

# **M&C Foundation**

## **Annual Report and Accounts**

**For the year ended 31<sup>st</sup> August 2023**



# M&C FOUNDATION

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# M&C FOUNDATION

Trustees' Annual Report for the year ending 31st August 2023

The trustees, who are also the directors for the purposes of company law, present their report and the independently examined financial statements of the charity for the year ended 31 August 2023.

## REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name: M&C Foundation

Charity registration number: 1190164

Company registration number: 11512483

**Registered office:** 5A Uxbridge Road,  
Shepherd's Bush,  
London, W12 8LJ

### Trustees:

Assad Gulaid Ayaanle – Chairperson

Miss Hamdi Suleyman - Treasurer

Abdimajib Said – Vice Treasurer

Miss Malel Barre – Vice - Secretary

**Company Secretary:** Mohamed Sharif Abdulkadir

**Independent Examiner:** BK Community Accountant Ltd  
Chartered Certified Accountant  
Arches 420-421 Burdett Road,  
London, E3 4AA

**Bankers:** Metro Bank,  
137 Chiswick High Road  
London, W4 2ED

## **M&C Foundation Management Committee Report**

The M&C Foundation Ltd is a voluntary organization established on the 13 August 2018 to support the need of ethnic Minority Communities in the United Kingdom

The organization's works focus on supporting migrants, refugees and asylum seekers in the UK including children and young people

The M&C Foundation Ltd Community Association 's Objectives as laid out in its constitution are:

1. For the benefit of the public, specifically, mothers, children and young people, to promote amateur sport activities which promote good health and wellbeing.
2. To advance the education of the beneficiaries in the subjects of numeracy, Maths and Literacy skills
3. To advance the education of employment skills of the beneficiaries in the subjects of IT, CV building, interview technique, job search and writing job applications
4. To promote social cohesion and reduce isolation of the beneficiaries through recreational activities including outing, dancing and social clubs.

### **Achievement and Performance**

M&C Foundation undertook number of activities over the last year which includes the following:

1. We organised a health promotion program through martial Art activities where we supported 15 young people to improve their life skills, health, and self-confidence.
2. We provided training for employment that benefited 26 unemployed service users. The Participants improved their employability opportunities, and we are pleased to report that 13 of them have been able to secure part- and full-time employment.

3. We provided advice, information and referral services on education, welfare benefit and housing. The service helped 76 service users make informed decisions and improve their ability to seek their full rights.
4. We facilitated volunteering opportunities for 4 local volunteers to volunteer with M&C Foundation's activities and projects.
5. We delivered after school clubs for young people, this enabled participants to improve their performance at school and educational attainments.
6. We provided hot meals for 11 homeless persons in London of Hammersmiths and Fulham on the height of the lockdown.
7. We provided food parcels and essential goods for 300 families for last 12 months supporting families impacted by Covid-19.

### **M&C Foundation's Strategic Plan for 2022-2023**

There was no year like 2022, number of our beneficiaries and their families perished due to Covid-19, which has been a very challenging for the organisation and its service users. Covid-19 presents number of challenges for our service users both emotionally and economically. We have to adapt and change as organisation as we face this global disaster and with that in mind, the trustees agreed to undertake the followings for 2022/2023.

1. We will continue to deliver 12 months of employment sessions to support local people back into work this year, we are already experiencing high number of participants seeking employment support, and we anticipate supporting 40-60 people.
2. We will work with specialist organisations to increase our advice and referrals sessions to support more users in need of education, training and welfare entitlement.
3. We will continue to run Martial Art activities to improve support 22 young people's life skills and health.
4. We will undertake a series of workshops on financial resilient for women on money management skills, savings, budgeting etc. We anticipate supporting about 60 women over the next 10 months.

5. We will undertake extensive digital homework club to support 30 young people improve their school performance and attainments.
6. We planned to deliver hot meals, food parcels and essential goods to 160 families over the next 6 months, these families are struggling to pay for their essential food and goods.

## **Financial Review**

This Financial year we had unrestricted income of £4,306 and restricted income of £39,187. Total income was £43,493. We had a net Movement of fund of £570 on the unrestricted income and £10,378 on restricted income. The charity had unrestricted reserves of £ 18,960 and restricted reserves £23,356. The end of 22/23 total Reserves £42,316.

## **Public benefit statement**

In shaping our objectives for the year and planning our activities, the trustees have considered 17 of the Charity Act 2011 and the Charity Commission's guidance on public benefit, including the guidance 'public benefit' running a charity (PD2). The achievements above demonstrate the public benefit arising from the Charity's activities.

