AMAUDO UK

(Charities Number 1084963)

ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2016

AMAUDO UK

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2016

		2016 General £	2016 Restrict £	2016 Total £	2015 General £	2015 Restrict £	2015 Total £
INCOME							
Regular Donors		9,235	6,864	16,099	9,474	7,289	16,763
Donations		9,129	8,299	17,428	13,744	51,741	65,485
		18,364	15,163	33,527	23,218	59,030	82,248
Grants		-		-	-		-
Gift Aid		5,266		5,266	9,061		9,061
Training		-		-	-		-
Bank Interest		3		3	5		5
Total Income		23,634	15,163	38,797	32,285	59,030	91,315
		3,651			5,365		
EXPENDITURE							
Transfers to Nigeria			12,945	12,945		52,509	52,509
Nigeria expenses							-
UK Expenditure							
Office rent and costs		6,263		6,263	7,103		7,103
Rent	5,400						
Stationery/telephone	863						
Salaries and costs		17,161		17,161	16,529		16,529
Salaries	15,649						
Pension and N. I.	1,512						
Software		46		46	-		-
Fundraising		596		596	915		915
Insurance		601		601	587		587
Employees travel		2,001		2,001	104		104
Local	177						
Overseas	1,825						
Sundry expenses		244		244	443		443
Trustees travel		-		-	240		240
Local	-						
Overseas	-						
Training		-		-	-		-
Donation		-		-	(766)		(766)
Contribution for Amaudo HQ		1,090		1,090	-		-
Depreciation		-		-	-		-
Total Expenditure		28,002	12,945	40,947	25,156	52,509	77,666
Net Income less Expenditure		(4,369)	2,218	(2,151)	7,129	6,520	13,649
Balance at beginning of the year		21,866	12,693	34,559	14,737	6,173	20,910
Balance at end of the year		17,497	14,911	32,408	21,866	12,693	34,559

AMAUDO UK

BALANCE SHEET AS AT 31 DECEMBER 2016

	Notes	2016	2015
		£	£
ASSETS			
Fixed Assets	3	-	-
Current Assets			
Debtors	4	5,602	9,904
Inventory	5	-	-
Cash at Bank		30,549	27,774
Total Current Assets		36,151	37,678
less Current Liabilities			
Creditors	6	3,743	3,119
Net Current Assets		32,408	34,559
Total Assets less Liabilities		32,408	34,559
FUNDS			
Restricted	7	14,911	12,693
less Unrestricted		17,497	21,866
		32,408	34,559

Signed on behalf of the Trustees of Amaudo

Chairman

Treasurer

AMAUDO UK

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2016

1 Accounting Policies

a Basis of Accounting
These accounts are prepared on the historical cost basis and in accordance with applicable recognised accounting standards and the statement of Recommended Practise on Accounting by Charities (the Charities SORP).

b Grants
Grants are recognised in the Statement of Financial Activities on an accruals basis in accordance with any pre-conditions.

c Donations, Fundraising and Gifts
Donations are recognised in the accounts on a received basis. Gifts in kind are recognised at their value to the charity (none were received in 2016).
No value is assigned to donated facilities.

d Expenditure
Expenditure is recognised on an accrual basis, with overheads being allocated to restricted and unrestricted overheads in proportion to donations and grants received.

e Capitalisation
Expenditure on repairs, renewals, plant and equipment which costs in excess of £200 is capitalised together with expenditure on Furniture and fitting and donated goods.

f Depreciation
Provision for depreciation of Fixed Assets held for use by the charity is made at annual rates calculated to spread the cost of each asset over its expected useful life.

The depreciation rate in use for this year is as follows:
Office equipment 33%

g Taxation
No provision for taxation is included in these accounts as the charity is entitled to exemption from tax afforded by section 505 of the Income and Corporation Act 1988.

h Cash Flow
The charity qualifies as a small charity and therefore, in accordance with FRS 1, no cash flow is required.

AMAUDO UK

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2016

2 Employees

During the year the charity employed three people, each on a part time basis.

