



International Continence Society

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1074929

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ICS 2015 TRUSTEES' ANNUAL REPORT
AND
INDEPENDENTLY EXAMINED CONSOLIDATED
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 DECEMBER 2015

FOR
THE INTERNATIONAL CONTINENCE SOCIETY

CHARITY COMMISSION
FIRST CONTACT

02 SEP 2016

ACCOUNTS
RECEIVED

THE INTERNATIONAL CONTINENCE SOCIETY

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Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	9 Portland Square, Bristol, BS2 8ST
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@icsoffice.org
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General Secretary	Adrian Wagg – 2 year term began 23/10/14 (appointed trustee 24/10/08)
Treasurer, appointed 29/08/13	Sherif Mourad – 3 year term (appointed trustee 24/10/08). Appointed General Secretary-Elect at AGM on 08/10/2015
Trustees appointed 23/10/14	David Castro Diaz Mauro Cervigni Carlos D'Ancona Christopher Payne Myung Soo-Choo (3-year terms)
Trustees appointed 08/10/15	Cristina Naranjo-Ortiz - 3 year term
Trustees, 3 year term ended as of 08/10/15	Katherine Moore Alex Wang
Trustees, co-opted position. Appointed 15/12/15	Timothy Dudley Robinson
Secretary	Daniel Snowdon (appointed 14/01/2011)
Independent Examiners	Goldwyn's (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
	CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ

Staff

Daniel Snowdon	Administrative Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Tracy Griffin	Administrative Assistant – part time
Nickie Robinson	Administrator
Jennifer Ellis	Projects and Events Coordinator
Sarah Waters	Bookkeeper - self-employed
Sarah Ashworth	Bookkeeper - self-employed

ICS Honorary Members

Peter Caldwell (Deceased)	Patrick Bates	Pieter Donker (Deceased)
Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer	David Rowan	Paul Abrams
Walter Artibani	Jacques Corcos	Jo Laycock
Sender Herschorn	Karl-Erik Andersson	

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2015 were to hold a successful, surplus-generating annual meeting in Montreal, to implement the ICS strategic plan, to advance the review and production of ICS standardisation reports, and to review the financial planning and investment strategy for the society.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 2,500 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Administrative Director and

the IT Director. The Administrative Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Administrative Director.

ICS Committees 2015

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children's Committee
- ICS Continence Promotion Committee (disbanded as of 05/10/15)
- ICS Education Committee
- ICS Ethics Committee
- ICS Fistula Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Sherif Mourad). In conjunction with the Administrative Director and the ICS Independent Examiners (Goldwyn's [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Independent Examiners are fully aware of the current status and systems used and could take over from the Administrative Director in this regard in an emergency. A selected group of the Trustees and the Administrative Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

2015 Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To implement the strategic planning process, as adopted by the ICS membership at the 2014 AGM
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.
- To host a successful Annual Scientific Meeting in Montreal, Canada resulting in a high quality congress which would secure the status of the ICS as the premier international conference on continence.

Executive Summary

The ICS ran a successful annual meeting in Montreal. The meeting had a new four day programme format, with integrated workshops and scientific presentations. New educational technology was included with e-posters and a meeting mobile application made available to all delegates. Post meeting evaluation scores rated the meeting and its new format highly. The updated format will continue for 2016, with some refinements based upon feedback received.

The ICS, primarily through the Education Committee, was involved in 22 educational events, either with guest lectures or as part of the formal programme. In many cases funding was not required for speakers as they were part of the faculty or were able to attend by other means of support. The presentations offered the public benefit of expert educational presentations to a wide range of medical trainees and professionals.

A strategic aim was to increase the quality and quantity of ICS scholarly output. There has been positive progress in this area during 2015. The ICS Standardisation Steering Committee has 10 working groups currently working on new or updated ICS standardisation reports. The majority of these are expected to be published in the society's journal (Neurourology and Urodynamics) through 2015-2017. The Urodynamics Committee continues to focus on developing and publishing teaching modules. To date 17 have been published, with 7 published during 2015. A further 12 modules are in progress and scheduled for publication during 2016-17.

The ICS awarded 39 awards or fellowships to international applicants, in accordance with the charity's objectives and goals for public benefit.

In financial terms the charity closed the year in a strong position, with an overall increase in consolidated funds. The end result was comfortably within the set reserves policy, therefore ensuring the financial health of the charity.

Achievements and Performance

ICS Annual Scientific Meeting 2015

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 45th Annual Meeting of the ICS took place in Montreal, Canada. The meeting was attended by 1,557 delegates with the most significant number of members being from the USA. In excess of 50 countries provided delegates, pointing to the enduring international appeal of ICS meetings. The total number of delegates was lower than expected and attributed to a number of factors, some unique to this year and location. Additional marketing efforts will be implemented in future years to encourage a growth in delegate numbers that can be sustained.

330 abstracts on the latest research in the field were chosen by the ICS Scientific Committee to fill the 3-day scientific programme with podium, poster, and video presentations. A new initiative of e-poster presentations was implemented which allowed 229 authors to present their work within this new format. The consistently high quality education programme consisted of 33 workshops, chosen from 60 applications. The many excellent educational and scientific sessions covered different aspects of urinary, bowel and pelvic floor disorders.

The 2015 programme was revamped from a five day programme to a four day programme with integrated workshops and scientific presentations. The Scientific Committee worked hard to create programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme. The post meeting evaluation scores indicated that delegates liked the new format and the e-poster presentations. Some consideration will be given to limiting the number of parallel sessions as some comments indicated there might be too many.

Our sincere thanks go to Jerzy Gajewski (Meeting Chair), Cara Tannenbaum (Local Scientific Chair), Martine Jolivet and the Montreal local organising committee for their hard work and commitment to ensuring that ICS 2015 was a scientifically successful and memorable meeting. Thanks are also due to the ICS office staff, Board of Trustees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS.

Strategic Planning Process

The five year strategic plan was prepared during 2012 and 2013 by the Board, with significant input from the ICS membership and office. The membership adopted the plan at the 2013 AGM. Implementation of the plan began in earnest during 2014. Immediate priority was given to reviewing and updating the governance processes of the ICS. A consultation took place on the Articles and Bylaws which led to the most substantial updates and changes to the documents in a decade. The membership approved the revisions at the 2014 AGM. The changes notably improve the governance structure of the ICS and remedied areas of conflict within the governance documents. The strategic plan was updated at a meeting of the Board of Trustees during ICS 2015.

A crucial facet of the plan is for the ICS to deliver high quality scholarly materials and presentations. To this end the development of ICS standardisation reports has been extended, with a new procedure being implemented. The ICS office is tasked with administering and progressing the work in close collaboration with the Standardisation Committee Chair.

