### Trustees' Report for the year ended 31 March 2023

### Structure, Governance and Management

The Blackdown Support Group (BSG) is a registered charity, an unincorporated association. The Board of Trustees may have 12 members who are 'Trustees' of the charity. The Trustees are elected / re-elected at the AGM. The Treasurer and Secretary are also elected at the AGM. The Chairman and Vice Chairman are elected at the next Board of Trustees meeting following the AGM. The Trustees are responsible for the strategic direction and services delivered by the charity. The Board of Trustees has regular meetings and allows cooption of relevant professionals as required.

The BSG started the year with four employed part-time staff: the charity Manager; two administrative members of staff to maintain the day-to-day running of the office and bookings for service-users; and a Social & Well Being Coordinator. This last position resigned during the year and has not been directly replaced, the services being taken on by other agencies. A third administration member was recruited to handle increasing workload and to allow the Manager more capacity for strategic development of the charity.

The Manager is responsible for the day-to-day activities of the charity together with the recruitment, training and support of volunteers, and developing close links and co-operative working with local stakeholders to enhance the service delivery.

Volunteers contribute their time and skills in many ways ranging from patient transport to bereavement support.

### **Governing Document**

The charity's Constitution sets out the objectives and area of benefit of the Blackdown Support Group. The charity works according to the Constitution's guidance. This Constitution is publicly available via our website (blackdownsupportgroup.org.uk), along with our Vision and Mission Statements.

### Recruitment and appointment of new Trustees

Potential new Trustees are identified and recruited either by the Trustees or the Manager. When identifying new Trustees, consideration is given to the skills, expertise and interests that may be beneficial to the charity. The potential Trustees are reviewed by the Board of Trustees and if deemed a suitable addition to the Board, are offered the chance to join and attend a meeting as an observer. Trustees can be co-opted until their election at the next AGM.

### **Trustee Induction and Training**

The Trustees are all involved with the work of the charity. New Trustees receive appropriate induction and are offered training to familiarise themselves their responsibilities and duties with the charity, its objectives and the context within which it operates. Existing Trustees are also offered appropriate training courses through the year.

### Risk Management

The Trustees regularly conduct reviews of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate any risks the charity might face. Internal control risks are minimised by the implementation of procedures for the authorisation of all transactions and projects. These procedures are periodically reviewed and updated to ensure that they continue to meet the needs of the charity. A Risk-management sub-committee has carried out the annual risk review, having updated the Risk Management Register and satisfied themselves that systems or procedures are in place in order to manage those risks. The Sub-committee has reported to the Trustees who endorse the statement.

The Risk Management register can be accessed to be viewed by Friends or volunteers on request to the Chairman or Manager

### **Objectives and Activities**

The object of the Support Group is to support and improve the well-being and independence of those living in the local area, and to preserve and protect good health by providing or assisting in services not normally provided by the statutory authorities.

The following services are provided by the Blackdown Support Group:

- > Transport to health appointments, social activities and prescription deliveries. Escorts may be available for medical appointments.
- > Befriending, visiting, help with shopping and respite for carers.
- Regular social gatherings for elderly or socially isolated people.
- > Advocacy and assistance with form filling.

Social activities returned to pre-pandemic levels during 2022. There is a regular foot care clinic. Wheelchairs are available for loan and a vehicle with disabled access is available to hire.

The day-to-day administration and leadership is undertaken by our charity Manager who is supported by our office administration staff who work flexibly to maintain our services. Our small staff team co-ordinate the needs of our service-users and the charity activities and supervise and support the large number of volunteers who generously contribute their time and skills.

Training needs of staff and volunteers are provided according to changes in legislation and policy. The charity is working with other local organisations to ensure training is provided in a consistent and cost-effective way.

#### **Financial Review**

The charity's income for the year ending 31 March 2023 totalled £135,430; whilst expenditure in the year totalled £81,731. Much of the surplus was directed into investments as per the charity's investment policy. Total funds brought forward at the beginning of the year totalled £587,084 and those carried forward on 31 March 2023 are £579,950. This fall in investment total reflects the overall weak state of the investment market through the year.

