

## **TRUSTEE REPORT 2022-2023**

### **REPORT OF THE TRUSTEES FOR THE YEAR**

SWAN (SOUTHERN WOMEN'S AID NETWORK, Charitable incorporated organization 1188649 (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 19 March 2020 and is governed by its constitution.

The charity is non-profit making and its trustees are volunteers.

The trustees present their report and the financial statements of the charity for the year ending 30 Apr 2023.

The trustees have adopted the provision of Accounting and Reporting by the charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)

### **Chairperson's Message**

Dear SWAN Supporters and Well-Wishers,

I am delighted to provide you with an overview of SWAN's financial performance and the impactful initiatives we've undertaken over the past year. Your unwavering support has played a crucial role in enabling us to make a positive difference in the lives of individuals and communities both locally and internationally.

In terms of financials, our total income for the year amounted to £443,613.37, comprising generous donations and legacies, Gift Aid contributions totalling £4,085.50, and grants amounting to £15,403. Our total expenditure, directed towards initiatives in the UK and overseas, reached £464,071.92.

Locally, in South London, SWAN continues to address social issues through multifaceted approaches. Our weekly food banks and three soup kitchens have provided essential sustenance to 9,840 beneficiaries, ensuring that no fresh food goes to waste through collaborations with other food banks. Moreover, initiatives such as the refugee kid's art club and monthly tea and talks for adults contribute to the emotional and mental well-being of our beneficiaries.

Internationally, our impact has been profound, with monthly food pack distributions in countries such as Pakistan, Uganda, Afghanistan, and Palestine. Empowerment projects, including a sewing program for widows and the establishment of the SWAN Afghanistan bakery, further our commitment to building capacity and promoting self-sufficiency in underserved communities.

Our financial model, exemplified by the SWAN500project, where 500 people donate £1 each week, has supported 56 families in unique cases through charity donations and also with zakat money for eligible families. This initiative showcases the collective power of small contributions in making a meaningful impact.

We extend our heartfelt gratitude to everyone in the community and organisations in London, including Don's Local Action Group, The Felix Project, Fareshare, Lidl, and Gails Bakery, for their weekly donations of food, contributing to the provision of ambient and fresh produce to struggling families in our community.

In conclusion, SWAN's multifaceted efforts, both locally and internationally, highlight our commitment to creating positive change in the world. We are grateful for your continued support and look forward to making an even greater impact in the coming year.

Warm regards,

Saiqa Ali

Chair/CEO

### **Reference and administrative information**

Charities registered name: SWAN (Southern Women's Aid Network)

Charities registered number: 1188649

Charities Principal address: 8 Rycroft Road. Landon, SW16 3EG

### **Trustees: At the date of this report following were the trustees of the Charity:**

Saiqa Ali BEM  
Saman Jung  
Smaira Wahid  
Amina Nasreen Khawaja  
Naheed Nizam  
Amber Siddiqui

### **Bankers:**

Bank Of Scotland  
PO Box 23583 Edinburgh EH1 1WH

### **Independent Examiner & Accountant**

Pearl Accountants Limited

## **STRUCTURE, GOVERNANCE AND MANAGEMENT THE OBJECTIVES AND AIMS:**

**THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:**

- PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED
- SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

## **ACHIEVEMENTS AND PERFORMANCE**

SWAN has made a significant impact on the communities we serve by implementing a multifaceted approach to address various social issues. In South London, SWAN continues our weekly food banks and three weekly soup kitchens which provide for 9840 beneficiaries. We also collaborate with other food banks to ensure no fresh food is left to waste and weekly donate our food supplies to St Martins Community Centre aiding more than our database of beneficiaries. These initiatives provide essential food and sustenance to those in need, helping to alleviate hunger and food insecurity among vulnerable populations. By offering regular access to nutritious meals, SWAN has played a crucial role in improving the well-being of individuals and families in the region. As well as working to cater to the emotional needs and mental welfare of these beneficiaries through our refugee kids' art club and monthly tea and talks for adults.

Additionally, we provide travel support to those seeking safety and asylum, facilitating the resettlement process for displaced individuals in the UK so they can overcome these obstacles that they face to regularize their stay.

