# **Charity Commission**

# ASTRE ACADEMY OF GYMNASTICS LIMITED ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED, 30 APRIL 2016

Company Registration No. 07681900 (England and Wales)
Charity Registration No. 1150345

CHARITY COMMISSION
FIRST CONTACT
- 6 FEB 2017

ACCOUNTS
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# **LEGAL AND ADMINISTRATIVE INFORMATION**

Trustees Anne Plunkett

Julian Higginson Ian Pearson

Secretary Paul Foster

Charity number 1150345

Company number 07681900

Principal address Unit 2

Four Lane Ends Business Park

Cemetery Road Bradford BD8 9TG

Registered office Carlton House

**Grammar School Street** 

Bradford BD1 4NS

Independent Examiner Colin Whitehead FCA

Naylor Wintersgill Limited

Carlton House Bradford BD1 4NS

Bankers HSBC Bank plc

36 North Street Keighley West Yorkshire BD21 3SF

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# TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 30 APRIL 2016

The Trustees present their report and accounts for the year ended 30 April 2016.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's memorandum and articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

### Objectives and activities

The Charity's objects are to foster and promote community participation in healthy recreation, for the benefit of the inhabitants of Bradford and the surrounding districts by the provision of facilities and coaching for gymnastics.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

#### Achievements and performance

The Academy continues to show a rise in the number of participants at our gymnastics facility. At the moment, we have eight British Gymnastics qualified volunteer coaches. This figure should rise due to more volunteer helpers taking coaching qualifications. We continue to have two trained welfare officers and volunteer leaders who help at our recreational sessions. Our volunteer coaches, leaders and helpers have volunteered for a total in excess of 7000 hours during the year.

The Academy still holds its GymMark status. Gaining GymMark accreditation means that our Academy is recognised by British Gymnastics and their partners as a safe, effective and child friendly Academy, providing a service in the community that children and young people, their parents/carers and others with a passion for Gymnastics can trust.

The number of recreational classes has risen to eleven per week and we have increased the numbers of participants attending each class. We have also continued to run our pre-school classes during the day where parents/grandparents/carers can use it to meet others on a regular basis.

The Academy still holds its parents' weeks for displays, where parents and carers can view their children participating in their gymnastics sessions. This gives the parents and carers an opportunity to see improvements in their children's performance and also to see how the club operates in normal sessions.

Our volunteer coaches and helpers have attended the following courses to ensure their qualifications are valid and up to date.

#### 1. Judging and coaching clinics

The Academy has continued with its Leadership Academy which is designed to create a structure which young people can follow to help them develop as Leaders within gymnastics. The programme introduces the young leaders to various roles and opportunities in the Academy such as coaching, volunteering their time at events and running a project such as our displays or fund raising events. This has given some of the Leaders an opportunity to combine it with their Duke of Edinburgh Awards. A number of our gymnasts have used training sessions to complete parts of the Duke of Edinburgh Award Scheme such as the volunteering, physical and skills sections of each award.

# TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 30 APRIL 2016

Throughout the year the Academy has held coaching courses for Yorkshire Gymnastics, courses for primary school teachers, British Gymnastics coaching courses for trainee coaches and assessments for British Gymnastics. Over the past year, the Academy has purchased equipment with monies raised through fundraising activities that have included, raffles, café sales and sponsored events. The equipment purchased has been two air barrels to safely help with complex floor moves and 3 large safety mats. We are still upgrading parts of the lighting system in the toilets, offices and changing rooms.

Several local primary schools visit and use the facility for competitions and also for children's reward days. We continue to hold the annual Bradford Key steps competition which also included a taster of the gymnastics apparatus for all participants. This competition leads to the West Yorkshire Youth Games. The academy continues to support these events by providing the facility and qualified judges. This helps us continue our commitment to the community, both locally and beyond.

The Academy continues to offer disability days during the holidays for disabled children, their siblings, parents and carers. They are a great success and we have developed a programme to incorporate this into our holiday camps provision.

The Academy has entered various Yorkshire Gymnastics Competitions with a great deal of success for a large number of gymnasts.

At the end of October 2015 at the Yorkshire Level 6 Teams and Individual Championships we again had the Yorkshire Level 6 11+ Age Group Team Champions. In this competition we also had the 2003+ Age Group Champion for Vault and Floor, the 2004 Age Group Overall Champion, the 2004 Age Group Floor and Vault Champion and second placed gymnast for Beam and Floor, as well as the winner of the John Jefferies Trophy for Best Artistry interpretation for Level 6 on Floor.

