Company registration number 08635392 (England and Wales)

# POWER TO INSPIRE ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

#### **LEGAL AND ADMINISTRATIVE INFORMATION**

**Trustees** Mr C P Grayson

Mr R Lightfoot Mr A J Macklin Ms A M Sykes Ms G E Thake Mr P E Bubb Mr M K Chetty Ms R L Condie Mr M Daryanani Mr L J S Harden

Ms R J Foster (Appointed 20 January 2024)
Mr S M Peak (Appointed 20 January 2024)

Charity number 1162631

Company number 08635392

Registered office South Barn, Church Farm

Royston Lane Comberton Cambridge United Kingdom CB23 7EE

Independent examiner Mark Jackson FCA DChA

Azets Westpoint Lynch Wood Peterborough PE2 6FZ

**Bankers** Metro Bank

Unit 1

Christ's Lane Cambridge Cambridgeshire CB2 3BZ

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# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees present their annual report and financial statements for the year ended 31 December 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### Objectives and activities

Power2Inspire's vision is of a society where everyone can enjoy inclusive sport together, or as we say, "No one left on the bench". Our mission is to embed inclusive sport in communities by delivering events for everyone to enjoy:

- Our PowerHouseGames, our inclusive sports sessions with Universities and Schools;
- Games2Inspire:
- Festivals of Inclusive Sports, including Super Sensory Kilometres.

Inspired by our founder's experience of not being allowed to join in sport with his non-disabled friends, Power2Inspire is committed to creating sporting opportunities for all. This includes encouraging everyone regardless of age, gender, race, faith, or (dis)ability, to play sport together.

We take our PowerHouseGames primarily into universities. We use a range of sports including sitting volleyball, new age kurling, visual impaired football, goalball, and boccia. These games are by their nature inclusive, but we also adapt them to suit the needs of each occasion, to include numbers, timing, length and the choice of sports. The purpose is to bring together different parts of the community: university students, local school students from state, independent and SEN schools and local companies, breaking down all sorts of perceived barriers. We are increasingly taking the PowerHouseGames into sports clubs too, encouraging academy, women and men's first teams to mix.

Our Games2Inspire are to demonstrate inclusive and adapted sports in mainstream schools and wherever possible ensure the participation of disabled and others with additional needs in activities with their peers.

We also hold Festivals of Inclusive Sport, concentrating at each festival on one sport. Each time there has been true inclusive sport, with all abilities playing together. In 2023, we held Festivals of Inclusive Boccia and Tennis, as well as our annual SuperSensory Inclusive Kilometre at Histon which gives people the opportunity to exercise with their friends while experiencing using all of their senses. So successful have these 'SS1Ks' been that we were invited to hold three more in new locations in 2023.

Taking all of the above into account the trustees have given due consideration to the Charity Commission's published guidance on public benefit and consider the charity's objectives and activities to be in line within the general charitable purpose of advancement of health and education.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### Achievements and performance

2023 has been a stunning year of growth as we, and society, bounced back from the Covid-19 pandemic.

We held 18 PowerHouseGames, up from 11 in 2022 and just 3 in 2021, including return visits to Leicester Tigers, Worcester University, and new ones at Warwick and Roehampton Universities and with Middlesex County Cricket Club at Lord's. We are delighted that interest from sports clubs and colleges at Cambridge University also is growing and thank the University Sports Centre for their continued support.

Games2Inspire remained steady at 24 days as schools returned to a post-Covid world. Or great thanks to Quilters Junior School as they hosted their sixth Paralympic Week based on our Games2Inspire.

Building on the enthusiasm of the truly integrated SuperSensory Inclusive Kilometre at Histon's Running Festival on the May Day Bank Holiday we held SS1Ks at Shelford and Fulbourn and a corporate version with Liberty Global. Boccia and Tennis Festivals continued the fun and success of our Festivals of Inclusive Sport series.

