

Charity Registration No. 1118942

Company Registration No. 06133161 (England and Wales)

GATESHEAD CARERS ASSOCIATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

GATESHEAD CARERS ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Stuart Cox Elsie Johnson Amanda Tonkinson Michael Hall Margaret Barrett Michael Anthony Fitzpatrick Ann Owens June Gordon David Clelland Valerie Smith
Charity number	1118942
Company number	06133161
Registered office	John Haswell House 8-9 Gladstone Terrace Gateshead NE8 4DY
Independent examiner	TC Group A6 Kingfisher House Kingsway Team Valley Trading Estate Gateshead Tyne and Wear NE11 0JQ

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GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects were to relieve the stresses experienced by Carers in the Borough of Gateshead and surrounding areas in particular by the provision of information, advice and support services to such persons so as to assist them and their dependents.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

This financial year began with a return to office working following the end of Covid lockdown regulations which included the removal of the government guidance 'to work from home if possible'. It was decided, after staff consultation, to move to a hybrid working pattern in line with what the vast majority of public, private and voluntary sector organisations were doing.

Our home working experience had demonstrated that we could effectively and efficiently work from home but staff also reported missing the office environment. Many of our clients also reported that they were keen to access face-to-face support. The model adopted was to have Mondays and Fridays as home working days and Tuesdays, Wednesdays and Thursdays as office-based days. Over the year the projected demand for an increase in face-to-face support did not materialise to the extent we anticipated. The number of clients coming to the office was down by around 75% compared to pre covid. For unpaid carers, with over 50% providing unpaid care for over 100 hours per week, the flexibility of support via Teams, Zoom, WhatsApp, email, and phone simply meant 'digital' had become their preferred choice.

Our contract with Gateshead MBC and Integrated Care Partnership for the delivery of carers services entered its 4th year. We saw the delayed delegation, due to Covid, of Carers Assessments to the organisation. Our team of Carer Wellbeing Facilitators responded magnificently when the organisation immediately received over 100 requests for an assessment which had not been actioned by the local authority in the run up to delegation. The delegation of Carers Assessments has increased the pressure on staff time available for carrying out actual support work. We will continue, going forward, to engage with the Local Authority and Integrated Care System to ensure unpaid carers contribution to the health and social care system is recognised, valued and supported.

We were delighted to receive further support for the running of Caldew House for short breaks for unpaid carers from the John Laing Charitable Trust. We also made a successful funding application to the Henry Smith Trust and received an award of over £160,000, over three years, towards the running costs of the organisation.

Financial review

The financial statements show a deficit of £18,889 (2022 - deficit - £78,031). This was not unexpected given the nature of the contract. Cash balances remain healthy at £343,007 (2022 - £350,446). Within the bank the charity is holding £38,605 on behalf of the John Haswell Memorial Trust.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure; it is estimated that this currently equates to £150,000. At this level of unrestricted reserves, the charity could maintain operation for three months even if no income was being generated. Current unrestricted reserves after adjusting for fixed assets amount to £177,647. Sufficient funds have to be retained to finance the procurement contracts for the final twelve months of the contract.

The charity enjoys good liquidity and has no issue on meeting its liabilities when they are due. The trustees are confident for the next twelve months.

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency bills, repairs and other expenditure

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee. The company was incorporated on 1 March 2007 and it registered with the Charity Commission on 25 April 2007. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Stuart Cox

Elsie Johnson

Amanda Tonkinson

Michael Hall

Margaret Barrett

Michael Anthony Fitzpatrick

Ann Owens

June Gordon

David Clelland

Valerie Smith

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Management committee members were recruited in a variety of ways including advertisements. Members are drawn from the wider membership of the Association, and elected at the annual general meeting, with additional members being co-opted because of their position or knowledge. Members serve for a three-year period and may then be elected for a further three-year period. Meetings take place approximately once a month. New members receive appropriate induction briefings and attend relevant courses for Trustees. Skills and training needs of members are identified through a periodic skills audit.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Strategic decisions are taken by the Management Committee; with detailed deliberation sometimes being delegated to the Finance sub committee or personnel sub committee. Day-to-day management is delegated to the Chief Officer who leads the staff team and who provides clear written reports to trustees at every meeting. Members of the management committee take a close interest in the work of the Association and often visit between formal meetings.

Funds held as custodian trustee

Under an amendment to a Uniting Direction dated 13 June 2016 the John Haswell Memorial Trust (Charity number 1118942-1) is linked to Gateshead Carers Association. The John Haswell Memorial Trust had previously been linked to Gateshead Voluntary Organisation Council before that charity entered liquidation.