3 Fixed Assets

Office Furniture and Equipment

Cost	
Balance at 31 December 2015	1,023
Scrapped during the year	-
Additions during the year	
Furniture	-
Office Equipment	-
Balance 31 December 2016	1,023
Accumulated Depreciation	
Balance at 31 December 2015	1,023
Utilised	-
Charge for the year	-
Balance 31 December 2016	1,023
Net Book Value at 31 December 2015	-
Net Book Value at 31 December 2016	-

4 Debtors	**2016**	**2015**
	£	£
Gift Aid receivable	4,851	9,051
Office rental - deposit	450	450
Insurance - prepaid	151	147
AFVS Membership - prepaid	100	-
Debtors - Travel costs due from Nigeria anniversary trip	-	-
Donations receivable from BMYCharity account	-	256
Donations receivable from MyDonate account	49	-
	5,602	9,904

5 Inventory	**2016**	**2015**
	£	£
Learner packs	-	-

6 Creditors	**2016**	**2015**
	£	£
Accruals	146	57
Donation received in advance - Akabusi Trust	-	-
Grant received in advance - Joseph Rank Trust	-	-
Due to Amaudo Itumbauzo	3,597	3,062

3,743 3,119

AMAUDO UK

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2016

7 Restricted Funds

The funds of the charity include restricted funds comprising the unexpended balances of donations and grants held on trust to be applied for specific purposes

	Balance 1 Jan	vement in Funds Incoming	Outgoing	Transfers	Balance 31 Dec
Amaudo Itambauzo Headquarters	2,137	2,206	4,183	(160)	0
Amaudo 2 Ntalakwu	1,884	2,060	1,860	-	2,084
Project Comfort	6,643	2,760	2,640	-	6,763
Project Director's vehicle fund	(2,000)	2,000	-	-	-
Amaudo 1	1,869	-	-	-	1,869
Refurbishment	4,171	3,509	2,630	-	5,050
Education Fund	(1,850)	2,628	1,632	-	(854)
CMHP	(212)		-	212	0
TACT	51	-	-	(51)	(0)
	12,693	15,163	12,945	-	14,911

AMAUDO UK

TREASURER'S REPORT ON THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2016

Preamble

The General Funds deficit of £4,369 for the year shows a decrease of £11,497 versus 2015 and is largely driven by an decrease in donations and increase in travel costs during 2016.

Excluding the Donald Forrester Trust donation of £5,000 received in November 2015, the non-regular donations in 2016 have increased by £385. In comparison, the level of Restricted Funds donations has decreased significantly as a result of a £30,000 donation from the Methodist Church in 2015 being included in the prior year figures. Excluding this 2015 donation, the decrease in Restricted Funds donations is largely attributible to a decrease in level of the Maintenance Fund's donations .

Accounts for the Year

Restricted Funds

During the year £15,163 was received in respect of Restricted Funds (2015: £59,030) whilst the amount transferred/expended on behalf of Amaudo Nigeria totalled £12,945 (2015: £52,509).

General Funds

During the year income totalled £23,634 (2015: £32,285) whilst expenditure increased to £28,002 (2015: £25,156). This resulted in a deficit for the year of £4,369 (2015: £7,129).

