

Forest of Dean Athletic Club
Income and Expenditure for the year ending 31st March 2017

Income		Expenditure
8051.88	Memberships	2795.00
6199.24	Races	4169.29
1386.00	Club kit	1307.94
5093.66	Training fees/track/hut/toilets	4390.51
	Hire of sports hall/gymnasium	2447.00
2208.95	0 – 5k donations	
2578.41	Miscellaneous	2120.61
2667.28	Donations/grants	
630.00	Park Run	420.00
	Coaching	1369.30
	Affiliations	600.00
	Admin	545.04
	Equipment	<u>3025.81</u>
<u>£28,815.42</u>		£23,190.50

Balance Sheet

Balance carried forward 1 st April 2016	12,375.43
Plus income since 1 st April 2016	<u>28,815.42</u>
	£41,190.85
Less expenditure during the year	£23,190.50
Balance at 31 st March 2017	<u>£18,000.35</u>
Uncashed cheques as at 31.3.17	<u>301.39</u>
Lloyds Bank statement as at 31st March 2017	£18,301.74

Breakdown of income/expenditure

Races

Income		Expenditure
269.97	Forest Mile (Spring)	112.59
1219.38	Fountain Five	489.07
886.64	Blaisdon 10k	180.29
287.47	Forest Mile (September)	25.84
1435.18	Yorkley Gallop/Great Oaks	995.71
1960.90	Christmas Tree race	1331.17
130.00	Fountain Five 2017	30.00
	Yorkley Gallop 2017	72.00
	Entries to Cross Country races	663.00
	Race signs	219.83
	Avon League expenditure	49.79

Coaching costs

We paid for 4 people to do the Leadership in Running Fitness Course (£140 per person), and 2 people to do a coaching assistant course (£185 each). We also bought sweatshirts/polo shirts for the coaches and gave them gifts at the awards evenings.

Affiliations

Forest of Dean Athletic Club is affiliated to the following organisations:

England Athletics	100.00
Avon Track and Field League	200.00
YDL Athletics	250.00
Gwent Cross Country League	25.00
Gloucester AAA	25.00

Administration costs

membership cards	72.00
files/paper	25.06
food for AGM	100.00
presents for committee	111.48
photocopying	25.40
text service	129.60
postage	31.50
audit	50.00

track/hut/toilets

We pay £10 each week to use the track, which is owned by Lakers School

We also pay £10 per session to use the toilets (cleaning costs). In the summer we pay for the toilets on Tuesdays, Thursdays and Saturdays, while in the winter we only pay for the toilets on a Thursday, as on Tuesdays and Saturdays we have use of the toilets at the gym/sports hall.

The electricity bills for our huts totalled £320.96 over the year.

We spent £1,170 on a new steel door and window for the hut which was refurbished for the juniors, £420.00 on more outdoor matting, as well as money on paint and fittings for both the junior and throwing huts.

Gym hire

The gym by the track which we hire on Tuesdays and Saturdays during the winter costs us £26.25 per session. The hall at the sports centre, which we hire on Tuesdays during the winter, costs £29.50 per hour.

We also hire the gym at Severnbanks School for the group which meets there. This totalled £275.00 over the year (see 'grants' below).

Equipment

£2,4188.88 has been spent this year on the throwing area, with £300 being spent recently to purchase a range of items including javelins/shot putt/discuss/high jump bed from Severn AC. Other equipment purchased during the year includes stopwatches, measuring tapes and howlers.

Miscellaneous

Income

834.37	Quadkids
486.00	Hire of coaches
377.00	Presentation/award evenings
632.54	Gift Aid on memberships
224.00	Sports Hall League
24.50	sale of second hand kit

Expenditure

383.12
735.00
1002.49

Park Run

The balance sheet appears to show that we are holding in our account £210.00 of Park Run money. However, there was a balance of £308.00 of Park Run money in the account at the beginning of the financial year, therefore our bank balance includes a total of £518.00 of Park Run money.

Income – donations and grants

We received a payment of £420.00 from Active Gloucestershire towards the cost of running the Lydney group at Severnbanks

A grant of £2000.00 was received from the Mid-Counties Co-op.

£243.18 has been received from Easy Fundraising.

