

PLACE AT MY TABLE
Report of the Trustees and
Financial Statements
For the year ended 31 March 2023

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Charity information

CIO Charity number: 1190535

Other names: PAMT (Working name)

Management Trustees

Sharon Gardner Chair
Tiara Kelly
Joseph Jeffers

Location and Correspondence:

33 Brigstock Road
Thornton Heath
CR7 7JJ

Independent Examiner:

Maroof Adeoye MBA DChA FCIE MInstF
Registered Charity Independent Examiner
Community Benefit Action CIC
Maroof Suite
30 Union Road
Croydon. CR0 2XU

Bankers:

Metro Bank
One Southampton Row
London. WC1B 5HA

Trustees' report

The trustees present their report with the financial statements of the Charitable Incorporated Organisation (CIO) for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance & Management

Governing document

The legal form of the charity is that of a Charitable Incorporated Organisation (CIO) with registration number 1190535 on 23 July 2020, which is controlled by its governing document, its constitution dated 23 July 2020.

Recruitment and appointment of new trustees

Process to Appoint Trustees

The procedures for electing or appointing new trustees is set out in section 10 of our constitution:

- (1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.
- (2) In selecting individuals for appointment as charity trustees, the charity Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Recruiting Trustees

Appointments are made by agreement amongst existing trustees having regard to new trustees having the required expertise and experience.

Organisational structure

The charitable incorporated organisation is constituted under the foundation model where the trustees are its members. The trustees control the running of the charity and meet at least quarterly to review operations.

The trustees who have served during the year 1 April 2022 to 31 March 2023 are set out on page 2.

Objectives & Activities

To relieve people in Sutton, Croydon and its surrounding area who are in need, by reason of their age, ill-health, disability, financial hardship or social circumstances in such ways as the trustees shall think fit, with particular focus in the immediate future on providing assistance to those affected by coronavirus (covid-19).

Public benefit

In deciding on the activities of the charity, the trustees have had due regard to the Charity Commission guidance on public benefit.

Achievement and Performance

Over the past financial year, PAMT has provided a diverse range of services for older men and women. Our offerings have included exercise classes to promote physical well-being, health talks to provide valuable information and support, and heritage projects to celebrate and preserve the cultural history of our community. We have also organized trips to create opportunities for social interaction and exploration. In addition, we have actively participated in events such as Black History Month and International Older People's Day to honour and empower our elderly population. Furthermore, we have contributed to skill development by offering sewing and jewellery-making classes, as well as providing training for more volunteers to enhance our capacity to serve the elderly. We have undertaken a wide range of monitoring and evaluation over the last year and this indicated we have managed to reduce social isolation and 89% of those taking part have indicated they have made more lasting friends directly as a result of taking part in the project.

Financial Review

Against the backdrop of limited resources and insecurities over funding, the charitable Incorporated Organisation, with the support of grant funders, donors and volunteers, was able to minimize its net unrestricted funds to £4,202 surplus (2022: £4,936) and with its aid of sound financial management, the charity was able to cope without affecting its services and existence for the foreseeable future.

Our restricted funds raised towards the charitable activities was diminished by -£21,516 (2022: £23,887) at the year-end, due to timing differences of movement in funds.

Risk Management

The trustees have a risk management strategy which comprises:

- an annual review of the principal risks and uncertainties that the charity face;
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for the charity. A key element in the management of financial risk is a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank, and active management of trade debtors and creditors balances to ensure sufficient working capital.

Attention has also been focussed on non-financial risks arising from fire, health and safety of artists and audience, management of performing rights and food hygiene. These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place, and regular awareness training for staff working in these operational areas.

Reserves Policy

The Trustees' reserve policy aims at building up free reserves to the level needed to cover up to three months operating expenditure by means of annual operating surpluses and supplemented by general-purpose appeals from time to time. This is to ensure sufficient working capital is available to meet expected expenditure and liabilities in the event of a fall in income. Any surplus funds which are not likely to be needed to pay for activities will be placed on deposit to earn interest. This Policy will be reviewed every other year, at minimum, or sooner if warranted by internal or external events or changes.

Future Plan

The charity intends to continue to support local causes in accordance with the objects of the charity.

Statement of Trustees Responsibilities

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by order of the board of Trustees on 24 November 2023 and signed on their behalf by:



**Sharon Gardner (Chair)
Executive Committee/Management Trustees**

Independent Examiner's report

To the trustees of Place At My Table

I report on accounts of the association for the year ended 31 March 2023, which are set out on pages 7 to 12.

Respective responsibilities of trustees and examiner

As described on page 4 the charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 1444(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Maroof Adeoye MBA DChA FCIE MInstF
Registered Charity Independent Examiner
Community Benefit Action CIC
Maroof Suite, 30 Union Road
Croydon, Surrey. CR0 2XU

Date: 24 November 2023

Statement Of Financial Activities

for the year ended 31 March 2023

	Unrestricted Note	Restricted Funds	2023 Total Funds	2022 Total Funds
		£	£	£
INCOMING RESOURCES				
Incoming resources from generated funds:				
Voluntary Income		-	-	-
Activities for generating funds		-	-	-
Investment income		-	-	-
Incoming resources from charitable activities				
	3	-	107451	93860
Other incoming resources	4	16	16	4946
Total incoming resources		16	107467	98806
RESOURCES EXPENDED				
Cost of Generating Funds				
Cost of generating voluntary income		-	-	-
Fundraising trading costs		-	-	-
Charitable activities	5	-	62244	62049
Governance costs	6	750	66723	8674
Other resources expended		-	-	-
Total resources expended 58993		750	128967	70723
Net incoming/(outgoing) resources		(734)	(22516)	28083
Total funds brought forward		4936	29190	6043
Total funds carried forward		4202	7674	34126

All incoming resources are derived from continuing operations. The charity has no other gains or losses other than those recognised in the Statement of Financial Activities.

