

SHELTER FROM THE STORM



Unaudited **Trustees' annual report and accounts**

For the year ended 31 March 2016

Shelter from the Storm

(a company limited by guarantee)

Registered Company number: 6631475

Charity number: 1125575

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Reference and administrative details of the company

Trustees and advisers for the year ended 31 March 2016:

Trustees

- M D Clark
- J Third
- A Hochhauser
- J Kerr
- K Sparks (appointed 26/01/2016)
- D C Sumners (resigned 27/04/2015)

Registration Details

Company Registered Number: 6631475
Charity Registered Number: 1125575

Registered Office

129 Graham Street, London, N1 8LB

Chief Executive

S M Stephenson

Accountants

Berg Kaprow Lewis LLP Chartered Accountants

35 Ballards Lane, London, N3 1XW

Principal Bankers

Barclays Bank PLC



Our Mission

Our mission is to house and support the homeless in London whoever they are.

Achievement highlights of the year

- **162 guests moved into permanent accommodation**
- **15,695 beds provided**
- **62 guests supported into employment**
- **228 individuals supported with shelter and services**
- **18,000 dinners served**
- **167 sessions with our in house counsellor**
- **monthly pro bono legal clinic**
- **10 guests repatriated**

And all for a cost of under £16.00 per bed per night without a penny from the government



About Shelter from the Storm

Shelter from the Storm is a completely free emergency night shelter providing bed, dinner and breakfast for 43 homeless people every night of the year. Established in 2007 as a response to the increasing levels of homelessness and destitution on the streets of London, our mission is to house and support the homeless in London whoever they are wherever they come from.

The work of the shelter has always been based around the notion that the homeless people are part of our community, not an embarrassment to be swept into the gutter. It is our premise that with the right support, our homeless guests can take their rightful position in society. For some this will be in paid employment, for others not ready or unable to work, it will be about helping them become more active, involved and engaged members of their community. We believe that these outcomes to their wellbeing are only possible when someone is provided with shelter, food and support. Once our guests are under our roof, we will do everything possible to relieve and address any problems they have and help them move towards a safer, happier and more positive future.

At Shelter from the Storm we do not waste time and energy worrying about whose responsibility someone is or who's going to pick up the tab - we will. Because we raise all our own money without a penny from the Government we can and do receive guests from anywhere; from the Probation Service to the Red Cross, from Guildford to Ghana, regardless of their access to funding. We have guests who are fleeing torture, forced marriage, honour crime, trafficking for work or sex and plenty who have just fallen through the cracks of our society. Whether it's an ex squaddie with post traumatic stress compounded by alcoholism, a domestic worker kept in slavery or a young person thrown out by their family for being gay, our volunteers care for each guest as an individual. With amazing skill, experience and love, we pick up the pieces from the human fallout; we'll find them a doctor, a counsellor, a lawyer, training, a job. Each evening they sit down to eat together; a simple ritual for most of us, but for many of them it will be the first time they've done that since they left home.

We started with one night in a church hall and now we care for up to 43 men and women every night, 365 days a year. Shelter from the Storm truly is a place of transformation not only for our guests, but for all of us.

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Mission statement and vision

Our mission is to house and support the homeless in London *whoever* they are *wherever* they come from. Our vision is of a society where charities like Shelter from the Storm are no longer necessary.

To achieve our mission and realise our vision all our activities are underpinned by the following values:

- A commitment to respond to the specific needs of our guests no matter how complex. We don't shy away from difficult cases that require extra perseverance, understanding and care.
- To work with each guests as an individual, supporting them to set achievable and realistic goals that will enable them to work towards a safe, sustainable and happy future.
- To help our guests to realise the value of their labour and the contribution they can make to building a better society for all.

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- To foster and grow a community of guests and volunteers built on a commitment of care, understanding and mutual respect.
- Understand that tackling homelessness requires a grasp of complex problems and 'wrap around' solutions that must address the practical, emotional and social challenges that our guests face.