The financial health of the society has stabilised, with future projections indicating an ongoing surplus. A risk reduction has been realised through the agreement to have 4 out of 5 annual meetings in Europe or North America. These continents offer the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded. The Board looked at rationalising budgets for committees to ensure strategic needs were focused on. The activity and output of the ICS has increased despite reductions of budget in some areas. The ICS is seeking new investment streams and is aiming to diversify funding sources in future years in order to limit risk.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered the following: six scholarships, four fellowship awards and 29 conference travel awards.

Educational Courses 2015

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge. At the next meeting the Board will consider a maximum of one funded ICS speaker per calendar year.

Educational Courses held in 2015 are outlined below.

ICS Guest Lecture Post ICS-IUGA congress 2015 – Netherlands

The ICS attended the Post ICS-IUGA education course hosted by Marijke Sliker-ten Hove, Maura Seleme and Bary Berghmans who were also the ICS coordinators on behalf of this course. The ICS funded two speakers to attend: Steven Swift and Alex Digesu. The course also had keynote lectures from Jan Willem de Leeuw, Maura Seleme and Bary Berghmans.

Neurogenic Bladder Day Course Istanbul, 27th February 2015

The Neuro-Urology Promotion Committee held a one day Neurogenic bladder day course, added on to PACS 2015. ICS was represented by Emmanuel Chartier-Kastler and Helmut Madersbacher (unfunded).

ICS Education Course, 11th Pan Arab Continence Society, Istanbul, Turkey 27th February- 1st March 2015

Following on from the successful collaboration with the Pan Arab Continence Society in previous years the ICS collaborated with PACS to host the 11th Pan Arabic Continence Society Education course held in Istanbul. The American Urological Association, European Association of Urology and Turkish Urogynecology Society also collaborated on this course. Sherif Mourad was the local host and ICS coordinator on behalf of this course. The ICS four speakers to attend were David Castro Diaz, Ervin Kocjancic, Mauro Cervigni and Bary Berghman.

ICS Guest Lecture at EAU 2015, 12st March 2015

The ICS attended EAU in Madrid. This course took place on 21st March 2015 at the IFEMA - Feria de Madrid, Madrid. Alex Digesu represented the ICS presenting a key note lecture titled "The good, bad and ugly of pelvic floor ageing. Can we preserve its function?"

Neurogenic Bladder Day Course New Delhi, 2-3rd May 2015

The Neuro-Urology Promotion Committee held a one day Neurogenic bladder day course at the V.M Medical College & Safdarjang Hospital in New Delhi. ICS was represented by Helmut Madersbacher and Marcio Averbeck (unfunded).

ICS recognised course, London Cadaver Masterclass in Urogynaecology, 12-13th May 2015

The ICS provided ICS recognition for the London Medical Education Academy's Cadaver Masterclass held in London at St George Hospital. The local host for this event was Alex Digesu. Ervin Kocjancic (unfunded) represented the ICS, assisting in the cadaver training.

ICS Guest Lecture, International Course of neuro-urology and pelvic floor dysfunction, 22nd - 23rd May 2015

ICS was invited to attend the Sociedad Mexicana de Urologia/ Consejo Mexicano de Urologia annual meeting in Mexico. Two ICS speakers attended this course: Heather Moky and Ervin Kocjancic. They provided guest lectures on male incontinence, POP and Physiotherapy for female UI and post prostatectomy.

Post ICS-IUGA Course 2015, Fortaleza, 20th - 24th May 2015

The ICS attended the Post ICS-IUGA education course hosted by Maura Seleme and Bary Berghmans who were also the ICS coordinators on behalf of this course. The ICS funded three speakers to attend: Paulo Palma, Nucelio Lemos and Bary Berghmans.

ICS Guest Lecture in conjunction with the Italian Society of Urodynamics (Società Italiana di Urodinamica, SIUD), Bari, 18th - 20th June 2015

The ICS attended the Società Italiana di Urodinamica (SIUD) annual meeting in Italy. The ICS funded three speakers to attend: Alex Digesu, Margot Damaser and Kari Bo (unfunded). Kari Bo provided the keynote lecture on Pelvic floor muscles exercises: a one-size-fit-all therapy. All speakers were part of a roundtable session at SIUD.

4th Young Urology Meeting, Bristol, 9th September 2015

ICS was invited to attend, speak and hold a booth at the 4th Young Urology meeting in Bristol. Jenny Ellis from the ICS office provided a short session on support for trainees and other benefits of ICS membership to delegates.

ICS Guest lecture at International Uroanatomy Urotechnology and Urosimulation congress, 11-13th September 2015

ICS attended the 2nd International Uroanatomy Urotechnology and Urosimulation congress in Ankara, Turkey. ICS was represented by Sherif Mourad and Alex Digesu (unfunded) who provided guest lectures during the meeting.

ICS Add-on course at the Italian Society of Paediatric Urology, 19th September 2015

The ICS hosted a one day education course joining onto the 10th International Perinatology Meeting at Urbaniana University. The local host for this event was Gianni Baudino. ICS was represented by Marijke Slieker-ten-Hove.

ICS – UNUFU joint session, Thessaloniki, 25-26th September 2015

This course added on to the society's 6th annual conference. The local host for this event was Stavros Charalampous. ICS was represented by Ervin Kocjancic and David Castró-Díaz.

ICS guest lecture at 25th Annual Meeting of MKO, Austria, 1st - 3rd October 2015

ICS attended the 25th Annual Meeting of MKO in Austria. Heather Moky represented the ICS presenting 2 keynote lectures, 'Physiotherapy for incontinence after Tumour-treatment' and 'The role of electro-stimulation in therapy of incontinence after tumour-treatment.'

Continence Centres in the new millennium. The Challenge of an Interdisciplinary Approach, Victoria, 15th October 2015

ICS attended the SIU Congress' Subspecialty Society day in Melbourne, Australia. This course joined the 35th Congress of the Société Internationale d'Urologie. ICS was represented by Alex Digesu, John Heesakkers (funded), Joan Ostaszkiwicz and Mauricio Plata.

ICS – Turkish Continence Society (TCS) joint session, Antalya, 22nd October 2015

ICS hosted a one day course in Antalya in conjunction with Turkish Continence Society. This course joined onto the 4th Functional and Female Urology Congress of the Turkish Continence Society. The local host for this event was Dr Zafer Aybek. ICS was represented by Chris Chapple, Roger Dmochowski and Sanjay Kulkarni.

