

ENFIELD SAHELI

Registered Charity and Company Limited by Guarantee

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST MARCH 2016

Charity number: 1129308
Company number: 6663604

**ENFIELD SAHELI
YEAR ENDED 31ST MARCH 2016**

Registered Charity Number : 1129308
Registered Company Number: 6663604

Principal address:

311 Fore Street
Community House
Edmonton
London N9 0PZ

Directors and Trustees:

Gail Hawksworth	Chairperson
Esther McLaughlin	Vice-Chair
Bilay Want	
Canev Ramadan Ansal	
Vijaylaxshmi Devi Sisteedhur	
Pushpinder Chowdhry	

Company Secretary

Krishna Pujara

Governing document:

Enfield Saheli is a private limited company number 6663604 governed by its Memorandum and Articles. These are wholly based on the Trust Deed formerly governing the charity which has reregistered with the Charity Commissioners under a new number 1129308
The charity is operated under the rules of its Memorandum of Articles and Association.

Bankers:

HSBC Bank plc
10 South Mall
Edmonton
London, N9 0QU

Independent Examiner and Accountant:

TACTS Accountant
Chartered Certified Accountant
81 Rayleigh Road
Palmers Green
London, N13 5QW

ENFIELD SAHELI
FINANCIAL ACCOUNTS
FOR YEAR ENDED 31ST MARCH 2016

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Enfield Saheli Report of the Directors and Trustees

For the year ended 31 March 2016

The Trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and independently examined financial statements for the year ended 31st March 2016. The Trustees confirm that the annual report and financial statements of the Charity comply with current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) (Accounting Standards Charities Act 2011).

Introduction

Enfield Saheli is a registered charity founded in 1992 and registered from 1995. It was established by women to help and encourage women who are isolated, discouraged or depressed to overcome difficult periods in their lives and to take positive steps towards improving their own health and well-being and to discover new opportunities for participating and benefiting from the community.

Mission Statement

Enfield Saheli is a non-sectarian organisation set up by Asian women to provide services and activities to support and empower Asian women in the London Borough of Enfield, without distinction of ethnic, cultural, religious or political differences.

It aims to enable women to participate fully in the social, cultural and civic life of the borough. We are a service-oriented charity seeking to provide support in improving the health and well-being of women.

Enfield Saheli offers information, training, advocacy, cultural and social opportunities for its members who are from local communities.

Summary of Services Delivered:

It delivers the following:

- Mental Health Support Service
- Domestic Violence Advocacy Service including a DV support group
- Counselling Service
- Luncheon Club
- Awareness and Educational workshops e.g. Stroke, Blood Pressure, Heart Foundation, Keeping Warm, Diabetes; Stroke; Social Services, Forced Marriages, Female Genital Mutilation, Welfare Benefits etc..
- Yoga Classes / Physical Activities
- Advocacy
- Walking Club
- IT Classes
- Community Mentoring
- Arts & Crafts
- Sewing Classes
- Information & Advice
- Volunteering - supporting women in finding paid work through volunteering for Saheli
- Social Events and Outings
- Community Events – participation with other community groups
- Public Health
- Cultural and festive celebrations.

Enfield Saheli Report of the Directors and Trustees For the year ended 31 March 2016

Underpinning Objectives of Enfield Saheli:

- To ensure that the service remains culturally sensitive and reflects ethnic diversity.
- To promote the values, aims and style of service delivery as outlined in the Department of Health Policy Implementation Guide "The Recovery Model" e.g. by:
 1. Promoting opportunities for employment and education to service users.
 2. Involving Service users and their Carers in planning and delivery of care.
 3. Delivering of high quality treatment and care which is known to be effective and acceptable.
 4. Ensuring that services are well suited to those who use them and non-discriminatory.
 5. Ensuring that services are accessible so that help can be obtained when and where it is needed.
 6. Promoting the safety of the users and that their carers, staff and the wider public.
 7. Working with users & members to promote social inclusion & Well-being.