Co-Founder's statement and annual review

It's nearly 180 years since the publication of Oliver Twist, 50 years since Cathy Come Home and 9 years since we started Shelter from the Storm. In the beginning it all seemed pretty simple, we'd catch people who'd fallen through the cracks of society, provide emergency shelter, help them access the services to which they were entitled, then get them a new home. Some of our guests needed a bit extra – maybe support for their mental health, help with substance misuse or a lawyer. Our wonderful welfare state was there to provide for the most vulnerable; we just needed to point them in the right direction. In 2016 it all feels very different. Years of austerity and cuts to services have had a devastating effect on our sector. We used to get the occasional request from prisons, hospitals, council homeless departments, social services, the police and domestic violence charities - today we're overwhelmed with referrals from these agencies. As the state provision shrinks, more and more we're becoming the first and only option for many. It can feel daunting - as if we're returning to the standards of Victorian London. People are paying extortionate rents to live in squalor - sometimes three to a bedroom. The biggest change in our demographic has been the increase of the working poor, people in full time employment who are still unable to find somewhere remotely affordable to live. We've also noted a huge surge in guests with mental health problems - not only a cause of homelessness, but a consequence of it. The fear, stress and uncertainty of being homeless literally makes people ill. But, we refuse to be cowed by the daunting task ahead of us. Our tiny team of three supported by our army of truly amazing volunteers fight tooth and nail for every one of our guests. Each homeless person we help move on to a safer, happier and more positive future, is another brilliant, inspirational story in the life of the shelter.

Sheila Scott (Stephenson) Co-Founder & Chief Executive

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Our team

Matt Conlon: General Manager, Sheila Scott: Chief Executive, Cookie Sami: Senior Caseworker



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Our volunteers



Shelter from the Storm relies on a large and ever expanding pool of volunteers for the day to day running of the shelter. We currently have 165 active volunteers and are recruiting on average 16 new volunteers, including ex guests, each month. If it wasn't for our fantastic gang, their hard work, love and dedication, we wouldn't be here today. From manning the overnight shifts to cooking wonderful dinners to fundraising, they do it all...



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Paul's story



I was born in Upper Holloway, Islington in 1981. I went to school at St Joseph's Highgate and then on to St Aloysius College Highgate. My dad died when I was little and me and my brother were brought up by our mother. I did OK at school. As a teenager, I got acting parts in London's Burning and Grange Hill and I did the first year of A levels. I left at 17 to do a 5-year apprenticeship as an electrician. I met my partner at 22 and bought a flat in Archway. We lived pretty happily together and in 2008 we had a baby girl. In 2011 my mother passed away and that's when things started going wrong. I'd used cocaine occasionally, but what had been a social thing became a problem. I was working hard, earning good money but I started missing days at work and losing interest in my career. I became distanced from my family and friends and became a bit of a recluse. My behaviour took its toll on our relationship and me and my partner split in 2013. I'd become a different person - horrible - irrational, selfish and not nice to be around. I still managed to work, just about. I was staying in cheap B&Bs around Finsbury Park but my wages wouldn't stretch. My cocaine use began to spiral and I needed money to pay for my habit. I started stealing from work, bits and pieces of copper cable, to supplement my wages. I was spending £100 a day on cocaine and £50 a night on B&B; I was chasing money wherever I could find it.

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Amazingly, I was still managing to work 6 days a week to keep this lifestyle going until December 2015 when I got caught stealing and lost my job. That was a massive wake up call. I didn't understand how I'd become this person, someone I didn't recognize and didn't particularly like. I'd developed a pretty heavy cocaine use but I just stopped using there and then. People find that difficult to believe, but that's just what I did. In some ways it was quite easy to break the habit – I'd lost my job, I was homeless and I'd got no money.

I slept in an abandoned garage in Archway; sadly, I'd lost all contact with my daughter and her mum over a year before because my behaviour had become so difficult and unpredictable. The garage had no roof, I used a bit of old carpet to make a cover and it was freezing! I managed to keep myself looking OK. I used the showers in a gym where I'd been a member and there were a few soup kitchens in churches around the Holloway Road where I got food; I didn't find any Day Centres. Eventually I got a place in a Churches Winter Shelter scheme where you go to a different church every night. My 28 days with them came to an end and somehow I got really lucky and was accepted by SFTS; I didn't even spend one more night on the streets.

