

# Annual report and accounts

for the year ended 30 June 2023



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# **About us**

At Target Ovarian Cancer, we target what's important to stop ovarian cancer devastating lives. We're the only ovarian cancer charity working across all four nations of the UK. We work with everyone affected by ovarian cancer and health professionals to ensure we target the areas that matter most for them.

We stand together as a powerful community for everyone facing ovarian cancer across the UK, sharing stories and raising voices, to make sure that ovarian cancer becomes a health priority.



# A message from the Chair and **Chief Executive**

It is shocking that one in seven women continue to die within the first two months of an ovarian cancer diagnosis because their diagnosis comes too late. Every day, we remind ourselves of this devastating statistic. This is why we launched our urgent appeal, Fast Forward, to raise £1 million so that together we can dramatically accelerate progress, resulting in more lives saved.

Despite the challenging environment we're operating in, we have adapted to ensure that the very latest research is funded, support is widely available and that barriers to early diagnosis are broken down. This determination was reflected in our 2021-23 business plan, Ovarian Cancer. A Blueprint for Change, which has led to a landmark year of delivering for our community and impact.

Working with leading external specialists in the field, we have targeted everything we know that could change the course of this disease. It has enabled us to directly impact the lives of those living with ovarian cancer now.

To evidence how women are being failed and to provide expert insight into what needs to change and how it can happen, we launched the latest findings of our groundbreaking state-of-the-nation study, Pathfinder 2022:

Faster, further, and fairer. While important progress has been made, ovarian cancer is still being overlooked and it is apparent that there needs to be a sharper focus on the disease. We're here to drive that forward.

Fast Forwarding diagnosis is key to change. Across major cities in the UK our adverts on billboards, in newspapers and magazines were seen 168 million times, and saved lives. We are deeply grateful to our generous media partners, including City Outdoor Media who donated the space for free. Alongside this, enabled by major grant support from the Peter Sowerby Foundation, we stepped in to intervene in the concerning level of variation across regions when it comes to diagnosis. We worked with NHS partners to develop a suite of interventions that have proven successful in identifying cases of ovarian cancer, which otherwise would not have been found. We want to expand this work so that every healthcare professional in the UK recognises ovarian cancer, and completes our free online training modules and accesses our content.

Funding pioneering research can help everyone affected by ovarian cancer live better lives today – and have hope for the future. We look forward to the findings from our latest grant awarded to Professor Sadaf Ghaem-Maghami at Imperial College London, whose three-year project will explore the use of immunotherapy as a potential new treatment for high grade serous ovarian cancer.

In line with Ovarian Cancer: A Blueprint for Change, we have also substantially expanded our services so that the support, which is missing for too many, is available. Most notably, a new psychological support service My Next Steps has been piloted, our unique nurse-led support line has been expanded, and our online community of peer-to-peer support has grown.

Despite the ever-changing economic climate, we have been grateful for the legacy bequests, gifts in kind and generous donations from our supporters and donors, and of course the diligent team effort from our committed staff.

These are unprecedented times, but ovarian cancer won't wait and our ambition remains. Now is the time to Fast Forward progress: in diagnosis, in treatment, and in support. Our 2023-2026 business plan, Ovarian Cancer. Fast Forward, builds on the momentum of our strong growth and impact, and harnesses new digital opportunities to dramatically improve the future for everyone impacted by ovarian cancer.

We've achieved so much, but there's so much more to do. Together, with your help, we're confident that we can Fast Forward ovarian cancer diagnosis, treatment and support.



Emma Kane Chair



**Annwen Jones OBE Chief Executive** 

# 2022-2023 highlights: Fast Forwarding progress

We awarded funding to a

groundbreaking research programme at Imperial College London exploring immunotherapy as a treatment option for high grade serous ovarian cancer.

**Our support services** overall saw an increase of

> and were used over 16,000 times. This included over 1,300 calls to our support line nurses, and 600 more women joining our online support groups.

4,000

GPs and healthcare professionals were trained through our national education programme, increasing knowledge and recognition of the disease.



people have been supported by our online information and support guides on our website, nearly 20,000 more than last year.

We received over

in donations from our generous supporters, and an incredible further £1.3m in donated advertising and media space.

opportunities to see our symptoms awareness work in the media including in interviews, newspapers, magazines and on billboards.

We launched our stateof-the-nation report

**Pathfinder Pathfinder** 

providing insights and recommendations to **UK** governments.



# Report of the trustees

# **Objectives and activities**

We're targeting what's important to beat ovarian cancer and stop this devastating disease. We're working towards a world where everyone diagnosed with ovarian cancer survives. We are Target Ovarian Cancer and we work to Fast Forward diagnosis, treatment and support.

### **Our achievements**

Target Ovarian Cancer's objectives for 2022-23

Develop a new support service and continue to expand our nurse-led support line to reach more people.



Continue our work to end the postcode lottery by expanding the use of our innovative interventions to improve early diagnosis, and providing an online toolkit and resources.



Publish Pathfinder 2022 and use it to campaign for awareness and investment.



Secure awareness campaigns across the UK.





Grow clinical engagement with healthcare professionals by developing tools and hosting events.



Amplify the voices of those affected by ovarian cancer by putting them at the forefront of our campaigning, policy and communications work.



Launch a refreshed brand to attract and engage more people who need our support and want to support us.



Find innovative ways to continue to maintain and grow our income.



Increase understanding of ovarian cancer through accessible high-quality information.



Represent those affected by ovarian cancer by being a leading voice among decision makers.







# **Delivering for our community**

The external environment has been everchanging and consistently challenging. We set ourselves ambitious targets to grow income to ensure we can achieve the greatest impact possible for more of those affected by ovarian cancer. We listened to our community and to the frontine workers in the field and turned their concerns into our actions. Led by the Target Ovarian Cancer Theory of Change, our ovarian cancer roadmap, we have been able to adapt to deliver innovative and successful projects that have driven growth across income, engagement and reach.

#### In 2022-2023:

We gathered insight into the experiences of those living with ovarian cancer and healthcare professionals in our groundbreaking state-of-the-nation Pathfinder study. We have structured our new business plan to focus on the areas

that urgently need addressing in order to meet our community's needs and profile ovarian cancer at the highest levels.

- Our innovative and committed fundraising team delivered the highest income Target Ovarian Cancer has raised in its history. We launched our Fast Forward appeal to accelerate progress and stop one in seven women dying from ovarian cancer within two months of diagnosis. We also launched Target 41 - a new virtual fundraising event - to make support more widely accessible. With thanks to individual donors, fundraisers, companies, community groups, major donors, trusts and foundations, and those who kindly left a bequest in their will, we were able to grow the services we offer to our community.
- ▶ We have expanded our nurse-led services to address some of the support that is missing. Alongside the support line which offers practical information and a listening ear from our specialist nurses to anyone affected by ovarian cancer, we have piloted a new psychological support programme, My Next Steps, for those who have finished treatment. It is a seven-week group programme, facilitated by our specialist nurses, providing a confidential and safe space, with sessions run by experts. The pilot evaluation has shown the significant difference this programme makes to a participant's wellbeing. With further funding, we aim to roll this out nationally and make it more widely available.
- Concerningly, 46 per cent of GPs still believe ovarian cancer presents only in the late stage of the disease. We're committed to engaging all healthcare professionals in our work to increase knowledge of ovarian cancer and support them to reduce regional variation through the provision of intervention tools.

- ▶ By delivering Breaking Down Barriers to Early Diagnosis, funded by the Peter Sowerby Foundation, we engaged healthcare professionals across England and established an Early Diagnosis Network, whereby committed healthcare professionals can come together, learn and share. In addition to this, our GP Network continues to see large numbers of GPs completing modules and downloading educational resources. With investment over the next business plan, we want to see the Early Diagnosis Network continue to grow.
- > As four in five women do not know bloating is a key symptom of ovarian cancer, we asked our community to write to their governments in Wales and Scotland to demand they fund a national awareness campaign highlighting the symptoms of ovarian cancer. 1,200 campaigners completed this call to action.
- Ovarian cancer, its stages and treatment options can be difficult to understand and so. To reach more people with more personalised information in an easyto-digest way, we developed two digital information tools to explain the stages of ovarian cancer and PARP inhibitors. Feedback so far has been incredibly positive, and we are looking forward to developing more information tools for our community. We have also established a regular programme of digital events, which are available to join live or through an 'ondemand' service so that our community never miss out on webinars and expert talks and can watch them back in their own time.

