

REGISTERED COMPANY NUMBER: 07176549 (England and Wales)
REGISTERED CHARITY NUMBER: 1135223

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
RISE NORTH EAST**

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

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FOR THE YEAR ENDED 31 MARCH 2023**

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RISE NORTH EAST

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023

Registered Company number

07176549 (England and Wales)

Registered Charity number

1135223

Registered Office

Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

Trustees

M Cormack

P A Price

K E Storie

S Gordon

N Erevik

G R Nash

D Henderson

A Pilkington

S Bell

A Puri

J Cairns

Key Management Personnel

Clare Morley, CEO

David Marrin, Business & Strategy Director

Lee Sprudd, Strategic Director

Helen Tong, Business Development Director

Bankers

Barclays Bank PLC, 53 Fawcett Street, Sunderland, SR1 1RS

The Co-Operative Bank PLC, PO Box 250 Delf House, Skelmersdale, WN8 6WT

Nationwide Building Society, Nationwide House, Pipers Way, Swindon, SN38 1NW

Virgin Money, 83 George Street, Edinburgh, EH2 3ES

Auditor

Read, Milburn & Co., 71 Howard Street, North Shields, NE30 1AF

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended March 2023.

OBJECTIVES AND ACTIVITIES

Objects and Aims

The charity has the following objectives:

- 1 To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
- 2 To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
- 3 To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
- 4 To advance the education of the public, particularly, but not exclusively, those working with children or vulnerable adults, their carers and families, and children, young people and vulnerable adults themselves, in child and vulnerable adults protection; and
- 5 To advance such other charitable purposes beneficial to the community and consistent with the objects set out above.

Objectives, Strategies and Activities

Rise is one of 43 Active Partnerships across England. We are primarily funded and supported by Sport England and, operating as a strategic agency, our vision is to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across our region. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on tackling inequalities - health, social, economic and environmental - that have stubbornly existed across our region for many years.

Fundraising Disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follow all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact details of all public donors.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES - continued

Public Benefit

We have a strategic remit to reduce levels of physical inactivity by:

- Developing a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Brokering and facilitating effective partnerships between a wide range of organisations to improve the local system and to better coordinate resources and delivery;
- Supporting local government and making the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc.); and
- Supporting local organisations to secure greater investment into sport and physical activity.

We also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often overseen nationally with local responsibility being driven by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England & Wales.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE

This trustees report is structured around the six priorities that are core to our long-term strategic approach, and much of the work towards these priorities has been grounded in our values of collaboration, positively disrupting and catalysing change. Examples that you will read about in more detail include:

- **Building Back Fairer** - engaging with a huge array of community organisations supporting groups who are less likely to be active, including those from lower socio-economic groups, those from ethnically diverse communities, and those who have a disability or long-term health condition. These groups were disproportionately negatively impacted by the Covid-19 pandemic and are again in the current cost of living crisis, and so the support that we were able to provide to groups through the Together Fund has been invaluable in helping them to get their beneficiaries to be more physically active;
- **Community Building** - recognising the unique place that schools play within their communities, we embraced the opportunity that the third phase of the Department for Education's Opening School Facilities Programme provided in order to be able to support schools to engage with their communities in physical activity opportunities outside of curriculum time;
- **Tackling Our Climate Crisis** - providing expert support, advice and guidance to partners engaged in the development of the North East's Active Travel Strategy in order to support the required transition to more sustainable forms of transport as the need to reduce carbon production becomes ever-more evident and urgent;
- **Harnessing the Power of Data, Digital and Tech** - trialling the use of an App to engage workforces to walk, run, cycle and move more in order to 'earn' points that are then translated into trees that are planted in the Great Northumberland Forest;
- **Healthy Minds for Healthy Lives** - supporting the wellbeing aspirations of Sunderland College by developing students to lead on the delivery of physical activity and wellbeing interventions for both their peers and for the wider College workforce; and
- **Strong & Influential Systems Leadership** - delivering our inaugural Early Years Conference, where 90 practitioners from across the Rise region came together to share, learn and be inspired around getting our under 5s moving more.

Our Strategic Priorities

We've remained committed to our 6 strategic priorities that we established when we first launched our Rise Together strategy in 2021.

We must continue to build back fairer, support our communities to develop, use physical activity to approach issues that have an impact on our climate, utilise the power of moving more to benefit mental wellbeing, ensure technological developments are utilised to drive the physical activity agenda forward and use our unique position to support a cross sector systems leadership approach to ensure physical activity contributes to a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Priority: Strong and Influential Leadership

Early Years - Listening to the Sector

We have continued to build on the work we began in 2021 to develop the provision of physical activity interventions within the early years sector.

To demonstrate our role in responding to issues raised by the sector we produced a 'You Said - We Did' report which highlighted how we have worked with partners to date to support the early years workforce to understand the benefits of physical activity and how they can embed and implement their new learning into practice.

Early Years Network Forum

In 2022, we established the Early Years Network Forum in our area. The Network provides opportunities for the sector's workforce to share, offload, network, learn and explore opportunities to collaborate.

Early Years Conference

We also delivered our first ever Health, Wellbeing and Learning Early Years Conference, which was sold out with 90 attendees. The inspiration, enthusiasm and positivity in the room was infectious and highlighted the need for the sector to come together to learn, share and network.

Step Outdoors

We were also successful in an application for funding from our local Integrated Care System to develop our own outdoor learning pilot "Step Outdoors", which is a training programme for early years setting staff. The Pilot is being run in partnership with South Tyneside Public Health and coproduced with early years professionals at all levels.

Secondary PE Lead Conference

In partnership with the Youth Sport Trust as part of the Education Alliance, we facilitated a Secondary PE Lead conference which provided invaluable learning, insight and knowledge focusing on the successes, barriers, challenges and opportunities faced by PE leads within secondary education settings. The conference also looked at how we could work together collaboratively as wider system partners to mitigate some of these barriers and challenges to ensure our workforce is supported and our children and young people thrive.

Youth Leadership

Following a successful Youth Leadership Programme last year, we used the learning from the programmes and from youth voice consultations to develop a series of youth-led programmes. These programmes included a partnership with Youth Sport Trust to roll out the Girls Active Programme across four secondary schools in Northumberland, and one in North Tyneside which supported disengaged, inactive teenage girls to be empowered to join the Leadership Programme and deliver activities to over 150 girls and young women.

Healthier Together

We secured further funding from the Integrated Care System North East and North Cumbria Child Health and Wellbeing Network to develop a campaign to support the launch of the new NHS Healthier Together website and app.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENTS AND PERFORMANCE - continued

The purpose of the website and app is to provide resources and advice in one place for families, practitioners and young people. We used this opportunity to ensure that physical activity advice was also included through disseminating the information across our network and developing the rollout of an Early Years Healthier Together Campaign. As part of this campaign, Early Years settings disseminated the information and new resources to families. They developed creative and varied campaigns and initiatives, such as workshops for young vulnerable mums, creating fun topics for the children and developed family videos.

School Games

Our School Games Programme, in partnership with the Northumberland and Tyne & Wear School Games Organisers (SGOs), continues to develop, sharing learning and best practice to collectively tackle inequalities and inactivity through innovative approaches. These approaches ensure we are providing positive experiences in the right schools and with those children and young people who need it the most. With this in mind, we are proud that a strong successful collaborative inclusion offer is now embedded across both our Northumberland and Tyne and Wear School Games County events. In 2022, we worked in partnership with our friends at County Durham Sport to develop a collaborative School Games Introduction video to share the new vision and offer for the School Games with wider system partners.

