

**LONDON ARTS IN HEALTH FORUM**

**(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

<b><u>INDEX</u></b>	<b><u>Page</u></b>
Company information	1
Report of the directors	2 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10

**LONDON ARTS IN HEALTH FORUM**

**(A COMPANY LIMITED BY GUARANTEE)**

**COMPANY INFORMATION**

COMPANY NUMBER : 06939695

CHARITY NUMBER : 1135543

DIRECTORS/TRUSTEES :

- Prof. Joanna Latimer (Chair)
- Kim Britten
- Vivienne Reiss
- Anne De Charmant
- Bablu Miah
- Dr. Zoe Zontou
- Prof. Anne Marie Rafferty
- Jameisha Prescod
- Beatrice Walker
- Maggie O'Neil
- Marina Carral Fernandez

CHARITY ADDRESS AND :  
Room 7  
St. Margaret's House  
21 Old Ford Road  
London  
E2 9PL

REGISTERED OFFICE :  
75 Maygrove Road  
West Hampstead  
London  
NW6 2EG

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS**

The trustees present their report and accounts for the year ended 31 March 2023.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102- effective 1 January 2015- (Charities SORP FRS 102).

**Structure, governance, and management**

**DIRECTORS AND THEIR INTERESTS**

The directors who have served during the period are as follows: -

Dr. Joanna Latimer (Chair)  
Kim Britten  
Vivienne Reiss  
Anne De Charmant  
Bablu Miah  
Zoe Zontou  
Prof. Anne Marie Rafferty  
Jameisha Prescod  
Beatrice Walker  
Maggie O'Neil  
Marina Carral Fernandez  
Stephen Sandford (retired in June 2022)  
Daniel Regan (retired in June 2022)  
Kat Low (retired in June 2022)  
Gail Babb (retired in June 2022)  
Rishi Coupland (retired in December 2022)  
Eugenia Lee (retired in December 2022)

Each of the directors has a limited liability of £1.

**Objects and activities for public benefit**

**Vision**

Our vision is that the power of arts and culture transforms and enriches the lives and health of Londoners.

**Mission**

London Arts and Health Forum (LAHF) supports artists, creative practitioners, and health professionals across the whole of London and beyond. Promoting excellence and engagement in the field of Creative Health and extending the reach of the arts to communities and individuals who would otherwise be excluded.

The objectives of LAHF, as set out in articles of association and memorandum, are:

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (Cont'd)**

*The objects for which the Company is formed shall be to advance the education of the public in Greater London and surrounding areas by promoting, researching, improving and developing greater awareness of the benefits of the arts in protecting and preserving health.*

**Achievements and performance**

2022-2023 saw refreshed leadership for LAHF with the appointment of new Director Anna Woolf who oversaw and delivered three key milestone projects including: Creativity and Wellbeing Week (May 2022), the successful submission to the new 2023-26 Arts Council England (ACE) *Let's Create* portfolio to refund LAHF as an Investment Principles Support Organization (IPSO, confirmed Nov 2022 and starting April 2023) and the launch of the Artists' Represent Recovery Network (ARRN, February 2023).

LAHF continued collaborating and working with key funder and strategic partner, the Greater London Authority (GLA), and delivered training for the sector at City Hall as well as working more strategically on the creation of London as a Creative Health Capital City.

**Creativity and Wellbeing Week (C&WW)**

In May 2022 the team delivered C&WW, our national yearly festival in conjunction with the Culture, Health & Wellbeing Alliance and core partners the Royal Horticultural Society and University Hospital Lewisham, reflecting Lewisham's place as the 2022 London borough of Culture. The week promoted a range of cultural health partners including the global majority LGBTQIA+ collective *Misery*, to think about inclusion, mental health, and creativity in nature; the launch of *Julie's Bicycle* and *Fast Familiar's* digital climate tool for cultural organisations; and the celebration of excellence in the field by launching the 2022 CH&WA awards. The week saw 100s of events and 1000s of participants take part in activities up and down the country.

