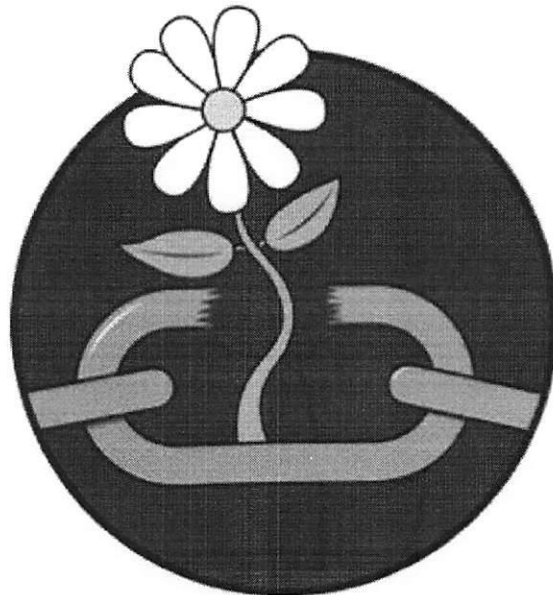


COMPANY REGISTRATION NUMBER: 06498953
CHARITY REGISTRATION NUMBER: 1123337

Allens Croft Project
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2017



Allens Croft Project
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2017

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Allens Croft Project
Company Limited by Guarantee
Trustees' Annual Report (Incorporating the Director's Report)
Year ended 31 March 2017

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2017.

Chair's report

It gives me great pleasure to welcome you to the Annual Report 2016-2017 of The Birmingham Freedom Project because so much great work has been done in helping both women and children recover from domestic abuse. I have had the privilege of reading and hearing so many stories of transformation from despair to hope and from receiving abuse to rediscovering life. Of many, one sticks out in my mind and heart is of a mother who was on the verge of losing her children permanently because the scars of abuse had inflicted themselves so deeply into her very soul. After coming into contact with the project slowly and gradually she recovered and from the precipice of having her children removed the family are now fully restored with a very proud and wonderful single Mum back with her children. Not only is this some of the best news I've heard all year but I believe it was only the Freedom Project that had the skills to achieve this in stark contrast to other statutory services.

On a more bureaucratic but important level there was a complete change in the leadership in the Trustees a year ago. The team from the Hub Hazelwell collectively stood down after many years of great service- I am immensely grateful to them and the inspirational Vicar who was concerned enough about the levels of domestic abuse locally to have initiated the "Allens Croft Project".

The new Trustees have a wide variety of experience having been committed to the project in the background since 2013. These include Primary Care, Safeguarding, Finance, Nursing, Communications and Domestic Violence.

The initial change was a move from the original house in Allens Croft to St Bede's Church in Kings Heath. We are very grateful to the Vicar Andy Delmege who helped facilitate this move and I feel it's been a win win situation because we've got a much better space that is far more functional and it has freed up more funds to flow into the project. I must place on record my thanks to Birmingham City Council for helping this move to proceed smoothly. In terms of the new Trustees I would particularly like to place on record my sincere thanks to Tom Odey who has worked tremendously hard to get our finances on a sound foundation which has required hours of work and the other Trustees who have worked hard to give the project a stronger base for Jacky and Donna to do what they do best.

And that's where I must finish by saluting Jacky and Donna for their dedication, expertise, intelligence, dogged commitment and love, celebration and care for every women and child that they come into contact with. They transform lives with their wonderful and unique skills and it is an honour for me and the other trustees to help give them a stage on which they can perform their life changing skills.

I look forward to the next year as we discover together how we can take the Project further forward and get its influence out to the broadest possible audience to help both women recover and bring about the social transformation needed to finally put an end to this hidden scourge in our society.

Andrew Coward
Chair

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Objectives and activities

Foreword

This year the organisation has been through many changes with the domestic abuse project branching out on its own with the support of a new Board of Trustees with a passion for moving the project forward enabling us to reach even more women who may need our services. We have also moved to a new premises to make room for our ever growing group sizes. The move itself, the support from our new hosts and the use of bigger rooms has proved to be a great success. A smooth transition all round. We are delighted that we have been given this opportunity to continue to support women through our delivery of trauma informed programmes.

In April 2017 we reached the end of our three year Reaching Community Big Lottery grant and are currently awaiting news on continuation funding for a further three years. In the meantime, we have received funding until March 2018 through Birmingham Community Safety Partnership and staff and trustees will continue to source funding to ensure that a consistent delivery of programmes is maintained.

With more and more research available on the effects of living in an abusive household there is an increasingly growing need to put in place appropriate strategies and interventions to ensure women and children can heal and rebuild their lives safely. Successful outcomes prove that with the right support, domestic abuse does not have to mean a life sentence for women and children and that recovery and healing is possible and that ruptures in the mother child relationships can be repaired and in fact flourish. When agencies support the non-abusive parent, they are supporting the child. The non-abusive parent can then create the healing foundation for their children.

Comments from Chris Johnson | Chief Superintendent - NPU Commander West Midlands Police and Chair of Birmingham Community Safety Partnership. "The terrible effects of domestic violence on families both to the survivor as well as the children are well known and evidenced. We know that these effects can last, in some cases a lifetime. The project is important as it really does help women who have been subject to domestic violence understand the effect that this can have on themselves and their children. I have seen how the work that they are doing helps to build self-esteem in survivors who have lost so much. I have also seen how their understanding, training and development is changing the lives of children by creating an environment where they can heal, repairing some of the mental trauma they will have been through but also breaking the cycle of repeat victimisation for both mum and children. There are undoubtedly direct benefits for the police service from the work that they do, for every victim and survivor that can be supported there is a reduction in calls for policing service, there is also the ability for our staff to be able to refer people in to a service that offers help and support, giving them a necessary alternative and new skills. I am also confident that the work with children is significant as this is an intervention that will have a long-term impact not just financially but also with our ambition to protect the most vulnerable members of our communities."