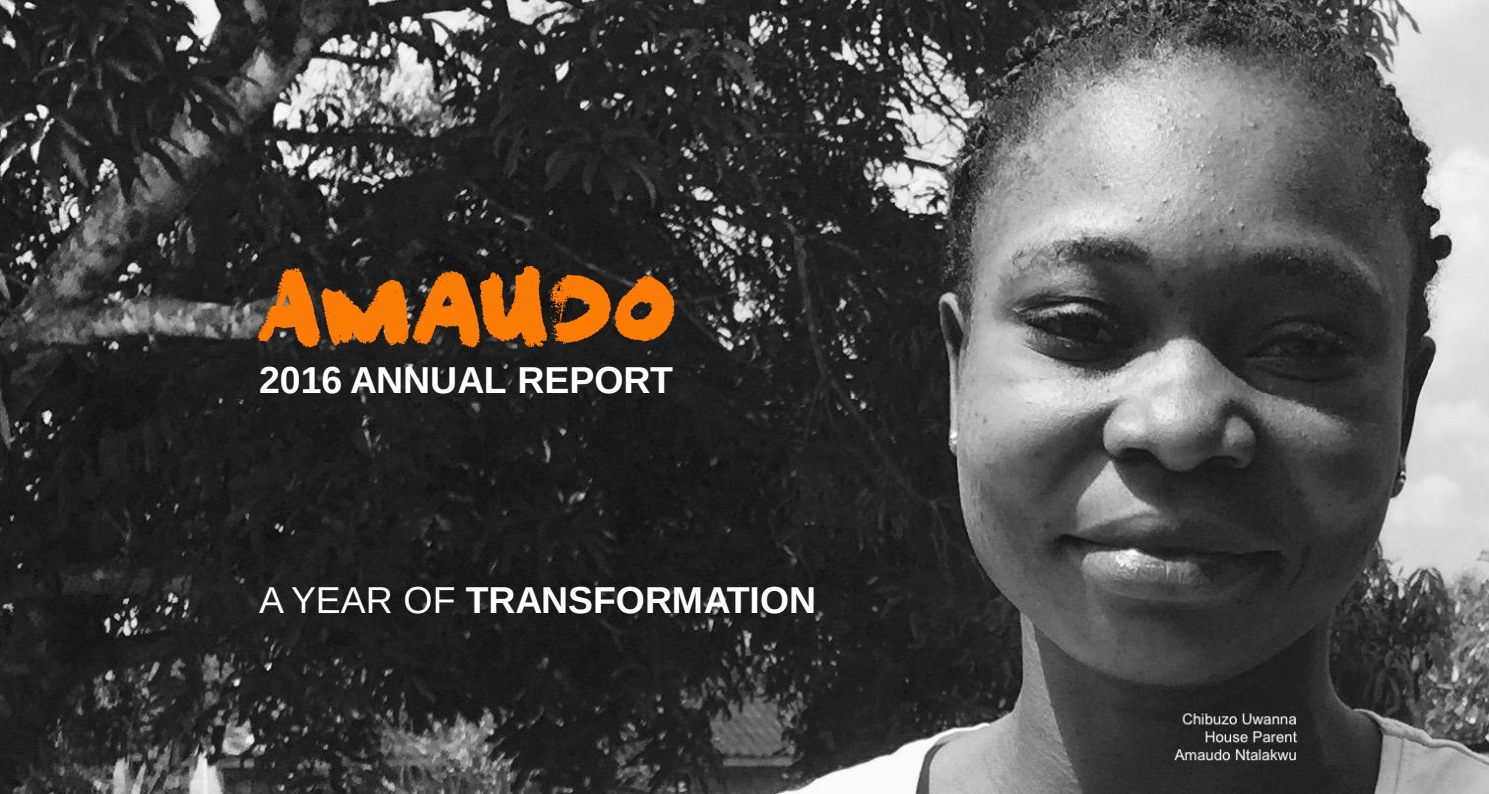
Excluding the 2015 donation of £5,000 mentioned above, the income (before gift aid) for the current year is at a favourable variance of £146 versus 2015.

The increase in expenditure is mainly attributible the increase in travel costs for employees (£1,897), contribution to Amaudo HQ as per trustee approval (£1,090), contribution to the purchase of a laptop for the Amaudo Director (Rev Kenneth) of £766. The reduction in stationery costs of £841 has offset these increases.

AMAUDO

2016 ANNUAL REPORT

A YEAR OF **TRANSFORMATION**



Chibuzo Uwanna
House Parent
Amaudo Ntalakwu

TRANSFORMING LIVES
NGOZI'S STORY

Ngozi was found by Amaudo in February 2016, along Uzuakoli Road in Umuahia where she was roaming the streets.

She was mentally ill and had a speech impairment, but was able to write her name and home town. As she became mentally stable Amaudo took her to Enugu for home tracing. She was first taken to her school where her classmates were surprised to see her again because they thought she was dead (based on false information from prayer houses).

The teachers revealed that she was 16 and in Senior Secondary School 3. She was about to take her final exam when she developed her mental health problem and wandered away from school.

The school helped Amaudo trace her family. On seeing their daughter the family members were bewildered. They could not believe she was alive.

Her mother had given up hope on her daughter coming home because of the prayer house revelations. The pastors indicated that it was of no value to look for her daughter. One of the pastors informed the girls' mother that her daughter had died which was why there was no need to look for her. Another pastor informed her that her daughter had married an unknown man and that she was pregnant.

When Amaudo took the rehabilitated girl back home, her mother could not believe that her daughter was alive and well enough to return.

TRANSFORMING LIVES
JOSEPH'S STORY

It all started in 1994. A promising student, Joseph specialised in engineering. He was sent on an internship and during this period, one night he dreamt he saw a man he knew forcing him to eat faeces. From that very moment he lost his mental coordination. He was heavily stigmatised by everybody in his community, except his immediate family, who did their best to help.

First he was taken to hospital. From there he went to various doctors and clinics (including native doctors) but his problems persisted. His mother kept vigil for days on end. Then he ran away into the bush. Whilst asleep one night, a man appeared in his dream and gave him a description of where he should go and get help.

When he was taken there it turned out to be the home of Mr John Idam Idume, coordinator of community mental health services at Amaudo. As soon as he came under his care, he started recovering until he got well enough to support himself.

He applied for a job and rose to the position of Marketer at Uburu Service Centre and is now happily married to Mrs Victoria Azu Oko, a staff member of UBEB Afikpo. He was able to build a three bed bungalow in his village. Amaudo helped him regain his sanity, which he lost for many years.