**Board and Trustees**

Our chair, Prof. Joanna Latimer, oversaw the recruitment of new trustees bringing a wealth of diverse lived, academic, health and VCSE experience, as well as representing the diversity of Londoners experiencing creative health in the city, including: Anne De Charmant (Founding Director of *Meadowarts*); Bablu Miah (Founding Director of *Trapped in Zone 1*); Dr. Zoe Zontou (Associate Professor In Drama, Liverpool Hope University); Prof. Anne Marie Rafferty (Professor of Nursing Policy, KCL); Jameisha Prescod ( Artist-filmmaker, producer and writer); Beatrice Walker (Researcher, National Academy for Social Prescribing); and Maggie O'Neil (Sociology & Criminology at University College Cork). Recruitment continued for an experienced Treasurer, appointed in June 2023. The board sub-committees including commitment to EDI, climate change and health, financial robustness and sustainability, mentoring and support for staff and board have also been established.

## **Partnerships and Projects**

Further awards from ACE and the GLA funded the launch of the Artists' Represent Recovery Network (ARRN) which we lead, collaborating with *RAW Material* and *Arts & Health Hub*. The purpose of the ARRN is to create opportunity in the sector for Black and Global Majority artists working in, or who have the potential to work in, the field of creative health. 10 artist practitioners were selected from over 80 applications and in February 2023 commenced a comprehensive 12-month training programme. We are committed to making the sector as inclusive as possible by collaborating with organisations such as Arts & Health Hub to do this.

In March 2023 we moved to St. Margaret's House (SMH) in Bethnal Green (Tower Hamlets) as LAHF continues to solidify work in the Integrated Care Partnership North East London region, partnering with organisations such as SMH to achieve this. Our newly opened hot-desking space provides low-cost space for practitioners to work and collaborate in as well as a library of Creative Health materials for the sector to use.

We were successful in achieving a Catalyst grant from the Royal Society of Arts to continue to develop our work supporting the sector in Cultural Social Prescribing.

## **Digital Reach**

At the core of our free digital-first offer to our members is our bi-weekly updated newsletter, with over 6,000 subscribers. LAHF members can now upload their own content including stories, articles, jobs and news. Highlights from members include a Black History Month commission and interview, Cultural Social Prescribing Myth Buster updates and Creativity and Wellbeing Week activity including a reach of 278,000 UU on social media. On social media, we have over 25,000 subscribers engaging with our regular updates about the latest conferences, jobs, publications, news, and opportunities.

## **Funding**

LAHF is grateful to ACE for its ongoing support of the charity, funded as a National Portfolio Organisation (NPO) until April 2023. In November 2022, LAHF was informed it had successfully been reaccepted into the new ACE Portfolio as an Investment Principles Support Organization (IPSO) and had received standstill funding for 3 more years. At the heart of the organisation is support for creative health practitioners and organizations, and over the course of the year 22-23, LAHF responded to thousands of enquiries with support and guidance.

At the end of financial period 22-23 LAHF prepared a 5-year bid to City Bridge Trust to further solidify and increase core funding to allow the team to grow and achieve sustainability.

It is noted that income has increased significantly and expenditure has remained stable during this period, allowing the organisation to begin to plan strategically for the next 3-5 years of delivery and growth.

## **Reserves and future sustainability**

Jenni Regan, the outgoing Director, was replaced in 2022 by Anna Woolf as the incoming Director, later supported by Matthew Couper, appointed as Co-Director in April 2022. A bookkeeper has been employed on a monthly basis to support the team in making sound financial decisions. We have instituted a reserves policy, aiming to maintain a level of free,

unrestricted reserves of or around 3-months average core expenditure, and including ongoing assessment and reporting of risks, holding the financial accounts against LAHs target reserves as well as the creation of a Board finance sub-committee responsible for reviewing and developing strategies and processes to ensure the sustainability and accountability of the charity. The Directors and Board continue to build and develop relationships with new funders as well as look to launch the membership model to offer further sustainability to the organisation moving forwards.

