Company registration number: 06481146 Charity registration number: 1124492

Carefree-Fostering Independence Cornwall

(A company limited by guarantee)

Annual Report and Unaudited Accounts

for the Year Ended 31 December 2016

Cornwall Community Accountancy Service Colgare 8 Greenacres, Nanstallon Bodmin PL30 5LZ

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Carefree-Fostering Independence Cornwall Reference and Administrative Details

Charity name

Carefree-Fostering Independence Cornwall

Charity registration number

1124492

Company registration number

06481146

Principal office

Carefree

Clinton Passage

Redruth Cornwall TR15 2AY

Registered office

Carefree

Clinton Passage

Redruth Cornwall TR15 2AY

Trustees

Ms J.R. Davies

Ms. R. Laity, Chair Mr R Grant Mr M A Tresidder

Ms Christine Walker-Booth (appointed 2nd March 2017)

Chief executive officer

Ms S. Mari Eggins, Chief Executive Officer and Company Secretary

Bankers

CAF Bank Ltd

25 Kings Hill Avenue

Kings Hill West Malling Kent ME19 4JQ

Independent Examiner

Debbie Risborough (FCCA)

Cornwall Community Accountancy Service

Colgare 8 Greenacres, Nanstallon Bodmin PL30 5LZ

Trustees' Report Carefree-Fostering Independence Cornwall

Structure, governance and management

Governing document

Carefree - Fostering Independence Cornwall is a company limited by Guarantee governed by its Memorandum and Articles of Association dated 23 January 2008 and amended 23 May 2008. It became a registered charity with the Charity Commission on 12 June 2008. In the event that the charity is wound up the members agree to contribute an amount of not more than £10 to the assets of the charity.

Recruitment and induction of trustees

The directors of the company are also charity trustees for the purposes of charity law. The trustees may appoint a person who is willing to act to be a trustee. Potential trustees meet the trustees and management prior to the proposal as a trustee. Once appointed, trustees undertake an induction into the working of the charity including observing operational activity, discussions with staff and reading information such as accounts and other evaluation documents.

Organisation

The trustees are legally responsible for the overall control and management of the charity. The Chief Executive Officer is responsible for the day to day management and administration of the charity and reports to the trustees.

Risk management

The trustees have examined the major strategic risks to which the charity is exposed and are satisfied that systems are in place to minimise or mitigate these. The trustees will continue to review potential risks on a regular basis and will take further action to minimise or mitigate these risks as required.

Objectives and activities

The objects of the Charity are:

To act as a resource for young people up to the age of 25 with particular focus on those aged 13 to 17 living in Cornwall and who have been, are or at risk of being in care by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- a) Advancing in life and helping them by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Advancing education and training;
- c) Relieving unemployment;
- d) Providing recreational and leisure time activity in the interests of social welfare for young people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Financial review and results for the year

The results for the period are shown in the statement of financial activities on page 6 and show a surplus for the year of £20,393 (2015 £14,949). Of this amount £5,037 (2015 £2,002) is restricted and £20,393 (2015 £12.947) is unrestricted.

This is the first year that the accounts have been prepared under the The Charities SORP (FRS102). As a result some transitional adjustments have been required under the recognition of income rules and these are shown in Note 2 of the accounts.

Trustees' Report Carefree-Fostering Independence Cornwall

Objectives for the year

Young people leading Carefree's Stakeholder day in October 2011 agreed the following 10 learning priorities which continue to guide our current and future activities:

- Ability to be part of a group
- Independent living skills
- A sense of self and a positive personal identity
- Ability to learn throughout your life
- How to have a positive family yourself-'breaking the cycle'
- How to make decisions and change the things in society that were not helpful for young people
- Enjoy themselves, have fun, build resilience and belief in themselves
- Be able to communicate with others
- · How to stay healthy
- Developing emotional literacy

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives and in planning future activities. In particular the trustees consider how planned activities will contribute to those aims and objectives.

Principal activity

The principal activity of the charitable company is to work with young people in or leaving care, giving them the skills to do things for themselves and others.

Achievements and Performance

Carefree has grown in its ability throughout 2016 to 'enable young people in and leaving care to do things for themselves and others'. We have continued to offer support, a chance to participate and achieve and the opportunity to understand both self and others to young people in and leaving care in Cornwall. In addition, in July 2016 we began to deliver a Personal Advisor service for care leavers, in partnership with Cornwall Council, and increased our participation work to include delivery of Voice for Us, Cornwall's Children in Care Council, and developed Cornwall's Care Leavers Council.

In 2016 we actively worked with 233 young people across the year either through engagement in our youth work provision, or through our personal advisor service, or both. 173 young people were supported through a grant making scheme we operated called funds for care, 124 of whom also received another service from us.

In total in 2016 we engaged with 282 young people in and leaving care in Cornwall.

