description of charity's trusts:	
Type of governing document (e.g., trust deed, memorandum and articles of association, Charity Commission scheme, Royal Charter, etc.)	Constitution
How is the charity constituted?	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g., election to post or name of any person or body entitled to appoint one or more trustees	Trustees are appointed for a term of three years by resolution passed at a properly convened meeting of the charity trustees.

### **ADDITIONAL INFORMATION (OPTIONAL)**

Template	Yarm Wellness
Policies and procedures adopted for the induction and training of trustees	The trustees make available to each new charity trustee a copy of the current version of the constitution and a copy of the latest Trustees' Annual Report and statement of accounts.
Relationships with any related parties	

### **Reference & Administrative Details**

Charity name	Yarm Wellness
Other name the charity uses	None
Registered charity number	1197256
Charity's principal address	Yarm Wellness High Church Wynd Yarm TS15 9BQ

#### NAMES OF THE CHARITY TRUSTEES WHO MANAGE THE CHARITY

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Cheryl Scollay	Chair		
Stephen Lynas	Vice Chair		
Kathryn van der Graaf			
Victoria De Main			

#### CORPORATE TRUSTEES - NAMES OF THE DIRECTORS AT THE DATE THE REPORT WAS APPROVED

Director Name	
None	

#### NAME OF TRUSTEES HOLDING TITLE TO PROPERTY BELONGING TO THE CHARITY

Trustee Name	Dated acted if not for whole year	
None		

#### **FUNDS HELD AS CUSTODIAN TRUSTEES ON BEHALF OF OTHERS**

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

#### **EXEMPTIONS FROM DISCLOSURE**

Reason for non-disclosure	e of key p	personnel	details
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None		

### **Declarations**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Trustee 1	Trustee 2
Signature	Cheryl scollay	Vícky De Maín
Full Name	Cheryl Scollay	Victoria De Main
Position	Chair, Trustee	Trustee
Date	9/10/2023	07/10/2023