

WEST NORFOLK CARERS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

WEST NORFOLK CARERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

M Coleman
L Bambridge
T Gilder
D Pulsford-Harris
S Renwick
J Minns

Charity number

1107546

Principal address

20 Thoresby College
Queen Street
King's Lynn
Norfolk
PE30 1HX

Independent examiner

Mapus- Smith & Lemmon LLP
48 King Street
Kings Lynn
England
PE30 1HE

WEST NORFOLK CARERS

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WEST NORFOLK CARERS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The main objective is the relief of sickness and the preservation of health to unpaid carers who are in need living in the Borough Council of King's Lynn and West Norfolk and parts of Fenland and Breckland District Council and its immediately surrounding areas.

West Norfolk Carers is dedicated to providing support to carers of all ages throughout West Norfolk and parts of Fenland and Breckland. We are an organisation providing services to improve the quality of life and develop understanding of the role of carers. West Norfolk Carers helps to address the needs of carers by reaching out and giving guidance and support in confidence.

The charity's trustees have complied with the duty in section 4 of the 2006 Charities Act to have due regard to guidance published by the Charity Commission.

West Norfolk Carers was established to represent and advocate the interests of thousands of carers living and working in West Norfolk. Many of them are working silently and all too often unsupported and yet fulfilling all sorts of personal caring tasks for relatives or friends, sometimes both.

WEST NORFOLK CARERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance

The aftermath of the Covid 19 pandemic continues to affect unpaid family carers. We have witnessed a significant uptick in carers suffering from poor mental health because of long-term isolation. In areas where people are already isolated due to geography, lack of services and support the impact has been greater. In addition, we have seen many young carers developing self-harming behaviours, and negative social behaviour again, due to isolation. Young carers also appear to be experiencing personal gender identity crises, whether this is due to social pressures, increased activity on social media or poor mental health is difficult to ascertain. The fact remains that prior to the pandemic WNC were supporting two young carers thus affected, at the close of this fiscal year; we are supporting more than 10 young and young adult young carers living with gender dysphoria.

Financially, the year has again been challenging. Nevertheless, we have sought and drawn down funding in order to maintain services for carers during these very difficult times.

At the time of writing this report, we are supporting over 4,000 adult carers and over 600 young carers. Latterly, numbers of referrals for our young carers support has increased. We are working closely with primary and senior schools, and have worked with Caring Together, supporting schools to achieve their Carer Friendly Tick. In addition, we have grown our work within the local district general hospital developing carer support to family carers of inpatients and delivering monthly training workshops as part of the Trust wide Caring with kindness training sessions. Because of this work, we have established an easy access referral system between WNC and the hospital.

In order to address issues around worsening mental health, and number of the staff and volunteers undertook the Drawing and Talking Therapy training to advanced practitioner levels. This enables the team to deliver both individual and group sessions to young carers and adults over a twelve- or eight-week period. We have noted positive changes amongst those who have received the therapy. We intend to develop this work in the coming year.

As noted earlier, the prolonged aftermath of Covid, continues to affect the number of carers we are supporting. With social isolation, together with worsening pressures brought about by the economic crisis carers are reporting worsening life circumstances. The team looks for creative and effective ways of supporting the growing demand. In particular, the impact on mental ill health, which has been significant, especially so for young carers. Our young carers support team have maintained a steady presence, and children most affected by the issues of caring, Covid19, isolation and growing poverty have consistently received one to one support, to protect them, as far as possible, from their situation worsening.

As we are very aware of these issues, it is part of our forward plan that key members of the team will undertake training to equip them to deal specifically with these issues. I am pleased to report that, despite changing pressures and growing demand for our services, no one has been unsupported. Carers have not been unscathed by their experiences, and we at WNC have shared the tragedy of bereavement that has affected the families we are supporting. We continue to grieve for everyone who has lost someone at this time.

As Trustees, we continue to see the upward trajectory in demand for our services, and recognise that whilst budgets can be strained, the need to increase support within our means remains our focus. We continue to be alert to the risk that this presents and support the CEO in her efforts to seek the funding we need to continue our work. Despite this, the charity continues to give great value, and is widely respected by our partners and those we serve.