We also engaged in a regional collaboration with our regional Active Partnership Network (Tees Valley Sport and County Durham Sport) as well as the SGOs to offer the first Regional Virtual School Games Live Easter Event which was open to all school games schools. These fun live workout sessions were designed to get everyone active whilst having fun with their friends. This was a really successful first event with an outstanding 10,895 participants who joined from 71 schools across the region.

One young person from a Northumberland school said "it was really good to get us all active before the Easter holidays and remind us how important moving our body is. It was a nice start to the day and left me energised and full of energy. The person leading it was really nice".

After the success of the first event, it has been agreed that we will continue on this success and offer termly themed collaborative events as a region throughout 2023-2024.

Workforce

Working closely with regional and national thriving community leads and via the regional physical activity advisor we have supported a number of VCSE organisations to build capacity and develop their workforce to be social prescribing ready.

More than 70 organisations signed up to the learning together programme and now 66 people receive monthly E-shots on social prescribing related topics such as training and funding. We have been involved in the development of two specific social prescribing sessions via the Active Through Football programme in Gateshead and are currently supporting mapping and consultation around the More Than A Game concept which is being piloted by the National Academy for Social Prescribing and NHS England.

Working alongside the Ramblers Association it was identified that Newcastle was one of a handful of areas in the country that did not have a 'Wellbeing Walks' scheme. Working in partnership with colleagues in the Newcastle Public Health Team we qualified four train the trainers, identified target areas to pilot walks programmes and delivered walk leader training to nine new leaders.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

The 'Moving Healthcare Professionals' resource provides a great platform to influence and support health partners to be more confident and competent in having conversations with patients around physical activity. During 2022 - 2023 we were able to deliver five Physical Activity Clinical Champion (PACC) workshops to approximately 100 Health Care Professionals. To build on this we created a unique partnership with Newcastle University to embed PACC training into medical students' curriculum, ensuring that when they graduate, they already have the physical activity knowledge to be physical activity advocates as part of the preventative and personalised care agenda.

Infrastructure and Environment

During the year, Transport North East have been consulting on two strategies which aim to deliver the objectives of the North East Transport Plan. 'Making the Right Travel Choice' and the 'Active Travel Strategy' seek to increase the opportunities for active travel across the region and to make active travel part of the transport solution to help to tackle climate change and to improve health and well-being.

As part of the consultation process, we have been included on the steering and stakeholder groups supporting the strategy development. We have been able to input into the strategies and to support extending the reach of the consultations including linking Transport North East with community groups to establish the barriers and opportunities for creating a fully connected and integrated transport system.

Older People

We utilised the Live Longer Better (LLB) ethos across several platforms, from arranging Sir Muir Gray to be the keynote speaker at the Northumberland thriving together launch, to embedding the learning and training resources within GPs' community health pathway systems to delivering five Physical Activity Clinical Champions (PACC) workshops to approximately 100 local partners, as well as 75 participants registering for the LLB online training programme.

Participating GP Practices have supported the delivery of 56 patient-centred physical and social activity sessions, with more planned throughout 2023/24.

A member of our team has been co-opted onto the ICC executive group as the ageing well VCSE sector representative. In addition the same member of the team has also been nominated as the VCSE Rep on the ICS ageing well board. This provides a great platform for Rise to influence health system leads in regard to the role physical activity can play in relation to the priorities and outcomes detailed within the Ageing Well five-year plan.

In partnership with the NENC Applied Research Collaboration, West End Family Health, Oxford Terrace and Rawling Road Medical Group and our local third sector partners, we continue to demonstrate the value of adopting an alternative approach to proactive patient care. Centred around effective place-based partnerships, which utilise existing local community provision to facilitate a supported multi activity intervention, we have successfully supported Primary Care teams with their response to local anticipatory care and preventative health management challenges.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Priority: Building Back Fairer

Together Fund

In June 2022, we secured £200,000 from the Sport England Together Fund to continue helping community organisations to deal with issues caused by Covid-19. It allowed us to provide funding of up to £10,000 a time to a wide range of organisations who have a clear understanding of the inequalities that exist in their communities, including the barriers that stop them from being active.

The fund has been used to enable community groups to continue to recover and grow and engage with their communities, supporting people to be engaged and active, particularly those organisations working with the fund's priority audiences:

- Lower socio-economic groups,
- Culturally diverse communities,
- Disabled people,
- People with long-term health conditions.

Early Years Bursary Scheme

As part of our continuing support for the development of the Early Years sector, we also developed a bursary scheme. We knew from our insight that a key barrier to delivering physical activity in Early Year settings was a lack of funding to cover staff training and supplying staff to backfill when permanent staff are on training as well as resources and equipment to support their work.

Our Early Years Bursary Scheme was available to Early Years settings to improve physical activity opportunities for under 5s in a fun and accessible way, based on individual and community needs.

Projects could also tackle wider social outcomes such as school readiness, and social and communication development, but increasing sustainable physical activity had to be the focus.

As a result, 90 settings applied, and 15 bursaries were awarded to support the sector which will be used by them during 2023 - 2024.

Active Start

During the year 2022-23, we also worked in collaboration with Active Cumbria to pilot Active Start. Active Start is a programme created to inspire and increase activity levels in the early years through activity and active play. We delivered courses to over 60 early years practitioners and received amazing feedback. Due to the fantastic feedback we will continue delivery in 2023 - 2024 with up to 100 more practitioners trained across Northumberland and Tyne & Wear. We will also be working with Sunderland City Council to train up to 100 more practitioners across their local authority area.

Active Partnership Early Years Community of Learning

We continue to co-chair the Active Partnerships Early Years Community of Learning group which meets termly to discuss all things Early Years going on in the Active Partnership network. We share good practice, ideas and challenges at a local level as well as working together and collaborating to champion the early years agenda at a national level.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Coach Core

In December 2022 we concluded year two of the Northumberland and Tyne and Wear Coach Core programme. Our focus for this cohort was again ensuring that our offer reached those young people who needed it the most. We engaged young people from all of our six local authority areas and we continued to target those young people from lower socioeconomic areas which are a priority for Rise across our work. 35% of the apprentices we recruited were from IMD 1 and 2 and in total 45% were from the areas IMD 1 - 5. In addition, 55% of the apprentices recruited were male and 45% female.

Alongside the cohort of Level 2 apprentices, during year two of the programme we also piloted the Level 3 Community Sport and Health Officer apprenticeship with five young people. At the end of the year (April 2023) across the Level 2 and Level 3 apprentices, all young people had confirmed employment beyond their apprenticeship.

We were also delighted to secure two awards at the National Coach Core Awards in London in February 2023 for Learning Coach of the Year and Employer of the Year awards.

Priority: Community Building

Opening Schools Facilities

We were delighted this year to successfully bid for a share of the Department for Education's £57 million 'Opening School Facilities' fund, which is a three year investment to provide support and investment into schools to develop and increase their extra-curricular opportunities and activities for children, young people and families whilst creating community links that open their facilities for the local community outside of the normal school day.

The programme is co-designed with and by children and young people giving them a voice to empower them through leadership and volunteering opportunities. This approach will support them to access fun needs-led inclusive and diverse opportunities that will support their personal and social development whilst looking after their physical and mental wellbeing.

The Opening Schools Facilities programme was launched to schools by us in January 2023. The target for year one (deadline 14 March 2023) was to recruit and distribute £1million to 48 schools.

Using our insight and local knowledge we worked intensively in collaboration with wider strategic system partners to recruit the schools and support them with their action plans and funding applications to provide new extracurricular opportunities for targeted children and young people and the wider community to reduce inequalities and inactivity.