45% of attendees were female and 55% were male, broadly in line with the gender breakdown of adolescents in care.

Ages ranged from 11 to 24. 33% of our cohort was under 16 and 66% over 16; this increase in support to care leavers is related to our delivery of a personal advisor service. Geographically young people were spread evenly across Cornwall.

Trustees' Report Carefree-Fostering Independence Cornwall

Activities included original holiday programmes, our entry point to Carefree, weekly sports arts or personal development groups, one off events like a beach day, a trip to the theatre or Taiko drumming, training for peer mentors and the development of our music offer to young people in and leaving care. Young people not in education, employment or training continued to be supported in group work that got them closer to education or employment. We developed young people as trainers for practitioners who worked with children in care, finished and circulated the young people's film 'this is me' which helps those who work with young people in and leaving care understand what their lives may be like, and created an arts-based Winter Wonderland project to close the year which involved nearly 40 young people.

160 young people aged 16 and over received a personal advisor service from Carefree; this involved welcoming, via TUPE, several staff who had previously delivered this service for Action for Children.

Young people continued to lead Carefree and advocate for themselves and others as young people in and leaving care in Cornwall. Our Peer Mentors were trained and approved by a panel, and went on to lead groups, befriend new entrants to Carefree and plan activities for their peers.

Carefree staff at the year-end were:

Mari Eggins Chief Executive Officer Full Time Tori Cannell Youth Work Manager Full time Taliah Powell Finance Manager 22 hours Alex Mason Peer Mentor Coordinator 30 hours Joanna MacQueen Care Leaver Youth Worker 22 hours Claire Knight Participation and Peer Mentoring Youth Worker 30 hours Kerryann Curnow Youth Worker 30 hours Duncan Williams Support Youth Worker Full Time Amanda Dunn Administrator 25 hours Laura Ramsey sessional youth worker Deanna Earl Personal Advisor 30 hours Rachel Builder Personal Advisor 30 hours Jo Jordan Personal Advisor 33.5 hours Louise Deadman Personal Advisor 22 hours Tina Philp Personal Advisor Full Time Steph Martyn Personal Advisor 30 hours

External social work management was sourced for the PA service in 2016 and advice given by Stacey Pellow Firth who joins us on 1 January 2017 as Social Work Manager.

Investment policy

The trustees have considered the most appropriate policy for investing funds and find that the current arrangement with short term bank deposits meets the requirement to generate a reasonable return on capital whilst maintaining access to funds for operational purposes.

Reserves policy

The trustees hold reserves in funds at an adequate level to support the charity's current and future activities. This is monitored monthly. The current balance in general reserves is £51,173 which is assessed as adequate to cover closure costs.

Small company provisions

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

Approved by the Board on 22 June 2017 and signed on its behalf by:

Ms J.R. Davies, Trustee

Independent Examiner's Report to the Trustees of Carefree-Fostering Independence Cornwall

I report on the accounts of the company for the year ended 31 December 2016, which are set out on pages 6 to 15.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Debbie Risborough, Chartered Certified Accountant Cornwall Community Accountancy Service

22 June 2017

Colgare 8 Greenacres, Nanstallon Bodmin PL30 5LZ

Carefree-Fostering Independence Cornwall Statement of Financial Activities (including Income and Expenditure Account) for the Year Ended 31 December 2016

	Note	Unrestricted funds	Restricted income funds	Total funds £	Prior year funds £
Income					
Income and endowments from:					
Donations and legacies	31	650	-	650	150
Charitable activities	3.2	49,873	399,587	449,460	374,131
Investments	3.3	50_		50	35
Total		50,573	399,587	450,160	374,316
Expenditure					
Expenditure on:					
Charitable activities	4	29,950	394,780	424,730	359,367
Total		29,950	394,780	424,730	359,367
Net income/(expenditure)		20,623	4,807	25,430	14,949
Transfers between funds		(230)	230	-	-
Net movement in funds		20,393	5,037	25,430	14,949
Reconciliation of funds:					
Total funds brought forward Total funds carried		30,780	125,326	156,106	141,157
forward		51,173	130,363	181,536	156,106

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 8 to 15 form an integral part of these financial statements.

Carefree-Fostering Independence Cornwall (Registration number: 06481146) Balance Sheet as at 31 December 2016

	2016		5	2015	
	Note	£	£	£	£
Fixed assets					
Tangible assets	10		-		_
Current assets					
Debtors	11	53,056		87,385	
Cash at bank and in hand		141,256		77,719	
		194,312		165,104	
Creditors: Amounts falling due within one					
year	13	(12,776)		(8,998)	
Net current assets			181,536		156,106
Net assets		_	181,536	-	156,106
The funds of the charity:					
Restricted funds in					
surplus		Table 1	130,363	-	125,326
Total restricted funds			130,363		125,326
Unrestricted funds					
Unrestricted income funds		-	51,173	<u> </u>	30,780
Total charity funds			181,536		156,106

For the financial year ended 30 September 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476: and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 22 June 2017 and signed on its behalf by:

Ms J.R. Davies Trustee

The notes on pages 8 to 15 form an integral part of these financial statements.