Principle objects and activities

Enfield Saheli is a non-sectarian organisation which provides services and activities to support and empower Women in the borough of Enfield. It works closely with and benefits from the support given by the Local Authority, Social Services Department, The Health Authority, Enfield Voluntary Action, Enfield Racial Equality Council and a wide range of other voluntary organisations in the borough.

The overall objectives of the organisation are:-

- To relieve poverty among women generally, with emphasis on support of Asian Women.
- The provision of advice and information on welfare issues which will enable them to benefit fully from the range of services available in this field.
- The provision of advice and information for other matters which will enable them to make valid and considered choices on issues relating to their own lives and their children's futures.
- The promotion of equal opportunities for women who have been marginalised and excluded in all areas of life and the encouragement of other agencies to provide equality of access for socially excluded women to service provision.
- The setting up and management of an information, advice and support centre in furtherance of these objects.
- To advance education amongst women particularly by provision of English Conversion classes and Computer Awareness classes.
- To relieve distress and suffering experienced by women who have been maltreated or abused and any children of such women.

Governance, Structure and Management

In August 2008, Enfield Saheli became a registered company limited by guarantee, number 6663604, governed by its Memorandum and Articles. These are wholly based on the Trust Deed formerly governing the charity which has reregistered with the Charity Commissioners under a new number 1129308. New Directors and Trustees are appointed by a resolution of the Directors passed at a meeting of the Directors.

Enfield Saheli Report of the Directors and Trustees For the year ended 31 March 2016

The overall management of finance is the responsibility of all the Trustees acting on the recommendations of the Chairperson, Trustees, Secretary and the advice of the Chief Executive. The Trustees form the Executive which meets regularly throughout the year.

Risk management

It is the policy of the Board of Directors to review and assess the risk confronted by Enfield Saheli and take appropriate action to mitigate or reduce such risk as much as possible by way of insurance cover, including Professional Indemnity and Public Liability insurance. All these are reviewed annually and are updated and expanded as different points emerge from members and Board members' queries.

Reserves policy

The Board has assessed the charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted funds not committed, should be held in reserve and maintained at a level which ensures that Enfield Saheli's core activity could continue during a period of unforeseen difficulty. The target reserve amount represents at least 6 months' (26 weeks) expenditure and will be reviewed annually.

REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS

It is now time to review the activities of Enfield Saheli during the past year, highlight its achievements, make a note of its shortcomings & give a future direction to such activities

In 2015/2016, we undertook the following:

- Future Plan has been developed by the priorities of the Board in order to focus activity on new priorities and to secure the long term future of the organisation and its users
- In order to implement these changes there was a need to have additional skill sets within the team as well as retaining some current skills and experience. The restructuring of
- Move to the new offices have led to better planning for counselling sessions, and private room for clients, in addition to reducing cost for room hire.

Achievements

Enfield Saheli has achieved its aims and objectives this year. I am pleased to inform that Key services achieved their milestone. We are very pleased that our projects have reached out to a number of women in the community.

We continue to receive very positive word-of-mouth feedback from our clients following our drop-in sessions.

Due to changes in the funding in Voluntary Community Organisations, there has been an additional demand to our services. The organisation is receiving more referrals to our services.

We are very thankful to our active and committed volunteers who have made a substantial contribution to our administration.

Enfield Saheli Report of the Directors and Trustees For the year ended 31 March 2016

Finance and Fundraising

We are thankful to the London Borough of Enfield for supporting our work. We continue to be part of the fundraising consortiums to attract further funding for Saheli.

Promotion of Services

Our services are advertised through information disseminated in advance, by newsletter and leaflets and ethnic media. In addition to updating our Facebook page. These include updates on what is happening at Saheli.

