

Trustees' Annual Report for the period

Period start date

27 October 2015

Period end date

31 March 2017

-	Fre	om		То			
Sec	tion A	Refere	nce	and admini	stratio	n details	
Charity name				SicKids			
	Other names of	charity is known by					
	Registered cha	rity number (if any)	116	4131			
	Charity's	s principal address	505 The HatBox, 5 Munday Street				
			Manchester				
			UK				
			Pos	stcode		M4 7AY	
	Names of the cha	rity trustees who m	anaç	ge the charity		-	
	Trustee name	Office (if any)		Dates acted if not f	or whole	Name of person (o to appoint trustee	
1	Andrew Graeme Rowland	Chairman of the Board of Trustees	3				,
2	Denis James Carter	Head of Communications					
3	Dianne Louise Cook	Director of Nursin	g				
4	Michael James Stuart	Head of Partnerships					
5	Rachel Elizabeth Isba	Head of Public Health Promotion		27 October 2015 February 2016	i to 22		
	Names of the trus	tees for the charity	, if a	ny, (for example,	any cus	todian trustees)	
	Name		,	Dates acted if n			
Nam	es and addresses	of advisers (Option	al inf	formation)			
Type of adviser Name			Address				
Name	of chief executive	or names of senio	r oto	off mambara (Ont	ional infe	ormation)	
ivalli	on ciner executive	or mannes or senio	ı Slä	iii iiieiiibeis (Opt	ionai IIII	ormanon)	

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	
Trustee selection methods (eg. appointed by, elected by)	

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

TAR 2 March **2012**

Section C

Objectives and activities

The objects of **SicKids** are:

 The relief of sickness and the preservation of health among children and young people residing permanently or temporarily in the North West of England or South East Asia.

Summary of the objects of the charity set out in its governing document

- ii. To preserve and protect the health of children and young people living in the North West of England, and in Cambodia, by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.
- iii. To preserve and protect the health of children and young people living in the North West of England, and in Cambodia, by promoting research for the public benefit in all aspects of safeguarding vulnerable children and children's emergency medicine.

TAR 3 March **2012**

In all of the activities of SicKids since registration with the Charity Commission for England and Wales on 27 October 2015, the Trustees have had regard to the Charity Commission's guidance on public benefit.

Since 27 October 2015 SicKids has:

- Awarded our first medical outreach grant awarded to Sister Sue Higgins, a children's nurse working for the NHS
- Undertaken two children's medical outreach visits to Southern Cambodia
- Held 11 Skype clinics held between SicKids' medical professionals in the UK and Cambodian health workers
- Delivered First Aid training to 50 health and social care workers in Cambodia and to 60 members of the local community in North Manchester
- Successfully completed fundraising to gain a permanent place on the Global Giving worldwide fundraising platform
- Raised funds towards the provision of sensory equipment for medical centres in the UK and Cambodia

public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

activities undertaken for the

Summary of the main

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:	
 policy on grantmaking; 	
 policy programme related investment; 	
 contribution made by volunteers. 	

Summary of the main achievements of the charity during the year

Project: Medical outreach clinics, developing talent and sharing skills

Our medical outreach project aims to improve the health and wellbeing of children and young people. In addition we have a great opportunity for our UK health and/or social care professionals to gain valuable experience, professional development and enhanced clinical, organisational and managerial skills which are of great benefit to their patients.

This project has several outputs.

Skype clinics

Three of our Trustees are healthcare professionals specialising in paediatrics or emergency medicine. Along with other medical professionals from the NHS who have donated their time, we've supported the provision of 11 Skype clinics with a health centre in Cambodia during our first full year of operation as a registered Charity. These Skype clinics offer an excellent opportunity for health and social care workers in Cambodia to consult with our teams in the UK, with positive outcomes for children and young people in Cambodia. It also offers valuable insight into the medical issues affected by poverty, which is developmental for the UK medical professionals involved in the work.

Clinics and training in Cambodia

In 2016 our Trustee, Professor Andrew Rowland completed two visits to Cambodia to undertake medical clinics in a health centre at M'Lop Tapang, a leading organisation working with vulnerable children, youth, their families, and their communities in Sihanoukville, as well as field work in the surrounding jungles and villages. We were thrilled to award our first grant to Nurse Sue Higgins, a children's nurse from North Manchester, who joined Andrew, on his visit in May 2016. During the clinics Andrew and Sue saw a large number of patients presenting conditions which are rare in the UK.

Prevalent health and wellbeing concerns in the region include:

Achievements and performance

- Malnutrition
- Respiratory infections
- Dengue fever
- Gastrointestinal infections
- Parental alcohol or drug use
- Childhood drug dependency
- Developmental delay
- Autistic spectrum disorders
- Learning disabilities
- Physical disabilities
- Skin diseases
- Developmental delay
- Health consequences of child abuse

In addition to the clinics, Sue delivered a series of training sessions to local health and social care workers, including:

- The first baby massage training in Cambodia, which is proven to support mother and infant bonding, as well as being beneficial to babies born to mothers who used Class A drugs during pregnancy. As well as babies, we believe massage may have benefits for young children with developmental delays and other special needs
- First Aid training for health, education & social care teams, supporting staff who work directly with children, young people, and their families, giving them valuable skills to provide first response treatment when needed
- Triage training for clinical teams a process not widely used in Cambodia, which can aid the delivery of medical treatment in a more efficient way.

Achievements and performance

In addition to advancing health care to children and young people in Cambodia, Sue has gained valuable experience, professional development and enhanced skills to benefit her clinical practice back in the UK.

First Aid training in North Manchester

In 2017 two of our Trustees delivered a free education session to 60 members of the local community in North Manchester. This session covered cardiopulmonary resuscitation of children and young people as well as how to deal with a choking child. The session was promoted widely on social media.

Medical education sessions in North Manchester

At the request of a local Mosque, one of our Trustees (Dianne) provided a free education session on childhood asthma during 2016. This was well attended and was open to everyone – not just the members of the Mosque. The Trustees hope to be able to provide further education sessions during 2017.

Project: Portable and fixed sensory equipment

Sensory equipment is designed specifically to support the development of the senses - like touch, hearing and sight - through cool things like special lighting, music, and tactile objects. While all children in a clinic or hospital might benefit from additional sensory support, for those with developmental delay, mobility issues, or visual/hearing impairment this might make their visit so much more pleasant. Sensory equipment has been used to support child health in lots of settings in the UK, but many health facilities still do not have access to either portable (eg a 'sensory trunk') or fixed (eg a 'sensory room') equipment. In Cambodia, very few children have access to these sorts of facilities at all.

Our aim during 2017/18 is to provide sensory equipment in and

Section E	Financial review				
Brief statement of the charity's policy on reserves	Reserves policy SicKids does not have a formal policy for holding reserves. The Trustees have decided that holding reserves is unnecessary as, currently, SicKids employs no staff members and does not have any financial liabilities to any other organisations.				
Details of any funds materially in deficit	Nil				
Further financial review details	(Optional information)				
You may choose to include additional information, where relevant about: the charity's principal					
sources of funds (including any fundraising);					
 how expenditure has supported the key objectives of the charity; 					
 investment policy and objectives including any ethical investment policy adopted. 					
Section F	Other optional information				
SicKids' constitution was approve other charities, the Trustees of Sic work, subject to compliance with 0	d and accepted by the Charity Commission on 27 October 2015. As with cKids (a CIO) are free to choose any year end which suits the charity's Charities (Accounts and Reports) Regulation 2008 for England & Wales e "accounting reference date" for companies.				
The first financial year of SicKids, a new CIO, is for a period which is not exactly 12 months. This is because it must start from the date on which the CIO was formed (27 October 2015). However, the regulations require that an accounting period must be not less than 6 months and not more than 18 months.					
Therefore, this first set of active accounts, and the Annual Report, for SicKids runs from 27 October 2015 to 31 March 2017 (a period of just under 18 months – the maximum period permitted by the regulations).					
In future years the Annual Report will run from 1 April until 31 March therefore the next Annual Report will cover the period 1 April 2017 to 31 March 2018.					
Section G	Declaration				

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	be .	
	<i>e</i>	

Full name(s) Andrew Graeme Rowland Position (eg Secretary, Chair, etc) Chairman of the Board of Trustees		
Date	20 April 2017	



STATEMENT OF FINANCIAL ACTIVITIES & BALANCE SHEET (31 March 2017)

Introduction

SicKids' constitution was approved and accepted by the Charity Commission on 27 October 2015. As with other charities, the Trustees of SicKids (a CIO) are free to choose any year end which suits the charity's work, subject to compliance with Charities (Accounts and Reports) Regulation 2008 for England & Wales CIOs. There is no equivalent of the "accounting reference date" for companies.