Looking to the future, we shall continue to seek novel ways of supporting families, adapting services to meet need and, importantly, to seek the funding required ensuring we continue offering a first-class service supporting unpaid carers and their families.

Financial review

Financially the organisation remains healthy, and although our budget is tight, we still meet our objectives. The Trustee Board have agreed a Reserves policy in line with the organisation objectives and this gives the charity between three and six months running costs should funding be seriously compromised in the future. The present level of reserves held is £94,190. This funding would be used for severance payments and winding up costs. The constitution states that any surplus would be either transferred to another charity with like objectives or paid back to the funding body.

WEST NORFOLK CARERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is governed by its Constitution dated 21 August 2003 (amended 29th July 2004). It was registered as a charity with the Charity Commission in January 2005.

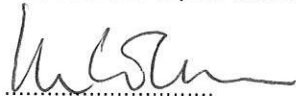
The trustees who served during the year and up to the date of signature of the financial statements were:

M Coleman
L Bambridge
T Gilder
D Pulsford-Harris
S Renwick
J Minns

All members are invited to nominate Trustees, together with nominations from the management team and the existing Trustees. Those nominated and appointed are elected at the first AGM following appointment.

The senior official to whom the day to day management of the charity is delegated by the charity trustees is Jane Evans.

The trustees' report was approved by the Board of Trustees.



M Coleman

Trustee

Date: 15.09.23

WEST NORFOLK CARERS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WEST NORFOLK CARERS

I report to the trustees on my examination of the financial statements of West Norfolk Carers (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Sharon Edwards, F.C.A.

For and on behalf of Mapus-Smith & Lemmon LLP

48 King Street
Kings Lynn
PE30 1HE
England

Dated: 04/11/23

WEST NORFOLK CARERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Notes							
<u>Income and endowments from:</u>							
Donations and legacies	2	15,025	194,383	209,408	2,336	180,184	182,520
Interest receivable	3	221	-	221	19	-	19
Other income	4	3,180	250	3,430	6,752	11,930	18,682
Total income		18,426	194,633	213,059	9,107	192,114	201,221
<u>Expenditure on:</u>							
Charitable activities	5	32,254	195,086	227,340	42,859	184,437	227,296
Gross transfers between funds		-	-	-	21,000	(21,000)	-
Net expenditure for the year/							
Net movement in funds		(13,828)	(453)	(14,281)	(12,752)	(13,323)	(26,075)
Fund balances at 1 April 2022		84,088	24,383	108,471	96,840	37,706	134,546
Fund balances at 31 March 2023		70,260	23,930	94,190	84,088	24,383	108,471

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

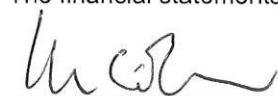
WEST NORFOLK CARERS

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	10		2,628		2,224
Current assets					
Debtors	11	1,093		844	
Cash at bank and in hand		93,957		109,188	
		<u>95,050</u>		<u>110,032</u>	
Creditors: amounts falling due within one year	12	<u>(3,488)</u>		<u>(3,785)</u>	
Net current assets			91,562		106,247
Total assets less current liabilities			<u>94,190</u>		<u>108,471</u>
Income funds					
Restricted funds	13		23,930		24,383
Unrestricted funds			70,260		84,088
			<u>94,190</u>		<u>108,471</u>

The financial statements were approved by the Trustees on 15.09.23



M Coleman
Trustee



L Bambridge
Trustee

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

West Norfolk Carers is a charity registered with the Charity Commission in England. The operational address is 20 Thoresby College, Queen Street, King's Lynn, Norfolk, PE30 1HX.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with the constitutional and statutory requirements.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and machinery	25% reducing balance basis
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Donations and gifts	8,025	11,070	19,095	1,858	9,089	10,947
Grants and project fee management income	7,000	183,313	190,313	478	171,095	171,573
	<u>15,025</u>	<u>194,383</u>	<u>209,408</u>	<u>2,336</u>	<u>180,184</u>	<u>182,520</u>
Donations and gifts						
Donations	<u>8,025</u>	<u>11,070</u>	<u>19,095</u>	<u>1,858</u>	<u>9,089</u>	<u>10,947</u>
	<u>8,025</u>	<u>11,070</u>	<u>19,095</u>	<u>1,858</u>	<u>9,089</u>	<u>10,947</u>