# **Impact**





Everything we do is to improve the lives of those living with ovarian cancer. The work we conduct every day, from fundraising and storytelling, to providing evidence to health select committees and to MPs, is all to positively impact those at the heart of our charity. We have impacted our community by remaining focused on Fast Forwarding diagnosis, support and research.

#### **Fast Forwarding support:**

From our dedicated nurse-led support line, peer-to-peer online ovarian cancer communities, digital events programme to our expert health, support and advice information, we are here for everyone affected by ovarian cancer, providing the support they need. Overall, we know there

is a huge gap in the amount of information available to individuals, from understanding their stage to knowing how to move forward after a diagnosis and treatment – and we are here to address it.

- Developing the Your Wellbeing section on our website, providing an in-depth and insightful look at ovarian cancer to meet the needs of our community.
- Creating an innovative and educational tool explaining the stages of ovarian cancer which has helped women understand their cancer better.
- Making our information more widely accessible. As a result, 146,000 people have accessed our information, treatment and support information on the website, nearly 20,000 more than last year.









#### **Fast Forwarding diagnosis:**

- Breaking down barriers to diagnosis and empowering healthcare professionals despite the current NHS challenges. Over 4,000 GPs and healthcare professionals have accessed our free educational programme, and commissioners and primary care teams across England are testing our interventions to improve the diagnostic pathway. By engaging more healthcare professionals in our work, and diversifying the opportunities, we are addressing regional variation and common misconceptions which improves access to diagnosis and shortens the diagnostic pathway.
- Advocating for our community by calling on governments to act on ovarian cancer. Covering 2,026 miles across the UK, we stood in front of every nation's government to highlight the crisis in ovarian cancer. We met 100 supporters and over 50 MPs, MLAs, MSPs and MSs, and demanded symptoms awareness campaigns based on our Pathfinder findings. We went to the Senedd in Wales to tell the Health and Social Care Select Committee how badly women with ovarian cancer are being let down by the government. At the inquiry into
- gynaecological cancers, we told the stories of hundreds of women who have not been heard and have not been given time to discuss their diagnosis. We demonstrated how prevalent a lack of awareness is in Wales, and the harm this is causing. Our campaigning has helped secure two national awareness campaigns. In England, the Help Us Help You featured abdominal pain as a symptom, while in Scotland the **Detect Cancer Early featured campaigner** Christine's story.
- Making ovarian cancer visible. Our adverts across UK billboards and newspapers, all donated free of charge by City Outdoor Media and numerous media outlets, had a huge impact on lives. Over a six-month period, they were seen 168 million times and prompted women to see their GPs and get an earlier diagnosis. One woman wrote to thank us for saving her life after seeing our billboard advert in Sheffield and taking a photo of it to show to a doctor. She was diagnosed with stage I ovarian cancer and is currently recovering from surgery. This is one of many similar stories. We have empowered women to tell their stories to raise awareness of ovarian cancer in the media which have been seen 548 million times.

#### **Fast Forwarding research:**

- Continuing to fund research into better treatments. Awarding £230,000 to a threeyear research project into immunotherapy for high grade serous ovarian cancer at Imperial College London that will explore treatment pathways for those living with the most common type of ovarian cancer.
- ▶ Developing the ovarian cancer research leaders of the future. Dr Robb Hollis (pictured above) was awarded a fellowship to begin his own academic research group in Edinburgh.
- ▶ Helping to make treatment more accessible. We were delighted to hear about the impact of our previous research at the University of Edinburgh, led by Professor Gourley and Researcher Dr Robb Hollis. Following the research, we are hopeful it will deliver new drugs for those with low grade serous ovarian cancer and expand treatment options available.

- Increasing the understanding of ovarian cancer. Our researchers published four new publications, gave six presentations, and participated in five public engagement events to bring their exciting research results to a wider audience.
- ▶ Involving research champions. We are pleased to involve research champions in the development of our research strategy, and in peer reviewing applications for funding, as well as sending them newsletters and providing opportunities to listen to and question our researchers.



# Hear straight from our community:



Thank you so much for helping me tell my story, it really made me feel better just talking to you about it and getting things off my chest. I am now more determined to enjoy every day and enjoy life."

#### Karen



**Knowing that Target Ovarian** Cancer is there for both of us, on those bad days and dark days and you can talk to someone who really understands is brilliant. It's really beneficial, because we both get what we need."

**Pauline and Declan Donnelly** Click here to watch Pauline and Declan share their story



I realised I lost who I was within the diagnosis. Since doing My Next Steps, I feel more like me, a woman who's not to be messed with and I will challenge for other women.

Thank you ladies, you've helped me to become me again. I still have my moments of vulnerability, and that happens. That's what having an ovarian cancer diagnosis does. But I've dua deep, that's because of things that we've done on the course and all of the women who've been there for me. That gives me strength."

### **Allyson**



I came across Target Ovarian Cancer when I was searching for someone who had the same type of cancer as me... I'd really struggled to find someone or their story, but that's what I found on the charity's website. It was so reassuring to read someone else's story and know that I wasn't alone. I didn't have to feel like I needed to isolate myself."

#### Summer



The staging tool is very educational, and although I've now seen this a few times, it is still educating me. It is in simplistic terms, and I found myself understanding my stage better."

#### Lorraine



I like to review grant applications, it gives a sense of purpose to my cancer; sometimes it's a challenge to understand what the research is all about, but easier to overcome than the cancer treatment.

Being part of the Research Advisory Board it's always a good experience, listening to how scientists are evaluating the applications looking for pros and cons and then having the possibility of contributing to the discussion with my perspective, which is always valued even when it might sound naive after listening to so much knowledge. Being a research advocate gives me the opportunity to take something positive out of my experience."

**Alicia** 

# **Ambition: Our future plans** to Fast Forward progress

It is vital that we now Fast Forward progress to achieve our goals of doubling survival by 2050, and ensure more women live well with ovarian cancer.



# Concerningly, our state-of-the-nation Pathfinder study revealed that:



### Awareness must go further

Symptom awareness remains too low. One in five women don't know bloating is a key symptom, and 40 per cent worryingly believe smear tests can detect ovarian cancer.



### A faster diagnosis pathway is possible

Women are still waiting too long for a diagnosis with over a quarter making three or more visits to their GP and **nearly a third** waiting over three months for the correct diagnosis.

44 per cent of GPs still incorrectly believe symptoms are only present in the later stages of the disease.



# Support is missing for too many

More needs to be done to support women at the time of diagnosis as a shocking 14 per cent of women were not told their diagnosis in private. Care during treatment and post-treatment is a must as 60 per cent reported a negative impact on their mental health, but the research showed that **54 per cent** of respondents hadn't been asked by anyone involved in their treatment about the impact on their mental health.



### Fairer access to treatment is needed

We need to make treatment and access to clinical trials available to all. 23 per cent reported that they were asked if they would like to join a clinical trial, despite 60 per cent reporting they would like to.

We have used this evidence to ensure that we are driving forward the biggest and quickest impact needed for the ovarian cancer community and addressing their needs. This will underpin our new business plan.

We will continue to highlight the reality of ovarian cancer by amplifying the voices of those living with it every day, and drive change by delivering services, developing training and tools for healthcare professionals, addressing inequalities in access to care and advocating alongside our community to ensure ovarian cancer is seen as a health priority.

Through direct delivery of services, systems leadership and influencing activities we can secure change that can change lives. To achieve this, for 2023-2024 we will:



### Fast Forward diagnosis by:

- Expanding our Early Diagnosis and GP networks to improve education, knowledge, and ultimately outcomes in ovarian cancer.
- Developing and promoting educational modules and intervention tools to increase early diagnosis.



### Fast Forward awareness by:

- Demanding UK governments invest in awareness campaigns.
- ▶ Amplifying the experiences of those living with ovarian cancer.