SicKids prepares accounts to a 31 March year end.

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For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee



STATEMENT OF FINANCIAL ACTIVITIES (27 October 2015 to 31 March 2017)

	Unrestricted funds	Restricted funds	TOTAL funds	FURTHER DETAILS
INCOME from:				
Donations and legacies	£1,442.15	£6,639.28	£8,081.43	A1
TOTAL	£1,442.15	£6,639.28	£8,081.43	
EXPENDITURE on:				
Raising funds	(£180.00)	£0	(£180.00)	B1
Charitable activities	(£100.00)	(£500.00)	(£600.00)	B2
Other	£0	(£81.99)	(£81.99)	В3
TOTAL	(£280.00)	(£582)	(£861.99)	
TOTAL FUNDS CARRIED FORWARD	£1,162.15	£6,057.29	£7.219.44	

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee



NOTES TO STATEMENT OF FINANCIAL ACTIVITIES (27 October 2015 – 31 March 2017)

	Total funds
A1 Unrestricted income from donations and legacies	
Direct donations from supporters	£481.73
Income from supporters via Easyfundraising platform	£282.49
Income from PayPal	£0.01
Income from supporters via JustGiving platform	£126.25
Corporate donations	£250.00
GiftAid	£207.08
Income from supporters via Virgin Money Giving platform	£94.59
A1 TOTAL Unrestricted income from donations and legacies	£1,442.15
	Total funds
A1 Restricted income from donations and legacies	272.25
Direct donation from supporter (filming equipment)	£70.00
British Medical Association Humanitarian Fund (Cambodia outreach clinics)	£1,500.00
Supporters via GlobalGivingUK (Cambodia sensory room equipment)	£2,562.09
Gift Aid reclaim on GlobalGivingUK income	£253.19
Duchy of Lancaster Benevolent Fund (North Manchester sensory room	£500.00
equipment) Burdett Trust for Nursing (Cambodia nurse sabbatical visit to the UK)	£1,754.00
A1 TOTAL Unrestricted income from donations and legacies	£6,639.28
AT TOTAL Official ficonic from donations and legacies	10,033.20
	Total funds
B1 Unrestricted expenditure on raising funds	Total funds
B1 Unrestricted expenditure on raising funds Virgin Money Giving set up fee	Total funds (£180.00)
Virgin Money Giving set up fee	(£180.00)
Virgin Money Giving set up fee	(£180.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds	(£180.00)
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For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee







BALANCE SHEET (31 March 2017)

	Total funds	FURTHER DETAILS
Fixed assets:		
Tangible assets	£81.99	A2
TOTAL FIXED ASSETS	£81.99	
Current assets:		
Cash at bank and in hand	£7,219.44	B4
TOTAL CURRENT ASSETS	£7,219.44	
TOTAL NET ASSETS	£7,301.43	
The funds of the charity:		
Restricted income funds	£6,057.00	D2
Unrestricted funds	£1,162.15	D3
TOTAL UNRESTRICTED FUNDS	£1,162.15	
TOTAL CHARITY FUNDS	£7,219.44	

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee



NOTES TO BALANCE SHEET (31 March 2017)

	Total funds
A2 Fixed tangible assets	
Filming equipment to film outreach work	£81.99
A2 TOTAL Fixed tangible assets	£81.99
	Total funds
B4 Cash at bank and in hand	
HSBC account Rochdale	£7,219.44
B4 TOTAL Cash at bank and in hand	£7,219.44
D2 Restricted income funds	Total funds
Held at HSBC Rochdale (Restricted income minus restricted expenditure)	£6,057.29
D2 TOTAL Restricted income funds	£6,057.29
	Total funds
D3 Unrestricted income funds	
Held at HSBC Rochdale (Unrestricted income minus unrestricted expenditure)	£1,162.15
D3 TOTAL Unrestricted income funds	£1,162.15

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee



First Annual Report

Incorporating:

First Balance Sheet

First Statement of Financial Activities

27 October 2015 – 31 March 2017

Summary of achievements and performance including work for the public benefit

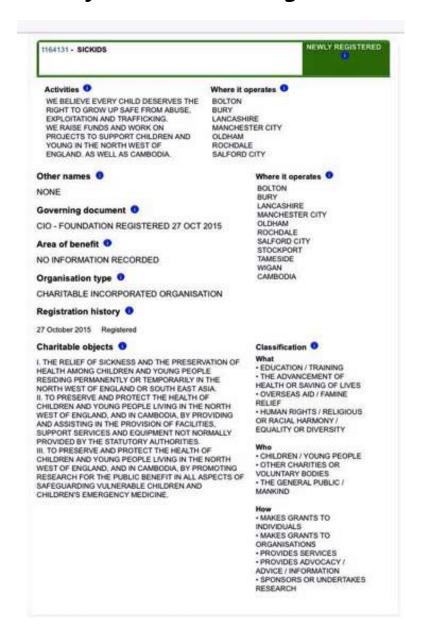
Sickids annual reports and accounts 2016/17

SicKids is a Charity registered with the Charity Commission for England and Wales (Registration number: 1164131)

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Charity Commission Registration Information



Charity Commission Registration Certificate



Overview

SicKids' constitution was approved and accepted by the Charity Commission on 27 October 2015. As with other charities, the Trustees of SicKids (a Charitable Incorporated Organisation, CIO) are free to choose any year end which suits the charity's work, subject to compliance with Charities (Accounts and Reports) Regulation 2008 for England & Wales CIOs. There is no equivalent of the "accounting reference date" for companies.

SicKids prepares accounts to a 31 March year end.

The first financial year of SicKids, a new CIO, is for a period which is not exactly 12 months. This is because it must start from the date on which the CIO was formed (27 October 2015). However, the regulations require that an accounting period must be not less than 6 months and not more than 18 months.

Therefore, this first set of active accounts, and the Annual Report, for SicKids runs from 27 October 2015 to 31 March 2017 (a period of just under 18 months – the maximum period permitted by the regulations).

In future years the Annual Report will run from 1 April until 31 March therefore the next Annual Report will cover the period 1 April 2017 to 31 March 2018.

The period 27 October 2015 to 31 March 2017 was our first full year of fundraising and project delivery.

Highlights between 27 October 2015 and 31 March 2017 include:

- Our first medical outreach grant awarded to Sister Sue Higgins, a children's nurse working for the NHS
- Two children's medical outreach visits to Southern Cambodia
- 11 Skype clinics held between SicKids' medical professionals in the UK and Cambodian health workers

- First Aid training provided to 50 care workers in Cambodia and to 60 members of the local community in North Manchester
- Successfully completed fundraising to gain a permanent place on the Global Giving worldwide fundraising platform
- Raised funds towards the provision of sensory equipment for medical centres in the UK and Cambodia

Reference and administration details

Charity name SicKids

Other names charity known by

None

Charity registration number

1164131

Structure of Charity

Charitable Incorporated Organisation

Charity's principal address

505 The HatBox, 5 Munday Street, Manchester, M4 7AY, UK

Contact e-mail

Trustees

Andrew Graeme Rowland | Chairman of the Board | 27 October 2015 to present

Denis James Carter | Head of Communications | 27 October 2015 to present

Michael James Stuart | Head of Partnerships | 27 October 2015 to present

Dianne Louise Cook | Director of Nursing | 27 October 2015 to present

Rachel Elizabeth Isba | Head of Public Health Promotion | 27 October 2015 to 22

February 2016

Expiry of current terms of office of current Trustees

Andrew Graeme Rowland (for life)

Denis James Carter (until 4 May 2020)

Dianne Louise Cook (until 4 May 2019)

Michael James Stuart (until 4 May 2018)

Exemptions from disclosure

None.

Structure, governance and management

Type of governing document

Constitution

How the charity is constituted

Charitable Incorporated Organisation (CIO)

Trustee selection methods

Appointed by the Board of Trustees

Objectives and activities

Objects

The objects of **SicKids** are:

- i. The relief of sickness and the preservation of health among children and young people residing permanently or temporarily in the North West of England or South East Asia.
- ii. To preserve and protect the health of children and young people living in the North West of England, and in Cambodia, by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.
- iii. To preserve and protect the health of children and young people living in the North West of England, and in Cambodia, by promoting research for the public benefit in all aspects of safeguarding vulnerable children and children's emergency medicine.