The assets of the linked charity – John Haswell Memorial Trust comprised of a property known as “John Haswell House” and funds totalling £38,605. The value of the property has not been included within the accounts. The money transferred from Gateshead Voluntary Organisation Council has been used to fund building costs. Rents received from tenants have been added to the John Haswell Memorial Trust funds.

The trustees' report was approved by the Board of Trustees.



David Clelland

Chair

Dated: 28/11/23

GATESHEAD CARERS ASSOCIATION

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors of Gateshead Carers Association for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

GATESHEAD CARERS ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF GATESHEAD CARERS ASSOCIATION

I report to the trustees on my examination of the financial statements of Gateshead Carers Association (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Stephen Lamb, FCA

12 Bessemer Court
Hownsgill Industrial Park
Knitsley Lane
Consett
Co Durham
DH8 7BL

Dated: 28 November 2023

GATESHEAD CARERS ASSOCIATION

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Notes							
<u>Income and endowments from:</u>							
Donations and grants	3	2,172	42,668	44,840	3,070	22,000	25,070
<u>Charitable activities</u>							
Carer services	4	391,000	-	391,000	415,376	-	415,376
Other income	5	5,000	-	5,000	4,000	-	4,000
Total income		398,172	42,668	440,840	422,446	22,000	444,446
<u>Expenditure on:</u>							
Charitable activities	6	421,344	38,385	459,729	498,355	24,122	522,477
Gross transfers between funds		-	-	-	(2,122)	2,122	-
Net (expenditure)/income for the year/							
Net movement in funds		(23,172)	4,283	(18,889)	(78,031)	-	(78,031)
Fund balances at 1 April 2022		196,536	-	196,536	274,567	-	274,567
Fund balances at 31 March 2023		173,364	4,283	177,647	196,536	-	196,536

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

GATESHEAD CARERS ASSOCIATION

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	11	300		200	
Cash at bank and in hand		343,007		350,446	
		<u>343,307</u>		<u>350,646</u>	
Creditors: amounts falling due within one year	12	(165,660)		(154,110)	
Net current assets			177,647		196,536
Income funds					
Restricted funds			4,283		-
Unrestricted funds			173,364		196,536
			<u>177,647</u>		<u>196,536</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 28/11/23



David Clelland

Trustee

Company Registration No. 06133161

GATESHEAD CARERS ASSOCIATION

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash absorbed by operations	17		(7,439)		(51,720)
Investing activities					
Proceeds on disposal of tangible fixed assets		-		3,359	
Net cash (used in)/generated from investing activities			-		3,359
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(7,439)		(48,361)
Cash and cash equivalents at beginning of year			350,446		398,807
Cash and cash equivalents at end of year			343,007		350,446

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Gateshead Carers Association is a private company limited by guarantee incorporated in England and Wales. The registered office is John Haswell House, 8-9 Gladstone Terrace, Gateshead, NE8 4DY.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and gifts	2,172	-	2,172	3,070	-	3,070
Grants receivable	-	42,668	42,668	-	22,000	22,000
	<u>2,172</u>	<u>42,668</u>	<u>44,840</u>	<u>3,070</u>	<u>22,000</u>	<u>25,070</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and grants (Continued)

Grants receivable for core activities

John Laing Charitable

Trust	-	12,000	12,000	-	12,000	12,000
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Awards for All	-	-	-	-	10,000	10,000
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Gateshead Council -
VCSE Digital

Transformation	-	4,968	4,968	-	-	-
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Henry Smith Charity	-	25,700	25,700	-	-	-
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	-	42,668	42,668	-	22,000	22,000
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4 Charitable activities

Carer services 2023 £	Carer services 2022 £
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Services provided under contract	391,000	415,376
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5 Other income

Unrestricted funds 2023 £	Unrestricted funds 2022 £
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Employment allowance	5,000	4,000
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GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Charitable activities

	Operating costs 2023 £	Ancilliary 2023 £	Total 2023 £	Operating costs 2022 £	Ancilliary 2022 £	Total 2022 £
Staff costs	378,259	-	378,259	438,941	-	438,941
Direct costs	12,585	-	12,585	11,521	-	11,521
IT	5,455	-	5,455	17,224	-	17,224
Annual general meeting	150	-	150	410	-	410
Premises	27,148	-	27,148	22,934	-	22,934
Office	4,860	-	4,860	7,397	-	7,397
Communications	24,137	-	24,137	15,795	-	15,795
	<u>452,594</u>	<u>-</u>	<u>452,594</u>	<u>514,222</u>	<u>-</u>	<u>514,222</u>
Share of support costs (see note 7)	-	5,022	5,022	-	6,837	6,837
Share of governance costs (see note 7)	-	2,113	2,113	-	1,418	1,418
	<u>452,594</u>	<u>7,135</u>	<u>459,729</u>	<u>514,222</u>	<u>8,255</u>	<u>522,477</u>
Analysis by fund						
Unrestricted funds	414,209	7,135	421,344	490,100	8,255	498,355
Restricted funds	38,385	-	38,385	24,122	-	24,122
	<u>452,594</u>	<u>7,135</u>	<u>459,729</u>	<u>514,222</u>	<u>8,255</u>	<u>522,477</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Support costs

