



Advocacy in Barnet Limited

Report and Financial Statements For the Year Ended 31 March 2017





The Hadley Trust

Barnet and District Cancerlink





Advocacy in Barnet Limited (A company limited by guarantee)

Financial Statements For the Year Ended 31 March 2017

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The Management Committee presents its report and audited financial statements for the year ended 31 March 2017.

Reference and Administrative Information

Charity Name:

Advocacy in Barnet Limited

Charity registration number:

1115740

Company registration number:

5769365

Registered Office and

operational address:

One Stop Shop 4-5 The Concourse Grahame Park London NW9 5XB

Management Committee (Trustees)

Graham Kirk

Chair and Director

Steven Jaffe

Treasurer and Director

Renie Bowen

Director

Natalie Hacker

Director

Ruth King

Seconded

Janet Maddison

Director (resigned 25 January 2017)

Glynnis Joffe

Director

Secretary

Elizabeth Sturm

Senior Management Team

Elizabeth Sturm

Chief Executive

Independent Examiners

Cohen Arnold, Chartered Accountants, New Burlington House, 1075 Finchley Road, London NW11 0PU

Bankers

Unity Trust Bank Plc, 9 Brindley Place, Birmingham B1 2HB

Structure, Governance and Management

Legal Status

Advocacy in Barnet (AIB) was registered with the Charity Commission as Charity number 1115740 on 10th August 2006 and a Company Limited by Guarantee (England and Wales) as company number 5769365 on 4th April 2006.

Objectives and Review activities

Objectives

The objects for which the Company is established are:

- a) to relieve the needs of those aged 16 or over resident in the London and throughout England by providing information, representation and support to those who use community and/or health services with a view to developing their capacities and skills so that they may better meet their own needs and participate fully in society; and
- b) to advance the education and training of those providing advocacy, social care, health and related professions or wishing to take up those areas of work in London and throughout England who will assist the aforementioned residents.

The Trustees confirm their compliance with the duty to have due regard to the public benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives and in planning future activities.

ADVOCACY IN BARNET

1 April 2016 - 31 March 2017

Team effort and expanding spheres of operation typified the past year. Recognition and thanks must be levied to all members of Advocacy in Barnet: staff, volunteers, directors and donors, who all contributed so graciously and unstintingly to provide advocacy to people in need. Bespoke projects and training continued to be our core activities with our focus tending to reflect the increased need for help and information to people of 50+. We offer special thanks to individuals and organisations who have given unrestricted funds as these are so vital in enabling us to maintain our core generic advocacy. This is fundamental to our independence, and enables Advocacy in Barnet to respond to areas of need identified providing support and assistance, to critically assess and modify our operation and to sow the seed-corn for future initiatives. The coming year will offer challenges and threats coupled with expanding horizons. Advocacy in Barnet will profit and strengthen by these experiences and will continue to fulfill its promise " You talk, we listen, life changes" Doubtless next year will present equally taxing situations. I am sure that the Advocacy in Barnet Team will meet the new challenges and enable many more clients to be helped and supported.

Graham Kirk, Chair

A survey by Community Care and the Care and Support Alliance¹ confirms how threadbare the social care safety net in England has become with 68% of social care respondents expecting to cut people's care because of budget pressures within their council. 28% of respondents also said they did not feel confident that the reductions they made to care packages were fair or safe. Although the Care Act placed legal force behind personal budgets, responses to the survey suggest that the choice personal budgets are designed to offer is rapidly disappearing. Social workers feel under pressure to reduce care packages for vulnerable adults, with some fearing the reductions are unfair and unsafe, a Community Care survey has revealed. In November 2016, the Local Government and Social Care Ombudsman reported that in 2015-16, it received 600 complaints about assessments and care planning; more than any other area of adult social care. It upheld 59% of the 300 complaints it investigated in detail. Demands on housing, longevity and increased needs strain already limited resources in health, social care and the public sector.