Creating Active Schools

The Creating Active Schools (CAS) Framework has been developed to promote a whole systems approach to school improvement, with all stakeholders, from local authorities to school leaders and pupils playing a role in embedding physical activity in the school's ethos.

During the early part of the programme in 2022, we began working with five schools in Newcastle to develop CAS in their schools. We developed a community of Learning Network Forum where all five schools would come together to share good practice, learning and any challenges. By the end of the year, three of the schools had already made great progress in embedding physical activity into their school approach and policies.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

We also began working with Sunderland Together for Children to link in CAS and Opening Schools Facilities programmes and other areas of work with their health and well-being aims and objectives. A headteacher from a local primary school was seconded to support several schools in the area to help tackle the overweight/obesity levels in primary schools across Sunderland.

Bite Back - Community Champions Programme

The aim of the Bite Back programme is to ensure every young person has access to healthy, nutritious food, no matter where they live.

Through the Bite Back programme, we funded five grassroots youth organisations to each recruit 10 to 15 young people aged 11 to 18 years (from low income and ethnically diverse community backgrounds). Groups became youth food community champions/researchers, identifying issues that matter to them in their communities to tackle inequalities and supporting young people and families to access affordable, healthy food. In turn this also helped to improve their physical and mental well-being through empowering and influencing change in their communities.

With support from Rise, the youth champions from each group worked to influence and educate their peers, working in partnership with businesses and strategic key partners across the local authority areas to share learning and behaviour change. Public Health teams also came on board to support the groups to ensure young people, regardless of backgrounds, have access to healthier food options in their local community to reduce obesity levels and overall inequalities.

Football Foundation Multi-Sports Investment

At the end of 2022, we were successful in securing a three year regional role to support the Foundation's investment into new Multi-Sport facilities (Playzones, 3G pitch installation and grass pitch improvement) which will now make up 40% of their portfolio. A member of our team was therefore seconded into the part-time role of Network Manager.

Working across the Active Partnership areas of Rise, Active Cumbria, County Durham Sport, Tees Valley Sport, North Yorkshire Sport, Yorkshire Sport and Active Humber, the Network Manager provides additional capacity within the Active Partnership network to strengthen the relationship between local delivery and Sport England's 'Uniting the Movement'. This will help to ensure that the correct type of facilities are provided to the communities that need it most, whilst following the requirements drawn from local consultation.

Older People

During the year we established support to the South Tyneside clinical health pathways team, providing expert advice to develop physical activity messaging and advice to enable all clinicians and allied health professionals to have appropriate physical activity conscious conversations with patients, and support signposting/referral into relevant community-based activity opportunities. These efforts have been coupled with our ongoing coordination of the Physical Activity Clinical Champions training programme which has been successfully delivered to NHS, public health, local authority and third sector staff.

Crowdfunding

Since September 2022, we have been providing support and guidance to organisations across the North East applying to Sport England's two crowdfunding streams, Active Together and Places & Spaces. As of March 2023, projects we've supported had raised over £95,000 in total, including over £40,000 of investment secured from Sport England.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Priority: Tackling Our Climate Crisis

Local Authorities' Approaches to Climate Change

During the year we researched each of the local authority areas' climate change journeys and agendas and discovered that all six local authorities are working to address climate change in different ways.

For example, Northumberland County Council has a Council Thematic Group made up of senior officers across the Council who work with the carbon team to ensure that carbon reduction is built into all new policy development.

North Tyneside have developed Action on Climate Change North Tyneside, whilst South Tyneside are driving the Council's activities to be carbon neutral by 2030.

With this knowledge we began work to see where our agendas align or cross over and how we could support the local authority agendas in relation to climate change.

Involving Schools in Climate Change

We were involved in several initiatives which promoted sustainable and active travel to schools.

We supported South Tyneside Council to promote a climate change and active travel to school competition which received good interaction with the schools. Following its success, the competition will be offered again with the hope of engaging more schools.

In addition, we supported South Tyneside Council to implement school street closures within the Borough. The learning from Newcastle City Council has been shared with South Tyneside and the school street closures are being co-ordinated in partnership with Sustrans as we head into 2023/24.

We also promoted and supported Living Streets Walk to School Week and Sustrans Big Walk and Wheel. These initiatives are also continuing into 2023/24.

Active Travel

One particular project that we successfully delivered was the Bikeability project which was funded through the Bikeability Trust. The funding was to widen the participation in cycle training particularly for underrepresented groups.

To achieve the outcomes of the project we worked with the Sunderland City Council, local schools, a local cycle provider, a community engagement worker and a project in Sunderland to offer cycle training within a community setting.

The evaluation and learning from the project has led to cycle training being provided outside of the school setting. The learning has also since been shared with our other local authority areas to increase participation in Bikeability training across the region.

Consultation Support

During the year, there were several consultations on Local Plans and Supplementary Planning Documents which we contributed towards, including the Northumberland Local Plan and validation requirements document, the South Tyneside Local Plan, the South Tyneside Supplementary Planning Document for Green and Blue Spaces and the Gateshead and South Tyneside Biodiversity Supplementary Planning Document.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

By commenting as part of the consultation process, this opened further discussions with the local authorities and strengthened our relationships with planning officers.

Alongside this we have also been keeping up to date with National Planning Policy development to assist in our responses locally. For example, the National Planning Policy Framework consultation will ultimately influence local planning policy.

Priority: Healthy Minds for Healthy Lives

The Couch to 2K Programme

The Couch to 2k programme supports young people aged 11-18 to gain self-confidence, improve fitness, increase physical activity and have fun via weekly walking / jogging / running sessions over 6 - 8 weeks. Building on the success of our previous Couch to 2K pilot programme and subsequent successful projects in Newcastle and Gateshead, we took the programme to Northumberland this year. Working collaboratively with The Children's Foundation and Northumberland Council's Emotional Wellbeing Support Team we used youth voice to understand and increase participation and physical and mental activity levels with looked after children and young people.

Working with Sunderland College

During the 2022/23 academic year we supported Sunderland College to develop a student workforce to deliver physical activity sessions to inactive students and staff and deliver a well-being roadshow. As part of this work the college undertook a baseline survey with students to understand their barriers to being physically active. From the survey we produced a recommendations report to shape the delivery model which the college then implemented based on the results.

Sixteen students undertook various training courses such as boxing activator, multi-skills courses, safeguarding and first aid. The students then rolled out a programme of activities across the academic year including student v staff football and basketball. In addition, the student workforce project also enabled the college to reopen their gym which had not been possible since the pandemic due to staff capacity.

Us Active Project

During the year Rise supported Us Active, a charity who utilise physical activity to support young people aged between 12 and 25 with or at risk of developing mental health difficulties to transform their lives, to employ a Youth Engagement Officer.

Our Research and Insight Development Manager worked with the Youth Engagement Officer to gather insight from young people to gain a better understanding of their behaviours and motivations around physical activity. From this work the Youth Engagement Officer has created a Youth Board to support the direction of the charity and ensure it is meeting the needs of young people in the future. In addition, through the Youth Engagement Officer the charity has now forged links with Newcastle Skills Hub, Gateshead Looked After Children Team, Sunderland College and multiple social prescribing networks to support youth mental health through physical activity.

Place-Based Work in Berwick

Over the past 12 months we gleaned a more in-depth understanding of the wider social health and wellbeing issues faced by young adult males across Berwick and the surrounding rural areas.

