

REGISTERED COMPANY NUMBER: 03246084 (England and Wales)
REGISTERED CHARITY NUMBER: 1059773

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2017
FOR
TOWER HAMLETS PARENTS CENTRE

Raffingers
19-20 Bourne Court
Southend Road
Woodford Green
Essex
IG8 8HD

TOWER HAMLETS PARENTS CENTRE

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for the year ended 31 March 2017

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TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES for the year ended 31 March 2017

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the charity are as follows:

Aims:

The Tower Hamlets Parents Centre (THPC) is a registered charitable educational organisation based in the London Borough of Tower Hamlets. The Centre is a focus for education, training, advice and support for parents, guardians and/or carers of children. It provides a range of services and activities for parents/families in order to enable them to gain new knowledge, skills and confidence to increase involvement and participation in their children's education and to fulfil their roles as parents functioning as a successful 'family unit'. It provides support for parents/families in accessing services and organises programmes of activities encouraging inclusion, participation and connection in order to build stronger communities.

Objectives:

- To encourage active parental participation in their children's education.
- To provide Language classes for local women/mothers to improve their language, literacy and communication skills.
- To provide advice and information for children, parents/families to improve choice and access to education.
- To support parents/families in handling of their children's admissions and secondary transfer process.
- To provide education/training for parents to enable them to bring up their families successfully.
- To work with truants and children with behavioural problems and their families to prevent exclusions.
- To support excluded children to remain in and complete their education.
- To liaise with other organisations in Tower Hamlets doing similar or complimentary work.
- To provide a safe and user-friendly environment where parents can meet to share mutual problems and experiences.
- To provide Homework Support Sessions for local children to improve their attainment.

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES for the year ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable activities

