

# **SHALHEVES**

**Trustees' report and financial statements  
for the year ended 31 October 2015**

# **SHALHEVES**

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## **SHALHEVES**

### **Reference and administrative information**

Trustees	S Warhaftig M Danziger D Danziger Y Breuer
Charity number	1155424
Office	24 Carlton Mansions Holmleigh Road London N16 5PX
Independent examiner	E Meyer FCA BSc Sugarwhite Meyer Accountants Ltd 5 Windus Road London N16 6UT
Bankers	Barclays Bank Plc 254 Seven Sisters Road London N4 2HZ

## **SHALHEVES**

### **Trustees' report for the year ended 31 October 2015**

The trustees present their annual report and financial statements for the year ended 31 October 2015.

#### **Reference and administrative information**

Reference and administrative information is shown on page 1 of the financial statements and forms part of this report.

#### **Constitution and objects**

The charity was established by Deed of Trust dated 31 January 2014.

#### **Organisational structure**

The power to appoint new trustees is vested in the current board. It is not the intention of the trustees of the charity to appoint any new trustees. Should the situation change in the future, the trustees will apply suitable recruitment induction and training procedures.

#### **Objects for public benefit**

The objects of the charity are:

- i) to provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life;
- ii) to advance the education of the public in general on the subject of dealing with life challenges and of enhancing social and family relationships with the object of improving their conditions of life;
- iii) to promote any other exclusively charitable objects and purposes as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.

The trustees have considered the Charity Commission's general guidance on public benefit.

#### **Review of activities and achievements**

##### **The Need**

The intensity and pace of life in the 21st century places more and more demands upon an individual's strength of character. The rise in people affected by anxiety, stress and mental health issues has been viewed increasingly as a public concern which requires dedicated attention. These issues are particularly difficult for members of disadvantaged inner-city and low-income areas.

##### **Our Response**

We provide disadvantaged individuals of all ages as well as families the opportunity to take a step back from the intensity of their daily schedules with structured recreational activities in a relaxed setting. In addition to helping disadvantaged people/families to unwind, relax and recharge their batteries, our activities and events help people to develop their ability to maintain a positive mental wellbeing. We help individuals to deal with stressful situations, improving their communication and personal relationship skills. An important aspect of this is educating people how to deal with marital conflict and improve their family relationships. We achieve these goals through engaging individuals with workshops and inspirational and informative speakers who attend our rural retreats as well as occasional local events. This year our retreats throughout the year were attended by over 380 people, a significant increase from previous years.

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### **Trustees' report for the year ended 31 October 2015**

In 2014/2015, participants benefitted from;

- A November retreat in Bournemouth for 140 people.
- A February retreat for 125 young adults, aged 18-25 year olds
- A summer retreat in May for 160 people
- In November we also arranged 3 evening sessions taking place locally on the topic of self growth. These were extremely successful with over 450 participants, feedback was overwhelmingly positive.

Shalheves would like to express its deep appreciation to the funders and donors who have enabled its activities to take place. In particular, we would like to thank Awards For All for supporting our activities. To all of you, thank you both for your financial contribution and encouragement which gives us the impetus to continue with our vital work.

The trustees are pleased with results for the year. Free reserves at the year end were £8,588.

#### **Future developments**

We plan to build on this year's success in the future with further sleepaways and local sessions devoted to topics as suggested by participants. The increase in income over the past year has enabled Shalheves to increase awareness of its operations. This combined increase in income and public awareness has enabled us to provide improved and expanded activities to meet the needs of our beneficiaries. In the coming year, we hope to build upon the success of the 2015/2016 series of retreats, providing more rural retreats throughout the year.

#### **Reserve policy**

The charity does not have a specific reserve policy. Donations are made according to the availability of funds.

#### **Risk review**

The trustees have confirmed that there are no major risks to which the charity is exposed.

#### **Statement of trustees' responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing those financial statements, the trustees are required to;

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

## **SHALHEVES**

### **Trustees' report for the year ended 31 October 2015**

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the trustees on 12 August 2016 and signed on their behalf by

**D Danziger**  
**Trustee**

## **SHALHEVES**

### **Independent examiner's report to the trustees on the unaudited financial statements of SHALHEVES.**

I report on the financial statements of the Trust for the year ended 31 October 2015.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met: or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**E Meyer FCA BSc  
Sugarwhite Meyer Accountants Ltd  
Chartered Accountants**