### Fast Forward development of, and access to, new treatments by:

- Funding groundbreaking research through our research grant at Imperial College London.
- Campaigning for access to new innovations in treatment.



### **Fast Forward support by:**

- Expanding our life-changing supportive services.
- ▶ Producing high-quality informational guides to address unmet needs.



# **Fast Forward equity by:**

Addressing inequalities in access to diagnosis, treatment and support so that everyone affected by ovarian cancer receives excellent care.



# Fast Forward progress in ovarian cancer by:

▶ Harnessing digital innovation which will increase our income so that we can do more to Fast Forward diagnosis, support and research.

# Governance, structure and management

#### **Legal entity**

Target Ovarian Cancer is a company limited by guarantee registered as a company in England and Wales on 13 June 2008 (no. 6619981). It was registered as a charity in England and Wales on 17 July 2008 (no. 1125038) and in Scotland on 6 February 2012 (no. SC042920). The governing document is the Memorandum and Articles of Association, dated 13 June 2008. New Articles of Association were adopted by special resolution, dated 29 December 2011, and were amended by special resolution, dated 21 November 2013 and 14 April 2016.

#### **Charitable objects**

The objects of the charity are the relief of sickness and the advancement of health for the benefit of the public, in particular, among women who have or are at risk of developing ovarian cancer or other gynaecological diseases by: the promotion of research into the causes, prevention, detection, treatment and cure of ovarian cancer and other gynaecological diseases and their effects and the dissemination of the useful results of such research; relief of suffering among women affected by ovarian cancer and other gynaecological diseases, their families and dependents, through the provision of support and information; and the education of the public on issues relating to ovarian cancer and other gynaecological diseases.

#### **Trustees**

Emma Kane, Chair, was first appointed as a trustee for Target Ovarian Cancer in March 2015. She is the CEO of SEC Newgate UK, Head of EMEA, and Deputy Group CEO. She is Deputy Chair of The Elton John AIDS Foundation and a Director of Green Finance Institute. Emma's stepchildren's mother, Heather Ash, died from ovarian cancer in 2007 at the age of 52.

Joanna Barker MBE founded Target Ovarian Cancer in 2008 and has over 30 years' experience in business and finance. Joanna's mother and sister died from ovarian cancer in 2005. In 2014 she was awarded an MBE in the Queen's birthday honours for services to people with cancer.

Raj Bhogaita, Honorary Treasurer, is an accomplished Chief Financial Officer. He has over 30 years' experience in listed (FTSE, Nasdaq), blue chip and private equity organisations including Exova, Invensys, Sony and Unilever. A number of members of Raj's family have been impacted by cancer, and his wife's grandmother died from a gynaecological cancer.

**Sonya Branch** is General Counsel of the Bank of England and Executive Director for the Bank's Legal Directorate and sits on many of the Bank's Boards and Committees. Sonya was previously an Executive Director/Board member at the Competition and Markets Authority and the Office of Fair Trading. She has also held several leadership roles across Whitehall, including at the Cabinet Office and DEFRA. Prior to leadership roles across Government, Sonya was a Partner at the global law firm Clifford Chance LLP. Sonya was listed in the Cranfield School of Management/ EY Women to Watch 2022. In addition to her work with Target Ovarian Cancer, she is a trustee and Chair of the Audit, Risk and Finance Committee of the national charity, NowTeach.

**Anabel Fielding** is a successful entrepreneur and business leader with over 30 years' experience working in music, entertainment and luxury events. She is currently Founder-CEO of ALITE, a business that supports high level assistants to realise their full potential. Anabel is a recipient of the First Woman Award for Tourism and Leisure and has helped to raise over £20m for charitable causes. She is a proud champion of LGBTQ+ initiatives and excited to help support Target Ovarian Cancer in creating unique experiences to drive awareness, fundraising and lasting impact.

Miriam Jordan Keane is a marketer and communications expert with over 30 years' experience in the UK and international markets. She was the New York-based Chief Brand Officer of Weight Watchers and has held senior positions at Saatchi & Saatchi and British Gas. Having been CMO and Chief Brand Officer at NCS Trust, she is now Public Affairs Advisor to the CEO and the Board. Miriam sits on the Board of Trustees for Voice 21 and Leukaemia UK, where she chairs the Acceleration Committee. She has a Master's degree in English from Trinity College, Dublin. She lost her mother and one of her closest friends, way too young, to cancers that particularly target women and is passionate about the vision and mission of Target Ovarian Cancer and proud to be a trustee.

#### Trustees: appointment, induction and ongoing training

Target Ovarian Cancer recognises that a robust, independent and effective Board of Trustees is essential if the charity is to achieve its objectives; that the Board must have available to it all of the knowledge and skills required to govern the charity; and that individual trustees must have sufficient knowledge, both of trusteeship in general and of the charity's activities to enable them to carry out their role. New trustees are recruited through advertisements on social media and a range of networks in line with the charity's recruitment of trustees policy and equal opportunities policy. They are appointed by the Board and formally elected at a general meeting of the members. Trustees are appointed for a three-year term, after which they are eligible for re-election for a further three-year term.

All new trustees receive an induction session, arranged and co-ordinated by the Chief Executive, usually within one month of their appointment. During this session, new trustees are provided with a trustee induction pack that includes the charity's governing document, business plan, core governance policies, the key financial statements and a collection of minutes of previous trustee meetings as well as Charity Commission guidance on effective non-profit governance. They also attend an external trustee leadership training programme during their first year on the Board, and further training throughout their term as required.

Trustees receive no remuneration for their time and can claim only documented expenses incurred in carrying out their duties in line with the trustee expenses policy. No expenses were claimed in the year ending 30 June 2023 [2022: £0].

#### **Charity Governance Code**

Target Ovarian Cancer is committed to embedding the highest standards of governance within the charity. In 2018-19, the Board adopted the Charity Governance Code and undertook an internal review, using the Code's diagnostic toolkit, to help identify any priority areas for improvement. The Board monitors adherence to the Code and is satisfied that overall, its policies and practices conform to the best practices of governance set out in the Code. The Board is committed to continuing to recruit trustees to reflect the diversity of the communities supported by Target Ovarian Cancer.

#### **Organisational structure**

The Board of Trustees is responsible for setting Target Ovarian Cancer's strategic objectives, the strategy to achieve them and the major policies of the charity. It is responsible for guiding and advising the executive staff, monitoring the performance and impact of the charity, and for identifying and managing the major risks facing the charity. The Board meets five times a year.

The Chief Executive supports and advises the Board in its activities and in line with the charity's Statement of Delegated Responsibility is, subject to executive limitations, responsible and fully accountable for achieving strategic objectives including annual key performance indicators set by the Board.

The charity pays its staff market-rate salaries, which are determined by benchmarking across the sector and taking into consideration any specialist skills. This process applies to all staff, including key management personnel. The salary budget is approved by the Board of Trustees as part of the annual budget setting process.

The Chief Executive is supported by an expert team of staff. The total number of staff employed at 30 June 2023 was 47 [2022: 38].

#### **Volunteers**

The trustees recognise the extremely valuable contribution made by volunteers and wish to place on record their grateful thanks for

that commitment. These include the many women living with ovarian cancer and their loved ones; others who undertake fundraising, networking, campaigning and media work on behalf of the charity and who inform the development of our services; members of Target Ovarian Cancer's Scientific Advisory Board, Primary Care Advisory Board, and Clinical Advisory Panel; the health professionals who support us producing our information and putting on our events; and those who have given pro bono advice and support across a broad range of activities. No amounts are included in the financial statements to reflect the value of work undertaken by volunteers.

#### Staff

The trustees are grateful to all members of staff for the outstanding work that they do on behalf of those affected by ovarian cancer. Target Ovarian Cancer seeks to be an employer of choice and reviews on an annual basis the level of remuneration and other benefits awarded to staff. The trustees engage actively with a view to ensuring the wellbeing of staff and regularly discuss the career development and progression of staff, as well as celebrating staff successes.

