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Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	05	04	2015		04	04	2016

Section A Reference and administration details

Charity name

University mental health advisor network

Other names charity is known by

Registered charity number (if any)

1155038

Charity's principal address

16-17 Turl Street, Second Floor,
Oxford,

Postcode

OX1 3DH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DAN DORAN			
2	LYDIA PELL	CHAIR		
3	SARAH ASHWORTH			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

CHARITABLE INCORPORATED ORGANISATION

Trustee selection methods
(eg. appointed by, elected by)

Elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Throughout the year has been running as charitable incorporated organisation (CIO) as arranged in the previous financial year.

Expenses policy created to enable development worker and members to claim reasonable and transparent expenses whilst representing the charity.

March 2016 during AGM. Trustee membership was reviewed due to retirement of roles. No new trustees were elected. The following were removed as trustees:

New secretary was elected Hannah Abrahams

In order to achieve this expansion in capacity by employing a Development Worker, our legal status needed to change from a charity to a charitable incorporated organisation (CIO); a new constitution would also be required. This has all taken place, with minimal impact on the running of the organisation, while still ensuring compliance with the Charities Commission's requirements. One change is that the Committee must be elected annually (rather than bi-annually as before), while Trustees have more limited liability than previously.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

THE ADVANCEMENT OF THE EDUCATION OF PEOPLE WITH MENTAL HEALTH DIFFICULTIES THROUGH IMPROVING ACCESS TO HIGHER EDUCATION.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- EDUCATION/TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY

Who

- CHILDREN/YOUNG PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES ADVOCACY/ADVICE/INFORMATION
- ACTS AS AN UMBRELLA OR RESOURCE BODY

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The Committee, and wider membership, agreed that the development worker recruited via a company called Worthwhile was a great success in ensuring that there was an individual supporting the structure of the charity and advancing the charity aims. This post was reviewed and it was identified to increase this post to a shared position with charity Student Minds. The post was successful throughout the year.

This shared job role encouraged collaboration with Student Minds.

Membership has increased bringing in an additional £920. Outgoings rose by £835.44. Total cash accrual was £2965.70. Demonstrating that the growth is financially responsible and sustainable.

Being a member has the following benefits:

As part of ongoing development to support members, a welcoming team for new UMHAN members has been created.

Forum and meeting discussions, peer support, representation on valuable working groups, promotion of role, UMHAN wiki, self-help webpages, documents on website.

Access to Cameron Grant Trust for service promotion drink mats

Guest speakers in the past year including Rosie Tressler – Student Minds, Jacquie Nicholson Scottish Recovery Network
Mutual support role, specific issue discussion and sharing of best practice including gender dysmorphia.
Carpooling database

Involvement and integration

Lydia Pell Representing UMHAN on Office of independent adjudicators - Expert Panel nomination, for complex cases
Annie Kemball Representing UMHAN on ProtectEd - Pilot happening in Salford (Safety Guidelines – national initiative about University Accommodation safety on campus & Mental Health)
Spoke at HEFCEE conference re report on DSA changes
NCEPOD invitation to work with them for research. Child health review.

Identified need for committee member representation for Scotland and Wales due to differing political structures. Leah from Napier to be representative for Scotland

Advised members on responses to Higher Education Financial Commission England

Mental health equality

2 quote system for DSA Assessment. Official response completed

by Lydia Pell

HE Inclusive Environment Working group
Student Risk Working group:

Mental health promotion

University Mental Health and Wellbeing Day was supported throughout a number of HEI institutions. Theme: Heads Together
This theme encouraged collaboration and individual to national levels of discussion about mental health.

Developing literature for Students Against Depression

Mental health first aid in HE/FE continued to be reviewed and developed.

Look after your mate student minds training: We have trained 11 trainers so far from 11 different universities each expressed that they will be running a Look After Your Mate workshop on UMHD

DSA Needs Assessor training pilot training completed and package established

Section E Financial review

Brief statement of the charity's policy on reserves

All reserves are kept within charity bank account.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Main funding is achieved through membership
Key expenditure has been of employing a development worker. This has enabled a greater national presence through her activities in

- 1) administrative duties
- 2) Creating opportunities to collaborate with charities with similar agendas
- 3) Creation of web information and social media presence.
- 4) Creation of expenses policy to be transparent, in line with charity commission and equitable.

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Sarah Meharg	
Full name(s)	Sarah Meharg	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	24/01/2017	