## **Belle Isle Elderly Winter Aid**

**Report and Accounts** 

March 31, 2016

**Registered Charity Number 701895** 

## Independent Examiner's Report to the Committee of Belle Isle Elderly Winter Aid

I report on the accounts of the charity for the year ended March 31, 2016, which are set out on pages 2 to 8.

#### Respective responsibilities of the committee and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act:
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as the committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Andrew S Parker Chartered Accountant 2 Meadow Court Allerton Bradford BD15 9JZ

October 19, 2016

1

## Belle Isle Elderly Winter Aid Statement of financial activities for the year ended March 31, 2016

	Note Ur	restricted funds	Restricted funds	Total funds 2016	Total funds 2015
		£	£	2016 £	2015 £
Income and expenditure					
Incoming resources Incoming resources from ger Voluntary income:	nerating f	unds:			
Donations	2	4,466	6,356	10,822	3,956
Activities for generating funds: Shop income Local fundraising Investment income		16,408 1,155 447	- - 199	16,408 1,155 646	20,945 1,345 269
Other income		-	_	-	-
Incoming resources from charactivities:	aritable				
Grants and donations	3	-	102,209	102,209	105,719
Income from services  Total incoming resources	4	16,054 38,530	34,007 142,771	50,061 181,301	57,046 189,280
Resources expended Cost of generating voluntary	income:				
Local fundraising costs Charitable activities Governance costs Total resources expended	5 6	536 18,595 <u>8,999</u> <u>28,130</u>	153,448 - 153,448	536 172,043 <u>8,999</u> 181,578	327 169,193 <u>10,290</u> <u>179,810</u>
Net movement of funds		<u>10,400</u>	(10,677)	( <u>277</u> )	9,470
Reconciliation of funds Total funds brought forward		<u>96,296</u>	<u>147,848</u>	<u>244,144</u>	234,674
Total funds carried forward		106,696	<u>137,171</u>	243,867	244,144

## Belle Isle Elderly Winter Aid Balance sheet as at March 31, 2016

	Note	2016 £	2015 £
Fixed assets Tangible fixed assets	8	<u>2,965</u>	<u>3,075</u>
Current assets Debtors Balances at bank	9	2,838 <u>264,696</u> 267,534	1,755 <u>262,637</u> 264,392
Creditors: amounts falling due within one year Net current assets	10	<u>26,632</u> <u>240,902</u>	23,323 241,069
Total assets less current liabilities	11	243,867	<u>244,144</u>
Represented by			
Funds Unrestricted funds Restricted funds Total funds	12	106,696 137,171 243,867	96,296 <u>147,848</u> <u>244,144</u>

Signed on behalf of the Management Committee

Chairperson

Treasurer October 19, 2016

#### 1. Accounting policies

#### **Accounting convention**

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards, the Statement of Recommended Practice on Accounting by Charities, the Financial Reporting Standard for Smaller Entities and the Charities Act 2011.

#### **Fixed assets**

All fixed assets are capitalised and associated depreciation is charged to the statement of financial activities. Fixed assets that are donated to the charity are brought into the accounts at their estimated market value.

#### **Depreciation**

Depreciation is provided on fixed assets at the following rates based on the estimated useful life of these fixed assets and their anticipated residual value.

Motor vehicles - 25% per annum reducing balance basis

Office and other equipment – 33.33% per annum reducing balance basis

Computer and associated equipment – 33.33% per annum reducing balance basis

#### **Incoming resources**

All incoming resources are included when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included. Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Income from investments is included in the year in which it is receivable.

#### Resources expended

Resources expended are recognised in the period in which they are incurred. Resources Expended include attributable VAT that cannot be recovered.

Expenditure is attributable to specific projects on a direct cost basis.

#### **Fund Accounting**

Funds held by the charity are either:

Unrestricted general funds – these are funds, which can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### Reserves policy

The reserves policy is to hold sufficient funds in reserves to cover the running costs of the charity for a period of three months if other funds were not available.

#### **Pension costs**

The charity contributes to money purchase pension plans for certain of its employees. Pension costs charged in the Statement of Financial Activities represent the contributions payable by the charity each year.