#### Diversity, equity and inclusion

Everyone deserves to be treated equally, fairly and with dignity. We recognise that many people are under-valued and treated differently because of who they are. This could be due to race, class, religion or belief, sex, gender, gender identity, age, sexual orientation and disability or a combination of these. By reaching and representing as many people as we can in our work, we will better reflect the communities we serve, make better decisions, be more innovative and have a greater impact on the lives of people affected by ovarian cancer.

Everyone is welcome at Target Ovarian Cancer. We are committed to:

Recognising and addressing inequalities that affect people who need our support, those who support (or could support) us, and our team.

- Learning and challenging ourselves to embed diversity, equity and inclusion in our everyday practices and behaviours.
- Making sure Target Ovarian Cancer is a welcoming and inclusive place for everyone.

We have identified three key areas of work that will help us understand where we are now, and how we can improve:

- ▶ Understanding the needs of people affected by ovarian cancer: Our actions and decision-making will be informed by and carried out in partnership with people from a range of backgrounds and experiences. We are speaking to the people we support, people we could support, those who support us and our team, to inform our work on ovarian cancer and understand how we can better meet their needs. We will use these insights to focus our immediate action on where we believe it will make the greatest difference and develop a longer-term plan.
- Working in partnership: We are developing partnerships with groups, organisations and individuals, improving our connection to diverse networks so we can better understand how we can develop.
- Developing our team and leadership: Everyone at Target Ovarian Cancer has a role in making sure that we are an inclusive organisation which reflects the diversity of our society. We have reviewed and revised our strategy for the recruitment, retention and development of a diverse and inclusive workforce and Board of Trustees. Through training and ongoing dialogue, we support our team to reflect on their own experiences, assumptions and behaviours, and work in an inclusive way.

#### **Principal risks and uncertainties**

The trustees have established a risk assessment process through which they identify the major foreseeable risks faced by the organisation, assess their likely impact and, where appropriate, implement measures to mitigate these risks. In our risk map, the principal risks are categorised under the headings Governance, Operational, Financial, External and Compliance.

The most significant risks to the charity have been identified as:

#### 1) The impact of the external environment on the charity's ability to meet income targets to support growth

Trustees have carefully considered the potential ongoing negative impact of factors in the external environment on donations, including the war in Ukraine, the rising cost of living and increased mortgage rates. These risks are being mitigated against through diversification of the fundraising portfolio; investment in digital fundraising; careful stewardship of relationships with key donors; and ongoing monitoring of progress of expenditure and cashflow. The charity has implemented the recommendations of an external fundraising audit concluded in August 2022 and re-focused its investment in fundraising to help ensure that the charity meets its income targets to support growth and progress against its charitable objectives.

#### 2) Inability to recruit and retain key staff

Salaries are regularly benchmarked to market rates and additional non-pay benefits are publicised to attract high quality staff. Flexible working solutions are in place to attract new staff, including from outside the South East. Robust recruitment processes are in place with thorough interviews and selection processes, and a detailed induction for new starters.

#### 3) Internal suspension of business due to cyber attack

The charity works with its specialist IT provider to ensure that its servers are secure and multi-factor authentication is in place for access to the charity's databases and email and file servers. Our IT security arrangements are reviewed regularly and staff receive regular training on data protection, including identifying suspicious phishing on email and other channel risks. Cyber insurance is in place to mitigate against the impact of any cyber-attack.

The trustees have reviewed the major risks to which Target Ovarian Cancer is exposed, in the areas where it operates and the activities it undertakes, and are satisfied that appropriate actions have been taken, and that systems have been established to monitor and mitigate those risks.

#### **Grant making policy**

Target Ovarian Cancer launched its unique national ovarian cancer research programme in 2012. We aim to find and fund world-class research for the benefit of everyone impacted by ovarian cancer, and our funding is open to researchers across the UK. Our gold-standard scientific review process ensures that we only fund the best doctors and researchers in hospitals and universities across the UK. The trustees award grants based on the recommendations of our Scientific Advisory Board, which considers further opinions from national and international experts in the field as well as patient representatives. Our membership of the Association of Medical Research Charities is an important mark of approval for the high quality of our peer review process.

#### **Public benefit**

The Charities Act requires every charity to meet the legal requirement that its aims are for the public benefit. The Charity Commission in its 'Charities and Public Benefit' guidance states that there are two key principles to be met in order to show that an organisation's aims are for the public benefit: firstly, there must be an identifiable benefit and secondly, that the benefit must be to the public or a section of the public. The trustees are satisfied that the aims and objectives of the charity, and the activities reported on in this Annual Report to achieve those aims, meet these principles.

#### **Fundraising standards**

The charity undertakes fundraising activity via a wide range of channels such as direct mail, treks, fundraising events, sponsored events, gala dinners, community events, and other such activities. The trustees abide by the Fundraising Code of Practice set by

#### the Fundraising Regulator in overseeing the fundraising activities of Target Ovarian Cancer and any third parties fundraising on the charity's behalf. They also follow the Office of the Scottish Charity Regulator guidance covering Scottish charity law in relation to fundraising and charity trustee duties.

During the year to 30 June 2023, the charity worked with two fundraising consultants on a short-term basis in delivering fundraising activity. They adhered to the Fundraising Code of Practice and our policies and procedures regarding privacy and the treatment of supporters and donors as per their contractual terms. We monitored their activities on a regular basis to ensure compliance.

We train our fundraising staff and volunteers to reinforce our fundraising ethics, policies, and procedures. Our volunteers are supervised in their activities by charity staff to ensure compliance.

No complaints were received in the period to 30 June 2023 [2022: 0].

Target Ovarian Cancer's fundraising abides by the four key principles of the Institute of Fundraising's Treating Donors Fairly policy, which are:

- respect
- fairness
- responsive
- accountable

We follow the Institute of Fundraising guidance if we suspect that a donor lacks the capacity to make a decision about a donation. Our safeguarding policy includes the procedures for the safeguarding of vulnerable donors. The policy is reviewed on a regular basis and we have a lead officer for safeguarding and a safeguarding panel to review any cases where a vulnerable donor is suspected.

# **Working with others**

Target Ovarian Cancer is committed to working in collaboration with others who share an interest in improving outcomes for women with ovarian cancer. The charity will not duplicate work that is already meeting the needs of women with ovarian cancer.

**Target Ovarian Cancer works with** the following organisations: All-Party Parliamentary Group on Ovarian Cancer (we provide the secretariat); Association of Medical Research Charities (member); British Gynaecological Cancer Society; Medical Research Council; NHS Digital; National Institute of Health and Care Excellence; National Institute for Health and Care Research; NHS England; Royal College of General Practitioners; Royal College of Obstetricians and Gynaecologists; Royal College of Nursing; Scottish Cancer Coalition; Scottish Medicines Consortium; Wales Cancer Alliance; Specialist Cancer Charities CEO Group; Cancer 52; One Cancer Voice; Colostomy UK; The Eve Appeal; Macmillan Cancer Support; Ovacome; Ovarian Cancer Action; and Wellbeing of Women.

Target Ovarian Cancer is a co-founder of the World Ovarian Cancer Coalition and World Ovarian Cancer Day. In December 2021, Target Ovarian Cancer's Chief Executive Annwen Jones OBE was appointed Chair of the World Ovarian Cancer Coalition.

# **Financial review**

Our fundraising income rose to £2.74m, 3 per cent more than in the prior year [2022: £2.66m despite a challenging external environment, with total income including donated services exceeding £4m for the first time in our history at £4.02m – growth of 23 per cent compared to the prior year total [2022: £3.27m].

We spent £3.15m in 2022/23, 9 per cent more than in the prior year [2022: £2.89m], as part of our ongoing commitment to do everything we can to make a difference for women with ovarian cancer. In addition to this, we also secured donated services worth £1.27m [2022: £608k].

Overall the charity made a deficit of £396k [2022: £224k] as part of a planned strategy to reduce the amount held in reserves in order to drive as much impact as possible for women with ovarian cancer. This deficit took the charity from opening total reserves of £1.4m to closing total reserves at the end of June 2023 of £1.01m, of which £795k were unrestricted, comfortably within our reserves policy.