I would like to take this opportunity to thank my colleague Donna O'Sullivan who has worked alongside me for the last 10 years. Her passion, commitment, knowledge, dedication and endearing personality has brightened up the lives of many who use our services and she has been a joy to work with. I would also like to thank the many survivors who access our project, we are inspired daily by their strength and resilience as they face the many challenges and obstacles on their journey to freedom.

In planning our activities during the year we have referred to the guidance contained in the Charity Commission's general guidance on public benefit and how the activities will contribute to the overall aims and objectives we have set.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

What We Offer

Birmingham Freedom Project consists of the delivery of Awareness & Empowerment Programmes for women who have experienced domestic. Through 14 years working in this field we have recognised that empowerment through a pathway of programmes is the most effective approach in healing from the abuse and moving forward. The underpinning message throughout the programmes is a valuing of survivors own strengths, resources and the coping skills which have helped them to survive thus far. This valuing attitude empowers women to contribute positively to their own safety and well-being and that of their children on a long-term basis.

Women are given the opportunity to access the following programmes:

Freedom programme

11-week Freedom Programme: Each session explores the abusive tactics, controlling behaviours and belief systems of the perpetrator and the effects on women and children's health and well-being. The non-abusive counterpart is also discussed at the end of each session to gain an understanding of healthy relationships

Recovery Toolkit

12-week Recovery Toolkit assists in building confidence and self-esteem and developing positive lifestyle coping strategies. It is unique in its approach using a combination of psycho-education, trauma focused cognitive behaviour therapy and person-centred therapeutic principles.

Women frequently say that the hardest part of recovery is to deal with the psychological distress caused by abuse. This affects how a woman perceives herself (self-esteem, self-image), how she interacts with others (passively or angrily), how she copes with the emotional pain (depression, anxiety, alcohol or drug use), how she uses her parenting skills; It can also leave her with confusion about issues of trust, boundaries and respectful relationships.

You and Me, Mum

10 session You and Me, Mum Programme where mothers have the opportunity to safely explore the impact domestic abuse has had on themselves and the relationships with their children. It also explores parenting strategies using Protective Behaviours messages and is enhanced by the Whole Brain Child model based on neuroscience, attachment, and childhood development. The course focuses on self-empowerment and mutual aid, recognising the central role of mothers in the protection and positive development of their children. Outcomes for children who experience domestic abuse are improved when the non-abusive parent is involved in supporting their recovery.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Active Citizen

Weekly Active Citizen Sessions consisting of a range of creative activities outside of structured programme work. These sessions provide the perfect opportunity to learn new things, build confidence and self-esteem, make new friends, enhance support networks and share expertise and in doing so, gaining hope, empowerment and inspiration from each other.

Over the coming months agencies suggested by the women will be invited in to give talks and share knowledge of their services and survivors will share their expertise and knowledge of how those services can better engage with and meet the needs of women experiencing domestic abuse.

Safeguarding

Safeguarding means protecting individuals from the risk of abuse or neglect. The Safeguarding policies for children's and adults have now been amalgamated and updated. Our Designated Trustee for Safeguarding is in place. We work very closely with the safeguarding team at Birmingham South Central Clinical Commissioning Group and maintain all safeguarding principles. We also work very closely with the Birmingham Safeguarding Adults Board (BSAB), which has responsibilities for seeking assurance regarding domestic abuse under the Care Act 2014. We have signed the memorandum of Understanding and are a member of the BSAB Partnership Board.

Plans for future periods

Our plans for the future are to develop on our success during the past year and to grow the projects and the programmes that we are able to offer.

Achievements and performance

Summary of Achievements

Through programme delivery and evaluations we have experienced the courageous and very moving accounts of women's experiences and how the programmes have freed them from blame and guilt and how they are now taking back control of their lives and determined to move forward. The sharing of experiences within a group setting with other women helped women realise that they were not alone, not to blame and helped make sense of something that made no sense. Women expressed their feelings of being misunderstood by other organisations, feeling isolated, not listened to and not believed. They felt able to speak at group sessions and express their thoughts and feelings without being judged. The programmes helped to identify tactics and patterns of behaviour and for some, for the first time, were able to give a name to what they had experienced. They were then able to stop blaming themselves and instead place the blame where it belonged, with the perpetrator.

A multi-sensory approach is used during group work to enhance the learning experience. Sessions involve a range of activities including: flipchart work, video clips, decision exercises, mindfulness, visuals, handouts, workbooks, art and movement.

In the past 12 months, we have delivered the following sessions:

- 3 Freedom Programmes (33 sessions) 72 women attended 6 or more sessions.
- 3 Recovery Toolkit Programmes (36 sessions) 34 women completed all sessions.
- 3 You & Me, Mum Programmes (30 sessions) 30 women completed all sessions.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2017