Activities

In all of the activities of SicKids since registration with the Charity Commission for England and Wales on 27 October 2015, the Trustees have had regard to the Charity Commission's guidance on public benefit.

Since 27 October 2015 SicKids has:

- Awarded our first medical outreach grant awarded to Sister Sue Higgins, a children's nurse working for the NHS
- Undertaken two children's medical outreach visits to Southern Cambodia

- Held 11 Skype clinics held between SicKids' medical professionals in the UK and Cambodian health workers
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Achievements and performance

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Triage training for clinical teams - a process not widely used in Cambodia, which can aid the delivery of medical treatment in a more efficient way.

In addition to advancing health care to children and young people in Cambodia, Sue has gained valuable experience, professional development and enhanced skills to benefit her clinical practice back in the UK.

First Aid training in North Manchester

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Our aim during 2017/18 is to provide sensory equipment in and emergency department in North West England and at a children's clinic in Cambodia - the first of its kind in the country. For some children with developmental delay a sensory room could mean the difference between long term disabilities and mobility issues, and good health and happiness.

In support of this aim, in December 2016 we completed the Global Giving 'Gateway Challenge', which gives us a permanent place on Global Giving's worldwide crowdfunding platform. During the challenge we raised £2,863 towards our project, from private supporters alone.

We also visited an excellent facility at the Royal Alexandra Children's Hospital in Brighton, which has one of the only emergency departments in the UK with a state-of-the-art sensory room.

Financial review

Bankers

HSBC, 2 Yorkshire Street, Rochdale, OL16 1EE, UK

Reserves policy

SicKids does not have a formal policy for holding reserves. The Trustees have decided that holding reserves is unnecessary as, currently, SicKids employs no staff members and does not have any financial liabilities to any other organisations.

Funds held as a custodian Trustee

None.

About Us

What is SicKids?

Our primary goal is to relieve sickness and preserve health among children and young people in the North West of England and South East Asia.

We do this by providing and assisting in the provision of facilities, support services and equipment not normally provided by local authorities.

We also aim to promote research in all aspects of safeguarding vulnerable children and children's emergency medicine, and to empower communities to support children to have every chance of happiness, good health and protection from harm.

What's in a name?

Our name is a play on words, drawing on the traditional meaning of the word 'sick', as in conditions affecting physical and mental health, and the urban use of the word to mean 'great' or 'excellent'. The former reflects the real situation of the children and young people we wish to support, while the latter refers to our aspiration to promote their sustained health and wellbeing.

Facts and stats

- SicKids operates with very minimal operating costs as all four Trustees are volunteers and we have no overheads such as premises or equipment to maintain
- All Trustee travel and accommodation is paid for at the Trustee's own expense or, in some cases, in the form of restricted grants for this specific purpose from donors
- To further reduce overheads, we use Virgin Money Giving and Global Giving to collect donations from members of the public. They take online payments on our behalf, and recover Gift Aid contributions from HMRC, where applicable. Both suppliers take commission to cover their own costs (2.5-3.6% for Virgin Money Giving, depending on the payment card used, and 10% for Global Giving)
- This means that for every £1 collected from members of the public, we can
 typically invest approximately £1.21* that goes straight towards funding our
 projects supporting the health and wellbeing of children and young people
- 100% of funds received directly to SicKids, either through BACS or a cheque from individual supporters or grant giving donors, goes straight to support our projects

^{*}Assumes supporter is a UK taxpayer donating via Virgin Money Giving or Global Giving and the payment is eligible for Gift Aid. Calculated using a median commission of 3.6% collected from our provider.

Trustees' statement

We formed SicKids in 2015, and gained registration with the Charity Commission for England and Wales on 27 October 2015 (1164131), following Professor Andrew Rowland's visit to Cambodia as part of his Winston Churchill Memorial Trust Churchill Fellowship.

In his report 'Living On A Railway Line', Andrew identified striking parallels between the health needs of children in his own community of North Manchester, and those in the coastal area of Southern Cambodia.

At the heart of our charitable objectives is the health and wellbeing of children. We believe every child has the right to grow up healthy, and safe from abuse, exploitation and trafficking. Focusing our attention initially on the parallel needs of children and young people in the North West of England and Southern Cambodia, in 2016 we established two project streams. We've made great progress on both, which we're delighted to report on in this, our first annual report and accounts.

SicKids remains a small Charity with a team of four volunteer Trustees. Our work on SicKids projects is entirely voluntary, in our own time and at our own expense. We have modest growth plans for 2017/18, however our focus remains on delivering achievable yet highly affecting projects that support the health and wellbeing of children and young people in the North West of England and Southern Cambodia.

The report contains a summary of the main achievements of the SicKids Charity. We have identified in this report the difference the Charity's work has made to the circumstances of its beneficiaries and the wider benefits to society as a whole. In all of the activities of SicKids since registration with the Charity Commission for England and Wales on 27 October 2015, the Trustees have had regard to the Charity Commission's guidance on public benefit.

SicKids began fundraising in January 2016, following registration on 27 October 2015, and raised a very small amount of money before the end of SicKids' 2015/16 financial year. This First Annual Report, dated 1 April 2017, therefore covers the period 27 October 2015 to 31 March 2016 and the period 1 April 2016 to 31 March 2017. The next Annual Report will cover the period 1 April 2017 to 31 March 2018.

We're eternally grateful to the supporters who've donated time, money or both towards our successes to date, and look with excitement to the year ahead, during which we aim to continue to support children and young people's health and wellbeing through outreach work, as well as build the first sensory room in Cambodia and begin work on a twin-facility in the North West of England.

Andrew Rowland | Den Carter | Dianne Cook | Jimmy Stuart

Trustees | 20 April 2017

Statement from the Chairman of the Board of Trustees

I am delighted that SicKids' first full year has been so successful. We were set up in October 2015 by five inaugural Trustees (Andrew Rowland, Den Carter, Dianne Cook, Jimmy Stuart and Rachel Isba) exclusively in our own time and it has been a huge amount of work getting the Charity registered with the Charity Commission so that we can fully concentrate on our work for the public benefit. I am incredibly grateful to all of my colleague Trustees for their sterling work for SicKids.

Special mention is due to Rachel Isba for her hard work generally in the set up of SicKids but specifically for her work on our policies, procedures and governance structures. Unfortunately, due to time pressures, Rachel stepped down as a Trustee at the end of February 2016 and the remaining four Trustees resolved to carry on as a group of four in the short term. I, and my fellow Trustees, wish Rachel all the best for the future.

When I look back at the work that SicKids has done during our financial period 27 October 2015 to 31 March 2017 I can't help but feel very proud to be associated with a Charity that has managed to deliver projects both in Cambodia and the North West of England without any employed staff and entirely from funds raised through the efforts of our Trustees and the other supporters of the Charity.

This coming year already has some exciting projects planned and I am very much looking forward to continuing our voluntary work over the next twelve months.

APP.

Professor Andrew Rowland

BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA

The Trustees

Professor Andrew Graeme Rowland ("Andrew")

Founder and Chairman of the Board of Trustees



Professor Andrew Rowland, SicKids' Founder, graduated from The University of Nottingham Medical School, UK with a First Class Honours Bachelor of Medical Sciences (BMedSci) and Bachelor of Medicine and Bachelor of Surgery (BMBS) with Honours and Distinction in Paediatrics and Child Health. He is currently Consultant in Paediatric Emergency Medicine at a Trust in the North West of England and since 2014 has been Honorary Professor at the University of Salford, UK.

Andrew is certified as a subspecialist in Paediatric Emergency Medicine with the UK General Medical Council and is registered with the Cambodian Medical Council.

His professional achievements include:

- Fellowship of the Royal College of Paediatrics and Child Health (FRCPCH)
- Fellowship of the Royal College of Emergency Medicine (FRCEM)
- Member of the Association of Paediatric Emergency Medicine (APEM)
- APEM 2013 Liz Molyneux Prize
- APEM 2014 travel bursary
- Advanced Paediatric Life Support (APLS) Course Director
- Membership of the Academy of Medical Educators (MAcadMEd)
- Membership of the Faculty of Medical Leadership and Management (MFMLM)
- 2013 Division of Medicine and Community Health Services Doctor of the Year Award

- Examiner for the University of Manchester Medical School
- Head of the UK delegation to the Union Européenne des Médecins Spécialistes (UEMS)
- Fellow of the Royal Society for the encouragement of the Arts, Manufactures and Commerce (FRSA)
- Life Fellow of the Winston Churchill Memorial Trust (WCMT)

Andrew is currently the only Consultant in Paediatric Emergency Medicine employed by his hospital working in a unit seeing around 30,000 children per year in the emergency department, within an organisation in the North West of England seeing in excess of 80,000 children per year in the emergency departments and urgent care centre – making the organisation one of the largest providers of paediatric emergency medicine care in the UK.

