



# Trustees' Annual Report for the period

		Period start date				Period end date	
From	1st	Month June	Year 2022	To	31st	Month May	Year 2023

## Section A Reference and administration details

Charity name

Bereaved Children Support York

Other names charity is known by

BCSY

Registered charity number (if any)

1171422

Charity's principal address

1 Dealtry Avenue

Wigginton

York

Postcode

YO32 2FJ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Cole	Chair		Board of Trustees
2	Lisa Curtis	Treasurer		Board of Trustees
3	Yvonne Methley			Board of Trustees
4	Angela White			Board of Trustees
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (31/01/2017)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To preserve and protect the physical and mental health of children, young people and their families living in the York area, who have experienced bereavement or loss by the provision of counselling and support and recreation and leisure time activities provided in the interest of social welfare designed to improve their conditions of life

To advance the education of the public in the subject of the affects of bereavement and loss on children and young people.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

### **Run a monthly peer support drop-in group**

This enables bereaved children, young people and families living in the York area to come together and explore their feelings through play, creativity and peer support by meeting others who have had a similar experience, with the aim of improving their emotional well-being.

### **Individual therapeutic support**

One-to-one therapeutic support is provided by bereavement practitioners to those children and young people who need additional specialised and individual help to better cope with the impact of grief on their lives.

### **Recreational activities**

The organisation of recreational activities offers the opportunity for bereaved children, young people and families to meet in an even more relaxed and informal way than the drop-in sessions. This is often a good introduction to the charity and the services we provide.

These have previously included activities such as trampolining, theatre trips, music concerts, football sessions and circus skills workshops, but have been curtailed this year due to restrictions caused by the Covid 19 pandemic.

### **Parents fortnightly coffee**

This provides an opportunity for the parents and carers of bereaved children and young people to meet each other without their children being present to seek, offer and gain mutual support about the issues faced by their children and them as parents.

The trustees have had regard to the guidance issued by the charity commission to ensure that all activities are provided for the public benefit.

**Additional details of objectives and activities (Optional information)**

We are delighted to continue to receive the design expertise of local businessman Richard Playford on a voluntary basis in relation to the creation and maintenance of the charities website and publicity material.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

**Monthly peer support drop-in sessions**

These sessions continued to be in-person with crafts and activities for the children to do individually and in groups. Our usual venue was closed for part of the year to allow building work to take place and we used the local scout hut instead during this time. We moved our sessions back to the newly refurbished Oaken Grove Community Centre in January 2023.

**Individual therapeutic support**

The one-to-one therapeutic support is for those children and young people who need more specialist support to help them be better able to cope with the impact of grief on their lives. The sessions continued to be face-to face, with children and young people mostly being seen at school.

We appointed 2 additional part-time practitioners in July and began the recruiting process again in March 2023 due to the imminent retirement of one of our current practitioners.

**60 children have been referred in the past 12 months**

**Parents/carers fortnightly coffee**

This group continues to be well attended and very much valued by participants. It enables good conversations to be had and relationships built allowing for emotional support to be shared. There is no cost to the charity for these sessions.

**Website and publicity**

The website continues to be maintained and publicity materials produced on a voluntary basis by supporter Richard Playford, although printed resources, books and leaflets are purchased.

**Other collaborations and donations**

We held a fundraising concert, Summer Serenade, in June 2022. One of our parents and volunteers is part of York Concert Band and they provided the musical entertainment and we held a raffle. This was well attended and raised over £800.

We were also fortunate enough to be chosen again to be one of the charities to benefit from the local music concert, A Night to Remember. Some of our families, volunteers and supporters attended the evening and had a great time. We received an amazing £4861 from this event.

Some of our families attended the Peter Pan pantomime in December with tickets kindly donated from York Theatre Royal. We also had Circus Skills York visit to run activities as part of our 7<sup>th</sup> birthday celebrations.

We continue to benefit from the fundraising of others. We have had supporters raising money for us sponsored to run the York marathon and the Leeds half marathon and staff from Jigsaw Move estate agents raised over £3000 completing the 3 Peaks Challenge.

We received support from local businesses including £1000 from Minster Law and £250 from Hunters Estate Agents.