Freedom Programme participant comments taken from Survey Monkey

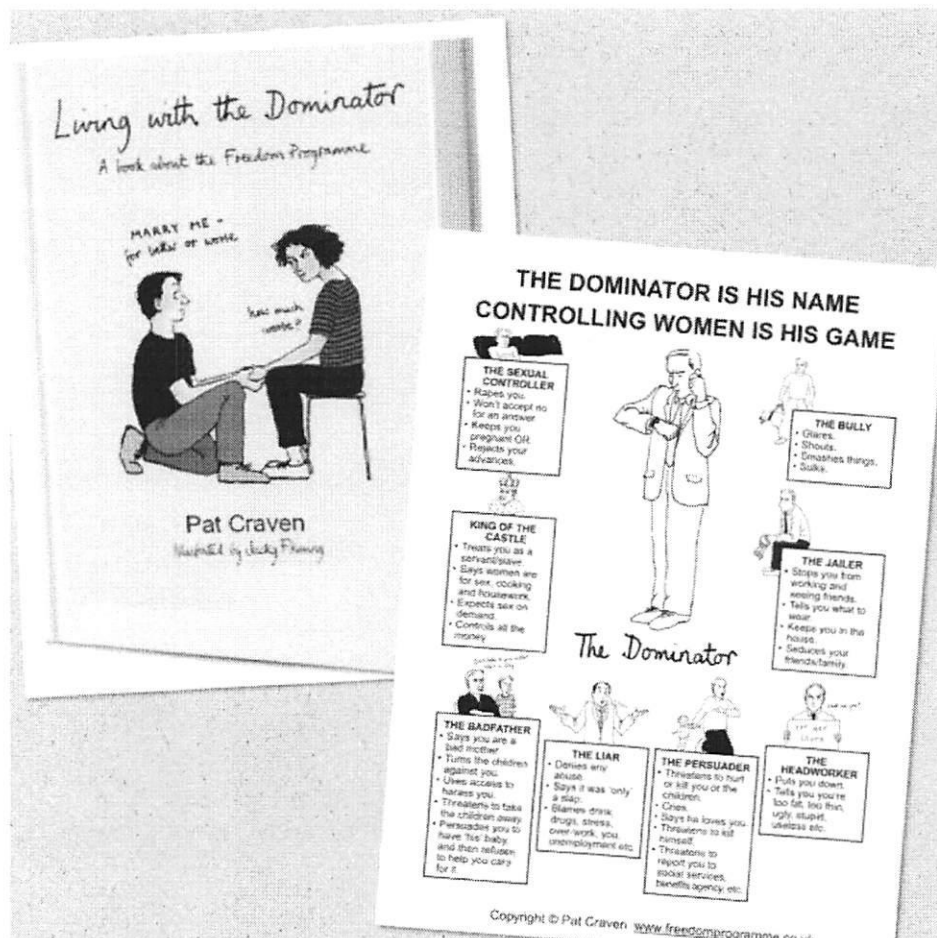
"The abuse is very confusing and it takes time to unpick the work of an abuser; Donna and Jacky's approach ensured that at no time the women who attended felt it was their fault and provided a safe environment for us to start the healing process and come to terms with what we've been through. The course needs to be taught in schools to decrease the chances of young girls becoming victims; education is the key, once you know the warning signs and have your 'freedom eyes' you have the confidence to say no and assert it".

"The course was brilliant. It opened my eyes. I went to a meeting on the Tuesday, started the freedom programme on the Wednesday and ended the abusive relationship on the Thursday...thank you".

"Great programme, will save your life and build your self-esteem. Will help you realise that his excuses are lies and that his abuse was intentional".

"This programme is amazing and is the only thing that has helped me. Nothing else has helped, medication, family support etc I am in such a better place. If it wasn't for this I would still be considering suicide".

"Attending a programme with other women going through the same situation offers confirmation of what is happening, as it can all be very confusing. And the strength of Donna and Jacky and information shared in an upbeat positive way is amazing".



Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2017

Recovery Toolkit participant comments taken from Survey Monkey

"Without this project, I doubt I would have found the self-belief and courage to step into the unknown and escape my abusive husband for good. My young children, who were also abused, were soon thriving, happy and healthy again. But I struggled with the immense trauma, isolation and the paralysing fear that pervaded my every day, months after my escape. To the outside I was physically free, but inside I was not....a decade of psychological, physical, emotional and sexual abuse destroys a person. The recovery program has helped me heal, and to connect with other women, to understand my experience and find ways to articulate it effectively to the family court. The impact of that is a lifetime of safety for my children growing up, as I could effectively express my complex experience and succeed in protecting my children. This project is without doubt life changing, and its' impact is tremendous."

The family dynamics between me and my children is more stronger and we have created a safe space in our home to explore our feelings and speak our truth. This is amazing!"

"I have a new perspective and self-belief, I don't let my thoughts overwhelm me, I deal with what I know to be true and only that, it's given me strength and courage in the face of court proceedings"

"I thought very negatively about myself in every way, most of this has changed when it does creep in, I challenge it straight away. My thoughts now are very positive on the whole"

"more positive thinking, not holding on to negative thoughts, knowing that I can change them, understanding that I am human and accepting that they can happen but not take over my day, understand now where my negative thinking came from and why I was stuck"

"I am now studying to do a degree in psychology which is a dream come true. I believe in myself and have the tools to accomplish anything!"

"I am able to attend education to the point I have been given a conditional offer at university and hopefully begin a better life for myself and all of my children"

"More interested in my learning I'm curious again Excited to learn new things I have retained information My mind is now less jumbled and ready to learn I embrace learning as a good thing"