#### **Income**

Our total income, including donated services, increased to £4.02m [2022: £3.27m] - growth of 23 per cent. We recognise donated services in the accounts by adding the value of the gifts to both our income and expenditure (in line with charity accounting standards), and of that £753k increase in income year on year, £663k related to donated services. This is primarily billboard and media advertising space, so it represents a significant success for the charity and in particular its objective to ensure that as many people as possible are aware of the symptoms of ovarian cancer, and that we are here to support them. We remain extremely grateful for the generous pro bono support of our corporate and media partners.

Despite the very challenging external environment, our fundraised income also grew to £2.74m [2022: £2.66m] with all areas of fundraising showing growth compared to the prior year, except for legacies due primarily to a significant gift in the previous year. Gifts

from individuals and trusts grew by £160k or 21 per cent; general public donations by £124k or 9 per cent; and corporate donations by £36k or 141 per cent. We continue to be deeply grateful for the gifts we receive from all of our supporters, and the trustees wish to acknowledge and thank all donors and volunteers for their invaluable support during the past year.

#### **Expenditure**

We also grew our total expenditure in the year, including donated services, to £4.42m [2022: £3.49m], with our charitable expenditure growing by 35 per cent to £3.26m [2022: £2.42m].

As above, we recognise donated services in the accounts by adding the value of the gifts to both our income and expenditure in line with charity accounting standards. However our expenditure excluding donated services also increased by 9 per cent to £3.15m [2022: £2.89m] as part of our plan to deliver impact by reducing the amount held in reserves.

The expenditure related to donated advertising and billboard space for 2022/23 was split between early diagnosis and supportive services given that these gifts enabled us to grow awareness of the symptoms of ovarian cancer, and direct people to our supportive services. The significant increase in donated support increased our total expenditure in both areas, but even excluding donated services our expenditure on early diagnosis increased by 71 per cent to £824k | 2022: £482k | while expenditure on our supportive services of £1.02m increased by 8 per cent 2022: £942k], demonstrating the charity's ongoing commitment to these greas.

Our expenditure on research of £148k decreased by 62 per cent [2022: £392k], due to the completion of a number of major research projects.

The charity increased its investment in fundraising by 8 per cent to £1.16m 2022: £1.07m] in light of the recommendations of an external fundraising audit. The Senior

Leadership Team and the Board of Trustees will ensure that the additional expenditure generates an appropriate return and continues to maximise the impact the charity has for women with ovarian cancer.

#### **Reserves policy**

We hold financial reserves to ensure that we are able to continue to fund our vital work if our income is lower than expected, and to ensure that the charity has working capital to meet upfront expenditure during the year before income is received.

As a result, the Board of Trustees has agreed a policy to hold three months of salary costs and six months of rent and support costs in unrestricted funds. The total of these amounts at 30 June 2023 gives a target minimum unrestricted reserves figure of £604k, which the charity's closing unrestricted reserves of £795k fully complies with. As above, the closing reserves figure follows a deficit of £396k, demonstrating the charity's commitment to release reserves to drive impact for women with ovarian cancer.

Restricted funds are donations given to the charity for use only in a specific way, which might be due to specific terms set by donors or due to the wording of a fundraising appeal. On 30 June 2023 restricted funds amounted to £215k [2022: £368k].

#### **Investment policy**

The charity aims to secure as a matter of urgency the earliest possible improvements in survival and quality of life for women with ovarian cancer, so surplus funds are not committed to long-term investment but rather are deposited in savings accounts, so that they are readily available.

#### **Going concern**

Having reviewed budgets and cash flow forecasts for a period of 12 months from the date of signing of the accounts, the trustees are able to confirm that they are of the opinion there are no material uncertainties related to events or conditions that may cast significant doubt over the ability of the charity to continue as a going concern.

# Statement of Trustees' responsibilities in respect of the Trustees' annual report and the financial statements

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law, they are required to prepare the financial statements in accordance with UK accounting standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- > state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- assess the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and
- use the going concern basis of accounting unless they either intend to liquidate the charitable company or to cease operations or have no realistic alternative but to do so.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions, disclose with

reasonable accuracy at any time the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006. They are responsible for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, and have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

So far as each of the trustees is aware at the time the report is approved:

- there is no relevant audit information of which the company is unaware
- they have taken all the steps that they ought to have taken to make themselves aware of that information

The Trustees' Report has been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006.

Approved by the trustees on 25 January 2024 and signed on their behalf by:

Emma Kane

Chair, Board of Trustees

# Independent auditor's report to the members of Target Ovarian Cancer

#### **Opinion**

We have audited the financial statements of Target Ovarian Cancer for the year ended 30 June 2023 which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cashflows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- > give a true and fair view of the state of the charitable company's affairs as at 30 June 2023 and of the charitable company's net movement in funds, including the income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in

accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

#### Other information

The trustees are responsible for the other information. The other information comprises the information included in the Trustees' Annual Report and the Chair and Chief Executive's statement. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### Opinions on other matters prescribed by the **Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Annual Report (which includes the strategic report and the directors' report prepared for the purposes of company law) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the strategic report and the directors' report included within the Trustees' Annual Report have been prepared in accordance with applicable legal requirements.

#### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report (which incorporates the strategic report and the directors' report).

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charity Accounts (Scotland) Regulations (as amended) require us to report to you if, in our opinion:

> adequate accounting records have not been kept by the charitable company; or

- the charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

#### Responsibilities of trustees for the financial statements

As explained more fully in the trustees' responsibilities statement set out on page 20, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements

can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the charitable company and the environment in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to the regulatory requirements of the Charity Commission and Office of Scottish Charity Regulator (OSCR), and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006, the Charities Act 2011, the Charity Accounts (Scotland) Regulations (as amended), Charities SORP (2019) and payroll taxes.

We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to the recognition of voluntary income and grant commitments. Audit procedures performed by the engagement team included:

- Enquiries of management regarding correspondence with regulators and tax authorities;
- Discussions with management including consideration of known or suspected instances of non-compliance with laws and regulation and fraud;

- Reviewing the controls and procedures of the charity, particularly in relation to the recording of income and processing of payments and payroll, to ensure these were in place throughout the year;
- Evaluating management's controls designed to prevent and detect irregularities;
- Reviewing and testing journal entries made in the year, in particular journal entries posted with unusual account combinations, postings by unusual users or with unusual descriptions; and
- Challenging assumptions and judgements made by management in their critical accounting estimates which comprise valuation of services in kind, legacy income accruals, grants payable, accruals and deferred income.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

#### **Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, section 44(1)(c) of the Charities and Trustee Investment (Scotland)

Act 2005 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

of EB/t

Kathryn Burton (Senior Statutory Auditor)

For and on behalf of Haysmacintyre LLP, Statutory Auditors

10 Queen Street Place London EC4R 1AG

[25 January 2024]

# **Financial statements**

#### Statement of financial activities

(incorporating an income and expenditure account)

Charity Number: 1125038 Company Number: 6619981

#### For the year ended 30 June 2023

		Unrestricted	Restricted	2023	2022
	Notes	£	£	£	£
Income from:					
Donations, grants & legacies	3	3,709,777	301,722	4,011,499	3,268,030
Investment Income		12,163	0	12,163	2,532
Total income		3,721,940	301,722	4,023,662	3,270,562
Expenditure on:					
Raising funds		1,157,696	0	1,157,696	1,069,805
Charitable activities					
Research		58,928	88,669	147,597	392,412
Earlier Diagnosis		1,378,025	80,767	1,458,792	785,992
Supportive Services		1,510,257	145,684	1,655,941	1,245,895
Total expenditure	4	4,104,906	315,120	4,420,026	3,494,104
Net surplus/(deficit) for the year	5	(382,966)	(13,398)	(396,364)	(223,542)
Funds brought forward		1,038,662	368,316	1,406,978	1,630,520
Transfers		139,429	(139,429)	0	0
Total funds carried forward		795,125	215,489	1,010,614	1,406,978

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements. The comparative SOFA from 2022 can be seen in Note 21.

