



SUPPORTING ASPERGER FAMILIES IN ESSEX

# **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

Charity registration number 1188739

## **FINANCIAL STATEMENTS**

FOR THE YEAR ENDED 31 MARCH 2023

**S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

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**FOR THE YEAR ENDED 31 MARCH 2023**

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# **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

## **TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023**

### **Legal and Adminastrative**

**Charity Number:**

1188739

**Date of Registration:**

24th March 2020

**Trustees:**

D Norman (Chairman)

S Evennett (Secretary

T Rennie (Treasurer)

K Bancroft

P Neale

F Potter

C P Sorrell

N Spalding

**Registered Address:**

43 Buttercup Way,

Southminster,

Essex,

CM0 7RY

## **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

### **TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023**

#### **SAFE Annual Review of Activities**

SAFE provides support for individuals with Asperger Syndrome (AS) or families with a member with AS throughout the County of Essex including the Unitary Boroughs of Southend-on-Sea and Thurrock.

#### **Membership:**

The SAFE membership stood at 84 families representing 93 people with AS. Approximately 72% of those with AS were in the 18+ age group and 35% live in the unitary authorities of Southend-on-Sea or Thurrock.

Members are provided practical, emotional, and information-based support at these regular meetings. Members also enjoy monthly SAFE Newsletters and ad hoc emails specifically geared to pass on relevant items of interest to adults with AS and families.

SAFE advocates for the needs of people with AS both at local and national levels. SAFE has representatives on the local authority Autism Partnership Boards in Essex and Unitary Authorities. Monthly newsletters are produced for its members with vital information about its activities and other services on offer for our community group.

#### **Ongoing activities and projects:**

SAFE STUFF continues to meet fortnightly with activities around the county. The core group is consistent, with a total of 112 children attending ranging in age from 9 – 15 years old, with the older participants, having been members of SAFE STUFF for many years. They continue to enjoy being part of SAFE STUFF and on occasions, siblings also attend activities as a family, strengthening bonds and to share experiences. There have been few new members joining during the year. One new attendee travelled from Hertfordshire/Essex border as they have not found any similar support nearer home.

A total of 106 parents attended during the past year and with their children and stay in touch via a WhatsApp group to offer each other support and advice. Activities during the past year included:

- Walks in Essex Country parks and visits to nature reserves & orchards
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- Museums including Essex Police & Southend
- Earth Day with Essex Wildlife Trust
- Indoor activities including arts & crafts with Sally, Pottery painting, board gaming
- Outdoor activities at Prances Activity Centre and canoeing with Fairplay House
- Christmas Coffee & Cake, Music making at Time & pace
- Return visits to Rio Cinema Burnham and Manna's Ark therapy farm
- Canal Boat trip at Heybridge Basin

During the colder months we focused on indoor activities, visiting local museums, board game cafes, and hiring spaces for creative activities. Going outdoors is always a popular option. Canoeing, an activity requested by a long-term member using his Achievement Award from the Jack Petchey Foundation, was extremely popular. It was an activity that challenged everyone, which highlighted personal and team skills that had not been evident before. The courage displayed to get onto and remain on the water, as well as switch seats while still afloat was a huge achievement. It was a great session and one that will be repeated.

Some memorable quotes from the outings included:

- Lovely day out on the boat, we really enjoyed it.
- Thank you for a lovely day (boat trip)
- Had a great time (Wat Tyler Park)
- We had a lovely morning (Danbury Lakes)
- We had a great time (Prances)
- The boys loved the activities (Prances)

We are grateful to Lyann Kennedy for leading SAFE STUFF for the past three years. She has given notice that 2023-24 will be her final year and SAFE will recruit a new Co-ordinator to take over in the new year.

The SAFE Youth Club has functioned with reasonable attendance during 2022/23. A weekend away at Skreens Park was held successfully in June 2022.

## **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

### **TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023**

The Alpha Sigma Delta (ASD) group supports autistic girls from Yr 6 up to 18 years and enables them and their parents to come together on a regular basis to make friends and form lasting relationships in a safe and friendly environment. All of the girls have social and communication difficulties and find the group invaluable in helping them develop these skills whilst parents meet others in a similar situation to share advice and peer support. The group meets in person twice a month in Battlesbridge and also via Zoom.

In the same way as the ASD group, the SAFE SPA (Social Participation for Adults) group met virtually on a weekly basis via Zoom with a core number of adults attending every session. A small but regular group meet in person twice a month in Southend.

The SAFE Women's Group also met weekly via Zoom and in person once a month in either Battlesbridge or Southend.

SAFE's regular support group meetings for parents of children and for parents and adult members aged 18+ with Asperger Syndrome (ASAP – Asperger Syndrome Adults & Parents) was relaunched with monthly meetings at the Chapter House in Chelmsford. One of ASAP's Members Edgar Marchall has been instrumental in organising the relaunch and keeping in touch with members via a WhatsApp group.

