

**COMPANY REGISTRATION NUMBER: 06674059**

**CHARITY REGISTRATION NUMBER: 1127760**

**Families Together Suffolk  
Company Limited by Guarantee  
Unaudited financial statements  
31 March 2023**

**Families Together Suffolk**  
**Company Limited by Guarantee**  
**Financial statements**  
**Year ended 31 March 2023**

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# Families Together Suffolk

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report)

#### Year ended 31 March 2023

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

#### Chair's report

##### 'Many parts make up the whole'

As we enter our 40th year of supporting families within Suffolk there are many things to celebrate including the achievements of families past and present in meeting the challenges of parenting and we are now meeting some of those who were originally involved with the organisation in the early days including parents, children, volunteers and supporters.

During the past year we have supported 226 new families in Suffolk through our home visiting service. As well as a total of 622 families who have attended one or more of our groups. We have seen an increase in referrals for our home visiting service which has provided support for families including mental health, isolation, loneliness, budgeting, children's development, SEND and many other challenges.

Parents, with support from our committed staff and dedicated volunteers, have identified more opportunities to bond and play with their children and this has helped parents with their understanding of children's development and behaviour. This has empowered them to identify how they can meet the children's and their needs to thrive together.

Some of the quotes received from parents who have used our services:

*'Group has been really beneficial for me in managing concerns and worries I have had throughout my first year of being a parent; it has been incredibly helpful to have a place where I can go and seek non-judgemental advice or support when I have been worried about things like teething, supporting my baby's safety when she started crawling, concerns about sleep etc. Talking to other mums I have been able to sometimes get tips which have helped at home (like cucumber for teething) or just been able to share experiences and not feel so alone!'*

*'It has been a revelation to me to meet other mums with mental health concerns who are open to talking about and sharing their experiences because there can be such pressure to be perfect that I think a lot of people wear a facade of everything being ok. At group it doesn't feel like there is any of that pressure and we are all there because we are fallible, which is really refreshing.'*

*'Having help from Families Together Suffolk has made such a big difference in finding ways to help with my son's frustration and techniques to calm him down. My son's behaviour is so much better and I have a better understanding of his needs.' 'We have had home visiting support from Families Together Suffolk and have been having visits for some months now. It has been so lovely to have one to one support and someone to talk through problems with, in privacy and more detail, whilst at the same time giving me the opportunity to do different activities I want to but have needed some support to achieve, like visiting somewhere new with my baby (an outdoor park) and going litter picking to help improve my local environment.'*

*'I have made friends with a few of the mums from group and been able to talk to them about their and my mental health and feel understood by them in ways I never have by others before, this has made me feel less of an "outsider" and less alone in life generally, so this has been a really special outcome of attending group for me.'*

# Families Together Suffolk

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report) *(continued)*

#### Year ended 31 March 2023

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'Families Together Suffolk gave me someone who gets it - when life is so complicated it's good to feel that you have someone on your side.'

Families grow and change over the years just as Families Together grows and adapts to meet the needs that are challenging families now.

One thing is consistent though, by giving support and a listening ear, we can do a great deal to enable and empower families and to meet children's needs and development.

Thank you to our committed staff who make up the many parts of our organisation and to all the dedicated volunteers who help with home-visiting, groups, retail and e-Bay and our board of trustees.



Carol Read  
Chair of Trustees

#### Reference and administrative details

<b>Registered charity name</b>	Families Together Suffolk
<b>Charity registration number</b>	1127760
<b>Company registration number</b>	06674059
<b>Principal office and registered office</b>	20 Broad Street Eye Suffolk IP23 7AF

#### The trustees

The trustees who served during the year and at the date of approval were as follows:

C Read (Chair)  
S Hudson (Appointed 25/07/2022)  
H Jackson  
C Lay  
K Sansom  
G Tryon  
C Such (Resigned 27/09/2022)

<b>Independent examiner</b>	L Thurston FCCA Lovewell Blake LLP Chartered accountants First Floor Suite 2 Hillside Business Park Bury St Edmunds IP32 7EA
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# Families Together Suffolk

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report) *(continued)*

#### Year ended 31 March 2023

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#### Objectives and activities

The objects of the Charity are:

1. to safeguard, protect and preserve the good health, both mental and physical of children and parents of children,
2. to prevent cruelty to or maltreatment of children,
3. to relieve sickness, poverty and need amongst children and parents of children,
4. to promote the education of the public in child development and care, within the area of Suffolk and its environs.