## Financial Risk Register

RISK	MITIGATION
Budgetary control and financial reporting	<ul style="list-style-type: none"> <li>• Monitor and report in a timely and accurate way</li> <li>• Regularly review reserves and investments</li> <li>• Recruit board sub committee to oversee budgets and resources</li> <li>• Regular sessions between CEO and Treasurer to plan, project and review</li> </ul>
Reserves policies	<ul style="list-style-type: none"> <li>• A clear reserves policy - 3 months reserves</li> </ul>
Compliance with funder imposed restrictions	<ul style="list-style-type: none"> <li>• Agree budget control, monitoring and reporting arrangements</li> </ul>
Fraud or error	<ul style="list-style-type: none"> <li>• review financial control procedures</li> <li>• segregate duties</li> <li>• set authorisation limits</li> </ul>
Dependency on income sources	<ul style="list-style-type: none"> <li>• identify major dependencies</li> <li>• implement adequate reserves policy</li> <li>• Put in place robust diversification plans</li> </ul>

The Directors' Report is prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

**SIGNED ON BEHALF OF  
THE BOARD OF DIRECTORS**

**Professor Joanna Latimer  
Chair of the Board of Trustees  
Director**

The Highwood, Bircher, Herefordshire, HR60 0BN.

  
\_\_\_\_\_

26 January 2024



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
LONDON ARTS IN HEALTH FORUM  
FOR THE YEAR ENDED 31 MARCH 2023**

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 8 to 17.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Anthony Epton*

**Anthony Epton BA FCA CTA FCIE  
Goldwins  
Chartered accountants  
75 Maygrove Road  
West Hampstead  
London NW6 2EG**

26 January 2024

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR EDNED 31 MARCH 2023**

	Note	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b>Income from:</b>					
Charitable activities	3	101,508	70,576	<b>172,084</b>	122,937
Investments	4	20	-	<b>20</b>	-
<b>Total income</b>		<u>101,528</u>	<u>70,576</u>	<u><b>172,104</b></u>	<u>122,937</u>
<b>Expenditure on:</b>					
Charitable activities	5	61,813	70,576	<b>132,389</b>	137,523
<b>Total expenditure</b>		<u>61,813</u>	<u>70,576</u>	<u><b>132,389</b></u>	<u>137,523</u>
<b>Net income/(expenditure) for the year</b>		39,715	-	<b>39,715</b>	(14,586)
Transfers between funds		-	-	-	-
<b>Net movement in funds</b>		39,715	-	<b>39,715</b>	(14,586)
<b>Reconciliation of funds:</b>					
Total funds brought forward		12,849	-	<b>12,849</b>	27,435
<b>Total funds carried forward</b>		<u>52,564</u>	<u>-</u>	<u><b>52,564</b></u>	<u>12,849</u>

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**BALANCE SHEET AS AT 31 MARCH 2023**

	Note	£	2023 £	£	2022 £
<b>Fixed assets:</b>					
Tangible assets			-	-	-
<b>Current assets:</b>					
Debtors		-	-	-	-
Cash at bank and in hand		54,764	14,203		
			<u>54,764</u>	<u>14,203</u>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	10	(2,200)	(1,354)		
<b>Net current assets / (liabilities)</b>			<u>52,564</u>	<u>12,849</u>	
<b>Total assets less current liabilities</b>			<u>52,564</u>	<u>12,849</u>	
<b>Total net assets / (liabilities)</b>			<u>52,564</u>	<u>12,849</u>	
<b>The funds of the charity:</b>					
Unrestricted income funds	12		52,564	12,849	
<b>Total charity funds</b>			<u>52,564</u>	<u>12,849</u>	

For the financial year ended 31 March 2023, the Company was entitled to exemption from audit under Section 477 of the Companies Act 2006, and no notice has been deposited under Section 476. The directors acknowledge their responsibilities for ensuring that the Company keeps accounting records which comply with Section 386 of the Act and preparing Financial Statements which give a true and fair view of the state of affairs of the Company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006, so far as applicable to the Company.