The Interdisciplinary Team for Pelvic Floor Dysfunction, 22nd - 24th October 2015

ICS hosted a three day course in Treviglio, Italy. This course added on to the 10th International Perinatology Meeting. The local host for this event was Gianni Baudino. ICS was represented by Marijke Slieker-ten-Hove (unfunded).

ICS Education Course at SOBEST XI Brazilian Congress of Enterostomal Therapy, Gramado - RS, 1st November 2015

ICS in conjunction with the Brazilian Wound, Ostomy and Continence Society (SOBEST) hosted a one day education course in Gramado City, Brazil. The course added on the Brazilian Wound, Ostomy and Continence Societies main meeting. The local host for this event was Dr. Maria Helena Baena de Moraes Lopes. The ICS speakers (unfunded) were: Rogerio de Fraga, Alexandre Fornari, Tânia das Graças de Souza Lima, Silvana Uchoa, Cristiane Carboni Fornari, Beatriz Yamada, Helena Soares de Camargo Pantaroto, Aline Fernanda Negri, Maria Helena Baena de Moraes Lopes, Gisele Regina Azevedo, Milagros Castro Romera and Frankie Bates.

ICS Guest lecture at the CAU-SMU Joint annual meeting, Mexico, 11-12th November 2015, Cancun

ICS held a guest lecture at the Confederation americana de Urologia (CAU) Sociedad Mexicana de Urologia annual meeting in Mexico. ICS was represented by David Castro, Elizabetha Constantini and Ervin Kocjancic.

ICS Guest lecture at the 67th Annual Meeting of The Korean Urological Association, Seoul, 18-20 November 2015

ICS held a guest lecture at 67th Annual Meeting of The Korean Urological Association in Seoul. ICS was represented by Margot Damaser and Kiran Ashok.

Female Urology – Pelvic Floor Conference and ICS Joint Meeting, Bangkok, 25th - 27th November 2015

ICS held a joint meeting in conjunction with the Faculty of Medicine Ramathibodi Hospital in Thailand. ICS was represented by Sherif Mourad (unfunded) and Ajay Singla (funded).

ICS recognised course, London Cadaver Masterclass in Urogynaecology, 1-2 December 2015

The ICS provided ICS recognition for the London Medical Education Academy's Cadaver Masterclass held in London at St George Hospital. The local host for this event was Alex Digesu. Ervin Kocjancic (unfunded) represented the ICS, assisting in the cadaver training.

ICS Membership

The ICS recorded 2,458 members for 2015, a similar level to 2014 indicating a stable membership of approximately 2,500 members.

The Board did not increase the membership fee for 2015. The ICS tries hard to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board agreed to introduce new, lower membership fees for nurses, physiotherapists and early career professionals. These new membership options take place for the 2016 membership year.

There were many projects undertaken in 2015 and some notable achievements are highlighted. The full annual reports of each committee are available on the [ICS website](#).

Children and Young Adults Committee

The committee has focused on a Clinical book on urodynamics in children and young adults, jointly with the Italian Society of Urodynamics. This book is expected to be published in March 2016. They are also looking to publish a book on transitional care. The committee hope to hold a paediatric neurogenic bladder day in Rome in 2016.

Continence Promotion Committee (CPC)

The 7th World Continence Week was held during 22 - 28 June 2015. This year the CPC assisted the SSC with their initiative Bladder Diary Day (BDD) which was the focus of WCW 2015. The committee also held their annual public forum in Rio. The committee are looking to develop educational materials for specific countries who need additional assistance with information on incontinence. Disbanded!

Education Committee

The committee plans and delivers all of the ICS education courses and guest lectures. The committee delivered 20 courses and lectures in 2015 as detailed above. The committee also approved the course recognition application and guidelines; two applications for the renewal of the urodynamics recognition were received and approved by the committee.

The committee created an exceptional programme of 33 workshops for the 2015 annual meeting. Shorter workshops of 1.5 hours were called for this year and a new ruling implemented that if workshops had been run more than 3 times a substantial change to faculty and programme was requested. The resulting 33 workshops gave a true representation of the ICS multi-disciplinary objectives. The committee hosted the third early career session at the annual meeting.

The committee has worked to create a core syllabus and generate e-learning modules or ICS accredited slides for meeting and courses. New videos have also been created for ICS TV. The committee are working to achieve increased activity on the e-learning and accreditation projects over the coming year.

Ethics Committee

The committee held 2 sessions at ICS 2015:

1. The first basic ethics workshop, a panel of 5 ethics committee members with Nina Davis as moderator. The session covered originals & principals of modern health care ethics, research ethics and financial disclosures/business ethics.
2. A debate entitled "Is it Ethical to Perform Urodynamic Investigations Prior to Surgery for Female Stress Incontinence? The Relationship between Ethics and Evidence." Prof. Peter Rosier, Dr. Victor Nitti and Prof. Xavier Fritel spoke at this session.

The committee is working to align its efforts with other ICS committees and encourage ethical incorporation to ICS programmes and publications.

Fistula Committee

The committee produced a series of films on fistula and aspects of prevention, surgical management and physiotherapy. Various workshops were presented globally with Fistula Committee members a key part of the faculty, these events include IUGA and FIGO-IUGA meeting.

The committee are developing clinical guidance in fistula management in conjunction with ISOFS. Members of the committee have also been involved in developing research protocols for continence research in fistula patients. These projects are being prepared in tandem with Engender Health/FIGO and the Fistula Foundation.

Neuro-urology Promotion Committee

The committee attended the 4th International Neurourology meeting in Zurich. This meeting is supported by ICS and the 4th international neurology meeting. Publication of this document is due in 2017. The committee are working on a number of publications: Elaboration of disease specific recommendations for urological management of LUTS in central nervous system disorders, Dementia and associated disorders, Parkinson's disease and multiple sclerosis.

The committee have held a number of Committee courses under the leadership of Helmut Madersbacher, these courses took place in Indonesia, Cairo, India, Sofia and Thessalonique. The committee are looking to create a digital book, atlas of surgery for neurourology, which will be available on the ICS website for members.

Nursing Committee

The committee opted to reorganise their structure, operation and communications. The education and practice subcommittees were merged into one with the description updated to combine projects and objectives.

The committee held their annual workshop and forum at ICS 2015. The committee have created new postings and features for the Nursing Committee webpage to increase the communication and engagement of the ICS Nursing members including the new nursing library resource. The committee are planning on identifying new ways to increase submission of nursing research abstract and nursing content (ICS news and nursing library.)

Physiotherapy Committee

The committee have held 3 meetings over the last year via teleconference/Skype. The roundtable increased in popularity in 2015 with space having to be increased to 150 places due to demand. The committee have regularly updated members via the ICS eNews platform. The educational guideline was finalised and published this year. Following on from the adherence meeting in 2011 the committee is pleased to report that 5 publications have been generated from this meeting.