#### **Balance sheet**

Charity Number: 1125038 Company Number: 6619981

#### **As at 30 June 2023**

			2023		2022
	Notes	£	£	£	£
Fixed assets					
Tangible fixed assets	9		24,777		27,296
Current assets					
Debtors	10	209,734		287,396	
Cash at bank and in hand	11	1,146,592		1,500,483	
		1,356,326		1,787,879	
Liabilities					
Creditors: amounts due within one year	12	(370,489)		(408,198)	
Net current assets			985,837		1,379,682
Total assets less current liabilities			1,010,614		1,406,978
Net assets	14		1,010,614		1,406,978
Funds	14				
Restricted funds			215,489		368,316
Unrestricted funds					
Designated funds	15		0		451,019
			795,125		587,643
General Funds			795,125		1,038,662
Total charity funds			1,010,614		1,406,978

Approved by the Trustees on 25 January 2024 and signed on their behalf by

Delere

**Emma Kane** Chair

Raj Bhogaita Treasurer

The notes on pages 29 - 37 form part of the Financial Statements.

#### Statement of cash flows

#### For the year ended 30 June 2023

	Note	2023	2022
		£	£
Cash provided by (used in) operating activities	19	(352,755)	(360,544)
Cash flows from investing activities			
Dividends, interest and rents from investment		12,163	2,532
Purchase of property, plant and equipment		(13,299)	(15,005)
Cash provided by (used in) investing activities		(1,136)	(12,473)
Change in cash and cash equivalents in the reporting peri	od	(353,891)	(373,017)
Cash and cash equivalents at the beginning of the year	20	1,500,483	1,873,500
Cash and cash equivalents at end of year		1,146,592	1,500,483

	Note	2023	Cash flow movement	2022
		£	£	£
Analysis of changes in net debt				
Cash and cash equivalents	11	1,146,592	(353,891)	1,500,483
Debt due within one year	12	(370,489)	37,709	(408,198)
Total		776,103	(316,182)	1,092,285

# Notes to the financial statements

#### For the year ended 30 June 2023

#### 1. Accounting policies

- a. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Target Ovarian Cancer meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).
- b. The trustees are of the view that there are no material uncertainties regarding the charity's ability to continue as a going concern and therefore the assessment of the trustees is that the charity is a going concern.
- c. Preparation of the accounts requires trustees and management to make significant judgement and estimates. Judgment and estimates have been applied in the accounts in the following areas:
  - Estimating the probability of the receipt of legacy income and estimating the amount to be received
  - · Entitlement to income on multi-year grants received
  - · Estimating the liability of any multi-year grants payable
  - · Estimating the useful economic life of tangible fixed assets
  - Estimating dilapidation costs on cessation of the premises lease
- d. Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund. Transfers between restricted and unrestricted funds are only made when written instructions have been received from the original donor.
- e. Unrestricted funds are donations and other income received or generated for specific charitable purposes.
- f. Donations and legacies are recognised in the financial statements when the charity is entitled to the income, it is more probable than not that the charity will receive the income, and the amount can be measured reliably.
- g. Donated services are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of help from volunteers is not included in the accounts but is described in the Trustees' annual report.
- h. Raising funds relate to the costs incurred by the charitable company in encouraging donations, as well as the cost of any activities with a fundraising and publicity purpose.
- i. Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.
- Grants are recognised to the extent that a liability is incurred from a constructive or a legal obligation.

- k. Support costs are those costs which do not in themselves constitute a charitable or fundraising activity but are necessary to support these activities. They will include central office functions such as finance, HR and general management.
- Expenditure is allocated to the particular activity where the cost relates directly to that activity. Support costs are re-allocated to each of the activities based on direct staff
- m. Governance costs form part of support costs and are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.
- n. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. A full year's depreciation is charged in the year of acquisition. The depreciation rates in use are as follows:

Furniture, fixtures and office equipment 3 years Digital assets 3 years Website upgrade 5 years

- o. Items of equipment are capitalised where the purchase price exceeds £500. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.
- **p.** The charity pays 5 per cent employer contribution to the Private Pension Company on behalf of qualifying employees. The pension cost charge represents contributions payable under the scheme by the charity to the Private Pension Company. The charity has no liability under the scheme other than for the payment of those contributions.
- q. Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor, are charged to the Statement of Financial Activities on a straight-line basis over the lease duration.
- r. The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value. Interest on funds held on deposit is included when receivable and the amount can be reliably measured by the charity; this is normally upon notification of the interest paid or payable by the bank.
- s. The charity will designate funds at its discretion to fund specific programmes or activities. These designated funds can be undesignated at any time if required.

#### 2. Legal status

The charity is a company limited by guarantee and a public benefit entity which has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

#### Notes to the financial statements For the year ended 30 June 2023

#### 3. Donations and legacies

	Unrestricted	Restricted	<b>TOTAL 2023</b>	TOTAL 2022
	£	£	£	£
Legacies	270,994	0	270,994	510,504
Gifts from individuals and trusts	628,525	300,017	928,542	768,919
General donations	1,477,578	1,705	1,479,283	1,355,314
Corporate donations	62,174	0	62,174	25,747
Subtotal	2,439,271	301,722	2,740,993	2,660,484
Donated services	1,270,506	0	1,270,506	607,546
TOTAL	3,709,777	301,722	4,011,499	3,268,030
Gifts in Kind				
Professional Services	0	0	0	5,400
Web advertising	117,752	0	117,752	83,966
Outdoor advertising space	848,099	0	848,099	392,250
Other advertising space	304,655	0	304,655	125,930
TOTAL	1,270,506	0	1,270,506	607,546

	Unrestricted	Restricted	<b>TOTAL 2023</b>	TOTAL 2022
	£	£	£	£
Legacies	510,504	0	510,504	240,201
Gifts from individuals and trusts	283,257	485,662	768,919	1,000,691
General donations	1,347,431	7,883	1,355,314	1,047,338
Corporate donations	15,747	10,000	25,747	49,101
Subtotal	2,156,939	503,545	2,660,484	2,337,331
Donated services	607,546	0	607,546	1,549,021
TOTAL	2,764,485	503,545	3,268,030	3,886,352
Gifts in Kind				
Professional Services	5,400	0	5,400	541
Web advertising	83,966	0	83,966	110,919
Outdoor advertising space	392,250	0	392,250	894,500
Other advertising space	125,930	0	125,930	543,060
TOTAL	607,546	0	607,546	1,549,021

Gifts in kind totalling £1,270,506 relate to publicity of the symptoms of ovarian cancer to encourage earlier diagnosis (£635,253) and publicity of our services to women with ovarian cancer (£635,253) provided at the estimated market rate. During the year, the charity received donations of web advertising space, magazine advertising, professional and management services and outdoor advertising services. The charity has benefited from the contribution of unpaid general volunteers which have not been identified in these accounts. No commitments or other unrecognised contingencies have arisen from these donations.

#### For the year ended 30 June 2023

#### 4. Total expenditure

	Fundraising & Publicity	Research	Earlier Diagnosis	Supportive Services	TOTAL 2023	TOTAL 2022
	£	£	£	£	£	£
Staff costs	486,506	60,813	451,754	573,380	1,572,453	1,183,360
Direct costs	471,803	61,860	89,299	147,421	770,383	755,746
Advocacy	0	0	97,339	64,893	162,232	316,535
Support Costs	199,388	24,924	185,146	234,994	644,452	630,917
Subtotal	1,157,697	147,597	823,538	1,020,688	3,149,520	2,886,558
Donated services	0	0	635,253	635,253	1,270,506	607,546
TOTAL	1,157,697	147,597	1,458,791	1,655,941	4,420,026	3,494,104

Support costs includes £262,799 of staff costs [2022: £299,104], and the Advocacy line also includes £119,453 of staff costs. Total staff costs are £1,954,705 [2022: £1,820,182] as disclosed in Note 6.

Analysis of Support Costs	2023	2022
	£	£
Staff costs	262,799	299,104
Governance costs	15,600	14,016
Office costs	329,165	292,824
Legal and Professional	21,070	11,580
Depreciation	15,818	13,393
TOTAL	644,452	630,917

Support Costs are allocated on the basis of the staff costs of each department.

