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PORTSMOUTH FAMILY WELFARE ASSOCIATION

ANNUAL REPORT

FOR THE YEAR

1st October 2015 to 30th September 2016

Charity No:203323

OBJECTS OF THE ASSOCIATION

- To consider application for assistance made directly by clients or by other agencies
- To act as agents for established ex-service and other charities and to make referrals to such charities
- To promote a store for clothing for all ages for necessities for children and household goods
- To help clients directly from the store as appropriate, but in cases of urgent need which cannot be met from the store, to provide letters of purchase to selected local shops

All communications in connection with the work of the association are private and confidential

Office Hours

9.00 am to 12.30 pm
Monday, Wednesday
and Friday

Applicants interviewed:
10.00 am to 12.30 pm
Monday, Wednesday
and Friday

Case Committee Meetings:
1.45pm on the second Monday of the month

OFFICERS & COMMITTEE 2015-2016

PATRON
Lady Essenhig

PRESIDENT
The Right Worshipful Lord Mayor of Portsmouth

HONORARY TREASURER
Mr Robin Johns

HONORARY AUDITOR
Mr A. M. Potter CDip.A.F.

SECRETARIES
Mrs Lin Dainty
Mrs Jackie Waite

HONORARY SOLICITOR
Mrs Alex Moore

TRUSTEES
Executive Committee Members

EXECUTIVE & CASEWORK COMMITTEE

CHAIRMAN: Mrs J. Johns

VICE CHAIRMAN: Mrs J. Dacke

FUNDRAISING COMMITTEE

CHAIRMAN: Mrs J. Johns

MEMBERS OF THE COMMITTEE

Mr R. Johns
Mrs L. Waldren
Mrs R. Robinson
Mrs J. Dacke
Mrs S. Williams
Mrs C. Veal
Mrs S. Davies
Mr G. Banks

CHAIRMAN'S REPORT

2015-2016

Over the last year, we have been privileged to welcome Lady Essenhigh as our Patron. We would like to thank her and Sir Nigel Essenhigh for their marvellous support and interest over the last year.

Food has again been a major factor for PFWA and our clients and we have been giving out more than ever. Food Bank Vouchers are still a crucial part of our work and the delays in benefits make life very difficult for our clients. Donations of food have been received from many churches as well as lots of individuals. So many thanks to all our supporters. We appreciate the continued support from Zurich Community Trust who have provided food, toiletries and a grant.

The Rose in June hosted a most enjoyable Hog Roast in their garden, so a big thanks to Caroline and Paul for a most successful event.

Lin and Jackie supported by Len, Roz and Geoff have done a sterling job running the office, and our thanks as ever go to them all. We have seen 2443 clients over the last year of which 1017 of these were children with 333 being under 5's.

We were approached by Learning Links to see if we could 'get together' but in the event the offer was for only one year and so it was decided that we would remain independent.

We have a strong Committee and I would like to thank them all for their amazing support and their sense of humour – a necessary part of us all working together to support people with problems in this city.

JENNY JOHNS
CHAIRMAN EXECUTIVE COMMITTEE

HONORARY TREASURER'S REPORT

YEAR ENDED 30TH SEPTEMBER 2016

The financial year has ended with a reasonably healthy balance due to generous grants from the Gosling Foundation of £12,000 and the Henry Smith Foundation of £10,000.

A good fund raising effort by the Committee raised £2,000 combined with other grants and donations leaves the charity secure for the next financial year.

However, costs have increased and are likely to continue to grow as demand for our services continue to rise.

Our thanks to our Honorary Auditor Andrew Potter for his expertise and help with our accounts.

MR ROBIN JOHNS
HONORARY TREASURER

INCOME

	<u>2016</u>	<u>2015</u>
SUBSCRIPTIONS	40	40
<u>DONATIONS AND GRANTS & MISC.</u>		
FUND RAISING	2,047	3,459
GENERAL	1,427	1,501
ALD DAVIDSON TRUST	318	494
HENRY SMITH FOUNDATION	10,000	0
WAITROSE	344	0
ST. ANN'S CHAPLANCY	230	200
HANTS IOW COMM. FOUNDATION	2,000	2,000
BANK INTEREST	9	8
HAWKLEY & PRIORSDEAN	550	0
GOSLING FOUNDATION	12,000	0
RENT REBATE	76	191
SUB TOTAL	<u>29,041</u>	<u>7,892</u>
EXCESS OF EXPENDITURE OVER INCOME	<u>0</u>	<u>6329</u>
TOTAL	<u>29,041</u>	<u>14,221</u>

I HAVE EXAMINED THE ACCOUNTS OF THE ASSOCIATION AND THESE
ARE IN ACCORDANCE WITH THEIR BOOKS AND VOUCHERS.