The committee is aware that the roundtable next year will be difficult as the role of the physiotherapist is different within Japan. The committee will therefore be working on how to engage with locals as well as aiming to develop an assessment of the pelvic floor for publication.

Publication & Communications Committee

Under its new mandate and structure the PCC has overseen and contributed to the ICS E-News, Social Media output, updated the Factsheets and are working, in conjunction with ICS IT staff, on an infographic for patients.

The committee is producing at least 1 monthly news article for ICS news and ad hoc social media posts. The committee has aligned with all ICS committees to source monthly committee content.

The fact sheets were updated for the Montreal meeting and it was agreed that going forward they will be reviewed and updated every 4-5 years in line with the SSC process. Over the next year the committee would like to create an infographic for healthcare professionals to use with their patients and to build upon their success of this year.

Scientific Committee

The Committee created the new elected chairman position with Nucelio Lemos as interim chair for the committee in conjunction with Cara Tannenbaum as ICS 2015 Scientific Chair. The Committee is pleased to report an increase in the average score of the abstracts submitted (750) in total which were reviewed by 3 or more reviewers (including at least 1 scientific committee member.) The new programme tracks concept was continued, where the programme grid is created based on unifying areas of interest. The content has been condensed into a four day programme, following the feedback from delegates.

Standardisation Steering Committee

The SSC's main focus is the creation of scientific content via terminology documents. The current working groups (WGs) are: Chronic Pelvic Pain, ICS-IUGA conservative management of female pelvic floor dysfunction, ICS-IUGA female sexual health, ICS-IUGA POP, Good Urodynamics practice, Neuro-urology, Nocturia, Basic Science, Voiding Dysfunction, LUT function. The committee are continuing with the bladder diary day (BDD) project, created in 2014, Laborie have sponsored folding cups that are available on their booth at ICS 2015.

Completed projects: ICS glossary, SSC terminology folder, Core signs, translations of Core LUTS, BDD sheets in Persian and Portuguese.

Urodynamics Committee

The urodynamics committee have worked on a number of ICS teaching modules. The following are published:

- 1: Rosier PF, Hermanns RK, Svihra J, Homma Y, Wein A. Authors' response: Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). *Neurourol Urodyn*. 2014 Sep 11. doi: 10.1002/nau.22660. *Neurourol Urodyn*. 2016 Apr;35(4):542-3. doi: 10.1002/nau.22748. Epub 2015 Mar 1. PubMed PMID: 25728171.
- 2: Rosier P. Authors' second response: Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). *Neurourol Urodyn*. 2014 Sep 11. doi: 10.1002/nau.22660. *Neurourol Urodyn*. 2016 Apr;35(4):541. doi: 10.1002/nau.22747. Epub 2015 Mar 1. PubMed PMID: 25728029.
- 3: Schaefer W. Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). *Neurourol Urodyn*. 2014 Sep 11. doi: 10.1002/nau.22660. *Neurourol Urodyn*. 2016 Apr;35(4):539-40. doi: 10.1002/nau.22746. Epub 2015 Mar 1. PubMed PMID: 25727905.
- 4: Schaefer W. Response to authors; Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module) *Neurourol Urodyn*. 2014 Sep 11. doi: 10.1002/nau.22660. *Neurourol Urodyn*. 2016 Apr;35(4):538. doi: 10.1002/nau.22744. Epub 2015 Mar 1. PubMed PMID: 25727689.
- 5: Asimakopoulos AD, De Nunzio C, Kocjancic E, Tubaro A, Rosier PF, Finazzi-Agrò E. Measurement of post-void residual urine. *Neurourol Urodyn*. 2016 Jan;35(1):55-7. doi: 10.1002/nau.22671. Epub 2014 Sep 22. PubMed PMID: 25251215.
- 6: Rosier PF, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). *Neurourol Urodyn*. 2016 Jan;35(1):36-8. doi: 10.1002/nau.22660. Epub 2014 Sep 11. PubMed PMID: 25214425.
- 7: Tarcan T, Demirkesen O, Plata M, Castro-Diaz D. ICS teaching module: Detrusor leak point pressures in patients with relevant neurological abnormalities. *Neurourol Urodyn*. 2015 Dec 23. doi: 10.1002/nau.22947. [Epub ahead of print] PubMed PMID: 26693834.
- 8: Digesu GA, Gargasole C, Hendricken C, Gore M, Kocjancic E, Khullar V, Rosier PF. ICS teaching module: Ambulatory urodynamic monitoring. *Neurourol Urodyn*. 2015 Nov 23. doi: 10.1002/nau.22933. [Epub ahead of print] PubMed PMID: 26594872.

9: Gammie A, D'Ancona C, Kuo HC, Rosier PF. **ICS teaching module: Artefacts in urodynamic pressure traces (basic module).** *Neurourol Urodyn.* 2015 Sep 15. doi: 10.1002/nau.22881. [Epub ahead of print] Review. PubMed PMID: 26372678.
 10: Krhut J, Zachoval R, Smith PP, Rosier PF, Valanský L, Martan A, Zvara P. Pad weight testing in the evaluation of urinary incontinence. *Neurourol Urodyn.* 2014 Jun;33(5):507-10. doi: 10.1002/nau.22436. Epub 2013 Jun 24. Review. PubMed PMID: 23797972.

The following are ready for publication in N&U (2014-2015 incl. slides and presentation):

- Cystometry
- Videourodynamics
- Ambulatory urodynamics (submitted)
- Recognise and correct artefacts in urodynamic traces (submitted)
- Leak point pressures (submitted)
- Leak point pressures in NLUTD (submitted)

To be submitted

- Background and philosophy of urodynamics

(New) Presented at ICS 2015

- Clinical neuro-uro-gynaecological examination
- Pressure flow analysis in children
- Cystometry in Neurourology
- Multiple sclerosis
- Spinal Cord Lesion
- Pelvic muscle surface EMG
- In preparation (for 2016)
- Pressure flow (advanced module)
- Pressure flow analysis (basis) Japanese version
- Bladder diary
- Uroflowmetry
- Modules on the basis of the updated GUP

All new modules submitted to Neurourology and Urodynamics for peer review. The committee is planning in conjunction with the office, to create a dedicated website page for the teaching modules.

