

**Asperger London Area Group (ALAG)**

**CIO Registered number 1160477**

**Financial Statements**

**for the Year ended 31 March 2016**

**ASPERGER LONDON AREA GROUP (ALAG)**

**Receipts and Payments**

**For the Year ended 31 March 2016**

	Notes	Restricted Funds £	Unrestricted Funds £	Total Funds 2016 £
<b>Receipts</b>				
<i>Activities in the furtherance of the Charity's objectives</i>				
Grants & Awards	1	30,750		<b>30,750</b>
Other income	2		2,927	<b>2,927</b>
<b>Sub-total</b>		<b>30,750</b>	<b>2,927</b>	<b>33,677</b>
Interest receivable		-		-
<b>Total receipts</b>		<b>30,750</b>	<b>2,927</b>	<b>33,677</b>
<b>Payments</b>				
<i>Direct Charitable expenditure</i>				
Coordinator		3,500	-	<b>3,500</b>
Education and Training	3	13,115	307	<b>13,422</b>
		<b>16,615</b>	<b>307</b>	<b>16,922</b>
<i>Support Costs Management and Administration of the Charity</i>				
Office and project expenses		160	413	<b>573</b>
<b>Sub-total</b>		<b>16,775</b>	<b>720</b>	<b>17,495</b>
Assets & Investment purchased	4	7,174	-	<b>7,174</b>
<b>Total Payments</b>		<b>23,949</b>	<b>720</b>	<b>24,669</b>
<b>Net Payments for the Year 2014/2015</b>		<b>6,801</b>	<b>2,207</b>	<b>9,008</b>
Funds at 1st April 2015		-		-
<b>Funds at 31 March 2016</b>		<b>6,801</b>	<b>2,207</b>	<b>9,008</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

**ASPERGER LONDON AREA GROUP (ALAG)**  
**Assets and Liabilities as at 31 March 2016**

Category	Notes	Restricted Funds	Unrestricted Funds	Total Funds 2016
			-	-
<b>Current Assets</b>				
Bank	5	6,801	2,207	<b>9,008</b>
Debtors & Prepayments		-	-	-
		<u>6,801</u>	<u>2,207</u>	<u><b>9,008</b></u>
<b>Total Assets</b>		<u>6,801</u>	<u>2,207</u>	<u><b>9,008</b></u>
<b>Current Liabilities</b>				
Creditors			-	-
		<u>-</u>	<u>-</u>	<u>-</u>
<b>Total Assets less Current Liabilities</b>		<u>6,801</u>	<u>2,207</u>	<u><b>9,008</b></u>
<b>Cash Fund this year end</b>		<u>6,801</u>	<u>2,207</u>	<u><b>9,008</b></u>

The statement of Receipts and Payments and Assets and Liabilities for Asperger London Area Group for the Year ended 31 March 2016 is approved by the Executive Committee of this organisation.

Signed on behalf of the Executive Committee on ..... 2016

Name: (Chair)

Name: (Treasurer)

**Asperger London Area Group (ALAG)**  
**Notes to the Accounts**  
**for the Year ended 31 March 2016**

<b>1. Grants and Awards</b>	<b>£</b>
Dept of Health Innovation Fund	17,250
Islington Council Capital Fund	8,500
Islington Borough Diagnosis Fund	5,000
	<u>30,750</u>

<b>2. Other Income</b>	<b>£</b>
Donations	100
ALAG fees	840
Membership fees	187
Other income	1,800
	<u>2,927</u>

<b>3. Education and Training</b>	
Trainers	11,600
Room hire	1,234
Other meeting costs	588
	<u>13,422</u>

<b>4. Assets purchased</b>	<b>£</b>
ALAG purchased computer equipment at a cost of with funds awarded by Islington Council Capital Fund	7,174

<b>5. Cash funds at 31 March 2016</b>	<b>£</b>
Unrestricted cash	2,207
Dept of Health Innovation Fund	585
Islington Council Capital Fund	1,216
Islington Borough Diagnosis Fund	5,000
	<u>9,008</u>

## Independent examiner's report on the accounts

Report to the trustees/ members of Asperger London Area Group (ALAG) charity number 1160477 on accounts for the year ended 31 March 2016 set out on the preceding pages.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

### Basis of independent examiner's statement

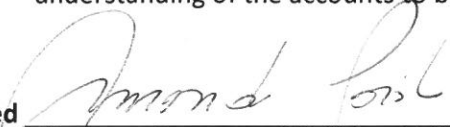
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Name: Armando Pardo, Executive Director,  
Association of Community Based Business Advice

Date: 20 Jan 2016



# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	1	February	2015		31	March	2016

## Section A Reference and administration details

<b>Charity name</b>	ALAG
<b>Other names charity is known by</b>	Asperger London Area Group
<b>Registered charity number (if any)</b>	1160477
<b>Charity's principal address</b>	c/o Disability Action in Islington Unit 3, St Paul's Road, London <b>Postcode</b> N1 2SY