1. Entry Level 1 ESOL Class: Two-two hourly Sessions per week were delivered for newly arrived mothers at the Parents Centre for 40 weeks. This Class is for beginners with little or no Literacy in English and begins with teaching the main sounds in English and the Alphabet using the Jolly Phonics System. The Class has been following the Adult ESOL Core Curriculum and the termly Syllabus has been closely based on the ESOL Skills for Life Syllabus (23 mothers attended).
2. Entry Levels 2 and 3 (Combined) ESOL Class: Two-two hourly Sessions per week were delivered for women at the Parents Centre for 40 weeks. This is for students who have completed Entry 1 and/or are ready to move on to more complex Reading, Writing and Speaking or Listening tasks. There are also a few students in the group who have completed Entry 2 and/or are ready for more complex Reading, Writing and Speaking or Listening tasks. The Class has been following the Adult ESOL Core Curriculum and the termly Syllabus has been closely based on the ESOL Skills for Life Syllabus (12 mothers attended).
3. Employment and Career Guidance to women: The Parents Centre delivered a two hourly Session per week, providing Career Advice and Guidance to the women, who attended the ESOL Classes, having prepared a Personal Action Plan for the beneficiaries, for 42 weeks (31 women attended).
4. Parenting Skills Course: A Course consisting of a two hour weekly Session was delivered over 12 weeks. The Session intended to develop the knowledge and skills of young and first time mothers and thus, focused on parenting issues, especially parenting young children from birth to 6/7 years of age and children's Health, diet and illnesses, particularly obesity among young children and how this serious endemic Health issue could be prevented (15 mothers attended).
5. Education advice and information: The Truancy and Exclusion Project held a weekly Drop-in Session in order to provide advice and information on educational issues such as – Admissions, Secondary Transfer, Truancy, Free School Meals and Extended Leave, Behavioural Problems and Exclusions (75 beneficiaries served).
6. Educational Casework: The Truancy and Exclusion Project undertook casework representing children in Admission Appeals, disciplinary and exclusion hearings (31 cases).
7. Educational Outreach Work: The Truancy and Exclusion Project provided outreach support to the children who were poorly performing with regard to Truancy and Exclusion and showed signs of school failure. The Project Officer supported these children by developing Case Plan for each of them through discussion with them. The Project also supported the mothers/families by accompanying them to different services to deal with their Claims, Health Issues, Debt and Housing (55 beneficiaries served).
8. Educational Advocacy Work: The Truancy and Exclusion Project provided advocacy and outreach support for children and young people, working with their families to improve attendance and discipline in schools and to prevent exclusions (31 beneficiaries served).
9. Referrals/Access to Services: The Parents Centre supported mothers/families who needed support with their Claims, Immigration, Housing, Debt and Domestic Violence issues through a referral service (97 mothers/families).
10. Saturday Homework Club: A three hourly Session per week on Saturdays was delivered in order to provide additional support for 7 - 11 year old children in their Homework, particularly in English and Maths at Key Stages 1 and 2 (24 children attended).
11. Summer Holiday Activities: The Parents Centre delivered a Programme of activities and events for local children and families from deprived, disadvantaged and ethnic minority backgrounds during the Summer Holiday, 2016. Activities included learning Sessions on Poetry, Reading and Writing, Arts and Crafts, Maths and Games, English and Maths, Film Shows and Games and a daytrip to Broadstairs Beach (150 children and parents participated).
12. Books Library: The Parents Centre organised a Books Library by facilitating local ethnic minority parents and children to borrow Books throughout the year (155 mothers and children borrowed Books).
13. Bid Party: The Parents Centre celebrated the Bid by holding a Party in September 2016, which facilitated local parents, children and families to come together, socialise and widen their social networks in order to promote Community Cohesion (65 parents and children attended).
14. Career Support to Unemployed Young People: The Parents Centre delivered a three hour weekly Drop in Session, providing advice and guidance on Employment issues, assisting young unemployed people in filling in Application Forms, writing Supporting statements and preparing for interviews, over 40 weeks (47 beneficiaries).
15. Parents' Meetings: The Parents Centre organised 5 Parents' meetings on the issues; two on Obesity, two on Domestic Violence and one meeting on Forced Marriages, in order to raise awareness and inform parents of these issues (95 parents attended).
16. Healthy Promotion Week: We organised a Healthy Living Week; a week of Health Promotion activities with the objective to raise awareness of Health issues and improve access to Services leading to an improved physical and mental Health. The Programme of the week included advice and information Sessions, Workshops and Displays on Health issues, Talks and Presentations on Smoking and Smoking Cessation, Paan Chewing and Cessation, Cancer and Cervical Screening and "BLIP" tests for beneficiaries. The Programme of the week was extremely successful and it exceeded our expectations in terms of achieving output and outcomes (258 beneficiaries attended).
17. Nutrition and Cookery Classes: A three hour weekly Nutrition and Cookery Session was delivered for 16 weeks. The first one hour of the Session discussed a nutrition, food value, calories, child obesity, protein and vitamins, effects of eating excessive salt, sugar and fat and the need for eating vegetables and less carbohydrates. The second two hours of the Session involved cooking Mediterranean, Chinese, some Indian and vegetarian dishes with less sugar, oil or fat in a Healthy and cost effective way (29 women attended).

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES for the year ended 31 March 2017

ACHIEVEMENT AND PERFORMANCE

Charitable activities

18. Fitness and Exercise Sessions: A one hour weekly Session was delivered for 24 weeks for two cohorts of 36 women. In these Sessions, having developed an exercise Programme for individual participants, the Trainer advised them on food and diet and weighed them regularly to monitor the impact of the activities on the Health of the participants. The participants also learnt some easy and light exercise practices and breathing exercise techniques which they could practise in their daily lives (36 women attended).

19. Self-Help Groups for Women: A two hourly Session per week for women was delivered at the Parents Centre for 12 weeks. In these Sessions, the participants talked about their illnesses and issues that they were experiencing and they also supported each other within the peer group (17 women attended).

20. Workshops on Healthy Eating: Five Workshops on Healthy Eating, especially emphasising the importance of eating fruit and vegetables, were delivered for 2 cohorts of 21 women, in partnership with Mohila Ongon (21 women).

21. Health Workshops for Women: An hourly Session per week was delivered at the Parents Centre for four cohorts of 50 women for 18 weeks. These Workshops showed Videos and discussed a range of issues such as Blood Pressure, Diet, Anaemia, Heart Disease, Osteoporosis, Asthma, Diabetes, Depression, Cervical Cancer and Breast Cancer etc. (50 women attended).

