

(Company Number 8436085)
(Registered Charity Number 1152263)

SAIL (Sexual Abuse and Incest Line)

Financial Statements

For the year ended 31 March 2016

SAIL (Sexual Abuse and Incest Line)
Contents page
For the year ended 31 March 2016

Contents	Page
Legal and administrative information	3
Directors' (Trustees') annual report	4-6
Independent Examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the accounts	10 - 13

SAIL (Sexual Abuse and Incest Line)
Legal and administrative information
For the year ended 31 March 2016

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the financial statements for the year ended 31 March 2016.

Full name

SAIL (Sexual Abuse and Incest Line)

Other names by which the charity is known

SAIL

Registered Charity Number

1152263

Registered Company Number

8436085

Trustees

Dena Trossell

Fay Atkinson

Catherine Atkinson

Michelle Grant

Alison Thornton-Delve

Christopher Newton

Maja Thompson

Chair

Treasurer - resigned 5th August 2015

appointed 18th January 2016

appointed 18th January 2016; resigned 2nd March 2016

appointed 13th April 2016

Registered Address

PO Box 8

Chesterfield

S40 1NY

Bankers

Unity Bank Trust

Nine Brindleyplace

Birmingham

B1 2HB

Independent Examiner

Kate Follon ACMA

Employee of:

Voluntary Action Sheffield

Community Accounting Service

The Circle

33 Rockingham Lane

Sheffield

S1 4FW

SAIL (Sexual Abuse and Incest Line)
Directors' report (incorporating the trustees' annual report)
For the year ended 31 March 2016

Structure, governance and management

The Company (Company number 8436085) was incorporated on 8 March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1 April 2014. It has no share capital and the liability of each member in the event of winding-up is limited to £1. Overall management of the Charity is the responsibility of the trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

Aim and Objectives

The relief and prevention of the further suffering of people in the Derbyshire area who are survivors of childhood sexual abuse or incest, by the provision of assistance, support and services or as the Trustees shall from time to time decide.

Principal Activities

SAIL provides face to face counselling, support and information to survivors of child sexual abuse (18+) who live in Derbyshire. A dedicated team of volunteer counsellors, who are qualified to a minimum of Diploma level, or on placement, provide the majority of the direct counselling service.

Summary of main achievements during the period

During the year we offered short and longer term counselling to adult survivors of child sexual abuse.

During the year SAIL:

- took 990 calls through the office and appointments line
- conducted 93 assessments
- provided counselling for 100 clients for periods of up to 6 months.
- offered 828 on-going counselling sessions

Summary of the main activities undertaken for public benefit

In carrying out these activities, the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

SAIL (Sexual Abuse and Incest Line)
Directors' Report (continued)
For the year ended 31 March 2016

Reserves policy

It is the long term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average annual expenditure. This financial year three months running costs would be £12,325.

The charity had £57,284 in reserves at 31st March 2016 of which £13,291 were unrestricted. The trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

Plans for the future

SAIL plans to continue and strengthen the activities outlined above during the next year. SAIL has plans for a service expansion subject to satisfactory funding arrangements. SAIL's service recently underwent a full independent review and SAIL is acting on the recommendations from this review. Plans are being developed to seek further funding in order to develop SAIL's service provision according to these recommendations.

Financial review

SAIL's funding is secure until March 2017. Along with other small charity organisations SAIL is reliant on funding for our core service. Within this funding landscape it has been challenging to plan or develop the service. Never the less SAIL with the aid of sound financial management and the support of staff and volunteers generated a positive financial outcome for the period. The Core funding sources for SAIL are currently Derbyshire County Council and North Derbyshire Clinical Commissioning Group. As a result of increasing constraints on local authority expenditure SAIL is in the process of seeking funding from a broader range of sources.

