



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** 01.07.22      **Period start date** **To** 30.06.23      **Period end date**

**Charity name:** Doctors' Support Network

**Charity registration number:** 1196277

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<i>The objects of the Charity's shall be to relieve the needs of medical practitioners and others in the medical profession who are suffering or have suffered mental health problems or other distress for the benefit of the public particularly by the provision of self-help groups and the dissemination of information about mental health issues within the medical profession.</i>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Facilitation of informal peer support via an online forum and campaigning to improve physician (doctors') mental health
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have appropriately considered the guidance on public benefit in planning its activities.

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	See DSN's grant making policy linked <a href="#">here</a>
Contribution made by volunteers	Para 1.38	The charity is entirely member (volunteer) -run.

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Facilitated informal peer support via an online forum for members only.</p> <p>Contributed to the British Medical Association working group on wellbeing support for doctors and medical students and the General Medical Council equality, diversity &amp; inclusion advisory forum.</p> <p>Continued our coaching project funded by donation from the directors of the downing Strategic Micro-Cap investment trust</p> <p>Made grant to fund Autism Spectrum Disorder (ASD) assessment and diagnosis for doctors under care of NHS Practitioner Health (facilitated by grant from Medical Defence Union members).</p> <p>Main aim of the charity is to provide reassurance and peer support for doctors experiencing mental illness who can often feel extremely isolated.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	See accounts to 30.06.23 linked <a href="#">here</a>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	See DSN's reserves policy linked <a href="#">here</a>
Amount of reserves held	Para 1.22	£74,671
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from members and the public – in addition there was another grant from Medical Defence Union members
Investment policy and objectives including any social investment policy adopted	Para 1.46	See DSN investment policy linked <a href="#">here</a>
A description of the principal risks facing the charity	Para 1.46	Risks considered include financial viability, reputational damage, privacy and charitable status.

### Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution linked <a href="#">here</a>
How is the charity constituted? ( <a href="#">e.g unincorporated association</a> , CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	See sections 12 to 16 of the current constitution linked above.

### Reference and Administrative details

Charity name	Doctors' Support Network
Other name the charity uses	DSN
Registered charity number	1196277
Charity's principal address	c/o St John's Surgery Main Road Terrington St John Wisbech Cambs. PE14 7RR

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Angelika Luehrs	Co-chair		N/A
2	Louise Freeman	Co-chair		N/A
3	Malcolm Kinnear	Vice chair		N/A
4	Ross Freeman	Treasurer		N/A
5	Susan Atcheson	Membership Secretary		N/A
6	Matthew Christie			N/A
7	Kaman Hansford			N/A
8	Jenny Holmes			N/A
10	Clive Morgan			N/A

Corporate trustees – names of the directors at the date the report was approved - NONE

Name of trustees holding title to property belonging to the charity - NONE



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Louise J Freeman	Dr Angelika Luehrs
Position (eg Secretary, Chair, etc)	Co-chair	Co-chair
Date	12.12.23	

## **Independent Examiner's Report to the Trustees of the Doctors' Support Network**

I report on the accounts of the charity for the year ended 30 June 2023 which are set out on pages 3 to 8.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### **Basis of independent examiner's statement**


My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have been met.

Name: Roger Wrayford 

Relevant Professional qualification/professional body: BSc Hons

Address: 2 Sherford Terrace, Taunton, Somerset, TA1 3SE

Date: 22.2.24

## Doctors' Support Network (charity No. 1103741)

SC046980



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	July	2		30	June	2023

## Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	-				-	3,178
Legacies					-	-
Grants	-	-			-	15,612
Receipts from fundraising activities	-				-	33
Gross trading receipts					-	-
Income from investments other than land and buildings	-				-	10
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
					-	-
<b>A1 Sub total</b>	-	-	-	-	-	18,833
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
<b>A2 Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-	6,690
<b>A3 Payments</b>						
Expenses for fundraising activities	-				-	20
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities	-	-			-	6,310
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
<b>A3 Sub total</b>	-	-	-	-	-	6,330
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	-
Purchase of investments					-	-
<b>A4 Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-	1,846
<b>Net receipts / (payments)</b>	-	-	-	-	-	4,844
<b>A5 Transfers to / (from) funds</b>					-	-
<b>Surplus / (deficit) for year</b>	-	-	-	-	-	4,844

## Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
<b>B1 Cash funds</b>	Cash and bank balances at start of year	-	-			-	67,922
	Surplus / (deficit) shown on receipts and payments account	-	-			-	12,543
	Transfer to CIO 1196277	-	-			-	(80,465)
						-	-
	<b>Cash and bank balances at end of year</b>	-	-	-	-	-	-
	(Agree balances with receipts and payments account(s))	5,720	- 35,470	-	-	- 29,750	8,699

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
<b>B2 Investments</b>				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
<b>B3 Other assets</b>					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
<b>B4 Liabilities</b>				
		Total	-	-


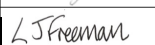
	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
<b>B5 Contingent liabilities</b>				
		Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

	Dr A Luehrs	12.12.23
	Dr L Freeman	12.12.23



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Type of activity or project supported	Individual / institution	Number of grants made	£
<b>Total</b>			

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	<b>X</b>
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Authority under which paid	£

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	<b>X</b>
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	Number of trustees	£

Nature of relationship		Nature of transaction		Transaction amount (£)	Balance outstanding at period end (£)

The Doctors' Support Network charity changed over from operating as a charity No.1103741 to a CIO No.1196277 on 26 April 2022. Consequently, all business was conducted under the CIO for the financial year being considered (1 July 2022 to 30 June 2023) and this is subject to a separate submission.

## Doctors' Support Network (CIO 1196277)

SC046980



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	1	July	2022		30	June	2023

## Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>A1 Receipts</b>						
Donations	1,486				1,486	487
Legacies					-	-
Grants	15,272	-			15,272	-
Receipts from fundraising activities	48				48	5
Gross trading receipts					-	-
Income from investments other than land and buildings	521				521	5
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
					-	-
<b>A1 Sub total</b>	<b>17,327</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>17,327</b>	<b>497</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>17,327</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>17,327</b>	<b>497</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	447				447	10
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities		5,040			5,040	2,261
Grants and donations	15,000				15,000	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
<b>A3 Sub total</b>	<b>15,447</b>	<b>5,040</b>	<b>-</b>	<b>-</b>	<b>20,487</b>	<b>2,271</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	-
Purchase of investments					-	-
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>15,447</b>	<b>5,040</b>	<b>-</b>	<b>-</b>	<b>20,487</b>	<b>2,271</b>
<b>Net receipts / (payments)</b>	<b>1,880</b>	<b>(5,040)</b>	<b>-</b>	<b>-</b>	<b>(3,160)</b>	<b>(1,774)</b>
<b>A5 Transfers to / (from) funds</b>						
					-	-
<b>Surplus / (deficit) for year</b>	<b>1,880</b>	<b>(5,040)</b>	<b>-</b>	<b>-</b>	<b>(3,160)</b>	<b>(1,774)</b>

## Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	57,961	19,870			77,831	-
	Surplus / (deficit) shown on receipts and payments account	1,880	(5,040)			(3,160)	(1,774)
	Transfer to CIO 1196277 from charity 1103741					-	79,605
						-	-
	Cash and bank balances at end of year	59,841	14,830	-	-	74,671	77,831
	(Agree balances with receipts and payments account(s))	- 13,156	- 30,910	-	-	- 44,066	- 4,844

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-


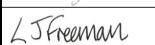
	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

	Dr A Luehrs	
	Dr L Freeman	

## Section C Notes to the Accounts

**C1 Nature and purpose of funds** (may be stated on analysis of funds worksheets)

Restricted fund is a donation from the directors of the Downing Strategic Micro-Cap Investment Trust to support coaching of doctors concerning their wellbeing around COVID-19.

**C2 Grants**

Type of activity or project supported	Individual / institution	Number of grants made	£
Grant to support autistic spectrum disorder diagnoses.	NHS Practitioner Health	1	15,000
Total			15,000

**C3a Trustee remuneration**

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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## Authority under which paid

**C3b Trustee remuneration - details**


**C4a Trustee expenses**

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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**C4b Trustee expenses - details**

	Number of trustees	£

**C5 Transactions with trustees and connected persons**

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

**C6 Other information**

The Doctors' Support Network charity changed over from operating as a charity No. 1103741 to a CIO No. 1196277 on 26th April 2022.

Note that the specific DSN items included as "Expenses for fundraising activities" and "Payments relating directly to charitable activities" have been revised for this financial year.