Due to our learning and the work we are doing we have presented our Impact Report to the Northumberland Physical Activity Strategy Group. The presentation showcased how the asset-based approach we have adopted in Berwick empowers the community and provides provision which has long term sustainability.

RISE NORTH EAST

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ACHIEVEMENTS AND PERFORMANCE - continued

We also provided insight for New Local in conjunction with the Joseph Rowntree Foundation around deep poverty and destitution and provided insight to the North of Tyne Combined Authority research around working to support residents who are economically inactive.

Our Key Worker also presented at the Northumberland VCS Liaison Group, highlighting the challenges we have faced securing support for young people with learning disabilities transitioning into adulthood.

Overall, we saw more engagement from young men with diagnosed and undiagnosed neurodiverse issues which has a huge impact on their health and wellbeing. In addition, we continued to see similar trends in engagement from young men who are unemployed, socially isolated and living in debt/poverty who lack support from statutory services with their health and wellbeing.

Mind - Mental Health Awareness for Sport and Physical Activity

Over the past 12 months we have supported Mind locally and regionally to promote mental health awareness training across the sector. The training was developed by Mind, Sport England, 1st4Sport and UK Coaching. 34 people have accessed this training to increase knowledge and understanding of mental health within a sport and physical activity context.

Priority: Harnessing Data, Digital & Tech

Insight and Knowledge

The use of data and technology has continued to play a significant role in our work.

We have utilised a number of systems to support us to work more efficiently and be better informed with insight and knowledge.

We have been using all opportunities to listen to our partners, participants and end users to learn about what works and what doesn't, the challenges and barriers faced, as well as the routes to successful outcomes they have discovered.

Existing data and insight gathered from national sources including the NHS, public health, the Office for National Statistics and Sport England plays a big part in informing our decision making.

Many of our partners also hold their own sector specific data which has also been a key element of informing decisions and co-designing activities and work.

Active Lives

In December 2022, we produced a summary of the local Children and Young People Active Lives results, covering the academic year 2021 - 2022. The report summarised the sport and physical activity behaviours of 5 to 16-year-olds, providing us with data for the six local authorities of Northumberland and Tyne & Wear. The report showed continued progress towards increasing physical activity among our children and young people, but also that there is still the need for more work to do.

In 2022 we revamped and relaunched our Active Lives Children and Young People Survey approach and the way we engage with schools to make the process more accessible and streamlined. We developed a bespoke 'Digital Hub' to enable schools to find up-to-date information about the survey. The hub also includes information on the benefits and incentives to schools of participating in the Active Lives process, as well as the DfE Healthy Schools Rating Scheme. This new approach proved to be very successful in improving the return rate of surveys from our schools, which in turn will be reflected when the results of the survey are published in December 2023.

RISE NORTH EAST

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ACHIEVEMENTS AND PERFORMANCE - continued

Trialing New Concepts

During the summer of 2022 we worked in partnership with Northumberland County Council and The Great Northumberland Forest, to launch a pilot project for staff at Northumberland County Council, utilising a free-to-use app to plant trees in the Great Northumberland Forest.

The app converts users' recorded physical activity into donations to a range of environmental / social projects. We funded the creation of a Northumberland County Council team on the app to convert their physical activity into tree donations for the Great Northumberland Forest.

The concept testing was a success which has led to us investigating the development of our own bespoke app that we can provide to organisations to encourage their employees to be more active.

Other Focus Areas In 2022-2023

Safeguarding Standards

Throughout the year, we continued to work hard to ensure that children, young people and adults at risk can take part in physical activity opportunities in a safe environment. We once again undertook a comprehensive self-assessment and produced an annual plan to improve our safeguarding practices.

We completed numerous actions over the course of the year to help safeguard children, young people and adults at risk, including appointing a Board safeguarding champion for the first time, reviewing and updating the safeguarding section of our website, ensuring safeguarding was embedded across all of our key programmes, providing knowledge and guidance to partners, and providing/accessing training opportunities internally and externally.

Investors in the Environment

In January 2023, we were delighted to announce that we'd been awarded the Investors in the Environment Bronze level accreditation.

The Investors in the Environment accreditation demonstrates our commitment to achieving net zero carbon emissions and to minimising our environmental impact. The Bronze level accreditation also helps us with our SME Climate Hub pledge and 10-year Rise Together strategy to halve our carbon emissions by 2030 and to reach net zero emissions by 2050.

In 2023/24 we will continue with our commitment by beginning to work towards the Silver level accreditation.

Partner Survey

Having scored a very high Net Promoter Score (NPS) of +77 in our 2021-2022 partner survey, we were delighted when our 2022-2023 partner survey returned a NPS of +89, demonstrating the value and support that we provide to our partners on a daily basis. In addition, 97% of respondents strongly agreed/agreed that the impact of their work was increased by working with us.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENTS AND PERFORMANCE - continued

Our Team

During 2022, we strengthened our team with several new appointments. We recruited:

- a Business Development Director to develop and implement our income diversification and sustainability strategy;
- a Trusts and Foundations Manager to diversify our income streams;
- an Administration Officer to provide support to the team;
- a Research and Insight Development Manager to ensure that our decision making would be based on robust evidence and the impact of our work is captured; and
- a new Strategic Lead to direct and manage our work with Children and Young People.

We also worked with Northumbria University to recruit a Graphic Design Intern and with Sunderland University to recruit a Research and Insight Intern.

Cyber Essentials

Cyber Essentials is a government backed self-assessment which gives confirmation that an organisation is taking correct protection against a wide variety of the most common cyber-attacks.

We undertook certification to reassure our Board, team and our partners that we are continuously working to secure our IT against cyber attack and to give peace of mind that our defences will protect against the vast majority of common cyber-attacks simply because these attacks are looking for targets which do not have the Cyber Essentials technical controls in place.

We completed the self-assessment in June 2022 and received certification that we had successfully completed Cyber Essentials.

For further examples of our work in 2022-2023, please see our Annual Impact Report.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

During the year, investment was derived from a variety of sources including Sport England. The investment was made available to achieve various objectives, including:

- delivering a variety of specific programmes, including School Games and the Together Fund;
- developing and maintaining networks to enhance the planning, coordination and delivery of physical activity and sport;
- supporting the development of more and better opportunities for inactive communities to become more active;
- coordinating and delivering training courses to help to upskill the frontline workforce to be able to have the confidence and competence to support their beneficiaries to be more physically active; and
- undertaking research and producing insight to identify gaps in provision and enable partners to better utilise physical activity within their offer.

The financial position for the year shows net incoming funds of £78,011, including restricted funds of £107,223 (unrestricted net expenditure amounted to £29,212).

Policy on Reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves - those reserves not invested in tangible fixed assets, excluding long-term liabilities, or designated for a particular purpose. In light of the current economic crisis, the trustees consider that it would be appropriate to hold the equivalent of six months' operational costs which would equate to holding approximately £580,000-£625,000 in free reserves.

The directors have designated **£492,000** (2022: £340,000) of reserves to cover:

- Staff redundancy costs of **£143,000** should these become necessary on a closure of the charity (2022: £131,000);
- a deficit budget for 2024-2025 of **£244,000** (2022: £185,000) connected to self-funded roles within the organisation, increasing salary costs and concerns over inflation driving a significant increase in wider costs; and
- a contingency budget of **£105,000** (2022: £24,000) for protection against a decision by Sport England to vary the way it supports the School Games and CYP Active Lives service delivery for active partnerships in 2025-2026.

At the year end, undesignated reserves, including those being accumulated to be held towards the equivalent of six months' operating costs, were **£360,918**. This is a minimum of **£219,082** and a maximum of **£264,082** short of the target of holding **£580,000 - £625,000** for six months' operating costs for 2023-2024.