We partnered with Jefferies and Leonard Cheshire to host an inclusive online seat-based exercise session with the rugby clubs from Oxford and Cambridge universities; and have plans to deliver a PowerHouseGames in Oxford in 2024.

Summary of events and attendance:

Summary	2023	2023	2022	2022
	Events	Attendees	Events	Attendees
PowerHouseGames	18	1,067	11	665
Games2Inspire	24	3,382	25	3,939
Community Games	4	150	4	84
Festival of Inclusive Sports	2	115	4	171
SS1Ks	4	159	1	96
TOTALS	52	4,873	45	4,955

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

Financial review		
Income and expenditure	2023	2022
•	£000	£000
Income	89	69
Expenditure	(93)	(99)
Surplus/(Deficit)	(4)	(30)

Income was significantly helped not only by the increased number of PowerHouseGames but also by our 108 Challenge. Our founder John Willis paddled 108 miles from Cricklade to Eton to celebrate our 10th anniversary, raising over £17,000. The investment in a communications agency made in 2022 and carried through to 2023 paid dividends as the 108 Challenge gained media attention resulting in a Pride of Britain regional fundraiser award for ITV East Anglia (west) for John. He was also named by the Shaw Trust as one of the top 100 most influential disabled people in the UK and given the Points of Light award by Prime Minister Rishi Sunak, for 4th December 2023.

Costs raised in line with the increased activity but were also affected by inflation.

Balance sheet	2023	2022
	£000	£000
Fixed assets	0	0
Current assets	15	18
Current liabilities	(12)	(11)
Net assets	3	7

The charity has now used the reserves, built up during 2021 and 2022, as an investment as the geographical reach has expanded in accordance with the trustees' strategy. In line with the trustees' commitment to the financial viability of the charity the strategic plan for 2024 is to consolidate the number of activities and increase revenue received for each day's activity, whether this comes from grants, donations or sales. A special sub-committee has been established to investigate increasing revenue and minimising costs.

The majority of the charity's funding comes from donations and due to the unpredictable nature of fundraising income the trustees maintain reserves to support the charity's financial sustainability. It is the policy of the trustees that reserves representing three to six months' expenditure should be held in reserves. With the arrival of an anticipated grant in January 2024 trustees are again able to maintain this policy.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees are responsible for ensuring effective risk management, and that internal controls are in place to appropriately manage the risk exposure of Power To Inspire. The main risks faced by the charity are "Loss of fundraising income"; and "Safeguarding" failures.

We aim to diversify our sources of funding by reaching out to a wide range of organisations including Government, schools, other charities, businesses and individuals, so we are not dependent upon one source of funding for all our activities. When we run our events, which by design include vulnerable people, young and old, we do this in partnership with schools and other organisations so that professional safeguarding standards are maintained throughout.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

The key risks faced by the charity and its mitigations of those risks are set out below.

#### Risk 1 - Safeguarding, an incident occurs at an event involving a child or vulnerable adult.

*Mitigation* - Safeguarding policy set and followed; liaison with schools and other participating organisations to use their expertise in safeguarding. Specialist sub-committee established to review best practice, any incidents and to review the charity's policy. It reports to the Board at every meeting.

#### Risk 2 - Failure to find sufficient funds to cover costs.

*Mitigation* - Fundraising plan agreed; finances monitored, and actions agreed at Board; indirect costs minimised. Sub-committee formed to review sources of income and expenditure. Will report to the board frequently.

#### **Risk 3** - Failure to find sponsors for University PowerHouseGames.

Mitigation - Events and finances planned in advance and only go ahead if finances are satisfactory.

#### Risk 4 - Loss of Founder & Chief Ambassador.

*Mitigation* - Increase diversity of Board; seek funding for additional paid staff, separate CEO employed to lead the charity, and plan for succession. Develop a team of Ambassadors, themselves reputed disabled sports players, to host the events in place of the Chief Ambassador, which will also reduce the strain on his diary especially as we increase geographical coverage.

