

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)  
REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and  
Financial Statements for the Year Ended 31 March 2017  
for  
Health and Hope UK

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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2017.

## REFERENCE AND ADMINISTRATIVE DETAILS

### Registered Company number

08290412 (England and Wales)

### Registered Charity number

1151105

### Registered Office

62 Heronsgate Road  
Rickmansworth  
Hertfordshire  
WD3 5NX

### Principal Address

62 Heronsgate Road  
Rickmansworth  
Hertfordshire  
WD3 5NX

### Trustees

J Boyce	Accountant	
J C E Gardner	Lawyer	
A Gray	Accountant	Appointed 16th June 2017
H J Greig	Lawyer	
M Hawe	Doctor	
A D Murray	Doctor	Resigned 8th June 2017
K Waterfield	Doctor	Appointed 14th June 2017
E Watson	Management consultant	Appointed 15th June 2017
A Wyman	Charity manager	Appointed 17th June 2017

### Independent examiner

Simon Lewcock FCCA  
Windsor Lodge  
Millfield Road  
Hounslow  
TW4 5PN

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Report of the Trustees

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**Risk Management**

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Health and Hope UK (HHUK) was established at the end of 2012. The objectives of the charity are specifically restricted to the following:

- (1) For the public benefit of people in regions of South and South-East Asia, Health and Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities by the provision of advice and training in good governance, structure and fundraising for the various charitable arms and branches of Health and Hope Society.

HHUK have carried out its objectives by working in partnership with Health and Hope Myanmar (HHM). HHM is a community-based organisation whose mission is to bring health care, education, hope and development to the poorest people in remote areas of western Myanmar, through community engagement and empowerment. Its vision is to see villages that are thriving and self-developed.

The programmes that HHM delivers in Myanmar, and which HHUK supported during 2016/17, are structured around three strategic goals - health, education and food security - with an underlying objective to see these goals contribute towards increased community cohesion and hope.

**Health:** To improve access to public health and primary medical care

**Education:** To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives

**Food Security:** To increase and diversify agricultural production and reduce chronic malnutrition

In order to strengthen the effectiveness of HHM's programmes HHUK provide support to HHM in the areas of:

- Strategy and Governance
- Finance and Administration
- Training and Development
- Monitoring and Evaluation
- Fundraising
- Marketing and Communications

## ACHIEVEMENT AND PERFORMANCE

### Charitable activities

In the 12 months ending 31st March 2017, Health and Hope UK (HHUK) continued to provide proactive support to our primary partner Health and Hope Myanmar (HHM). Funds raised by HHUK contributed directly to the delivery of projects in remote rural regions of western Myanmar, impacting in the three key areas of health, education and food security. Training and development has been provided by HHUK in the areas of project cycle management, finance and monitoring and evaluation. In addition, HHUK have worked extensively with HHM to develop its strategy and governance models.

### Health

Health and Hope UK has the following development objective:

*Remote rural communities in western Myanmar experience a decreased incidence of disease and an improvement in health and well-being.*

The development objective is being achieved by:

1. improving access to health care services;
2. improving knowledge about health management and disease prevention;
3. creating a sustainable service through a community contribution and partnership model.

#### *Community Health Worker (CHW) training*

Over the last seven years, HHM has trained 834 CHWs from 551 rural villages in Chin and Rakhine States. CHWs work to alleviate poverty through addressing the vast majority of sickness and ill-health in rural areas through education and preventative practices.

During this financial year, HHUK provided funds to enable seventy CHWs to travel to Lailenpi to receive refresher training. CHWs reviewed key topics from their basic training and explored more advanced subjects, including emergency first aid and the care of new-borns and mothers. Additionally, during this financial year, funds provided by HHUK enabled HHM to provide in-situ refresher training within CHWs' home villages. During the year they visited twenty-two villages, providing training for a further 200 CHWs while also running free medical clinics for villagers. During these clinics, 3,500 families were provided with multi-vitamins and 500 safe delivery kits were distributed to pregnant women.

In 2016-17, HHUK supported HHM to design and launch a new village-level network of Area Coordinators. This project aims to improve the sustainability of the healthcare across Chin and Rakhine States through providing regular in-situ support to CHWs after they return home from training. HHUK raised funds for the recruitment of seventeen Area Co-ordinators who: provide mentoring to CHWs, improve the distribution of essential medicines, provide ongoing refresher training and collect data on health outcomes. Each Area Co-ordinator supports 15-20 CHWs overseeing the health of around 3,600 villagers.

#### *Traditional Birth Attendant (TBA) training*

Traditional Birth Attendants are usually older women who hold status and respect within their communities. They have gained knowledge of the birthing process through practical experience and oral tradition, rather than formal learning. Poor traditional hygiene practices, as well as myths and superstitions surrounding childbirth can be radically reversed through education, leading to a reduction in maternal and perinatal mortality and morbidity.