TRANSFORMING
OUR ORGANISATION

Kate Lumley
CEO, Amaudo UK

2016 was another incredible year for Amaudo. It was a real privilege to attend the discharge service and witness the life-changing impact of Amaudo's work on individuals and their families. I heard incredibly moving stories about lives being transformed, from a hopeless and frightening existence on the streets to being healthy and facing a secure future in the heart of a loving family. And now Amaudo finds itself undergoing its own transformation. This year's annual report focuses on these efforts and the achievements through the year.

MISSION

Amaudo UK works in partnership with Amaudo to create affordable, accessible and sustainable solutions for people experiencing mental health problems or learning difficulties in Nigeria.

KEY AIMS

1. To improve the skills and knowledge of the Amaudo Itumbauzo worker team and other associated health-workers
2. To increase the capacity of Amaudo Itumbauzo by accessing and utilising expertise, resources and funding in the UK
3. To increase awareness and promote Amaudo Itumbauzo and Amaudo UK
4. To work with other likeminded organisations to share learning and knowledge about global mental health issues

Amaudo 1: Amaudo Itumbauzo
Thriving as a community for up to 60 homeless mentally ill adults where support and care can be accessed before repatriation to homes and communities. 2016 has seen significant work continuing in the centre to improve living standards of residents and residential staff. 49 new residents joined the community in 2016 and 30 recovered residents went home at the annual discharge service in December.

Amaudo 2: Amaudo Ntalakwu
Now under new leadership, residents in the long-stay community at Amaudo 2 have also experienced an upgrade in accommodation and facilities. The family house provides 24 hour care for people with significant learning disabilities, currently six people and the community village provides more independent accommodation for 17 recovered mentally ill people.

Community Mental Health Programme
Provides community based psychiatric care in four states in Nigeria. In 2016 almost 10,000 people accessed this service, delivered by psychiatric nurses based across a network of local clinics. It also supports a number of self help groups where people with mental health issues can come together for emotional and practical support. In addition offer a platform for advocacy work.

Project Comfort
Provides community based support and interventions for children and young people with learning and physical impairments. Currently 180 service users receive regular visits from the Project Comfort team.

TRANSFORMING INFRASTRUCTURE

£30K

Spent on new water and sanitation systems at Amaudo 1 & 2

All beds and mattresses replaced throughout both residential centres

Nine of the 16 buildings at Amaudo 1 have so far been re-roofed

The main focus in 2016 was to bring up the standard of accommodation for residents and staff who live at Amaudo 1. This is essential not only for the health and safety of all but also the dignity of residents. It sends out an important message that Amaudo's residents' will be treated equally and respectfully while they recover. The water and sanitation project is now complete and the reroofing is well under way with a focus on finding the remaining funds in 2017. In 2017 we have supported a plan to upgrade interior standards alongside a plan for more regular maintenance.

As well as providing food for the Centres, farming at Amaudo generates income for the project work and can be used in rehabilitation with the residents. 2016 saw Amaudo embark on maximising the arable land surrounding it's residential centres and crops such as cassava, maize and pumpkin were planted. The palm plantation also continued to be maintained..

TRANSFORMING AWARENESS

AMAUDO

New communications strategy including social media & new website

Social media training sessions run at Amaudo in December

Nine Self Help Groups provide a platform for Human Rights

Amaudo UK worked hard during 2016 to develop a comprehensive communications strategy to ensure that Amaudo's message would and could be heard loud and clear. Activity runs across a number of social media platforms. The new Amaudo website was built in collaboration between the UK and Nigeria with the goal of being appropriate for visitors from both countries and beyond. It was launched in the new year and has been well received,

TRANSFORMING
SKILLS & KNOWLEDGE

250 student nurses experienced Amaudo healthcare in action

All Amaudo staff received Human Rights & Mental Health training

30

families of residents received training prior to the discharge ceremony

Following Very Rev Kenneth's recent studies, he designed a training event for the Amaudo team which covered the Convention on the Rights of People with Disabilities with reference to key rights of people with mental and psychosocial disabilities, Legal Capacity, Stigma and Discrimination, and International and UN Human Rights Instruments. In practice we've seen a shift in approach and a real confidence by staff when working to promote and further the rights of those experiencing mental health issues. This was also evident in the family training event where family members were given information about the support they needed to give to their loved ones.

Throughout the year Amaudo maintained a collaboration with the School of Psychiatric Nursing Umunata in Bende and the Federal School of Psychiatric Nursing in Calabar. In 2016 Amaudo hosted 250 students and provided training in Community Mental Health Care for them.