## **Reserves Policy**

M&C Foundation's reserves policy is to maintain a level of unrestricted and undesignated reserves equivalent to 3-6 months' turnover

## **Risk Management**

The trustees have assessed the major risks to which M&C Foundation is exposed and are satisfied that systems are in place to mitigate exposure to the major risks including maintaining a risk register, which is reviewed annually.

## **Investment Policy**

The Charity does not produce a sufficient surplus to invest, as priority must be given to building our unrestricted reserves.

## **Plans for future periods**

We have developed strong income generation strategy to generate income from trusts, foundations and individual donors. We have put in place a strategy ensure we can continue to secure institutional income from individuals and grant-making institutions.

## Trustees' responsibilities

Charity law requires trustees, to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the company and of the results of the company at that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently.
- make judgments and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any materials departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable it to ensure that the financial statements comply with the charity Act.

They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps and detect fraud and other irregularities.

## Independent Examiners

The Charity appointed **BK Community Accountant Ltd** as our independent examiner. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with M&C Foundation's Memorandum and Articles, the Companies Act 2006 and the Statement of Recommended Practice "Accounting and Reporting by Charities", issued in March 2005. The trustees' annual report (incorporating the directors' report) and the strategic report were approved on 22<sup>th</sup> of September 2023 and signed on behalf of the board of trustees by:



**Assad Gulaid Ayaanle**

**Chairperson**

**INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES OF M&C FOUNDATION  
YEAR ENDED 31<sup>st</sup> AUGUST 2023**

I report to the trustees on my examination of the financial statements of M&C Foundation ('the charity') for the year ended 31<sup>st</sup> August 2023.

**Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for Independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent Examiner's Statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Certified Chartered Accountants (ACCA), which is one of the listed bodies.

I have completed my examination; I confirm that no matters have come to my attention in connection with the examination giving me cause to believe;

1. Accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;  
or
2. The financial statements do not accord with those records;  
or
3. The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which



is not a matter considered as part of an independent examination:

or

4. The financial statements have not been prepared in accordance with the methods and principles of the statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Signed:**

**Date: 22/09/2023**

**Md Iqbal Hossain MBA, ACCA  
BK COMMUNITY ACCOUNTANT LTD  
Chartered Certified Accountant  
Arches 420-421 Burdett Road,  
London. E3 4AA.**

**M&C FOUNDATION**  
**Statement of Financial Activities**  
**31st August 2023**

<b>Incoming / Expenditure Resources</b>	<b>Note</b>	<b>Unrestrict ed Funds</b>	<b>Restrict ed Funds</b>	<b>TOTAL Funds 2023</b>	<b>TOTAL Funds 2022</b>
<b>Income and endowments:</b>		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Donations &amp; Member</b>	<b>7</b>	<b>4,306</b>	<b>-</b>	<b>4,306</b>	<b>1,010</b>
<b>Grants from Government and other Charities</b>	<b>7</b>	<b>-</b>	<b>39,187</b>	<b>39,187</b>	<b>43,018</b>
<b>Total Income</b>		<b>4,306</b> =====	<b>39,187</b> =====	<b>43,493</b> =====	<b>44,028</b> =====
<b>Expenditure:</b>					
<b>Charitable Activities</b>	<b>8</b>	<b>3,736</b>	<b>28,809</b>	<b>32,545</b>	<b>53,806</b>
<b>Total expenditure</b>		<b>3,736</b> =====	<b>28,809</b> =====	<b>32,545</b> =====	<b>53,806</b> =====
<b>Net Income &amp; net movement in funds</b>		<b>570</b> =====	<b>10,378</b> =====	<b>10,948</b> =====	<b>(9,778)</b> =====
<b>Reconciliation of funds:</b>					
<b>Total funds brought forward</b>		<b>18,390</b>	<b>12,978</b>	<b>31,368</b>	<b>41,146</b>
<b>Total funds carried forward</b>	<b>16</b>	<b>18,960</b> =====	<b>23,356</b> =====	<b>42,316</b> =====	<b>31,368</b> =====

The statement of financial activities includes all gains & losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on page 12 to 19 from part of these financial statements.

<b>M&amp;C FOUNDATION</b> <b>Company Limited by Guarantee</b> <b>Statement of financial position</b> <b>31<sup>st</sup> August 2023</b>					
<b>FIXED ASSETS</b>	<b>Note</b>		<b>2023</b>		<b>2022</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Tangible Fixed Assets</b>				<b>7,198</b> -----	<b>8,893</b> -----
<b>Current Assets</b>					
<b>Cash at Bank and hand</b>			<b>32,781</b>		<b>18,853</b>
<b>Debtors</b>	<b>14</b>		<b>3,538</b>		<b>4,800</b>
<b>Total Current Assets</b>			<b>36,319</b> -----		<b>23,653</b> -----
<b>Current Liabilities</b>					
<b>Creditors: Amounts falling due within one year</b>	<b>15</b>		<b>(1,201)</b> -----		<b>(1,178)</b> -----
<b>Net current Assets</b>				<b>35,118</b> -----	<b>22,475</b> -----
<b>Net Assets</b>				<b>42,316</b> =====	<b>31,368</b> =====
<b>Funds of the charity:</b>					
<b>Unrestricted Funds</b>	<b>16</b>		<b>18,960</b>		<b>18,390</b>
<b>Restricted Funds</b>	<b>16</b>		<b>23,356</b>		<b>12,978</b>
<b>Total Charity Funds</b>				<b>42,316</b> =====	<b>31,368</b> =====