22. Health Workshops for Men and Women (Mixed Groups): We delivered 20 hourly Workshops for four mixed cohorts of men and women. These Workshops discussed different Health related issues like Healthy living, Healthy eating, Diet, Smoking Cessation, Keeping Fit, the need for Exercise, eating fruit and vegetables (44 beneficiaries).

23. Healthy Food Exhibition: In order to promote Healthy eating, we organised a Healthy Food Exhibition in July 2016, in partnership with Mohila Ongon. The Programme of the Event included display of Continental, Mediterranean and traditional Indian and vegetarian dishes, cakes and savoury dishes cooked with less salt, sugar, oil and fat, by "Health Matters" staff and volunteers. The Health Promotion Officers also explained to participants how they could prepare and serve similar dishes in a Healthy and cost effective way for their families and children. Our staff also encouraged them to eat more fruit, vegetables, fibre and fish to improve their Health (152 attended).

24. Health Advocacy Work: A half a day Health Advocacy Session per week was provided at the Parents Centre for 40 weeks. In this Service, users were supported in making appointments, translating letters from Service Providers, showing the use of Gluco Meter and Blood Pressure Monitor, booking Physiotherapy Sessions, referring to local Gyms, Paan and Smoking Cessation Service and advising users how to lose weight, arranging Blood Tests, writing letters for making appointments, explaining use of medication and provided users with information on Health issues bi-lingually (104 people attended).

25. Blip Tests: We provided 'Blip Tests' to 45 beneficiaries, to measure their fitness levels, by attending Events in other Venues in the Borough and referred them to relevant Services like Gyms, Sports Club, Swimming Pools and Health Clinics (45 attended).

26. Drop-in-Support Sessions: A half a day weekly Drop-in Session was held for 40 weeks. These Sessions provided users with information on Health issues, supported them by making appointments for them, translating letters, explaining the use of medication, booking Physiotherapy Sessions, registering them in local Gyms and Sports Centres and communicating with Service Providers through telephone etc. Through these Sessions, users were registered in other activities and services delivered at the Parents Centre and some were referred to other Agencies such as Citizens Advice Bureau, Law Centre and Health Clinics (Served 110 users).

27. Outreach Health Support: Outreach support was provided through home visits, holding Stalls in Community Events and by visiting other partner organisations. The support given involved providing advice and information on Health issues, accompanying patients to Service Providers; GPs and the Hospital, explaining patients' conditions over the telephone, monitoring patients' Blood Pressure, giving "BLIP" tests to beneficiaries to examine their fitness and assisting users to control and cope with their conditions, such as Diabetes, High Blood Pressure, Heart Disease, Asthma, Depression and Obesity (102 users).

28. Paan Cessation Workshops: Three Paan Cessation Workshops were delivered. These workshops discussed the harmful effects of Paan Chewing and how this habit can be ceased. As a follow up to these Workshops, a number of women who came to the Centre were given advice and information on the issue and refer them to the Cessation Service at The Royal London Hospital, Whitechapel (129 users).

29. Smoking Cessation Workshops: Four Workshops were delivered; attended by 107 men. These Workshops discussed the harmful effects of Smoking, the ways to give up this habit and support Provision available in the Borough (107 users).

30. Cervical Screening Workshops: Eight Cervical Screening Workshops were delivered, attended by 225 women. These Workshops discussed the symptoms of Cervical disease and users were encouraged to undertake screening, emphasising the fact that early diagnosis of the illness can save lives. (225 users).

31. Sewing Session: We provided two hourly Sewing Sessions per week for a group of 10 unemployed women, over a period of 16 weeks. The participants of these Sessions made Shelwar, Kamiz and other outfits of their choice, cutting patterns and designs by themselves and improved their skills and confidence in this field. The beneficiaries were also given language support in the Class and one-to-one Career Advice and Guidance so that they can progress into employment in the local Retail Sector (10 women attended).

32. Walking Group: A Walking Group was organised for an elderly group of women with the objective to improve their mobility by providing them with the opportunity to come out of their homes for 12 weeks. In this Group, the participants visited a few places of interest in the locality like the Park, Art Gallery, Library and the Idea Store etc. (12 women attended).