At the Yorkshire Level 7 Team and Individual Championships we had the 11+ Age Group Team Champions and Team Silver medallists. In this competition we also had the 2003+ Age Group Overall Champion, Overall Silver medallist and Overall Bronze medallist. In the 2003+ Age Group we had the Beam Champion, Floor Champion and joint Bars Champions. We also had the 2003+ Age Group Silver medallists on Vault, Bars and Floor, as well as the Bronze medallists on Bars and Floor. In the 2004 Age Group we had the Floor Champion and Bronze medallist on Vault. In the 2006 Age Group we had the Beam Champion and in the 2007 Age Group we had the Bronze medallist on Floor.

At the Yorkshire Regional Grades Competitions we had 1 gymnast who scored a distinction and was placed second on Floor and 1 gymnast who was given a commendation.

#### Financial review

The Statement of Financial Activities show net outgoing resources for the year of £6,002 (2015 - £888).

The subscriptions and expenses are run on a cash basis. Any fundraising is used to purchase equipment or for maintenance costs, therefore limited reserves are held.

As at 30 April 2016 the charity's reserves amounted to £23,810 (2015 - £7,249).

The Trustees has assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to these risks.

# TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 30 APRIL 2016

#### Structure, governance and management

The Charity is a company limited by guarantee incorporated on 24 June 2011 in England and Wales, number 0768190, and registered as a charity on 4 January 2013, number 1150345. The charity is governed by its memorandum and articles of association dated 24 June 2011 and amended 9 December 2012.

The Trustees, who are also the directors for the purpose of company law, and who served during the year were:

Anne Plunkett Julian Higginson Ian Pearson

Trustees are recruited via interview with the trustees and are selected for the skills and experience they can bring to the charity. New trustees are trained through mentoring from more experienced trustees.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

The trustees meet together regularly to determine and implement the strategic direction and policy of the charity.

The Trustees report was approved by the Board of Trustees.

anne Plunkett 25/1/2017

**Anne Plunkett** 

Trustee

Dated: 25 January 2017

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ASTRE ACADEMY OF GYMNASTICS LIMITED

I report on the accounts of the Charity for the year ended 30 April 2016, which are set out on pages 5 to 14.

#### Respective responsibilities of Trustees and examiner

The Trustees, who are also the directors of Astre Academy of Gymnastics Limited for the purposes of company law, are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

### Independent examiner's statement

In connection with my examination, no other matter except that referred to in the previous paragraph has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;

have not been met or

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

C.D. whilehour

Colin Whitehead FCA Independent Examiner Naylor Wintersgill Limited

Carlton House Grammar School Street Bradford BD1 4NS

Dated: 25 January 2017

# STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

# FOR THE YEAR ENDED 30 APRIL 2016

	Notes	2016 £	2015 £
Income from: Donations and legacies	3		1,302
Charitable activities	4	82,177	54,767
Other trading activities	5	8,407	3,008
Total income		90,584	59,077
Expenditure on: Raising funds	6	1,151	2,014
Charitable activities	7	95,435	57,951
Total resources expended		96,586	59,965
Ned annual didage for the annual			
Net expenditure for the year/ Net movement in funds		(6,002)	(888)
Fund balances at 1 May 2015		29,812	30,700
Fund balances at 30 April 2016		23,810	29,812
·			

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# BALANCE SHEET AS AT 30 APRIL 2016

	Notes	2016		2015	
		£	£	£	£
Fixed assets					
Tangible assets	11		19,639		22,563
Current assets		•			
Debtors	12	4,370		99	
Cash at bank and in hand		1,859		8,838	
		6,229		8,937	
Creditors: amounts falling due within one year	13	(2,058)		(1,688)	
Net current assets			4,171		7,249
Total assets less current liabilities			23,810		29,812
Income funds					
Unrestricted funds			23,810		29,812
			23,810		29,812
			<b>===</b>		

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 April 2016. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The Trustees responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on 25 January 2017

ana Plustett 25/1/2017

Anne Plunkett

**Trustee** 

Company Registration No. 07681900

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2016

#### 1 Accounting policies

#### **Charity information**

Astre Academy of Gymnastics Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Carlton House, Grammar School Street, Bradford, BD1 4NS.

#### 1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The Charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest  $\pounds$ .

