

(Company Number 8436085)
(Registered Charity Number 1152263)

SAIL (Sexual Abuse and Incest Line)

Financial Statements

For the year ended 31 March 2017

SAIL (Sexual Abuse and Incest Line)

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For the year ended 31 March 2017

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SAIL (Sexual Abuse and Incest Line)
Legal and administrative information
For the year ended 31 March 2017

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the financial statements for the year ended 31 March 2017.

Full name

SAIL (Sexual Abuse and Incest Line)

Other names by which the charity is known

SAIL

Registered Charity Number

1152263

Registered Company Number

8436085

Trustees

Dena Trossell

Chair

Catherine Atkinson

resigned 8th July 2015

Michelle Grant

Alison Thornton-Delve

Maja Thompson

appointed 13th April 2016; resigned 21st September 2016

Gabrielle Binnie

appointed 14th December 2016

Registered Address

35a Rose Hill

Chesterfield

S40 1TT

Bankers

Unity Bank Trust

Nine Brindleyplace

Birmingham

B1 2HB

Independent Examiner

Kate Follon ACMA CGMA

Employee of:

Voluntary Action Sheffield

Community Accounting Service

The Circle

33 Rockingham Lane

Sheffield

S1 4FW

SAIL (Sexual Abuse and Incest Line)

Directors' report (incorporating the trustees' annual report)

For the year ended 31 March 2017

Structure, governance and management

The Company (Company number 8436085) was incorporated on 8 March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1 April 2014. It has no share capital and the liability of each member in the event of winding-up is limited to £1. Overall management of the Charity is the responsibility of the trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

Aim and Objectives

The relief and prevention of the further suffering of people in the Derbyshire area who are survivors of childhood sexual abuse or incest, by the provision of assistance, support and services or as the Trustees shall from time to time decide.

Principal Activities

SAIL provides face to face counselling, support and information to survivors of child sexual abuse (18+) who live in Derbyshire. A dedicated team of volunteer counsellors, who are qualified to a minimum of Diploma level, or on placement, provide the majority of the direct counselling service.

Summary of main achievements during the period

During the year we offered short and longer term counselling to adult survivors of child sexual abuse.

During the year SAIL:

- took 1,376 calls through the office and appointments line
- conducted 157 assessments
- provided counselling for 208 clients for periods of up to 6 months.
- offered 1,012 on-going counselling sessions

Summary of the main activities undertaken for public benefit

In carrying out these activities, the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

SAIL (Sexual Abuse and Incest Line)

Directors' Report (continued)

For the year ended 31 March 2017

Reserves policy

It is the long term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average annual expenditure. This financial year three months running costs would be £15,564.

The charity had £47,647 in reserves at 31st March 2017 of which £26,750 were unrestricted. Additional reserves have been built up over the past two years as the Board have sought to secure the service in a challenging funding climate.

Plans for the future

SAIL has been successful in securing funding from the Big Lottery Fund for a three year service expansion project. SAIL's service expansion plans include the launch of a helpline service and group work. Plans are being developed to seek further funding streams in order to develop SAIL's service provision these include the launch of a youth service.

Financial review

Along with other small charity organisations SAIL is reliant on funding for our core service. Within the current funding landscape it has been challenging to plan or develop the service. Never the less SAIL with the aid of sound financial management and the support of staff and volunteers generated a positive financial outcome for the period. SAIL's funding from North Derbyshire Clinical commissioning Group is secure until September 2017. SAIL is in the process of seeking further funding from a broader range of sources.

SAIL (Sexual Abuse and Incest Line)
Directors' Report (continued)
For the year ended 31 March 2017

Directors' responsibilities for the financial statements

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the trustees are required to: select suitable accounting policies and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The Trustees must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above on 24th August 2017

Signed Michelle Grant

Name Michelle Grant

Position Trustee

SAIL (Sexual Abuse and Incest Line)

Independent Examiners Report

For the year ended 31 March 2017

I report on the accounts of SAIL (Sexual Abuse and Incest Line) for the year ended 31 March 2017 which are set out on pages 8 to 12.

Respective responsibilities of the Trustees and the examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145 (5) (b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep appropriate accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Kate Follon

Kate Follon ACMA CGMA
Employee of:
Voluntary Action Sheffield
Community Accountancy Service
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date: 30th August 2017

SAIL (SEXUAL ABUSE AND INCEST LINE)

Statement of financial activities

(incorporating the income and expenditure account)

for the year ended 31 March 2017

	Notes	2017			2016		
		Unrestricted funds	Restricted fund	Total funds	Unrestricted funds	Restricted fund	Total funds
		£	£	£	£	£	£
Income from:							
Charitable Activities	2	13,459	39,161	52,620	110	53,748	53,858
Total income		13,459	39,161	52,620	110	53,748	53,858
Expenditure on:							
Charitable activities	3	-	62,257	62,257	-	49,300	49,300
Total expenditure		-	62,257	62,257	-	49,300	49,300
Net movement in funds		13,459	(23,096)	(9,637)	110	4,448	4,558
Reconciliation of funds:							
Total funds brought forward	8	13,291	43,993	57,284	13,181	39,545	52,726
Total funds carried forward		26,750	20,897	47,647	13,291	43,993	57,284