### **Investment Policy**

Our Investment Policy states: "The charity will continue to hold six months' turnover in cash or its equivalent. Funds in excess of that required for the next six months, or received in lump sums from legacies or donations, are invested to provide best total return either in income or capital growth". In the absence of adequately qualified Trustees, the day-to-day management of the investment portfolio has been contracted out to a commercial fund management company, (Hawksmoor Investment Management) with regular Trustee oversight and direction.

### Website

The website has been fully revamped during 2022 and gives details of our staff team and Trustees. The website also allows access to the charity's constitution, vision and mission statements, and its policies. Our website, blackdownsupportgroup.org.uk is regularly updated giving details of the charity activities and fundraising events.

### **Requests for Support**

Our Trustees are kept aware of guidance and advice from the Charity Commission. We work closely with other local charities and organisations who may share in the delivery of services within the Blackdown Hills. We are granted the use of an office on the premises of the Blackdown Medical Practice which promotes close and cooperative working with the principle National Health Service primary care provider in the area. We have sought and taken, professional advice and services from local businesses regarding investments, accounting systems and payroll services.

### **Future Prospects**

There are likely to be further cuts and reduction in funding from statutory bodies in the next few years. The long-term after-effects of the pandemic on our services are still being felt, however the Trustees will work to ensure the continuation and expansion of services as far as is possible, and work with other stakeholders to enhance services and deliver the optimum level of benefit to those in our catchment area.

The Constitution is planned to be reviewed and updated with approval at the AGM in August 2023, before being submitted for acceptance by the Charity Commission.

The unincorporated state of the charity will be reviewed as part of a wider strategy review to take place with the assistance of an external consulting group.

The Trustees will continue to consider alternative avenues for raising funds and explore additional methods of promoting the charity.

Approved by the Trustees and signed on its behalf by:

Chairman:

**Martin Saxton** 

Mat Sat

Date:

November 2023

Charity registration number: 1013514

# Blackdown Support Group

(An unincorporated charity)
Financial statements

for the year ended 31 March 2023

# Contents

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Reference and administrative details	1
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### Reference and administrative details

Charity name Blackdown Support Group

Charity registration number 1013514

Charity office The Surgery

Station Road Hemyock Cullompton Devon EX15 3SF

Devon EXIS 38

Trustees V Norton

S Folland

H Stallard

D Perrott

N Dowson

D Major

W Morris

G Girling

M Saxton

Independent examiner Robert Cadwallader FCA

### Independent Examiner's Report to the Trustees of Blackdown Support Group

I report on the accounts of the charity for the year ended 31 March 2023, which are set out on pages 3 to 10.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under s. 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- · examine the accounts under s. 144 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under s. 152(5) of the 2011 Act; and
- · to state whether particular matters have come to my attention.

### Basis of independent examiner's report

My examination was carried out in accordance with the Charity Commission's Directions. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with s. 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act,

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Robert Cadwallader F.C.A.

RJ Cadwalled

3 ( July 2023

# Statement of financial activities (including income and expenditure account and statement of comprehensive income) for the year ended 31 March 2023

		2023 £	2022 £
Income			
Donations and legacies	2	52,758	14,326
Grants	3	21,889	15,566
Subscriptions and contributions	4	35,587	28,582
Fundraising	5	6,712	2,036
Investment income		16,956	17,231
Other income		1,528	556
Total income		135,430	78,297
Expenditure			
Staff costs	6	39,408	34,977
Volunteers costs		16,421	953
Fundraising costs	7	2,979	781
Office costs	8	6,757	6,611
Service delivery costs	9	13,226	18,115
Sundry expenses		1,074	186
Depreciation		1,866	1,865
Total expenditure		81,731	63,488
Net gains/(losses) on investments		(61,833)	6,970
Net (expense)/ income and net movement on funds		(8,134)	21,779
Reconciliation of funds			
Total funds brought forward		587,084	565,305
Total funds carried forward		578,950	587,084