For the year ending 31<sup>st</sup> August 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small Companies

regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the board of trustees & authorised for issue on 22<sup>nd</sup> September 2023, and are signed on behalf of the board by:

Signed   
**Name: Assad Gulaid Ayaanle – Chairperson**

**The notes on page 12 to 19 form part of these financial statements.**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> August 2023**

#### **1. General Information**

The Charity is a private Company Limited by Guarantee, registered in England & Wales and a registered charity in England & Wales. The address of the registered office is 5A Uxbridge Road, Shepherd's Bush, London, W12 8LJ.

#### **2. Statement of Compliance**

These financial statements have been prepared in compliance with FRS102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (charities SORP (FRS 102)) and the charities Act 2011.

#### **3. Accounting policies**

##### **Incoming resources**

Voluntary income and donation are included in incoming resources when they are receivable except when the donors specify that they must be used in future accounting periods or donor's conditions have not been fulfilled, then income is deferred. The income from fundraising ventures is shown gross.

##### **Donated services and facilities**

Income from donated services and facilities is included in incoming resources at a valuation, which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised when there is no financial cost borne by a third party.

##### **Resources expended**

Resources expended are included in the statement of financial activities on an accruals basis, inclusive of any VAT, which cannot be recovered. Expenditure, which is directly attributable to specific activities, has been included in these cost categories, where costs are attributable to more than one activity, they have been apportioned across the cost of generating funds on a basis consistent with the use of these resources.

Cost of generating funds includes salaries, direct expenditure and overhead costs of the staff who promote fundraising including events.

Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

## **Funds**

Restricted funds are to be used for specific purpose as laid down by the donor. Expenditure, which meets these criteria, is charged to the fund together with a fair allocation of management and support costs.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the management committee for particular purposes.

## **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income & expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

## **Going concern**

There are no material uncertainties about the charity's ability to continue.

## **Disclosure exemptions**

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemption: No cash flow statement has been presented for the company.

## **Judgements and Key Sources of Estimation Uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

## **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purpose.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub- classes: restricted income funds or endowment funds.

### **Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity: it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipts is probable and its amount can be measured reliably.
- Legacy income is recognised when receipt is probable and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value can be reliably measured. No amounts are included for the contribution of general volunteers.
- Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

### **Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- Expenditure on raising funds includes the costs of all fundraising activities, events non-charitable trading activities and the sale of donated goods.
- Expenditure on charitable activities includes all costs incurred by a charity in under taking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

- Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

### **Tangible Assets**

All fixed assets are initially recorded at cost.

### **Depreciation**

Depreciation is calculated so as to write off the cost or valuation of assets, less its residual value, over the useful economic life of those assets as follows:

Furniture & equipment	20% reducing balance
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### **Defined contribution plans**

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

## **4. Limited by guarantee**

The company is limited by guarantee without share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member.

## **5. Pensions and other post - retirement benefits**

All staff has been offered a pension contribution recognised by HMRC. All staff has opted out so there are no pension assets to administer and there is no other post – retirement benefits funded by the charity.

## **6. Financial Instruments:**

Carrying amount: Debt instruments on the balance sheet represent real and fair value. Financial liabilities on the balance sheet represent real and fair value.



## 7. Income from donations and legacies

Grants, donations and legacies:	Unrestricted Funds	Restricted Funds	2023	2022
	£	£	£	£
<b>Donations:</b>				
Fundraising and Donations	4,306	-	4,073	1,010
<b>Public Sector &amp; Trusts:</b>				
Rang Sports	-	779	779	-
JOHN LYONS CHARITY	-	-	-	5,000
United in H&F Spring	-	1,500	1,500	2,000
London Marathon	-	21,408	21,408	
London Community Foundation	-	-	-	9,446
LBHF	-	5,000	5,000	6,722
Hammersmith United Charities	-	10,500	10,500	19,850
<b>TOTAL</b>	<b>4,306</b> =====	<b>39,187</b> =====	<b>43,493</b> =====	<b>44,028</b> =====