The notes form part of these financial statements.

Balance sheets as at 31 March 2023

	Note	£	2023 £	2022
Fixed assets				
Tangible assets				
Current assets				
Debtors				
Cash at bank and in hand		<u>12626</u>	<u>34876</u>	
Total current assets		12626	34876	
Current Liabilities				
Creditors:				
amounts falling due within one year	7	<u>750</u>	<u>750</u>	
Net current assets			11876	34126
Total Net Assets			<u>11876</u>	<u>34126</u>
Funds of the charity				
Unrestricted income funds	8-10		4202	4936
Restricted income funds	8-10		7674	29190
Total funds			<u>11876</u>	<u>34126</u>

Approved by the board of trustees on 24 November 2023 and signed on its behalf by:



Sharon Gardner (Chair)
Executive Committee/Management Trustees

The notes form part of these financial statements.

Notes to the financial statements

1. Legal Status

The charity is a Charitable Incorporated Organisation registered with the Charity Commission of England and Wales. Details of the charity address and activities can be found within the Report of the Trustees

2. Accounting Policies

Basis of preparing the financial statements The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3. Incoming resources from charitable activities – Voluntary income

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
London Community Response	-	-	-	16797
Main Grant	-	9970	9970	9532
City of London	-	-	-	-
Local Connect Fund	-	-	-	-
Groundwork UK	-	13500	13500	900
Croydon Council	-	-	-	18848
London Sport	-	404	404	808
The Mercers' Company	-	14000	14000	14000
The Health Forum	-	3475	3475	6000
The Foyle Foundation	-	-	-	3000
Community AC SU SCFUND	-	4000	4000	-
The Church Urban & Windrush	-	10550	10550	-
Charles Hayward Foundation	-	3000	3000	-
The Clothworkers	-	8000	8000	-
Rocket Science	-	9000	9000	-
The Mccarthy & Stone	-	4800	4800	-
Greater London Authority GLA	-	15949	15949	-
LQ Place Makers	-	4990	4990	-
Peoples Health Trust	-	5813	5813	6976
LBS - Creditors	-	-	-	17000
	0	107451	107451	93860

4. Other Incoming resources

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
Other Income	16	-	16	4946
	-	-	-	-
	16	0	16	4946

5. Charitable activities costs

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Events/Activities Direct Costs	-	46325	46325	34851
Refreshments	-	304	304	1030
Employment Costs	-	15487	15487	24482
Volunteers Expenses	-	16	16	1578
Telephone / Fax /Bband	-	102	102	96
Sundries	-	10	10	12
	0	62244	62244	62049

6. Governance

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Legal and Professional Fees	-	66723	66723	7924
Independent Examiners Remunerations	750	-	750	750
	<u>750</u>	<u>66723</u>	<u>67473</u>	<u>8674</u>

7. Creditors: amount falling due within one year

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Employment costs	-	-	-	-
accruals and deferred income	750	-	750	750
Other Creditors	-	-	-	-
	<u>750</u>	<u>0</u>	<u>750</u>	<u>750</u>

8. Analysis of net assets between funds

Fund balances at 31 December 2018 are represented by:	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Tangible fixed assets	-	-	-	-
Current assets	4952	7674	12626	34876
Current liabilities	(750)	-	(750)	(750)
Interbank Transfer	-	-	-	-
Total incoming resources	<u>4202</u>	<u>7674</u>	<u>11876</u>	<u>34126</u>

9. Statement of funds

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
1 April 2022	4936	29190	34126	6043
Incoming resources	16	107451	107467	98806
	<u>4952</u>	<u>136641</u>	<u>141593</u>	<u>104849</u>
Resources expended	(750)	(128967)	(129717)	(70723)
31 March 2023	<u>4202</u>	<u>7674</u>	<u>11876</u>	<u>34126</u>

10. Movement in funds

	Opening balance £	Incoming resources £	(Resources expended) £	Transfers £	Closing balance £
Unrestricted funds					
Charity's fund	4936	16	750	-	4202
Total Unrestricted Funds	4936	16	750	-	4202
Restricted funds					
Grants:					
Charles Hayward Foundation		3000	3000	0	0
City of London				0	0
Community AC SU SCFUND		4000	4000	0	0
Croydon Council				0	0
Greater London Authority GLA		15949	12975	0	2974
Groundwork UK		13500	13500	0	0
LBS - Creditors	13000		13000	0	0
Local Connect Fund				0	0
London Community Response	6000		6000	0	0
London Sport		404	404	0	(0)
LQ Place Makers		4990	4990	0	0
Main Grant		9970	9970	0	0
Peoples Health Trust	3190	5813	9003	0	0
Rocket Science		9000	9000	0	0
The Church Urban & Windrush		10550	10550	0	0
The Clothworkers		8000	8000	0	0
The Foyle Foundation				0	0
The Health Forum		3475	3475	0	0
The Mccarthy & Stone		4800	3500	0	1300
The Mercers' Company	7000	14000	17600	0	3400
Others	0			0	0
Total Restricted Funds	29190	107451	128967	0	7674
TOTAL FUNDS	34126	107467	129717	0	11876

11. Trustees' remuneration, benefits and expenses

There was no remuneration, benefits or expenses to Trustees during the year.

12. Related party transactions

There were no related party transactions during the year.

13. Independent examination and accountancy services

During the year, the cost of the examination was (Nil) and accountancy services were £750 (2022: £750).

14. Controlling Party

The charity is under the control of the charity's trustees.