U	Inrestricted	Restricted	Total 2016	Total 2015
	£	£	£	£ £
2. Donations received				
Anonymous see note2a Councilor Blake Wades foundation International Day of Older People In memory of M Needham In memory of Jean Morgan Sundry donations	3,000 500 966 4,466	4,756 - 1,400 200 - - - - - 6,356	4,756 1,400 200 3,000 500 966 10,822	2,771 300 - - - - - 885 3,956
2a. Anonymous donation			2016 £	2015 £
Deferred at 01/04/2015 Received during the year Deferred at 31/03/2016			7,229 10,000 ( <u>12,473</u> ) <u>4,756</u>	10,000 ( <u>7,229)</u> <u>2,771</u>
3. Grants and donations				
Leeds City Council – MICE for 59 Event Leeds City Council – Transport grant Leeds City Council – Tracker project Leeds City Council – 59 Centre grant Leeds Community Foundation - winterw Leeds City Council - salaries	- - -	300 40 500 8,000 1,150 <u>92,219</u> 102,209	300 40 500 8,000 1,150 <u>92,219</u> 102,209	8,000 1,500 <u>96,219</u> 105,719

	Unrestricted	Restricted	Total 2016	Total 2015
	£	£	£	£
4. Income from services				
59 Members credit Gardening Lunch club Trips and events Holidays and trips Safety and security Health Promotion Winterwarmth Home services	1,127 1,458 144 - 160 - - 13,165 16,054	24,675 - - 9,268 - - 64 - 34,007	24,675 1,127 1,458 144 9,268 160 - 64 13,165 50,061	26,941 1,280 1,447 2,168 10,151 462 28 770 13,799 57,046
	Unrestricted £	Restricted £	Total 2016 £	Total 2015 £
5. Charitable activities				
Salaries Gardening Minibus Volunteers expenses Home services Home safety and security Winterwarmth Holidays, trips and events Lunch club Shop expenses Accommodation and admin 59 centre Depreciation Administration, travel and training Postage, stationery and advertising	1,115 2,552 665 - 511 - 3,171 8,995 - - 1,586 18,595	108,465 - - - 4,887 25,483 - 10,991 1,276 2,346 - 153,448	108,465 1,115 2,552 665 511 4,887 25,483 3,171 8,995 10,991 1,276 2,346 1,586 172,043	107,259 1,647 3,686 664 473 1,590 25,280 4,756 8,449 9,588 1,096 3,027 1,678 169,193
6. Governance costs				
Insurance Accommodation and admin costs Accountancy and examination fees Bank charges Affiliation and subs	957 5,071 2,880 15 <u>76</u> 8,999	- - - - :	957 5,071 2,880 15 <u>76</u> 8,999	941 6,479 2,820 30 20 10,290

_		
7	Ctaff	costs
•	SIAII	11111

	2016 £	2015 £
Wages, salaries including social security costs	108,465	107,259
Pension	108,46 <u>5</u>	107,259
No employee earned £60,000 per annum or more.	<u>100,100</u>	107,200
The average number of employees, analysed by function, was:		
Project workers	4	4
Services	<u>3</u> 7	<u>3</u> 7
	<del>-</del>	<u> </u>

No remuneration was paid and no expenses were reimbursed to any of the trustees.

#### 8. Fixed assets

	Motor vehicles	Equipment, fixtures and fittings	Total
	£	£	£
Cost: As at April 1, 2015 Additions Disposals	39,125 - -	38,486 1,166	77,611 1,166
As at March 31, 2016	<u>39,125</u>	<u>39,652</u>	<u>78,777</u>
Depreciation: As at April 1, 2015 Charge for the year Elimination in respect of disposals As at March 31, 2016	37,472 413 - 37,885	37,064 863 - 37,927	74,536 1,276 - 75,812
Net book value: As at March 31, 2016	<u>1,240</u>	<u>1,725</u>	<u>2,965</u>
As at April 1, 2015	<u>1,653</u>	<u>1,422</u>	<u>3,075</u>
9. Debtors		2016 £	2015 £
Bank interest receivable Prepayments		646 <u>2,192</u> <u>2,838</u>	269 <u>1,486</u> <u>1,755</u>