Registered Charity Number 203323

MR A. M. POTTER Cdip. Af.
INDEPENDENT EXAMINER

EXPENDITURE

	<u>2016</u>	<u>2015</u>
ADULT & CHILDREN		
PURCHASES	1859	1790
SALARIES	9308	8996
<u>ADMINISTRATION</u>		
RENT, RATES &		
UTILITIES	1392	1301
INSURANCE	570	545
FUNDRAISING	0	591
PRINTING &		
STATIONARY	276	191
TRAVEL & TRANSPORT	45	42
SUNDRIES	42	250
TELEPHONE & IT	1131	516
	<u>14,622</u>	<u>14,221</u>
Excess of Income		
Over Expenditure	14,419	0
	<u>29,041</u>	<u>14,221</u>

BALANCE SHEET AS AT 30.9.16

	<u>2016</u>	<u>2015</u>
Balance carried forward	10,674	17,004
Less Excess of Expenditure over income	14,419	(6,329)
	<u>25,094</u>	<u>10,674</u>
Cash in Hand	42	19
Bank Deposit Account	24,356	10,046
Bank Current Account	696	609
	<u>25,094</u>	<u>10,674</u>

PRINCIPAL DONATIONS & GRANTS

	<u>2016</u>	<u>2015</u>
Portsmouth City Council	-----	2000
Henry Smith Charity	10,000	-----
Joe Davidson Trust	318	494
Chaplaincy St. Ann's	230	200
Hampshire/I.O.W. Grant	2,000	2000
Waitrose	344	-----
Gosling Foundation	12,000	-----
Hawkley & Priorsdean	550	-----

The following organisations are thanked for their gifts and monies donated for our Christmas Family parcels.

Buckland United Reformed Church

Christchurch Chichester

Hawkley with Priorsdean

South Hayling United Reformed Church

St. Ann's Church

St. Peter's & St. Luke's Churches

Thanks to the many people who made personal donations of
food and toy parcels

STATISTICS 2015/2016

CASES

NEW APPLICANTS	189	MARRIED/PARTNERS	518
EXISTING	984	SINGLE	731
		DIVORCED/WIDOW OR SEPARATED	178
TELEPHONE REFERRALS	0	TELEPHONE	0
	<u>1173</u>		<u>1427</u>

THESE CASES INVOLVED THE FOLLOWING CHILDREN

UNDER 5 YEARS	333
6-10 YEARS	345
11-16 YEARS	339
TOTAL	<u>1017</u>

REFERRALS CAME FROM:

BUCKLAND FAMILY CENTRE
DIAL & MENCAP
HEALTH VISITOR/COM.NURSE/MIDWIFE
MEREFIELD HOUSE
PORTSMOUTH PORTAGE SERVICE
ROBERTS CENTRE & ST. PAUL'S HSE
SOCIAL SERVICES

CHAMPION HOUSE
DOCTORS SURGERY
KINGSWAY HOUSE
NHS TRUST SOUTHERN
PORTSMOUTH WOMEN'S REFUGE
SURESTART
SOCIAL WORKER & SUPPORT WORKERS

REHABILITATION OFFICES

A & A TREATMENT RES.CARE
CRANSTOUN DRUG AGENCY
MILL HOUSE (HOPE HOUSE)
ST MARY'S MENTAL HEALTH

CENTRAL POINT
GRAPEVINE
P.U.S.H., THE HUB TEAM
ST. JAMES RECOVERY CENTRE

HOUSING OFFICES:

FIRST WESSEX PCC/FAREHAM PCC
HOUSING OPTIONS PORTSMOUTH C.C.