I started applying for jobs as soon as I got here and I'm starting work next week. I was really surprised when the staff at SFTS said that as long as I kept working and saving for a deposit, they'd let me stay at the shelter and do their best to help me find somewhere decent to move on to; I'm determined to do this. I'm still clean of drugs and my aim is to stay that way, build a relationship with my daughter and put the madness of the last few years behind me.

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Lina's story

Warning: This story contains descriptions of female genital mutilation, which you may find very distressing.

I'm 27 years old, my family is educated and my parents are middle class graduates. I'd been living in the UK studying for my masters when I decided to go home for a holiday. I stopped off in Amsterdam and spoke to my cousin on Skype. I was horrified when he told me all the preparations had been made for my wedding. My engagement had been announced to an old man more than 30 years my senior. He already had 2 wives and grown up kids. Both families were expecting me to return and undergo female genital mutilation before the marriage. In my country all women must be cut; if you're not, you're not an accepted member of society. Where I come from they cut everything, the clitoris, the outer lips and the inner lips but they don't sew you up. The procedure takes about 3 days. The women of the village take you to the forest and hold you down, one woman for each arm and leg. The old woman of the village then cuts away all your vagina and clitoris. In my dialect it is called "boinw". There's no anaesthetic, no painkillers, nothing. The old woman has no training; she uses the same knife on all the girls just giving it a wipe on a bit of rag between cutting. There's no medical help so it's not uncommon for women to bleed to death. There's a big chance of contracting HIV and the percentage of women suffering life long urinary tract infections is huge.

Since I was small my dad had always protected me. He sent me away to live and study all over Africa because he couldn't bear to have me cut. But, I guess the pressure on the family just got too great and he gave in. At the beginning of last year they went ahead and had my traditional marriage and ceremony even though I wasn't there. Then they demanded I come back and do "the decent thing", become a "proper woman" and stop bringing shame on the family. I've stopped all communication, all social media, all contact. My mother has been cast out from the family because they blame her for my behaviour. I'm frightened for them but I can't get in touch – it makes me so sad. I miss them terribly but I'm not going to let them mutilate me; I'd rather die. If they catch me and cut me, I will kill myself.

When I feel safer, I'm determined to help other women and stop them being cut. This practice has to end and the world needs to know the terrible things that are still happening every day to their sisters.

Some details have been changed to protect the identity of our guest and ensure her safety. We found Lina a lawyer, an internationally recognised expert in this field, who obtained fgm and forced marriage protection orders. Lina worked with our in-house counsellor. She has now left the shelter, is in a place of safety and we are helping her with her dream of helping other women escape being cut.

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Poppy's story



I've never been happy really; I've always felt I was in the wrong place, the wrong time, the wrong body. I was born in Sudbury in Suffolk 40 years ago and I had a troubled childhood. At 14 I was sent to board at Oakwood House Special School in Stowmarket. In 2015, the Headmaster Eric de Smith was imprisoned for 7 years for child sex abuse. I can sum up Oakwood in 3 words: Fear, Dread, Hate! I spent 2 years there and it was a hellhole. There was sexual abuse, physical abuse, emotional abuse, neglect, torture. I was unhappy and bullied there but I was miserable at home too. My parents just didn't know what to make of me and home life was pretty dysfunctional. I

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hardly had any friends, but when I was nine I became best friends with Karl and we were really close. Karl was beaten up and killed by a gang of thugs in Sudbury. I've often wondered if it was 'Gay Bashing', but we didn't talk about that sort of thing in Suffolk in those days. I was bereft.

I got married when I was 20. I was in love with my wife and I think she knew I was different before I did. In those days I was transvestite, but to be honest I was so confused about my gender, my sexuality, my identity, I didn't know what I was. After three and a half years the marriage broke down. I'd saved quite a bit from my job as a care worker and I went Inter-railing. To begin with I had a great time, but I had a break down in Spain. Looking back, I think that was the start of my mental health problems. I was flown back and hospitalized; I was so unwell, I was in and out of A&E. I developed eating disorders, I self-harmed and I was suffering with self-neglect.

