



**Afghan Sports Trust (AST)**  
**Annual Report 05<sup>th</sup> April 2022 to 04<sup>th</sup> April 2023**  
**Registered Charity Number: 1189138**

## **Annual Report Supporting Notes**

### **1. Objectives & Activities**

#### **1.1 Our Mission Statement**

The Afghan Sports Trust provides grants for grassroots sports organisations and sports clubs in Afghanistan.

*“Sports is a cost-effective and powerful tool for promoting important human values such as respect for rules and for others, teamwork, discipline, diversity, hospitality and empathy.” – UN Sustainable Development goal 3*

People will often think of Afghanistan as a place of instability, conflict, or poverty. But it is also a country with a long history, great beauty, and incredible generosity. Too often we only hear one side of the story, and it’s important to try to locate and create positive stories, a sense of pride, and a way for people to enjoy themselves together. Sport can provide all those things.

#### **1.2 Summary of Activities**

The Afghan Sports Trust (AST) is a charity that supports local sports clubs and groups in Afghanistan. We also aid Afghans who have migrated after the 2021 political change and are using sport to adjust to their new environments. In addition, we can help Afghans overseas who are engaged in sports projects in Afghanistan or for Afghan communities in transition. We give financial assistance to both groups and individuals who are eligible.

We are pleased to have been able to provide grants and disbursements to several projects, individuals and other registered charity partners on behalf. This included

- Afghan Peaks
- Free to Run
- Ascend Athletics
- Various projects in Afghanistan which have supported Table Tennis, Yoga and Martial Arts

### **1.3 Regard to public benefit**

Sports activities generate individual benefit with regards to physical and mental health and provide for societal change. The distribution of small-scale grants to grassroots sports movements and clubs built the foundation for greater access to sports for the general public, and more specifically vulnerable groups such as women and youth.

## **2. Achievements and Performance**

The Afghan Sports Trust established itself as a reliable organisational structure to which sports movements, organisations and clubs tendered for support and served as platform for information sharing and networking.

The organisations receiving funding support from the Afghan Sports Trust represent a diverse range of sports activities, including winter and summer sports. Activities are not planned only in the capital Kabul, but in several provinces in the country, assuring a decentralised approach for greater impact.

*Note: Writing this report in February 2024, it can be already acknowledged that in August 2021, the Taliban became the ruling power in Afghanistan which resulted in massive changes for organisations and individuals to operate and perform, including recipients and final beneficiaries of the Afghan Sports Trust.*

## **3. Financial Review**

### **3.1 Income**

We have received income of £18,989 of which £7,897 was unrestricted and £11,002 was restricted. The restricted funds were earmarked for the Marathon of Afghanistan annual event.

Income during the year was received primarily from:

- Fundraising collaboration with our Charity partners 'Secret Marathon'
- Funds received via individual donations

### **3.2 Expenditure**

The AST distributed grants to a number of projects, charity partners and individuals. In total we issued grants amounting to £5,756.

The expenditure for the Marathon of Afghanistan restricted fund amounted to £4,578. This was to fund support payments to an agreed list of contributors who have assisted with the administration and organisation of the event.

### **3.3 Year End Balance**

The balances at the end of the reporting period are £15,601 unrestricted and £3,193 restricted. The unrestricted amount has continued to be used to fund grassroots sports projects whilst the restricted fund amounts are earmarked for the next Marathon of Afghanistan event. This event has yet to be held due to ongoing developments in Afghanistan.

### 3.4 Additional items

No additional items to note.

## 4. Structure, Governance and Management

### 4.1 Type of Governing Document:

CIO - FOUNDATION Registered 20 Apr 2020

### 4.2 How the charity is constituted:

Charity Incorporated Organisation

### 4.3 Trustee selection methods

Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees

## 5. Reference and Administrative details

Charity name	Afghan Sports Trust (AST)
Registered charity number	1189138
Charity's principal address	5a Pipers Avenue HARPENDEN AL5 1HB
Website	<a href="http://www.afghansportstrust.org">www.afghansportstrust.org</a>

## 6. Charity Details

Name	Position	Notes
James Bingham	Chairman	
Juliane Weymann	Trustee	
Keith MacIntosh	Trustee	
Ian O'Toole	Treasurer	
Zeinab Rezaie	Trustee	
Stefano Franzoso	Trustee	Joined 03 December 2023