In this current climate of austerity, independent advocacy is ever more important to prevent the human cost of cuts. We would like to thank everyone who has worked with and who has financially supported Advocacy in Barnet for supporting people who use our services to have a voice, rights which are respected and a life of their choice. Advocacy in Barnet is very much the sum of all the people involved in the organization; volunteers, staff and Trustees who between them encompass policies, grass roots delivery, back office functions through to the strategic steer of the organization. The components of making Advocacy in Barnet run efficiently are numerous and without the generosity of volunteers skills, experience, knowledge, time and diversity together with the local trusts and charities that have enabled us to continue delivering advocacy in the community, the Charity would not be able to meet the needs of the increased number of people who needed our support.

2016 has seen the Charity continue to grow with two new projects augmenting the generic and specialist advocacy work and a third project benefiting people undergoing treatment for cancer. Volunteers are integral to these projects as well as the overall success of Advocacy in Barnet. We are indebted to the commitment, contribution and range of skills and knowledge they bring to the organization and impact they make in so many older peoples' lives in Barnet. We are proud to have launched our brand new website at the end of 2016. Our enormous gratitude to Hazel Falls (volunteer), for her generosity in creating and developing this for us. Her contribution in making AlB's website relevant both externally and internally and for her ongoing maintenance of the site cannot be underestimated. Our thanks also go to the volunteer focus group for their feedback and input into the creation of the site as well as users and professionals for their comments. The new website now includes a volunteer area, enabling training to be maximized and ensure the team are provided with updates on legislation and best practice.

We were proud to be recipients of Comic Relief's Care Home Challenge funding. The funding enabled us to respond to findings in our work about the experience of care home residents. The project worked with 222 people and was designed to strengthen connections and meaning between care staff and residents towards the development of a shared sense of community.

¹ * Community Care and the Care and Support Alliance* September 2017 - a coalition of over 80 charities representing older and disabled people and their carers.

We thank the participating homes, their residents and staff for working with us on this project. There was much increased interaction between residents and staff as a result of the learning and the practical activities created a foundation for more meaningful, enduring engagement. The work also highlighted the need to improve understanding and support for older people affected by hearing loss. As an advocacy organisation, we wish to ensure that residents receive the same equal choice of equipment irrespective of age to enable social interaction. We are delighted that the needs of new residents affected by hearing loss has now been backed at a strategic level. A full report of the work can be found on Advocacy in Barnet's website. We are thrilled that the art installation at Acacia Lodge created by participating residents won the 2017 Mayor's Award.

We are grateful to the Peoples' Postcode Lottery for their support in funding future care advocacy. Volunteers were trained as "Future Care Planners" to raise end-of-life care planning awareness and then cascade this to a wide range of communities and community organisations. The sessions enabled local residents to discuss, actively plan and prepare for their own care they wished to receive in the event of illness and/or impending death. The plans ensured that preferences and choices could be known to improve the care people receive and acted on to avoid unnecessary and avoidable hospital admissions. The project worked with 464 people.

Funded by Macmillan, Advocacy in Barnet provides a dedicated advocacy service to people affected by cancer. At the initial stages of project set up, a major health-related issue was identified in respect of the challenges of transport to cancer-related appointments. These can span several different treatment locations over the period of a week. This can be extremely exhausting for people already feeling unwell as well as prohibitively expensive. Barnet and District CancerLink having identified similar issues emerging from their weekly drop in attendees, funded a pilot well-being project for people affected by cancer. Demand was high with 142 people, many of the whom had multiple appointments, utilizing a free taxi service to attend their treatment over a six month period.

We delivered the second year for both the Specialist Information Advice and Advocacy Contract and Barnet Macmillan Cancer Advocacy, the maturity of which has allowed us to develop a more responsive service to people requiring advocacy. We worked with in excess of 1500 people throughout the year covering a range of areas including accessing community services and/or health services; care assessments; complaints about health or community services, housing issues, independent living; adaptations and/or equipment and safeguarding. Advocacy in Barnet continues to receive a high level of user satisfaction with over 96% of people using advocacy able to recommend the service to others.