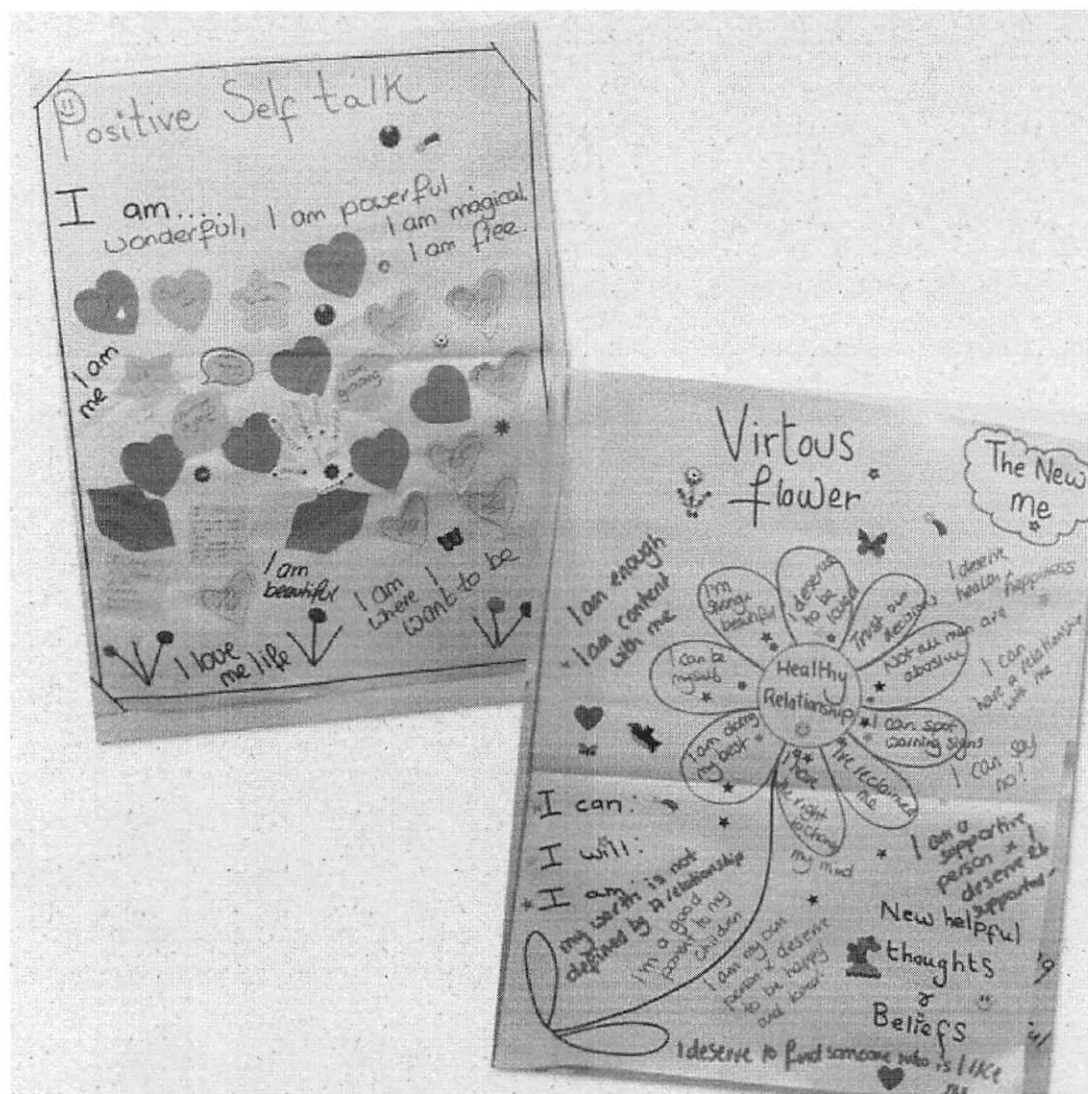
Recovery Toolkit is evaluated using Rosenberg's Self-Esteem Scale before and after the programme. Results have shown that the self-esteem of all participants were higher at the end than compared to the beginning with the mean score increasing from 12 to 25 which demonstrated a very healthy increase of 10 points moving from low self-esteem to a normal range. The full range is on a scale 0-30 and normal scores are considered to be 16-25.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2017



Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

You & Me, Mum participant Comments taken from paper based evaluation

"Participating fully in these courses have helped me to see how my children were feeling and from their perspective. Being there emotionally for my children is one of the most loving things a mom can do. I would tell anyone going through an abusive relationship these are the best courses to go on to be free from abuse. I've now got my children back from local authority care and our relationship is being rebuilt and learning new and positive things about one another because our feelings are not as blocked now. We are true survivors. We are our children's healers. These programmes opened my eyes and let me and my children breathe again."

"I am a calmer mother because I learnt how to deal with emotions, how to talk to my daughter and understand her"

"I am more aware of how the children have been affected by domestic abuse and how it has impacted their feelings and behaviour. I am now more equipped to give them significantly more emotional support and share with them strategies to help them through their thoughts, feelings and emotions"

"Calmer with children, do not take things personally, realise how much my negative thinking was affecting them and that my new positivity feeds down to them and has a ripple effect throughout the home"

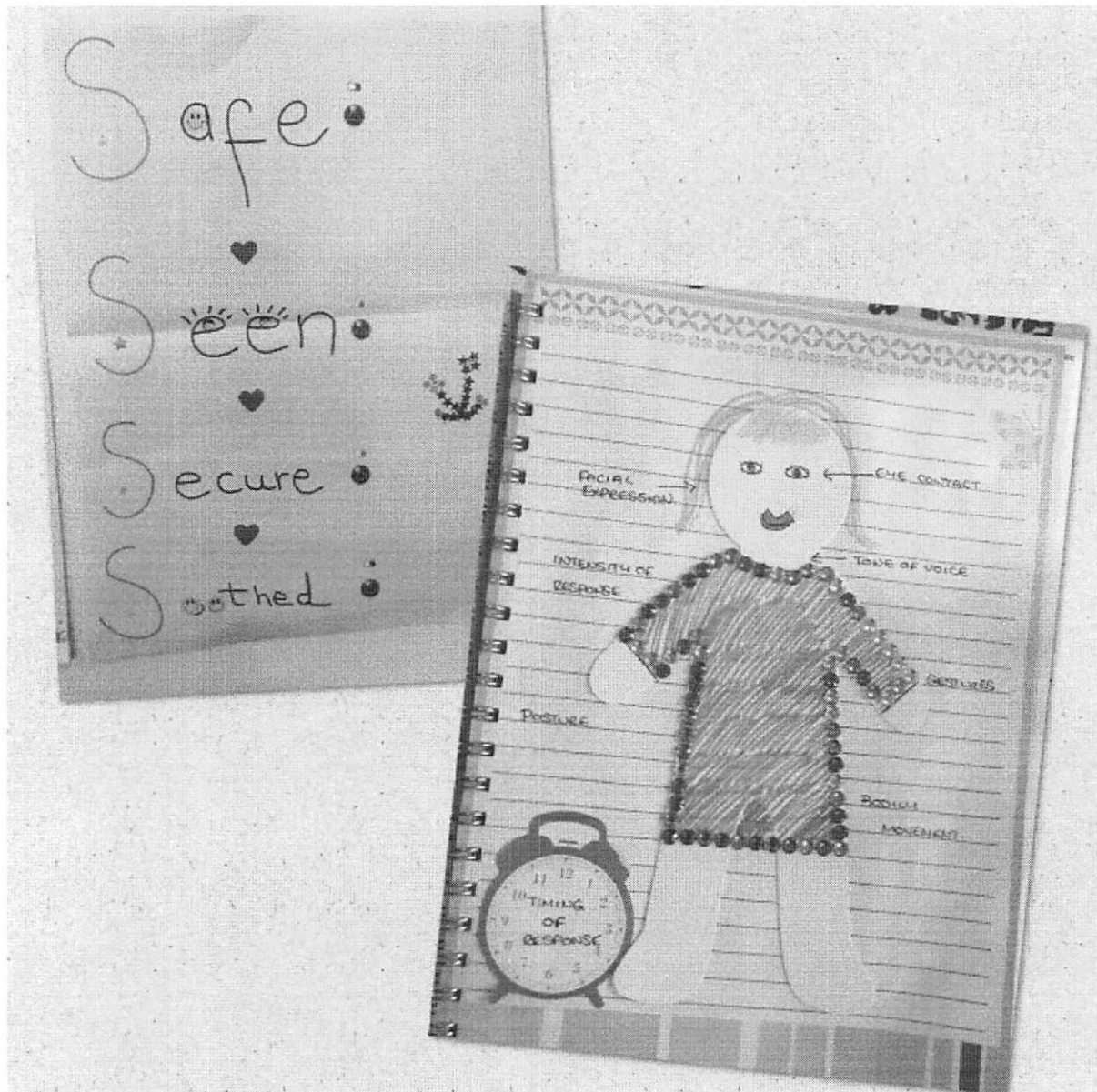
"Attending the freedom project has been extremely beneficial to me. When I first started I was so nervous and lacking in self confidence that I struggled to make eye contact with people. I couldn't say 'no' to anyone or anything and genuinely felt worthless. All of this was caused by enduring 17 years of domestic abuse. From the first day I met Jacky and Donna I felt believed and that I could have a better life. With their help, support and the invaluable freedom, recovery toolkit and you and me mom programmes, I can now look people in the eye, I can make decisions for myself and have actually stopped completely disregarding my own thoughts, feelings and needs. I have stopped blaming myself for everything and can see a future for myself. I am now nearing completion of an access to health course and have received distinctions in all of my assignments so far and I now have a place at BCU in September to start my degree. The most important change in my life has been building a strong relationship with my children. For the first time, I can be the best mom I can be to my kids and they love having quality time with me. This is something that could never happen before and for this I will be eternally grateful to Jacky and Donna. Without their excellent work, I know I wouldn't still be here."