10. Creditors: amounts falling due within one year				
·	•		2016 £	2015 £
Accruals			3,598	3,478
Holiday deposits received in advance			3,482	4,278
59 Members credits unallocated Winterwarmth			7,079 -	8,338 -
Deferred income –winterwarmth			<u>12,473</u> <u>26,632</u>	7,229 23,323
11. Analysis of net assets between fur	nds			
•		Unrestricted	Restricted	Total
		Funds £	Funds £	£
Tangible fixed assets		-	2,975	2,975
Current assets		110,294	157,230	267,524
Creditors: due within one year		<u>(3,598)</u>	<u>(23,034)</u>	<u>(26,632</u> )
		<u>106,696</u>	<u>137,171</u>	<u>243,867</u>
12. Movements in funds				
	At	Incoming	Outgoing	At
	April 1 2015	Resources	Resources	March 31 2016
Restricted funds:	147,848	142,771	(153,448)	137,171
Unrestricted funds:	96,296	<u>38,530</u>	(28,130)	<u>106,696</u>
Total funds	<u>244,144</u>	<u>181,301</u>	( <u>181,578</u> )	<u>243,867</u>

#### 13. Reserves

The charity holds £9,500 of unrestricted funds in reserve. This money would allow the charity to provide limited services for a period of three months if other funds were not available. Restricted funds of £59,000 are also available to pay salaries, governance costs and meet our statutory responsibilities for this period of time.

# BELLE ISLE ELDERLY WINTER AID

**MAY 2016** 

30th REPORT

Year ended March 31, 2016

## BLANK

## Belle Isle Elderly Winter Aid

We present the following report on behalf of the Management Committee of Belle Isle Elderly Winter Aid. The accounts comply with the Charity Commission requirements in the 2011 Charities Act. Changes to the constitution were adopted on 23rd September 1997 by an Annual General Meeting as an amendment and in replacement of the constitution adopted on 1st August 1989.

#### **Management Committee**

The Management Committee of the organisation consists of up to ten members of the local community elected at an Annual General Meeting plus a representative from Health, Social Services, Police and a Local Ward Councillor. This Committee may then co-opt a further four Committee members. The Trustees of the organisation receive no remuneration for their services.

#### **Objects of Belle Isle Elderly Winter Aid**

The organisation is established for

- i) The relief of the aged in the Belle Isle neighbourhood of Leeds (the area of benefit) and in particular the relief of poverty and the protection of good health of the aged.
- ii) The advancement of education of the aged in the area of benefit in relation to financial, health, housing and welfare entitlements.
- iii) The advancement of the education of the public, and the promotion of research concerning the needs of the aged in relation to the provisions of fuel, heat and light, and the publication of the useful results of such research.

#### **Risk Management**

The Management Committee recognises the risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to reduce the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the 59 centre and Low Grange House.

#### **Public Benefit Statement**

The Trustees confirm they have complied with their duty in section 17(5) of the 2011 Charities Act to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

#### **Plans for Future Periods**

The charity plans to continue the activities outlined below in the forthcoming years subject to satisfactory funding arrangements.

#### **Appointment of Trustees**

Trustees are appointed annually at the Annual General Meeting. Nominations for trustees are requested when notice of the AGM is advertised to all members of the organisation at least one month before the AGM. Any resident of Belle Isle is eligible for nomination and up to ten trustees can be elected in this way at the AGM. The elected management committee, at their first meeting following the AGM, may co-opt up to four further trustees.

#### Trustee Induction and Training

New trustees are required to attend a short training session to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Chair of the Management Committee and the Project Co-ordinator of the charity and cover:

- The obligations of Management Committee members.
- The main documents which set out the operational framework for the charity.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

#### Statement of trustees' responsibilities

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### The Principal Office: 26 Broom Crescent Belle Isle Leeds LS10 3JN

# Independent Examiner: Andrew Parker Chartered Accountant 2 Meadow Court Allerton Bradford BD15 9JZ

## Bankers: Lloyds TSB Penny Hill Shopping Centre Hunslet Leeds 10

### **Contents**

1.	Chair's Report
2.	History of Belle Isle Elderly Winter Aid.
3.	Belle Isle Elderly Winter Aid in 2015-2016
4.	Acknowledgments.
	Further copies of this report can be obtained from:
	Belle Isle Elderly Winter Aid 26 Broom Crescent Belle Isle Leeds LS10 3EA

Larger print or copies in other languages can be supplied if necessary

#### 1. Chair's Report

Thank you all for coming to our 30th AGM.