Advocacy in Barnet utilise outreach approaches to engage directly with communities and ensure that advocacy is made accessible across the Borough. Venues include sheltered accommodation, older peoples' day centres, support groups, community day centres, faith groups and attendance at public engagement events. In the period covered, over 372 people were reached through 44 outreach events.

Improving our practice

Advocacy in Barnet believe that training and support are essential to staff and volunteers effectiveness. Training days have included Advance Care Planning, Tools of the Trade, Making every Contact Count, Advocacy Outcomes, Care Act, Listening and Responding Course and the Mental Capacity Act. Monthly support meetings enable staff and volunteers to learn and share best practice and achieve the most effective and efficient working methods.

Advocacy in Barnet continues to review and develop outcome measurement tools to capture the impact of the work we deliver. We want to ensure we can support people to make real and lasting changes in their lives.

Future plans

In April 2018 Advocacy in Barnet will be celebrating twenty one years of advocacy. Staff, volunteers and Trustees have spent the past year reviewing the orgainsation's strategic direction, researching best practice and working towards increasing resilience to further cuts in social care. The Charity aims to launch the new plan as part of its twenty first anniversary celebrations.

We are excited that a new project consolidating work in hospitals and care homes will commence in 2017. The project will support older people leaving hospital.

Financial Review

Advocacy in Barnet Trustees review the Charity's finances on a monthly basis and are satisfied with the current position of reserves.

Some additional funding for 2017/2018 has been secured and further work is underway to increase this further. The Trustees are satisfied that the Charity will be operating effectively within the forecast budget for existing and on-going projects.

We are grateful to the following funders for their support this year and making the above work possible.

- The Betty Messenger Charitable Foundation
- Barnet & District CancerLink
- Comic Relief
- The Hadley Trust
- Macmillan Cancer Support
- Peoples Postcode Lottery
- The Raven Foundation

Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Reserves Policy

The Management Committee reviews the reserve policy periodically and aims to retain an adequate sum to ensure continuation of its activities. This is to ensure that in the event of a significant drop in funding, the charity will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. As at 31 March 2017 the charity had £126,881 Unrestricted Funds of which £122,363 was free reserves and £4,518 was sitting within fixed assets. The charity also had £76,441 Restricted Funds.

Risk management

The Management Committee has drawn up a risk assessment which provides dates and details of action to be taken to reduce the risks faced by the charity. The charity also purchases a range of insurances.

Responsibilities of the Management Committee

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the Management Committee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Management Committee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

Independent Examiners

Cohen Arnold have signified their willingness to continue in office and a resolution proposing their re-appointment will be put to their forthcoming Annual General Meeting on2017.

Remuneration of Trustees

Information on remuneration paid to a member of the Management Committee is set out in Note 9.

Special acknowledgement

The Management Committee Trustees are very grateful for all the financial support the organisation receives from our funders listed in the attached accounts. Their extended support has made it possible for us to reach our present stage of development.

Steven Jaffe FCA, Treasurer

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF ADVOCACY IN BARNET LIMITED COMPANY LIMITED BY GUARANTEE

YEAR ENDED 31 MARCH 2017

I report on the accounts of the charity for the year ended 31 March 2017 which are set out on pages 9 to 18.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees (who are also the directors of Advocacy in Barnet for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- · examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- · to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination in9cludes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006;
 and
 - to prepare accounts which accord with the accounting records, comply with the
 accounting requirements of section 396 of the Companies Act 2006 and with the
 methods and principles of the Statement of Recommended Practice: Accounting and
 Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

David Goldberg, FCA DChA

Independent Examiner

Cohen Arnold New Burlington House 1075 Finchley Road London NW11 0PU

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Advocacy in Barnet Limited

Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 March 2017

Note		cted R inds 2017 £	Restricted Funds 2017 £	Total Funds 2017 £	Total Funds 2016 £
INCOME AND ENDOWMENT Donations and legacies Investment income Income from	rs	873 44	÷	873 44	1,845 160
charitable activities: Training Consultation Grants	3	,295 8,615 1,667	193,979 ———	1,295 3,615 215,646	730 3,098 228,928
TOTAL INCOME	27	7 ,494	193,979	221,473	234,761
EXPENDITURE Expenditure on Charitable activities	5	825	169,215	170,040	149,876
TOTAL EXPENDITURE		825	169,215	170,040	149,876
NET INCOME AND NET MOIN FUNDS FOR THE YEAR		6,669	24,764	51,433	84,885
RECONCILIATION OF FUND Total funds brought forward		0,212	51,677	151,889	67,004
TOTAL FUNDS CARRIED FO	DRWARD 120	6,881	76,441	203,322	151,889