33. Football Tournament: We organised Two Football Tournaments in partnership with "SPLASH" Youth Project, both were participated by 12 teams respectively and watched by a total number of 269 spectators. The days were designed to raise awareness of Health issues; the need for Fitness and Physical Exercise among young people in the Community. The activities of the days included - Blood Pressure Monitoring, Exercise and Fitness activities, "BLIP" tests and displays on Health issues like Cancer and Cervical Screening and harmful effects of Smoking and Smoking Cessation (269 users).

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2017**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

34. Women's International Day: The Parents Centre celebrated the Women's International Day on the 8th of March 2017, in partnership with Mohila Ongon, in order to promote Women's issues such as Gender Equalities, Education and Careers, Safeguarding against Domestic Violence and Forced Marriage. The Programme of the day included a talk on Domestic Violence and a presentation on Cancer and Cervical Screening which dealt with the symptoms of the killer disease and encouraged women to undertake screening with an emphasis on the fact that early screening and diagnosis of the disease can save lives (210 women attended).

35. Yoga Session for Men: A one hour weekly Session was delivered for 24 weeks for two cohorts of 23 men. These Sessions were organised to improve Mental and Physical Health of beneficiaries through different light and Yoga Techniques (23 men attended).

36. Yoga Session for Women: A one hour weekly Session was delivered for 24 weeks for two cohorts of 30 women. These Sessions were organised to improve Mental and Physical Health of beneficiaries through different light and Yoga Techniques (30 women attended).

37. Health Talks in Schools: We delivered Health Talks in 5 Schools to raise awareness of young children about Healthy Eating, the negative effects of unhealthy food on human body and life, highlighting the importance of Exercise, information on Healthy meals, the main Food Groups, causes of Obesity and Mental Health issues (215 children attended).

38. Women's Sports Day: We organised a Women's Sports Day on 25th May 2016, to involve women in Sports and Games and to encourage them to lead a Healthier lifestyle (81 women attended).

39. Referrals: We referred young people to Sports Clubs/ Centres in order to encourage and enable them to undertake regular Fitness and Exercise activities (102 referrals).

For 2016/2017, the Parents Centre has worked with over 3,256 clients (parents and children).

FINANCIAL REVIEW

Investment policy and objectives

Under its Memorandum of Association the charity has power to invest in any way the trustees wish.

Reserves policy

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between spending on activities and receiving resources through voluntary grants. The trustees consider that the ideal level of reserves as at 31 March 2017 would be three months of resources expended which equates to £34,033.

The actual reserves as at 31 March 2017 were £7,588 which is £26,445 less than our target figure. In calculating the reserves, the trustees have excluded from total funds the restricted income funds (£31,836).

The trustees are actively pursuing sources of funding in order to ensure that there are sufficient reserves to provide to financial stability and flexibility.

FUTURE PLANS

Tower Hamlets Parents Centre will continue to expand and develop its activities to provide encouragement for active parental participation in their children's education.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tower Hamlets Parents Centre is a charitable company limited by guarantee and is governed by its Memorandum and Articles of Association.

Recruitment and appointment of new trustees

New Trustees are appointed due to their interest in the work of charity and their recognised experience in specific fields which will further support the work of the Tower Hamlets Parent Centre.

Organisational structure

The board of trustees administers the charity. The board meets quarterly.

Induction and training of new trustees

New trustees are appointed due to their interest in the work of the charity and their recognised experience in specific fields which will further support the work of Tower Hamlets Parents Centre. New trustees are given a full induction by the director. Trustees can retire when they wish as they do not serve under a fixed term of tenure.

Wider network

At present Tower Hamlets Parents Centre does not consider itself part of a wider network.