The continuing economic problems in the country have made it more difficult to raise funds. However we have been fortunate enough to continue receiving funding from Leeds City Council, although there has been no increase in the last 6 years. Our home services, shopping, cleaning, and handy person service are all self funded and not for profit services. Unfortunately our charity shop did not do so well. When we take into account all the expenses including staff salaries the shop lost over £5,000. We cancelled the rental agreement with LCC and the shop closed at the end of March 2016.

This year lan retired after being with 'winter aid' over 20 years and we have been sorry to see him go. This is not the last you will see of lan as he is to be our treasurer and a volunteer. However we have got a new coordinator, Sonny Garwell who I am sure will do his best for us.

The annual party was well attended again and everyone seemed to enjoy it. Thanks to the volunteers and staff who helped to make it such a success. Thanks also to the management committee of Belle Isle Working Mens Club for their support. Trips out this year have included Bury market, Tenpin bowling, Bridlington, Skipton Market, trips to the theatre and many more. Holiday this year to Llandudno was a great success all our trips and activities are open to all members whatever their abilities and overall membership has stayed steady throughout the year.

Thanks to Councillor Judith Blake for her input at committee meetings, she has been a great help. Thanks also to BITMO for allowing us to use The Gate free of charge for our AGM

I make no apology for repeating what I have said for a number of years and that is: the success of Belle Isle Elderly Winter Aid is not just a list of what we have done in any particular year, it is the accumulation of years of hard work by staff and volunteers and of course the support of the most important people of all. The elderly people who live in Belle Isle.

Thank you all for coming and hope god willing to see you all again next year.

Jean Burton Chairperson Belle Isle Elderly Winter Aid

#### 2. History of Belle Isle Elderly Winter Aid

Belle Isle is a very large housing estate with 12,000 residents. The houses were built in the 1940s and early 1950s to re-house people moving out of the back-to-back houses being demolished in nearby Hunslet. The intention had been to create good quality houses with gardens in a healthy environment.

For over 20 years there was a long waiting list of people wishing to move into this much sought after area. However, by the 1980s this had changed to equally long waiting lists of people wishing to move out. High unemployment, poverty, lack of social facilities, vandalism, increasing crime rates and deteriorating housing conditions all served to create a spiral of decline. The older population of Belle Isle experienced all of these problems but they were exacerbated by families and friends moving away.

Eventually many of the residents decided to take collective action against this downward spiral. Supported by locally based neighbourhood workers employed by Social Services, a series of Tenants Associations was formed and action plans were drawn up. Local councilors gave strong support to the work and gradually resources started to come into the area.

In 1985 there had been a particularly cold winter coinciding with a raised public awareness of the dangers of hypothermia. Local residents and neighbourhood workers called a public meeting to discuss the needs of older people in the area. All of the local organisations and agencies were represented at this meeting, and there was an immediate shared determination to develop a preventative strategy aimed at providing community based support to older people. A new organisation was quickly established called "Belle Isle Elderly Winter Aid".

Initially the organisation consisted of volunteers supported by local neighbourhood workers, but a grant from Urban Programme funding provided the salary of a development worker. "Winter Aid" as it became known, set out to identify the problems being experienced by older people, ensure that they were receiving all of the local authority, health services and welfare benefits to which they were entitled and to create new services to tackle the unmet needs. Over a period of 5 years the organisation received further grants to employ more staff and develop a day centre and a series of practical community care support services. These included annual needs assessment visits, voluntary visiting for isolated people, carers support groups, gardening, decorating, improved home safety and security measures, grants towards winter fuel bills, housing insulation schemes, welfare benefits advice, bereavement work, newsletters, a handy person service and a bathing service.

#### 3. What we did in 2015-16

Our organisation delivers services to address five general areas of need. Safety & Security, Winter Warmth, Social Contact, House and Home. Health Promotion.

Providing services to meet these areas of need fulfills our obligation and meets the requirements of our contract with Leeds City Council – Adult Social Care.

We place a great deal of emphasis on working with other agencies to support the core work of the organisation. We help clients maximise their income, offering a basic benefits check and where necessary involving other agencies.

#### Winter Warmth

The Winter Warmth activities of the organisation include the distribution of information and advice about the importance of keeping warm at home. Winter Warmth information was distributed to all clients with the winter newsletter. We made referrals to other organisations who provide support in the winter months such as the Green Doctor.