#### **Risk 5** - Unable to run events due to unforeseen circumstances, including a return of Covid-19 or other pandemic. *Mitigation* - Re-establish and then maintain contact with participating organisations; minimise indirect costs; investment in marketing and advertising; word of mouth following a return to increased activity and new ways of working.

#### Risk 6 - Lack of demand for events.

Mitigation - Feedback taken at events and learning taken; investment in PR and communications.

#### Risk 7 - Board does not have the skills to run the organisation.

*Mitigation* - Skills matrix; recruitment drive, including specialist expertise; trustee training opportunities.

#### Risk 8 - CEO does not deliver on strategy set by the Board.

Mitigation - Scheme of delegation of authority; clear strategy set; performance measured against strategy at Board meetings.

#### Plans for future periods

The charity's trustees reviewed the strategy set in 2023 in January 2024 and broadly agreed to continue with it.

Those priorities are:

- Increasing the PowerHouseGames by a modest number primarily through repeats at venues that have held one before.
- · Maintaining the number of Games2Inspire.
- Developing the SuperSensory Inclusive Kilometres as a flagship within the banner of Festivals of Inclusive Sport.
- · Increasing the revenue from each day's activity to ensure the charity's sustainability.
- Promoting the 108 Challenge to clubs, schools, community groups and companies to fundraise for the charity in fun and inclusive ways.

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### **Fundraising**

Power To Inspire's fundraising has been undertaken by staff, trustees and volunteers. The charity has not used professional fundraisers during the year.

Power To Inspire's fundraising team adheres to Section 1.2 of the Code of Fundraising Practice and is committed to protecting vulnerable donors. We are not aware of any occasion when we have been in breach of the Fundraising Code of Practice.

We have received no complaints relating to the Fundraising team.

#### Going concern

The trustees have reviewed the circumstances of Power To Inspire and consider that adequate resources are available to fund the activities of the group for the foreseeable future. Projections are included in management's regular financial reports to trustees, and income and expenditure is monitored against budget. The trustees are of the opinion that the charity is a going concern and the accounts have been prepared on this basis.

#### Structure, governance and management

The charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr C P Grayson

Miss V A lbbett (Resigned 24 February 2023)
Mr M A Latchmore (Resigned 20 December 2023)

Mr R Lightfoot Mr A J Macklin

Ms A M Sykes

Mr D J Oldham (Resigned 22 February 2023)
Mr R P Hill (Resigned 1 August 2023)

Ms G E Thake Mr P E Bubb Mr M K Chetty Ms R L Condie

Mr M Daryanani

Mr L J S Harden Ms R J Foster

Ms R J Foster (Appointed 20 January 2024)
Mr S M Peak (Appointed 20 January 2024)

The charity recruits trustees to match the skills needed on its Board. Trustees are inducted into the charity by the Chair and Chief Executive.

The Board meets at least four times a year to discuss strategy, policy and funding.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees' report was approved by the Board of Trustees.

Mr A J Macklin **Trustee** 

11 March 2024

#### INDEPENDENT EXAMINER'S REPORT

#### TO THE TRUSTEES OF POWER TO INSPIRE

I report to the trustees on my examination of the financial statements of Power to Inspire (the charity) for the year ended 31 December 2023.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mark Jackson FCA DChA
Azets
Westpoint
Lynch Wood
Peterborough
Cambridgeshire
PE2 6FZ
United Kingdom