Andrew has lectured internationally (USA, Singapore, Malaysia, Cambodia, South Africa and Hong Kong) on issues relating to protecting children from harm as well as recognising and responding to possible child abuse and developing processes and organisational systems to protect children at risk of significant harm.

His research interests include development of a bespoke Emergency Department (ED) specific early warning track-and-trigger score to predict admission or discharge potential in children attending the ED as well as investigating professionals' views on issues including mandatory legal reporting of child abuse and the development of child protection networks.

At the Royal College of Paediatrics and Child Health, Andrew helped to re-write the next edition of Physical Signs of Child Sexual Abuse: an evidence based review and guideline for best practice which was published in May 2015.

Andrew is a member of the Board of Directors of M'Lop Tapang, a social development organisation working to promote the health, education and social care of vulnerable children and young people in Southern Cambodia.

In 2015 Andrew was invited to attend a Reception at Buckingham Palace to mark the 50th Anniversary of the creation of the Winston Churchill Memorial Trust. There he met Her Majesty the Queen, His Royal Highness the Duke of Edinburgh, Prince Michael of Kent and Churchill Fellows from each decade since the Trust's creation, to discuss his report 'Living On a Railway Line'

In 2016 Andrew was awarded the 2014 Pol Roger Prize by the Winston Churchill Memorial Trust and in June 2017 Andrew will be presented with The Association Medal by the British Medical Association.

Mr Denis James Carter ("Den")

Founding Trustee and Head of Communications



Den is a communications professional with several years' corporate experience working with large brands across Europe and Canada.

He specialises in event management and digital communications, including social networks and film production, as well as in managing big-budget projects.

His strength is in developing messages that are clear, simple, relevant and valued, and landing with the right audience, in the right format and using the right media for the best possible impact and engagement.

In his professional capacity Den regularly lectures and gives keynote addresses at communications conferences. Den is a Fellow of the Royal Society for the encouragement of the Arts, Manufactures and Commerce (FRSA).

For three years, Den managed a corporate partnership between a major brand name and one of the world's most recognised children's charities. Through public fundraising this project raised over £5 million, which was invested in the procurement of polio vaccinations for children in some of the world's most hard to reach places, primarily in African nations including the Central African Republic, Cameroon and Mauritania. In this role, Den spent time in the field, delivering vaccines, and gaining a true understanding of the need for funds and expertise to protect children.

When not working in his current role at a major UK travel brand or in his capacity as SicKid's Head of Communications, Den is a wine enthusiast, keen traveler and dedicated yoga practitioner.

Ms Dianne Louise Cook ("Dianne")

Founding Trustee and Director of Nursing



Dianne is the lead advanced paediatric nurse practitioner (APNP) within an emergency department in the northwest of the UK. Dianne has been nursing children and young people since qualifying from the West Pennine College of Health Studies in 1994, registering shortly afterwards as a sick children's nurse and receiving a diploma in professional studies in nursing from Salford University.

Dianne has furthered her career by receiving a BSc (Hons) community specialist practitioner in children's nursing degree and in 2008 qualified from Bolton University with an MSc degree in advanced practice in health and social care.

Having nursed children and young people (CYP) in Manchester, both in the community and acute services, Dianne has been passionate about promoting the fact that age should not be a barrier to understanding people's experience of health care particularly ensuring that the views and voices of the young people who use services are recognised and heard. She has developed close links with the CYP in the local community, seeking, listening and thus promoting the recognition of their distinct needs across all health and social care settings.

Dianne has been a member of the Royal College of Nursing CYP Community Steering Group and chaired the Northwest Children's Community Nursing committee forum, campaigning for accessibility and equality of health care provision for all CYP thus encouraging the sharing and implementation of local and national standards to meet the children and young person's specific needs.

Dianne was a member of the National Institute for Health and Care Excellence (NICE) Children's Guideline Development Group and is currently the chair of the acute / children's community nurse team leader's forum. She has recently become a site representative on the Paediatric Emergency Research in the UK and Ireland (PERUKI)

steering committee.

When not helping out on her days off in the bed and breakfast that she and her partner own in Scotland, Dianne can often be found commuting on the M6 with her present loves of Diet Coke and Tunnock Tea Cakes!

Dianne is delighted and proud to have been appointed as SicKids' Director of Nursing.

Dr Michael James Stuart ("Jimmy")

Founding Trustee and Head of Partnerships



Jimmy trained as a doctor at St Thomas' Hospital Medical School, University of London, where he won the John Simon Prize before graduating in 1985. He undertook his general professional training in London, Belfast, Brisbane and Manchester. His higher professional training was in his adoptive city of Manchester. He won the coveted EMRS scholarship in 1994 for his pioneering work on growth plate injury in children.

Jimmy has been a consultant since 1997, and was Clinical Director of Emergency Medicine between 2002 and 2014 before becoming Divisional Medical Director at a Trust in the Greater Manchester area.

Jimmy holds an honorary senior lectureship at Manchester Metropolitan University.

Jimmy takes great pride in providing an excellent service for the people of Manchester, is privileged to serve and never happier than when he is in the middle of a busy clinical shift.

Jimmy is also co-owner and founder of Innovate Pharmaceuticals Ltd, a privately owned pharmaceuticals company specialising in excipient engineering.

Appendix 1: Governance Document

SicKids Constitution and Governing Document: Foundation Charitable Incorporated Organisation

Date of Constitution:

27 October 2015

1. Name

The name of the Charitable Incorporated Organisation ("the CIO") is **SicKids**

2. National location of principal office

The principal office of the CIO is in England.

3. Objects

The objects of the CIO are:

- iv. The relief of sickness and the preservation of health among children and young people residing permanently or temporarily in the North West of England or South East Asia.
- v. To preserve and protect the health of children and young people living in the North West of England, and in Cambodia, by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.
- vi. To preserve and protect the health of children and young people living in the North West of England, and in Cambodia, by promoting research for the public benefit in all aspects of safeguarding vulnerable children and children's emergency medicine.

4. Powers

The CIO has power to do anything which is calculated to further its objects or is conducive or incidental to doing so. In particular, the CIO has power to:

(1) borrow money and to charge the whole or any part of its property as security for the

repayment of the money borrowed. The CIO must comply as appropriate with sections 124 and 125 of the Charities Act 2011, if it wishes to mortgage land;

- (2) buy, take on lease or in exchange, hire or otherwise acquire any property and to maintain and equip it for use;
- (3) sell, lease or otherwise dispose of all or any part of the property belonging to the CIO. In exercising this power, the CIO must comply as appropriate with sections 117 and 119-123 of the Charities Act 2011;

- (4) employ and remunerate such staff as are necessary for carrying out the work of the CIO. The CIO may employ or remunerate a Charity Trustee only to the extent that it is permitted to do so by clause 6 (Benefits and payments to Charity Trustees and connected persons) and provided it complies with the conditions of that clause;
- (5) deposit or invest funds, employ a professional fund-manager, and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the Trustees of a trust are permitted to do by the Trustee Act 2000.

5. Application of income and property

- (1) The income and property of the CIO must be applied solely towards the promotion of the objects.
- (a) A Charity Trustee is entitled to be reimbursed from the property of the CIO or may pay out of such property reasonable expenses properly incurred by him or her when acting on behalf of the CIO.
- (b) A Charity Trustee may benefit from Trustee indemnity insurance cover purchased at the CIO's expense in accordance with, and subject to the conditions in, section 189 of the Charities Act 2011.
- (2) None of the income or property of the CIO may be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to any member of the CIO.

(3) Nothing in this clause shall prevent a Charity Trustee or connected person receiving any benefit or payment which is authorised by Clause 6.