In 2016-2017, HHUK helped fund midwives from our partner Birthlink UK to provide two bespoke training courses for 57 TBAs. The training included a basic introductory course followed by lessons in advanced practical skills and the management of obstetric emergencies. TBA training is proving to have a radical impact on maternal mortality and neonatal morbidity rates. In the last four years, since trained TBAs have been working in the small town of Lailenpi, there have been no maternal or neonatal deaths during childbirth. This tremendous outcome has also resulted in the closure of the orphanage.

#### *UNFPA Partnership*

During 2016-17, funds and technical support from HHUK enabled HHM to partner with the UNFPA to distribute 5,000 dignity kits to women in Chin State. Dignity kits provide the basic items that women and girls need to maintain hygiene, respect and dignity, particularly in the face of natural disasters.

#### **Education**

Health and Hope UK's development objective in relation to education is that:

*Young people from remote rural communities in western Myanmar experience improved educational prospects, long-term socio-economic wellbeing and are proactively contributing towards the development of their local community.*

The development objective will be achieved through:

1. improving access to primary, secondary and higher education opportunities;
2. improving the quality of education services;
3. creating opportunities for young people to apply their learning for the benefit of their local community.

#### *Freedom to Education Project (FEP)*

The FEP run by HHM and supported by HHUK in partnership with Prospect Burma, aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the programme are offered the opportunity to pursue higher education. In addition to helping finance tuition fees, HHUK supports the majority of students with accommodation, study guidance and ongoing pastoral care.

By the end of March 2017, a total of 85 students had been supported in their studies, ranging from Year 11 to final year degree students. During this financial year, four FEP graduates were offered roles within HHM to improve the lives of others from their local community.

#### **Food Security**

Our development objective in relation to food security is that:

*Remote rural communities in western Myanmar adopt sustainable agricultural methodologies and experience an improvement in food security and nutritional health.*

The development objective will be achieved through:

1. increasing the quantity and diversity of household food production through crop diversification;
2. increasing nutrition and healthy food production knowledge and skills particularly through shared learning;
3. increasing the uptake of environmentally sustainable agricultural techniques and water management practices;
4. ensuring there are accessible resources and networks in place to provide rapid food relief to needy areas during natural disasters.

#### *Cyclone Komen*

During 2016-17 HHM completed the third phase of relief work following the impact of cyclone Komen. Funds provided by HHUK enabled 67 tonnes of rice to be delivered to 20,000 villagers in Chin and Rakhine States.

#### *Mission East partnership*

After a two-year design phase, HHM submitted a proposal, in partnership with Mission East and a local NGO, Together for Sustainable Development (TSD), to the Danish government for funding for a sustainable farming project: 'Something to Eat Every Day' (SEED). The project will introduce new farming approaches, crop diversification and an increased agricultural yield with multiple harvests throughout the year. Secondary health outcomes will also be achieved through enhanced nutrition as a result of changes to diet. HHUK supported HHM with funds throughout the development process, and, working closely with Mission East, provided staff training in budgeting and created a bespoke accounting system for use on the project.

#### **Building for the future**

Throughout this financial year, HHUK has supported HHM with funding to enable them to research, develop and deliver infrastructure projects that support their work in health, education and food security.

#### *Hydro-electric and clean water solution*

Funds raised by HHUK enabled the team in Myanmar to complete the first community-built hydro-electric plant and clean water supply in October 2016. The facility is critically important to the safe running of the medical clinic, providing electricity and clean water to support better healthcare, enable the refrigeration of medicines and the sterilisation of instruments. Additionally, the provision of electricity facilitates ongoing education initiatives at the training centre and improves communication with the outside world. The provision of clean water also benefits trainee health workers during their stay in Lailenpi.

#### *Lailenpi airstrip*

HHUK and HHM have worked closely with Mission Aviation Fellowship during this financial year to develop and progress plans to build an airstrip in Lailenpi. The airstrip will reduce travel time to Yangon from three to four days by land to just 90 minutes by air. Plans have received approval from the national and state government departments and, subject to funds becoming available, the airstrip has an anticipated completion date of April 2020.

#### **FUTURE DEVELOPMENTS**

During the coming year, HHUK plans to undertake a full strategic review as it prepares for the next period in its development. The board of trustees has been supplemented by four new trustees who were appointed in June following the year end. HHUK intends to continue its partnership with HHM as we seek to continue to fulfil our aims to relieve poverty and advance health, education and the Christian faith.

Approved by order of the board of trustees on 18<sup>th</sup> October 2017 and signed on its behalf by:



J C E Gardner - Trustee

Statement of Trustees Responsibilities

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The trustees (who are also the directors of Health and Hope UK for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.



I report on the accounts for the year ended 31 March 2017 set out on pages nine to twelve.