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

2 Donations and legacies

(Continued)

Grants receivable for core activities

NHS Norfolk & Waveney ICB	-	31,173	31,173	-	31,172	31,172
East Coast Communities	-	-	-	-	26,394	26,394
Carers Matter	-	28,000	28,000	-	30,300	30,300
Postcode Lottery	-	-	-	-	18,718	18,718
Time For Me	-	-	-	-	12,500	12,500
Multi Sport	-	-	-	-	2,120	2,120
BCKLWN	-	-	-	-	1,480	1,480
KFC	-	-	-	-	2,000	2,000
NCF	-	500	-	-	5,000	5,000
LILY Project	-	22,840	-	-	20,212	20,212
By Women For Women	-	-	-	-	21,199	21,199
QEH Carer Intervention & Support	-	38,000	38,000	-	-	-
Your Big Idea	-	6,000	6,000	-	-	-
Sports England	-	3,400	3,400	-	-	-
Utility Supprt	2,000	20,000	20,000	-	-	-
The Earl of Northampton's Charity - Mercer's	-	7,000	7,000	-	-	-
Love Norfolk YAC Group	-	3,400	3,400	-	-	-
Utility Support - Round 4	-	2,500	2,500	-	-	-
Garfield Weston	-	20,000	20,000	-	-	-
Walking 4 Norfolk	5,000	-	-	-	-	-
Young Carers Action Day	-	500	-	-	-	-
Other	-	-	-	478	-	478
	<u>7,000</u>	<u>183,313</u>	<u>159,473</u>	<u>478</u>	<u>171,095</u>	<u>171,573</u>

3 Interest receivable

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Interest receivable	<u>221</u>	<u>19</u>

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4	Other income	Unrestricted funds		Restricted funds	Total	Unrestricted funds		Restricted funds	Total
		2023	2023	2023	2023	2022	2022	2022	2022
		£	£	£	£	£	£	£	£
	Net gain on disposal of tangible fixed assets	-	-	-	-	-	11,930	11,930	11,930
	Other income	3,180	250	250	3,430	6,752	-	-	6,752
		<u>3,180</u>	<u>250</u>	<u>250</u>	<u>3,430</u>	<u>6,752</u>	<u>11,930</u>	<u>11,930</u>	<u>18,682</u>

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

5 Charitable activities

	2023 £	2022 £
Staff costs	122,986	110,830
Grants paid	28,070	26,250
Other charitable expenditure	6,489	20,022
	<u>157,545</u>	<u>157,102</u>
Share of support costs (see note 6)	67,455	66,785
Share of governance costs (see note 6)	2,340	3,409
	<u>227,340</u>	<u>227,296</u>
Analysis by fund		
Unrestricted funds	32,254	42,859
Restricted funds	195,086	184,437
	<u>227,340</u>	<u>227,296</u>

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Support costs

	Support costs £	Governance costs £	2023 £	Support costs £	Governance costs £	2022 £
Staff costs	24,616	-	24,616	36,466	-	36,466
Depreciation	598	-	598	741	-	741
Operating lease charges	11,095	-	11,095	9,124	-	9,124
Staff training	6,034	-	6,034	1,337	-	1,337
Heating, electricity and insurance	2,412	-	2,412	1,984	-	1,984
Room hire	-	-	-	705	-	705
Travel (Staff and Carers)	5,534	-	5,534	6,771	-	6,771
Telephone and internet	3,104	-	3,104	3,175	-	3,175
Stationery, postage and photocopying	1,668	-	1,668	979	-	979
Computer costs	2,339	-	2,339	1,900	-	1,900
Membership	2,136	-	2,136	1,537	-	1,537
Professional, consultancy and financial management fees	6,051	-	6,051	1,110	-	1,110
General expenses	1,868	-	1,868	956	-	956
Legal and professional	-	-	-	-	1,135	1,135
Accountancy fees	-	2,340	2,340	-	2,274	2,274
	<u>67,455</u>	<u>2,340</u>	<u>69,795</u>	<u>66,785</u>	<u>3,409</u>	<u>70,194</u>
Analysed between						
Charitable activities	<u>67,455</u>	<u>2,340</u>	<u>69,795</u>	<u>66,785</u>	<u>3,409</u>	<u>70,194</u>