The trustees have prepared a budget and cashflow forecast and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis, they have continued to adopt the going concern basis when preparing the financial statements.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW - continued

Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day-to-day basis. The pay of the KMP is reviewed annually and normally increased annually in line with contributions towards the average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

Internal Control and Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October,
- Approval of annual budget in May,
- Regular consideration by trustees of financial results and variations from budget,
- Monitoring of performance against the annual plan,
- Delegation of authority and separation of duties.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FUTURE PLANS

Looking forward to 2023-2024, we will be implementing the first year of our 2023-2025 Implementation Plan alongside a refreshed way of working to ensure that there is stronger and deeper connectivity across the team, given the cross-departmental requirements of much of our work in the era of being a key systemic partner locally, regionally and in some instances, nationally. The new Implementation Plan clearly connects all of our work to our broader strategic aims as we continue to ensure that we drive our Rise Together 2021-2031 strategy forward.

We will reflect on our first year of a new five-year funding cycle with our main funder, Sport England, and ensure that we learn from our experiences and use this learning to support future work and planning. As one of Sport England's system partners, we will continue to ensure that in addition to relating to our own strategy, our work contributes to the delivery aspirations set out in Sport England's 'Uniting the Movement' strategy. Part of this work will include the opportunity to work alongside Sport England and other partners locally as Sport England seek to expand the places that they support to take a place-based approach to tackling physical inactivity. This work may also start to overlap with opportunities linked to the forthcoming North East Combined Mayoral Authority. The Devolution Deal specifically references the role of grassroots sport and physical activity as a key opportunity to tackle post-pandemic disparities and we want to work with our equivalent active partnership in County Durham to ensure that we capitalise on the opportunities that this might bring as the Combined Authority begins to form.

We are also excited to be working with Sport England on the plans to introduce a network of Sport Welfare Officers during 2023-2024, following the recommendations for the creation of such a system in the Whyte Review.

Having worked hard in 2022-2023 to move towards full compliance with the December 2021 updated version of the Sport England/UK Sport Code of Governance, we will continue in 2023-2024 to transition our existing EDI Action Plan into a Diversity and Inclusion Action Plan (DIAP), which for the first time will involve us publishing clear ambitions to ensure our leadership represents and reflects the diversity of the local community (this work was delayed from 2022-2023 due to national delays in activating the consultant support for this critical area of work).

We are pleased with how the early stages of our inaugural approach to income diversification and sustainability developed in 2022-2023, and we will continue to work hard during the forthcoming year on developing our approach to significantly increase non-Sport England income into the charity by the end of 2025, with further growth thereafter, in order to continue to push forward our aspirations to unlock the power of physical activity in order to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Nature of Governing Document

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3 March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 2 November 2021.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Trustees

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four-year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification. No new trustees were recruited, and no trustees stood down, during the year ended March 2023. However, Matthew Cormack was re-appointed for a second four-year term at the AGM in November 2022. Adam Pilkington was also appointed as the Safeguarding & Welfare Lead Trustee during the year.

All trustees, including the Chair are volunteers and so receive no remuneration.

Induction, Training and Evaluation of the Board

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of the trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

In April 2021, the Board received an external evaluation report from management and recruitment consultancy, Campbell Tickell. This highlighted that a good governance foundation has been established at Rise, but there were minor areas where further development and strengthening would add to our existing good governance approach. An action plan was developed and is due to be fully completed in the near future.

Organisational Structure

The Board comprises all the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT - continued

Compliance with the Sport England / UK Sport Code of Governance

In December 2021, Sport England and UK Sport published an updated Code of Governance to which Rise, as a Tier 3 funded organisation, must be fully compliant with. An action plan to achieve full compliance was agreed at the February 2022 Board meeting. During the year, we have therefore had to collate and provide a plethora of evidence to Sport England as to our compliance with Tier 3 of their Code of Governance requirements. The final aspect of our compliance, which must be completed by Spring 2024, but about which work has already started, is the creation of a Diversity and Inclusion Action Plan (DIAP) that is fit for modern times. Our EDI Sub-Committee has overseen our EDI Action Plan 2021-2023 and has now started in supporting the transition to the DIAP format, which is designed to ensure that our work in the EDI space is transformative.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

RISE NORTH EAST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

AUDITORS

Read, Milburn & Co. were appointed auditor to the company on 14 March 2023 following the resignation of Azets Audit Services Limited.

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of Read, Milburn & Co. as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on and signed on its behalf by:

.....
S Gordon - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinion

We have audited the financial statements of Rise North East (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. In this regard, our procedures include the following:

- enquiry of management around actual and potential litigation and claims;
- reviewing minutes of meetings of those charged with governance;
- reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business;
- Challenging assumptions and judgements made by management in their significant accounting estimates.

Because of the field in which the charity operates, we have identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; Employment Law; and compliance with the Companies Act and Charities Act.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicholas J Liley (Senior Statutory Auditor)
for and on behalf of Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

Date:

RISE NORTH EAST

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	571	417,758	418,329	230,616
Charitable activities	5				
Charitable Activities		-	1,160,351	1,160,351	1,340,404
Other trading activities	3	6,594	-	6,594	21,129
Investment income	4	<u>6,225</u>	<u>-</u>	<u>6,225</u>	<u>112</u>
Total		<u>13,390</u>	<u>1,578,109</u>	<u>1,591,499</u>	<u>1,592,261</u>
EXPENDITURE ON					
Raising funds	6	-	-	-	11,168
Charitable activities	7				
Charitable Activities		<u>47,031</u>	<u>1,466,457</u>	<u>1,513,488</u>	<u>1,744,833</u>
Total		<u>47,031</u>	<u>1,466,457</u>	<u>1,513,488</u>	<u>1,756,001</u>
NET INCOME/(EXPENDITURE)		(33,641)	111,652	78,011	(163,740)
Transfers between funds	19	<u>4,429</u>	<u>(4,429)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(29,212)	107,223	78,011	(163,740)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>882,130</u>	<u>263,514</u>	<u>1,145,644</u>	<u>1,309,384</u>
TOTAL FUNDS CARRIED FORWARD		<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>	<u>1,145,644</u>

The notes form part of these financial statements

RISE NORTH EAST**BALANCE SHEET
31 MARCH 2023**

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	14	17,107	19,098
CURRENT ASSETS			
Debtors	15	119,546	24,428
Cash at bank		<u>1,213,557</u>	<u>1,310,887</u>
		1,333,103	1,335,315
CREDITORS			
Amounts falling due within one year	16	(126,555)	(208,769)
		<u>1,206,548</u>	<u>1,126,546</u>
NET CURRENT ASSETS			
		<u>1,223,655</u>	<u>1,145,644</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>1,223,655</u>	<u>1,145,644</u>
NET ASSETS			
		<u>1,223,655</u>	<u>1,145,644</u>
FUNDS	19		
Unrestricted funds		852,918	882,130
Restricted funds		<u>370,737</u>	<u>263,514</u>
TOTAL FUNDS		<u>1,223,655</u>	<u>1,145,644</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
S Gordon - Trustee

The notes form part of these financial statements

RISE NORTH EAST**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	21	<u>(99,126)</u>	<u>23,151</u>
Net cash (used in)/provided by operating activities		<u>(99,126)</u>	<u>23,151</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(4,429)	(5,244)
Interest received		<u>6,225</u>	<u>112</u>
Net cash provided by/(used in) investing activities		<u>1,796</u>	<u>(5,132)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		(97,330)	18,019
Cash and cash equivalents at the beginning of the reporting period		<u>1,310,887</u>	<u>1,292,868</u>
Cash and cash equivalents at the end of the reporting period		<u><u>1,213,557</u></u>	<u><u>1,310,887</u></u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