In 1999 I had my first taste of homelessness on the streets of Bury St Edmunds. I remember one shelter in Great Yarmouth where I suffered the most terrible homophobia. In 2000 I came to London for the first time and slept in shop doorways in the Strand, Whitechapel, Leicester Square; I lived off soup runs and day centres. It was Hell! I got accommodation somewhere in Aldgate; it was so horrible! I tried to kill myself, the Police kicked the door in and I found myself sectioned in St Clement's Mental Hospital. I spent 6 months in St Clement's and then moved to a therapeutic community in Willesden Green. I was happy there; I felt safe and cared for. In fact, I felt so great that after 2 years I left; big mistake!

I found a flat but I couldn't cope and became homeless again. I had another suicide attempt; this time I was found walking up the central reservation of the A12; I think I wanted get run over! I was put in a hostel in Hackney where I tried to kill myself again. I was on the street yet again; I was at rock bottom and beginning to despair.

I moved back to Sudbury and I met and moved in with the love of my life. She was wonderful and understood me, but I couldn't understand how she could love me. She fell pregnant but had a termination. We were both so very sad and I messed up and we parted after 3 years together. I came back to London and got a place at an R. D. Laing therapeutic community in Holloway and I was really happy there for a couple of years. I left to live in Leeds with a partner but that relationship broke down and I ended up in an awful hostel full of drug addicts; it was really scary!

For the last 3 years I've been with a partner living in hostels, B&Bs and shelters, some nice, most pretty nasty! When that relationship ended, like a broken record, I found myself back on the streets until I got a bed at Shelter from the Storm.

SFTS are trying to get me referred to the Gender Identity Clinic at Charing Cross Hospital, but there's such a long waiting list. My dream is my transition. I long to become the woman that I'm going to be for the rest of my life. The people at Shelter from the Storm are trying so hard to look after me but I'm really frightened of the future.

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Our senior caseworker Cookie Sami reports

Case study Jorge

Jorge was referred to Shelter from the Storm by a local youth centre. He was nineteen and from Portugal. He had been sleeping on the streets for the past two months and was desperately looking for a job.

Having been accepted by the shelter I met him and we began working together on his move-on plan; this is basically an opportunity to discuss his wellbeing, find out what he would like to do and where he sees himself in the future. He was very down, missed his family and felt like he had let his family down by not finding employment and not being able to provide for himself. However, he seemed determined and assured me that he would be a success at any job were he to be given a chance.

Having discussed his work history and what he enjoys doing, I deemed him an appropriate candidate for an apprenticeship scheme with Pret a Manger. We discussed what the job would involve and how the scheme works and what would be expected of him. He was very keen to give it a go so we sent the referral that day.

Within 3 weeks of meeting the managers, Jorge started the apprenticeship. (It lasts for three months and can lead to a permanent position should the candidate be successful.)

Now he was in full time work, we created and developed a budget and savings plan tailored to his needs. The shelter extended his stay so that he could save up the money he was earning from Pret ready to move into his own place.

As the three-month mark was approaching, Jorge had saved enough money for a deposit and first month's rent to move in to housing. He graduated from the apprenticeship and was given a full time permanent position as a team member by Pret!

I was then able to locate a suitable room in a house share for him and Jorge was accompanied to view the property. He liked it and moved in. The shelter assisted Jorge in purchasing a bed and other provisions he needed to start the next chapter of his life.

After living independently for three months, Jorge returned as a volunteer, cooking for our guests and inspiring other young people at the shelter.

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Our counsellor Charlotte Williams MBACP (accredited)



Charlotte Williams our in-house counsellor, runs weekly counselling sessions at the shelter. This means we can offer guests a consultation within days of arrival as opposed to waiting months to see a NHS counsellor. She says...

“There are many issues affecting the emotional health of Shelter from the Storm guests: some have been affected by the death of one or more close family members; others have been abused in childhood, either sexually, emotionally or through violence; many more have never known love and safety and have never been able to sustain close relationships; and others have been traumatised as adults through losing their country, rape, domestic violence, forced prostitution, witnessing terrible things, fleeing somewhere in terrifying circumstances or street sleeping. Most guests will suffer from a combination of these problems. We know that these events and conditions can manifest in behaviours such as substance abuse, anger issues, crime and domestic violence and feelings of hopelessness and lack of self-worth.