**5 Windus Road  
London N16 6UT**

# SHALHEVES

## Statement of financial activities for the year ended 31 October 2015

		Unrestricted funds	Restricted funds	2015 Total	2014 Total
	Notes	£	£	£	£
<b>Incoming resources from generated funds</b>					
Voluntary income - Donations		27,496	-	27,496	4,761
<b>Incoming resources from charitable activities</b>					
Weekend retreats for adults	2	-	10,000	10,000	10,000
Weekend retreats for young adults		-	-	-	-
Intown functions		-	-	-	-
<b>Total incoming resources</b>		<u>27,496</u>	<u>10,000</u>	<u>37,496</u>	<u>14,761</u>
<b>Resources expended</b>					
Cost of generating voluntary income	3	(956)	-	(956)	-
Charitable activities	4				
Weekend retreat for adults		(13,573)	(10,001)	(23,574)	(11,758)
Weekend retreat for young adults		(5,341)	-	(5,341)	-
Intown functions		(774)	-	(774)	(1,743)
Governance costs	5	(600)	-	(600)	-
<b>Total resources expended</b>		<u>(21,244)</u>	<u>(10,001)</u>	<u>(31,245)</u>	<u>(13,501)</u>
<b>Net incoming/(outgoing) resources for the year</b>		6,252	(1)	6,251	1,260
Total funds brought forward		<u>2,336</u>	<u>1</u>	<u>2,337</u>	<u>1,077</u>
<b>Total funds carried forward</b>		<u><u>8,588</u></u>	<u><u>-</u></u>	<u><u>8,588</u></u>	<u><u>2,337</u></u>

The notes on page 8 to 10 form an integral part of these financial statements.



# SHALHEVES

## Balance sheet as at 31 October 2015

	Notes	£	2015	£	£	2014	£
<b>Current assets</b>							
Cash at bank and in hand			9,188			2,337	
			<u>9,188</u>			<u>2,337</u>	
<b>Creditors: amounts falling due within one year</b>	<b>7</b>		<u>(600)</u>			<u>-</u>	
<b>Net current assets</b>				8,588			2,337
<b>Net assets</b>				<u>8,588</u>			<u>2,337</u>
				<u>8,588</u>			<u>2,337</u>
<b>Funds</b>							
Unrestricted funds				8,588			2,337
				<u>8,588</u>			<u>2,337</u>

The financial statements were approved by the trustees on 12 August 2016 and signed on their behalf by

**D Danziger**  
Trustee

The notes on page 8 to 10 form an integral part of these financial statements.

# SHALHEVES

## Notes to the financial statements for the year ended 31 October 2015

### 1. Accounting policies

#### 1.1. Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP 2005) issued March 2005.

#### 1.2. Incoming resources

Voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

#### 1.3. Resources expended

Resources expended are recognised in the year in which they are incurred and include irrecoverable VAT.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

### 2. Incoming resources from charitable activities

	<b>Restricted funds</b>	<b>2015</b>	<b>2014</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Awards for All	10,000	10,000	10,000
	<u>10,000</u>	<u>10,000</u>	<u>10,000</u>

### 3. Cost of generating funds

	<b>£</b>	<b>£</b>	<b>£</b>
Design and printing	866	866	-
Postage	90	90	-
	<u>956</u>	<u>956</u>	<u>-</u>

# SHALHEVES

## Notes to the financial statements for the year ended 31 October 2015

### 4. Cost of charitable activities

	Adult Weekend £	Young Adults Weekend £	Intown funtions £	2015 £	2014 £
Accomodation	18,301	2,500	-	20,801	9,663
Venue hire	-	-	320	320	-
Postage telephone and stationery	151	-	-	151	395
Advertising	1,585	300	315	2,200	2,433
Information packs	739	32	54	825	300
Travelling	2,180	2,458	-	4,638	470
Training and consultancy	210	-	-	210	-
General expenses	205	-	-	205	240
Support costs	203	51	85	339	-
	<u>23,574</u>	<u>5,341</u>	<u>774</u>	<u>29,689</u>	<u>13,501</u>
<b>Support costs</b>					
Meetings/Consultations	143	36	60	239	-
Sundries	60	15	25	100	-
	<u>203</u>	<u>51</u>	<u>85</u>	<u>339</u>	<u>-</u>

### 5. Governance costs

	2015 £	2014 £
Accountancy fees	300	-
Independent examiner's fee	300	-
	<u>600</u>	<u>-</u>

### 6. Trustees' emoluments

No trustee received remuneration, allowance for or reimbursement of expenses.

## SHALHEVES

### Notes to the financial statements for the year ended 31 October 2015

**7. Creditors: amounts falling due  
within one year**

	<b>2015</b>	<b>2014</b>
	<b>£</b>	<b>£</b>
Accruals and deferred income	600	-
	<u>          </u>	<u>          </u>