#### 5. Net income for the year

	2023	2022
This is stated after charging:	£	£
Depreciation	15,818	13,393
Operating lease rentals: Property	69,860	67,023
Auditors' remuneration:	15,600	10,680
	101,278	91,096

No trustees reclaimed expenses in 2023 (2022 £0). No trustees have been paid any remuneration or received any other benefits from an employment or a related entity (2022 £0). There were no other related party transactions in this year or prior year.

#### For the year ended 30 June 2023

#### 6. Staff costs and numbers

Staff costs were as follows:	2023	2022
	£	£
Salaries and wages	1,698,884	1,493,847
Social security costs	183,389	154,928
Pensions	72,431	62,647
Total emoluments paid to staff were:	1,954,704	1,711,422

The key management personnel of the charity comprises the trustees, the Chief Executive, the Director of Finance & Corporate Services, the Director of Development, the Director of Communications, the Director of Programmes, and the Deputy Director of Services. The total employee benefits of the key management personnel of the charity were £594,588 (2022: £494,621), an increase of 17 per cent explained by the cost of interim cover for vacant posts during a number of personnel changes in the year.

In 2023 one employee earned between £100,001 and £110,000 (2022: one employee earned between £100,001 and £110,000). Pension costs relating to this employee amounted to £5,304 (2022: £4,709). In 2022 one employee earned between £90,001 and £100, 000. In 2022 one employee earned between £80,001 and £90,000. In 2023 one employee earned between £70,001 and £80,000 (2022: one employee earned between £70,001 and £80,000).

	2023	2022
	No.	No.
Fundraising	13.8	15.0
Research	1.4	2.0
Supportive Services	12.1	6.2
Earlier Diagnosis	10.3	3.0
Advocacy	3.5	3.0
Governance	0.1	0.6
Support	6.0	8.6
	47.2	38.4

At 30 June 2023 the charity employed 47 staff (2022: 39 staff). The average number of staff in the year was 44 (2022: 35).

#### 7. Grant making

	2023	2022
	£	£
Research Grants	35,638	98,866
	-	
Costs of managing the grant making programme	60,813	40,717

In 2022/23 the Scientific Advisory Board agreed to award a medical research grant of £229,999 to Professor Sadaf Ghaem-Maghami, Imperial College London to investigate DCAF15 amplification as a therapeutic target to unleash local anti-tumour immunity.

#### 8. Taxation

Target Ovarian Cancer is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2011 and, therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### 9. Tangible fixed assets

	2023	2022
	£	£
Furniture, fixtures and equipment		
Cost		
At the start of the year	230,022	215,017
Additions in the year	13,299	15,005
At the end of the year	243,321	230,022
Depreciation		
At the start of the year	202,726	189,333
Charge for the year	15,818	13,393
At the end of the year	218,544	202,726
Net book value		
At the end of the year	24,777	27,296
At the start of the year	27,296	25,684

#### 10. Debtors

2023	2022
£	£
38,957	76,722
170,777	210,674
209,734	287,396
	38,957 170,777

#### 11. Cash at bank and in hand

	2023	2022
	£	£
Current accounts	546,080	900,743
Short term bank deposits	600,512	599,740
	1,146,592	1,500,483

#### 12. Creditors and accruals

	Amounts due within one year	
	2023	2022
	£	£
Trade creditors	96,999	19,286
Deferred income	5,434	76,497
Grants payable	141,697	196,608
Taxation and social security	46,981	0
Accrued expenditure	79,378	115,806
	370,489	408,197
There were no creditors due after one year.		
Deferred income		
	2023	2022
	£	£
Opening deferred income	76,497	4,949
Released in the accounting period	76,497	(4,949)
Deferred to future periods	5,434	76,497
Closing deferred income	5,434	76,497
Analysed as deferred income falling due		
Within one year	5,434	76,497
After one year	0	0
Grants Payable at 1st July 2022	196,608	
Grants awarded	35,638	
Write backs of completed grants	(58,776)	
Grant payments made in year	(31,773)	
Total Grants Outstanding at 30th June 2023	141,697	

#### 13. Financial instruments

		2023	2022
		£	£
Cash		1,146,592	1,500,483
Financial assets held at amortised cost	a)	142,729	167,865
Financial liabilities held at amortised cost	b)	(141,697)	(380,564)
Net financial assets		1,147,624	1,287,784

- a) Financial assets held at amortised cost included debtors, accrued income and other debtors but excludes prepayments.
- b) Financial liabilities held at amortised costs include trade creditors and all other creditors except deferred income and statutory taxes.

#### 14. Analysis of net assets between funds

2023	Unrestricted Funds	Restricted Funds	Total funds 2023
	£	£	£
Tangible fixed assets	24,777	0	24,777
Current assets	999,142	357,186	1,356,326
Current liabilities	(228,793)	(141,697)	(370,489)
Net assets at the end of the year	795,125	215,489	1,010,614

2022	Unrestricted Funds	Restricted Funds	Total funds 2022
	£	£	£
Tangible fixed assets	27,296	0	27,296
Current assets	1,151,829	636,051	1,787,880
Current liabilities	(140,463)	(267,735)	(408,198)
Net assets at the end of the year	1,038,662	368,316	1,406,978

#### 14. Analysis of net assets between funds continued

Movements in funds 2023	At the start of the year	Income	Expenditure	Transfers	At the end of the year
	£	£	£	£	£
Restricted funds:					
Supportive Services	19,550	53,268	(72,818)	0	0
Research Programme	312,637	120,950	(88,669)	(139,429)	205,489
Earlier diagnosis	0	22,620	(12,620)	0	10,000
In Touch	12,866	0	(12,866)	0	0
Peter Sowerby Foundation	23,263	44,884	(68,147)	0	0
Julia and Hans Rausing Trust		60,000	(60,000)	0	0
Total restricted funds	368,316	301,722	(315,120)	(139,429)	215,489
Total designated Funds	451,019	0	0	(451,019)	0
Total unrestricted funds	587,643	3,721,940	(4,104,906)	590,448	795,125
Total funds	1,406,978	4,023,662	(4,420,026)	0	1,010,614

At the start of the year	Income	Expenditure	At the end of the year
£	£	£	£
0	84,430	(64,880)	19,550
344,907	212,697	(244,967)	312,637
0	131,532	(131,532)	0
12,866	0	0	12,866
46,930	44,885	(68,553)	23,262
1,550	30,000	(31,550)	0
406,253	503,544	(541,482)	368,315
736,000	0	(284,981)	451,019
488,267	2,767,017	(2,667,641)	587,643
1,630,520	3,270,561	(3,494,104)	1,406,977
	of the year £  0 344,907 0 12,866 46,930 1,550  406,253 736,000 488,267	of the year £  0 84,430 344,907 212,697 0 131,532 12,866 0 46,930 44,885 1,550 30,000  406,253 503,544 736,000 0 488,267 2,767,017	f         f

#### Purpose of funds

Supportive Services To provide information and support to women with ovarian cancer.

Research Programme To fund research into aspects of ovarian cancer.

Earlier diagnosis To raise awareness of the symptoms of ovarian cancer.

In Touch To provide support networks for women with ovarian cancer.

Peter Sowerby Foundation To identify and break down the barriers to the diagnosis of ovarian cancer.

Rausing Charitable Trust To provide information and support to women with ovarian cancer.

Pathfinder To support the evaluation of ovarian cancer services.

#### 15. Designated Funds

In the year, the trustees made the decision to return a number of amounts from designated funds to unrestricted funds. £451,019 was returned to unrestricted funds from a designation to research, £90,000 from the expansion of supportive services, and £15,386 from the charity's diversity, inclusion and equality work. These areas remain strategically important to the charity and future activity will be funded from core budgets and planned in line with general spend.

#### 16. Contingent liabilities

During the year 2022-23, the charity entered into a long-term grant arrangement with the Department of Surgery and Cancer at Imperial College London. The Scientific Advisory Board awarded a grant of £229,999 over 36 months. All grant funding is subject to annual review by the Scientific Advisory Board before each year of funding is released.

#### 17. Commitments under operating leases

As at 30 June 2023, the charity had the following annual commitments under non-cancellable operating leases.