TRANSFORMING PARTNERSHIPS

Two recent UK visits to Amaudo with ongoing collaboration

Burgeoning support from multiple State Govt departments

Thank you to all of our supporters, donors and funders

Amaudo could not exist without the collaborations that exist between it and other organisations. Over many years V. Rev Kenneth has worked tirelessly to nurture his relationship with the Abia State Government and in particular the Office of the Wife of the Governor, the Ministry of Women Affairs and Social Development and the Ministry of Health. This support has not only been financial but representatives have attended important functions and lent their support to mental health campaigns. At the end of 2016 the Government, after many years of lobbying, carried out major repairs to the road that leads to Amaudo 1. This is a huge achievement and will have a massive impact on the centre.

The collaboration between Amaudo and local education facilities is very exciting as colleges are recognising the significant contribution Amaudo can make on the next generation of mental health workers. It is now a compulsory part of some courses to spend time at Amaudo. Amaudo UK look forward to working with Amaudo to expand this work further in the next few years.

TRANSFORMING
FUNDING

	2016			2015		
	GENERAL	RESTRICTED	TOTAL	GENERAL	RESTRICTED	TOTAL
OPENING BALANCE	£21,866	£12,693	£34,559	£14,737	£6,173	£20,910
INCOME	£23,634	£15,163	£38,797	£32,285	£59,030	£91,315
EXPENDITURE	£28,002	£12,945	£40,947	£25,156	£52,509	£77,666
FINAL BALANCE	£17,497	£14,911	£32,408	£21,866	£12,693	£34,559

The finances of Amaudo UK continue to be a challenge however we have developed a robust, new fundraising strategy and are poised to launch two new fundraising initiatives in 2017 as well as continuing our grant seeking activities. We anticipate our new website will provide a powerful backdrop to our work and we aim to utilise it as a platform to launch future campaigns backed up with strong social media engagement.

As ever we would like to thank everyone who has generously donated to Amaudo UK throughout the year. Your continued support is hugely appreciated and enables us to transform the lives of those experiencing mental illness in Nigeria.

Sarah Dockree
Chair of Trustees
Amaudo UK

“I had no idea this kind of place existed, I’m overwhelmed – everyone should know about it!”

These were the words of a psychiatric nursing student at the beginning of their two week placement in Amaudo. Hundreds of students have stayed in Amaudo over the last couple of years as part of their training and for many it’s an eye opening and life changing experience. It is exciting to see Amaudo increasingly becoming a place where people come to learn, understand and experience a model which has benefitted so many with mental health issues over the years. It’s exciting to consider the implications of this for the future of mental health services in the area and beyond.

Amaudo UK continues to work hard to channel its resources to support, advocate and raise funds for the invaluable work being done by Amaudo’s committed and skilled staff.

The staff in Nigeria face many challenges as they seek to improve the lives of those with mental illness and childhood disability, but they continually strive to improve those services and deeply appreciate support and assistance from Amaudo UK. That’s your support too – the choice of our supporters to partner with us and therefore with the work and people of Amaudo continues to inspire us. Thank you. And if you’re reading this and had no idea such a place existed – please consider joining us. We believe it’s worth shouting about.

Very Rev Kenneth Nwaubani
Director, Amaudo

During 2016 Amaudo continued to promote and advocate for the human rights of people with mental illness.

We ensured that this theme cuts right through our continued partnerships, our self help groups and promotion of our work locally, nationally and internationally. We also made sure that the human rights approach was strong within our own organisation – we did this by providing training for all staff.

We embarked on various maintenance projects throughout the year to help us focus on providing a decent and respectful environment for those who we live alongside.

According to the WHO 14% of all the global burden of disease is attributed to mental disorders with 75% of these people living in countries where they cannot access to treatment they need.

The WHO maintains that with proper care, psychosocial assistance and medication tens of millions of people could be treated and begin to lead healthy lives again. At Amaudo we are proud to be contributing to this enormous task. The provision that Amaudo delivers is reaching more people each year. The experience and learning is also being shared further and wider and will therefore impact on even more people.

Amaudo is committed to strengthening collaborations with local and foreign partners to ensure that it provides quality and evidence based care. Amaudo will also continue to provide community based rehabilitation for children with physical and learning disabilities. We urge all our partners to continue to support Amaudo in whatever ways they can.

AMAUDO UK STAFF
Kate Lumley (CEO)
Lena Kiselyk (Administrator)

PATRON
Jackie Kay MBE FRSE

INDEPENDENT FINANCIAL ADVISOR
Nadezda Wandiy

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