HOMESTART
ST. MONICA'S & ST. PAUL'S

OTHER AGENTS:

CITIZENS ADVICE
FAMILY MEMBERS
JOB CENTRE
PORTSMOUTH NEWS/INTERNET
PORTSMOUTH ADVICE CENTRE
SALVATION ARMY
STACEY CENTRE/CONNORS TOY LIBRARY
VICTORY HANTS

FRIENDS
LOCAL LIBRARY/POSTERS/ADVERTS
PROBATION OFFICERS
RED CROSS
SOCIAL SECURITY OFFICE
UK BORDER AGENCY/ASYLUM SEEKERS
WORD OF MOUTH/TELEPHONE ENQUIRIES

CHURCHES/FOOD BANKS

BUCKLAND UNITED REFORMED CHURCH
DENMEAD CHURCH
KINGS CHURCH (FOOD BANK)
PORTSDOWN COMMUNITY CHURCH
ST. SIMON'S CHURCH

CORPUS CHRISTI ROMAN CATHOLIC CHURCH
FAMILY CHURCH/EMPOWER CENTRE
OASIS CENTRE
ST. JUDES CHURCH

OUR HISTORY 1903 – 2017

The Portsmouth Family Welfare Association is the oldest working Charity in Portsmouth and is now in its 115th year. It was founded in 1902 as Portsmouth Charity Organisation. First Annual General Meeting was held in 1903.

Preparing this review was almost like opening a window on Dickens view of poverty in London. Similar conditions existed in our city at that time. Records go back partly for 1920 – 1942 and from 1947 onwards. The gaps are the result of the premises in Pembroke Road being destroyed by incendiary bombs on 10th January 1941 and all records of the early days were lost.

In its early years the Charity was instrumental in setting up the following social advances in the City: The first Housing Association, which became Portsmouth Housing Limited
Welfare for Old Age Pensioners Sanatorium treatment for T.B. sufferer
Maternity and Child Welfare Care of Mental Deficient (as they were then known)

At that time there was no education for Invalid and Crippled children, so a teaching centre was established for these unfortunate children. This centre later developed into the Futcher Centre.

In 1919 a sub-committee for the welfare of the Blind was formed. During the first year 240 names were registered, including 11 Children and 25 Adults in the Workhouse. All had been visited by us; this work was later taken over by the R.N.I.B. In times of stress during and after the 1914 – 1918 war applications for assistance were being made to the Charity at the rate of 20 – 30 a day as there were no Unemployment Benefits or Welfare Funds.

The Infantile Paralysis Fellowship was formed in 1953 and 160 children were registered, half of whom were Polio cases. All this history has been gleaned from the reports of 1953 – 1963; I think that the Charity can proudly claim to be the forerunner of Social Services in the City.

During the period of high unemployment in the 1930s, food parcels were collected from churches for distribution to poor families. The scheme worked for two winters. A dinner scheme was started at first for women and children, later men were included as it was found that sometimes when work was available a man was too weak to do it and collapsed after a few days. The Children's' Aid Committee was kept busy providing milk and eggs for sick children. Even the food parcels were only able to keep the poor just above starvation level. A Coal Fund was started to help the poor families living in damp and cold premises.

Another aspect of poverty was that assistance was given towards the purchase of surgical appliances and the redemption of clothing and possessions in the Pawnshops. It was another world from that of today.

At the end of the last war it was recorded in the annual report that the beautiful word Charity had fallen into disrepute and so the name was changed in April 1946 from the Portsmouth Charity Organisation to Portsmouth Family Welfare Association.

Over many years the Association acted for many Service Charities the Prisoners Aid Society and collected rent for the Douglas Haig Homes. It also acted as almoner as very few of the poor had access to bank accounts. There were about 20 voluntary visitors, who made weekly visits to the families in need, distributing grants from charities. All this work

gradually dwindled away as charities dealt direct with their cases. We are still able to refer names when appropriate.

So what of our present work in the age of Social Services and a multitude of benefits. There are still families and people who fall through the net and we are often the only source of last resort. Our principle clients are single mothers, abandoned mothers and children, men who have been through the hostel system, refugees and asylum seekers. All these are referred to us by social workers, health visitors, probation officers and various Charities.

We are not in a position to give out money, but we try where possible to provide clothing, bedding, crockery and utensils, prams and cots. We also hold a small supply of tinned and dried food which has been provided by some of the Churches within the area. We also get donations of food and also money which is given to us for food, which our part-time staff go out to buy. Not only do we get these items but we have had donations from Hawkley with Priorsdean Church, Buckland URC, St. Ann's, St. Peters with St. Luke's, The Alderman Davidson Trust and Waitrose Community Fund. We have also managed to have two or three fundraising events during the years which raise a good sum.

Going back to the earliest reports there was a constant plea for food, serviceable clothing and shoes – particularly men's shoes. This need remains the same today. Reading the old reports, it makes one realise how lucky we are today with the advance in civic responsibility. Although there is now no near starvation and slum living conditions, we are still fulfilling a need for the City of Portsmouth.