In most cases, rather than try to resolve deep seated issues in a short timeframe, the counselling is designed to help stabilise the lives of our guests so that they have the best possible chance of

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maintaining their independence after they leave the shelter. The focus is on increasing their self awareness, so that they can recognise familiar patterns and emotional responses, and introducing them to tools that can help them sustain their stability. This opportunity is a 'stepping stone' – a chance to reflect on their life and form some understanding of how their circumstances have shaped them and continue to do so."

Shelter from the Storm Legal Clinic

Throughout the year our pro bono legal clinics continue to be a huge success achieving some very satisfactory outcomes for our guests. Each month, in association with the Islington Law Centre, we have provided clinics offering advice on immigration, family law, housing and welfare. We have managed to help 22 of our guests with: forced marriage orders, FGM protection orders, non-molestation orders, asylum applications, visa applications and housing advice amongst numerous other legal issues including child custody orders. We had a particularly wonderful outcome in reuniting a young mother with her baby. Our 20 year old guest had been cast out of her home and her baby had been abducted by the father's family. At this time of swinging cuts to Legal Aid SFTS provides an invaluable legal service.

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Achievements since the year-end



English classes

We've identified that around 30% of our guests at any time are in need of help to improve their language skills (either spoken or written, or both). We believe that by supporting these guests to improve their communication skills we will enhance their wellbeing:

- It will maximise chances of finding meaningful employment
- Improve access to volunteering opportunities for those not yet ready for or able to work
- Develop their ability to express their opinions,
- Create meaningful relationships, prevent isolation and help them integrate into society

We were awarded a grant from The Streets of London for 6 months running coasts. In June 2016 Verity Spice started lessons and there has been a fantastic response from our guests.

Here's some student feedback:

"I like my teacher. She is nice and helps me learn lots of new things and my English is getting better so I feel more confident"

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"Verity is helping me with my pronunciation and empowers me by showing me how to learn on my own after a lesson on the computer. I want to continue these lessons"

"I like the English lessons. The way the teacher teaches is very good. You chose the right person"

"I really enjoy the English lessons. I like doing spelling and learning what words mean. I like the teacher as she is patient and tries hard when I do not understand something"

Guest Forum

In April 2016, we instituted regular service user forums for our guests which have become an integral part of the process of improving life at the shelter.



Structure, governance and management

The Trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of Shelter from the Storm (the company) for the ended 31 March 2016. The Trustees confirm that the Annual Report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015).

Constitution

The company is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 26/6/08.

The company is constituted under a Memorandum of Association dated 26/6/08 and is a registered charity number 1125575.

The principal object of the company is to provide shelter, food, advice, counselling and other forms of charitable support to those who are homeless or otherwise socially or economically disadvantaged.

Method of appointment or election of trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association. New trustees are given a copy of the Charity Commission publication 'The Essential Trustee - What You Need to Know', and we are looking at additional training options.

Organisation

The following trustees served throughout the year:

- M D Clark
- J Third
- A Hochhauser
- J Kerr
- K Sparks (appointed 26/01/2016)
- D C Sumners (resigned 27/04/2015)

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The shelter is managed by Sheila Stephenson (Chief Executive) and Matt Conlon (General Manager) who are supported by Cookie Sami (Senior Caseworker) and army of volunteers. The volunteer Shift Leaders are responsible for delivering the aims and objectives of the Shelter on the nights/mornings that they are in charge. Any issues of procedure, problems with the guests and source of referrals are constantly monitored and entered on the database. Either the Chief Executive or the General Manager is always available.

The Trustees met regularly to consider and review the following in accordance with the needs of our guests:

- Operational Issues
- Finances
- Expansion
- Fund Raising
- Training

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

Reserves

As can be seen from the accounting statements included within this report, Shelter from the Storm is in good financial health, with unrestricted funds of £414,558 at the end of the accounting period.