On the international front, our impact is equally profound. We have been involved in monthly food pack distributions in multiple countries such as Pakistan, Uganda, Afghanistan and Palestine ensuring that individuals in underserved communities abroad have access to essential sustenance.

We also have been providing bread daily in Kabul and Kandahar, Afghanistan.

And collaborate with an orphanage in Ivory Coast to provide uniform, education and essentials to the orphans.

SWAN's multifaceted efforts, both locally and internationally, highlight our holistic approach to creating positive change in the world.

## **London**

### **FOODBANK**

SWAN Food bank which has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque.

The regular food bank supports 9480 beneficiaries with a database of 887 families, supplying 30-40 packs per week. The temporary food bank for 6 months provided 25-40 food packs every week, totalling 2460 food parcels given to families with an average of 4 people per family.

### **SOUP KITCHENS**

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free or sometimes at a below-market price. Frequently located in lower-income neighbourhoods, soup kitchens are generally often run by volunteers. There is a rough estimate of 25 known soup kitchens across London, with SWAN running three of them.

Through our weekly three soup kitchens, this year the total meals and snack packs distributed is 19,760.

### **SOCIAL WELLBEING PROJECTS**

The SWAN500 project is where 500 people donate £1 each week so that SWAN can use these funds for emergency relief in the UK or abroad. With these funds we can help families on a case-by-case basis with £500 to go to bills, debt or where most needed. This allows us to cater to those who fall between the cracks of charity missions and to not miss anyone in need of support.

This year, we have supported 39 families with unique cases through charity donations for SWAN 500 and 17 families that were zakat worthy with zakat money. A total of 56 families helped through our Swann 500 scheme. That's more than one family a week in a year, thanks to our supporters.

## **OUR WORK ABROAD**

### **Afghanistan**

Afghanistan is facing one of the world's worst humanitarian crises. The Afghan economy has no cash to pay salaries or buy food. Western aid has been suspended because the Taliban government includes designated terrorists. And millions of Afghans face acute malnutrition and starvation in the coming months. We provide 3600 breads a week. This year we have distributed 187,200 loaves of bread to locals so that they can have something to eat. 100 pieces of bread cost just £12, a small figure that allows so many people to eat. We also consistently provide monthly food packs at the cost of £50 so families can have the basics to prepare their own meals.

### **Ivory Coast**

Ivory Coast shares a universal need for support and awareness when it comes to humanitarian issues. In October 2023, we supplied an orphanage which we partnered with, funds for slippers and shoes for the children and handed these out to happy children's faces. This was in addition to the continuous support we give to 100 Orphans throughout the year with uniform/tuition/meals consistently.

### **Pakistan**

We have a few ongoing projects in Pakistan in collaboration with GHRF that we fund weekly and monthly. We are always looking for new ways to help and different areas we can work in. This includes a weekly soup kitchen, food packs, help to widows and flood relief aid

### **Uganda**

This year we worked on a few different projects in Uganda including distributing 350 copies of the Qur'an, iftar meals, food packs and Qurbani meat as well as building a water well so that there was a clean water supply for the locals.

### **Yemen**

We partnered with Forgotten Women to provide much needed water in Yemen. 80% of Yemen's population are in need of humanitarian aid and protection. More than 7 years of fighting has already pushed Yemen and its health system to the brink of collapse. Millions of children lack access to clean water and sanitation facilities.

## **Palestine**

SWAN provides monthly food packs in Gaza, Palestine. We recognise the dire circumstances faced by the people in Gaza, where access to basic necessities is often severely limited due to ongoing conflicts and geopolitical challenges. By supplying monthly food packs, SWAN aims to alleviate some of the hardships faced by the local population, ensuring they have access to essential sustenance.

We provide 60 Food Parcels to the most needy every month when the situation allows.

## **Seasonal Campaigns**

### **Ramadan:**

- Provided daily Iftar and Sahoor Packs at 3 Soup Kitchens in partnership with Tooting Community Kitchen, totalling 9,600 Iftar meals and 4,800 Sahoor meals.
- Distributed Eid Gifts/Zakat to Soup Kitchen and Foodbank Beneficiaries.

### **Dhul Hijjah:**

- Distributed 265 kilos of Qurbani meat.