Related parties

Tower Hamlets Parents Centre has no tied organisations or companies.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03246084 (England and Wales)

Registered Charity number
1059773

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES
for the year ended 31 March 2017

REFERENCE AND ADMINISTRATIVE DETAILS

Registered office
Unit 1 Links Yard
29 Spelman Street
London
B1 5LX

Trustees

Mr G Mortuza

Mr S Miah

Mr M A Ahmed

Mr S Ahmed

Mr M Islam

Mr M S A Khan

Mrs F Ahmed

Mr M C Ray

Vice-Ch, Ex-Local
Councillor & Local Par
Chair, Ex-Local Councillor
and Local Bus
Bangladesh Welfare Association - resigned 28.4.16
Treasurer, Local Teacher
Trustee and User
Representative
Trustee, User and School
Governors' Representative
Secretary, User & Women
Groups' Representative
Trustee - appointed 19.10.16

Company Secretary
Mrs F Ahmed

Auditor
Raffingers
19-20 Bourne Court
Southend Road
Woodford Green
Essex
IG8 8HD

PUBLIC BENEFIT STATEMENT

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Tower Hamlets Parents Centre for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

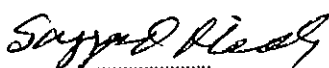
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

AUDITOR

The auditor, Raffingers, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 8 December 2017 and signed on its behalf by:


.....
Mr S Miah - Trustee

**REPORT OF THE INDEPENDENT AUDITOR TO THE MEMBERS OF
TOWER HAMLETS PARENTS CENTRE**

We have audited the financial statements of Tower Hamlets Parents Centre for the year ended 31 March 2017 on pages seven to thirteen. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Statement of Trustees Responsibilities set out on page five, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors, including APB Ethical Standard - Provisions Available for Small Entities (Revised), in the circumstances set out in note 15 to the financial statements

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2017 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

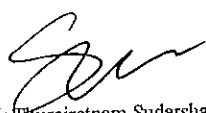
Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.


Mr Thuraiaratnam Sudarshan FCCA (Senior Statutory Auditor)
for and on behalf of Raffingers
19-20 Bourne Court
Southend Road
Woodford Green
Essex
IG8 8HD

Date: : 8/12/2017

TOWER HAMLETS PARENTS CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2017

		Unrestricted fund	Restricted fund	2017 Total funds	2016 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	<u>14,222</u>	<u>128,468</u>	<u>142,690</u>	<u>111,330</u>
Total		<u>14,222</u>	<u>128,468</u>	<u>142,690</u>	<u>111,330</u>
 EXPENDITURE ON					
Charitable activities	3				
Education, training and advice		<u>19,222</u>	<u>116,914</u>	<u>136,136</u>	<u>106,483</u>
Total		<u>19,222</u>	<u>116,914</u>	<u>136,136</u>	<u>106,483</u>
 NET INCOME/(EXPENDITURE)		<u>(5,000)</u>	<u>11,554</u>	<u>6,554</u>	<u>4,847</u>
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>12,588</u>	<u>20,282</u>	<u>32,870</u>	<u>28,023</u>
 TOTAL FUNDS CARRIED FORWARD		<u><u>7,588</u></u>	<u><u>31,836</u></u>	<u><u>39,424</u></u>	<u><u>32,870</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

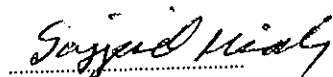
TOWER HAMLETS PARENTS CENTRE

BALANCE SHEET
At 31 March 2017

	Notes	Unrestricted fund £	Restricted fund £	Total 2017 funds £	Total 2016 funds £
FIXED ASSETS					
Tangible assets	10	-	3,981	3,981	4,312
CURRENT ASSETS					
Debtors	11	-	2,260	2,260	2,260
Cash at bank and in hand		<u>12,588</u>	<u>44,796</u>	<u>57,384</u>	<u>47,183</u>
		12,588	47,056	59,644	49,443
CREDITORS					
Amounts falling due within one year	12	(5,000)	(19,201)	(24,201)	(20,885)
NET CURRENT ASSETS		<u>7,588</u>	<u>27,855</u>	<u>35,443</u>	<u>28,558</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>7,588</u>	<u>31,836</u>	<u>39,424</u>	<u>32,870</u>
NET ASSETS		<u>7,588</u>	<u>31,836</u>	<u>39,424</u>	<u>32,870</u>
FUNDS	13				
Unrestricted funds				7,588	12,588
Restricted funds				<u>31,836</u>	<u>20,282</u>
TOTAL FUNDS				<u>39,424</u>	<u>32,870</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 8 December 2017 and were signed on its behalf by:


Mr S Miah -Trustee

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2017

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Governance costs comprise those costs associated with meeting the constitutional and strategic requirements of the charity and the audit fees and costs linked to the strategic management of the charity.