Dated: 12 March 2024

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

#### FOR THE YEAR ENDED 31 DECEMBER 2023

Un	restricted	Restricted	Total	Unrestricted	Restricted	Total
			2023			2022
Notes	£	£	£	£	£	£
3	33,192	30,772	63,964	24,690	30,000	54,690
4	24,808	-	24,808	13,904	-	13,904
5	100		100	22		22
	58,100	30,772	88,872	38,616	30,000	68,616
6	3,565		3,565	6,266		6,266
7	58.410	30.772	89.182	62.293	30.387	92,680
•						
	61 075	30 772	92 747	68 550	30 387	98,946
	(3,875)	-	(3,875)	(29,943)	(387)	(30,330)
				4,416	(4,416)	
year/						
	(3,875)	-	(3,875)	(25,527)	(4,803)	(30,330)
	6,523		6,523	32,050	4,803	36,853
	2,648	-	2,648	6,523	-	6,523
	Notes 3 4 5 6 7	funds 2023 Notes £  3	funds 2023 2023  Notes £ £  3 33,192 30,772 4 24,808	funds 2023       2023       2023       2023         Notes       £       £       £         3       33,192       30,772       63,964         4       24,808       -       24,808         5       100       -       100         58,100       30,772       88,872         6       3,565       -       3,565         7       58,410       30,772       89,182         61,975       30,772       92,747         (3,875)       -       (3,875)         year/       (3,875)       -       (3,875)         6,523       -       6,523       -       6,523	funds 2023         funds £ £ £ £ £ £         funds £ £ £ £ £ £           3         33,192         30,772         63,964         24,690         424,698         13,904         13,904         13,904         13,904         13,904         13,904         13,904         100         22         100         23         100         100         22         100         100         22         100         100         22         100 <td>funds 2023         funds 2023         funds £ £         funds 2022 2022 2022 2022 2022 2022 2022 20</td>	funds 2023         funds 2023         funds £ £         funds 2022 2022 2022 2022 2022 2022 2022 20

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

#### **BALANCE SHEET**

#### AS AT 31 DECEMBER 2023

		2023		2022	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	12		168		268
Current assets					
Debtors	13	4,790		6,071	
Cash at bank and in hand		9,561		11,662	
		14,351		17,733	
Creditors: amounts falling due within		1 1,00 1		.,,,,,	
one year	14	(11,871)		(11,478)	
•					
Net current assets			2,480		6,255
Total assets less current liabilities			2,648		6,523
Income funds					
Unrestricted funds			2,648		6,523
			2,648		6,523

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 11 March 2024

Ms G E Thake

Trustee

Company Registration No. 08635392

#### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1 Accounting policies

#### **Charity information**

Power to Inspire is a private company limited by guarantee incorporated in England and Wales. The registered office is South Barn, Church Farm, Royston Lane, Comberton, Cambridge, CB23 7EE, United Kingdom.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computer equipment

20% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1 Accounting policies

(Continued)

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

3	Donations and legacies				
		Unrestricted funds	Restricted funds	Total	Total
		2023 £	2023 £	2023 £	2022 £
	Donations and gifts Grants	33,192	30,772	33,192 30,772	24,690 30,000
		33,192	30,772	63,964	54,690
4	Charitable activities				
				2023 £	2022 £
	Sales within charitable activities			24,808 =====	13,904
5	Investments				
			U	nrestricted funds	Total
				2023 £	2022 £
	Interest receivable			100	
6	Raising funds				
				2023 £	2022 £
	<u>Fundraising and publicity</u> Other fundraising costs			2,884	3,505
	<u>Trading costs</u> Other trading activities			681	2,761
				3,565	6,266

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

7	Charitable activities						
						2023	2022
						£	£
	Staff costs					47,060	43,739
	Depreciation and impairmen	nt				101	101
	Insurance					519	476
	Marketing and advertising					15,363	25,348
	Admin and PA support					2,563	4,660
	Event costs					10,816	9,612
	Travel					5,035	3,016
	Administrative expenditure					4,780	3,343
	Trustees' expenses					825	405
						87,062	90,700
	Share of governance costs	(see note 8)				2,120	1,980
						89,182	92,680
	Analysis by fund						
	Unrestricted funds					58,410	62,293
	Restricted funds					30,772	30,387
						89,182	92,680
8	Support costs						
		Support G	overnance	2023	Support Go	vernance	2022
		costs	costs		costs	costs	
		£	£	£	£	£	£
	Accountancy and legal						
	fees	-	2,120	2,120	-	1,980	1,980
			2,120	2,120		1,980	1,980
	Analysed between						
	0		0 100				

#### 9 Trustees

Charitable activities

None of the trustees (or any persons connected with them) received any remuneration during the year, but one of them was reimbursed a total of £90 expenses (2022- none).