The charity acknowledges its requirement to have charitable purposes or 'aims' that are for the public benefit. The trustees confirm that they have paid due regards to the Charity Commission guidance on public benefit before deciding what activities the charity should undertake.

#### Achievements and performance

Support services are provided to families through home-visiting and groups with some activities specifically designed to meet a need for example our Chill, Chat and Play perinatal mental health support groups. Within our frontline staff we also have a dedicated SEND support team who work with the neurodevelopment delay pathway and across Suffolk with children and families needing SEND support.

Parents report improved relationships with partners and wider family after engaging with FTS as well as improved confidence, self esteem and social networks. Almost 100% of families cite isolation as a factor in asking for help.

Through ongoing monitoring of our work we have measured the following outcomes achieved over the year:

- 72% of parents have reported an improvement in their ability to cope with their mental health and wellbeing.
- 66% reported that support and regular contact from volunteers and/or coordinators had helped to alleviate their sense of isolation and widened their social support networks.
- 70% of parents inform us that FTS home visiting support has helped them to improve their relationship with their child and become more interested in their development.

# Families Together Suffolk

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report) *(continued)*

#### Year ended 31 March 2023

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##### Financial review

2022-23 saw the country emerging from the pandemic years and into a cost of living crisis with inflation rising and the ongoing effects of conflict and political decisions taking effect. Operating against this backdrop is a challenge for all charities including Families Together Suffolk (FTS) as funding is increasingly sought after to support worthy causes, the cost of living crisis affects the population at large and is particularly impactful on those with lower incomes.

We have worked hard to continue to secure vital funding to support families with young children in our county and have increased our income by 19% this year compared to 2021-22. Of the increased income totalling £123,867, £28,781 was an increase in trading income from our retail operation including the charity shop and eBay Hub. Overall expenditure rose by £74,446 or 12% in the year. The result of increasing our unrestricted income has been to increase the sustainability of our operations and to increase the amount of free reserves we have available to keep in line with the trustees' reserves policy.

We have worked in partnership with other organisations including health and VCSE's (Voluntary, Community and Social Enterprise) to coordinate skills and expertise. Demand for services continues and is often more complex in nature. Working collaboratively ensures families have access to the right services for them at the right time which will ultimately deliver better support outcomes in our communities in Suffolk.

Alongside our core support services to families, we were able to continue to apply for and distribute hardship funds directly to families facing extreme circumstances. Funds received have been through Suffolk Community Foundation, 500 Suffolk Reasons and the Glasspool Charity.

Our dedicated funding team gained a new member during the year to help us to apply for and monitor the impact of our work. We were pleased to be successful in our applications to many new (to us) funders who share the objectives and vision of FTS. Our long-term strategy is to apply for funds that span multiple years which has remained stable at 9 funds (10 in 2021-22). Some of the exciting projects we have been involved in have a county widespread including SEND support and supporting families in crisis where children are suffering from severe mental health problems.

We have made ongoing investment in our IT hardware and software infrastructure to enable our team to function efficiently and maintain communications over a distributed workforce. Our customer relationship database, financial systems, cloud-based systems, and back-office functions all provide a strong foundation for great frontline support work. During 2023-24 we will improve our systems for monitoring the impact of our work across the whole scope of our services which will have a range of benefits for families, funders, service management and staff.