This year our 'Beat the Winter' Campaign was continued. We targeted the most vulnerable group of clients, those living alone and over the age of seventy five. We provided a range of items in addition to the thermals to help people to keep warm. We provided financial support for people who could not afford to repair faulty heating systems.

As part of our winter campaign we offered to visit all our most vulnerable clients at home during the winter months. Additional funding through Leeds Community Foundation enabled us to extend our winter service and provide extra items to help people keep warm. Electric underblankets, body warmers and other warm clothing were provided to the most vulnerable. We received funding from the Winter Wellbeing Community Grants Scheme which enabled us to visit all the most vulnerable and provide information and practical help including the installation of a Carbon Monoxide alarm.

### Safety & Security

The aim of the Safety and Security Scheme is to help clients to feel safe in their homes by providing security equipment at an affordable price. Clients will be made aware of any safety risks which are identified in the home. Where appropriate, corrective actions will be taken to remove the risk. When available we will provide safety and security information to clients.

**Safety & Security** –Carbon Monoxide alarms save lives. We encourage our clients to have an alarm installed in their homes. The cost of these alarms is now much more affordable and within the reach of most people. We make bulk purchases and provide them to our clients at a subsidised price. This year we received funding from The Winter Wellbeing Grants Scheme to help with this program.

During the year clients were referred to the West Yorkshire Fire Service for a full fire safety check. Two of these had special adapted alarms for the deaf fitted. All these clients had a new smoke alarm fitted as part of the service and were offered a carbon monoxide alarm also.

We supplied Key safes and installed them at the homes of people who requested them.

#### Social Contact

#### The 59 Centre for Older People

The 59 Centre provides social and leisure activities and educational opportunities for over 60 older people each week. The Centre Project Worker is assisted by a dedicated team of hardworking volunteers, who, as well as working with regular groups, offer their support on Centre day trips as wheelchair escorts. These valued helpers are due a massive thank you for without their help we wouldn't be able to offer the current activities. Leeds Social Services fund the major running costs of the building.

BIEWA have a wheelchair accessible minibus, which is available to carry people who find it difficult to use public transport to and from the Centre and on the trips out.

Regular groups include a Gentle Exercise and Swimming Group, a Men's Group, an Arts & Crafts Group, Afternoon Social Activity Groups as well as Computer Classes run at the Centre. There is an extremely successful Luncheon Club that meets weekly to provide members with a hot meal and the opportunity to socialise and take part in activities. The Club aims to enable members to access the same facilities and leisure opportunities as other older people, including shopping, meals out and visits to places of interest.

We are constantly working to attract new members and are continually developing the wide variety of activities we offer to all groups at the Centre and have developed an exciting programme of activities which includes games, quizzes, and themed events. Winners of activities such as Musical Bingo or a Play Your Cards Right are given their prize in 59 Centre Tokens which they can collect until they have enough tokens to be exchanged for the prize of their choice which may be Morrison's vouchers or money-off the day trips we run.

Additional activities run from the 59 Centre include a variety of different opportunities on Wednesdays; including shopping trips for people unable to get to the shops on their own and "Out & About" trips to places of interest, the cinema and garden centres. Seasonal events are regularly held at the 59 Centre and have included "Strawberries & Cream" weeks and Christmas meals at local public houses. There have also been a numbered of themed days such as celebrating Patron Saint days and an annual BBQ.

Fundraising is a perennial issue and to that end the Centre has regular raffles and tombolas together with seasonal events, all of which contributed towards the cost of Centre activities and equipment.

#### 'Winter Aid' Trips and Social Activities

Offering the opportunity for social, leisure and educational activities has always been an essential part of Belle Isle Elderly Winter Aid. Several day trips are organized throughout the year. The destinations of these trips are decided through consultation with members to ensure they are relevant and appealing. This consultation has resulted in all of this year's trips being fully subscribed, with in many cases waiting lists in place.

This year these trips included such stalwarts as the ever popular River Trent River cruise together with Millstones at Christmas. In addition it is important we try to be original and inventive and to that end there were trips to Chatsworth, Skipton Market and Murgatroyd's Fish Restaurant, Ryecroft Hall and Blackpool Lights, Bury Market and York Races as well as a seaside trip to Bridlington.