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Manager/CEO	1	1
Finance Manager	1	1
Administration	1	1
Support workers	6	7
Total	<u>9</u>	<u>10</u>

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

8 Employees (Continued)

Employment costs	2023 £	2022 £
Wages and salaries	141,077	141,866
Social security costs	4,460	4,277
Other pension costs	2,065	1,153
	<u>147,602</u>	<u>147,296</u>

There were no employees whose annual remuneration was more than £60,000.

9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

10 Tangible fixed assets

	Plant and machinery £
Cost	
At 1 April 2022	30,412
Additions	1,002
At 31 March 2023	<u>31,414</u>
Depreciation and impairment	
At 1 April 2022	28,188
Depreciation charged in the year	598
At 31 March 2023	<u>28,786</u>
Carrying amount	
At 31 March 2023	<u>2,628</u>
At 31 March 2022	<u>2,224</u>

11 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Prepayments and accrued income	<u>1,093</u>	<u>844</u>

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

12 Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	1,388	1,200
Accruals and deferred income	2,100	2,585
	<u>3,488</u>	<u>3,785</u>
	<u><u>3,488</u></u>	<u><u>3,785</u></u>

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021 £	Movement in funds			Transfers £	Balance at 1 April 2022 £	Movement in funds			Transfers £	Balance at 31 March 2023 £
		Incoming resources £	Resources expended £	Incoming resources £			Incoming resources £	Resources expended £	Incoming resources £		
Young Carers	5,558	7,568	(7,995)	-	-	5,131	11,145	(12,020)	-	-	4,255
Hunstanton Carers Group	97	-	(97)	-	-	-	-	-	-	-	-
Tesco Community Carers	466	-	(466)	-	-	-	-	-	-	-	-
NHS/CCG Funding	1,743	31,172	(32,163)	-	-	752	31,172	(31,838)	-	-	86
Carers Trust Small Grants	651	1,023	(1,316)	-	-	358	475	(739)	-	-	94
KL YAC TL Activities	1,500	-	(1,500)	-	-	-	-	-	-	-	-
The People's Project - Camper Van	9,071	11,929	-	(21,000)	-	-	-	-	-	-	-
Dementias Cafe's	336	-	(336)	-	-	-	-	-	-	-	-
Young Carers and Families	346	28,000	(28,237)	-	-	109	28,000	(27,930)	-	-	179
Youth Social Action	4,789	-	(4,789)	-	-	-	-	-	-	-	-
Flux Family	10,000	-	(4,000)	-	-	6,000	-	(6,000)	-	-	-
By Women For Women	3,149	21,199	(24,348)	-	-	-	-	-	-	-	-
East Coast Communities	-	26,394	(26,394)	-	-	-	-	-	-	-	-
The Headley Foundation	-	2,300	(2,300)	-	-	-	-	-	-	-	-
Postcode Lottery	-	18,718	(14,652)	-	-	4,066	-	(4,066)	-	-	-
Multi-Sport	-	2,120	(2,120)	-	-	-	-	-	-	-	-
Time for Me	-	12,709	(12,709)	-	-	-	-	-	-	-	-
BCKLWN Dementia Groups	-	1,771	(403)	-	-	1,368	200	(1,568)	-	-	-
KFC Add Hope Foundation	-	2,000	(400)	-	-	1,600	-	(1,600)	-	-	-
Fuel & Food Vouchers	-	5,000	-	-	-	5,000	-	(5,000)	-	-	-
LILY Project	-	20,212	(20,212)	-	-	-	22,841	(22,841)	-	-	-
Utility Support	-	-	-	-	-	-	20,000	(20,000)	-	-	-
Your Big Idea	-	-	-	-	-	-	6,000	(6,000)	-	-	-
Sports England	-	-	-	-	-	-	3,400	(3,400)	-	-	-
Mercers for Dementia Groups	-	-	-	-	-	-	7,000	(2,772)	-	-	4,228
Love Norfolk YAC Group	-	-	-	-	-	-	3,400	(1,416)	-	-	1,984
Utility Support - Round 4	-	-	-	-	-	-	2,500	(2,500)	-	-	-