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017



Dear Friend Project

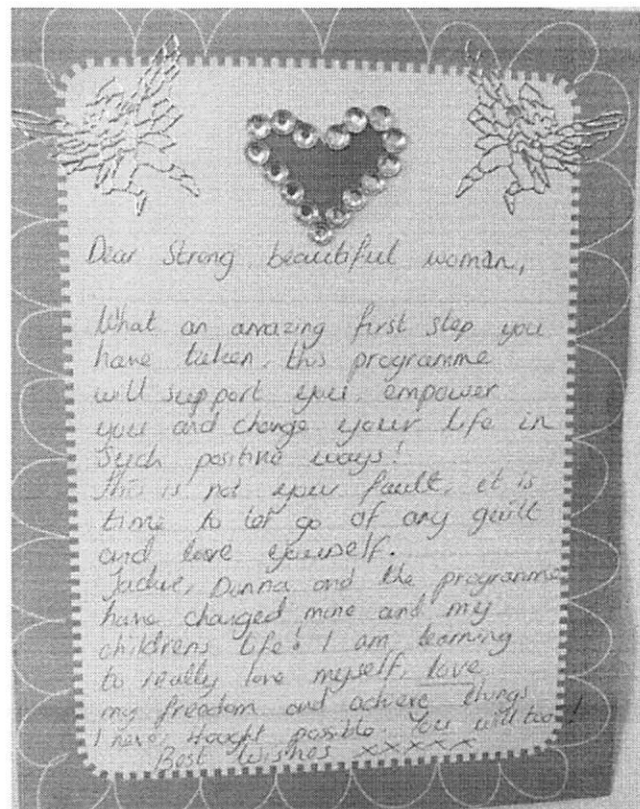
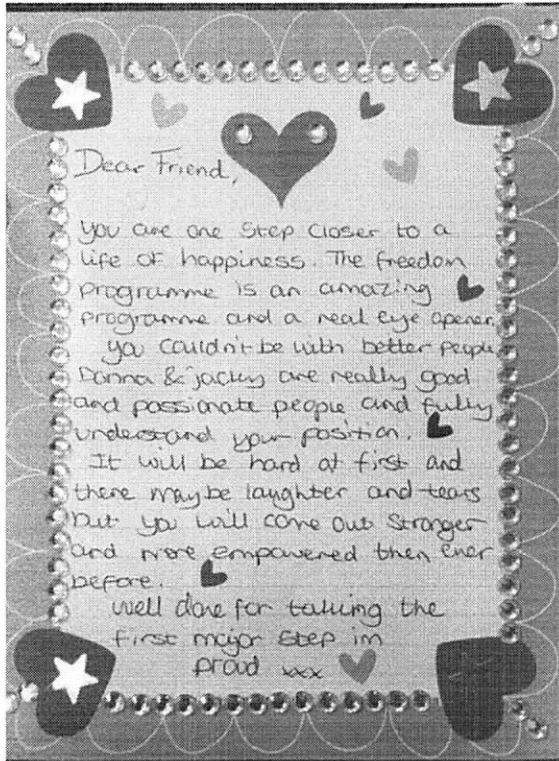
We introduced 'Dear Friend' letters during the last 12 months as a way for women to share their experience of the programmes to potential new participants who may be deciding about attending. It was a wonderful way of reflecting on how far they had come and gave a feeling of empowerment by helping others who may be in the position they were in at the beginning of their journey. Groups have so far created 57 letters. This collection will be added to throughout the year and funding will be sourced to develop the letters into a book and a video so watch this space!

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2017



Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Partnerships

In April 2016 Angie Field, Train to Gain Development Worker at the Brandwood Centre joined us in delivering the final week of the Recovery Toolkit Programme. This is the start of a new relationship providing further opportunities for women to access training, volunteering and employability skills. Angie stated "The activity included identifying skills and qualities and exploring how those can be transferred into the work place. This provided a 'Taster' of the further opportunities available through the Train-to-Gain project, provided an introduction to the Project Development Officer and more importantly provided a great opportunity for participants to recognise their strengths and abilities at a vital time when they are planning their next steps. It has been great to be able to work in partnership and offer complimentary services to local people and therefore raise confidence, self-esteem which ultimately supports employability prospects."