WHO NEEDS MOST HELP?

If all the citizens of Portsmouth were provident, unselfish, from good homes with high standards there would be little work for organisations such as ours. "Deserving" cases, relatively few and as a rule easily dealt with.

But the Portsmouth Family Welfare Association exists for the purpose implicit in its name. No matter whatever the trouble caused by family breakdown or relationships our belief is that people are victims of their nature and upbringing, and to deny them help is to deprive them of an opportunity of improvement.

How long will we be able to fulfil this need, depends how long our finances will last. For the last few years we have been completing grant forms to various charities to balance the books – a recurring theme in past reports. We have been very fortunate that we have had grants given to us over the last few years, such as, The Henry Smith Charity, Hampshire & Isle of Wight Community Foundation (which included the Portsmouth Community Fund), The Gosling Foundation and Zurich Community Trust.

For as long as possible, our work for the poor and underprivileged in the City will continue in the same spirit as that of our founders 115 years ago.

The Association complies with the following Acts of Parliament and regulations:

- The Race Relations Act 1976
- The Sex Discrimination Act 1975
- The Disabled Persons Act 1944 & 1958
- Disability Discrimination Act 1995
- The Equal Opportunities policy as specified by Portsmouth City Council
- The Minimum Wage and Working Time Directives
- Portsmouth Food Bank
- Safe from Harm Code of Practice

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PLEASED TO SUPPORT PORTSMOUTH FAMILY WELFARE ASSOCIATION

BALANCE SHEET AS AT 30.9.2016

	<u>2016</u>	<u>2015</u>		<u>2016</u>	<u>2015</u>
Balance carried forward	10,674.00	17,004.00	Cash in Hand	42.00	19.00
Plus Income over Expenditure	14,420.00	- 6,329.00	General Account Deposit	24,356.00	10046.00
			General Account Current	696.00	609.00
	<u>25,094.00</u>	<u>10,674.00</u>		<u>25,094.00</u>	<u>10,674.00</u>

I HAVE EXAMINED THE ACCOUNTS OF THE ASSOCIATION AND THESE ARE IN ACCORDANCE WITH THEIR BOOKS AND VOUCHERS.

Registered Charity Number 203323

INDEPENDENT EXAMINER

PORTSMOUTH FAMILY WELFARE ASSC.
CARNEGIE LIBRARY
FRATTON ROAD
PORTSMOUTH PO1 5EZ

INCOME & EXPENDITURE ACCOUNT
YEAR END 30TH SEPTEMBER 2016

INCOMEEXPENDITURE

	<u>2016</u>	<u>2015</u>		<u>2016</u>	<u>2015</u>
SUBSCRIPTIONS	40.00	40.00			
DONATIONS AND GRANTS & MISC.			ADULT & CHILDREN	1,859.00	1,790.00
FUND RAISING	2,047.00	3,459.00	SALARIES	9,152.00	8,951.00
GENERAL	1,427.00	1,501.00	INCOME TAX	156.00	45.00
ALD J.DAVIDSON TRUST	318.00	494.00			
		-	<u>ADMINISTRATION</u>		
CHAPLANCY ST. ANN,S	230.00	200.00	RENT AND RATES	1,189.00	1,301.00
HAWKLEY WUTH PRIORSDEAN	550.00		LIGHTING AND HEATING	203.00	0.00
BANK INTEREST	9.00	8.00	INSURANCE	570.00	545.00
HENRY SMITH CHARITY	10,000.00	-	PRINTING AND STATIONARY	276.00	174.00
		-			16.00
HAMPSHIRE & I.O.W	2,000.00	2,000.00	FUND RAISING	-	591.00
GOSLING FOUNDATION	12,000.00		TRAVEL AND TRANSPORT	45.00	42.00
WAITROSE	344.00		SUNDRIES	42.00	250.00
RENT REBATE	76.00	191.00	TEL/COMP.	1,131.00	516.00
SUB TOTAL	<u>29,041.00</u>	<u>7,893.00</u>		<u>14,623.00</u>	<u>14,221.00</u>
Excess of Expenditure Over Income		6,329.00	Excess of Income Over Expenditure	14,419.00	
TOTAL	<u>29,041.00</u>	<u>14,222.00</u>		<u>29,042.00</u>	<u>14,221.00</u>