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

13	Restricted funds	(Continued)					
	Garfield Weston	-	-	-	20,000	(6,896)	-
	QEH Carer Intervention & Support	-	-	-	38,000	(38,000)	-
	NCF YC Trip	-	-	-	500	(500)	-
		37,706	192,115	(184,437)	194,633	(195,086)	23,930

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

13 Restricted funds

(Continued)

Postcode Lottery: Supporting carers in rural communities in West Norfolk.

Time For Me: Funding awarded to provide breaks for carers living in West Norfolk.

Multi Sport: Summer sports activity sessions with a professional coach for young carers.

BCKLWN: Reinstatement, following the Pandemic of group support sessions for those caring for someone with Dementia and their loved one.

KFC: To provide activities for young carers

LILY Project: Supporting the Borough Council to help combat loneliness and social isolation in adults of all ages.

By Women For Women: Third party funding, held and administered on behalf of a new charity until their own banking facility was arranged.

QEH Carer Intervention & Support: Provide support and guidance to carers at the local district hospital.

Your Big Idea: Provided the funds for foundation and advanced training courses, for support workers and volunteers to deliver Drawing and Talking therapy sessions.

Sports England: To provide transport and summer sports activity sessions with a professional coach for young carers.

Love Norfolk: Funding provided for young adult carers (aged 18 to 25), to facilitate group support sessions and to provide entertainment and social activities.

Utility Support – Round 4: Third party funding awarded from Norfolk County Council via Norfolk Community Foundation, for distribution to ease the increased cost of living for carer families who met the criteria.

Garfield Weston Foundation : An operating/core cost grant to underpin West Norfolk Carers so that it can continue to deliver its vital work.

The Earl of Northampton's Charity (Mercers): To provide room hire, refreshments and activities for group support sessions in King's Lynn and Hunstanton, for those caring for someone with Dementia and their loved one.

Utility Support: Third party funding awarded from Norfolk County Council via Norfolk Community Foundation, for distribution to ease the increased cost of living for carer families who met the criteria.

Carers Matter: Supporting young carers across West Norfolk.

East Coast Communities: Supporting unpaid carers of all ages overcoming isolation due to the pandemic.

NHS Norfolk & Waveney ICB: Supporting unpaid family carers in GP Practices and other NHS settings.

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

13 Restricted funds

(Continued)

NCF: Intergenerational work between young carers and those who care for someone with Dementia.

Hunstanton Carers Group: Provide room hire and refreshments for monthly social/support sessions for unpaid family carers in Hunstanton and surrounding area.

Tesco Community Carers: Provide activities and refreshments for monthly social/support sessions for unpaid family carers in King's Lynn and surrounding area.

KL YAC TL Activities: To provide room hire activities and refreshments for social events and support sessions for young adult carers between the age of 18 and 25 in King's Lynn and surrounding area.

The People's Project: To enable outreach to carers living in rural communities.

Dementia café's: Provide room hire, refreshments and activities for group support sessions in King's Lynn and Hunstanton, for those caring for someone with Dementia and their loved one.

Youth Social Action: To provide "Getting to Know You" training workshops for young carers and families.

Flux Family Fund: Provide room hire, refreshments and activities for group support sessions in King's Lynn and Hunstanton, for those caring for someone with Dementia and their loved one.

The Headley Foundation: To provide coach transport and a day out at Legoland for young carers during the summer break.

NCF Fuel and food Vouchers: To provide food and fuel vouchers to qualifying carer families, to help them financially in difficult times.

WEST NORFOLK CARERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

14 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:					
Tangible assets	2,628	-	2,628	2,224	2,224
Current assets/(liabilities)	67,632	23,930	91,562	81,864	106,247
	<u>70,260</u>	<u>23,930</u>	<u>94,190</u>	<u>84,088</u>	<u>108,471</u>

15 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	<u>2,125</u>	<u>2,125</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).