This year has seen another new partnership to enhance our programmes. The Protective Behaviours Consortium will be accrediting the Recovery Toolkit Programme. Participants will be able to work towards a Level 1 OCN in Employability and Development Skills if they wish to do so. We are now a member of the Protective Behaviours network and were delighted to be asked to deliver a presentation at their 2016 AGM.

In February 2017 with funding from Investing Communities Small Grants Programme we partnered with Innovating Minds CIC to deliver a pilot of the Children's Recovery Toolkit. 5 children whose mothers had completed the pathway of programmes took part over 9 weeks. It was a wonderful experience for the children, staff and parents. We hope with further funding that this will become a regular partnership to provide a much needed support for children and young people who have witnessed domestic abuse. Comments from parents

"Since starting the group he has had fewer anger outbursts. He has got so much better at opening up & expressing his feelings"

"I can't thank you all enough! We have a calmer household and a much happier mum and son, with lots of cuddles offered by a very happy boy"

"My daughter has got a lot of confidence and support coming to this group. The things she is learning is priceless and will help her develop good relationships in the future. She has gained confidence and understanding, and is coming to terms with what happened in her past"

"I think it has given her the language to express how she is feeling and almost permission to discuss things."

Allens Croft Project

Company Limited by Guarantee

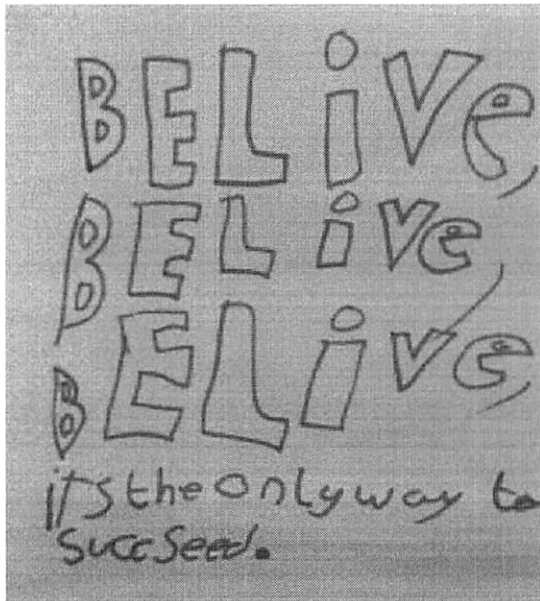
Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Promoting Services and Sharing Learning and Best Practice

Throughout the year we held information raising sessions with the following agencies to share up to date knowledge of our services and referral pathways:

- Social Workers from Children and Young People's Edge of Care Team.
- Social Workers from Children and Families Team.
- Soroptimist Society
- Birmingham City Council Prevent Team
- NSPCC
- Innovating Minds
- West Midlands Police
- CCG Safeguarding Team
- BCC Councilors and Cabinet Members



Social Media

We have a well maintained social media presence and use a variety of ways of reaching all who may need access to our project.

Our Twitter account @dvsouthbham has 3,575 followers. We have tweeted 4,206 tweets and ensure that programme information including pictures is updated on a daily basis.

We have recently opened a Facebook account which is linked to Twitter so that both are updated together. Our website www.birminghamfreedomproject.org has had 5,991 separate visitors since May 2014 and 16,141 views. It is ranked highly on search engines so that women searching for programmes can find our information with ease. Our latest venture is our Instagram site to promote the 'Dear Friend' letter project. This was set up by one of our trustees, Jo Willis who maintains it on a regular basis. So special thanks to Jo.

Our aim is to keep up with the ever-changing social media and technological landscape ensuring that our information is accessible to all.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Events

During the year we organised two Pamper Day celebration events. A variety of therapies and stylists were on hand and everyone had a chance to relax and be pampered for the day free of charge. 90 women who had attended programmes came along and we also had some special guests including campaigner and survivor Rachael Williams and Rachel Ozanne from Safer Lives.



Rachel Williams Survivor Campaigner Ambassador for Welsh Women's Aid and Pioneer for SafeLives

"My name is Rachel Williams and I am an Ambassador for Welsh Women's Aid as well as a pioneer for SafeLives. I was invited to attend Birmingham Freedom Project pamper day sessions by Jacky. The one being held just before Christmas and the other was held in March for International Women's Day. Both days were a massive success. I attended the events in my official role and also as a fellow survivor to enjoy the day and get to chat to the ladies and hear how they had been helped by the sessions. It was evident to me how much those ladies enjoyed attending the group sessions and clearly more how much support they all receive from Jacky & Donna. It was transparent to see that Jacky and Donna very much are held in high esteem by all those ladies who had gone through the groups.

Not only were there new clients attending the events but also old clients who had very much moved on in their journey but clearly wanted to support the other ladies. The work that Birmingham Freedom Project does is invaluable. I just wish that there were more groups like this to support the masses of victims and survivors of domestic abuse."

We also organised a day at the Mind Body and Spirit Festival and a trip to the Christmas Market.

We organised two half term activity days during the school holidays enabling women and their children to share fun activities together. This is not possible whilst in the abusive relationship so being able to enjoy activities together is a wonderful way to rebuild bonds and enjoy doing things together and with other families.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Financial review

General

The total income for the charity, grants and donations, during the year was £105,298 (2016: £137,614). All of this money was for the general objectives of the charity and there were no restricted funds. Total expenditure was £78,110 (2016: £136,740). The net result was a surplus for the year of £27,188 (2016: £874). This amount has been added to reserves leaving a balance carried forward for future use of £26,595.

Acknowledgements

We are ever grateful for Big Lottery Reaching communities Grant for funding during the last three years. We have witnessed so many life changing moments for women and children in that time which would not have been possible without this grant. We are also grateful to the Grimmitt Trust, One Stop and Active Citizen Funding who provided funding for extra resources for programmes and creative activities.