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Desmond Meldrum	Chair of Trustees	Whole year	Current Trustees
2	John Harrison	Trustee	Whole year	
3	Jason Crabtree	Trustee	From April 2016	
4	Paulene Broomes	Trustee	From July 2016	
5				
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15				
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17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Ethney Anderson – ALAG Senior Facilitator & Secretary to the Trustees

## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	ALAG Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	New Trustees are appointed by existing Trustees & the Senior Facilitator

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

ALAG exists to support adults with high functioning autism and Aspergers syndrome, their families, carers and professionals. ALAG has been established to improve the quality of life for adults on the autistic spectrum by offering support, advocacy and a chance to socialise and meet with other people who have similar issues. ALAG is committed to raising awareness of autistic spectrum conditions across London by facilitating support groups and social events, providing information, advice and guidance to those in need and to working with external agencies to achieve a greater understanding of the condition.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

When planning our activities for the year, the Trustees have considered the Commissions guidance on public benefit and, in particular, we try to reach as many people as we can, some of whom would ordinarily be isolated because of their disability. To this end, our main activities during 2015 – 2016 included:

#### **Partnership working**

- ALAG is a member of the Islington and Camden Autism Partnership board where we are involved in working with other local agencies to get a better understanding of the needs of people with autism through mapping service pathways and identifying gaps in provision (to include availability of social care assessment, OT services, post-diagnostic and community-based support). We work to ensure accurate information is easily accessible, improving strategic data collection and sharing systems to enable clear analysis of gaps in services.
- Attended several meetings to advise and assist in the construction of a new specific autism page on the Islington Links for Living online Directory providing information and advice to help individuals make choices on health and wellbeing, support needs and activities.

#### **Support activities**

- Facilitating a monthly support group for ALAG members and the general public with outreach work to encourage attendance.
- Providing telephone, email and outreach support to members in the form of information, advice and guidance.
- Liaising with autism professionals, specialist employer organisations, autism researchers, etc.

#### **Advocacy activities**

- Providing advocacy support for a number of ALAG members over a range of areas including: employment issues, DLA/PIP appeals, support to apply for assessments, housing issues, etc.

#### **Socialising activities**

- Organising regular social events for members and the wider community to provide opportunities to develop and practise social skills.
- Encouraging and supporting members to join with other local groups to engage in social activities.

#### **Training**

- Operating a social care Brokerage Training Project which established an innovative Peer Support Project
- Coordinating support for Psychology student training at the Tavistock clinic

#### **Establishment Activities**

- Fundraising – applying for funding from the Arsenal Foundation

**Additional details of objectives and activities (Optional information)**



You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

As a pan London community organisation, it is pleasing to report that during 2015 – 16 we have seen an increase in attendance at the monthly support meetings by newly diagnosed individuals referred to us by diagnostic teams across several London boroughs. In many instances we were able to give one to one support as well as providing group activities for them to gain further knowledge about their disability and strategies for coping with associated difficulties. We engaged more than 10 specialist speakers at the monthly support meetings with an average of 35 attendees and covered a range of subjects including diagnosis, anxiety, relationships and employment.

Our social events calendar is expanding as we raise awareness of autism spectrum conditions through forming links with theatres, local pubs, restaurants and galleries.

Following on from our successful bid to the Department of Health Innovation Fund, we received funding to run a Brokerage Training Project for six months. We were able to engage a specialist trainer from the London Brokerage Network to deliver this training for a group of six ALAG members to enable them to understand the social care system and map available resources.

As a result of the social care brokerage training, participants have developed greater confidence and increased social skills. They also gained transferable skills in the areas of planning, budgeting and research methods. Importantly, they now have an increased awareness and understanding of how to support others in the wider community with their new skills.

This project was also supported by Islington Council's Capital fund to enable ALAG to incorporate the use of IT equipment for each trainee to develop IT skills to enhance their learning throughout the project. The IT equipment has been a valuable resource tool for assisting the trainees to maximise the opportunities through research and coursework. Further development of these skills will enhance their employment prospects and enable them to map resources and help pool those resources in anticipation of creating groups of similar interest for public benefit, or even future social enterprises.

We are equally pleased to report that as recognition for our work in the community, our funding bid to the Arsenal Foundation was successful. As a bonus, ALAG was also featured in the March Arsenal match day programme! In January 2016 this funding was put to work as we formally launched our Peer Support Project providing much needed one to one and small group support for ALAG members and the wider community. Many have said they feel supported, understood and accepted as a result of their involvement with ALAG and we can report a noticeable increase in confidence as well as progress toward their goals.

Our partnership with Islington and the Arsenal Foundation has been a positive experience for our members and ALAG has hugely benefited from the support and encouragement it receives from this as well as working with a range of stakeholders. Our membership is growing and we hope to develop local groups to take forward areas of our work in other boroughs.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

Currently being developed.

**Details of any funds materially in deficit**

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**

**Full name(s)**

**Position (eg Secretary, Chair, etc)**

**Date**

Ethney Anderson

Secretary

27<sup>th</sup> January 2017