# Balance Sheet as at 31 March 2023

			2023		2022
	Note	£	£	£	£
Fixed assets					
Tangible fixed assets	12				
Investments	13		548,521		1,866
Current assets	15		340,321		535,354
Debtors	14	1,829		6 225	
Cash at bank and in hand	* 1	29,399		6,235 45,179	
				43,179	
Creditors: Amounts falling					
due within one year	15	(799)		(1.550)	
-	13	(199)		(1,550)	
4					
Net current assets/(liabilities)			30,429		49,864
Net assets					
			578,950		587,084
The funds of the Trust:					
Restricted funds	16		10,250		10,250
Unrestricted funds					
Designated funds	16		444.010		
General funds	16		444,010		444,010
	10		124,690		132,824
Total Trust funds	16		578,950		587,084

Approved by the Trustees on 3/July 2023 and signed on their behalf by:

Mark Sante

Trustee

The notes on pages 5 to 10 form an integral part of these financial statements

# Notes to the financial statements for the year ended 31 March 2022

### 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

### Income and endowments

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured. No gifts in kind were received during the year (2022 – £nil).

### Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the Charity has unconditional entitlement.

#### Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings . they have been allocated on a basis consistent with the use of resources. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### Raising funds

These are costs incurred in attracting voluntary income and the management of investments.

### Notes to the financial statements for the year ended 31 March 2022

.....continued

#### Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

Governance costs include the costs of the preparation and examination of the statutory accounts, the costs of Trustee meetings and the cost of any legal advice to the Trustees on governance or constitutional matters. These costs are included within charitable expenditure.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; others are apportioned on an appropriate basis.

### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the Charity, and which have not been designated for other purposes.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Designated funds are unrestricted funds set aside at the discretion of the Trustees for specific purposes.

Further details of each fund are disclosed in note 14.

#### Fixed asset investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The Charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the Charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

### Realised gains and losses

All gains and losses are taken to the Statement of Financial Actives as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

### Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

# Notes to the financial statements for the year ended 31 March 2022

# 2 Donations and legacies

		2023	2022
	General donations	28,394	11,647
	Legacies	22,824	1,000
	Gift aid	660	765
	Footcare services	650	679
	Wheelchairs	230	235
		52,758	14,326
3	Grants		
	Grants from local authorities	18,255	12,668
	Local parishes and community funds	3,634	2,899
		21,889	15,566
4	Subscriptions and contributions		
	Transport income for clients	13,082	
	Involve	8,304	14,732
	Courier receipts from Blackdown Practice	5,400	5,400
	Westbank	6,015	5,897
	Hire charges for Kangoo transport	1,118	1,325
	Subscriptions	950	810
	Booking fees	718	418
		35,587	28,582
5	Fundraising		
	Other	1,873	813
	Lunch and tea clubs - net surplus	4,839	1.223
	¥	6,712	2,036
6 S	taff costs		
	Wages and salaries	38,903	34,456
	Travel costs and mileage claims	269	124
	Training	236	397
		39,408	34,977

# Notes to the financial statements for the year ended 31 March 2022

		2023	2022
7	Fundraising Costs		
	Fundraising costs	341	
	Lunch and Tea Club costs	2,638	781
		2,979	781
8	Office costs		
	Stationery, postage, telephone etc	1,918	2,073
	Office general admin costs	3,497	3,584
	IT support	825	375
	Insurances	444	462
	Bank Charges	73	117
		6,757	6,611
9	Service delivery costs		
	Vehicle running costs	1,199	2,008
	Footcare costs	386	559
	Prescription deliveries	521	394
	Wellbeing co-ordinator	7,782	7,797
	Courier mileage costs	2,638	2,837
	Warm Spaces	15	
	Covid 19 expenses	62	2,498
	Wheelchair maintenance		76
	Sitting service expenses	-	46
	30th Birthday celebrations	=	696
	Bereavement support group	480	380
	Vaccine clinic mileage	1	824
		13,226	18,115

### 10 Related party transactions

No remuneration was paid to any of the Trustees for the year ended 31 March 2023 nor the year ended 31 March 2022. The Trustees are reimbursed for out of pocket expenses.