There has been a welcome return to higher interest rates on savings meaning our reserves have started to attract a more significant amount in returns. We have also been successful in attracting generous donations to our retail outlets and capturing gift aid on donations where donors are UK taxpayers and sign up to the HMRC scheme. Retail performance has exceeded expectations and the strategy for this operation will be reviewed in the coming year.

The organisation is celebrating working its 40th year in 2023 and we have now completed our first successful year under our new name. We continue to promote the new branding to ensure those who need our services can find the support they need. As a celebration of our 40th year we have joined with the Run for All organisation in a three-year partnership to take part in the Ipswich Half Marathon where we have 10 runners undertaking the course, race marshals and a cheer station. Runners each have a fundraising page on the Just Giving Platform all linked into our main Just Giving page.

We are grateful to our funders, fundraisers, partners and donors who have supported the ongoing work of Families Together Suffolk and helped families to meet challenges and achieve their goals. The impact of the funding received can make a lifelong impact in a child and parents' lives and we thank you for it.

# **Families Together Suffolk**

## **Company Limited by Guarantee**

### **Trustees' annual report (incorporating the directors' report) *(continued)***

#### **Year ended 31 March 2023**

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##### **Financial review *(continued)***

##### **Reserves policy**

Our reserves policy is to maintain a minimum of three months and up to a maximum of six months running costs along with redundancies held in reserves. Currently this would amount to a minimum level of £156,000. We are pleased to report unrestricted reserves have been increased to reach the minimum level and currently stand at £185,028 (2022: £152,996). The trustees believe this amount to be prudent given the current economic climate and recent expansion of the charity. The trustees will maintain reserves to track a minimum level of 3 months operating costs over the course of the year.

##### **Structure, governance and management**

The charity is a company limited by guarantee, registered in England and Wales. The charity was incorporated on 15 August 2008. The trustees are responsible for making decision on all matters of general concern and importance, including deciding on how the funds are to be spent. All charity information and registered numbers can be found on the legal and administrative information page, along with the trustees, who are also the directors for the purpose of company law, and who served during the period.

None of the trustees have a beneficial interest in the company, and all of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

On the 10 May 2022 a special written resolution to change the name of the company from Home-Start Mid & West Suffolk to Families Together Suffolk was agreed and passed by Trustees with the Memorandum and Articles of Association updated on the 1 July 2022. It was felt 'Families Together Suffolk' better reflected the type of work undertaken and the area supported by the charity.

At Families Together Suffolk, our team of trustees, together with the support of staff and volunteers, are committed to our ongoing work to support parents and their children. We will continue to diversify to meet the needs of children and families in Suffolk now and in the future, whilst still providing the invaluable, reliable support that we are known for.

##### **Recruitment and appointment of trustees**

New trustees are appointed from a recruitment and selection process to enhance the skills and experience of the board as a whole. Once appointed, trustees are provided with all the information required to assist them in performing their role as covering all aspects of the organisation.

##### **Trustee induction and training**

Following an induction by the charity, Families Together Suffolk provides trustees with training regarding the responsibilities of being a charity trustee. Additional trustee training is budgeted for should any trustee require this. All trustees undertake regular safeguarding training.

##### **Risk assessment**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. This work has identified the loss of personnel as a major risk which is addressed through retention activities and succession planning.

##### **Independent examiner reappointment**

A resolution to appoint L Thurston FCCA of Lovewell Blake LLP as independent examiner will be proposed at the next relevant board meeting.

# Families Together Suffolk

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report) *(continued)*

#### Year ended 31 March 2023

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##### Plans for future periods

It is the aim of Families Together Suffolk to meet the needs of children and families in the county by providing support services through home-visiting and group work that parents from any background can access.