Uncashed Cheques as at 31st March 2017

cheque number	date of cheque	amount of cheque
1793	12.08.15	37.00
1923	21.07.16	20.39
1972	11.01.17	10.00
1975	11.01.17	10.00
1981	11.01.17	8.00
1997	06.03.17	88.00
2001	21.03.17	72.00
2002	21.03.17	30.00
2004	29.03.17	13.00
2010	29.03.17	13.00
Total amount of uncashed cheques		£301.39



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year

Section A Reference and administration details

Charity name

Forest of Dean Athletic Club

Other names charity is known by

N/A

Registered charity number (if any)

1164100

Charity's principal address

Lakers School

Five Acres

Coleford

Postcode

GL167QW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Kaye	Chair		
2	Richard Pegler	Vice Chair		
3	Stef Francis	Secretary		
4	Wendy Lawrence	Treasurer		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Club Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by committee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees are appointed from within the committee and work to policy and guidance set out by the Charity Commission and UK Athletics.

There is no wider charity network.

There are no related charity parties.

No major risks are currently identified.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the club is to promote community participation in healthy recreation in the Forest of Dean and the surrounding districts, in particular by the provision of facilities for athletics and related disciplines including track and field, road running, cross country, trail running and recreational jogging.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>The club has increased its membership to almost 500 members, to include both juniors and adults.</p> <p>The club continues provide training for both members and non-members to encourage participation and promote healthy living.</p> <p>The club continues to encourage participation by organising a club championship for its members. The races are a variety of distances and terrains to suit all abilities. There is also an 'age grade championship to reward the effort of older members and the men and women's awards are separated to reward effort and participation.</p> <p>The club continues to provide training for beginners and non-competitive members through 0-5K and 5-10K schemes in Lydney and Coleford.</p> <p>The club continues to maintain and develop its site and infrastructure (Throwing hut, storage and Juniors hut).</p> <p>The club continues to support its junior members with coaching and supports participation by paying for their membership of the Avon league and the Youth Development League. The club has also hosted a number of Quad Kids events to encourage participation of local children who are non-members and organising a club mile night where local schools and local junior runners participate.</p> <p>The club has hosted a number of running events open to both members and non-members in the community (Yorkley Gallop and the Christmas Tree Race, etc.).</p>
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Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

<p>No officer of the club is paid to include any coach or committee member.</p>

Summary of the main achievements of the charity during the year

Continued improvement of club facilities and the junior hut.

Continued membership growth.

The organising and promotion of numerous race events within the community.

The continued support and growth of the 0-5k and 5-10k beginner groups in both Lydney and Coleford.

The continued support of young athletes at a local level with Quad Kids and at a competitive level with the Avon League, Youth Development League and Avon League.

Increased opportunity for adult members in respect of track and field through participation in the County Championships, the Midland League and the Avon League. To pay for entry for both the Gwent and Gloucestershire cross country leagues.

Numerous team and individual prizes and awards obtained by our members in various races and events during the year, to include the county track and field championships and cross country events.

To have continued to grow and support local running / jogging and athletics in the community by increasing membership and feeding the local parkrun's from our beginners groups to promote healthy living.

Section E

Financial review

Brief statement of the charity's policy on reserves

The club has a reserve of £ this will be used for continued maintenance and improvements of our club huts to provide a social environment for junior members and throwers, the rent and maintenance of the track from the local school, the continued training and support of the coaching team, the continued need to update and replace equipment. To promote and organise local races and running events within the community.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Principle source of funds is via membership fees, track fees and income from race events.

Expenditure has supported increased provision of training and groups, improved facilities for its members, provided free participation to those representing the club in track and field and cross country.

There is no investment of funds and no policy.

Section F

Other optional information

N/A

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		

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Other optional information

N/A

Section G

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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

S. Francis

Full name(s)

STEFANIE FRANCH

Position (eg Secretary, Chair, etc)

SECRETARY

Date

27.7.17

FOREST OF DEAN ATHLETICS CLUB

ACCOUNTS FOR YEAR ENDED 31ST MARCH, 2017

Independent Examiner's Report

My examination was in accordance with Charity Commission directions under the Charities Act of 1995, it included a review of accounting records maintained by the Club and a comparison of the accounts with these records.

The accounts have been prepared from information and explanations given to me and I hereby certified them as correct.

Mrs Sharon Stratford.

27th April, 2017