### 11 Taxation

No tax charges have arisen in the Charity.

# Notes to the financial statements for the year ended 31 March 2022

### 12 Tangible fixed assets

	Motor Vehicle £
Cost	-
As at 1 April 2022 & 31 March 2023	9,326
Depreciation	
As at 1 April 2022	7,460
Depreciation charge	1,866
As at 31 March 2023	9,326
Net book value	
As at 31 March 2023	in the first term of the contract of the contr
As at 31 March 2022	1,866

### 13 Investments held as fixed assets

	£
Market value	£
	505.054
As at 1 April 2022	535,354
Additions	75,000
Unrealised Losses	(61,833)
As at 31 March 2022	548,521

Investments

All investment assets were held in the UK. The investment income reported is net of fund management charges for the year of £3,705 (2022: £3,467)

14	Debtors		£
	Debtors	1,626	_
	Prepayments and accrued income	203	6,235
		1,829	6,235
15	Creditors: amounts falling due within one year		£
	Accruals and deferred income	799	1,550

# Notes to the financial statements for the year ended 31 March 2022

# 16 Funds Reconciliation

		At 1 April 2022	Incoming resources	Resources expended	Other recognised Gains/ (losses)	At 31 Mar 2023
	£		£	£	£	£
Restricted Funds						
Charity stewards, UK Trust grant Sitting Service		2,000 8,250	-	-	-	2,000
Swing Service						8,250
		10,250	-	-	-	10,250
Unrestricted Funds Designated funds						
Equipment replacement		22,000	-	-	-	22,000
Emergency operating fund		71,000	-	-	-	71,000
Major legacies		351,010	_	to the second second		351,010
General funds		132,824	135,430	(81,731)	(61,833)	124,690
		587,084	135,430	(81,731)	(61,833)	578,950
	£	At 1 April 2021 £	-	Resources expended	Other recognised Gains/ (losses) £	At 31 Mar 2022 £
Restricted Funds	£	2021 £	resources		recognised Gains/ (losses)	2022
Charity stewards, UK Trust grant	£	2021 £	resources		recognised Gains/ (losses)	2022 £ 2,000
	£	2021 £	resources		recognised Gains/ (losses)	2022 £
Charity stewards, UK Trust grant	£	2021 £	resources		recognised Gains/ (losses)	2022 £ 2,000
Charity stewards, UK Trust grant	£	2,000 8,250	resources		recognised Gains/ (losses) £	2,000 8,250
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement	£	2,000 8,250	resources		recognised Gains/ (losses) £	2,000 8,250 ————————————————————————————————————
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement Emergency operating fund	£	2,000 8,250 	resources		recognised Gains/ (losses) £	2,000 8,250
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement	£	2,000 8,250 	resources		recognised Gains/ (losses) £	2,000 8,250 
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement Emergency operating fund	£	2,000 8,250 	resources		recognised Gains/ (losses) £	2,000 8,250 10,250 22,000 71,000

Charity registration number: 1013514

# Blackdown Support Group

(An unincorporated charity)
Financial statements

for the year ended 31 March 2023

# Contents

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Balance sheet	4
Notes to the financial statements	5 to 10

### Reference and administrative details

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Charity registration number 1013514

Charity office The Surgery

Station Road Hemyock Cullompton Devon EX15 3SF

Devon EXIS 38

Trustees V Norton

S Folland

H Stallard

D Perrott

N Dowson

D Major

W Morris

G Girling

M Saxton

Independent examiner Robert Cadwallader FCA

### Independent Examiner's Report to the Trustees of Blackdown Support Group

I report on the accounts of the charity for the year ended 31 March 2023, which are set out on pages 3 to 10.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under s. 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- · examine the accounts under s. 144 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under s. 152(5) of the 2011 Act; and
- · to state whether particular matters have come to my attention.