## **Emergency Relief:**

- Lebanon: Distributed 400 Food Packs and £10,000 Zakat.
- Yemen: Distributed 250 Food Packs.
- Afghanistan (Gyan): Distributed 300 Food Packs and 10,000 loaves of bread.

### **Flood Relief:**

- Uganda: Distributed 200 Food Packs and medicines.
- Bangladesh: Distributed 1,350 Food Packs, benefiting 5,400 people.
- Pakistan (in partnership with GHRF): Provided 1,500 cooked meals daily, operated a medical camp treating 1,200 people, established 3 Tent Cities for 100 families, conducted mosquito spraying in 50 villages, and provided 300 Food Packs along with daily milk and mosquito nets for 500 children.

### **Charity Statement of Financial Activities for the year ending 30th April 2023**

Under charity law, the trustee is responsible for preparing the trustee's annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the Board of Trustees:

- Selects suitable accounting policies and then apply them consistently
- makes judgments and estimates that are reasonable and prudent
- states whether the recommendations of the SORP FRS 102 have been followed, subject to any material departures
- disclosed and explained in the financial statements
- states whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- prepares the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.
- The trustee is required to act in accordance with the trust deed and the rules of the charity, within the framework of trust law.
- The trustee is responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared.
- The trustee has general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the Board of Trustees:



Saiqa Ali BEM  
Chairperson

**SWAN (SOUTHERN WOMENS AID NETWORK)****Southern Womens Aid Network  
Income and expenditure report****May 2022 - April 2023**

	<b>Restricted (£)</b>	<b>Unrestricted funds (£)</b>	<b>TOTAL (£)</b>
<b>Income</b>			
Charitable activities		390.00	390.00
Donations and legacies	303,405.79	46,534.61	349,940.40
Gift Aid		4,085.50	4,085.50
Grant	15,403.00		15,403.00
Zakat In	73,794.47		73,794.47
<b>Total Income</b>	<b>392,603.26</b>	<b>51,010.11</b>	<b>443,613.37</b>
<b>Operating Expenditure</b>			
Casual Labour	0.00	6,980.00	6,980.00
Community Support	4,522.00	23,998.54	28,520.54
Dates	1,119.50	0.00	1,119.50
Food Bank	7,378.40	156.19	7,534.59
Other Charities	28,253.26	0.00	28,253.26
Overseas	308,747.19	1,500.00	310,247.19
Refugees	100.00	250.00	350.00
Soup Kitchen	35,567.14	3,017.91	38,585.05
SWAN 500	0.00	307.85	307.85
Volunteer Expenses	0.00	2,388.81	2,388.81
Zakat Out	2,700.00	500.00	3,200.00
Fundraising	0.00	13,607.16	13,607.16
<b>Charitable activities</b>	<b>388,387.49</b>	<b>52,706.46</b>	<b>441,093.95</b>
<b>NET OPERATING INCOME</b>	<b>4,215.77</b>	<b>-1,696.35</b>	<b>2,519.42</b>
<b>Administrative expenses</b>			
Accountancy fees	0.00	1,020.00	1,020.00
Advertising/Promotional	0.00	2,697.68	2,697.68
Bank charges	0.00	1,007.20	1,007.20
Insurances	0.00	804.37	804.37
Monitoring and Evaluation	0.00	500.00	500.00
Motor Vehicle costs	0.00	1,671.01	1,671.01
Office/General Administrative Expenses	0.00	6,055.87	6,055.87
Other Professional Services	0.00	774.00	774.00
Phone Costs	0.00	878.54	878.54
Rent or Lease of Buildings	0.00	7,500.00	7,500.00
Travel and Accommodation	0.00	69.30	69.30
<b>Total Expenditures</b>	<b>0.00</b>	<b>22,977.97</b>	<b>22,977.97</b>
<b>NET INCOME/(EXPENDITURE)</b>	<b>4,215.77</b>	<b>- 24,674.32</b>	<b>- 20,458.55</b>



**SWAN (Southern Women's Aid Network)**  
**Balance Sheet**  
**As at 30 April 2023**

	<b>2023</b>
	<b>£</b>
<b>Current assets</b>	
Cash at bank and in hand	67,402.64
<b>Creditors: amounts falling due within one year</b>	4 (1,020.00)
<b>Net current assets</b>	<u><b>66,382.64</b></u>
<b>Net assets</b>	<u><b>66,382.64</b></u>
 <b>Total Charity funds</b>	 <u><b>66,382.64</b></u>

**Notes on the accounts**

1 Accounting Policies

Basis of preparation

The financial statements have been prepared under the historical cost convention.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

*The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following 21 Charity Commission, Charity reporting and accounting: the essentials, 2016 Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.*

The trustee considers that there are no material uncertainties about the ability to continue as a going concern.