	Support costs £	Governance costs £	2023 Support costs £	Governance costs £	2022 £
Membership fees	1,948	-	1,948	3,770	3,770
Bank charges	358	-	358	320	320
Accountancy	2,716	-	2,716	2,747	2,747
Legal and professional	-	2,113	2,113	-	1,418
	5,022	2,113	7,135	6,837	8,255
Analysed between Charitable activities	5,022	2,113	7,135	6,837	8,255

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	16	19
Employment costs	2023 £	2022 £
Wages and salaries	342,487	400,242
Social security costs	28,764	30,977
Other pension costs	7,008	7,722
	378,259	438,941

10 Independent Examination Fee

The fee for the Independent Examination was £1,440 (2022 £1,380) inclusive of irrecoverable VAT.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

11 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	300	200
	<u>300</u>	<u>200</u>

12 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	5,832	6,229
Deferred income	1,400	-
Other creditors	155,211	144,563
Accruals and deferred income	3,217	3,318
	<u>165,660</u>	<u>154,110</u>

13 Deferred income

	2023	2022
	£	£
Other deferred income	1,400	-
	<u>1,400</u>	<u>-</u>

14 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Fund balances at 31 March 2023 are represented by:						
Current assets/ (liabilities)	173,364	4,283	177,647	196,536	-	196,536
	<u>173,364</u>	<u>4,283</u>	<u>177,647</u>	<u>196,536</u>	<u>-</u>	<u>196,536</u>

15 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

15 Related party transactions

(Continued)

Included in the following note headed 'Acting as Agent' are details of income and expenditure relating to the John Haswell Trust which is a linked charity to Gateshead Carers Association.

16 Acting as Agent

Gateshead Carers Association agreed to administer the following funds of other entities as agent (the amounts received and expended are noted below along with any relevant closing balance):

- Carers Trust (£11,475 received; £11,775 expended) [£300 due to Gateshead Carers Association at March 2023]
- Carers Wellbeing Fund (£150,000 received; £150,252 expended)
- John Haswell Trust (£16,835 received; £5,915 expended) [£49,524 held by Gateshead Carers Association at March 2023]

17 Cash generated from operations

	2023	2022
	£	£

Deficit for the year	(18,889)	(78,031)
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Movements in working capital:

(Increase)/decrease in debtors	(100)	1,559
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Increase in creditors	10,150	24,752
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Increase in deferred income	1,400	-
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Cash absorbed by operations

(7,439)	(51,720)
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18 Analysis of changes in net funds

The charity had no debt during the year.

Gateshead Carers



Annual Report 2023



OUR YEAR OF SUPPORT IN NUMBERS

2023 has been yet another busy year for Gateshead Carers. Below you can find more information on the amount of support we've provided to unpaid carers across the borough.