Going concern

The trustees have considered the financial position and prepared forecasts covering 12 months from the approval of the financial statements and on conclusion of this work and given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

Income and endowments

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from other trading activities is recognised with the delivery of events and services

Charitable activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

Asset class	Depreciation method and rate
Sports equipment	33% straight line
Office equipment	15% reducing balance
Computer equipment	33% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pension costs and other post-retirement obligations

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	288	377
Grants	<u>418,041</u>	<u>230,239</u>
	<u>418,329</u>	<u>230,616</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Conferences and similar events	5,309	10,855
Property rental income	-	160
Other income	<u>1,285</u>	<u>10,114</u>
	<u>6,594</u>	<u>21,129</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Bank interest receivable	<u>6,225</u>	<u>112</u>

RISE NORTH EAST**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****5. INCOME FROM CHARITABLE ACTIVITIES**

		2023	2022
	Activity	£	£
Grants	Charitable Activities	<u>1,160,351</u>	<u>1,340,404</u>

6. RAISING FUNDS**Raising donations and legacies**

	2023	2022
	£	£
Course and event costs	<u>-</u>	<u>11,168</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Charitable Activities	<u>1,503,228</u>	<u>10,260</u>	<u>1,513,488</u>

8. SUPPORT COSTS

	Other £	Governance costs £	Totals £
Charitable Activities	<u>6,420</u>	<u>3,840</u>	<u>10,260</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Auditor's remuneration	3,840	4,500
Depreciation - owned assets	5,711	6,716
Deficit on disposal of fixed assets	<u>709</u>	<u>-</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

11. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	775,914	677,647
Social security costs	70,889	58,209
Other pension costs	<u>73,543</u>	<u>77,521</u>
	<u>920,346</u>	<u>813,377</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Management	9	7
Charitable Activities	<u>14</u>	<u>14</u>
	<u>23</u>	<u>21</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£70,001 - £80,000	<u>1</u>	<u>1</u>

The total employee benefits of the charity's key management personnel amounted to £221,662 (2022 - £191,676).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2,277	228,339	230,616
Charitable activities			
Charitable Activities	-	1,340,404	1,340,404
Other trading activities	21,129	-	21,129
Investment income	<u>112</u>	<u>-</u>	<u>112</u>
Total	<u>23,518</u>	<u>1,568,743</u>	<u>1,592,261</u>
 EXPENDITURE ON			
Raising funds	11,168	-	11,168
Charitable activities			
Charitable Activities	<u>48,868</u>	<u>1,695,965</u>	<u>1,744,833</u>
Total	<u>60,036</u>	<u>1,695,965</u>	<u>1,756,001</u>
 NET INCOME/(EXPENDITURE)			
Transfers between funds	<u>(36,518)</u>	<u>(127,222)</u>	<u>(163,740)</u>
	<u>33,455</u>	<u>(33,455)</u>	<u>-</u>
Net movement in funds	(3,063)	(160,677)	(163,740)
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>885,193</u>	<u>424,191</u>	<u>1,309,384</u>
 TOTAL FUNDS CARRIED FORWARD	<u>882,130</u>	<u>263,514</u>	<u>1,145,644</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

13. INCOME RECEIVED FROM PUBLIC INVESTORS

	Sport England £	Other Grants £	Total £
Income	<u>1,160,351</u>	<u>418,041</u>	<u>1,578,392</u>
	<u>1,160,351</u>	<u>418,041</u>	<u>1,578,392</u>
Expenditure			
Staff costs (including on costs)	750,613	135,811	886,424
Equipment hire/purchase	4,619	32,676	37,295
Hire of facilities	3,032	4,160	7,192
Promotion/publicity/insight	16,783	17,389	34,172
Coaches fees/expenses	919	1,050	1,969
Transport/travel costs	7,375	1,572	8,947
Training	6,999	20,595	27,594
Other: office related costs, phone and ICT	54,037	4,433	58,470
Other: professional fees	29,136	10,900	40,036
Other: grants to local organisations	185,961	82,253	268,214
Other: refreshments/misc	2,630	283	2,913
Other: other operational costs including programme delivery	94,905	490	95,395
Other: management fee	-	37,857	37,857
	<u>1,157,009</u>	<u>349,469</u>	<u>1,506,478</u>

RISE NORTH EAST**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****14. TANGIBLE FIXED ASSETS**

	Furniture and equipment £
COST	
At 1 April 2022	80,572
Additions	4,429
Disposals	<u>(27,926)</u>
At 31 March 2023	<u>57,075</u>
DEPRECIATION	
At 1 April 2022	61,474
Charge for year	5,711
Eliminated on disposal	<u>(27,217)</u>
At 31 March 2023	<u>39,968</u>
NET BOOK VALUE	
At 31 March 2023	<u>17,107</u>
At 31 March 2022	<u>19,098</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	48,584	17,968
Accrued income	2,406	-
Prepaid expenses	<u>68,556</u>	<u>6,460</u>
	<u>119,546</u>	<u>24,428</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	22,103	39,217
Deferred income	99,700	158,288
Accrued expenses	<u>4,752</u>	<u>11,264</u>
	<u>126,555</u>	<u>208,769</u>
		£
Deferred income at 1 April 2022		158,288
Released to incoming resources		(158,288)
Amount deferred in year		<u>99,700</u>
Deferred income at 31 March 2023		<u>99,700</u>

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023	2022
	£	£
Within one year	<u>7,680</u>	<u>7,680</u>

18. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Fixed assets	17,107	-	17,107	19,098
Current assets	858,689	474,414	1,333,103	1,335,315
Current liabilities	<u>(22,878)</u>	<u>(103,677)</u>	<u>(126,555)</u>	<u>(208,769)</u>
	<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>	<u>1,145,644</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	542,130	(33,641)	(147,571)	360,918
Budgeted Deficits in Future Years	185,000	-	59,000	244,000
Redundancy Fund	131,000	-	12,000	143,000
Contingency	24,000	-	81,000	105,000
	882,130	(33,641)	4,429	852,918
Restricted funds				
SE Systemic Role	-	189,881	(4,429)	185,452
NS - Workforce	10,455	(10,455)	-	-
TW - Workforce	9,656	(9,656)	-	-
Access to Schools	-	20,648	-	20,648
County Durham Sport - Infrastructure & Environment	4,263	(4,263)	-	-
Royal Foundation - Coach Core	4,024	(2,959)	-	1,065
NLD PA Strategy - Thriving Together	-	1,200	-	1,200
Disability Tennis Network	11,523	(250)	-	11,273
MIND	2,353	(720)	-	1,633
Tackling Inequalities Fund	198	(198)	-	-
Children and Young People Programme	39,070	(39,070)	-	-
Thriving Communities	20,949	(11,340)	-	9,609
Police and Crime Commissioner	11,469	(11,469)	-	-
Barclays	5,780	(5,780)	-	-
Rollover - Primary Role	115,376	(115,376)	-	-
Commonwealth Games	11,500	(11,500)	-	-
Together Fund	-	5,474	-	5,474
Bikeability	3,241	(3,241)	-	-
NHS - CNTW	13,657	98,130	-	111,787
Police and Crime Commissioner - Phase 2	-	759	-	759
UK Youth Project	-	3,000	-	3,000
ICS Child Health Inequalities Fund	-	2,402	-	2,402
SE Multi-Sports Playzone Project	-	10,162	-	10,162
VONNE - Going Green	-	2,000	-	2,000
PE & School Sport Alliance	-	1,009	-	1,009
ICS Healthier Together	-	3,264	-	3,264
	263,514	111,652	(4,429)	370,737
TOTAL FUNDS	<u>1,145,644</u>	<u>78,011</u>	<u>-</u>	<u>1,223,655</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,390	(47,031)	(33,641)
Restricted funds			
SE Systemic Role	793,475	(603,594)	189,881
SE Delivery Role	105,000	(105,000)	-
NS - Workforce	-	(10,455)	(10,455)
TW - Workforce	-	(9,656)	(9,656)
Access to Schools	76,661	(56,013)	20,648
County Durham Sport - Infrastructure & Environment	13,358	(17,621)	(4,263)
Royal Foundation - Coach Core	23,576	(26,535)	(2,959)
NLD PA Strategy - Thriving Together	3,000	(1,800)	1,200
Disability Tennis Network	4,000	(4,250)	(250)
MIND	3,500	(4,220)	(720)
Tackling Inequalities Fund	-	(198)	(198)
Children and Young People Programme	-	(39,070)	(39,070)
Rugby Football Union - Families Fund	9,000	(9,000)	-
Thriving Communities	34,312	(45,652)	(11,340)
Police and Crime Commissioner	-	(11,469)	(11,469)
Barclays	-	(5,780)	(5,780)
Rollover - Primary Role	-	(115,376)	(115,376)
Commonwealth Games	-	(11,500)	(11,500)
Yorkshire Sport - Creating Active Schools	13,862	(13,862)	-
Together Fund	201,346	(195,872)	5,474
Bikeability	34,324	(37,565)	(3,241)
NHS - CNTW	158,288	(60,158)	98,130
Police and Crime Commissioner - Phase 2	31,000	(30,241)	759
Sunderland Uni Graduate Intern	4,500	(4,500)	-
UK Youth Project	17,000	(14,000)	3,000
ICS Child Health Inequalities Fund	4,787	(2,385)	2,402
Places & Spaces - Crowdfunding	19,404	(19,404)	-
SE Multi-Sports Playzone Project	18,772	(8,610)	10,162
VONNE - Going Green	2,000	-	2,000
PE & School Sport Alliance	1,009	-	1,009
ICS Healthier Together	4,985	(1,721)	3,264
Northumbria Uni Intern	950	(950)	-
	<u>1,578,109</u>	<u>(1,466,457)</u>	<u>111,652</u>
TOTAL FUNDS	<u>1,591,499</u>	<u>(1,513,488)</u>	<u>78,011</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	228,682	(36,518)	349,966	542,130
Northumberland Sport	265,511	-	(265,511)	-
Budgeted Deficits in Future Years	220,000	-	(35,000)	185,000
Redundancy Fund	123,000	-	8,000	131,000
Contingency	48,000	-	(24,000)	24,000
	885,193	(36,518)	33,455	882,130
Restricted funds				
NS - Satellite	11,865	-	(11,865)	-
TW - Satellite Clubs	38,521	(50,386)	11,865	-
NS - Workforce	14,305	(3,850)	-	10,455
TW - Workforce	3,232	6,424	-	9,656
NS - DfE Leadership & Volunteering	5,100	(5,100)	-	-
TW - DfE Leadership & Volunteering	4,440	(4,440)	-	-
Access to Schools	500	(500)	-	-
Daily Mile	11,094	(11,094)	-	-
County Durham Sport - Infrastructure & Environment	2,842	1,421	-	4,263
Royal Foundation - Coach Core	5,389	1,635	(3,000)	4,024
Disability Tennis Network	9,845	1,428	250	11,523
MIND	3,853	1,900	(3,400)	2,353
Tackling Inequalities Fund	152,666	(152,468)	-	198
Children and Young People Programme	46,122	(7,052)	-	39,070
Homelessness	6,646	2,354	(9,000)	-
Rugby Football Union - Families Fund	9,807	(4,307)	(5,500)	-
Thriving Communities	13,620	2,283	5,046	20,949
Police and Crime Commissioner	41,648	(31,179)	1,000	11,469
Community Foundation	5,000	(6,000)	1,000	-
Barclays	37,696	(26,916)	(5,000)	5,780
Rollover - Primary Role	-	130,227	(14,851)	115,376
Commonwealth Games	-	11,500	-	11,500
Bikeability	-	3,241	-	3,241
NHS - CNTW	-	13,657	-	13,657
	424,191	(127,222)	(33,455)	263,514
TOTAL FUNDS	<u>1,309,384</u>	<u>(163,740)</u>	<u>-</u>	<u>1,145,644</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,518	(60,036)	(36,518)
Restricted funds			
TW - Satellite Clubs	-	(50,386)	(50,386)
NS - Workforce	40,000	(43,850)	(3,850)
TW - Workforce	40,571	(34,147)	6,424
NS - DfE Leadership & Volunteering	-	(5,100)	(5,100)
TW - DfE Leadership & Volunteering	-	(4,440)	(4,440)
Access to Schools	327,399	(327,899)	(500)
Daily Mile	21,500	(32,594)	(11,094)
County Durham Sport - Infrastructure & Environment	18,473	(17,052)	1,421
Royal Foundation - Coach Core	57,940	(56,305)	1,635
Disability Tennis Network	8,250	(6,822)	1,428
MIND	5,500	(3,600)	1,900
Tackling Inequalities Fund Children and Young People Programme	-	(152,468)	(152,468)
Homelessness	362,132	(369,184)	(7,052)
Rugby Football Union - Families Fund	43,000	(40,646)	2,354
Thriving Communities	-	(4,307)	(4,307)
Police and Crime Commissioner	51,616	(49,333)	2,283
Community Foundation	-	(31,179)	(31,179)
Barclays	-	(6,000)	(6,000)
Rollover - Primary Role	-	(26,916)	(26,916)
Commonwealth Games	455,773	(325,546)	130,227
Bikeability	62,500	(51,000)	11,500
LA Participation Data	34,324	(31,083)	3,241
NHS - CNTW	8,108	(8,108)	-
	<u>31,657</u>	<u>(18,000)</u>	<u>13,657</u>
	<u>1,568,743</u>	<u>(1,695,965)</u>	<u>(127,222)</u>
TOTAL FUNDS	<u><u>1,592,261</u></u>	<u><u>(1,756,001)</u></u>	<u><u>(163,740)</u></u>

The specific purposes for which the funds are to be applied are as follows:

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Sport England - Systemic & Delivery Funding

This is our core funding, provided by Sport England, which focuses on us influencing local systems to create more opportunities for people to take part in sport and physical activity. It aims to tackle the inequalities that affect people's participation in sport and physical activity whilst supporting the aims and objectives of Sport England's 10-year strategy 'Uniting the Movement'. Our work focuses upon helping local partners to unlock the power of physical activity and collectively affect long-term system change to positively impact more lives across our region, particularly those who need it the most.

Sport England - Rollover Award (Underspend)

This is underspend from our 2021-2022 main Rollover Award grant from Sport England, aimed at tackling inequalities and reducing inactivity. The funding was provided for us to have a strong granular understanding of our place and people, to focus on brokering and facilitating a much wider range of relationships, to enable us to provide support for Sport England's workforce priorities, as well as working to develop and deliver positive experiences for young people.