Allocation and apportionment of costs

Overhead and support costs relating to charitable activities have been apportioned based on staff time.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 15% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2017

2. DONATIONS AND LEGACIES

	2017	2016
	£	£
Donations	14,222	14,100
Grants	<u>128,468</u>	<u>97,230</u>
	<u>142,690</u>	<u>111,330</u>

Grants received, included in the above, are as follows:

	2017	2016
	£	£
London Borough of Tower Hamlets	10,002	7,447
BBC Children in Need Appeal	-	9,950
Charles S French Charitable Trust	1,000	-
Wakefield Trust	2,500	-
The Hilden Fund	-	1,000
The Ernest Cook Trust	-	2,500
The Hale Trust	800	700
The Essex Fairway Charitable Trust	-	15,000
Lottery Fund/Restricted Funds	99,666	51,158
The Sir Jules Thorn Charitable Trust	-	750
ESF/London Council Grant	-	6,025
Woodward Charitable Trust	-	700
St James Place Foundation	10,000	-
The Inholders Charitable Trust	-	1,000
The Woodward Charitable Trust	500	-
The City Of London Solicitors' Company	-	1,000
The February Foundation	3,000	-
The Magdalen Hospital Trust	<u>1,000</u>	<u>-</u>
	<u>128,468</u>	<u>97,230</u>

3. CHARITABLE ACTIVITIES COSTS

	Direct costs	Support costs (See note 4)	Totals
	£	£	£
Education, training and advice	<u>83,021</u>	<u>53,115</u>	<u>136,136</u>

4. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Education, training and advice	36,815	-	36,815
Governance cost	<u>9,116</u>	<u>7,184</u>	<u>16,300</u>
	<u>45,931</u>	<u>7,184</u>	<u>53,115</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2017	2016
	£	£
Auditors' remuneration	1,500	1,500
Depreciation - owned assets	<u>702</u>	<u>762</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2017 nor for the year ended 31 March 2016.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2017 nor for the year ended 31 March 2016.

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2017

7. STAFF COSTS

	2017	2016
	£	£
Wages and salaries	98,562	67,678
Social security costs	<u>2,476</u>	<u>1,477</u>
	<u>101,038</u>	<u>69,155</u>

The average monthly number of employees during the year was as follows:

	2017	2016
	4	2
Charitable expenditure	<u>1</u>	<u>1</u>
Administration	<u>5</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

No employee received remuneration amounting to more than £60,000 in either year.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	<u>14,100</u>	<u>97,230</u>	<u>111,330</u>
Total	14,100	97,230	111,330
 EXPENDITURE ON			
Charitable activities	<u>14,100</u>	<u>92,383</u>	<u>106,483</u>
Education, training and advice	<u>14,100</u>	<u>92,383</u>	<u>106,483</u>
Total	<u>14,100</u>	<u>92,383</u>	<u>106,483</u>
 NET INCOME/(EXPENDITURE)	-	4,847	4,847
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>12,588</u>	<u>15,435</u>	<u>28,023</u>
 TOTAL FUNDS CARRIED FORWARD	<u>12,588</u>	<u>20,282</u>	<u>32,870</u>

9. DEFERRED INCOME

Deferred income comprised of grants from several institutions.
Income deferred in the current year relates to grants received from institutions for use in future accounting periods.

Balance as at 1 April 2016	8,447
Amount released to incoming resources	(8,447)
Amount deferred in the year	<u>21,450</u>
Balance as at 31 March 2017	<u>21,450</u>

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2017

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2016	16,418	11,292	27,710
Additions	-	371	371
At 31 March 2017	<u>16,418</u>	<u>11,663</u>	<u>28,081</u>
DEPRECIATION			
At 1 April 2016	14,901	8,497	23,398
Charge for year	<u>227</u>	<u>475</u>	<u>702</u>
At 31 March 2017	<u>15,128</u>	<u>8,972</u>	<u>24,100</u>
NET BOOK VALUE			
At 31 March 2017	<u>1,290</u>	<u>2,691</u>	<u>3,981</u>
At 31 March 2016	<u>1,517</u>	<u>2,795</u>	<u>4,312</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Prepayments	<u>2,260</u>	<u>2,260</u>
	<u>2,260</u>	<u>2,260</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Social security and other taxes	-	1,568
Net wages control	-	4,500
Accrued expenses	<u>24,201</u>	<u>14,817</u>
	<u>24,201</u>	<u>20,885</u>