The following promotion activities have been undertaken to promote Enfield Saheli:

- Press Releases in local newspapers, leaflet drops & South Asian BBC Radio Interaction on subject relating to women & Children.
- Representing on other organisations – Domestic Abuse Strategy & Operational Group for violence Against Women & Girls, Mental Health Partnership Board, North London Asian Care, Health Watch, Carers Centre, Dementia Alliance etc..
- Leaflet drops – local areas, GP Surgeries, Children Centres, Enfield Council, Dental Surgeries, Schools, Libraries & Community Organisations.
- Sending promotional material to existing clients and members,
- News letters to members & relevant agencies / Information Stalls
- Information is also available on our website www.enfieldsaheli.org.

Future plans

Due to limited resources and possible funding cuts, we continue to look into alternative sources of funding. We are part of consortiums to Apply & submit bids for funding.

We are actively recruiting trustees and volunteers to strengthen our management and administration.

Trustees and Statement of Directors' responsibilities

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. The principles and main duties are the same in all cases.

The Companies Act 2006 requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company.

Small Company Provisions

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Signed on behalf of the trustees and directors

Ms Esther McLaughlin
Director and Chairperson

Date: 1st July 2016

Chief Executive & Staff Report

Enfield Saheli is a place that welcomes every woman whether she is in crisis or entering a new phase of her life or wants to develop her dreams. With our philosophy of providing non-judgemental support and accurate information to empower women to make choices, we offer a range of services rooted in the realities and dreams of local women.

This year has been quiet busy compared to last year, this is due to the awareness we have been able to raise through networking, presentations and the publicity, in addition to the valuable work our staff and the volunteers have been carrying out

The majority of the women accessing the services are from Enfield. We have given short talks and presentations to create further awareness of our services and increase referrals.

The health services local general practitioners (GPs), Community Support and Recovery Teams (CCG, LBE, and the CSR Teams) are working together to provide community services within Enfield. We are also working alongside these agencies in line with their long term strategic aims. We are providing that crucial community service in the most deprived areas of Enfield, such as Edmonton and to some of the most hard to reach and ethnic minority groups.

To improve the Wellbeing of women in Enfield we are working with the partners to deliver a Mental Health Support Service whose achievements were:

- Strong focus on service quality, recovery and outcomes delivered through effective partnership.
- Helped in early diagnosis and intervention through counselling.
- Provided Information about services and support by workshops and seminars.
- Evidence based assessment, treatment and support
- Advice & information support.
- Support by our MH worker in community settings
- Support to find employment and to maintain income, started by volunteering with us
- Support to address both mental health and physical needs
- Support for carers by holding support group to provide respite.
- Early interventions to help reduce relapse and admissions to hospital by engaging in our activities
- Involvement of service users in decisions by inviting professionals in our drop-ins for consultation meeting about services and support
- Helped to reduce stigma and discrimination associated with mental health problems by having awareness talks and workshops in our support group which supported the reduction Inequality in mental and physical health and wellbeing

- Adults with mental health problems who feel alone and unsupported made their own network of support in preventive drop-in setting. Helped adults with mental health problems that are excluded from the communities in which they live.
- Support to maintain mental health and wellbeing for all

This year for the mental health project there has been an increase in our counselling sessions and drop-in response and we received referrals from our projects, general practitioners (GPs), Community Support and Recovery Teams and other agencies within the London Borough of Enfield, Barnet and Haringey which has resulted from the networking and partnership approach during the year. We have found it extremely useful providing Advice and Information in addition to mental health services which clearly benefit our clients ensuring that the right service is provided at the right time.

Counselling

We have been running our counselling services successfully and have an ever increasing waitlist; we have also recruited new volunteer counsellors from different backgrounds in order to meet the needs of our clients and the members in general. Although we started the Counselling on short term basis where we were offering a block of 6 and up to 10 sessions, there has been a number of clients where we have been able to offer longer term counselling.

These sessions are held every Wednesday for women. We are fortunate to have two counsellors who can speak a variety of Asian languages (Hindi, Turkish and Urdu) so that we can ensure we are removing linguistic and cultural barriers and making the service accessible to vulnerable groups.