SAIL (Sexual Abuse and Incest Line)
Directors' Report (continued)
For the year ended 31 March 2016

Directors' responsibilities for the financial statements

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the trustees are required to: select suitable accounting policies and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The Trustees must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above on 29th Nov 2016

Signed Michelle Grant

Name Michelle Grant

Position Trustee

**SAIL (Sexual Abuse and Incest Line)
Independent Examiners Report
For the year ended 31 March 2016**

I report on the accounts of SAIL (Sexual Abuse and Incest Line) for the year ended 31 March 2016 which are set out on pages 7 to 12.

Respective responsibilities of the Trustees and the examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145 (5) (b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep appropriate accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
- have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Kate Follon

Kate Follon ACMA
Employee of:
Voluntary Action Sheffield
Community Accountancy Service
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date: 29th Nov 2016

SAIL (SEXUAL ABUSE AND INCEST LINE)

Statement of financial activities

(incorporating the income and expenditure account)
for the year ended 31 March 2016

	Notes	2016			2015
		Unrestricted funds £	Restricted fund	Total funds £	Total funds £
Income from:					
Charitable Activities	2a	110	53,748	53,858	71,585
Other trading activities	2b	-	-	-	1,145
Total income		110	53,748	53,858	72,730
Expenditure on:					
Charitable activities	3	-	49,300	49,300	46,912
Total expenditure		-	49,300	49,300	46,912
Net movement in funds		110	4,448	4,558	25,818
Reconciliation of funds:					
Total funds brought forward	8	13,181	39,545	52,726	26,908
Total funds carried forward		13,291	43,993	57,284	52,726

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

SAIL (SEXUAL ABUSE AND INCEST LINE)

Balance Sheet

as at 31 March 2016

		2016	2015
		£	£
Current Assets	Notes		
Debtors	6	917	917
Cash at bank and in hand		57,887	53,629
Total current assets		58,804	54,546
 Creditors: amounts falling due within one year	 7	 (1,520)	 (1,820)
Net current assets/(liabilities)		57,284	52,726
 Total assets less current liabilities		57,284	52,726
 Creditors: amounts falling due after one year		-	-
Total net assets		57,284	52,726
 Represented By			
FUNDS			
Unrestricted income fund		13,291	13,181
Restricted Fund income	8	43,993	39,545
Total charity funds		57,284	52,726

For the year ending 31st March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the special provisions relating to small companies regime.

signed on behalf of the board Michelle Grant Dated: 29th Nov 2016.

Name Michelle Grant

Position Trustee

SAIL (Sexual Abuse and Incest Line)

Notes to the Accounts for the year ended 31 March 2016

1 Accounting Policies

(a) Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements have also taken early adoption of Charities SORP (FRS 102) Bulletin 1.

This is the first year of adoption no adjustment was required to prior year numbers, other than presentation.

The charity meets the definition of a public benefit entity as defined under FRS102.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

The following specific policies are applied to particular categories of income:

Grants are recognised in the accounts on receipt as either restricted or unrestricted funds as notified by the funder.

Investment income is included when receivable.

Bank interest is recognised as an incoming resource when it is credited to the bank statement. All bank interest is treated as unrestricted income to the General Fund.

(c) Fixed Assets

All items of capital expenditure below £500 are written off as incurred.

(d) Expenditure

Expenditure is recognised where there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross.

(e) Fund Accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the funder. The purpose and use of each restricted fund is set out in the notes in the financial statements.

SAIL (Sexual Abuse and Incest Line)

Notes to the Accounts for the year ended 31 March 2016

	2016			2015		
2 Analysis of income	Unrestricted Funds £	Restricted Funds £	Total Funds £	Unrestricted Funds £	Restricted Funds £	Total Funds £
2a Charitable activities:						
Private donations	110	-	110	-	-	-
NHS Contract	-	51,748	51,748	-	-	-
Grants	-	2,000	2,000	-	71,585	71,585
	<u>110</u>	<u>53,748</u>	<u>53,858</u>	<u>-</u>	<u>71,585</u>	<u>71,585</u>
2b Other trading activities						
Room hire	-	-	-	1,145	-	1,145
	<u>-</u>	<u>-</u>	<u>-</u>	<u>1,145</u>	<u>-</u>	<u>1,145</u>
Total Income	<u>110</u>	<u>53,748</u>	<u>53,858</u>	<u>1,145</u>	<u>71,585</u>	<u>72,730</u>