During 2023-24 we will:

- Work in partnership with other organisations in the area and are seeking new ways we can work with others to meet the needs in the county.
- Develop our offer for all ages and stages of early parent hood through our Birth and Beyond project.
- Complete a new quality assurance framework to demonstrate accountability and quality.
- Consult families to ensure services are meeting their expectations and requirements.
- Aim to increase the value of multiyear funding for sustainability of service strands.
- Maintain presence on stakeholder feedback boards and meetings to continue to shape Suffolk services.
- Develop environmentally friendly credentials at core of service.
- Streamline and review policy and procedures.
- Monitor and safeguard staff wellbeing.
- Utilise technology to increase both internal and external communications.
- Recruit new trustees with skills identified from skills audit.
- Recruit and train more volunteers to carry out all activities.
- Offer an ongoing training programme to volunteers bi-monthly.
- Improve our ability to report on outcomes by adopting new software system.

##### Small company provisions

This report has been prepared taking advantage of the small companies' exemption of section 415A of the Companies Act 2006.

The trustees' annual report was approved on 06/09/2023..... and signed on behalf of the board of trustees by:



C Read  
Chair



# Families Together Suffolk

## Company Limited by Guarantee

### Independent examiner's report to the trustees of Families Together Suffolk

Year ended 31 March 2023

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I report to the charity trustees on my examination of the financial statements of the company for the year ended 31 March 2023 which comprise the statement of financial activities (including income and expenditure account), balance sheet, statement of cash flows and the related notes.

#### Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



L Thurston FCCA  
Independent Examiner

Lovewell Blake LLP  
Chartered accountants  
First Floor Suite  
2 Hillside Business Park  
Bury St Edmunds  
IP32 7EA

11 September 2023

# Families Together Suffolk

## Company Limited by Guarantee

### Statement of financial activities (including income and expenditure account)

Year ended 31 March 2023

		Unrestricted funds	2023 Restricted funds	Total funds	2022 Total funds
	Note	£	£	£	£
<b>Income and endowments</b>					
Donations and legacies	5	42,435	594,007	636,442	542,019
Other trading activities		151,780	–	151,780	122,999
Investment income		689	–	689	26
<b>Total income</b>		<u>194,904</u>	<u>594,007</u>	<u>788,911</u>	<u>665,044</u>
<b>Expenditure</b>					
Raising funds					
Costs of other trading activities	6	51,523	–	51,523	57,708
Charitable activities	7	111,349	528,683	640,032	559,401
<b>Total expenditure</b>		<u>162,872</u>	<u>528,683</u>	<u>691,555</u>	<u>617,109</u>
<b>Net income and net movement in funds</b>		<u>32,032</u>	<u>65,324</u>	<u>97,356</u>	<u>47,935</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		152,996	117,327	270,323	222,388
<b>Total funds carried forward</b>		<u>185,028</u>	<u>182,651</u>	<u>367,679</u>	<u>270,323</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 11 to 21 form part of these financial statements.

**Families Together Suffolk**  
**Company Limited by Guarantee**  
**Balance sheet**  
**31 March 2023**

	Note	2023 £	£	2022 £	£
<b>Fixed assets</b>					
Tangible fixed assets	11		5,189		1,401
<b>Current assets</b>					
Debtors	12	21,925		14,793	
Cash at bank and in hand		347,521		262,669	
		<u>369,446</u>		<u>277,462</u>	
<b>Creditors: Amounts falling due within one year</b>	13	<u>(6,956)</u>		<u>(8,540)</u>	
<b>Net current assets</b>			362,490		268,922
<b>Total assets less current liabilities</b>			<u>367,679</u>		<u>270,323</u>
<b>Net assets</b>			<u>367,679</u>		<u>270,323</u>
<b>Funds of the charity</b>					
Restricted funds			182,651		117,327
Unrestricted funds			185,028		152,996
<b>Total charity funds</b>	15		<u>367,679</u>		<u>270,323</u>

For the year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on ...06/09/2023..., and are signed on behalf of the board by:

*C. Read*

C Read  
Chair

Company registration number: 06674059

The notes on pages 11 to 21 form part of these financial statements.