## 8. Expenditure on Charitable Activities by Activity type:

Charitable activities & Support Cost	Services	Governance	Fund raising	Total Funds 2023	Total 2022
	£	£	£	£	£
Training & Trainer Cost	17,526	-	-	17,526	12,661
Volunteer & Travel	191	-	-	191	5,152
Rent/Venue Hire Cost	7,794	-	-	7,794	10,665
Consultancy	1,701	-	-	1,701	5,352
Compliance	-	1,682	-	1,682	1,304
Administrative cost	575	-	-	575	2,597
Community Activities	1,297	-	-	1,297	13,831
Depreciation	1,779	-	-	1,779	2,244
<b>Total</b>	<b>30,863</b> =====	<b>1,682</b> =====	<b>-</b> =====	<b>32,545</b> =====	<b>53,806</b> =====

## 9. Independent examination fees

	2023	2022
	£	£
Fees payable to the Independent examiner for:		
Independent examination of the financial statements	1,000	1,000
<b>Total</b>	<b>1,000</b> =====	<b>1,000</b> =====

## 10. Staff Cost:

The total staff costs and employee benefits for the reporting period are analysed as follows:

All of our employee's only work within the project and work as a contract basis that shows on the training and trainer cost.

No employee earned more than £60,000 during the year (2022: nil).

## 11. Trustee remuneration and expenses:

SORP 2015 requires the following statements to be made:

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

## 12. Related parties:

There are no related party transactions during the year.

## 13. Tangible Fixed Assets

	Equipment	Furniture & Fixtures	Total
	£	£	£
<b>Cost</b>			
At 1 September 2022	11,996	-	11,996
Additions		-	
At 31 August 2023	11,996	-	11,996
<b>Depreciation</b>			
At 1 September 2022	3,019	-	3,019
Charge this period	1,779	-	1,779
At 31 August 2023	4,798	-	4,798
<b>Net book value</b>			
At 31 August 2023	7,198	-	7,198
At 31 August 2022	8,893	-	8,893

## 14. Debtors:

	2023	2022
	£	£
Trade Debtors	3,538	4,800
Total	3,538 =====	4,800 =====

### 15. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade Creditors	201	178
Independent Examination fees	1,000	1,000
Total	1,201 =====	1,178 =====

### 16. Fund balance brought forward & carried forward

Funds:	Balance at 1 <sup>st</sup> Sept 2022	Incomin g Unrestr icted	Incomin g Restrict ed	Outgoi ng	Balance at 31 <sup>st</sup> August 2023
<b>Restricted Funds:</b>	£	£	£	£	£
Balance brought Forward	12,978	-	-	12,978	-
London Marathon	-	-	21,408	5,352	16,056
Rang Sports	-	-	779	779	-
Hammersmith United Charities	-	-	10,500	4,000	6,500
LBHF	-	-	5,000	4,200	800
United in H&F Spring	-	-	1,500	1,500	-
Sub Total	12,978 -----	- -----	39,187 -----	28,809 -----	23,356 -----
<b>Unrestricted Fund:</b>					
Brought Forward	18,390	-	-	-	18,390
LBHF Grant	-	-	-	-	-
Membership and Donation	-	4,306	-	3,736	570
Sub Total	18,390 -----	4,306 -----	- -----	3,736 -----	18,960 -----
Total Fund Carried Forward	31,368 =====	4,306 =====	39,187 =====	32,545 =====	42,316 =====

## 17. Income in Details:

Income and endowments:	2023	2022
<b>Donations and Legacies:</b>	<b>£</b>	<b>£</b>
Membership and Donations	4,306	1,010
	-----	-----
<b>Public Sector &amp; Trusts:</b>		
Hammersmith United Charities	10,500	19,850
London Community Foundation	-	9,446
LBHF	5,000	6,722
United in H&F Spring	1,500	2,000
JOHN Lyons Charity	-	5,000
Rang Sports	779	-
London Marathon	21,408	-
Sub Total	39,187	43,018
	-----	-----
<b>TOTAL INCOME</b>	<b>43,493</b>	<b>44,028</b>
	=====	=====

## 18. Expenditure in details:

Expenditure:	2023	2022
<b>Expenditure on charitable activities:</b>	<b>£</b>	<b>£</b>
Salary	11,498	-
Rent/Hall Hire cost	7,794	10,665
Trainer & Training Cost	6,028	12,661
Community Activities	1,297	13,831
Volunteers & Travels	191	5,152
Telephone, Fax & Internet	682	1,204
Legal & Professional Fees	1,000	1,304
Printing & Stationery	-	43
Consultancy	1,701	5,352
Administration cost	575	1,350
Depreciation	1,779	2,244
Total Expenditure	32,545	53,806
	=====	=====
<b>Net Movement in Funds</b>	<b>10,948</b>	<b>(9,778)</b>
	=====	=====