Information Technology Department – Development Projects

The department supported the ever growing list of systems automating the various processes underpinning the organisation, including membership processing, affiliates organisation membership, documents publishing and forums, voting and vote processing, research database, faculty database, committee microsites, news publishing, website promotions, abstract/workshop submission, review and publishing and social media channels. All of these systems were improved and features added to during the year. The independent film unit created by the IT department continued its development with two ICS TV crews operating at the annual meeting allowing us to film parallel workshops and continue our broad coverage of the event. ICS TV also filmed more content outside of the annual meeting increasing our intellectual property. It is also apparent that our post production capability is limited and is an area we would like to increase if we are to capitalise on our video content.

Mobile App for ICS 2015

For the first time ICS created a mobile application for delegates at the Annual Meeting. Combined with Wi-Fi access throughout the convention centre this was a paradigm shift in how delegates could use modern digital tools throughout the conference. New ways of interacting with the meeting were

made possible with instant access to the abstracts being presented and workshop hand-outs. All of this enhanced the delegates experience at the meeting.

Workshops – Broad Categories Rollout

The Workshop Application system now implements the common broad categories system – now being adopted across all systems/committees.

New ICS Abstracts Basic Science Features

Basic Science now split from the Broad Categories to give a new way of distinguishing basic from clinical papers in any discipline.

Programme Construction Session Builder

A new system to allow the scientific committee to build sessions themselves via a lightning fast AJAX collaborative system will allow the committee to share the same pool of “best of the rest” abstracts when building sessions to construct a multi-disciplinary programme in groups in real time. This was transformational to the Scientific Committee allowing each discipline group to craft their part of the programme themselves when we broke out into small groups.

Scientific Programme Schedule at a Glance

A new system to generate a dynamic schedule at a glance from the scientific programme stored in the database will give a timetable view of the entire programme.

New eLearning Platform – ICS TV

A new eLearning centre for ICS will bring together all of the educational webcasts from all of our ICS TV activities into one integrated eLearning hub along the lines of TED Talks. The initial platform and database was built and a prototype evaluated by the Education Committee. The final platform will be launched in 2016.

Corporate Email Architecture

Replacing and maintaining high resilience mail systems is time consuming and expensive. In the era of cloud computing we shall be investigating solutions to sidestep the ownership and maintenance of large corporate mail servers.

- Mailchimp – to support the ever growing need for high volume outbound email (ICS eNews and membership and now extra-organisation bulk mailings) we shall be implementing a 3rd party outbound mail system and subscribers database for all bulk mail sent from the cloud.

Financial Review, ICS and Conticom Accounts to 31.12.2015

Results for the year

The consolidated results of the charity and its subsidiary showed net incoming funds in the year of £160,302 (2014: net outgoing funds of £54,694) with closing consolidated funds of £1,439,939 (2014: £1,279,637).

Consolidated Incoming Resources

The principal incoming resources in the year were the Annual Meeting and trading income of £570,263 (2014: £389,017), membership fees £167,333 (2014: £168,732), royalty income totalling £64,541 (2014: £29,941), donations of £50,357 (2014: £30,964) and income from Investments of £1,013 (2014: £4,760).

With this funding the Charity has been able to finance: the annual meeting in Montreal, educational activities, including courses and lectures, the running costs of the ICS Office that continues to

support the Board, committees, the annual meeting, the membership of close to 2,500 and subscriptions to the NUU Journal.

The total profits of the trading subsidiary were £304,799 (2014: £88,012), of which £299,727 (2014: £84,115) was gifted to the Charity.

Consolidated Resources Expended

The principal resources expended in the year were Educational Activities £210,804, (2014: £150,909), Annual Meeting and trading expenditure £265,487, (2014: £301,019) and Publication and Membership £224,709, (2014: £226,180).

Annual Meeting and Risk

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will continue to be until 2017), by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The rotation policy involves meetings alternating between Europe and North America over four years, and a fifth meeting in a location outside Europe or North America; on the provision that a surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income and expenditure and surplus.

	£	£	£	£	£
	2015	2014	2013	2012	2011
Sponsorship & exhibition	650,648	621,167	811,951	543,265	1,026,913
Registrations	543,824	676,701	724,500	565,502	785,112
Other income	111,274	58,810	114,230	22,395	80,147
Total income	1,305,746	1,356,678	1,650,680	1,131,162	1,892,172
Total expenditure	938,085	1,145,851	1,266,921	1,205,129	1,460,935
Surplus/(Deficit)	367,661	210,827	383,759	*(73,967)	431,237

Surplus of which Conticom received including Scientific Services Fee	483,816	292,728	469,532	**80,190	518,399
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* The deficit in 2012 (Beijing) was absorbed by Kenes, (per the agreement)

** In 2012 the surplus stated relates to the Scientific Services Fee only

Investment Performance

Following a review by a specially appointed group of the Board and upon advice from Crystal Wealth Management a £640,000 investment was made into a managed portfolio primarily held with Russell Group investments. The portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 1% in January 2016 giving a gain of £7,792, which has been declared in the accounts as gain on investments (2014: nil).

£1,013 received in interest from bank accounts has been declared as Investment Income for the year to 31 December 2015. (2014: £4,760).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
 - o Calculations are to be based on estimated future combined operating costs for the next two years.
 - o These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
 - o Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £496,484 for 2016 and £498,006 for 2017, giving a total of £994,490 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,094,490 as at 31.12.2015.

As of 31st December 2015, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,439,939** (2014: £1,279,637); therefore covering the level of reserves required. This is taking into account net outgoing funds (i.e. expenditure exceeded income) for the year ended 31 December 2014 of £54,694. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, fellowships, awards and NUU journal subscription costs) which have been committed of approximately £105,000 each year. The end 2015 surplus of £135,449 above reserves policy will be utilised during 2016 to cover general ICS charitable and running costs. The 2016 annual meeting in Tokyo is expected to generate a lower surplus level which will bring the ICS in line with the reserves policy by end 2016.

Conticom ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Investment Powers and Policy

Under the Memorandum and Articles of Association, the Charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest-bearing, yet instant access accounts. During the year, the remaining 50% was deposited into fixed-rate bond accounts, to gain a better rate of interest with minimal related risk.

Plans for Future Periods**ICS Annual Meeting 2016**

Annual Meeting Chair: Yukio Homma

Scientific Chairs: Naoki Yoshimura, Maki Nakata

The 46th Annual Meeting of the ICS will take place at the Tokyo International Forum in Tokyo, Japan. The Scientific Committee and Board agreed to continue the innovative four day programme concept, with overlapping provision of workshops and scientific content. It is appropriate that the meeting be held in Japan given the growing membership in the country and region. The number of abstracts being submitted from Asia is also growing and an indication of interest and scientific rigour in the continent.