567 Carers accessed support for the first time

1480 Carers accessed 1-2-1 support

2435 Individual pieces of support work carried out

82 Carer groups and activity sessions

18 BAME language communities supported

11 Caldew House holiday home breaks


229 Carers referred for a hotel break via CareFree

715 Carer Wellbeing Fund grants provided to carers

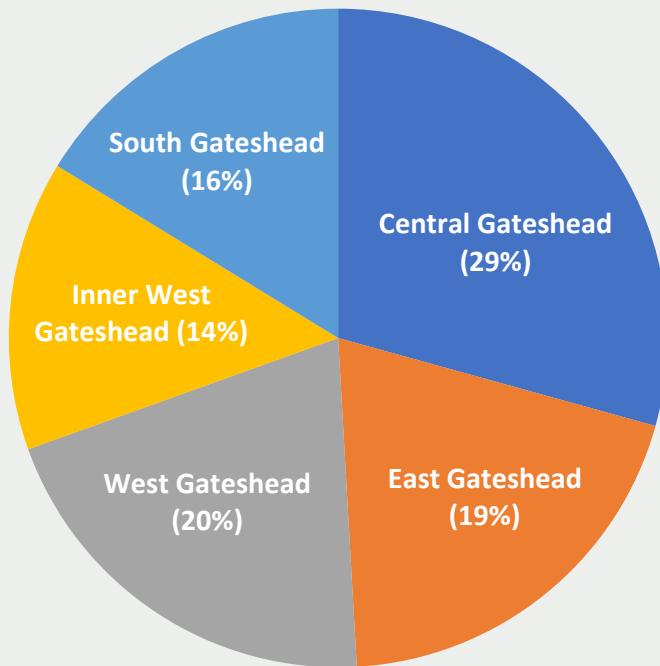
£610,795 Benefits achieved for carers

£16,035 Grant funding achieved for carers

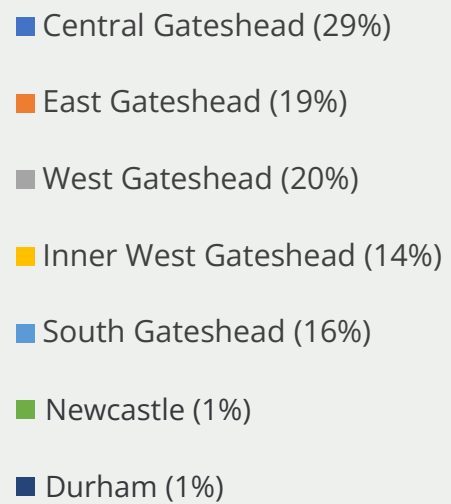


 Carers Papercraft Workshop - November 2023

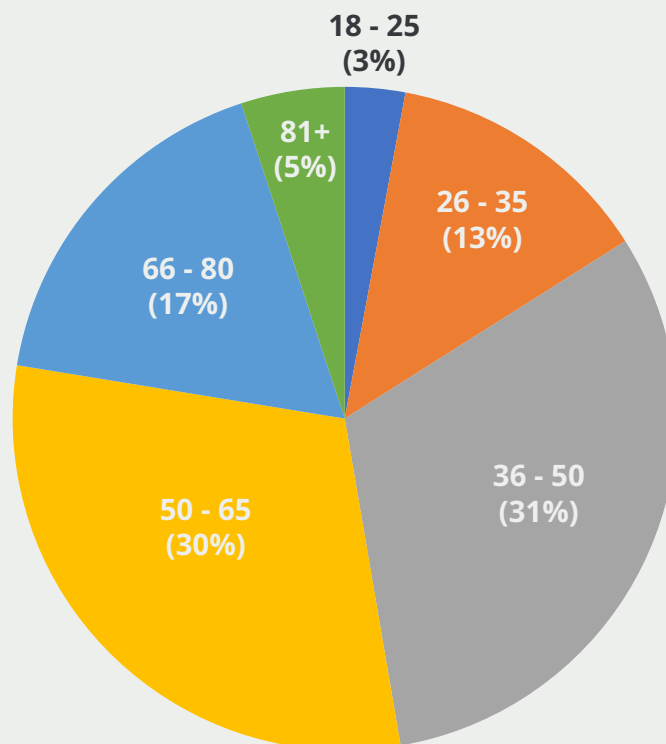
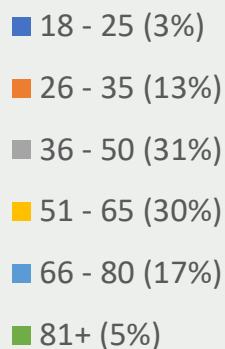
THE PEOPLE WE'VE SUPPORTED



Location of Carers



Age of Carers

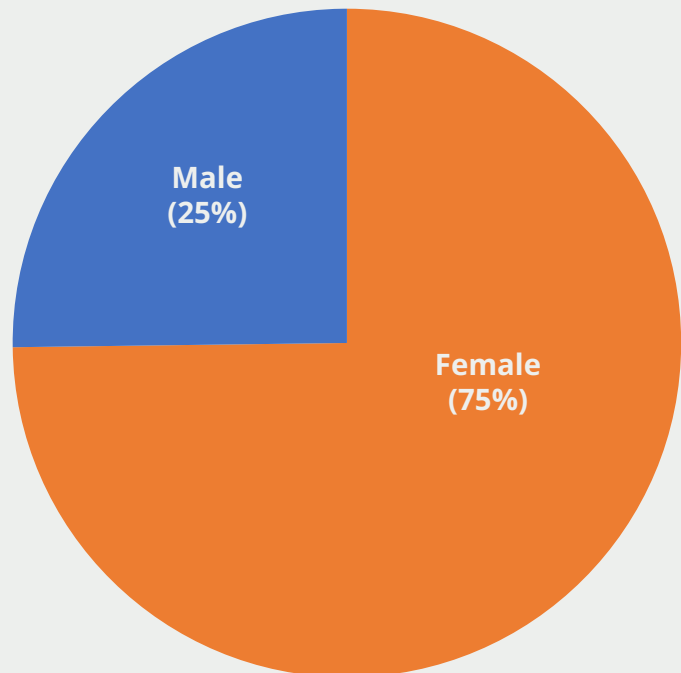


THE PEOPLE WE'VE SUPPORTED

Gender of Carers

Female (75%)

