

Independent Examiner's Report to the Trustees of Family First

I report on the accounts of Family First (charity number 1166175) for the year 22nd March 2016 to 21st March 2017.

Respective responsibilities of the trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

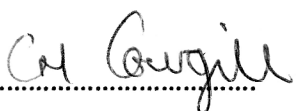
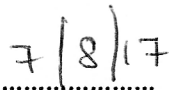
It is my responsibility to examine the accounts under section 145 of the Charities Act, to follow the procedures laid down in the general directions given by the Charity Commission (under section 145 (5)(b) of the Charities Act), and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with section 130 of the Charities Act and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  Date: 

Mrs. Carole Cowgill ACA

4 Penny Meadow
Capel St. Mary
Ipswich
IP9 2UU



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 22	Month 03	Year 2016		Day 21	Month 03	Year 2017

Section A Reference and administration details

Charity name	Family First
Other names charity is known by	Formerly Ipswich4family till 08/05/17
Registered charity number (if any)	1166175
Charity's principal address	The Orwell Centre 114,Fore Hamlet Ipswich Postcode IP3 8AF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dot Cordle	Chair		
2	David Sansom	Safeguarding Lead		
3	Caroline Humphries		From January 2017	
4	Jan Baker			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Franchiser	Yeovil4family	Yeovil Community Church The GateWay Addlewell Lane Yeovil Somerset BA20 1QN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted March 2016
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

<p>We have a Disclosure and Barring Service Policy for all paid and volunteer staff in place. Additional Policies include: Children and Vulnerable Adults , Data Protection, Use of Mobile Phones, Health and Safety, Equal Opportunites, Managing performance . All have regular review dates.</p> <p>During this period we were a Franchisee of Yeovil4family receiving support, guidance, training as required.</p> <p>All trustees give their time voluntarily and receive no remuneration or other benefits.</p> <p>Any organisational risks are identified and discussed as a monthly agenda item.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO is , for the public benefit (an in accordance with Christian principles), the relief of those in need by reason of financial hardship, unemployment, ill health and such other economic or social disadvantage .

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Organisation was established in 2015 and became a Charity named Ipswich4family in March 2016.It meets the needs of vulnerable families locally who would benefit from assistance to develop their capacity in supporting themselves and find solutions to the challenges that impact their lives.

Our focus is on helping families to help themselves, by offering support from a trained Family Volunteer who is able to work with the whole family, helping them to find solutions to their challenges and bringing hope and order to chaotic lives. The aim is to transition families into self-sufficiency, so that parents are better able to manage their own lives and that of their family.

Once a family is referred to us, our Family Coordinator arranges to meet the family to get to know them and starts to map a family journey, looking at what's important to them and what they want to see changed. They are then matched with a Volunteer who supports the family on a weekly basis encouraging them to take small steps to move towards their goals. The Family Coordinator visits monthly and carries out bi-monthly reviews to monitor progress.

Referrals are received mainly from Early Help Teams in Suffolk County Council, Schools and Children's Centres. We continue to work closely with them and other statutory and voluntary agencies.

Our organisation works with any family with a child /children aged up to 18, offering long term (up to one year) structured support and mentoring to help families move forward and change their situations.

We are committed to working with, serving and relating to all people in our community and are keen to ensure our services are accessible to all types of families regardless of race, religion or belief, age, sexual orientation or marital status.

We are committed to not only facilitating change in people's circumstances, but also in how they view themselves so they are empowered to make better choices.

Additional details of objectives and activities (Optional information)

We are very grateful for the enormous contribution made by our volunteers. They provide many hours listening, supporting and encouraging our families. Without their valuable contribution of time, commitment, enthusiasm and expertise the families would not be able to achieve the goals they have identified.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

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Achievements and performance

Summary of the main achievements of the charity during the year

Over this period we have worked with 14 families with a total of 31 children.

The outcomes of the project vary from family to family as they are based on their own individual circumstances, but include issues such as improving relationships with children, more confidence in setting boundaries, building parents own self-esteem, resilience and developing strategies to strengthen the family unit.

We have enabled families to manage their finances more effectively and to find fulfilment in voluntary and paid employment positions.

We supported and enabled parents to manage their child effectively preventing the child being accommodated by the Local Authority.

A family who became a lone parent was enabled to support her children and address her own health issues.

One of our parents, having made the changes she wanted to see in her life due to the support received through the project, has undertaken the training to become a Family Volunteer herself.

We ensure that the families are aware of any additional services that might benefit them within the local community and signpost to these groups wherever possible, so that increased involvement within the existing community can become a natural extension of activity and engagement for the family.

We are committed to not only facilitating change in people's circumstances, but also in how they view themselves so they are empowered to make better choices.

In addition we distributed hampers, donated by a local church, to our families in need.

In recognition of the value our volunteers make to the organisation we provided a Christmas party.

A 12-hour Training programme is delivered to all our volunteers and paid staff prior to working in the organisation. In addition the Local Authority have provided training around 'Signs of Safety' to ensure all the team are aware of the most current practice in Safeguarding.

Section E Financial review

Brief statement of the charity's policy on reserves

Trustees agreed a reserve of £3000 in order to meet any unforeseen circumstances and expenditure that may occur.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our total source of funds is through successful grant applications.

The grants awarded have enabled us to train volunteers, pay travel and phone costs, purchase IT equipment and recruit paid staff to support our volunteers with families.

During the period we were able, through grant funding, to recruit a paid Deputy Lead to provide support, resilience and enable the organisation to grow .

Section F Other optional information

Future Plans

To enable the organisation to grow and respond to local needs in a flexible way we will separate from our Franchisor, Yeovil4Family. This will include rebranding and relaunching as Family First.

Our negotiations regarding separation from Yeovil were completed in June 2017 and we have successfully relaunched as Family First , July 2017 .

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	D Cordle	
Full name(s)	Dot Cordle	
Position (eg Secretary, Chair, etc)	Chair of Trustees	
Date	Dec 4 th 2017	

Charity number 1166175

	Unrestricted funds	Restricted funds	Total
	£	£	£
Receipts			
Gifted from Ipswich4Family	11,022	0	11,022
Donations, Legacies and Grants	4,500	11,590	16,090
Total Receipts	15,522	11,590	27,112
Payments			
Staff costs	8,774	1,468	10,242
Administration costs	2,719	2,274	4,993
Fundraising costs	1,679	0	1,679
Total Payments	13,172	3,742	16,914
Net incoming resources for the year	2,350	7,848	10,198
Cash funds b/fwd	0	0	0
Cash funds c/fwd	2,350	7,848	10,198

	Unrestricted funds	Restricted funds	Total
	£	£	£
Cash funds			
Bank current account	2,350	7,848	10,198

D Sansom ...05/09/17.....
Date