



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	05	04	2016		04	04	2017

Section A Reference and administration details

Charity name

University Mental Health Advisor Network

Other names charity is known by

Registered charity number (if any)

1155038

Charity's principal address

16-17 Turl Street, Second Floor,
Oxford,

Postcode

OX1 3DH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DAN DORAN	Chair		
2	LYDIA PELL			
3	SARAH ASHWORTH			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods (eg. appointed by, elected by)	Elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

March 2017 during AGM. Trustee membership was reviewed due to retirement of roles. No new Trustees elected. No Trustees removed.

A new type of membership has been created for mental health mentors. At present this has not had an impact on the organisations structure or running of the COI but it is anticipated that governance structure may change to ensure representation in meeting these member's needs.

New committee member Hannah Abrahams Elected as Secretary
Lydia Pell stepped down as Chair and Dan Doran was elected.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of the education of people with mental health difficulties though improving access to higher education.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- EDUCATION/TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY

Who

- CHILDREN/YOUNG PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES ADVOCACY/ADVICE/INFORMATION
- ACTS AS AN UMBRELLA OR RESOURCE BODY

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The Committee, and wider membership, identified that further administration and management support was required so development worker role was reviewed and recruited a full time post via a partnership with the charity student minds.

There are now 210 memberships of which 60 were new members.

Being a member has the following benefits:

Forum and meeting discussions, peer support, representation on valuable working groups, promotion of role, UMHAN wiki, self-help webpages, documents on website. Continued professional development opportunities including guest speakers at meetings. Regional membership groups have been launched, coordinators found for all but 4.

Journal launched and awaiting entries.

Maintaining and growing communications, social media, blog, website, and newsletter.

Involvement and integration

Needs Assessor Training

Student Transitions report

Student Finance England/Student Finance Wales: DSA medical evidence template developed in conjunction with UMHAN has been adopted and is now largely accepted by Eligibility Assessors.

Student Finance Wales: Dan Doran delivered training to Eligibility and Needs Assessors at SFW.

Networking and relations other organisations including student minds.

Representatives from UMHAN were speakers at numerous events including:

Key Note Speech at NADP conference “supporting students with mental health difficulties”

Presented at a NASMA conference.

PATOSS event about mental health difficulties and SpLDs.

Westminster Briefing: Improving Student Wellbeing conference.

Represented UMHAN at HEFCE meeting on National Student Survey.

Mental health equality

ECU: Dan Doran and Phil Scarffe were part of an ECU steering group which was looking at increasing the disclosure of disability and the uptake of DSA, while Dan and Lynne Fisher were part of an ECU steering group looking at improving careers services for

students with disabilities. Reports have been produced and are on ECU website.

University Mental Health and Wellbeing Day

- University Mental Health Day was our biggest yet, with 81 universities running events and a social media reach of over 17 million. Entered in the RSPH awards.
 - Sent Campaign packs to 100 universities and additional universities were sent digital download packs.
 - Collaborate with Student Minds in thunderclap campaign *Word on the Curb* to produce a video asking students and staff why they are active for their mental health.

Disabled Student Allowance (DSA)

In response to changes within disabled student allowance and government policy; UMHAN was active in representing the needs of students with mental health disabilities.

DSA QAF recognised that UMHAN membership would be a professional registration that would be accepted as suitable to provide mental health mentoring.

In order to ensure quality a partnership was created with a university in order to deliver a training package. After successful competition of this training mentors are entitled to apply for a new type of mentor membership.

Section E Financial review

Brief statement of the charity's policy on reserves

All reserves are kept within charity bank account.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Main funding is achieved through membership
Key expenditure has been of employing a development worker. This has enabled a greater national presence through her activities in
1) administrative duties
2) Creating opportunities to collaborate with charities with similar agendas
3) Creation of web information and social media presence.
4) Creation of expenses policy to be transparent, in line with charity commission and equitable.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

S. Meharg

Full name(s)

Sarah Meharg

Position (eg Secretary, Chair, etc)

Treasurer

Date

24/11/2017