13. MOVEMENT IN FUNDS

	At 1.4.16 £	Net movement in funds £	At 31.3.17 £
Unrestricted funds			
General fund	12,588	(5,000)	7,588
Restricted funds			
Health matters programmes	<u>20,282</u>	<u>11,554</u>	<u>31,836</u>
TOTAL FUNDS	<u>32,870</u>	<u>6,554</u>	<u>39,424</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,222	(19,222)	(5,000)
Restricted funds			
School exclusion and truancy	9,500	(6,700)	2,800
Homework club	7,102	(6,102)	1,000
Summer programme	4,200	(3,200)	1,000
Health matters 2 programme	99,666	(94,812)	4,854
Women ICT embedded with ESOL	7,500	(5,600)	1,900
Parenting skills course	<u>500</u>	<u>(500)</u>	<u>-</u>
	<u>128,468</u>	<u>116,914</u>	<u>11,554</u>
TOTAL FUNDS	<u>142,690</u>	<u>(136,136)</u>	<u>6,554</u>

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED **for the year ended 31 March 2017**

13. MOVEMENT IN FUNDS - continued

Name of fund	Description, nature and purpose for the fund
Health matters 2 programme	To provide a range of services in order to reduce inequalities in health by improving physical and mental health of disadvantaged ethnic minority communities. The services and activities delivered include outreach support, health advocacy, workshops on health issues, fitness exercise, nutrition and cookery class, healthy food exhibition and workshops on smoking and Pain cessation and cervical screening.
School exclusion and truancy	To provide support for excluded children and represent them in admission appeal, disciplinary and exclusion hearings.
Homework club	To provide additional support for 7-11 year old children in their homework particularly in English and Maths at Key Stages 1 and 2.
Summer programme	To deliver programmes of activities and events for local children and families during the summer holiday 2016.
Women ICT embedded with ESOL	To provide ICT embedded with ESOL classes to improve women.

Restricted funds represent funds, which have been given for particular purposes in connection with the provision of advice, education, training and support in line with the charity's objectives.

Unrestricted funds represents funds available to the trustees for the general purposes of the charity.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2017.

15. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

16. DONATIONS

	2017 £	2016 £
The Michael Cornish Charitable Trust	-	1,000
J P Jacobs Charitable Trust	-	50
Company Of Actuaries Charitable Trust Fund	-	1,000
Chapman Charitable Trust	-	1,000
Haberdashers' Benevolent fund	-	2,000
Armourer & Braisers Gunlet Trust	750	-
The Worshipful Society of Apothecaries General Charity Ltd.	-	250
The Worshipful Company of BasketMakers	-	5,000
John and Susan Bowers Fund	500	-
Dentons Charitable Trust	1,250	-
Wpp 2005 Ltd	1,000	-
Bank of England	600	300
Albert Hunt Trust	2,000	1,000
The Worshipful Company of Coopers	2,500	2,500
The Austin and Hope Pilkington Trust	1,000	-
Ruben Foundation	250	-
The City London solicitors' company	2,372	-
Schroders Charity Trust	2,000	-
	14,222	14,100

17. FIRST YEAR ADOPTION

It is the first year that the charity has presented its financial statements under SORP 2015 and FRS 102. The following disclosures are required in the year of transition. The last financial statements prepared under previous UK GAAP were for the year ended 31 March 2016 and the date of transition to FRS 102 and SORP 2015 was therefore 1 April 2015. As a consequence of adopting FRS 102 and SORP 2015, a number of accounting policies have changed to comply with those standards. Other than presentational adjustments to reanalyse expenditure for the year ended 31 March 2016 to accord with format prescribed in the Charities SORP FRS 102, no further restatements were required. Specifically, governance costs which were previously reported as a separate line of expenditure within the statement of financial activities are now allocated to expenditure on charitable activities.