Reserves Policy

The charity's current policy is to maintain sufficient reserves to enable it to pay salaries and other operating costs for a period of three months. At present levels of costs this is estimated to be £15,000. Excess monies will be used to develop and expand programmes and projects and, hopefully increase staffing levels.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Structure, governance and management

Allens Croft Project is a company limited by guarantee governed by its Memorandum and Articles of Association dated 11 February 2008 and is registered as a charity with the Charities Commission.

Governance

The last 12 months has been a period of change in terms of governance at the Freedom project. We have seen the retirement of the original group of Trustees and have welcomed the introduction of a completely new set of Trustees, including a new Chair in Dr. Andrew Coward, who has been a local GP for 28 years and the Chair of Birmingham South and Central Clinical Commissioning Group since 2013. We have worked hard to update all our policies and procedures during this time and to focus on developing a business management approach to the project.

Organisation

The Board of Trustees meets regularly. The managers have delegated authority for day to day operational matters but financial and other significant decisions are dealt with by the Board.

Related Parties

In previous years Allens Croft Project maintained a close relationship with The Hub, Hazelwell, sharing common trustees, and carried out work on behalf of The Hub. The Hub made financial contributions to the charity to assist with salary payments.

The newly appointed board of trustees are all professionals involved in the NHS. It is possible that at some times there will be work carried out for organisations in which the directors have significant influence and as such will need to be reported.

Funding

The Company receives grants from various grant making bodies in order to assist with salaries and pay for various activities. It also receives donations. It does not actively seek money from the general public but does not reject any donations that may be offered.

Risk Management

The Trustees have a Risk Management strategy which involves:

- Governance - a review of how the risk affects our aims.
- Operational - Service quality, safeguarding, child protection and health and safety.
- Financial - reviewing adequacy of reserves and cash flow.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Safeguarding

Safeguarding means protecting individuals, children & adults from the risk of abuse or neglect. The trustees & employees have a clear commitment to safeguarding, ensuring it is everyone's business. The Safeguarding policies for children's and adults have now been reviewed to reflect the most up to date legislation and practice and our Designated Trustee for Safeguarding is in place. We work very closely with the safeguarding team at Birmingham South Central Clinical Commissioning Group and have a clear understanding of the effects of domestic violence and abuse on a child's development and well-being. This is why we are committed to a service which empowers women and reinforces their abilities to parent and protect their children. We also work very closely with the Birmingham Safeguarding Adults Board (BSAB), which has responsibilities for seeking assurance regarding domestic abuse under the Care Act 2014. We have signed the memorandum of Understanding and are a member of the BSAB Partnership Board.

Allens Croft Project

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2017

Reference and administrative details

Registered charity name Allens Croft Project
Charity registration number 1123337
Company registration number 06498953
Principal office and registered office St Bede's Church
Bryndale Avenue
Birmingham
B14 6NG

The trustees

C Collins	(Appointed 11 July 2016)
Dr A Coward	(Appointed 11 July 2016)
C Dale	(Appointed 11 July 2016)
D Edwards	(Appointed 22 September 2016)
T Odey	(Appointed 11 July 2016)
C Gunning	(Resigned 11 July 2016)
C Mitchell	(Resigned 11 July 2016)
S Moore	(Resigned 11 July 2016)
T Taylor	(Resigned 11 July 2016)
J Page	(Resigned 11 July 2016)
M Bowen	(Resigned 11 July 2016)

Accountants

David Seeley FCA
Chartered accountant
Accuo Accounting Limited
Chartered Accountants
Alvechurch
Birmingham
B48 7JX

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 6 July 2017 and signed on behalf of the board of trustees by:



Dr A Coward
Trustee

Allens Croft Project

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Allens Croft Project

Year ended 31 March 2017

I report on the financial statements for the year ended 31 March 2017, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales (ICAEW).

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Allens Croft Project

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Allens Croft Project *(continued)*

Year ended 31 March 2017

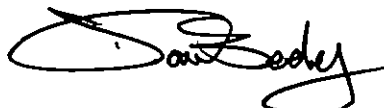
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006, and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



DAVID SEELEY FCA
Chartered accountant

Accuo Accounting Limited
Chartered Accountants
Alvechurch
Birmingham
B48 7JX

6 July 2017

Allens Croft Project
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

31 March 2017

		2017		2016
		Unrestricted funds	Total funds	Total funds
	Note	£	£	£
Income and endowments				
Donations and legacies	5	105,298	105,298	137,554
Other trading activities		–	–	56
Investment income	6	–	–	4
Total income		<u>105,298</u>	<u>105,298</u>	<u>137,614</u>
Expenditure				
Expenditure on raising funds:				
Costs of other trading activities	7	–	–	6,920
Expenditure on charitable activities	8,9	78,110	78,110	129,820
Total expenditure		<u>78,110</u>	<u>78,110</u>	<u>136,740</u>
 Net income and net movement in funds		 <u>27,188</u>	 <u>27,188</u>	 <u>874</u>
 Reconciliation of funds				
Total funds brought forward		(593)	(593)	(1,467)
Total funds carried forward		<u>26,595</u>	<u>26,595</u>	<u>(593)</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 22 to 29 form part of these financial statements.

Allens Croft Project
Company Limited by Guarantee
Statement of Financial Position
31 March 2017

		2017		2016
		£	£	£
Fixed assets				
Tangible fixed assets	15		464	928
Current assets				
Debtors	16	600		645
Cash at bank and in hand		33,472		15,461
		<u>34,072</u>		<u>16,106</u>
Creditors: amounts falling due within one year	17	<u>7,941</u>		<u>17,627</u>
Net current assets			<u>26,131</u>	<u>(1,521)</u>
Total assets less current liabilities			<u>26,595</u>	<u>(593)</u>
Net assets			<u>26,595</u>	<u>(593)</u>
Funds of the charity				
Unrestricted funds			<u>26,595</u>	<u>(593)</u>
Total charity funds	18		<u>26,595</u>	<u>(593)</u>

For the year ending 31 March 2017 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

- The members have not required the charity to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of trustees and authorised for issue on 6 July 2017, and are signed on behalf of the board by:



Dr A Coward
Trustee

The notes on pages 22 to 29 form part of these financial statements.

