

Charities Commission Annual Report 2023

Refresh was as active as ever in 2023 and the social action projects that Refresh runs have been busy and much needed.

Family Matters has been supporting not only families in the local area but refugee families who have come from Syria, Afghanistan and the Ukraine. The number of families that were helped in 2023 went up by 252% from 128 to 323. The team has also grown and at the end of the year as well as doing the Christmas toy bank again we were busy boxing everything up for a move from the premises we were using to a much larger store. A feather banner and more publicity are now needed so that the families and agencies know where to come.

The Keep in Touch programme has continued to develop and grow over the year with a good range of activities and meeting places. A meal or some sort of refreshments are always provided. Along with this a Life Skills course and a basic cooking course called 'You Can Cook' have been offered during the year and both have also been well received. Warm welcome spaces across the town have continued to operate alongside Keep in Touch.

Fresh Start has also taken place and new members join the team as well.

The Christians Against Poverty (CAP) debt centre team has also had a busy year. There was a change in the members of the team and now they are a full team who are working with clients across all the communities in Weymouth and Portland to help them work their way out of debt and manage their money. A large number of clients went debt free last year. Clients were also invited to come together for social events with speakers and a meal which were well received and attended.

In June the Archbishop of Canterbury came to Weymouth and Portland for the weekend and as part of the schedule Refresh arranged a display of all the social action groups that Refresh is responsible for and many that are 'friends of Refresh'. Many people visited it and the Archbishop took some time to talk with those who work for the different projects.

The church leaders have continued to meet monthly in person over breakfast to support each other and a full morning of discussion took place in the autumn. There have also been opportunities for children's and youth workers in the town to come together over breakfast to share their experiences and challenges and support each other. A large crowd from across the churches came together for the Good Friday walk of witness and act of worship in the town centre. Groups of people from across the churches also took part in the South West Awake prayer initiative along the coastal path in May.

Refresh accounts 1-10-22 to 30-9-23

Income			Expenditure	
B/F 1-10-2022				
Refresh Bank	21,243.03			
CAP Banks & cash	340.44	21583.47		
CAP			CAP	
Gifts for Christmas	115.00		CAP Debt	7200.00
Christmas gift from Foodbank	500.00		Food shops	1283.45
CAP HQ	1253.86		School uniform	62.00
CAP Mustard Seed Fund	300.00		Client fuel	120.00
Gifts for DROs	270.00		McAfee security	79.99
Gifts for fuel	165.00		To new phone	30.71
From home made cards	148.00		Travel costs	35.00
From Wellspring	42.00		Mentoring	200.00
From Preston Village Market	60.00		Fish n Chips for Magic event	333.55
From Dorset Café	25.00		Rod Williams Magic event	250.00
Interest	68.48		St Francis Egg Hunt	300.00
Gifts from Individuals	3430.00		To Methodist Grant	7413.10
From Eweleaze account	200.83		Cream Tea event	167.60
Gift for uniform	62.17		Christmas event items	227.88
Church giving			Stationery & cards	246.04
St. Ann's & St. Aldhelms	200.00		DBS	99.21
St. Mary's	405.00		Literature	153.20
Weymouth Baptist	1000.00		Client meetings	228.57
Dorchester Baptist	550.00		Befriender & staff meetings	60.35
Emmanuel	402.88		Hamper food	212.01
Radipole & Melcombe Regis	1400.00		Postage	26.22
Prayerhouse	600.00		Sundry costs	91.02
Weymouth Family Church	500.04			
Portland Parish	600.00			
Radipole URC	120.00	12418.26		18819.90
Refresh			Refresh	
Gifts	600.00		Bank monthly account fees	60.00
Ebenezer	100.00		Insurance	644.00
Weymouth Baptist Church	100.00		Life Skills subscription	480.00
St Ann's & St. Aldhelm's	250.00	1050.00		1184.00
Keep in Touch			Keep in Touch	
Sponsored walk	520.00		Salaries	5478.98
			Postage	390.39
			Activity programmes	149.50
		520.00	Stationery	53.29
			Sundry expenses	140.00
				6212.16
Family Matters			Family Matters	
Gift	15.00		Equipment	316.57
Weymouth Inner Wheel	500.00			
SparFest	400.00	915.00		316.57
Fresh Start			Fresh Start	
Cherries Community Fund	1000.00		Room Hire	200.00
			Printing	312.20
		1000.00	Client bus fare	28.00
			Cards, certificates, booklets	476.23
				1016.43
CAP Money			CAP Money	
		0.00	Course expenses	30.95
				30.95
Life Skills			Life Skills	
Grant from Dorset Council	2800.00		Room hire - St. Mary's	320.00
			Salary	2914.75
		2800.00		3234.75

REFRESH Accounts for the year 1-10-2022 to 30-9-2023

Methodist Grant			Methodist Grant		
Grant	5,650.00		Salaries	6372.50	
From CAP account	7,413.10		Pension	382.35	
		13063.10	Phone charges	90.67	6845.52
New Lottery			New Lottery		
Grant	40,085.00		Training costs	20414.41	
		40085.00	Travel costs	203.44	
			Laptops	1021.90	
			Phone costs	349.87	
			Evaluation - David Simmons	1568.09	23557.71
Life Skills			Life Skills		
Grant from Dorset Council	2800.00		Room hire - St. Mary's	320.00	
		2800.00	Salary	2914.75	3234.75
Old Lottery	14781.50		Old Lottery		
			Salaries	12142.48	
			Travel costs	58.79	
			To new phone	294.29	
			Sundry costs		
			Travel costs		
			Phone costs	54.48	
		14781.50	Evaluation	910.00	
			Client Benefit Fund	2351.00	15811.04
Eweleaze			Eweleaze		
		0.00	To CAP	200.83	200.83
Food Project			Food Project		
	3000.00		Jackie Dukes	1000.00	
		3000.00			1000.00
Client Benefit Fund			Client Benefit Fund		
From old lottery	2351.00		Appliances for clients	572.84	
			DROs	215.00	
		2351.00	Removals	220.00	
			Client support	160.00	1167.84
Gifts to Sally			Gifts to Sally		
		20.00			20.00
			At 30-9-2023		
			CAF Bank	34,007.31	
			Other funds	162.32	34,169.63
		113587.33			113587.33

Audited and found correct

R S Hawes  25th January 2024

Refresh is administered by the Trustees comprising 6 local church leaders.

N Hardisty - for and on behalf of the Trustees.