We also received a very significant donation of £12000 on behalf of York Crematorium and the recycling scheme they use and nearly £9000 from a business that wishes to remain anonymous and not have their name shared publicly.

We received £500 from TKMaxx/Homesense and a £100 gift card from Tesco which we used to buy refreshments for the drop-in sessions. Local shop Thora and the Prince raised money by collecting donations for handwritten letters from Santa at Christmas. The Spearhead café at St Mary's Church, Strensall also raised funds and donated gifts for the children at Christmas.

We also benefited from one of our supporter's creative talents selling their Halloween baked goods raising a combined total of £210.

#### **Future plans for the year ahead**

We are hoping to recruit an additional part-time bereavement practitioner as one of our current practitioners is due to retire later this year.

## Section E Financial review

### Brief statement of the charity's policy on reserves

The trustees have set a level equivalent to approximately 6 months of operating costs (£12,000) for the organisation as a desired level of reserves.

This fund is a contingency in the event of a sudden reduction in income, in order to protect the future operation of the organisation from the effects of any unforeseen variations in its income and expenditure.

This will be reviewed by trustees in light of increased costs, especially the therapeutic support.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

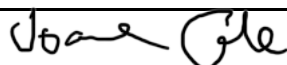
## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Cole

Position (eg Secretary, Chair, etc)	Chair of Trustees	
Date	29/3/2024	





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Bereaved Children Support York  
1171422

1171422

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## Receipts and payments accounts

For the period from	Period start date 01/06/2022	To	Period end date 31/05/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Fundraising by individuals	7,357	-	-	7,357	4,111
Fundraising by groups/organisations	1,139	-	-	1,139	7,238
Night to Remember	4,862	-	-	4,862	3,832
Donations from businesses	23,283	-	-	23,283	356
Donations from individuals	535	-	-	535	1,649
Summer Serenade	922	-	-	922	245
		-	-	-	600
		-	-	-	
<b>Sub total (Gross income for AR)</b>	<b>38,098</b>	<b>-</b>	<b>-</b>	<b>38,098</b>	<b>18,031</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>38,098</b>	<b>-</b>	<b>-</b>	<b>38,098</b>	<b>18,031</b>

### A3 Payments

Therapeutic support sessions	33,445	-	-	33,445	10,494
Creative supplies	566	-	-	566	299
Recreational activities/entertainment	285	-	-	285	265
Venue hire (Drop-in sessions)	606	-	-	606	560
Insurance	63	-	-	63	63
Books and resources	165	1	-	165	84

DBS check	112	-	-	112	52
		-	-	-	425
		-	-	-	245
<b>Sub total</b>	<b>35,242</b>	<b>-</b>	<b>-</b>	<b>35,242</b>	<b>12,477</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>35,242</b>	<b>-</b>	<b>-</b>	<b>35,242</b>	<b>12,477</b>
<b>Net of receipts/(payments)</b>	<b>2,856</b>	<b>-</b>	<b>-</b>	<b>2,856</b>	<b>5,554</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>63,086</b>	<b>-</b>	<b>-</b>	<b>63,086</b>	<b>10,813</b>
<b>Cash funds this year end</b>	<b>65,942</b>	<b>-</b>	<b>-</b>	<b>65,942</b>	<b>16,367</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in current account	65,942	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	65,942	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the</b>			-	-

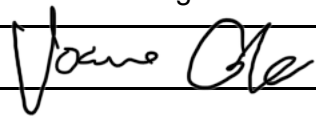
charity's own use

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Joanne Cole	27/03/2923

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BEREAVED CHILDREN SUPPORT YORK**

I report on the accounts for the year ended 31<sup>st</sup> May 2023

### **Respective responsibilities of Trustees and Independent Examiner**

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (The 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### **Basis of Independent Examiner's Statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

### **Independent Examiner's statement**


In connection with of my examination, no material matters have come to my attention

1. which give me reasonable cause to believe that in, any material respect, the Trustees have not met the requirements:
  - to keep accounting in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounts records and to comply with the accounting requirements of the 2011 Act.

or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date:** 28/3/2024

Libby Watson  
8 Dealtry Avenue  
Wigginton  
York  
YO32 2FJ