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

SAIL (SEXUAL ABUSE AND INCEST LINE)

Balance Sheet

as at 31 March 2017

		2017	2016
		£	£
Current Assets	Notes		
Debtors	6	15,304	917
Cash at bank and in hand		35,392	57,887
Total current assets		<u>50,696</u>	<u>58,804</u>
Creditors: amounts falling due within one year	7	(3,049)	(1,520)
Net current assets/(liabilities)		<u>47,647</u>	<u>57,284</u>
Total assets less current liabilities		<u>47,647</u>	<u>57,284</u>
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>47,647</u></u>	<u><u>57,284</u></u>
Represented By			
FUNDS			
Unrestricted income fund		26,750	13,291
Restricted Fund income	8	20,897	43,993
Total charity funds		<u><u>47,647</u></u>	<u><u>57,284</u></u>

For the year ending 31st March 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and

The accounts have been prepared in accordance with the special provisions relating to small companies regime.

signed on behalf of the board Michelle Grant Dated: 24th August 2017.

Name Michelle Grant

Position Trustee

SAIL (Sexual Abuse and Incest Line)

Notes to the Accounts for the year ended 31 March 2017

1 Accounting Policies

(a) Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity meets the definition of a public benefit entity as defined under FRS102.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

The following specific policies are applied to particular categories of income:

Grants are recognised in the accounts on receipt as either restricted or unrestricted funds as notified by the funder.

Investment income is included when receivable.

Bank interest is recognised as an incoming resource when it is credited to the bank statement. All bank interest is treated as unrestricted income to the General Fund.

(c) Fixed Assets

All items of capital expenditure below £500 are written off as incurred.

(d) Expenditure

Expenditure is recognised where an there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross.

(e) Fund Accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the funder. The purpose and use of each restricted fund is set out in the notes in the financial statements.

SAIL (Sexual Abuse and Incest Line)

Notes to the Accounts

for the year ended 31 March 2017

2 Analysis of income	2017			2016		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
2 Charitable activities:						
Private donations	522	-	522	110	-	110
NHS Contract	-	-	-	-	51,748	51,748
Grants	12,937	39,161	52,098	-	2,000	2,000
	<u>13,459</u>	<u>39,161</u>	<u>52,620</u>	<u>110</u>	<u>53,748</u>	<u>53,858</u>
Total Income	13,459	39,161	52,620	110	53,748	53,858

3 Charitable Activities Expenditure	2017			2016		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Salaries and pensions 4	-	37,919	37,919	-	28,887	28,887
Running costs	-	11,714	11,714	-	11,843	11,843
Office Costs	-	3,549	3,549	-	3,804	3,804
Professional fees	-	2,231	2,231	-	1,246	1,246
Staff costs and expenses	-	2,876	2,876	-	385	385
Volunteers expenses	-	3,051	3,051	-	2,067	2,067
Accountancy costs	-	917	917	-	1,068	1,068
Total Expenditure	-	62,257	62,257	-	49,300	49,300

	2017	2016
Accountancy costs include:		
Fees paid to independent examiner	<u>600</u>	<u>600</u>

Other fees paid to independent examiners' organisation	474	663
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4 Salaries costs and numbers

Staff Costs were as follows;

	2017	2016
	£	£
Salaries	37,160	28,847
Employers NI	-	40
Pension	759	-
	<u>37,919</u>	<u>28,887</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 2 (2015:2).

SAIL (Sexual Abuse and Incest Line)

Notes to the Accounts for the year ended 31 March 2017

5 Trustees remuneration, benefits and expenses

	2017	2016
	£	£
1 Director - Travel Expenses	126	66
Total	<u>126</u>	<u>66</u>

With the exception of the above no other remuneration, expenses or benefits were paid to the trustees.

6 Debtors

	2017	2016
	£	£
Accrued income	12,937	-
Rent - prepaid	917	917
Other Debtors	1,450	-
	<u>15,304</u>	<u>917</u>

7 Creditors; amounts falling due within one year

These are expenses that have been incurred but have not been billed or paid for during the accounting period. They are in respect of:

	2017	2016
	£	£
Accruals	3,049	1,520
	<u>3,049</u>	<u>1,520</u>

8 Movement in funds

	Opening Balance 01/04/2016	Incoming resources	Outgoing resources	Carried forward 31/03/2017
	£	£	£	£
NDVA	-	350	(350)	-
NHS - PCT Funding	43,993	38,811	(61,907)	20,897
	<u>43,993</u>	<u>39,161</u>	<u>(62,257)</u>	<u>20,897</u>

9 Restricted Funding

NHS - PCT

Provision of a specialist free counselling service for survivors of child sexual abuse and incest living in Chesterfield and North Derbyshire.

NDVA

NDVA Small Grants Scheme award for new office equipment, printer, shredder and laminator.

10 Related party transactions

There were no related party transactions to report during the financial year.