The trustees have set a reserves policy of holding 12-14 months of operating costs to guarantee continued operation of the shelter and provision of services. In addition to this, £125,000 of the unrestricted funds are being designated for future costs relating to the purchase or lease of new premises when the current lease expires in 2018. In April 2015 a property development company bought our premises and the whole of the Estate where we're situated and although our lease lasts until June 2018, our re-location is becoming a matter of urgency. The trustees are looking into securing new premises for the charity.

Trustees' responsibilities statement

The Trustees (who are also directors of Shelter from the Storm for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the Trustees on 11.10.16 and signed on their behalf by:


Jane Third
Trustee



SHELTER FROM THE STORM
(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2016

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHELTER FROM THE STORM

I report on the financial statements of the company for the year ended 31 March 2016 which are set out on pages 25 to 36.

This report is made solely to the company's Trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work or for this report.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The Trustees, who are also the directors of the company for the purposes of company law, are responsible for the preparation of the financial statements. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

Having satisfied myself that the company is not subject to audit under charity or company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

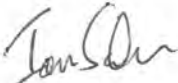
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INDEPENDENT EXAMINER'S REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2016

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare financial statements which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Signed: 

Dated: 12 October 2016

Ian Saunderson FCA

BERG KAPROW LEWIS LLP

Chartered Accountants

London

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STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2016

	Note	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	Total funds 2015 £
INCOMING RESOURCES					
Incoming resources from generated funds:					
Voluntary income	2	3,625	221,609	225,234	215,591
Activities for generating funds	3	-	1,473	1,473	1,403
Investment income	4	-	2,429	2,429	1,982
TOTAL INCOMING RESOURCES		3,625	225,511	229,136	218,976
RESOURCES EXPENDED					
Costs of generating funds:					
Fundraising expenses	5	-	8,459	8,459	5,062
Charitable activities	6	2,458	233,302	235,760	195,111
Governance costs	9	-	5,825	5,825	3,746
TOTAL RESOURCES EXPENDED	10	2,458	247,586	250,044	203,919
MOVEMENT IN TOTAL FUNDS FOR THE YEAR - NET INCOME/(EXPENDITURE) FOR THE YEAR		1,167	(22,075)	(20,908)	15,057
<i>Total funds at 1 April 2015</i>		<i>6,970</i>	<i>436,633</i>	<i>443,603</i>	<i>428,546</i>
TOTAL FUNDS AT 31 MARCH 2016		8,137	414,558	422,695	443,603

The notes on pages 28 to 36 form part of these financial statements.

SHELTER FROM THE STORM
(A Company Limited by Guarantee)
REGISTERED NUMBER: 6631475

BALANCE SHEET
AS AT 31 MARCH 2016

	Note	£	2016 £	£	2015 £
FIXED ASSETS					
Tangible assets	13		32,492		46,343
CURRENT ASSETS					
Debtors	14	12,311		14,057	
Cash at bank and in hand		390,452		401,864	
			402,763		415,921
CREDITORS: amounts falling due within one year	15	(12,560)		(18,661)	
NET CURRENT ASSETS			390,203		397,260
TOTAL ASSETS LESS CURRENT LIABILITIES			422,695		443,603
CHARITY FUNDS					
Restricted funds	16		8,137		6,970
Unrestricted funds	16		414,558		436,633
TOTAL FUNDS			422,695		443,603

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

BALANCE SHEET (continued)
AS AT 31 MARCH 2016

The financial statements have been prepared in accordance with the special provisions applicable to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

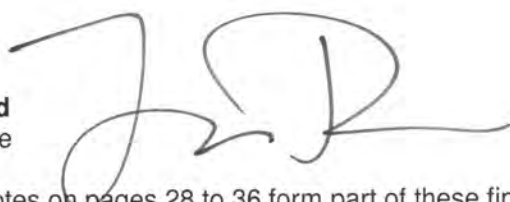
For the year ended 31 March 2016 the company was entitled to exemption from audit under section 480 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its net resources expended for the financial year, in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on **11.10.16** and signed on their behalf, by:

J Third
Trustee



K Sparks
Trustee



The notes on pages 28 to 36 form part of these financial statements.