**Families Together Suffolk**  
**Company Limited by Guarantee**  
**Statement of cash flows**  
**Year ended 31 March 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Cash flows from operating activities</b>		
Net income	97,356	47,935
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	2,280	7,670
Other interest receivable and similar income	(689)	(26)
Accrued income	—	(66)
<i>Changes in:</i>		
Trade and other debtors	(7,132)	(11,178)
Trade and other creditors	(1,584)	1,583
Cash generated from operations	90,231	45,918
Interest received	689	26
Net cash from operating activities	<u>90,920</u>	<u>45,944</u>
<b>Cash flows from investing activities</b>		
Purchase of tangible assets	(6,068)	—
Net cash used in investing activities	<u>(6,068)</u>	<u>—</u>
<b>Net increase in cash and cash equivalents</b>	84,852	45,944
<b>Cash and cash equivalents at beginning of year</b>	<u>262,669</u>	<u>216,725</u>
<b>Cash and cash equivalents at end of year</b>	<u>347,521</u>	<u>262,669</u>

The notes on pages 11 to 21 form part of these financial statements.

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements

Year ended 31 March 2023

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 20 Broad Street, Eye, Suffolk, IP23 7AF.

#### 2. Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The accounts have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient for the charity to be able to continue as a going concern.

##### Income tax

As a registered charity, the activities are exempt from United Kingdom Income and Corporation taxation, provided that the income is applied to charitable purposes.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds, where necessary are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

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#### 3. Accounting policies *(continued)*

##### Income

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from donated goods is measured at the fair value of the goods unless this is impracticable to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

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#### 3. Accounting policies *(continued)*

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Computer equipment, plant and machinery	-	33% straight line
Charity shop equipment	-	33% straight line

##### Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

#### 4. Limited by guarantee

The charity is a company limited by guarantee and does not have share capital. Every member of the charity undertakes to contribute such amounts (not exceeding £1) as may be required in the event of a winding up.

#### 5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Donations</b>			
Donations	5,678	—	5,678
Gift aided donations	10,736	—	10,736
<b>Grants</b>			
Grants	26,021	594,007	620,028
	<u>42,435</u>	<u>594,007</u>	<u>636,442</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Donations</b>			
Donations	2,286	230	2,516
Gift aided donations	11,178	—	11,178

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

Year ended 31 March 2023

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5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Grants</b>			
Grants	45,016	483,309	528,325
	<u>58,480</u>	<u>483,539</u>	<u>542,019</u>



# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

#### 5. Donations and legacies *(continued)*

##### Grants

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	2022 £
500 Suffolk Reasons	–	500	500	500
Awards for All	–	–	–	9,964
BBC Children In Need	–	20,288	20,288	9,960
NHS Suffolk and North East Essex ICB	–	122,991	122,991	–
Childwick Trust	–	10,000	10,000	–
The Four Acre Trust	22,021	–	22,021	–
Garfield Weston	–	12,500	12,500	–
Glasspool Charity Trust	–	1,000	1,000	1,000
The Henry Smith Charity	–	30,000	30,000	30,000
Bury St Edmunds Town Council Locality Funding	–	1,584	1,584	–
Haverhill Town Council	–	–	–	4,000
HMRC CJRS Scheme	–	–	–	4,349
Home-Start UK	–	–	–	5,316
Mid Suffolk District Council	4,000	21,000	25,000	55,800
Mrs LD Rope	–	10,000	10,000	–
Norfolk Community Foundation Gt Yarmouth and Waveney Maternity Care Fund	–	7,953	7,953	–
National Lottery Community Fund	–	42,005	42,005	84,009
Nationwide Building Society	–	–	–	31,673
NHS Ipswich and East Suffolk CCG	–	–	–	43,326
NHS West Suffolk CCG	–	–	–	42,697
People's Postcode Lottery	–	–	–	14,931
RAF Honington	–	11,375	11,375	3,780
Rural Coffee Caravan	–	500	500	–
Stowmarket Town Council	–	–	–	394
Suffolk Community Foundation (SCF):				
SCF - Anglia water	–	–	–	4,974
SCF - Cervical Awareness	–	–	–	3,010
SCF - Community Foundation	–	–	–	2,500
SCF - Circle of Care	–	1,000	1,000	–
SCF - Cost of Living Grant	–	1,500	1,500	–
SCF - Coronavirus Grant	–	–	–	4,992
SCF - Equity in Mind	–	25,000	25,000	–
SCF - Frank Jackson Foundation	–	–	–	4,876
SCF - Giving Fund	–	2,000	2,000	–
SCF - Growing Minds	–	98,874	98,874	53,360
SCF - Hardship Fund	–	17,355	17,355	15,000
SCF - Martinueau Fund	–	–	–	1,967
SCF - Mens Mental Health	–	–	–	2,692
SCF - RSM Fund	–	2,000	2,000	–
SCF - Suffolk Cancer Screening	–	3,496	3,496	–
SCF - Violence against Women and Girls	–	19,834	19,834	–
SCF - Woman and Girls	–	994	994	1,000
Suffolk County Council	–	30,984	30,984	2,000
Suffolk Police and Crime Commissioner	–	2,500	2,500	7,500