**Respective responsibilities of trustees and examiner**

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



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15-11-2017

Health and Hope UK  
Year Ended 31 March 2017

Statement of Financial Activities

			31.3.17	31.3.16
	Notes	Unrestricted fund	Restricted funds	Total funds
<b>INCOME AND ENDOWMENTS</b>				
<b>Income from generated funds</b>				
Voluntary income		143,205	230,277	373,482
Investment income	3	462	0	462
<b>Total income and endowments</b>		<b>143,667</b>	<b>230,277</b>	<b>373,944</b>
<b>EXPENDITURE</b>				
<b>Cost of generating funds</b>				
Costs of generating voluntary income	4	22,099	0	22,099
<b>Charitable activities</b>				
Health		22,753	160,735	183,488
Education		29,897	22,198	52,095
Food security		5,348	33,500	38,848
Hydro-electric & clean water		7,043	5,133	12,176
Capacity building & training		10,081	0	10,081
<b>Other expenditure</b>		<b>2,835</b>	<b>9,390</b>	<b>12,225</b>
<b>Total expenditure</b>		<b>100,056</b>	<b>230,956</b>	<b>331,012</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>				
		43,611	(679)	42,932
<b>Gross transfers between funds</b>		<b>0</b>	<b>0</b>	<b>0</b>
<b>NET MOVEMENT IN FUNDS</b>		<b>43,611</b>	<b>(679)</b>	<b>42,932</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>		<b>22,996</b>	<b>49,636</b>	<b>72,632</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>66,607</b>	<b>48,957</b>	<b>115,564</b>

The notes form part of these financial statements

Health and Hope UK  
Year Ended 31 March 2017  
Balance Sheet as at 31 March 2017

	Notes	Unrestricted fund	Restricted funds	31.3.17 Total funds	31.3.16 Total funds
<b>CURRENT ASSETS</b>					
Debtors	7	8,642	11,307	19,949	1,255
Cash at bank and in hand		<u>58,167</u>	<u>37,650</u>	<u>95,817</u>	<u>74,352</u>
		66,809	48,957	115,766	75,607
<b>CREDITORS</b>					
Amounts falling due within one year	8	(202)	0	(202)	(2,975)
<b>NET CURRENT ASSETS</b>		<u>66,607</u>	<u>48,957</u>	<u>115,564</u>	<u>72,632</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		66,607	48,957	115,564	72,632
<b>NET ASSETS</b>		<u>66,607</u>	<u>48,957</u>	<u>115,564</u>	<u>72,632</u>
<b>FUNDS</b>					
Unrestricted funds: General fund	9	66,607	0	66,607	22,996
Restricted funds	9	0	48,957	48,957	49,636
<b>TOTAL FUNDS</b>		<u>66,607</u>	<u>48,957</u>	<u>115,564</u>	<u>72,632</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2017.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard 102 SORP 2015.

The financial statements were approved by the board of trustees on 18th October 2017 and signed on its behalf by:



Mrs J Boyce - Trustee



J C E Gardner - Trustee



## 1 ACCOUNTING POLICIES

### Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

### Income and Endowments

All income and endowments are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

### Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### Taxation

The charity is exempt from corporation tax on its charitable activities

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## 2 FINANCIAL RESERVES POLICY

The charity seeks to hold unrestricted funds of no less than six and no more than twelve months of future budgeted UK expenditure.

At the year end, the charity held £66,607 in reserves. This was above the amount required by the charity's policy due to the need to fund the Freedom to Education programme for the first three months of the new financial year.

## 3 INVESTMENT INCOME

	Year ended 31.3.17 £	Year ended 31.3.16 £
Deposit account interest	<u>462</u>	<u>446</u>

Notes to the Financial Statements - continued

**4 COSTS OF GENERATING VOLUNTARY INCOME**

	Year ended 31.3.17	Year ended 31.3.16
	£	£
Events	349	0
Postage and stationery	448	208
Promotional material	1,779	919
Staff costs	16,562	7,200
Subscriptions	0	359
Travel	2,961	66
	<u>22,099</u>	<u>8,752</u>

**5 TRUSTEES' REMUNERATION AND BENEFITS**

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2017.

**6 STAFF COSTS**

	Year ended 31.3.17	Year ended 31.3.16
	£	£
Wages and salaries	27,726	34,467
Social security costs	0	0
	<u>27,726</u>	<u>34,467</u>

The average monthly number of part-time employees (1 full time equivalent) during the year was:

Administrative	2	1
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No employees received emoluments in excess of £60,000

**7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.17	31.3.16
	£	£
Donor debtors	19,949	1,216
Taxation and social security	0	39
	<u>19,949</u>	<u>1,255</u>

**8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.17	31.3.16
	£	£
Other creditors	<u>202</u>	<u>2,975</u>



Notes to the Financial Statements - continued

**9 MOVEMENT IN FUNDS**

	<b>1.4.16</b>	<b>Income &amp; Endowments</b>	<b>Expenditure</b>	<b>31.3.17</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds: General fund</b>	22,996	143,667	100,056	66,607
<b>Restricted funds</b>				
CHWs - area co-ordinators	0	102,121	55,918	46,203
CHWs - refresher training	49,136	20,826	69,962	0
Clinic	0	6,500	6,500	0
Further education project	0	22,198	22,198	0
Flood relief	0	33,500	33,500	0
Hydro-electric and clean water	500	4,633	5,133	0
Traditional birth attendants training	0	10,155	10,155	0
4x4 vehicle	0	20,954	18,200	2,754
UK overheads	0	9,390	9,390	0
<b>TOTAL FUNDS</b>	<b>72,632</b>	<b>373,944</b>	<b>331,012</b>	<b>115,564</b>