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015). The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/07/14, the Financial Reporting Standard for Smaller Entities (effective January 2015), applicable accounting standards and the Companies Act 2006.

1.2 COMPANY STATUS

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

1.3 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.4 INCOMING RESOURCES

All incoming resources are included in the Statement of Financial Activities when the company has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016

1. ACCOUNTING POLICIES (continued)

1.5 RESOURCES EXPENDED

Expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the company. Governance costs are those incurred in connection with administration of the company and compliance with constitutional and statutory requirements.

All resources expended are inclusive of irrecoverable VAT.

1.6 TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Leasehold improvements	-	Over the term of the lease (including subsequent leases on the same property where relevant)
Plant & machinery	-	25% straight line and 50% straight line
Motor vehicles	-	33.33% straight line
Office equipment	-	33.33% straight line

1.7 OPERATING LEASES

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

2. VOLUNTARY INCOME

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Donations and Grants	3,625	221,609	225,234	<i>215,591</i>

3. FUNDRAISING INCOME

	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Fundraising income	1,473	1,473	<i>1,403</i>

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016

4. INVESTMENT INCOME

	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Interest receivable	2,429	2,429	1,982
	<u>2,429</u>	<u>2,429</u>	<u>1,982</u>

5. COSTS OF GENERATING VOLUNTARY INCOME

	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Fundraising expenses	5,621	5,621	3,411
Online fundraising charges	2,838	2,838	1,651
	<u>8,459</u>	<u>8,459</u>	<u>5,062</u>

6. ANALYSIS OF RESOURCES EXPENDED BY ACTIVITIES

	Activities undertaken directly - see note 7 2016 £	Support costs - see note 8 2016 £	Total 2016 £	<i>Total 2015 £</i>
Support for homeless people	230,403	5,357	235,760	195,111
	<u>230,403</u>	<u>5,357</u>	<u>235,760</u>	<u>195,111</u>

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016

7. DIRECT COSTS

	Total 2016 £	<i>Total 2015 £</i>
Food and supplies	39,893	37,974
Volunteer costs	1,449	2,151
Insurance	6,345	8,414
Training	2,052	556
Travel	3,496	3,174
Rent and service charges	38,665	28,458
Light and heat	8,768	10,641
Other premises expenses	9,244	10,752
Guest expenses	7,124	3,716
Counselling	5,392	4,600
Loss on disposal of tangible fixed assets	394	-
Translation services	855	134
Legal clinic expenses	2,434	2,180
Wages and salaries	81,113	54,879
National insurance	6,244	3,678
Depreciation	16,935	19,481
	<u>230,403</u>	<u>190,788</u>

8. SUPPORT COSTS

	Total 2016 £	<i>Total 2015 £</i>
Printing, postage and stationery	1,171	499
Telephone	2,293	1,920
Computer costs	1,443	1,272
Sundry expenses	450	632
	<u>5,357</u>	<u>4,323</u>

9. GOVERNANCE COSTS

	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Independent examiner's fees	3,300	3,300	2,640
Payroll and bookkeeping fees	2,525	2,525	1,106
	<u>5,825</u>	<u>5,825</u>	<u>3,746</u>

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016**

10. ANALYSIS OF RESOURCES EXPENDED BY EXPENDITURE TYPE

	Staff costs 2016 £	Depreciation 2016 £	Other costs 2016 £	Total 2016 £	Total 2015 £
Costs of generating voluntary income	-	-	8,459	8,459	5,062
COSTS OF GENERATING FUNDS	-	-	8,459	8,459	5,062
Support for homeless people	87,357	16,935	131,468	235,760	195,111
Governance	-	-	5,825	5,825	3,746
	87,357	16,935	145,752	250,044	203,919

11. NET INCOME / (EXPENDITURE)

This is stated after charging:

	2016 £	2015 £
Depreciation of tangible fixed assets: - owned by the charity	16,935	19,481

During the year, no Trustees received any remuneration (2015 - £NIL).
During the year, no Trustees received any benefits in kind (2015 - £NIL).
During the year, no Trustees received any reimbursement of expenses (2015 - £NIL).