Sport England - Together Fund

Funding provided by Sport England as a continuation of the Tackling Inequalities Fund, which was set up to help the sport and physical activity sector through the Covid-19 crisis. The Together Fund aims to help groups that have been disproportionately affected by the pandemic to mitigate the significant impact on people's ability to be physically active. The funding is targeted towards culturally diverse communities, those from lower socio-economic groups, and those with a disability or long-term health condition.

Sport England - Community Football & Multi-Sports Capacity

This funding is provided by Sport England to help to strengthen the relationship between local and national strategy and delivery, and to connect local resource, intelligence and experience to national programme design. It aims to maximise the impact of the targeted investment into community football, tennis and multi-sport facilities, ensuring that they are delivered in the communities that need it the most, with an overall priority focus on tackling inactivity.

Sport England - Places & Spaces

Funding provided by Sport England to provide us with designated capacity to work closely with community sport and physical activity groups to both raise awareness of Sport England's Places & Spaces crowdfunding, and support such groups to successfully access this funding stream. The focus is to create and improve local facilities to enable and encourage more people to be physically active.

Sport England - Thriving Communities (Programme started pre-April 2022)

Through the Thriving Communities Fund we are hosting a Regional Physical Activity Advisor to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project seeks to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by Covid-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Sport England - Commonwealth Games (Programme started pre-April 2022)

Awarded by Sport England to support us to focus upon the legacy of the Birmingham 2022 Commonwealth Games, including connecting plans and provision to the event. The funding is to help support the network of School Games Organisers across Tyne & Wear and Northumberland to focus on inequalities and inactivity, and support the children and young people who need the most support to be active.

Active Partnership Network DfE - Opening School Facilities (OSF) Capacity Funding

Awarded by the Department for Education via the Active Partnerships Network for us to assist with the delivery of the £57m national OSF programme. The project aims to support schools to open up their sports facilities outside of the school day, to both school and community users in order to create sustainable change in increased physical activity levels in communities where they are needed most. The programme is targeted predominantly to support schools which will help to encourage and enable more women and girls, people from disadvantaged and culturally diverse communities, and children with special educational needs and disabilities to become more active.

UK Youth - Community Food Champions

Funding provided by UK Youth for us to support local community organisations to work with groups of young people to create social action projects that aim to address issues within their local food environment. The project aims to create positive youth-led partnerships within local communities and targets young people from both low-income backgrounds and culturally diverse populations.

North East & North Cumbria Integrated Care System (ICS) - Child Health Inequalities Fund

Funding provided by the ICS Child Health & Wellbeing Network to upskill and empower the early years workforce to support children aged 3-5 years old to have the best start in life, engaging in fun outdoor active learning to improve their physical and mental wellbeing.

North East & North Cumbria Integrated Care System (ICS) - Healthier Together

Funding provided by the ICS Child Health & Wellbeing Network via the Healthier Together VCSE Programme to deliver an Active Start project aimed at enabling and encouraging more under 5s to be more physically active.

VONNE - Going Green Together

Funding provided through VONNE to help us to deliver a climate action project to reduce carbon emissions and address the climate emergency.

Thriving Together Northumberland

Funding provided via Northumberland's Thriving Together Steering Group to support the delivery of workshops linked to Northumberland's Physical Activity Strategy, which aims to get more people physically active across Northumberland.

Northumberland Citizens Advice Bureau

Funding via the Madeleine KineIn Fund for a hardship grant to improve the quality of life for individuals involved in our place-based project in Berwick-upon-Tweed.

Sunderland University Graduate Intern

ERDF funding provided via Sunderland University linked to its internship programme, which provided support to enable us to appoint a research and insight intern during 2022-2023.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Northumbria University Intern

Funding provided via Northumbria University linked to its internship programme, which provided support to enable us to appoint a graphic design intern on a short-term basis in 2023.

Gateshead Council - PE & School Sport Alliance

Funding transferred from Gateshead Council to be held by Rise to support more children and young people of secondary school age to become more active. This may primarily be used to support the delivery of a secondary school conference in 2023/24 in partnership with the region's PE & School Sport Alliance.

Coach Core (Programme started pre-April 2022)

Funded by the charity Coach Core, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a placement with them alongside a sporting qualification. Rise is responsible for managing and overseeing the programme locally in Northumberland and Tyne & Wear, which will enhance the local coaching offer and provide the apprentices with valuable training and experiences.

Bikeability Trust (Programme started pre-April 2022)

Awarded by the Bikeability Trust, the funding is to manage a project aimed at getting more people cycling in Silksworth in Sunderland. Funding is being spent on programme delivery, training, equipment, promotion and transport costs.

Northumbria Police & Crime Commissioner (Programme Started pre-April 2022)

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

County Durham Sport - Infrastructure & Environment (Programme started pre-April 2022)

Funding provided by County Durham Sport (the active partnership for County Durham) to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across the full LA7 area.

Yorkshire Sport Foundation (Programme started pre-April 2022)

Funding provided for our Children and Young People Development Manager to be seconded part-time to work on a national programme aimed at leading the development of the Creating Active Schools programme.

Mind (Programme started pre-April 2022)

An extension to our previous funding award from the charity Mind to lead the development of a regional network of sport, physical activity and mental health organisations.

Lawn Tennis Association - Disability Tennis Network (Programme started pre-April 2022)

The grant we receive from the Lawn Tennis Association is funding to manage/support the NE Disability Tennis network, more specifically to oversee the management and reporting of activity focused on providing tennis opportunities for people with disabilities.

Rugby Football Union - Families Fund (Programme Started pre-April 2022)

Funding aimed at supporting families to become active together, delivered in partnership with Falcons Community Foundation, North Shields Rugby Club and local educational establishments.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Barclays (Underspend)

Funding initially given for us to provide activity packs to thousands of vulnerable households across our region (namely adults on the reablement pathway) to enable them to undertake physical activity in their own homes whilst they were self-isolating or shielding during the Covid-19 pandemic, as well as other activity aimed at supporting and enabling more older people to be more physically active.

Cumbria, Northumberland and Tyne & Wear NHS Foundation Trust (Underspend)

Funding provided for the North East & North Cumbria Integrated Care Service (ICS) Mental Health Home Working project. This aims to address isolation, provide access to advice and support in relation to managing weight gain, and help managers to support their staff, within the ICS workforce. The programme aims to make improvements to the health and wellbeing of staff, with the interventions offered having both physical and mental health benefits and addressing wider health inequalities in the workforce.

20. RELATED PARTY DISCLOSURES

John Spence Community High School

One of the trustees is a teacher at the school. Grants totalling £21,630 were awarded to the school through the normal application and approval process. At the balance sheet date the amount due to John Spence Community High School was £nil (2022 - £nil).

Active Families North East

One of the employees is married to the owner/director of Active Families North East. Grants totalling £6,516 were awarded to the organisation through the normal application and approval process. At the balance sheet date the amount due to Active Families North East was £nil (2022 - £nil).

21. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	78,011	(163,740)
Adjustments for:		
Depreciation charges	5,711	6,716
Loss on disposal of fixed assets	709	-
Interest received	(6,225)	(112)
(Increase)/decrease in debtors	(95,118)	25,439
(Decrease)/increase in creditors	(82,214)	154,848
Net cash (used in)/provided by operations	<u>(99,126)</u>	<u>23,151</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

22. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank	1,310,887	(97,330)	1,213,557
	<hr/>	<hr/>	<hr/>
Total	<u><u>1,310,887</u></u>	<u><u>(97,330)</u></u>	<u><u>1,213,557</u></u>

23. LEGAL STATUS

The charitable company is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The company's registered number and registered office address can be found within Reference and Administrative Details.