Male (25%)

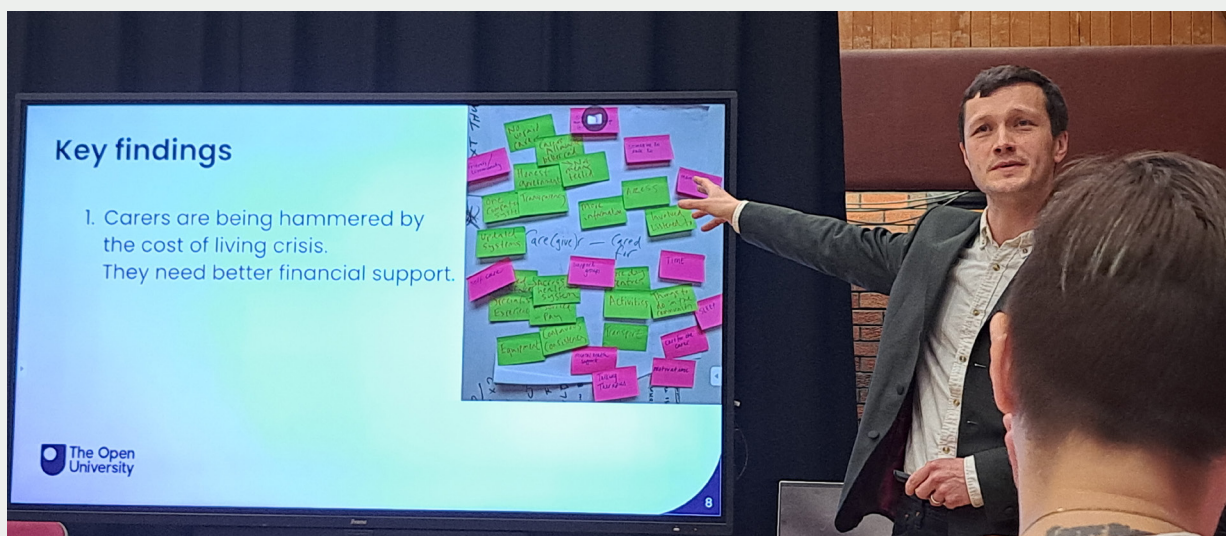



📷 A special donation from the Lodge of Industry No. 48 - April 2023

THE PEOPLE BEING CARED FOR

8 most common conditions or disabilities of the cared for person in 2023;

1. Long Standing Illness (HIV, Cancer, MS, Parkinsons, etc.)
2. Mental Health Condition (Depression, Schizophrenia, etc.)
3. Social / Communication Impairment (Autism, etc.)
4. Specific Learning Difficulty (ADHD, Dyspraxia, etc.)
5. Physical Impairment / Mobility Issues
6. Substance Misuse (Drugs, Alcohol, etc.)
7. Learning Disability
8. Sensory Impairment (Blind, Deaf, Vision Impairment, etc.)



 Dan Taylor Giving Care in Gateshead Report Launch Event - June 2023

OUR IMPACT ON THE LIVES OF CARERS

After coming to us for support, carers reported that their...

Mental health has improved by 47%.

Self-confident had increased by 42%.

Ability to cope with the demands of their caring role had improved by 34%.

Confidence in accessing short breaks has increased by 65%.

Debt management skills had improved by 61%.

Coping mechanisms to manage excessive caring roles had improved by 57%.

Ability to achieve their personal goals as increased by 45%.

Healthy eating habits has improved by 30%.

Amount of physical exercise had increased by 32%.

Feelings of social isolation have reduced by 35%.

Smoking and alcohol usage reduced by 43%.

Ability to access education and training had improved by 32%.

OUR DIGITAL IMPACT IN 2023

933 "Care to Know" Newsletter subscribers signed up

48,000 Website page views

12,000 Individual website users

19,000 People reached on social media (all platforms)

331 Online external referrals

356 Online self referrals

100 Individual live chat cases

Stay up to date by following us on Facebook and Twitter.

  @GatesheadCarers



 Crafting Stall at our Party in the Park - June 2023