	2016			2015		
3 Charitable Activities Expenditure	Unrestricted Funds £	Restricted Funds £	Total Funds £	Unrestricted Funds £	Restricted Funds £	Total Funds £
Salaries and pensions	-	28,887	28,887	-	20,104	20,104
Running costs	-	11,843	11,843	-	16,325	16,325
Office Costs	-	3,804	3,804	-	6,692	6,692
Professional fees	-	1,246	1,246	-	1,200	1,200
Staff costs and expenses	-	385	385	-	1,000	1,000
Volunteers expenses	-	2,067	2,067	-	991	991
Accountancy costs	-	1,068	1,068	-	600	600
Total Expenditure	<u>-</u>	<u>49,300</u>	<u>49,300</u>	<u>-</u>	<u>46,912</u>	<u>46,912</u>

	2016	2015
Accountancy costs include:		
Fees paid to independent examiner	<u>600</u>	<u>600</u>
Other fees paid to independent examiner	663	438

SAIL (Sexual Abuse and Incest Line)

Notes to the Accounts for the year ended 31 March 2016

4 Salaries costs and numbers

Staff Costs were as follows;

	2016	2015
	£	£
Salaries	28,847	20,104
Employers NI	40	-
	<u>28,887</u>	<u>20,104</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 2 (2015: 3).

5 Trustees remuneration, benefits and expenses

	2016	2015
	£	£
1 Director - Travel Expenses	66	-
Total	<u>66</u>	<u>-</u>

With the exception of the above no other remuneration, expenses or benefits were paid to the trustees.

6 Debtors

	2016	2015
	£	£
Rent - prepaid	<u>917</u>	<u>917</u>

7 Creditors; amounts falling due within one year

These are expenses that have been incurred but have not been billed or paid for during the accounting period. They are in respect of:

	2016	2015
	£	£
Trade Creditors	-	1,220
Accruals	1,520	600
	<u>1,520</u>	<u>1,820</u>

8 Movement in funds

	Opening Balance 01/04/2015	Prior Year Transfer *	Incoming resources	Outgoing resources	Carried forward 31/03/2016
	£	£	£	£	£
Big Lottery - Award for all	4,338	(3,880)	-	(458)	-
Lloyds TSB Foundation	236	2,660	-	(2,896)	-
NHS - PCT	34,971	1,220	51,748	(43,946)	43,993
Derbyshire County Council	-	-	1,500	(1,500)	-
Charities Aid Foundation	-	-	500	(500)	-
	<u>39,545</u>	<u>-</u>	<u>53,748</u>	<u>(49,300)</u>	<u>43,993</u>

*On review of the restricted fund balances brought forward at the year end, a couple of transactions were identified that had been allocated to an incorrect fund, this was an administration error and did not reflect the actual spending of the restricted fund. The transfers between fund shown in note 8 above correct this and the carried forward balances are correct as at the year end 31st March 2016.

SAIL (Sexual Abuse and Incest Line)

Notes to the Accounts for the year ended 31 March 2016

9 Restricted Funding

Big Lottery Award for all
Funding to support Organisational Review and Development, including an independent Review of SAIL's Service Provision,
planning and team building.

Lloyds TSB Foundation
Partial funding towards the salary of an administrator to support the work of the organisation

NHS - PCT
Provision of a specialist free counselling service for survivors of child sexual abuse and incest living in Chesterfield and north Derbyshire.

Derbyshire County Council
AGE Grant from the Apprenticeship scheme

Charities Aid Foundation
Funding received on a time matching basis by a volunteer's employer.

10 Related party transactions

There were no related party transactions to report during the financial year.