## **Declarations**

**The trustees declare that they have approved the trustees' report above.  
Signed on behalf of the charity's trustees**

Name: Ian O'Toole

Position: Treasurer

Date: 05 February 2024

# Afghan Sports Trust

## Statement of Financial Activities (Income & Expense)

April 6, 2022 to April 5, 2023

	Unrestricted	Restricted	Endowment	Total
<i>Income</i>				
Income and Endowments	7,986.85	11,002.30		18,989.15
<b>Total Income</b>	<b>7,986.85</b>	<b>11,002.30</b>	<b>0.00</b>	<b>18,989.15</b>
<i>Expenses</i>				
Expenditure	5,756.08	4,578.17		10,334.25
<b>Total Expenses</b>	<b>5,756.08</b>	<b>4,578.17</b>	<b>0.00</b>	<b>10,334.25</b>
<b>Net Resource Movement</b>	<b>2,230.77</b>	<b>6,424.13</b>	<b>0.00</b>	<b>8,654.90</b>
Transfers Between Funds	11,825.95	-11,825.95	0.00	0.00
<b>Net Movement in Funds</b>	<b>14,056.72</b>	<b>-5,401.82</b>	<b>0.00</b>	<b>8,654.90</b>
<b>Total Funds Brought Forward</b>	<b>1,544.01</b>	<b>8,594.85</b>	<b>0.00</b>	<b>10,138.86</b>
<b>Total Funds Carried Forward</b>	<b>15,600.73</b>	<b>3,193.03</b>	<b>0.00</b>	<b>18,793.76</b>

**Afghan Sports Trust**  
**Charity Commission Registration Number 1189138**  
**Balance Sheet - Detail**  
**As at April 5, 2023**

*Current Assets*

Cash At Bank And In Hand	18,794
<b>Net Assets</b>	<b>18,794</b>

*Funds & Reserves*

Restricted Funds	3,193
Unrestricted General Funds	15,601
<b>Funds Provided</b>	<b>18,794</b>

**April 6, 2022 through April 5, 2023**

Type	Date	Reference	Name	Memo	Account	Amount
Income and Endowments						
Income from Charitable Activities						
Rent for Use of Charity Centre						
Total Rent for Use of Charity Centre						0.00
Total Income from Charitable Activities						0.00
Income from Donations and Legacies						
Donation	25/4/2022	SECRET 3K CHAPS STG	Secret Marathon	SECRET 3K CHAPS STG R00398DX	Afghan Sports Trust	1,803.94
Donation	29/4/2022	SECRET 3K CHAPS STG	Secret Marathon	SECRET 3K CHAPS STG R00644DX	Afghan Sports Trust	3,105.17
Donation	3/5/2022	SECRET 3K CHAPS STG	Secret Marathon	SECRET 3K CHAPS STG R01057DX	Afghan Sports Trust	3,109.65
Donation	4/5/2022	SECRET 3K FOREIGN PA	Secret Marathon	SECRET 3K FOREIGN PAYT RECD	Afghan Sports Trust	2,983.54
Donation	20/6/2022	Rover youth CROWSON	Crowson Rovers	Rover youth CROWSON P ROVERS	Afghan Sports Trust	500.00
Donation	25/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	226.57
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	4.73
Donation	2/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	5/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	29.18
Donation	7/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	29.18
Donation	8/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	53.83
Donation	12/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	137.04
Donation	22/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	98.20
Donation	23/9/2022	PPWDL48TJ2225349RN P	Paypal	PPWDL48TJ2225349RN PAYPAL	Afghan Sports Trust	886.13
Donation	15/11/2022		Thompson, Dan	DAN THOMPSON THOMPSON D J	Afghan Sports Trust	200.00
Donation	21/11/2022		Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	24.45
Donation	24/11/2022		Secret 3k	Secret 3K Wise J Bingham	Afghan Sports Trust	617.98
Donation	26/1/2023		Secret 3k	SECRET 3K WISE (CAD)	Afghan Sports Trust	271.10
Donation	1/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	221.48
Donation	7/2/2023		Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	4.73
Donation	9/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	292.39
Donation	20/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	294.74
Donation	23/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	683.62
Donation	6/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	204.02
Donation	8/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	590.16
Donation	15/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	1,686.73
Donation	22/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	492.85
Donation	29/3/2023		Paypal	PPWDL48TJ22222CY58 PAYPAL	Afghan Sports Trust	330.00
Donation	29/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	29.66