6. Benefits and payments to Charity Trustees and connected persons

(1) General provisions

No Charity Trustee or connected person may:

- (a) buy or receive any goods or services from the CIO on terms preferential to those applicable to members of the public;
- (b) sell goods, services, or any interest in land to the CIO;
- (c) be employed by, or receive any remuneration from, the CIO;
- (d) receive any other financial benefit from the CIO;

unless the payment or benefit is permitted by sub-clause (2) of this clause or authorised by the court or the prior written consent of the Charity Commission ("the Commission") has been obtained. In this clause, a "financial benefit" means a benefit, direct or indirect, which is either money or has a monetary value.

- (2) Scope and powers permitting Trustees' or connected persons' benefits
- (a) A Charity Trustee or connected person may receive a benefit from the CIO as a beneficiary of the CIO provided that a majority of the Trustees do not benefit in this way.

- (b) A Charity Trustee or connected person may enter into a contract for the supply of services, or of goods that are supplied in connection with the provision of services, to the CIO where that is permitted in accordance with, and subject to the conditions in, sections 185 to 188 of the Charities Act 2011.
- (c) Subject to sub-clause (3) of this clause a Charity Trustee or connected person may provide the CIO with goods that are not supplied in connection with services provided to the CIO by the Charity Trustee or connected person.

- (d) A Charity Trustee or connected person may receive interest on money lent to the CIO at a reasonable and proper rate which must be not more than the Bank of England bank rate (also known as the base rate).
- (e) A Charity Trustee or connected person may receive rent for premises let by the Trustee or connected person to the CIO. The amount of the rent and the other terms of the lease must be reasonable and proper. The Charity Trustee concerned must withdraw from any meeting at which such a proposal or the rent or other terms of the lease are under discussion.
- (f) A Charity Trustee or connected person may take part in the normal trading and fundraising activities of the CIO on the same terms as members of the public.

(3) Payment for supply of goods only – controls

The CIO and its Charity Trustees may only rely upon the authority provided by sub-clause (2)(c) of this clause if each of the following conditions is satisfied:

- (a) The amount or maximum amount of the payment for the goods is set out in a written agreement between the CIO and the Charity Trustee or connected person supplying the goods ("the supplier").
- (b) The amount or maximum amount of the payment for the goods does not exceed what is reasonable in the circumstances for the supply of the goods in question.
- (c) The other Charity Trustees are satisfied that it is in the best interests of the CIO to contract with the supplier rather than with someone who is not a Charity Trustee or connected person. In reaching that decision the Charity Trustees must balance the advantage of contracting with a Charity Trustee or connected person against the disadvantages of doing so.
- (d) The supplier is absent from the part of any meeting at which there is discussion of the proposal to enter into a contract or arrangement with him or her or it with regard to the supply of goods to the CIO.
- (e) The supplier does not vote on any such matter and is not to be counted when calculating whether a quorum of Charity Trustees is present at the meeting.
- (f) The reason for their decision is recorded by the Charity Trustees in the minute book.
- (g) A majority of the Charity Trustees then in office are not in receipt of remuneration or payments authorised by clause 6.

- (4) In sub-clauses (2) and (3) of this clause:
- (a) "the CIO" includes any company in which the CIO:
- (i) holds more than 50% of the shares; or
- (ii) controls more than 50% of the voting rights attached to the shares; or
- (iii) has the right to appoint one or more directors to the board of the company;
- (b) "connected person" includes any person within the definition set out in clause 30 (Interpretation);

7. Conflicts of interest and conflicts of loyalty

A Charity Trustee must:

- (1) declare the nature and extent of any interest, direct or indirect, which he or she has in a proposed transaction or arrangement with the CIO or in any transaction or arrangement entered into by the CIO which has not previously been declared; and
- (2) absent himself or herself from any discussions of the Charity Trustees in which it is possible that a conflict of interest will arise between his or her duty to act solely in the interests of the CIO and any personal interest (including but not limited to any financial interest).

8. Liability of members to contribute to the assets of the CIO if it is wound up

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

9. Charity Trustees

(1) Functions and duties of Charity Trustees

The Charity Trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each Charity Trustee:

(a) to exercise his or her powers and to perform his or her functions in his or her capacity as a

Trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

- (b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
- (i) any special knowledge or experience that he or she has or holds himself or herself out as having; and,
- (ii) if he or she acts as a Charity Trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

(2) Eligibility for Trusteeship

- (a) Every Charity Trustee must be a natural person.
- (b) No individual may be appointed as a Charity Trustee of the CIO:
- if he or she is under the age of 16 years; or
- if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).
- (c) No one is entitled to act as a Charity Trustee whether on appointment or on any reappointment until he or she has expressly acknowledged, in whatever way the Charity Trustees decide, his or her acceptance of the office of Charity Trustee.
- (d) At least one of the Trustees of the CIO must be 18 years of age or over. If there is no Trustee aged at least 18 years, the remaining Trustees may only act to call a meeting of the Charity Trustees, or appoint a new Charity Trustee.
- (e) Every Charity Trustee must have particular knowledge or experience of either the localities in which the CIO operates or of issues relevant to the people that the CIO serves.

(3) Number of Charity Trustees

(a) There must be at least three Charity Trustees. If the number falls below this minimum, the

remaining Trustee or Trustees may act only to call a meeting of the Charity Trustees, or appoint a new Charity Trustee.

(b) The maximum number of Charity Trustees is seven. The Charity Trustees may not appoint any Charity Trustee if as a result the number of Charity Trustees would exceed the maximum.

(4) First Charity Trustees

The first Charity Trustees are as follows, and are appointed for the following terms:

Andrew Graeme Rowland [for life]

Denis James Carter [for four years]
Dianne Louise Cook [for three years]

Rachel Elizabeth Isba [for three years]
Michael James Stuart [for two years]

10. Appointment of Charity Trustees

- (1) Apart from the first Charity Trustees, every Trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the Charity Trustees.
- (2) In selecting individuals for appointment as Charity Trustees, the Charity Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

11. Information for new Charity Trustees

The Charity Trustees will make available to each new Charity Trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

12. Retirement and removal of Charity Trustees

- (1) A Charity Trustee ceases to hold office if he or she:
- (a) retires by notifying the CIO in writing (but only if enough Charity Trustees will remain in office when the notice of resignation takes effect to form a quorum for meetings);
- (b) is absent without the permission of the Charity Trustees from all their meetings held within a period of twelve months and the Trustees resolve that his or her office be vacated;
- (c) dies;
- (d) in the written opinion, given to the company, of a registered medical practitioner treating that person, has become physically or mentally incapable of acting as a director and may remain so for more than three months;
- (e) is disqualified from acting as a Charity Trustee by virtue of sections 178-180 of the Charities Act 2011 (or any statutory re-enactment or modification of that provision).
- (2) Any person retiring as a Charity Trustee is eligible for reappointment.

13. Taking of decisions by Charity Trustees

Any decision may be taken either:

- at a meeting of the Charity Trustees; or
- by resolution in writing or electronic form agreed by all of the Charity Trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more Charity Trustees has signified their agreement.

14. Delegation by Charity Trustees

- (1) The Charity Trustees may delegate any of their powers or functions to a committee or committees, and, if they do, they shall determine the terms and conditions on which the delegation is made. The Charity Trustees may at any time alter those terms and conditions, or revoke the delegation.
- (2) This power is in addition to the power of delegation in the General Regulations and any other power of delegation available to the Charity Trustees, but is subject to the following requirements:
- (a) a committee may consist of two or more persons, but at least one member of each committee must be a Charity Trustee;

- (b) the acts and proceedings of any committee must be brought to the attention of the Charity Trustees as a whole as soon as is reasonably practicable; and
- (c) the Charity Trustees shall from time to time review the arrangements which they have made for the delegation of their powers.

15. Meetings of Charity Trustees

(1) Calling meetings

- (a) Any Charity Trustee may call a meeting of the Charity Trustees.
- (b) Subject to that, the Charity Trustees shall decide how their meetings are to be called, and what notice is required.

(2) Chairing of meetings

The Charity Trustees may appoint one of their number to chair their meetings and may at any time revoke such appointment. If no-one has been so appointed, or if the person appointed is unwilling to preside or is not present within 10 minutes after the time of the meeting, the Charity Trustees present may appoint one of their number to chair that meeting.

(3) Procedure at meetings

- (a) No decision shall be taken at a meeting unless a quorum is present at the time when the decision is taken. The quorum is two Charity Trustees, or the number nearest to one third of the total number of Charity Trustees, whichever is greater, or such larger number as the Charity Trustees may decide from time to time. A Charity Trustee shall not be counted in the quorum present when any decision is made about a matter upon which he or she is not entitled to vote.
- (b) Questions arising at a meeting shall be decided by a simple majority of those eligible to vote.
- (c) In the case of an equality of votes, the person who chairs the meeting shall have a second or casting vote.