1. Accounting policies

Basis of accounting

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16th July 2014; the Companies Act 2006 and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS102.

These financial statements for the year ended 31 December 2016 are the first accounts of Carefree Fostering Independence Cornwall prepared in accordance with The Charities SORP (FRS102). The accounts for the year ended 31 December 2015 were prepared under SORP (FRSSE) 2015 which has been withdrawn for accounting periods beginning on or after 1 January 2016. The changes to the financial position and financial performance of the transitional periods are identified in Note 2 below.

Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 15.

Income

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS102 SORP or FRS102.

Items of income are recognised and included in the accounts when all of the following criteria are met:

- the charity has entitlement to the funds;
- any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity;
- there is sufficient certainty that receipt of the income is considered probable; and
- the amount can be measured reliably.

Expenditure

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Governance costs include costs of the preparation and examination of the statutory accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

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Fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Plant and machinery

25% straight line basis

Fixtures and fittings

25% straight line basis

Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

Pensions

The charity operates a defined contribution pension scheme. Contributions are charged in the statement of financial activities as they become payable in accordance with the rules of the scheme. There are no other pension schemes in place at this time.

2. Reconciliation with Previous General Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required.

At the date of transition there were a number of long term grant arrangements in place where income could be recognised until a particular review point. The accounts have thus been restated to show the additional income that was guaranteed up until the review point.

Reconciliation of fund balances

	01 January 2015	31 December 2015
Fund balances as previously stated	116,487	109,533
Accrued Income on long term grants	24,670	46,573
Restated fund balances	141,157	156,106

3. Income

3.1. Voluntary income

	Unrestricted Funds	Restricted Funds	Total Funds 2016	Total Funds 2014
Donations and Legacies	£	£	£	£
Appeals and donations	650	-	650	150

..... continued

3.2. Income from charitable activities

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
	£	£	£	£
Grants				
Apprentice grant	=	1,500	1,500	750
Awards for All		9,910	9,910	9,984
Big Lottery	-	45,069	45,069	39,970
British Foreign Schools Society	-	19,544	19,544	22
Children in need	-	33,718	33,718	33,159
Community Development Grant	•	-	-	5,432
Feast Grant	5	1,000	1,000	i=
Learning Partnership BBO		63	63	*
Lloyds TSB foundation	<u>=</u>	25,000	25,000	25,000
Peoples Health Trust	=	27,270	27,270	14,875
Pyrus Trust	-	600	600	-
Sported	-	3,500	3,500	13,180
Tudor Trust	•	~	21	55,000
West Cornwall Youth Trust	=	5,000	5,000	4,000
Youth Music		17,428	17,428	
Total grants received	a .	189,602	189,602	201,350
Primary Purpose Trading				
Adult Education Foundation Learning	表验	*	.	3,976
Cornwall Council	24,759	-	24,759	35,484
Cornwall Council - Lot 3	-	74,294	74,294	_
Edulink Transport	-	, =	-	3,344
Learning Partnership - Lot 1	17 0	135,691	135,691	-
Learning Partnership 180	20,365	:=	20,365	24,280
Learning Partnership 360 NEETS	W	- =		85,692
Learning Partnership Equality Project	-	- 1	H	9,000
Local fundraising	76		76	5,000
Prospect Youth Contract	3 m 2	-	-	3,300
Unrestricted small contract funds	4,673	-	4,673	2,705
Total Primary Purpose Trading	49,873	209,985	259,858	172,781
Total Income from Charitable Activities	49,873	399,587	449,460	374,131

... continued

3.3. Investment Income

5.5. Investment Income				
	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
	£	£	£	£
Other Income	14	7 	14	-
Interest on cash deposits	36	; =	36	35
	50		50	35
4. Expenditure				
	Unrestricted £	Restricted £	Total 2016 £	Total 2015
Direct costs	*	a.	£	£
Activity Venue Hire	-	9,769	9,769	15,139
Project Resources	Į .	5,868	5,868	10,057
Young Peoples Travel	4,432	21,870	26,302	33,461
Other Project costs	2,060	11,520	13,580	15,015
Funds 4 Care Purchases	-	18,203	18,203	
PA Service Refreshments	-	100	100	-
	6,492	67,330	73,822	73,672
Support costs				
Employment Costs	14,015	304,174	318,189	260,041
Rent	6	8,584	8,590	8,856
Water rates		160	160	
Insurance	æ	1,661	1,661	645
Repairs and maintenance	~	2,234	2,234	555
Equipment repairs and renewals	38	3,961	3,999	1,919
Telephone and fax	1,100	4,400	5,500	3,744
Computer software and maintenance costs	-	1,811	1,811	4,546
Printing, postage and stationary	930		930	625
Trade subscriptions	314	12 <u>11</u> 1230	314	265
Sundry expenses	163	S75	163	-
Cleaning	=	387	387	5
Consultancy fees	3,606	78	3,684	2,184
Advertising	881	11 <u>44</u>	881	551
Bank charges	10	-	10	-
Depreciation of plant and machinery	-	250		136
Total Support Costs	21,063	327,450	348,513	284,072