2,120

1,980

1,980

2,120

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 10 Employees

The average monthly number of employees during the year was:

The area ago menting managers of employees assuing the year mater	2023 Number	2022 Number
	1	1
Employment costs	2023 £	2022 £
Wages and salaries Other pension costs	45,871 1,189	42,659 1,080
	47,060 =====	43,739

There were no employees whose annual remuneration was more than £60,000.

#### 11 Taxation

The charity is exempt from tax on income and gains falling within sections 466 to 493 of the Corporation Tax Act 2010 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

#### 12 Tangible fixed assets

	Computer equipment
	£
Cost	
At 1 January 2023	4,124
At 31 December 2023	4,124
At 31 December 2023	<del>4,124</del>
Depreciation and impairment	
At 1 January 2023	3,855
Depreciation charged in the year	101
At 31 December 2023	3,956
Carrying amount	
At 31 December 2023	168
At 31 December 2023	===
At 31 December 2022	268

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

13	Debtors		
13	Deptors	2023	2022
	Amounts falling due within one year:	£	£
	Trade debtors	4,770	6,051
	Other debtors	20	20
		4,790	6,071
14	Creditors: amounts falling due within one year		
		2023	2022
		£	£
	Other taxation and social security	2,778	1,592
	Trade creditors	4,000	4,446
	Other creditors	223	210
	Accruals and deferred income	4,870	5,230
		11,871	11,478

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

# 15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

		Move	Movement in funds			Movement in funds	funds	
	Balance at 1 January 2022	Incoming resources	Resources expended	Transfers 1 J	Balance at 1 January 2023	Incoming resources	Resources expended	Balance at 31 December 2023
	A	A	લ	A	СÜ	Э	CH.	щ
Active Essex	4,416	•	•	(4,416)	•	٠	•	•
Community PowerHouseGames	387	•	(387)	•	•	•	•	•
Boost Charitable Trust	•	11,000	(11,000)	1	•	11,000	(11,000)	•
Philip King Charitable Trust	•	19,000	(19,000)	1	1	15,000	(15,000)	•
Cambridge Rotary Club South	•	•		•	•	2,000	(2,000)	•
High Sheriff Fund	•	1	1	1	•	2,000	(2,000)	•
Tennis 4 Cambridge	•	•	•	•	•	772	(772)	1
	4,803	30,000	(30,387)	(4,416)	•	30,772	(30,772)	•

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

# 15 Restricted funds

(Continued)

The grant from Active Essex was restricted to providing "mixed" PowerHouseGames in Essex SEN schools.

The Community PowerHouseGames funding was for Inclusive T'ai Chi delivered by a Cambridgeshire specialist who has a disability and was being championed by Living Sport during lockdown.

Boost Charitable Fund is to cover an extra day a week of the deputy CEO's time to enable the charity to deliver more inclusive sport.

The grant from Philip King Charitable Trust is to enable the charity to deliver more Single School PowerHouseGames, to purchase new equipment, to develop the Castle School Leadership Development Programme and to develop and grow the Festival of Inclusive Sports Series.

Cambridge Rotary Club South provided funding to enable us to hold two PowerHouseGames – the Cambridge University Cricket Club and Cambridge University Football Club PowerHouseGames engaging over 150 participants including 24 disabled players.

The High Sheriff fund provided similar funding for Cambridge University's Rugby League and Netball clubs to combine to host and for Fitzwilliam College to host a PowerHouseGames, again with over 150 participants.

Tennis4Cambridge funded our Festival for Inclusive Tennis.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 16 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).