(4) Participation in meetings by electronic means

- (a) A meeting may be held by suitable electronic means agreed by the Charity Trustees in which each participant may communicate with all the other participants.
- (b) Any Charity Trustee participating at a meeting by suitable electronic means agreed by the

Charity Trustees in which a participant or participants may communicate with all the other participants shall qualify as being present at the meeting.

(c) Meetings held by electronic means must comply with rules for meetings, including chairing and the taking of minutes.

16. Membership of the CIO

- (1) The members of the CIO shall be its Charity Trustees for the time being. The only persons eligible to be members of the CIO are its Charity Trustees. Membership of the CIO cannot be transferred to anyone else.
- (2) Any member and Charity Trustee who ceases to be a Charity Trustee automatically ceases to be a member of the CIO.

17. Unallocated

18. Decisions which must be made by the members of the CIO

- (1) Any decision to:
- (a) amend the constitution of the CIO;
- (b) amalgamate the CIO with, or transfer its undertaking to, one or more other CIOs, in accordance with the Charities Act 2011; or
- (c) wind up or dissolve the CIO (including transferring its business to any other Charity)

must be made by a resolution of the members of the CIO (rather than a resolution of the Charity Trustees).

- (2) Decisions of the members may be made either:
- (a) by resolution at a general meeting; or
- (b) by resolution in writing, in accordance with sub-clause (4) of this clause.
- (3) Any decision specified in sub-clause (1) of this clause must be made in accordance with the provisions of clause 28 (amendment of constitution), clause 29 (Voluntary winding up or dissolution), or the provisions of the Charities Act 2011, the General Regulations or the Dissolution Regulations as applicable. Those provisions require the resolution to be agreed by a 75% majority of those members voting at a general meeting, or agreed by all members in writing.

- (4) Except where a resolution in writing must be agreed by all the members, such a resolution may be agreed by a simple majority of all the members who are entitled to vote on it. Such a resolution shall be effective provided that:
- (a) a copy of the proposed resolution has been sent to all the members eligible to vote; and
- (b) the required majority of members has signified its agreement to the resolution in a document or documents which are received at the principal office within the period of 28 days beginning with the circulation date. The document signifying a member's agreement must be authenticated by their signature, by a statement of their identity accompanying the document, or in such other manner as the CIO has specified.

The resolution in writing may comprise several copies to which one or more members has signified their agreement. Eligibility to vote on the resolution is limited to members who are members of the CIO on the date when the proposal is first circulated.

19. General meetings of members

(1) Calling of general meetings of members

The Charity Trustees may designate any of their meetings as a general meeting of the members of the CIO. The purpose of such a meeting is to discharge any business which must by law be discharged by a resolution of the members of the CIO as specified in clause 18 (Decisions which must be made by the members of the CIO).

(2) Notice of general meetings of members

- (a) The minimum period of notice required to hold a general meeting of the members of the CIO is 14 days.
- (b) Except where a specified period of notice is strictly required by another clause in this constitution, by the Charities Act 2011 or by the General Regulations, a general meeting may be called by shorter notice if it is so agreed by a majority of the members of the CIO.
- (c) Proof that an envelope containing a notice was properly addressed, prepaid and posted; or that an electronic form of notice was properly addressed and sent, shall be conclusive evidence that the notice was given. Notice shall be deemed to be given 48 hours after it was posted or sent.

(3) Procedure at general meetings of members

The provisions in clause 15 (2)-(4) governing the chairing of meetings, procedure at meetings and participation in meetings by electronic means apply to any general meeting of the members, with

all references to Trustees to be taken as references to members.

(4) Postal Voting

- (a) The CIO may, if the Charity Trustees so decide, allow the members to vote by post or electronic mail ("email") to elect Charity Trustees or to make a decision on any matter that is being decided at a general meeting of the members.
- (b) The Charity Trustees must appoint at least two persons independent of the CIO to serve as scrutineers to supervise the conduct of the postal/email ballot and the counting of votes.
- (c) If postal and/or email voting is to be allowed on a matter, the CIO must send to members of the CIO not less than 21 days before the deadline for receipt of votes cast in this way:
- (i) a notice by email, if the member has agreed to receive notices in this way under clause 21 (Use of electronic communication, including an explanation of the purpose of the vote and the voting procedure to be followed by the member, and a voting form capable of being returned by email or post to the CIO, containing details of the resolution being put to a vote, or of the candidates for election, as applicable;
- (ii) a notice by post to all other members, including a written explanation of the purpose of the postal vote and the voting procedure to be followed by the member; and a postal voting form containing details of the resolution being put to a vote, or of the candidates for election, as applicable.
- (d) The voting procedure must require all forms returned by post to be in an envelope with the member's name and signature, and nothing else, on the outside, inside another envelope addressed to 'The Scrutineers for SicKids', at the CIO's principal office or such other postal address as is specified in the voting procedure.
- (e) The voting procedure for votes cast by email must require the member's name to be at the top of the email, and the email must be authenticated in the manner specified in the voting procedure.
- (f) Email votes must be returned to an email address used only for this purpose and must be accessed only by a scrutineer.
- (g) The voting procedure must specify the closing date and time for receipt of votes, and must state that any votes received after the closing date or not complying with the voting procedure will be invalid and not be counted.

- (h) The scrutineers must make a list of names of members casting valid votes, and a separate list of members casting votes which were invalid. These lists must be provided to a Charity Trustee or other person overseeing admission to, and voting at, the general meeting. A member who has cast a valid postal or email vote must not vote at the meeting, and must not be counted in the quorum for any part of the meeting on which he, she or it has already cast a valid vote. A member who has cast an invalid vote by post or email is allowed to vote at the meeting and counts towards the quorum.
- (i) For postal votes, the scrutineers must retain the internal envelopes (with the member's name and signature). For email votes, the scrutineers must cut off and retain any part of the email that includes the member's name. In each case, a scrutineer must record on this evidence of the member's name that the vote has been counted, or if the vote has been declared invalid, the reason for such declaration.
- (j) Votes cast by post or email must be counted by all the scrutineers before the meeting at which the vote is to be taken. The scrutineers must provide to the person chairing the meeting written confirmation of the number of valid votes received by post and email and the number of votes received which were invalid.
- (k) The scrutineers must not disclose the result of the postal/email ballot until after votes taken by hand or by poll at the meeting, or by poll after the meeting, have been counted. Only at this point shall the scrutineers declare the result of the valid votes received, and these votes shall be included in the declaration of the result of the vote.
- (I) Following the final declaration of the result of the vote, the scrutineers must provide to a Charity Trustee or other authorised person bundles containing the evidence of members submitting valid postal votes; evidence of members submitting valid email votes; evidence of invalid votes; the valid votes; and the invalid votes.
- (m) Any dispute about the conduct of a postal or email ballot must be referred initially to a panel set up by the Charity Trustees, to consist of two Trustees and two persons independent of the CIO. If the dispute cannot be satisfactorily resolved by the panel, it must be referred to the Electoral Reform Services.

20. Saving provisions

(1) Subject to sub-clause (2) of this clause, all decisions of the Charity Trustees, or of a committee of Charity Trustees, shall be valid notwithstanding the participation in any vote of a Charity

Trustee:

- who was disqualified from holding office;
- who had previously retired or who had been obliged by the constitution to vacate office;
- who was not entitled to vote on the matter, whether by reason of a conflict of interest or otherwise;

if, without the vote of that Charity Trustee and that Charity Trustee being counted in the quorum, the decision has been made by a majority of the Charity Trustees at a quorate meeting.

(2) Sub-clause (1) of this clause does not permit a Charity Trustee to keep any benefit that may be conferred upon him or her by a resolution of the Charity Trustees or of a committee of Charity Trustees if, but for sub-clause (1), the resolution would have been void, or if the Charity Trustee has not complied with clause 7 (Conflicts of interest).

21. Execution of documents

- (1) The CIO shall execute documents either by signature or by affixing its seal (if it has one)
- (2) A document is validly executed by signature if it is signed by at least two of the Charity Trustees.
- (3) If the CIO has a seal:
- (a) it must comply with the provisions of the General Regulations; and
- (b) the seal must only be used by the authority of the Charity Trustees or of a committee of Charity Trustees duly authorised by the Charity Trustees. The Charity Trustees may determine who shall sign any document to which the seal is affixed and unless otherwise so determined it shall be signed by two Charity Trustees.