12. STAFF COSTS

Staff costs were as follows:

	2016 £	2015 £
Wages and salaries	81,113	54,879
Social security costs	6,244	3,678
	87,357	58,557

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016

12. STAFF COSTS (continued)

The average monthly number of employees during the year was as follows:

	2016 No.	2015 No.
Employees	<u>3</u>	<u>2</u>

No employee received remuneration amounting to more than £60,000 in either year.

13. TANGIBLE FIXED ASSETS

	Leasehold improve- ments £	Plant & machinery £	Motor vehicles £	Office equipment £	Total £
COST					
At 1 April 2015	75,306	31,761	3,500	1,546	112,113
Additions	-	3,478	-	-	3,478
Disposals	-	(2,451)	-	-	(2,451)
At 31 March 2016	<u>75,306</u>	<u>32,788</u>	<u>3,500</u>	<u>1,546</u>	<u>113,140</u>
DEPRECIATION					
At 1 April 2015	39,302	21,863	3,500	1,105	65,770
Charge for the year	12,001	4,622	-	312	16,935
On disposals	-	(2,057)	-	-	(2,057)
At 31 March 2016	<u>51,303</u>	<u>24,428</u>	<u>3,500</u>	<u>1,417</u>	<u>80,648</u>
NET BOOK VALUE					
At 31 March 2016	<u>24,003</u>	<u>8,360</u>	<u>-</u>	<u>129</u>	<u>32,492</u>
At 31 March 2015	<u>36,004</u>	<u>9,898</u>	<u>-</u>	<u>441</u>	<u>46,343</u>

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016

14. DEBTORS

	2016 £	2015 £
DUE AFTER MORE THAN ONE YEAR		
Other debtors	2,000	2,000
DUE WITHIN ONE YEAR		
Other debtors	-	501
Prepayments and accrued income	7,373	7,414
Gift Aid recoverable	2,938	4,142
	<u>12,311</u>	<u>14,057</u>

**15. CREDITORS:
AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2016 £	2015 £
Trade creditors	2,979	9,406
Other taxation and social security	2,681	6,159
Other creditors	574	452
Accruals and deferred income	6,326	2,644
	<u>12,560</u>	<u>18,661</u>

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016**

16. STATEMENT OF FUNDS

	Brought Forward £	Incoming resources £	Resources Expended £	Transfers in/out £	Carried Forward £
DESIGNATED FUNDS					
Funds designated for new centre	-	-	-	125,000	125,000
GENERAL FUNDS					
General Fund	436,633	225,511	(247,586)	(125,000)	289,558
Total Unrestricted funds	436,633	225,511	(247,586)	-	414,558
RESTRICTED FUNDS					
Pro bono legal clinic fund	6,895	3,625	(2,433)	-	8,087
Other restricted funds	75	-	(25)	-	50
	6,970	3,625	(2,458)	-	8,137
Total of funds	443,603	229,136	(250,044)	-	422,695

The Pro bono legal clinic fund represents a donation received to provide legal support to homeless people.

Other restricted funds relate to smaller sums donated for specific purposes.

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	Total funds 2015 £
Tangible fixed assets	50	32,441	32,491	46,343
Debtors due after more than 1 year	-	2,000	2,000	2,000
Current assets	8,087	392,676	400,763	413,920
Creditors due within one year	-	(12,559)	(12,559)	(18,660)
	8,137	414,558	422,695	443,603

SHELTER FROM THE STORM
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2016

18. OPERATING LEASE COMMITMENTS

At 31 March 2016 the company had annual commitments under non-cancellable operating leases as follows:

	2016 £	2015 £
EXPIRY DATE:		
Between 2 and 5 years	28,000	26,000

The lease expires in June 2018.

19. RELATED PARTY TRANSACTIONS

Included in governance costs is £2,525 for payroll and bookkeeping services provided by Kostech Consulting Limited, a company of which Kris Sparks, trustee, is sole director and shareholder. The payment for provision of services by a trustee are in line with the charity's memorandum and articles of association. At the balance sheet date, £2,525 was owed to Kostech Consulting Limited and the sum is included in accruals.