The accounts have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

These accounts for the year ended 30 April 2016 are the first accounts of Astre Academy of Gymnastics Limited prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 May 2014. The reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

### 1.2 Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

#### 1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

#### 1 Accounting policies

(Continued)

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

# 1.5 Expenditure

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. all expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings and equipment

15% reducing balance

Computers

33% straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

### 1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/ (expenditure for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

### 1 Accounting policies

(Continued)

#### 1.9 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

#### 1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

### 1.11 Leases

Rentals payable under operating leases, including any lease incentives received, are charged to income on a straight line basis over the term of the relevant lease.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

# 2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

		2016	2015
		£	£
	Donations and gifts	-	1,302
4	Charitable activities		
		2016 £	2015 £
	Members' subscriptions Competitions and trips Members' BGA insurance	73,657 5,641 2,879	51,984 399 2,384
		82,177 ———	54,767 ———
5	Other trading activities	2016	2015
		£	£
·	Cafe Fundraising Badges and clothing Hire Sponsorships	1,401 136 1,076 4,033 1,761	1,753 - 1,044 - 211
	Other trading activities	8,407	3,008

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

6	Raising funds				
				2016	2015
				£	£
	Trading costs				
	Badges and clothing Cafe costs			935 216	2,014 -
	Trading costs			1,151	2,014
				1,151	2,014
	For the year ended 30 April 2015				
	Trading costs				2,014 ———
7	Charitable activities				
		Charitable Activities	Support costs to charitable activities	Total 2016	Total 2015
		£	£	£	£
	Staff costs	51,411	-	51,411	4,167
	Depreciation and impairment	-	3,616	3,616	5,868
	Members' BGA insurance	2,800	-	2,800	2,616
	Coachs' expenses		-	-	5,529
	Rent Rates	24,473 2,890	-	24,473 2,890	25,722 2,633
	Light, heat and power	2,988	. <del>-</del>	2,988	2,633 4,163
	Insurance	1,546	-	1,546	2,481
	Repairs and maintenance	282	_	282	3,149
	Printing, postage and stationery	-	532	532	482
	Sundry expenses	2,529	531	3,060	328
	Payroll	-	633	633	75
	Telephone	-	418	418	-
	Governance costs - independent examination	-	786	786	738
		88,919	6,516	95,435	57,951
		<u></u> 88,919	6,516	 95,435	 57,951

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

#### 8 Trustees

None of the Trustees (or any persons connected with them) received any remuneration, expenses or benefits from the Charity during the year.

## 9 Employees

### **Number of employees**

The average monthly number employees during the year was:

	2016 Number	2015 Number
	2	2
Employment costs	2016	2015
	£	£
Wages and salaries	46,762	3,779
Social security costs	4,649	388
	51,411	4,167

There were no employees whose annual remuneration was £60,000 or more.

### 10 Taxation

As a charity the company is exempt from tax on income falling within part II of the Corporation Tax Act 2010 and on gains falling within s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives. No tax charges have arisen in the charity.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

	·		•	
11	Tangible fixed assets	Fixtures, fittings and equipment	Computers	Total
		£	£	£
	Cost			
	At 1 May 2015	38,983	419	39,402
	Business combinations		692	692
	At 30 April 2016	38,983	1,111	40,094
	Depreciation and impairment			
	At 1 May 2015	16,425	414	16,839
	Depreciation charged in the year	3,384	232	3,616
	At 30 April 2016	19,809	646	20,455
	Carrying amount			
	At 30 April 2016	19,174	465	19,639
	At 30 April 2015	22,558	5	22,563
12	Debtors		2046	0045
	Amounts falling due within one year:		2016 £	2015 £
	Prepayments and accrued income		4,370	99
13	Creditors: amounts falling due within one year		0040	0045
			2016	2015
			£	£
	Other taxation and social security		860	875
	Accruals and deferred income		1,198	813
	, too date and deterred inserting			
			2,058	1,688
14	Operating lease commitments  At the reporting end date the Charity had outstanding commitme under non-cancellable operating leases, which fall due as follows:	nts for future	minimum lease	e payments
			2016	2015
			£	£
	Within one year		7,119	7,119
	Between two and five years		21,358	28,477
			28,477	35,596
			·	

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

### 14 Operating lease commitments

(Continued)

# 15 Related party transactions

### Remuneration of key management personnel

The remuneration of key management personnel is as follows.

2016 2015 £ £

Aggregate compensation

50,000 4,167