**Afghan Sports Trust**  
**Income by Account**  
April 6, 2022 through April 5, 2023

Type	Date	Reference	Name	Memo	Account	Amount
<b>Gift Aid Claimed</b>						
Total Gift Aid Claimed						0.00
Total Income from Donations and Legacies						18,989.15
<b>Income from Other Trading Activities</b>						
Total Income from Other Trading Activities						0.00
<b>Investment Income</b>						
<b>Interest Received</b>						
Total Interest Received						0.00
Total Investment Income						0.00
<b>Other Incoming Resources</b>						
<b>Foreign Currency Gains\Losses</b>						
Total Foreign Currency Gains\Losses						0.00
<b>Insurance Claims</b>						
Total Insurance Claims						0.00
Total Other Incoming Resources						0.00
Total Income and Endowments						18,989.15
<b>TOTAL</b>						<b>18,989.15</b>



# Afghan Sports Trust

## Expenses by Account

April 6, 2022 through April 5, 2023

Type	Date	Reference	Name	Memo	Account	Amount
<b>Expenditure</b>						
<b>Charitable Activities</b>						
Online Payment	12/4/2022	AST Italy Run Card S	Stefano Franzozo	AST Italy Run Cards x3 via Stefano Franzoso	Afghan Sports Trust	50.10
Online Payment	3/5/2022	Toronto Masouda	Masouda	Sent via Keith	Afghan Sports Trust	48.60
Online Payment	16/5/2022	UOTR4907174 Western	Gul Hussain	UOTR4907174 Western Union	Afghan Sports Trust	286.10
Online Payment	13/6/2022	UOTR4918963 Western	Ascend Athletics	UOTR4918963 Western Union	Afghan Sports Trust	1,010.00
Payment	29/6/2022	48TJ222B3C3E8 PAYPAL	Sayed Zia Jafari	48TJ222B3C3E8 PAYPAL PAYMENT	Afghan Sports Trust	264.62
Payment	11/7/2022	48TJ222B3C3E8 PAYPAL	Free to Run	48TJ222B3C3E8 PAYPAL PAYMENT	Afghan Sports Trust	1,501.52
Payment	19/7/2022	MoA Disbursements Ja	Marathon of Afghanistan	MoA Disbursements James Bingham	Afghan Sports Trust	4,027.45
Payment	23/9/2022	AST-ROF2022	Paypal	AST-ROF2022	Afghan Sports Trust	195.00
Online Payment	23/11/2022	Return of donation	Dan Thompson	Refund to Dan Thompson via James Bingham	Afghan Sports Trust	200.00
Payment	23/12/2022		Afghan Peaks	UOTR5010088 Western Union - Afghan Peaks \$1000	Afghan Sports Trust	857.74
Payment	31/1/2023		Coinbase Reimbursement	Shekeb & Hazara Solidarity	Afghan Sports Trust	1,039.25
Payment	8/2/2023		Yoga Programme (Name redacted)	Yoga Programme Part 1 (\$430)	Afghan Sports Trust	359.32
Payment	23/3/2023		Mohammad Bilal Mirbat Zai	Transaction Fees with donation	Afghan Sports Trust	2.43
<b>Charity Management &amp; Administration</b>						
Payment	7/3/2023		James Bingham	Web Hosting Reimbursement	Afghan Sports Trust	403.59
Payment	23/3/2023		James Bingham	Wise Payment (reimbursed Jan 2024)	Afghan Sports Trust	88.53
<b>Bank Charges</b>						
Total Bank Charges						0.00
<b>Interest Paid</b>						
Total Interest Paid						0.00
Total Charity Management & Administration						492.12
Total Charitable Activities						10,334.25
<b>Expenditure on Raising Funds</b>						
Total Expenditure on Raising Funds						0.00
Total Expenditure						10,334.25
<b>TOTAL</b>						<b>10,334.25</b>