Future Meetings

ICS 2017: Florence, Italy. Chair: Giulio del Popolo

ICS 2018: Philadelphia, USA. Co-Chairs: Alan Wein, Diane Newman

ICS 2019: Gothenburg, Sweden. Chair: Ian Milsom

Strategic Planning Process

Implementation of the strategic plan continues to be of paramount importance. Priorities for 2016 include a focus on marketing and communication to the membership and other important external stakeholders. A growth in membership is a core aim and marketing strategy reflects this goal. This work will build on the good work and progress evidenced during 2015. Financial health will continue to be reviewed with an aim to limit risk and secure the financial future of the organisation; diversification of funding sources is recognised as key.

Governance

The ICS Articles and Bylaws will be reviewed to ensure consistency with the mission of the ICS and in accordance with the strategic plan. A review group will be appointed to undertake the review and present recommendations to the Board, and following approval, the membership.

E-learning

The ICS will develop a strategy for e-learning provision. This will be hosted on the new ICS TV system.

ICS COMMITTEES**Children and Young Adults Committee**

The Children and Young Adults Committee will be publishing, in conjunction with the Italian Society of Urodynamics, their Clinical book on urodynamics in children and young adults. They are also planning a joint collaboration with the Urodynamics committee creating a module on Cystometry and PFS in children and adolescents with functional dysfunctions.

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents. 15 terminology documents are currently in process. Work is scheduled to begin on ICS-IUGA joint terminology document on reporting urodynamics in women and ICS-IUGA joint terminology document on reporting urodynamics in men. The SSC are also working on ICS wiki, the terminology glossary and word of the week.

Urodynamics Committee

The urodynamics committee will continue to work on another nine new ICS teaching modules to build on the seven completed during 2014-15. Five modules are planned for 2016. The urodynamics committee is working with the Standardisation and Education committees to standardise urodynamics. These modules will be published, used in educational lectures and become e-learning modules. This information will be available via the ICS website in 2016. The committee are also planning, in conjunction with Children and Young Adults Committee, a module on Cystometry and PFS in children and adolescents with functional dysfunctions.

Education Committee

For the Educational Courses the 2016 budget of £30,000 has been pre-approved. The committee have already received applications for PACS and JUA with numerous other applications under consideration. The committee aim to increase e-learning activities and are keen to introduce live webcasting courses. As well as increase other income generating activities such as ICS course recognition. The Education Committee have already received 2 application for 2016.

Information Technology Department – Future Plans

Continuing with the migration of the corporate website to the new mobile friendly “Wasabi” designs.

Corporate Branding Review

To look at our increasingly massive online presence and consider creating sub-brands to reflect the core activities of ICS with recognisable branding.

Corporate Email Architecture

Office 365 – to support staff mailboxes, corporate email and archival storage we will be moving to Microsoft Office 365 to host all our corporate mail offsite on the cloud.

Corporate File Storage Architecture

Move ICS Corporate File Storage from local servers to Cloud – consider Microsoft and Alternatives.

Abstract Review Tools

To refine the abstract review process and reduce our reliance on AV systems and move towards an end to end online process.

ICS TV

Continue creating first rate content from our Annual Meeting and expand development of elearning resources by creating content during the rest of the year. Explore new elearning formats including webinars and expert opinions. Launch the new platform and increase membership engagement.

ICS 2016 Mobile App

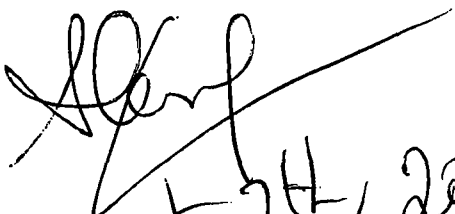
Work with our partners to create a delegate app to support the annual meeting.

Mobile Application Technologies

Explore technologies for the next generation of apps. Continue to work towards mobile friendly web applications.

Approved by the Trustees and signed on their behalf by:

Sherif Mourad
Treasurer
Date


August 7th, 2016

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE INTERNATIONAL CONTINENCE SOCIETY**

I report on the accounts of the charity for the year ended 31 December 2015 which are set out on pages 22 to 34.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
Christopher Mark Brown
ICAEW

Goldwyns (Bristol) Limited
9 Portland Square
Bristol
BS2 8ST

Date.....15.8.16

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2015

		Unrestricted Year ended 31.12.15 £	Restricted Year ended 31.12.15 £	Total Year ended 31.12.15 £	Total Year ended 31.12.14 (as restated) £
	Notes				
Income from:					
Donations and legacies	2	49,197	1,160	50,357	30,964
Investments	3	990	-	990	4,746
<i>Charitable activities:</i>					
Gift aid donation from trading subsidiary	3	299,727	-	299,727	84,115
Subscription and royalty income	4	231,874	-	231,874	198,673
Total income		581,788	1,160	582,948	318,498
Expenditure on:					
<i>Charitable activities:</i>					
Educational activities	5	191,465	19,339	210,804	150,909
Publication and membership	5	224,706	-	224,706	226,180
Total expenditure		416,171	19,339	435,510	377,089
Net income/(expenditure)		165,617	(18,179)	147,438	(58,591)
Gains on investment assets	12	7,792	-	7,792	-
Net movement in funds		173,409	(18,179)	155,230	(58,591)
Reconciliation of funds:					
Fund balances brought forward at 1 January 2015		1,201,640	42,463	1,244,103	1,302,694
Fund balances carried forward at 31 December 2015		1,375,049	24,284	1,399,333	1,244,103

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities

THE INTERNATIONAL CONTINENCE SOCIETY

**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2015**

		Unrestricted Year ended 31.12.15 £	Restricted Year ended 31.12.15 £	Total Year ended 31.12.15 £	Total Year ended 31.12.14 (as restated) £
	Notes				
Income from:					
Donations and legacies	2	49,197	1,160	50,357	30,964
Investments	3	1,013	-	1,013	4,760
<i>Charitable activities:</i>					
Annual meeting and trading income	12	570,263	-	570,263	389,017
Subscription and royalty income	4	231,874	-	231,874	198,673
Total income		852,347	1,160	853,507	623,414
Expenditure on:					
<i>Charitable activities:</i>					
Educational activities	5	191,465	19,339	210,804	150,909
Publication and membership	5	224,706	-	224,706	226,180
Annual meeting and trading expenditure	5	265,487	-	265,487	301,019
Total expenditure		681,658	19,339	700,997	678,108
Net income/(expenditure)		170,689	(18,179)	152,510	(54,694)
Gains on investment assets	12	7,792	-	7,792	-
Net movement in funds		178,481	(18,179)	160,302	(54,694)
Reconciliation of funds:					
Fund balances brought forward at 1 January 2015		1,237,174	42,463	1,279,637	1,334,331
Fund balances carried forward at 31 December 2015		1,415,655	24,284	1,439,939	1,279,637

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2015

		<u>2015</u>		<u>2014</u>	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible asset	10		2,484		2,640
Investments	12		<u>647,793</u>		<u>1</u>
			650,277		2,641
CURRENT ASSETS:					
Debtors	13	212,914		396,947	
Cash at bank and in hand		578,777		951,316	
		<u>791,691</u>		<u>1,348,263</u>	
CREDITORS: Amounts falling due within one year	14	<u>42,635</u>		<u>106,801</u>	
NET CURRENT ASSETS:			<u>749,056</u>		<u>1,241,462</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,399,333</u>		<u>1,244,103</u>
FUNDS:					
Unrestricted funds	16		1,375,049		1,201,640
Restricted funds	16		<u>24,284</u>		<u>42,463</u>
			<u>1,399,333</u>		<u>1,244,103</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2015.