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

##### 5. Donations and legacies *(continued)*

The Armed Forces Covenant Fund	—	47,941	47,941	40,745
The Lord Belstead Settlement	—	3,000	3,000	—
Trusthouse Charitable Foundation	—	30,000	30,000	30,000
Waitrose	—	833	833	—
West Suffolk District Council	—	15,000	15,000	12,010
	<u>26,021</u>	<u>594,007</u>	<u>620,028</u>	<u>528,325</u>

##### 6. Costs of other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Charity shop costs	51,228	—	51,228
Fundraising costs	295	—	295
	<u>51,523</u>	<u>—</u>	<u>51,523</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Charity shop costs	56,924	700	57,624
Fundraising costs	84	—	84
	<u>57,008</u>	<u>700</u>	<u>57,708</u>

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

#### 7. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Third party projects	–	21,863	21,863
Office costs	12,738	11,993	24,731
Staff and salary related costs	65,332	489,010	554,342
Support costs	33,279	5,817	39,096
	<u>111,349</u>	<u>528,683</u>	<u>640,032</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Third party projects	–	23,924	23,924
Office costs	11,796	15,104	26,900
Staff and salary related costs	48,414	418,365	466,779
Support costs	33,500	8,298	41,798
	<u>93,710</u>	<u>465,691</u>	<u>559,401</u>

#### Support costs

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Trustees' expenses	306	–	306	298
Home-Start fee	–	–	–	9,505
Independent examiners fees	1,104	–	1,104	1,464
Equipment costs	3,942	5,817	9,759	8,216
License and subscriptions	8,082	–	8,082	5,923
Legal and professional fees	1,609	–	1,609	1,959
Advertising	7,935	–	7,935	4,286
Printing, postage and stationery	2,764	–	2,764	3,013
Bank charges	57	–	57	24
Telephone costs	6,040	–	6,040	6,184
Website costs	1,440	–	1,440	926
	<u>33,279</u>	<u>5,817</u>	<u>39,096</u>	<u>41,798</u>

#### 8. Net income

Net income is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	<u>2,280</u>	<u>7,670</u>

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

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#### 9. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023 £	2022 £
Wages, salaries and other employee costs	496,500	422,312
Social security costs	33,676	24,860
Pension costs	24,166	19,607
	<u>554,342</u>	<u>466,779</u>

The key management personnel of the charity comprise the Trustees, Operations Manager and Business Manager. The total employee benefits (including employer national insurance and employer pension contributions) of the key management personnel of the charity were £88,772 (2022: £76,666).

The average head count of employees during the year was 24 (2022: 21).

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

#### 10. Trustee remuneration and expenses

The trustees were neither entitled to, nor received, any remuneration from the charity (2022: Nil). Trustee were reimbursed expenses amounting to £306 (2022: £298) during the year.