SAFE 18+ was introduced as a social event for young adults wishing to meet monthly at an exclusive-use venue in Southend. Card games, chatting or just relaxing with a drink, members had an opportunity to meet others within SAFE and in the wider autistic community.

SAFE's Hub Clubs based in Southend and South Woodham Ferrers, which are aimed at young people with AS/HFA that attend mainstream secondary school, were not able to meet during this period due to Covid restrictions. Attempts were made to run the groups virtually via Zoom but uptake was extremely poor due to participants not wishing to be seen on camera or to view others in this way.

#### **Website and advocacy**

SAFE's presence on Facebook continues and it continues to post details and articles concerning autism without a learning disability; there are now 1.4k people regularly 'following' the SAFE Facebook page.

#### **Fundraising**

The Trustees would like to thank our volunteers who have helped to run our activities and, also our generous donors, charitable bodies and corporate organisation who have given us the resources to enable us to provide the activities for our members. Funders during the past year include:

Essex Community Foundation  
The Interchurch Caring Trust  
Southend Community Investment Board  
Leigh Lions  
Community 360  
EALC Micro Grant – Community Chest Fund  
Tesco Community Grant  
Provide  
Hamptons  
Masons  
National Lottery Community Fund  
Sir Alistair & Patricia Stewart Fund

#### **Future Development**

During 2022/23, SAFE Executive continued to function, eventually seeing activities re-established following the difficulties of Covid. We possess the key skills to provide good governance practices. One particular activity we have been able to re-introduce is an ASAP group meeting in Chelmsford.

During the year, members of the Executive took on board comments from members about possibly changing the name of our charity from SUPPORTING ASPERGER FAMILIES IN ESSEX to SAFE ESSEX, to reflect the fact that diagnoses of Aspergers Syndrome are no longer being made. It will enable us to retain our recognizable identity, but with the inference that the A in SAFE stands for Autism. The decision will be offered to members to make at our AGM.

SAFE has returned to offering face to face support meetings and social activities for members and the Executive will review whether there is unmet need for members and seek funding to initiate or continue activities and advocate for the needs of people with AS.

Tim Rennie



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

**On accounts for the year  
ended**

31 March 2023

**Charity no  
(if any)**

1188739

**Set out on pages**

1

I report to the trustees on my examination of the accounts of the above charity for the year ended 31/03/2023.

**Responsibilities and  
basis of report**

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

29/01/2024

**Name:**

David Robb

**Relevant professional  
qualification(s) or body  
(if any):**

Associate of the Chartered Governance Institute  
Affiliate member Association of Charity Independent Examiners

**Address:**

33 Clatterfield Gardens

Westcliff on Sea

SS0 0AU

# S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted Funds £	Restricted Funds £	2023 Total £
<b>Incoming resources</b>				
Donations and legacies	2	1,273	-	1,273
Charitable activities	3	2,180	41,051	43,231
<b>Total incoming resources</b>		<b>3,453</b>	<b>41,051</b>	<b>44,504</b>
<b>Resources expended</b>				
Charitable activities	4	3,490	32,456	35,946
Expenditure on raising funds	5	1,547	-	1,547
<b>Total resources expended</b>		<b>5,037</b>	<b>32,456</b>	<b>37,493</b>
<b>Net incoming (outgoing) resources</b>		<b>(1,584)</b>	<b>8,595</b>	<b>7,011</b>
Transfer between funds		-	-	-
<b>Net movement in funds</b>		<b>(1,584)</b>	<b>8,595</b>	<b>7,011</b>
<b>Total funds brought forward</b>		<b>17,984</b>	<b>4,458</b>	<b>22,442</b>
<b>Total funds carried forward</b>		<b>16,400</b>	<b>13,053</b>	<b>29,453</b>

Notes on pages 6 to 9 form an integral part of these financial statements.

## S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

### BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023 £
<b>Fixed assets</b>		
Tangible assets	6	386
<b>Current assets</b>		
Cash at bank and in hand		<u>29,067</u>
<b>Creditors: amounts falling due within one year</b>		-
<b>Net current assets/(liabilities)</b>		<u>29,453</u>
<b>Net assets</b>		<u><u>29,453</u></u>
<b>Funds of the charity</b>		
Restricted funds		13,053
Unrestricted funds		<u>16,400</u>
<b>Total funds</b>		<u><u>29,453</u></u>

Approved by the trustees on 15/11/2023 and signed on their behalf by:



Tim Rennie  
Trustee



# **S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**

## **NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023**

### **1.1 Basis of the preparation of the accounts**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2011.

S.A.F.E. Essex (Supporting Asperger Families in Essex) constitutes a public benefit entity as defined by FRS 102.