The trustee's have not required the company to obtain an audit of its financial statements for the year ended 31 December 2015 in accordance with Section 476 of the Companies Act 2006.

The trustee's acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Trustees on 7.8.16 and were signed on its behalf by:

Prof. M S Mourad - TRUSTEE



THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2015

		2015		2014	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible assets	10		2,484		2,640
Tangible assets	11		12,004		6,998
Investments	12		<u>647,792</u>		<u>-</u>
			662,792		9,638
CURRENT ASSETS:					
Stocks		6,077		6,987	
Debtors	13	172,277		244,632	
Cash at bank and in hand		<u>656,519</u>		<u>1,139,772</u>	
		834,873		1,391,391	
CREDITORS: Amounts falling due within one year	14	<u>57,214</u>		<u>121,392</u>	
NET CURRENT ASSETS:			<u>777,659</u>		<u>1,269,999</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,439,939</u>		<u>1,279,637</u>
FUNDS:					
Unrestricted funds	16		1,415,655		1,237,174
Restricted funds	16		<u>24,284</u>		<u>42,463</u>
			<u>1,439,939</u>		<u>1,279,637</u>

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Prof. M S Mourad - TRUSTEE



THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2015

1. ACCOUNTING POLICIES

a) Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/07/14, the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Group Accounts

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) Company Status

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) Income

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with the educational activities and the publication of research and includes both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions that assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 6.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) Intangible Assets

The domain name is being amortised evenly over the maximum allowance of 20 years.

h) Tangible Fixed Assets Depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

i) Company Investments

The investment in the subsidiary is stated at cost.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2015

j) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

k) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

l) Pension costs

The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

2. DONATIONS AND LEGACIES

	Charity		Group	
	2015	2014	2015	2014
	£	£	£	£
Other donors	50,357	30,964	50,357	30,964
	<u>50,357</u>	<u>30,964</u>	<u>50,357</u>	<u>30,964</u>

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2015	2014	2015	2014
	£	£	£	£
Interest receivable	990	4,746	1,013	4,760
Gift aid donation from trading subsidiary	299,727	84,115	-	-
	<u>300,717</u>	<u>88,861</u>	<u>1,013</u>	<u>4,760</u>

4. SUBSCRIPTION AND ROYALTY INCOME

	Charity & Group	
	2015	2014
	£	£
Subscription Income:		
Deferred balance brought forward	14,827	9,507
Membership income received during the year	171,712	174,052
Deferred balance carried forward	(19,206)	(14,827)
	<u>167,333</u>	<u>168,732</u>
Royalty income on subscriptions	64,541	29,941
	<u>231,874</u>	<u>198,673</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2015

5. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities £	Publication & Membership £	Annual meeting £	Total 2015 £	Total 2014 £ (as restated)
Journal and other membership costs	-	49,592	-	49,592	65,443
Travel and subsistence costs	3,348	3,348	-	6,696	74
Advertising and promotional events	3,630	-	-	3,630	6,558
Publication committee costs	308	-	-	308	-
Education committee costs	9,847	-	-	9,847	-
Nurses meeting costs	(500)	-	-	(500)	140
Continence Promotion Committee costs	5,964	-	-	5,964	2,635
Standardisation Committee costs	9,400	-	-	9,400	345
Awards, grants and fellowships	30,987	10,051	-	41,038	44,122
Educational activity costs	54,919	-	-	54,919	18,808
Printing and postage costs	1,460	1,460	-	2,920	908
Staff costs	45,406	111,575	-	156,981	149,009
Finance costs	5,082	5,082	-	10,164	8,286
Trustees' board costs	4,912	4,912	-	9,824	9,480
General secretary's costs	-	2,645	-	2,645	-
Support costs (see note 6)	10,190	10,190	-	20,380	13,430
Governance costs (see note 6)	25,851	25,851	-	51,702	57,851
Charity total	210,804	224,706	-	435,510	377,089
Annual meeting expenses	-	-	265,487	265,487	301,019
Group total	210,804	224,706	265,487	700,997	678,108

6. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities Costs £	Publication & Membership Costs £	Charity & Group	
			Total 2015 £	Total 2014 £
Support costs:				
Phone	2,115	2,115	4,230	3,962
Insurance	445	445	890	912
Rent, rates, light and heat	3,584	3,584	7,168	7,162
Sundry	3,968	3,968	7,937	1,238
Amortisation	78	78	156	156
	<u>10,190</u>	<u>10,190</u>	<u>20,380</u>	<u>13,430</u>
Governance costs:				
General Secretary's costs	1,322	1,322	2,644	-
Trustees' board costs	3,376	3,376	6,752	9,480
Indemnity insurance	480	480	960	948
Staff costs	9,877	9,877	19,754	18,941
Auditors remuneration (note 9)	-	-	-	8,553
Accountancy	3,252	3,252	6,504	-
Legal and professional	7,544	7,544	15,088	19,929
	<u>25,851</u>	<u>25,851</u>	<u>51,702</u>	<u>57,851</u>

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2015

7. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2014: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2015	2014	2015	2014
	Number	Number	£	£
Travel and meeting expenses	7	7	9,348	12,393
Education course expenses	2	1	1,569	1,323
			<u>10,917</u>	<u>13,716</u>

8. STAFF COSTS

	Charity		Group	
	2015	2014	2015	2014
	£	£	£	£
Wages and salaries	155,212	146,407	310,424	292,814
National insurance contributions	15,663	14,441	31,326	28,882
Pension contributions	4,865	4,749	9,730	9,498
Recruitment and training	994	2,354	1,698	4,317
	<u>176,734</u>	<u>167,951</u>	<u>353,178</u>	<u>335,511</u>

One employee earned more than £60,000 during the year.