#### 11. Tangible fixed assets

	Computer equipment, plant and machinery £	Charity shop equipment £	Total £
<b>Cost</b>			
At 1 April 2022	7,406	43,587	50,993
Additions	<u>3,936</u>	<u>2,132</u>	<u>6,068</u>
<b>At 31 March 2023</b>	<u>11,342</u>	<u>45,719</u>	<u>57,061</u>
<b>Depreciation</b>			
At 1 April 2022	6,005	43,587	49,592
Charge for the year	<u>1,925</u>	<u>355</u>	<u>2,280</u>
<b>At 31 March 2023</b>	<u>7,930</u>	<u>43,942</u>	<u>51,872</u>
<b>Carrying amount</b>			
<b>At 31 March 2023</b>	<u>3,412</u>	<u>1,777</u>	<u>5,189</u>
At 31 March 2022	<u>1,401</u>	<u>—</u>	<u>1,401</u>

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

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#### 12. Debtors

	2023	2022
	£	£
Trade debtors	10,492	–
Gift aid tax debtor	11,433	14,793
	<u>21,925</u>	<u>14,793</u>

#### 13. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	1,104	1,104
Social security and other taxes	5,852	7,436
	<u>6,956</u>	<u>8,540</u>

#### 14. Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £24,166 (2022: £19,607).

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

#### 15. Analysis of charitable funds

##### 2023

##### Restricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
Birth and Beyond	113,824	574,652	(506,821)	–	181,655
Hardship Fund	3,503	19,355	(21,862)	–	996
	<u>117,327</u>	<u>594,007</u>	<u>(528,683)</u>	<u>–</u>	<u>182,651</u>

##### Unrestricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General Fund	<u>152,996</u>	<u>194,904</u>	<u>(162,872)</u>	<u>–</u>	<u>185,028</u>

##### 2022

##### Restricted funds

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
Family Group Fund	–	4,992	(4,992)	–	–
Birth and Beyond	93,308	460,247	(439,731)	–	113,824
Hardship Fund	6,521	18,650	(21,668)	–	3,503
	<u>99,829</u>	<u>483,889</u>	<u>(466,391)</u>	<u>–</u>	<u>117,327</u>

##### Unrestricted funds

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General Fund	<u>122,559</u>	<u>181,155</u>	<u>(150,718)</u>	<u>–</u>	<u>152,996</u>

Family Group Fund - This represents amounts received and set aside as dictated by the fund provider towards specific costs of running certain groups in order to further the aims and objectives of the charity, this fund was completed as at 31 March 2022, with future projects being included in Birth and Beyond restricted fund.

Birth and Beyond - Represents amounts received and set aside as dictated by various funding providers towards the core costs and primary projects of the charity.

Hardship Fund - Represents amounts received from Suffolk Community Foundation, Glasspool Charity and 500 Suffolk Reasons to grant directly to families experiencing hardship due to the pandemic and cost of living crisis.

# Families Together Suffolk

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 March 2023

#### 16. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	5,189	–	5,189
Current assets	186,795	182,651	369,446
Creditors less than 1 year	(6,956)	–	(6,956)
<b>Net assets</b>	<b>185,028</b>	<b>182,651</b>	<b>367,679</b>

  

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	1,401	–	1,401
Current assets	160,135	117,327	277,462
Creditors less than 1 year	(8,540)	–	(8,540)
<b>Net assets</b>	<b>152,996</b>	<b>117,327</b>	<b>270,323</b>

#### 17. Analysis of changes in net debt

	At 1 Apr 2022 £	Cash flows £	At 31 Mar 2023 £
Cash at bank and in hand	262,669	84,852	347,521

#### 18. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Not later than 1 year	27,800	20,650
Later than 1 year and not later than 5 years	13,450	25,000
	<b>41,250</b>	<b>45,650</b>

#### 19. Related parties

Other than those disclosed elsewhere in the accounts, there were no related party transactions in this or the prior year.