		Land & buildings	
	2023	2022	
	£	£	
0 - 1 years	52,586	52,586	
2 - 5 years	76,934	234,692	

#### 18. Related party transactions

Donations from trustees and on their behalf of £170,616 (2022: £126,335) were received during 2023. All trustees donated during the year.

### 19. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2023	2022
	£	£
Net income /(expenditure) (as per the statement of financial activities)	(396,364)	(223,542)
Adjustments for:		
Depreciation charges	15,818	13,393
Dividends, interest and rents from investment	(12,163)	(2,532)
(Increase)/Decrease in debtors	77,662	(105,427)
Increase/(Decrease) in creditors	(37,708)	(42,436)
Net cash provided by/(used in) operating activities	(352,755)	(360,544)
20. Analysis of cash at bank and in hand		

2023

1,146,592

2022

1,500,483

#### 21. SOFA 2021-22 comparator

#### **Statement of financial activities**

(incorporating an income and expenditure account)

#### For the year ended 30 June 2023

		Unrestricted	Restricted	2022	2021
	Notes	£	£	£	£
Income from:					
Donations & legacies	3	2,764,485	503,545	3,268,030	3,886,352
Investment Income		2,532	0	2,532	3,005
Other income					
Total income		2,767,017	503,545	3,270,562	3,889,357
Expenditure on:					
Raising funds		1,069,805	0	1,069,805	845,003
Charitable activities					
Research		115,896	276,516	392,412	239,145
Earlier Diagnosis		585,906	200,086	785,992	1,115,261
Supportive Services		1,181,015	64,880	1,245,895	1,288,202
Total expenditure	4	2,952,622	541,482	3,494,104	3,487,611
Net deficit for the year	5	(185,605)	(37,937)	(223,542)	401,746
Funds brought forward		1,224,267	406,253	1,630,520	1,228,774
Total funds carried forward		1,038,662	368,316	1,406,978	1,630,520

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

Charity Number: 1125038 Company Number: 6619981

# Reference and administrative details

#### **Target Ovarian Cancer**

Registered charity number 1125038 (England and Wales) and SC042920 (Scotland).

A company limited by guarantee, registered in England and Wales (No. 6619981).

#### **Trustees**

Emma Kane (Chair) Raj Bhogaita (Treasurer) Joanna M. Barker MBE Sonya Branch Alexandra Cran-McGreehin (resigned 20 March 2023) **Anabel Fielding** Miriam Jordan Keane Shona Spence (resigned 23 February 2023)

#### **Chief Executive**

**Annwen Jones OBE** 

#### **Company Secretary**

Alexine Horsup (resigned 14 December 2022) Annwen Jones OBE (appointed 14 December

#### **Governing document**

Memorandum and Articles of Association, 13 June 2008.

New Articles of Association adopted by Special Resolution, 29 December 2011, as amended by Special Resolution, 21 November 2013 and 14 April 2016.

#### **Registered office**

30 Angel Gate, London, EC1V 2PT 020 7923 5470 info@targetovariancancer.org.uk

#### **Bankers**

**CAF BANK Ltd** 25 Kings Hill Avenue Kings Hill West Malling **ME19 4JQ** 

Coutts & Co 440 Strand London WC2R 0QS

Flagstone Investment Management 17th Floor **New Zealand House** 80 Haymarket London SW1Y 4TE

#### **Auditor**

Haysmacintyre LLP, Statutory Auditors 10 Queen Street Place London EC4R 1AG

#### **Solicitor**

Stone King LLP **Boundary House** 91 Charterhouse Street London EC1M 6HR

# www.targetovariancancer.org.uk

# Acknowledgements

The Board of Trustees wishes to acknowledge the following for their outstanding support of **Target Ovarian Cancer** during the past year:

#### **Celebrity ambassadors**

Annette Badland Susan Calman Gaby Roslin

#### **Directors Emeriti**

Lisa Attenborough Margaret Chamberlain

#### **Honorary patrons**

Professor Sir Kenneth Calman KBE PhD MD FRCS FRCP Dame Janet Gaymer DBE KC Sarah Greene

#### **Development Board**

Joanna Barker MBE (Chair) Lisa Attenborough Helen Benigson Alison Esse **Anabel Fielding** Emma Kane, Chair of Trustees Dee McCourt

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Ardeola Charitable Trust The Albert Gubay Charitable Foundation Julia and Hans Rausing The Betty Messenger Charitable Foundation Annette Mills Charitable Trust The Edith Murphy Foundation The Peter Sowerby Foundation The David and Ruth Lewis Family Charitable Trust The John James Bristol Foundation The James Tudor Foundation

#### **Scientific Advisory Board**

**Professor Ruth Plummer MBE** (Chair), Professor of Experimental Cancer Medicine at the Northern Institute for Cancer Research, Newcastle University

Professor Richard Edmondson, Clinical Professor in Gynaecological Oncology, Manchester University

Dr Ros Glasspool, Chair of the ovarian cancer sub-group, National Cancer Research Institute, Consultant Medical Oncologist and Honorary Clinical Senior Lecturer, University of Glasgow

#### Professor Maurizio D'Incalci,

Laboratory of Cancer Pharmacology, Humanitas Research Hospital, Milan

Dr Rebecca Kristeleit, Consultant Medical Oncologist, Guy's and St Thomas' NHS Foundation

Professor Chris Lord, Deputy Head of Division and Leader of the Gene Function Team at The Institute of Cancer Research, London

#### **Primary Care Advisory Board**

Dr Nigel Sparrow OBE (Chair), Former Senior National GP Adviser, Care Quality Commission

Miss Beena Abdul, Consultant Gynaecological Oncology Surgeon, Oxford University Hospital

Jenny Aston QN, Advanced Nurse Practitioner and RCGP Nurse Champion

Dr Victoria Barber, GP Principal, Parklands Surgery Northants

Dr Nina Craft, General Practitioner, Woodbrooke Medical Practice. Belfast

Dr Elise Lang, General Practitioner and Macmillan GP Cancer Lead for Velindre NHS Trust, Macmillan GP **Adviser Wales** 

**Dr Charlotte Badescu**, General Practitioner, North West England

**Dr Hilary Morrison**, Patient representative

Professor Debbie Sharp, Professor of Primary Health Care, University of Bristol

#### **Clinical Advisory Panel**

Dr Victoria Barber, General Practitioner, Kettering

Mr Janos Balega, Consultant Gynaecological Oncologist, Birmingham

Lynn Buckley, Clinical Nurse Specialist, Hull

Professor Richard Edmondson, Clinical Professor in Gynaecological Oncology, Manchester

#### Dr Alison Farmer,

Psycho-oncology Nurse Specialist, Southampton

Professor Iain McNeish, Clinical Professor of Gynaecological Oncology, London

Dr Alex Murray, Cancer Genetics Lead Clinician for the All Wales Medical Genetics Service

Dr Jennifer Pascoe, Consultant Medical Oncologist, Birmingham

Dr Marc Tischkowitz, Honorary Consultant, Department of Medical Genetics, Cambridge

Dr Sarah Williams, Consultant Medical Oncologist, Birmingham

Lisa Young, Clinical Nurse Specialist, Southampton

If you wish to donate to Target Ovarian Cancer, please visit targetovariancancer.org.uk or call 020 7923 5470.



# Symptoms of ovarian cancer



Persistent bloating – not bloating that comes and goes



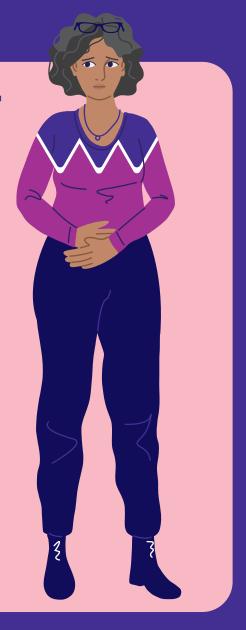
Feeling full quickly and/ or loss of appetite



Pelvic or abdominal pain (that's your tummy and below)



Urinary symptoms (needing to wee more urgently or more often than usual)



Need someone to talk to about ovarian cancer? Contact our nurse-led support line.









(👣 targetovariancancer.org.uk