... continued

	Unrestricted £	Restricted £	Total 2016 £	Total 2015
Governance Costs				
Cost of trustee meetings	5	-	-	41
Accountancy fees	995	-	995	382
Independent Examination	1,400		1,400	1,200
Total Governance Costs	2,395		2,395	1,623
Total Expenditure	29,950	394,780	424,730	359,367

5. Trustees' remuneration and expenses

Trustees received no remuneration or benefits in kind during the year (2015 - £nil). Expenses incurred in respect of attendance at board meetings totalling £nil were paid to Trustees (2015 - £40).

6. Net (expenditure)/income

Net (expenditure)/income is stated after charging:

	2016	2015	
	£	£	
Auditors remuneration – Independent examination	1,400	1,200	
Depreciation of tangible fixed assets	-	136	

7. Employees' remuneration

The average number of persons employed by the charity (including trustees) during the year was as follows:

	2016 No.	2015 No.
Charitable activities	16	10

The aggregate payroll costs of these persons were as follows:

	2016	2015
	£	£
Wages and salaries	274,354	226,032
Social security	17,812	13,967
Other pension costs	6,760	2,318
	298,926	242,317

... continued

8. Pension scheme

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the period represents contributions payable by the charity to the scheme and amounted to £6,760 (2015 - £2,318).

The outstanding contributions at the end of the financial year were £1,217 (2015 - £nil)

9. Taxation

The company is a registered charity and is, therefore, exempt from taxation.

10. Tangible fixed assets

		Plant and machinery including motor vehicles £
Cost		
As at 1 January 2016 and 31 December 2016		2,229
Depreciation		
As at 1 January 2016 and 31 Dcember 2016		2,229
Net book value		
As at 31 December 2016		1 4
As at 31 December 2015		_
11. Debtors		
	2016	2015
	£	£
Trade debtors	605	15,812
Other debtors	320	
Prepayments and accrued income	52,131	71,573
	43,284	87,385

... continued

12. Creditors: Amounts falling due within one year

	2016	2015 £	
	£		
Trade creditors	5,544	3,385	
Taxation and social security	5,832	4,412	
Accruals and deferred income	1,400	1,201	
	12,776	8,998	

13. Members' liability

In the event that the charity is wound up the members agree to contribute an amount of not more than £10 towards the assets of the charity in the event of liquidation.

14. Related parties

Controlling entity

The charity is controlled by the trustees who are all directors of the company.

15. Analysis of funds

	At 1st January 2016 £	Income £	Expenditure £	Transfers £	As at 31st December 2016 £
General Funds					
Unrestricted income fund	30,780	50,573	(29,950)	(230)	51,173
Restricted Funds					
Awards for All		9,910	(4,859)	-3	5,051
British Foreign Schools Society	-	19,544	(13,312)	-	6,232
Children in Need	21,147	33,718	(34,356)	-	20,509
Big Lottery	21,790	45,069	(53,791)	*	13,068
Cornwall Council Lot 3	14 0	74,294	(60,272)	20	14,022
Feast		1,000	(1,000)		-
Learning Partnership Lot 1		135,691	(111,398)	14 7	24,293
Learning Partnership 180	:#:3	1,500	(1,500)	a .	-
Lloyds Foundation	22,918	25,000	(25,001)	-	22,917
Peoples Health Trust	6,201	27,270	(26,526)	20	6,945
Small grants		663	=	-	663
Sported		3,500	(3,533)	33	=
Tudor Trust	49,162	S	(32,499)	-:	16,663
The West Cornwall Youth Trust	1,623	5,000	(6,713)	90	-
Youth Music	2,485	17,428	(20,020)	107	-
	125,326	399,587	(394,780)	230	130,363
	156,106	440,388	(424,730)	E	181,536

... continued

16. Net assets by fund

	Unrestricted Funds	Restricted Funds	Total Funds 2016	Total Funds 2015	
	£	£	£	£	
Tangible assets	-	-	-	-	
Current assets	63,949	130,363	194,312	165,104	
Creditors: Amounts falling due within one year	(12,776)	-	(12,776)	(8,998)	
Net assets	51,173	130,363	181,536	156,106	