The average number of full-time equivalent employees during the year were as follows:

	Charity		Group	
	2015	2014	2015	2014
	Number	Number	Number	Number
Governance	0.25	0.25	0.25	0.25
Educational activities	1.25	1.25	1.25	1.25
Publication and membership	2.50	2.50	2.50	2.50
Meeting co-ordinators	4	4	4	4

9. AUDITORS' AND INDEPENDENT EXAMINER'S REMUNERATION

The auditors' and Independent Examiner's remuneration consists of the following:

	Charity		Group	
	2015	2014	2015	2014
	£	£	£	£
For audit services	-	4,200	-	7,700
For independent examination	1,440	-	2,640	-
For accounting services	2,640	2,400	4,640	4,150
For preparation of consolidated accounts	1,440	1,440	1,440	1,440
For general advice, meetings & other services	-	480	1,050	2,390
	<u>5,520</u>	<u>8,520</u>	<u>9,770</u>	<u>15,680</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015**

10. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2015	3,106	3,106
Additions	-	-
At 31 December 2015	<u>3,106</u>	<u>3,106</u>
AMORTISATION		
At 1 January 2015	466	466
Charge for year	156	156
At 31 December 2015	<u>622</u>	<u>622</u>
NET BOOK VALUE		
At 31 December 2015	<u>2,484</u>	<u>2,484</u>
At 31 December 2014	<u>2,640</u>	<u>2,640</u>

11. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Total £
COST:			
At 1 January 2015	9,372	26,412	35,784
Additions	1,718	8,625	10,343
At 31 December 2015	<u>11,090</u>	<u>35,037</u>	<u>46,127</u>
DEPRECIATION:			
At 1 January 2015	8,801	19,985	28,786
Charge for year	473	4,864	5,337
At 31 December 2015	<u>9,274</u>	<u>24,849</u>	<u>34,123</u>
NET BOOK VALUE:			
At 31 December 2015	<u>1,816</u>	<u>10,188</u>	<u>12,004</u>
At 31 December 2014	<u>571</u>	<u>6,427</u>	<u>6,998</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2015

12. CHARITY FIXED ASSET INVESTMENTS

	£
COST:	
At 1 January 2015	1
Additions	640,000
Increase in market value of investments	7,792
	<u>647,793</u>
At 31 December 2015	<u>647,793</u>
NET BOOK VALUE:	
At 31 December 2015	<u>647,793</u>
At 31 December 2014	<u>1</u>
	2015 2014
	£ £
Listed investments	647,792 -
Unlisted investments	<u>1</u> <u>1</u>
Total investments	<u>647,793</u> <u>1</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding
Ordinary 100.00

	2015	2014
	£	£
Aggregate capital and reserves	40,607	35,534
Profit/(loss) for the year	<u>5,072</u>	<u>3,897</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	529,026
Trading income	<u>41,237</u>
	570,263
Cost of sales	44,322
Gross profit	525,941
Administrative expenses (excluding gift aid donation)	<u>221,165</u>
Operating profit/(loss)	304,776
Interest receivable and other similar income	23
Net income	<u>304,799</u>
Amount gift-aided to the charity	<u>299,727</u>
Retained profit for the year	5,072
Retained profit brought forward	35,534
Retained profit/(loss)carried forward	<u>40,606</u>
Assets	207,541
Liabilities	166,934

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015**

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2015	2014	2015	2014
	£	£	£	£
Trade debtors	-	-	87,800	186,981
Prepayments and accrued income	4,368	11,863	28,286	27,700
Amounts due from group undertaking	152,355	355,133	-	-
Other debtors	56,191	29,951	56,191	29,951
	<u>212,914</u>	<u>396,947</u>	<u>172,277</u>	<u>244,632</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2015	2014	2015	2014
	£	£	£	£
Trade creditors	-	-	864	6,890
Other creditors	4,287	37,010	8,965	38,457
Social security and other taxes	696	9,236	696	9,236
Accruals and deferred income	37,652	60,555	41,902	66,414
VAT	-	-	4,787	395
	<u>42,635</u>	<u>106,801</u>	<u>57,214</u>	<u>121,392</u>

15. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2015	2014	2015	2014
	£	£	£	£
Land and buildings expiring: Between one and five years	7,505	7,505	15,010	15,010
	<u>7,505</u>	<u>7,505</u>	<u>15,010</u>	<u>15,010</u>
Other operating leases expiring: Between one and five years	5,184	1,594	5,184	1,594
	<u>5,184</u>	<u>1,594</u>	<u>5,184</u>	<u>1,594</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015**

16. STATEMENT OF FUNDS

	At 01 January 2015 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2015 £
Unrestricted funds:					
General fund	1,201,640	581,788	416,171	7,792	1,375,049
Total unrestricted funds	<u>1,201,640</u>	<u>581,788</u>	<u>416,171</u>	<u>7,792</u>	<u>1,375,049</u>
Restricted funds:					
Laborie Fellowship	9,995	-	6,500	-	3,495
Continence Promotion Committee fund	12,624	-	-	-	12,624
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	19,344	1,160	12,839	-	7,665
Total restricted funds	<u>42,463</u>	<u>1,160</u>	<u>19,339</u>	<u>-</u>	<u>24,284</u>
Total charity funds	<u>1,244,103</u>	<u>582,948</u>	<u>435,510</u>	<u>-</u>	<u>1,399,333</u>
Subsidiary	35,535	570,286	565,214	-	40,607
Intercompany transactions	-	(299,727)	(299,727)	-	-
Total consolidated funds	<u>1,279,637</u>	<u>853,507</u>	<u>700,997</u>	<u>7,792</u>	<u>1,439,939</u>

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme which commenced on 1 April 2011, the residual funds are under review and it is anticipated that they will be spent during 2015 or returned to the donor. A restricted donation was received 2 years ago to fund 3rd world Fistula work. The Pfizer grant was received to fund international scholarships.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2015

17. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY

Fund Balances at 31 December 2015
are represented by:

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	650,277	650,277
Current assets	24,284	767,407	791,691
Current liabilities	-	42,635	42,635
Total Net Assets	24,284	1,375,049	1,399,333

GROUP

Fund Balances at 31 December 2015
are represented by:

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	662,280	662,280
Current assets	24,284	810,589	834,873
Current liabilities	-	57,214	57,214
Total Net Assets	24,284	1,415,655	1,439,939

18. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £9,730 (2014: £9,498) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £529 (2014: £853) as at 31 December 2015.

19. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

20. RELATED PARTY DISCLOSURES

During the period a donation of £299,727 (2014: £84,115) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £152,355 (2014: £355,133) from Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

21. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.