### **Cash Flow**

The financial statements do not include a cash flow statement because the charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1 "Cash flow statements".

### **1.2 Income recognition**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either; the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed as material.

Donated services or facilities are recognised when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' Annual Report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain these services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

## S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

#### 1.3 Expenditure recognition

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefit will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity.

#### 1.4 Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected life as follows:

Equipment -11 years

#### 1.5 Fund accounting

Funds held by the charity are:

##### Unrestricted general funds:

These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

##### Restricted funds:

These are funds that can only be used for particular restricted purposes within the objects of the Charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### 1.6 Merger

S.A.F.E Essex (Supporting Asperger Families in Essex) registered as a CIO in March 2020. In April 2020 the charity merged with S.A.F.E Essex (Supporting Asperger Families in Essex), charity number 1095075, in which month the operations, assets and liabilities of £10,882 were transferred to the Charity with no consideration paid. The assets and liabilities were included in incoming resources at their fair values at date of transfer. There has been no material fair value adjustments from book value.

#### 2. Donations and legacies

Donations  
Grants

Unrestricted	Restricted	2023
£	£	£
1,273	-	1,273
-	-	-
1,273	-	1,273

# S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

Charitable activities	Unrestricted	Restricted	2023
	£	£	£
Membership fees	2,180	-	2,180
Grants		41,051	41,051
	2,180	41,051	43,231

Costs of charitable activities	Unrestricted	Restricted	2023
	£	£	£
ASAP	-	1,241	1,241
SAFE SPA	-	2,940	2,940
Safe Womens Group	-	4,543	4,543
Spouses Group	-	196	196
SAFE STUFF (Activities)	-	3,420	3,420
SAFE STUFF (Facilitator Costs)	-	261	261
SAFE STUFF PLUS	-	1,399	1,399
Girls and Parents Group (ASD)	-	4,465	4,465
Hub Club 2 C	-	4,021	4,021
Face to Face	-	8,733	8,733
Achievement Awards	-	1,237	1,237
Advocacy	1,312	-	1,312
Admin (Ins., Post, Tel.)	772	-	772
Trustees/ Committee Expenditure	435	-	435
Volunteer Education & Training	588	-	588
Development	-	-	-
Misc. Expenses	286	-	286
Depreciation	97	-	97
	3,490	32,456	35,946

### Governance costs:

Audit and accountancy	-	-	-
	-	-	-
	3,490	32,456	35,946

Expenditure on raising funds	Unrestricted	Restricted	2023
	£	£	£
Fundraising costs	1,547	-	1,547
	1,547	-	1,547

# S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

### 6. Tangible fixed assets

	Equipment
<b>Cost</b>	<b>£</b>
As at 1st April 2022	1,350
Additions	-
<b>As at 31st March 2023</b>	<b>1,350</b>
<b>Depreciation</b>	
As at 1st April 2022	867
Charge for the year	97
<b>As at 31st March 2023</b>	<b>964</b>
<b>Net book value</b>	
<b>As at 31st March 2023</b>	<b>386</b>
<b>As at 31st March 2022</b>	<b>483</b>

### 7. Fund analysis

	Balance as at 01/04/2022	Income	Expenditure	Transfers	Balance as at 31/03/2023
	£	£	£	£	£
<b>Restricted funds</b>					
SAFE SPA	1,167	-	(2,940)	1,773	-
SAFE STUFF (Activities) Costs	-	-	(3,681)	3,681	-
Girls and Parents Group (ASD)	-	6,495	(4,465)	-	2,030
Hub Club 1 S	-	1,600	(1,789)	189	-
Hub Club 2 C	-	-	(2,232)	2,232	-
Safe Stuff Plus (SAFE South)	-	-	(1,399)	1,399	-
Safe Women's Group	-	451	(4,543)	4,092	-
Face to Face	-	375	(8,733)	8,358	-
ASAP	114	5,184	(1,241)	-	4,057
Spouses Group	-	-	(196)	196	-
Andrea - Southend Work	1,161	17,656	-	(16,840)	1,977
Achievement Awards	2,016	3,000	(1,237)	-	3,779
Unallocated	-	6,290	-	(5,080)	1,210
<b>Total Restricted Funds</b>	<b>4,458</b>	<b>41,051</b>	<b>(32,456)</b>	<b>-</b>	<b>13,053</b>
<b>Unrestricted Funds</b>	<b>17,984</b>	<b>3,453</b>	<b>(5,037)</b>	<b>-</b>	<b>16,400</b>
<b>Total Funds</b>	<b>22,442</b>	<b>44,504</b>	<b>(37,493)</b>	<b>-</b>	<b>29,453</b>