#### Resources expended and irrecoverable VAT

All expenditure is accounted for on an accrual basis and have been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

#### Expenditure is recognised when the following criteria are met:

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

#### Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Note 4, shows that creditors have been fully paid post-year end.

#### Related Party transactions

There are no related party transactions.

#### Income from donations and legacies

Donations from individuals are gifts from members of the public. The charity received £15,403 grant income in this financial year.

Restricted and Unrestricted funds have been shown in the income and expenditure report

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### **REPORT OF THE TRUSTEES FOR THE YEAR**

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### **Chairperson's Message**

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Warm regards,

Saiqa Ali

Chair/CEO

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Charities Principal address: 8 Rycroft Road. Landon, SW16 3EG

### **Trustees: At the date of this report following were the trustees of the Charity:**

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Saman Jung  
Smaira Wahid  
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Signed on behalf of the Board of Trustees:



Saiqa Ali BEM  
Chairperson

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Income and expenditure report****May 2022 - April 2023**

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<b>Administrative expenses</b>			
Accountancy fees	0.00	1,020.00	1,020.00
Advertising/Promotional	0.00	2,697.68	2,697.68
Bank charges	0.00	1,007.20	1,007.20
Insurances	0.00	804.37	804.37
Monitoring and Evaluation	0.00	500.00	500.00
Motor Vehicle costs	0.00	1,671.01	1,671.01
Office/General Administrative Expenses	0.00	6,055.87	6,055.87
Other Professional Services	0.00	774.00	774.00
Phone Costs	0.00	878.54	878.54
Rent or Lease of Buildings	0.00	7,500.00	7,500.00
Travel and Accommodation	0.00	69.30	69.30
<b>Total Expenditures</b>	<b>0.00</b>	<b>22,977.97</b>	<b>22,977.97</b>
<b>NET INCOME/(EXPENDITURE)</b>	<b>4,215.77</b>	<b>- 24,674.32</b>	<b>- 20,458.55</b>

**SWAN (Southern Women's Aid Network)**  
**Balance Sheet**  
**As at 30 April 2023**

	<b>2023</b>
	<b>£</b>
<b>Current assets</b>	
Cash at bank and in hand	67,402.64
<b>Creditors: amounts falling due within one year</b>	<b>4</b> (1,020.00)
<b>Net current assets</b>	<b><u>66,382.64</u></b>
<b>Net assets</b>	<b><u>66,382.64</u></b>
<b>Total Charity funds</b>	<b><u>66,382.64</u></b>

**Notes on the accounts**

**1 Accounting Policies**

**Basis of preparation**

The financial statements have been prepared under the historical cost convention.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

*The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following 21 Charity Commission, Charity reporting and accounting: the essentials, 2016 Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.*

The trustee considers that there are no material uncertainties about the ability to continue as a going concern.

#### Resources expended and irrecoverable VAT

All expenditure is accounted for on an accrual basis and have been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

#### Expenditure is recognised when the following criteria are met:

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

#### Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Note 4, shows that creditors have been fully paid post-year end.

#### Related Party transactions

There are no related party transactions.

#### Income from donations and legacies

Donations from individuals are gifts from members of the public. The charity received £15,403 grant income in this financial year.

Restricted and Unrestricted funds have been shown in the income and expenditure report



Section A

Independent Examiner's Report

Report to the trustees

Charity Name  
SWAN (SOUTHERN WOMEN'S AID NETWORK)

On accounts for the year  
ended

30/04/2023

Charity no  
(if any)

1188649

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2023.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [ ] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed: M. Kalair

Date: 11/01/2024

Name: Manisha Kalair

Relevant professional  
qualification(s) or body

MAAT

(if any):

**Address:**

Profile West, 950 Great West Road
Brentford,
TW8 9ES

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

n/a	
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