Once more we offered a supported holiday, this year to LLandudno in July. The holiday was for 4 nights – the hotel was good, the sun shone all of the time and we had 2 day trips, one of which was to Llangollen where we had a free horse drawn canal barge ride. For day trips and residentials we use Windmill Community Transport's wheelchair accessible coach in order to offer **all** of our activities to **all** of our members.

As in previous years the theatre proved a popular outing and as members of the West Yorkshire Playhouse Community Network Scheme we have been able to run evening trips to see productions at the Playhouse and offer door-to-door transport to encourage people to come out after dark. There was the annual pilgrimage to the pantomime at the Carriageworks Theatre to see a matinee performance of "Aladdin".

In addition to the Playhouse we continued our trips to the Alhambra at Bradford. Shows there included "The Mousetrap", "Jesus Christ Superstar" and "The Sound of Music". These again proved popular with two full minibuses attending each performance.

Continuing to be a popular attraction, the ten pin bowling and pub lunch continues with around 40 people going every 2 months.

#### **The Annual Party**

On January 20th this year Belle Isle Working Men's Club was again the venue for the Annual Party. 120 people joined in the fun which included a cabaret performance, buffet, bingo and a raffle. As last year transport was organised for all members wishing to pay for the service.

#### **Befriending Scheme**

Volunteers visit isolated clients to provide some social contact and friendship. Many clients who request a visitor are house-bound and would have little contact with the outside world without these visits. Our visitors do a valuable job and can make a real difference to a client's quality of life, and, where appropriate, are often successful at encouraging clients to consider accessing social activities within the local community.

#### Shelter

#### Handyperson -.

The Handyperson service supports older people by performing mainly small tasks such as changing curtains, light bulbs, smoke alarm batteries etc but these are some of the most important things to our clients and where there is no one else available to do them this makes a major contribution to enabling people to remain in their own homes

The Handy Person enables us to offer help of a practical nature to our clients. The nature of the work done by our handyperson varies considerably. The service provides a fast response to a request for help. Work which is beyond the scope of our service is referred to The Leeds Directory who can recommend vetted trades people in Leeds. We also operate a list of local trades and suppliers who are known and trusted by the organisation.

Over 150 jobs were completed by the Handyman this year

#### Gardening -

This gardening season (to the end of October 2015) we have managed a gardening scheme which was fully funded by the clients using the service. Belle Isle Elderly Winter Aid manages the scheme from March to October. In the year we completed over 275 gardening jobs. The scheme provides essential gardening services, grass cutting, hedge trimming, border strimming and waste removal. A total of 70 clients used the gardening service in the year. Housing improvements such as the removal of hedges etc. reduces the need for the garden service. We are pleased to see a reduction in the numbers of people needing the service for these reasons

#### Health

**Health Promotion** - Living an active life is a great way to stay healthy, mobile and independent. The Health Promotion program of Belle Isle Elderly Winter Aid has used various means to promote health amongst our client group. The very popular chair exercise classes are held at the 59 Centre every Monday morning.

A great opportunity to take exercise and socialise is provided by our Ten Pin bowling club. We have a regular program of visits to Hollywood Bowl with our Bowlers Club we often take up 6 or 7 lanes. Many of our clients were bowlers in their teens and enjoy re capturing their youth down at the alley.

Many people will suffer from some form of dementia at some time in their lives. As people live longer the number of people affected is expected to increase. Our intention is to ensure that all our clients have the opportunity to benefit from all the services we offer. People with dementia may need a higher level of support from our staff and volunteers to enable them to take part in activities, trips and holidays. Staff and volunteers receive training to ensure that we can offer good quality and safe support for all our vulnerable clients.

## Client Support Programme

In order to understand the changing needs of clients it is important to have regular contact and be aware of changes in the clients' circumstances as soon as possible so that appropriate support can be offered. Each client will be contacted at least four times per year.

• Home Visits = Each client has a regular home visit scheduled. The frequency of this visit is determined and agreed with the client and can vary between 3 months to 18 months. In addition to scheduled home visits many clients will be visited by staff or contractors to deliver a service in the home. Staff are encouraged to spend this time with the client in order to become aware of any problems which may need to be reported to the organisation or other agencies.