22. Use of electronic communications

(1) General

The CIO will comply with the requirements of the Communications Provisions in the General Regulations and in particular:

- (a) the requirement to provide within 21 days to any member on request a hard copy of any document or information sent to the member otherwise than in hard copy form;
- (b) any requirements to provide information to the Commission in a particular form or manner.

(2) To the CIO

Any member or Charity Trustee of the CIO may communicate electronically with the CIO to an address specified by the CIO for the purpose, so long as the communication is authenticated in a manner which is satisfactory to the CIO.

(3) By the CIO

- (a) Any member or Charity Trustee of the CIO, by providing the CIO with his or her email address or similar, is taken to have agreed to receive communications from the CIO in electronic form at that address, unless the member has indicated to the CIO his or her unwillingness to receive such communications in that form.
- (b) The Charity Trustees may, subject to compliance with any legal requirements, by means of publication on its website:
- (i) provide the members with the notice referred to in clause 19(2) (Notice of general meetings);
- (ii) give Charity Trustees notice of their meetings in accordance with clause 15(1) (Calling meetings); and

- (iii) submit any proposal to the members or Charity Trustees for decision by written resolution or postal vote in accordance with the CIO's powers under clause 18 (Members' decisions), 18(4) (Decisions taken by resolution in writing), or 19(4) (the provisions for postal voting).
- (c) The Charity Trustees must -
- (i) take reasonable steps to ensure that members and Charity Trustees are promptly notified of the publication of any such notice or proposal; and
- (ii) send any such notice or proposal in hard copy form to any member or Charity Trustee who

has not consented to receive communications in electronic form.

23. Keeping of Registers

The CIO must comply with its obligations under the General Regulations in relation to the keeping of, and provision of access to, a (combined) register of its members and Charity Trustees.

24. Minutes

The Charity Trustees must keep minutes of all:

- (1) appointments of officers made by the Charity Trustees;
- (2) proceedings at general meetings of the CIO;
- (3) meetings of the Charity Trustees and committees of Charity Trustees including:
 - · the names of the Trustees present at the meeting;
 - the decisions made at the meetings; and
 - · where appropriate the reasons for the decisions;
- (4) decisions made by the Charity Trustees otherwise than in meetings.

25. Accounting records, accounts, annual reports and returns, register maintenance

- (1) The Charity Trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.
- (2) The Charity Trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

26. Rules

The Charity Trustees may from time to time make such reasonable and proper rules or byelaws as they may deem necessary or expedient for the proper conduct and management of the CIO, but such rules or bye laws must not be inconsistent with any provision of this constitution. Copies of any such rules or bye laws currently in force must be made available to any member of the CIO

27. Disputes

If a dispute arises between members of the CIO about the validity or propriety of anything done by the members under this constitution, and the dispute cannot be resolved by agreement, the parties to the dispute must first try in good faith to settle the dispute by mediation before resorting to litigation.

28. Amendment of constitution

As provided by sections 224-227 of the Charities Act 2011:

- (1) This constitution can only be amended:
- (a) by resolution agreed in writing by all members of the CIO; or
- (b) by a resolution passed by a 75% majority of those voting at a general meeting of the members of the CIO called in accordance with clause 19 (General meetings of members).
- (2) Any alteration of clause 3 (Objects), clause 29 (Voluntary winding up or dissolution), this clause, or of any provision where the alteration would provide authorisation for any benefit to be obtained by Charity Trustees or members of the CIO or persons connected with them, requires the prior written consent of the Charity Commission.
- (3) No amendment that is inconsistent with the provisions of the Charities Act 2011 or the General Regulations shall be valid.
- (4) A copy of every resolution amending the constitution, together with a copy of the CIO's constitution as amended must be sent to the Commission by the end of the period of 15 days beginning with the date of passing of the resolution, and the amendment does not take effect until it has been recorded in the Register of Charities.

29. Voluntary winding up or dissolution

- (1) As provided by the Dissolution Regulations, the CIO may be dissolved by resolution of its members. Any decision by the members to wind up or dissolve the CIO can only be made:
- (a) at a general meeting of the members of the CIO called in accordance with clause 19 (General meetings of members), of which not less than 14 days' notice has been given to those eligible to

attend and vote:

- (i) by a resolution passed by a 75% majority of those voting, or
- (ii) by a resolution passed by decision taken without a vote and without any expression of dissent in response to the question put to the general meeting; or
- (b) by a resolution agreed in writing by all members of the CIO.
- (2) Subject to the payment of all the CIO's debts:
- (a) Any resolution for the winding up of the CIO, or for the dissolution of the CIO without winding up, may contain a provision directing how any remaining assets of the CIO shall be applied.

- (b) If the resolution does not contain such a provision, the Charity Trustees must decide how any remaining assets of the CIO shall be applied.
- (c) In either case the remaining assets must be applied for charitable purposes the same as or similar to those of the CIO.
- (3) The CIO must observe the requirements of the Dissolution Regulations in applying to the Commission for the CIO to be removed from the Register of Charities, and in particular:
- (a) the Charity Trustees must send with their application to the Commission:
- (i) a copy of the resolution passed by the members of the CIO;

30. Interpretation

In this constitution:

"connected person" means:

- (a) a child, parent, grandchild, grandparent, brother or sister of the Charity Trustee;
- (b) the spouse or civil partner of the Charity Trustee or of any person falling within sub-clause (a) above;
- (c) a person carrying on business in partnership with the Charity Trustee or with any person falling within sub-clause (a) or (b) above;

- (d) an institution which is controlled -
- (i) by the Charity Trustee or any connected person falling within sub-clause (a), (b), or (c) above; or
- (ii) by two or more persons falling within sub-clause (d)(i), when taken together
- (e) a body corporate in which -
- (i) the Charity Trustee or any connected person falling within sub-clauses (a) to (c) has a substantial interest; or
- (ii) two or more persons falling within sub-clause (e)(i) who, when taken together, have a substantial interest.

Section 118 of the Charities Act 2011 apply for the purposes of interpreting the terms used in this constitution.

"General Regulations" means the Charitable Incorporated Organisations (General) Regulations 2012.

"Dissolution Regulations" means the Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

The "Communications Provisions" means the Communications Provisions in [Part 10, Chapter 4] of the General Regulations.

"Charity Trustee" means a Charity Trustee of the CIO.

A "poll" means a counted vote or ballot, usually (but not necessarily) in writing.

Appendix 2: Rules relating to Charity Trustees

Rules relating to Charity Trustees (see Appendix 1)

Functions and duties of the Charity Trustees

The Charity Trustees shall manage the affairs of SicKids (the CIO) and may for that purpose exercise

all the powers of the CIO. It is the duty of each Charity Trustee:

- (a) to exercise his or her powers and to perform his or her functions in his or her capacity as a Trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and
- (b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
- (i) any special knowledge or experience that he or she has or holds himself or herself out as having; and,
- (ii) if he or she acts as a Charity Trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Eligibility for Trusteeship

- (a) Every Charity Trustee must be a natural person.
- (b) No individual may be appointed as a Charity Trustee of the CIO:
- if he or she is under the age of 16 years; or
- if he or she would automatically cease to hold office under the provisions of clause 12(1)(e) set out in the constitution.
- (c) No one is entitled to act as a Charity Trustee whether on appointment or on any reappointment until he or she has expressly acknowledged, in whatever way the Charity Trustees decide, his or her acceptance of the office of Charity Trustee.

- (d) At least one of the Trustees of the CIO must be 18 years of age or over. If there is no Trustee aged at least 18 years, the remaining Trustees may only act to call a meeting of the Charity Trustees, or appoint a new Charity Trustee.
- (e) Every Charity Trustee must have particular knowledge or experience of either the localities in which the CIO operates or of issues relevant to the people that the CIO serves.

Number of Charity Trustees

- (a) There must be at least three Charity Trustees. If the number falls below this minimum, the remaining Trustee or Trustees may act only to call a meeting of the Charity Trustees, or appoint a new Charity Trustee.
- (b) The maximum number of Charity Trustees is seven. The Charity Trustees may not appoint any Charity Trustee if as a result the number of Charity Trustees would exceed the maximum.

First Charity Trustees

The first Charity Trustees were as follows on 27 October 2015, and were initially appointed for the following terms:

Andrew Graeme Rowland [for life]

Denis James Carter [for four years]
Dianne Louise Cook [for three years]

Rachel Elizabeth Isba [for three years]
Michael James Stuart [for two years]

Following the resignation of Rachel Isba as a Trustee, the Board of Trustees resolved to carry on the work of SicKids with four Trustees and set expiry dates for their current terms of office.