The nature of the work we do brings us in contact with a lot of women who go through mental health problems due to the domestic abuse, the type of clients we see for counselling can range from needing support and guidance with day to day life issues as well as more serious problems such as PTSD, depression, anxiety and personality disorders.

We have used mid-session and end of session evaluation form to monitor the effectiveness of therapy and the feedback we got from these evaluations have been very encouraging.

Since the beginning of the year, we have been able to offer well over a hundred a counselling sessions to our clients.

Domestic abuse can have a massive negative effect on mental health. It is believed that abuse is often the main factor in the development of depression, anxiety and other mental health disorders, eating disorders, substance misuse, and may lead to sleep disturbances, self-harm, suicide and attempted suicide.

Drop-in

This provision of the service provides a therapeutic environment where the clients suffering from mental ill health can relax, socialise, make new friends and receive advice, support and assistance within an informal setting.

The drop-in acts as a preventative measure in dealing with isolation that can often lead to escalation of depression and other mental health problems and is a crucial support mechanism in the client's life. The weekly drop-in is held on Fridays between 10am and 3.30pm.

These group provides a safe place to support the women experiencing depression, anxiety, suicidal thoughts, and domestic violence victims and also for any queries or problems that clients may have regarding employment, housing, health or education issues. The drop-in is attended on average by forty women each week.

The support provided at these regular meetings encourages women to build networks, to build their confidence/self esteem and to be able to live a more active and involved life. The women aging from 16-65+ are from a diverse range of ethnic backgrounds including; Asian Arab, Bangladeshi, Black African, East African Asian, Indian, Iranian, Mauritian, Pakistani and Sri Lankan.

The Gentle Exercise Class/yoga held from 10-11am, has increased in numbers due to word of mouth publicity and has proved very popular. It has also helped women to learn new skills and regularly practice skills to maintain a healthy life style.

Reiki sessions and crystal healing is held twice a month, this helps our service users to gain spiritual power to help them to solve some physical, emotional and psychological problems of life and encourages their positive thinking.

Thanks to Surinder Bamotra for her volunteer time and continued support. We are grateful to our Natural Healer Patricia for supporting our service users.

Patricia is able to utilise a range of techniques and vibrations of energy to increase our service users` health, their wellbeing and the control they have over their life, whilst minimising dependence on the treatment or therapist. These treatments have helped to ease symptoms, support emotional release and aid recovery from illness or injury.

Through our service users evaluation, we have learnt that clients with more acute mental health and support needs benefited from a more therapeutic activity such as Arts & crafts session and board games.

Art & crafts including- knitting and sewing has often proved to be a stress alleviating and relaxing form of expression and therapy for those who have been through emotional distress or suffered traumatic life events.

These activities are used as a mechanism for expressing feelings in a positive and creative way. these techniques to inspire themselves and others, individuals can develop in their own self-esteem and confidence.

Awareness monthly talks during the workshops raise awareness of different topics. Guest speakers from various agencies and organisations are invited once or twice a month to make presentations on key issues affecting the client group.

We encourage clients to participate actively by asking questions and receiving informal feedback after the talk. Many of these have had very good attendance and participation.

The talks conducted during the year were on the following topics; women health & nutrition, Healthy Eating, Energy saving, Enfield IAPT services, Alzheimer's, Glaucoma, Stroke, Diabetes, Domestic Abuse, Breast cancer, Emergency First Aid, Fall prevention, Energy health trainer and Managing your finances.

Our services reflect our commitment to holistic approach to the healing of mind, body and spirit. Activities are provided by our specially trained multicultural staff and sessional workers.

We aim to empower women by offering them choices in their therapeutic activities, encouraging each woman to be self-nurturing, active and creative participant in her recovering and healing process.

To improve our services according to the needs of our users we always use service users evaluation forms to identifying their need and we change accordingly.