- Telephone Links The purpose of the call is to determine if clients circumstances have changed and are in need of any help. All our clients receive a telephone call from our telephone volunteer Jean Baird. In the winter months Jan-Mar the emphasis is on how people are managing in the cold weather and offering any additional support which may be needed. The Telephone Links program has been impacted by the ill health of our volunteer this year. It is considered to be a very important program and will be re instated as in the coming year.
- Assessment Visits Referrals to our organisation are received from the local community, local organisations and agencies. All new clients who contact the organisation are offered an assessment visit. The initial contact will be made within 2 days and a visit offered within 7 days. Clients can also contact the organisation at any time they need to. The visits cover home security, how people manage at home, warmth, getting out and about, carers, health, volunteering, housing, benefits check and any other help which is needed. We are currently in contact with over 800 people over the age of 60 and living in Belle Isle. Clients are referred to other agencies where appropriate, including Social Work Services, Disability Services (for equipment or adaptations), Welfare Rights Unit, primary health care services and other voluntary organisations. We received a total of 1142 requests for service from our clients throughout the year.
  - 493 Home assessment and revisits were made visits— 60% of the existing client base.
  - 66 new clients joined the organisation.
  - 58 people left the scheme by moving away, going into care or deceased.

As a result of these visits the following was achieved for our clients.

People were referred to **Adult Social Care** the outcomes of which were as follows.

Grab rails fitted; Wet rooms installed; Stair rails fitted; Stair Lifts fitted; General aids & adaptations; Garden handrails fitted; Walking aids and adaptations supplied; Meal Service started; Sight assessments made; Occupational Therapist assessments; Ramps installed.

People were referred to other agencies for a wide range of advice and services.

- Energy Efficiency Scheme
- Home Security
- Day Centres
- Housing repairs
- Benefits Checks
- Chiropody
- Fire Service
- Blue Badge scheme
- Housing information
- Debt Advice

Over 100 people were referred to outside agencies which resulted in positive outcomes as detailed above. In addition to this many more people received services from Belle Isle Elderly Winter Aid as described elsewhere in this report.

Our role in assisting our clients to receive support from other agencies starts with making the initial referral. It is necessary to follow-up all referrals regularly as often a successful outcome is often not achieve if there is no follow-up. A significant number would be 'lost' or substantially delayed if this was not part of the service we provide. This follow up is part of our own internal quality control process.

#### Information

Each year the organisation aims to provide four newsletters to all clients informing people of activities in the area. We aim to keep clients informed about services and community developments in Belle Isle which may be of interest to them. Leaflets and information from other organisations are also circulated in this way.

#### Staff & Volunteers

#### Staff

Pam Barker Steve Brewer Ian Campbell-McLean Trudy Carter Lynne Rayner Shirley Rook Janet Williamson

#### **Volunteers**

Linda Anderson	Eileen Cawood	Alan Ingram
Joyce Appleyard	Jennifer Coetze	Anne Ingram
Jean Burton	Rita Doyle	Jean Morgan
Margaret Brown	Janet Dunn	Trevor Pickersgill
Abi Bleasby	Jean Ella	Dot Searcy
Dave Billings	Valerie Elson	Maureen Speight
Jean Baird	Marie Evans	Gillian Webster
Marjory Bedford	Dorothy Hopper	Muriel Hoelke

#### 4. Acknowledgments

Belle Isle Tenant Management Organisation (BITMO), Belle Isle Working Men's Club, Belle Isle Family Centre, The Bradford Alhambra, Care & Repair, Cllr. Judith Blake, Mildred Harrison, Community Police Officers, Health for All, Hunslet Cars, Hunslet Clinic & Staff, Leeds Community Foundation, Local District Nurses, Lloyds TSB, Older People's Forum, PDQ Printing, Adult Social Care, Disability Services Team, The Local Pensions Service, Voluntary Action - Leeds, Wades Charity, Welfare Rights Unit, West Yorkshire Fire Service, West Yorkshire Playhouse, Windmill Community Transport.

The Belle Isle Community for their support at local fundraising events and all the volunteers without whom the organisation could not run. All trusts and charities that have made grants and donations are acknowledged in the financial accounts.

Thank you everyone - your help is making a difference.

#### The Belle Isle Elderly Winter Aid Management Committee 2015-16

Jean Burton Chair
Jean Baird Treasurer
Dorothy Hopper Secretary

Jean Morgan Committee Member
Margaret Brown Committee Member
Trevor Pickersgill Committee Member
Muriel Hoelke Committee Member

Seconded members
Judith Blake

Local Ward Councilor