Allens Croft Project
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 March 2017

1. General information

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is St Bede's Church, Bryndale Avenue, Birmingham, B14 6NG.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Transition to FRS 102

The entity transitioned from previous UK GAAP to FRS 102 as at 1 April 2015. Details of how FRS 102 has affected the reported financial position and financial performance is given in note 23.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102.

No cash flow statement has been presented for the company.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Allens Croft Project

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2017

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- Legacy income is recognised when receipt is probable and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- Expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

All fixed assets are initially recorded at cost.

Allens Croft Project

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2017

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Computers - 33% straight line

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

The company is limited by guarantee and consequently has no share capital.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Donations			
Donations	6,698	—	6,698
Grants			
Grant Aid	98,600	—	98,600
	<u>105,298</u>	<u>—</u>	<u>105,298</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Donations			
Donations	9,471	7,500	16,971
Grants			
Grant Aid	(400)	120,983	120,583
	<u>9,071</u>	<u>128,483</u>	<u>137,554</u>

Allens Croft Project

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2017

6. Investment income

	Unrestricted Funds £	Total Funds 2017 £	Unrestricted Funds £	Total Funds 2016 £
Bank interest receivable	—	—	4	4
	<u>—</u>	<u>—</u>	<u>4</u>	<u>4</u>

7. Costs of other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Salaries	—	—	—
Employer's NIC	—	—	—
Operating leases	—	—	—
Rent	—	—	—
Light & heat	—	—	—
Repairs & maintenance	—	—	—
Insurance	—	—	—
Telephone	—	—	—
Other office costs	—	—	—
Training	—	—	—
Publicity	—	—	—
	<u>—</u>	<u>—</u>	<u>—</u>
	<u>—</u>	<u>—</u>	<u>—</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Salaries	—	4,160	4,160
Employer's NIC	137	213	350
Operating leases	88	—	88
Rent	712	—	712
Light & heat	164	—	164
Repairs & maintenance	88	—	88
Insurance	93	—	93
Telephone	161	—	161
Other office costs	102	—	102
Training	877	—	877
Publicity	125	—	125
	<u>2,547</u>	<u>4,373</u>	<u>6,920</u>

Allens Croft Project

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2017

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Community Development	76,952	–	76,952
Support costs	1,158	–	1,158
	<u>78,110</u>	<u>–</u>	<u>78,110</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Community Development	2,333	108,671	111,004
Support costs	3,377	15,439	18,816
	<u>5,710</u>	<u>124,110</u>	<u>129,820</u>

9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2017 £	Total fund 2016 £
Community Development	76,952	–	76,952	128,546
Governance costs	–	1,158	1,158	1,274
	<u>76,952</u>	<u>1,158</u>	<u>78,110</u>	<u>129,820</u>

10. Net income

Net income is stated after charging/(crediting):

	2017 £	2016 £
Depreciation of tangible fixed assets	464	464
Operating lease rentals	1,413	880

11. Independent examination fees

	2017 £	2016 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	402	402
Other financial services	600	600
	<u>1,002</u>	<u>1,002</u>

Allens Croft Project

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2017

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2017	2016
	£	£
Wages and salaries	54,665	87,095
Social security costs	4,724	6,985
Employer contributions to pension plans	194	—
	<u>59,583</u>	<u>94,080</u>

The average head count of employees during the year was 2 (2016: Nil). The average number of full-time equivalent employees during the year is analysed as follows:

	2017	2016
	No.	No.
Number of staff - management	—	1
Number of staff involved in charitable activities	2	3
	<u>2</u>	<u>4</u>

No employee received employee benefits of more than £60,000 during the year (2016: Nil).

Key Management Personnel

The trustees consider that they comprise the key management personnel. No remuneration is paid to them by the charity or any third party in connection with their role at the charity.

13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees in either the current or previous year. No expenses were reimbursed in either year.

14. Transfers between funds

There were no transfers between funds during the year.

Allens Croft Project

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2017

15. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2016	5,913	5,913
Disposals	(4,521)	(4,521)
At 31 March 2017	<u>1,392</u>	<u>1,392</u>
Depreciation		
At 1 April 2016	4,985	4,985
Charge for the year	464	464
Disposals	(4,521)	(4,521)
At 31 March 2017	<u>928</u>	<u>928</u>
Carrying amount		
At 31 March 2017	<u>464</u>	<u>464</u>
At 31 March 2016	<u>928</u>	<u>928</u>

16. Debtors

	2017 £	2016 £
Prepayments and accrued income	<u>600</u>	<u>645</u>

17. Creditors: amounts falling due within one year

	2017 £	2016 £
Accruals and deferred income	<u>7,941</u>	<u>17,627</u>

18. Analysis of charitable funds

Unrestricted funds

	At 1 April 2016 £	Income £	Expenditure £	At 31 March 2017 £
General funds	<u>(593)</u>	<u>105,298</u>	<u>(78,110)</u>	<u>26,595</u>

Allens Croft Project

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2017

19. Analysis of net assets between funds

	Unrestricted Funds	Total Funds
	2017	2017
	£	£
Tangible fixed assets	464	464
Current assets	34,072	34,072
Creditors less than 1 year	(7,941)	(7,941)
Net assets	<u>26,595</u>	<u>26,595</u>

20. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2017	2016
	£	£
Not later than 1 year	1,524	820
Later than 1 year and not later than 5 years	3,870	2,049
	<u>5,394</u>	<u>2,869</u>

21. Related parties

(a) During the previous year and during the current year up to 11 July 2016 the company was connected with The Hub, Hazelwell as the two charities shared common trustees. All of the trustees resigned on 11 July and were replaced by a new body having no connection with The Hub.

(b) The Hub contributed £2,500 during the year to assist with the charity's work with older people (2016: £10,000).

(c) During the year the medical practise headed by the chair of trustees, Dr A Coward, undertook fundraising for the charity, raising £658.

22. Transition to FRS 102

These are the first financial statements that comply with FRS 102. The charity transitioned to FRS 102 on 1 April 2015.

No transitional adjustments were required in the retained funds or income or expenditure for the year.