### Basis of independent examiner's report

My examination was carried out in accordance with the Charity Commission's Directions. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

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- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with s. 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act,

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Robert Cadwallader F.C.A.

RJ Cadwalled

3 ( July 2023

# Statement of financial activities (including income and expenditure account and statement of comprehensive income) for the year ended 31 March 2023

		2023 £	2022 £
Income			
Donations and legacies	2	52,758	14,326
Grants	3	21,889	15,566
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Fundraising costs	7	2,979	781
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Service delivery costs	9	13,226	18,115
Sundry expenses		1,074	186
Depreciation		1,866	1,865
Total expenditure		81,731	63,488
Net gains/(losses) on investments		(61,833)	6,970
Net (expense)/ income and net movement on funds		(8,134)	21,779
Reconciliation of funds			
Total funds brought forward		587,084	565,305
Total funds carried forward		578,950	587,084

# Balance Sheet as at 31 March 2023

			2023		2022
	Note	£	£	£	£
Fixed assets					
Tangible fixed assets	12				
Investments	13		548,521		1,866
Current assets	15		340,321		535,354
Debtors	14	1,829		6 225	
Cash at bank and in hand	* 1	29,399		6,235 45,179	
				43,179	
Creditors: Amounts falling					
due within one year	15	(799)		(1.550)	
-	13	(199)		(1,550)	
4					
Net current assets/(liabilities)			30,429		49,864
Net assets					
			578,950		587,084
The funds of the Trust:					
Restricted funds	16		10,250		10,250
Unrestricted funds					
Designated funds	16		444.010		
General funds	16		444,010		444,010
	10		124,690		132,824
Total Trust funds	16		578,950		587,084

Approved by the Trustees on 3/July 2023 and signed on their behalf by:

Mark Sante

Trustee

The notes on pages 5 to 10 form an integral part of these financial statements

# Notes to the financial statements for the year ended 31 March 2022

### 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

### Income and endowments

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured. No gifts in kind were received during the year (2022 – £nil).

### Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the Charity has unconditional entitlement.

#### Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings . they have been allocated on a basis consistent with the use of resources. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### Raising funds

These are costs incurred in attracting voluntary income and the management of investments.

### Notes to the financial statements for the year ended 31 March 2022

.....continued

#### Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

Governance costs include the costs of the preparation and examination of the statutory accounts, the costs of Trustee meetings and the cost of any legal advice to the Trustees on governance or constitutional matters. These costs are included within charitable expenditure.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; others are apportioned on an appropriate basis.

### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the Charity, and which have not been designated for other purposes.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Designated funds are unrestricted funds set aside at the discretion of the Trustees for specific purposes.

Further details of each fund are disclosed in note 14.

#### Fixed asset investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The Charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the Charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

### Realised gains and losses

All gains and losses are taken to the Statement of Financial Actives as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

### Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

# Notes to the financial statements for the year ended 31 March 2022

# 2 Donations and legacies

		2023	2022
	General donations	28,394	11,647
	Legacies	22,824	1,000
	Gift aid	660	765
	Footcare services	650	679
	Wheelchairs	230	235
		52,758	14,326
3	Grants		
	Grants from local authorities	18,255	12,668
	Local parishes and community funds	3,634	2,899
4		21,889	15,566
4	Subscriptions and contributions		
	Transport income for clients	13,082	
	Involve	8,304	14,732
	Courier receipts from Blackdown Practice	5,400	5,400
	Westbank	6,015	5,897
	Hire charges for Kangoo transport	1,118	1,325
	Subscriptions	950	810
	Booking fees	718	418
		35,587	28,582
5	Fundraising		
	Other	1,873	813
	Lunch and tea clubs - net surplus	4,839	1.223
	¥	6,712	2,036
6 S	taff costs		
	Wages and salaries	38,903	34,456
	Travel costs and mileage claims	269	124
	Training	236	397
		39,408	34,977