Appointment of Charity Trustees

(1) Apart from the first Charity Trustees, every Trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the Charity Trustees.

(2) In selecting individuals for appointment as Charity Trustees, the Charity Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Information for new Charity Trustees

The Charity Trustees will make available to each new Charity Trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

Retirement and removal of Charity Trustees

- (1) A Charity Trustee ceases to hold office if he or she:
- (a) retires by notifying the CIO in writing (but only if enough Charity Trustees will remain in office when the notice of resignation takes effect to form a quorum for meetings);
- (b) is absent without the permission of the Charity Trustees from all their meetings held within a period of twelve months and the Trustees resolve that his or her office be vacated;
- (c) dies;

- (d) in the written opinion, given to the company, of a registered medical practitioner treating that person, has become physically or mentally incapable of acting as a director and may remain so for more than three months:
- (e) is disqualified from acting as a Charity Trustee by virtue of sections 178-180 of the Charities Act 2011 (or any statutory re-enactment or modification of that provision).
- (2) Any person retiring as a Charity Trustee is eligible for reappointment.

Taking of decisions by Charity Trustees

Any decision may be taken either:

- at a meeting of the Charity Trustees; or
- by resolution in writing or electronic form agreed by all of the Charity Trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more Charity Trustees has signified their agreement.

Appendix 3: Statutory First Annual Report (27 October 2015 to 31 March 2017)



Appendix 4: First Statement of Financial Activities (27 October 2015 to 31 March 2017)

Introduction

SicKids' constitution was approved and accepted by the Charity Commission on 27 October 2015. As with other charities, the Trustees of SicKids (a CIO) are free to choose any year end which suits the charity's work, subject to compliance with Charities (Accounts and Reports) Regulation 2008 for England & Wales CIOs. There is no equivalent of the "accounting reference date" for companies.

SicKids prepares accounts to a 31 March year end.

The first financial year of SicKids, a new CIO, is for a period which is not exactly 12 months. This is because it must start from the date on which the CIO was formed (27 October 2015). However, the regulations require that an accounting period must be not less than 6 months and not more than 18 months.

Therefore, this first set of active accounts for SicKids runs from 27 October 2015 to 31 March 2017 (a period of just under 18 months – the maximum period permitted by the regulations).

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee

STATEMENT OF FINANCIAL ACTIVITIES (27 October 2015 to 31 March 2017)

	Unrestricted funds	Restricted funds	TOTAL funds	FURTHER DETAILS
INCOME from:				
Donations and legacies	£1,442.15	£6,639.28	£8,081.43	A1
TOTAL	£1,442.15	£6,639.28	£8,081.43	
EXPENDITURE on:				
Raising funds	(£180.00)	£0	(£180.00)	B1
Charitable activities	(£100.00)	(£500.00)	(£600.00)	B2
Other	£0	(£81.99)	(£81.99)	В3
TOTAL	(£280.00)	(£582)	(£861.99)	
TOTAL FUNDS CARRIED FORWARD	C4 4 C3 4 F	66 057 20	67 240 44	
TOTAL FUNDS CARRIED FORWARD	£1,162.15	£6,057.29	£7,219.44	

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee

NOTES TO STATEMENT OF FINANCIAL ACTIVITIES (27 October 2015 – 31 March 2017)

	Total funds
A1 Unrestricted income from donations and legacies	
Direct donations from supporters	£481.73
Income from supporters via Easyfundraising platform	£282.49
Income from PayPal	£0.01
Income from supporters via JustGiving platform	£126.25
Corporate donations	£250.00
GiftAid	£207.08
Income from supporters via Virgin Money Giving platform	£94.59
A1 TOTAL Unrestricted income from donations and legacies	£1,442.15
A4 Postsisted income from densitions and lossesies	Total funds
A1 Restricted income from donations and legacies	670.00
Direct donation from supporter (filming equipment)	£70.00
British Medical Association Humanitarian Fund (Cambodia outreach clinics)	£1,500.00
Supporters via GlobalGivingUK (Cambodia sensory room equipment)	£2,562.09
Gift Aid reclaim on GlobalGivingUK income	£253.19
Duchy of Lancaster Benevolent Fund (North Manchester sensory room equipment)	£500.00
Burdett Trust for Nursing (Cambodia nurse sabbatical visit to the UK)	£1,754.00
A1 TOTAL Unrestricted income from donations and legacies	£6,639.28
	_0,0000
	Total funds
B1 Unrestricted expenditure on raising funds	Total funds
B1 Unrestricted expenditure on raising funds Virgin Money Giving set up fee	Total funds (£180.00)
Virgin Money Giving set up fee	(£180.00)
Virgin Money Giving set up fee	(£180.00) (£180.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds	(£180.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities	(£180.00) (£180.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training)	(£180.00) (£180.00) Total funds (£100.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities	(£180.00) (£180.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training)	(£180.00) (£180.00) Total funds (£100.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training)	(£180.00) (£180.00) Total funds (£100.00) (£100.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities	(£180.00) (£180.00) Total funds (£100.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities B2 Restricted expenditure on charitable activities	(£180.00) (£180.00) Total funds (£100.00) (£100.00)
Wirgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities B2 Restricted expenditure on charitable activities Cambodia outreach medical clinics November 2016	(£180.00) (£180.00) Total funds (£100.00) (£100.00) Total funds (£500.00)
Virgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities B2 Restricted expenditure on charitable activities	(£180.00) (£180.00) Total funds (£100.00) (£100.00)
Wirgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities B2 Restricted expenditure on charitable activities Cambodia outreach medical clinics November 2016	(£180.00) (£180.00) Total funds (£100.00) (£100.00) Total funds (£500.00)
Wirgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities B2 Restricted expenditure on charitable activities Cambodia outreach medical clinics November 2016	(£180.00) (£180.00) Total funds (£100.00) (£100.00) Total funds (£500.00)
Wirgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities B2 Restricted expenditure on charitable activities Cambodia outreach medical clinics November 2016	(£180.00) (£180.00) Total funds (£100.00) (£100.00) Total funds (£500.00)
Wirgin Money Giving set up fee B1 TOTAL Unrestricted expenditure on raising funds B2 Unrestricted expenditure on charitable activities Grant to Sister Susan Higgins (Cambodia baby massage & first aid training) B2 TOTAL Unrestricted expenditure on charitable activities B2 Restricted expenditure on charitable activities Cambodia outreach medical clinics November 2016 B2 TOTAL Restricted expenditure on charitable activities	(£180.00) (£180.00) Total funds (£100.00) (£100.00) Total funds (£500.00)

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee

Appendix 5: First Balance sheet (31 March 2017)

BALANCE SHEET (31 March 2017)

	Total funds	FURTHER DETAILS
Fixed assets:		
Tangible assets	£81.99	A2
TOTAL FIXED ASSETS	£81.99	
Current assets:		
Cash at bank and in hand	£7,219.44	B4
TOTAL CURRENT ASSETS	£7,219.44	
TOTAL NET ASSETS	£7,301.43	
The funds of the charity:		
Restricted income funds	£6,057.00	D2
Unrestricted funds	£1,162.15	D3
TOTAL UNRESTRICTED FUNDS	£1,162.15	
TOTAL CHARITY FUNDS	£7,219.44	

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee

NOTES TO BALANCE SHEET (31 March 2017)

	Total funds
A2 Fixed tangible assets	
Filming equipment to film outreach work	£81.99
A2 TOTAL Fixed tangible assets	£81.99
	Total funds
B4 Cash at bank and in hand	
HSBC account Rochdale	£7,219.44
B4 TOTAL Cash at bank and in hand	£7,219.44
	Total funds
D2 Restricted income funds	
Held at HSBC Rochdale (Restricted income minus restricted expenditure)	£6,057.29
D2 TOTAL Restricted income funds	£6,057.29
	Total funds
D3 Unrestricted income funds	
Held at HSBC Rochdale (Unrestricted income minus unrestricted expenditure)	£1,162.15
D3 TOTAL Unrestricted income funds	£1,162.15

For and on behalf of SicKids:



Professor Andrew Rowland BMedSci (Hons) BMBS (Hons) MFMLM MAcadMEd FRCEM FRCPCH FRSA Trustee