The Financial Statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Financial Statements were approved by the Board on 26th January 2024

~~Judith Mellow, OBE~~  
~~Director~~

Joanna Latimer, Director & Chair of the Board of Trustees

*Joanna Latimer*

Company No. 06939695

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ACCOUNTING POLICIES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1 Accounting policies (continued)**

**e) Donations of gifts, services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

~ Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose

~ Expenditure on charitable activities includes the costs of delivering activities undertaken to further the purposes of the charity and their associated support costs

~ Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the staff costs and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1 Accounting policies (continued)**

**j) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**k) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

**l) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**m) Pensions**

The Charity has no pension liabilities.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**2 Detailed comparatives for the statement of financial activities**

	Note	Unrestricted £	2022 Total £
<b>Income from:</b>			
Charitable activities	3	122,937	<b>122,937</b>
Investments	4	-	-
<b>Total income</b>		122,937	<b>122,937</b>
<b>Expenditure on:</b>			
Charitable activities	5	137,523	<b>137,523</b>
<b>Total expenditure</b>		137,523	<b>137,523</b>
<b>Net income/(expenditure) for the year</b>		(14,586)	<b>(14,586)</b>
Transfers between funds		-	-
<b>Net movement in funds</b>		(14,586)	<b>(14,586)</b>
<b>Reconciliation of funds:</b>			
Total funds brought forward		27,453	<b>27,453</b>
<b>Total funds carried forward</b>		12,849	<b>12,849</b>

**3 Income from charitable activities**

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b><i>Income from funders</i></b>				
Arts Council England	48,453	20,000	<b>68,453</b>	76,870
City of London	-	7,350	<b>7,350</b>	10,000
Other Grants	39,286	-	<b>39,286</b>	3,816
<b><i>Income earned from charitable activities</i></b>				
Fees	13,769	43,226	<b>56,995</b>	32,251
<b>Total income from charitable activities</b>	101,508	70,576	<b>172,084</b>	122,937

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**4 Income from investments**

	Unrestricted	Restricted	<b>2023</b>	2022
	£	£	<b>Total</b>	Total
			£	£
Bank interest	20	-	20	-
	<u>20</u>	<u>-</u>	<u>20</u>	<u>-</u>

<b>5 Expenditure</b>	Charitable activities	Support costs	<b>2023</b>	2022
	£	£	£	£
Staff costs	89,582	-	<b>89,582</b>	107,487
<i>Direct cost</i>				
Project expenses	21,334	-	<b>21,334</b>	8,625
Research and training costs	1,055	-	<b>1,055</b>	-
Events and meeting expenses	411	-	<b>411</b>	602
Consultancy	4,350	-	<b>4,350</b>	6,798
<i>Support cost</i>				
Insurance	-	1,126	<b>1,126</b>	1,058
Telephone	-	567	<b>567</b>	470
PPS	-	122	<b>122</b>	-
Website Costs	-	2,170	<b>2,170</b>	3,170
Computer Expenses	-	1,897	<b>1,897</b>	4,797
Rent and rates	-	3,555	<b>3,555</b>	1,232
Subscription	-	-	-	185
Bank charges	-	72	<b>72</b>	96
Miscellaneous	-	244	<b>244</b>	974
Legal and professional	-	3,018	<b>3,018</b>	515
Independent examination	-	2,886	<b>2,886</b>	1,514
	<u>116,732</u>	<u>15,657</u>	<u><b>132,389</b></u>	<u>137,523</u>
Support costs	15,657	(15,657)	-	
<b>Total expenditure 2023</b>	<u>132,389</u>	<u>-</u>	<u><b>132,389</b></u>	
Total expenditure 2022	<u>137,523</u>	<u>-</u>	<u>137,523</u>	