Agency Outreach and Home Visits

Some women are not able to leave their homes due to disability or a mental health problem. Apart from the practical difficulties that affect these clients, this situation can result in depression and deterioration in mental health with the potential for a serious situation developing. This project provides urgent outreach support when clients are identified, averaging 1-2 per week over the year. Outreach visits has resulted in preventing the clients from otherwise being hospitalised or isolated and also agency outreach help our service to introduce to the other organisations and aimed at getting new referrals.

Our work aims to help clients to strengthen their mental health so that they can participate more confidently in the community. Participation is entirely voluntary and very occasionally clients will reject our services.

Newsletters and Information leaflets

All our members are kept informed of any events taking place at Enfield Saheli, through information disseminated in advance, by newsletter and leaflets, seminars, conferences, future workshops, consultation, trips and presentations.

We also include the information regarding change in Government policies and council.

These include details about any change in the welfare benefit reforms, benefits cuts and changes in council & housing benefits etc.

Domestic Abuse Support Service

Our Domestic Abuse Service mission is to serve the women in Enfield on domestic abuse issues including honour based violence, forced marriages, stalking, rape, and sexual abuse.

A huge part of our service involves supporting Domestic Abuse victims. This year we have supported 632 women including 102 women who have accessed our services for emergency support.

Enfield Saheli's much needed Domestic violence advocacy services encompassed

- Advice and guidance
- Crisis intervention
- Needs and risk assessment
- Advocacy
- Safety planning
- Case management

- Follow ups
- On-line support
- Counselling
- Support groups
- Workshops
- Advisory surgeries
- Presentations

In addition, we are working collaboratively with other organisations, ensuring to deliver optimal services to victims, ultimately promoting Enfield free of domestic violence.

Community Education

DA Advocate speaks regularly to community groups. Audiences include schools, children centres, hospitals, other organisations who are interested in learning about the dynamics and prevention of domestic violence.

Focus Groups

Engaging with different communities, especially where reporting an abuse is still a huge stigma, also lack of faith and trust on many statutory services. Suffering in silence can cause massive health risks in the long run. Focus groups, where nearly 40 members became aware of such risks and how by adopting different strategies, these risks can be minimised even if the clients are willing to remain in the abusive relationship.

Support groups

Domestic Abuse support groups are a safe place to share, learn and grow.

Many women are attending our support groups regularly, to find others that can relate with the difficulties of living with abuse. 10 self-help groups were being arranged, 28 clients were able to gain knowledge, improve self-confidence and enhance their self-esteem, enabling them to take responsibility of their and their children's lives.

Workshops

Domestic workshops aim to prevent domestic violence, teaching people the difference between a healthy relationship and an unhealthy one is the first step towards preventing domestic violence. Looking at prevention rather than a cure, we aimed to educate older and young people about the realities of a violent relationship. This covers everything from physical violence, to emotional abuse, name-calling and even coercive behaviour.

White Ribbon Day was a great success where men joined in to eradicate Domestic Abuse against Girls & Women. International Women's Day was a great success and we participated with other organisations in London to raise awareness on Domestic Abuse and promote partnership working with other agencies.

In Enfield we celebrated International day with agencies & in Enfield and were delighted to have a good support.

Summary

Enfield Saheli is woman only space, providing a wide range of activities and support for the women using it. Our clients are at its Core, they inform both what we offer and how we offer it.

Over the years the thousands of women who have used the services have told us what they want and for many that is someone to listen so that they can chat in confidence in an informal way, identifying their choices and finding out the information they need.

We want to ensure that we do not lose sight of what it might feel like for each individual woman to access our service. To try to achieve this, we have identified a number of Core values, which support our delivery and which can be used to test what we are doing or planning to do.

Enfield Saheli is much respected for their excellent reputation that it has gained over the last 20 years in supporting women who have experienced Domestic Abuse or Mental Health issues.

Saheli plays a lead role at Domestic Abuse / Violence Against Women & Girls Strategy and Operational Groups in addition to Mental Health Partnership Board.

Moving Ahead

As always, we continue to create awareness of the issues around mental ill health and Domestic Abuse. We continue to review our services and ensure sustainability by applying for funding from the Council and other sources.