# Notes to the financial statements for the year ended 31 March 2022

		2023	2022
7	Fundraising Costs		
	Fundraising costs	341	-
	Lunch and Tea Club costs	2,638	781
		2,979	781
8	Office costs		
	Stationery, postage, telephone etc	1,918	2,073
	Office general admin costs	3,497	3,584
	IT support	825	375
	Insurances	444	462
	Bank Charges	73	117
		6,757	6,611
9	Service delivery costs		
	Vehicle running costs	1,199	2,008
	Footcare costs	386	559
	Prescription deliveries	521	394
	Wellbeing co-ordinator	7,782	7,797
	Courier mileage costs	2,638	2,837
	Warm Spaces	15	
	Covid 19 expenses	62	2,498
	Wheelchair maintenance		76
	Sitting service expenses	-	46
	30th Birthday celebrations	-	696
	Bereavement support group	480	380
	Vaccine clinic mileage	1	824
		13,226	18,115

### 10 Related party transactions

No remuneration was paid to any of the Trustees for the year ended 31 March 2023 nor the year ended 31 March 2022. The Trustees are reimbursed for out of pocket expenses.

### 11 Taxation

No tax charges have arisen in the Charity.

# Notes to the financial statements for the year ended 31 March 2022

### 12 Tangible fixed assets

	Motor Vehicle £
Cost	-
As at 1 April 2022 & 31 March 2023	9,326
Depreciation	
As at 1 April 2022	7,460
Depreciation charge	1,866
As at 31 March 2023	9,326
Net book value	
As at 31 March 2023	in the first term of the contract of the contr
As at 31 March 2022	1,866

### 13 Investments held as fixed assets

	£
Market value	£
	505.054
As at 1 April 2022	535,354
Additions	75,000
Unrealised Losses	(61,833)
As at 31 March 2022	548,521

Investments

All investment assets were held in the UK. The investment income reported is net of fund management charges for the year of £3,705 (2022: £3,467)

14	Debtors		£
	Debtors	1,626	_
	Prepayments and accrued income	203	6,235
		1,829	6,235
15	Creditors: amounts falling due within one year		£
	Accruals and deferred income	799	1,550

# Notes to the financial statements for the year ended 31 March 2022

# 16 Funds Reconciliation

		At 1 April 2022	Incoming resources	Resources expended	Other recognised Gains/ (losses)	At 31 Mar 2023
	£		£	£	£	£
Restricted Funds						
Charity stewards, UK Trust grant Sitting Service		2,000 8,250	-	-		2,000
Swing Service						8,250
		10,250	-	-	-	10,250
Unrestricted Funds Designated funds						
Equipment replacement		22,000	-	-	-	22,000
Emergency operating fund		71,000	-	-	-	71,000
Major legacies		351,010	_	to the second second		351,010
General funds		132,824	135,430	(81,731)	(61,833)	124,690
		587,084	135,430	(81,731)	(61,833)	578,950
	£	At 1 April 2021 £	-	Resources expended	Other recognised Gains/ (losses) £	At 31 Mar 2022 £
Restricted Funds	£	2021 £	resources		recognised Gains/ (losses)	2022
Charity stewards, UK Trust grant	£	2021 £	resources		recognised Gains/ (losses)	2022 £ 2,000
	£	2021 £	resources		recognised Gains/ (losses)	2022 £
Charity stewards, UK Trust grant	£	2021 £	resources		recognised Gains/ (losses)	2022 £ 2,000
Charity stewards, UK Trust grant	£	2,000 8,250	resources		recognised Gains/ (losses) £	2,000 8,250
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement	£	2,000 8,250	resources		recognised Gains/ (losses) £	2,000 8,250 ————————————————————————————————————
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement Emergency operating fund	£	2,000 8,250 	resources		recognised Gains/ (losses) £	2,000 8,250
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement	£	2,000 8,250 	resources		recognised Gains/ (losses) £	2,000 8,250 
Charity stewards, UK Trust grant Sitting Service  Unrestricted Funds Designated funds Equipment replacement Emergency operating fund	£	2,000 8,250 	resources		recognised Gains/ (losses) £	2,000 8,250 10,250 22,000 71,000