**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

<b>5a Expenditure (prior year)</b>	Charitable activities	Support costs	<b>2022 Total</b>	2021 Total
	£	£	£	£
Staff costs	107,487	-	<b>107,487</b>	52,368
<i>Direct cost</i>				
Project expenses	8,625	-	<b>8,625</b>	24,966
Events and meetings expenses	602	-	<b>602</b>	-
Research and training costs	-	-	-	120
Consultancy	6,798	-	<b>6,798</b>	-
<i>Support cost</i>				
Insurance	-	1,058	<b>1,058</b>	865
Telephone	-	470	<b>470</b>	174
PPS	-	-	-	265
Website Costs	-	3,170	<b>3,170</b>	4,404
Computer Expenses	-	4,797	<b>4,797</b>	272
Rent and Rates	-	1,232	<b>1,232</b>	-
Bank charges	-	96	<b>96</b>	69
Miscellaneous	-	974	<b>974</b>	32
Subscription	-	185	<b>185</b>	-
Legal and professional	-	515	<b>515</b>	1,393
Independent examination	-	1,514	<b>1,514</b>	1,483
	<u>123,512</u>	<u>14,011</u>	<u><b>137,523</b></u>	<u>86,171</u>
Support costs	14,011	(14,011)	-	
<b>Total expenditure 2022</b>	<u><b>137,523</b></u>	<u>-</u>	<u><b>137,523</b></u>	
Total expenditure 2021	<u>86,171</u>	<u>-</u>	<u>86,171</u>	

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	2023	2022
	£	£
Other staff costs	<u><b>89,582</b></u>	<u>107,487</u>
	<u><b>89,582</b></u>	<u>107,487</u>

No employees earned more than £60,000 per annum.

The total employee benefits including pension contributions of the key management personnel during the year were £Nil (2022: £Nil).

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

Trustees' expenses represent the payment or reimbursement of travel and subsistence costs totalling £Nil (2022: £Nil).

**Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	<b>2023</b>	2022
	<b>No.</b>	No.
Charitable activities	<b>6</b>	6

**7 Related party transactions**

There are no related party transactions to disclose for 2023 (2022: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**8 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**9 Debtors**

	<b>2023</b>	2022
	<b>£</b>	£
Trade debtors	-	-
	<u>-</u>	<u>-</u>

**10 Creditors: amounts falling due within one year**

	<b>2023</b>	2022
	<b>£</b>	£
Accruals	<b>2,200</b>	1,354
	<u><b>2,200</b></u>	<u>1,354</u>

**11 Analysis of net assets between funds**

	General unrestricted	Restricted	<b>Total funds</b>
	£	£	£
Net current assets	52,564	-	<b>52,564</b>
<b>Net assets at the end of the year</b>	<u>52,564</u>	<u>-</u>	<u><b>52,564</b></u>

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**11a Analysis of net assets between funds (prior year)**

	General unrestricted	Restricted	Total funds
	£	£	£
Net current assets	12,849	-	12,849
<b>Net assets at the end of the year</b>	<b>12,849</b>	<b>-</b>	<b>12,849</b>

**12 Movements in funds**

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Unrestricted funds:</b>	-	-	-	-	-
<b>General funds</b>	12,849	101,528	(61,813)	-	<b>52,564</b>
<b>Total unrestricted funds</b>	<b>12,849</b>	<b>101,528</b>	<b>(61,813)</b>	<b>-</b>	<b>52,564</b>
<b>Restricted Funds</b>	-	70,576	(70,576)	-	-
<b>Total funds</b>	<b>12,849</b>	<b>172,104</b>	<b>(132,389)</b>	<b>-</b>	<b>52,564</b>

**12a Movements in funds (prior year)**

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Unrestricted funds:</b>					
<b>General funds</b>	27,435	122,937	(137,523)	-	12,849
<b>Total unrestricted funds</b>	<b>27,435</b>	<b>122,937</b>	<b>(137,523)</b>	<b>-</b>	<b>12,849</b>
<b>Total funds</b>	<b>27,435</b>	<b>122,937</b>	<b>(137,523)</b>	<b>-</b>	<b>12,849</b>

**13 Operating lease commitments**

At the balance sheet date, the charity had no financial commitment under non-cancellable operating leases.

**14 Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.