As an organisation, we will listen to and shape our services around the needs of our service users.

I would like to take this opportunity to thank all the trustees, staff, volunteers and service users for all their support.

Krishna Pujara

Chief Executive

1st July 2016

Independent examiner's report to the trustees of Enfield Saheli

I report on the accounts of the company for the year ended 31st March 2016, which are set out on pages 14 to 19.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10 (1)(a) to (c) of The Charities Accounts (Scotland) Regulations 2006 (the 2006 Accounts Regulations) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and section 44(1)(a) of the 2005 Act; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of the Companies Act 2006, section 44(1)(b) of the 2005 Act and Regulation 8 of the 2006 Accounts Regulations; and
- which are consistent with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 30/06/2016

Chartered Certified Accountant
TACTS Accountant, 81 Rayleigh Road, Palmers Green, London N13 5QW

ENFIELD SAHELI
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR END 31 MARCH 2016

	<u>Notes</u>	Unrestricted fund	Restricted fund	Total Fund 2016	Total Fund 2015
<u>INCOMING RESOURCES</u>		£	£	£	£
Local authority grants		47,575	42,184	89,759	107,128
members Contribution & Other		3,374		3,374	3,786
Bank Interest		85		85	153
<u>TOTAL INCOMING RESOURCES</u>		51,034	42,184	93,218	111,067
<u>RESOURCES EXPENDED</u>					
Charitable Expenditure	(13)	44,126	31,280	75,406	102,813
Support Costs	(14)	5,484	9,837	15,321	5,860
Management and Administration	(15)	1,732	590	2,323	19,808
<u>TOTAL RESOURCES EXPENDED</u>		51,342	41,708	93,049	128,481
Net incoming Resources		(308)	476	169	(17,414)
Balances Brought Forward		78,501	74,777	153,277	160,090
Balances Carried Forward		78,193	75,253	153,446	170,691

There were no recognised gains or losses for the above period other than those shown in the statement of financial activities for the above financial year. All incoming resources and resources expended are derived from continuing activities.

The notes attached form part of these financial statements

ENFIELD SAHELI
BALANCE SHEET AS AT 31 MARCH 2016

	Notes	£ <u>2016</u>	£ <u>2015</u>
Fixed Assets			
Office Equipment	(16)	731	1,461
Current Assets:			
Debtors	(11)	44,949	4,211
Cash at Bank and In Hand		124,257	149,775
Current Liabilities:			
Creditors:-			
Falling due within one year	(12)	16,492	2,171
 Net Assets		<u>153,446</u>	<u>153,277</u>
 As Represented By			
Unrestricted Fund		78,193	78,501
Restricted Fund		75,253	74,777
 Total Funds		<u>153,446</u>	<u>153,277</u>

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements

The accounts were approved by the Directors on 01/07/16 and signed on their behalf by:-

.....
Esther McLaughlin
Chairperson and Director

.....
Ms K Pujara
Secretary

**ENFIELD SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2016**

1. Accounting basis.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of certain fixed assets, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2008).

The statements have also been prepared in accordance with the Statement of Recommended Practice (SORP) - Accounting and Reporting by Charities SORP 2005 issued in March 2005

2. Cash Flow Statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small.

3. Income

Income is recognised in the period to which it relates, unless specified otherwise by the funder. Project funding is, in general, repayable if not expended within the relevant project. Such income is only recognised to the extent that it ceases to be repayable. The income is accounted for on a receivable basis.

4. Resource Expended

Resources expended are included in the Statement of Financial Activities inclusive of VAT which cannot be recovered. Direct charitable expenditure includes the direct costs of the activities. Where such costs relate to more than one functional cost category, they have been apportioned in line with the direct costs of the relevant service.

5. Taxation

Enfield Saheli is a registered charity and is not liable for corporation tax on its income under section 505 of the Income and Corporation Taxes Act 1988 to the extent that it is applied to its charitable activities.

6. Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided to write off the cost, of all fixed assets over their expected useful life as follows:-

Equipment and Machinery - 33.33% straight line

7. Staff Costs

The total Salary Costs for the year was £59,793 including Tax and National Insurance Contributions.

Average numbers of employees were 3.

None of the employees received emoluments in excess of £60,000 in the year or the previous year.

Trustees are not remunerated.

8. Status

Enfield Saheli is a registered charity and registered company limited by guarantee.

ENFIELD SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2016

Notes to the account

9. Project Analysis

	<u>Core & Unrestricted</u>	<u>Mental Health activities</u>	<u>Other Restricted Activities</u>	<u>Total</u>	<u>Total</u>
	<u>Fund</u>	<u>funds</u>	<u>funds</u>	<u>2016</u>	<u>2015</u>
	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
Local authority grants	47,575	42,184		89,759	107,128
members Contribution and	3,374			3,374	3,786
Other					
Interest	85			85	153
<u>Total Incoming Resources</u>	51,034	42,184		93,218	111,067

RESOURCES EXPENDED

Total Expenditure	51,342	41,708		93,050	128,480
<u>Total Resource Expended</u>	51,342	41,708		93,050	128,480
Balance Brought Forward	78,501	31,658	43,120	153,279	170,691
Balance Carried Forward	78,193	32,134	43,120	153,446	153,278

10. OPERATING LEASE COMMITMENT

The office lease payment is committed to be paid on a rolling contract agreement with the Local Authority for an amount of £11,972 for this financial year. This payment is not paid to the organisation as the Local Authority makes an inter-departmental transfer for this amount. This is part of the benefit in kind support provided by the Local Authority to Enfield Saheli.

11. Debtors

	2016	2015
	£	£
London Borough of Enfield	44,880	4,211
Other accrued income	69	
	44,949	4,211

12. Creditors

	2016	2015
	£	£
LBE Payroll	14,516	
Independent Examiner	900	900
Other Accruals	1,076	1,271
	16,492	2,171

**ENFIELD SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2016**

Note to the accounts

13. Charitable Expenditure

	Total 2016, £	Total 2015, £
Postage	414	267
Stationery & printing	967	2,670
Insurance	823	822
Staff travel & training	766	1,149
Temporary Staff & Trainers	2,602	9,010
Telephone	1,917	2,943
Staff costs	59,793	81,782
Advertisement	815	955
Project Expenses	292	
Outings & Events	3,669	1,543
Refreshment	3,349	1,673
Total	75,407	102,813

14. Support Costs

	Total 2016, £	Total 2015, £
Repairs/maintenance	3,478	1,236
Staff welfare	149	147
Sessional staff	3,157	3,400
Cleaning	146	
Volunteer exp.	201	182
Subscription	135	188
Server & Equipment exp.	2,638	
Rent/room booking	1,215	707
Professional fees	4,201	
Total	15,320	5,860

**ENFIELD SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2016**

Notes to the account

15. Management and Administration

	Total 2016, £	Total 2015, £
Restructuring Cost		16,723
Independent Examination	900	900
Management Cost	24	28
AGM & Annual Event	506	518
Legal Fees	162	
Recruitment		430
Depreciation	730	730
Office equipment		480
Total	2,322	19,809

16. Tangible Fixed Assets

2015/2016

	<u>Equipment</u>
Cost	
Addition (2014/2015)	<u>2,191</u>
Carried Forward	<u>2,191</u>
Depreciation	
Brought forward	730
Charge for the year	<u>730</u>
Carried Forward	<u>1,460</u>
Net Book Value	
At March 2016	<u>731</u>
At March 2015	<u>1,461</u>

17. Restricted Fund Balance

Restricted Fund balance carried forward of £75,253 are accumulated funds over the years which is being used in furthering the charitable objects and activities of the charity.

Purposes of Restricted Fund

The purposes of the restricted fund were for Mental Health, Domestic Violence, Elderly People Project and Family Support