The statement of financial activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

Advocacy in Barnet Limited

Balance Sheet as at 31 March 2017

			2017	2016	
	Notes	£	£	£	£
FIXED ASSETS Tangible assets	11		4,518		1
CURRENT ASSETS Debtors Cash at bank in hand	12	24,011 215,376 239,387		24,136 161,605 185,741	
Creditors: amounts falling due within one year	13	(40,583)		(33,853)	
NET CURRENT ASSETS			198,804		151,888
NET ASSETS			203,322		151,889
FUNDS OF THE CHARITY Unrestricted Income Funds Restricted Income Funds	15 14		126,881 76,441		100,212 51,677
TOTAL CHARITY FUNDS			203,322		151,889

For the year ended 31 March 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Steven Jaffe FCA, Treasurer

Company Number: 5769365

1. General Information

The Charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is One Stop Shop, 4-5 The Concourse, Grahame Park, London NW9 5XB.

2. Statement of Compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) – (Charities SORP (FRS102) and the Companies Act 2006.

3. Accounting Policies

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in Sterling which is the functional currency of the Charity.

The Charity meets the definition of a public entity under FRS102.

(b) Transition to FRS102

The Charity transitioned from previous UK GAAP to FRS 102 as at 1 April 2015. Details of how FRS 102 has affected the reported financial position and financial performance is given in note 19.

(c) Judgements and key sources of estimation uncertainty

The are no judgements, estimates and assumptions that affect the amounts reported.

(d) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

3. Accounting Policies (continued)

(e) Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income, it is probable the charity will receive the income and the amount can be quantified with sufficient reliability. The following specific policies are applied to particular categories of income:

- Income is almost entirely received by way of grants except for a minimal amount of
 income from sundry training and consultancy, and is included in full in the Statement
 of Financial Activities when receivable. Grants, where entitlement is not conditional
 on the delivery of a specific performance by the charity, are recognised when the
 charity becomes unconditionally entitled to the grant.
- Income from grants, where related to performance and specific deliverables, are
 accounted for as the charity earns the right to consideration by its performance. The
 proportion of grants receivable that are not attributable to an accounting period, are
 carried forward as deferred income and recognised as income in the subsequent
 accounting period.

(f) Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT, which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery
 of its activities and services for its beneficiaries. It includes both costs that can be
 allocated directly to such activities and those costs of an indirect nature necessary to
 support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; others are apportioned on an appropriate basis.

(g) Fixed assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, which in all cases is estimated at 4 years.

3. Accounting Policies (continued)

(h) Going concern

The Directors are aware that some core sources of funding have been reduced. However, the Directors believe that the Charity has enough reserve funds available to be able to fund any potential operating deficit that may arise for at least a further twelve months. The Directors are also working on finding new sources of income and finding ways of making savings.

(i) Financial Instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

4. Income from Charitable Activities

	Unrestricted	Restricted	Total	Total
	Funds	Funds	2017	2016
	£	£	£	£
Grant income: Core advocacy	21,667	193,979	215,646	228,928

5. Expenditure on Charitable Activities

	50+ £	Unrestricted £	Total 2017 £	Total 2016 £
Costs directly allocated to projects				
Staff costs Room hire Training & Supervision Staff Travel and expenses Recruitment Volunteer expenses	118,053 862 5,268 1,301 1,571 3,839	825 - - - - -	118,878 862 5,268 1,301 1,571 3,839	101,660 2,409 6,405 758 2,438 4,245
	130,894	825	131,719	117,915
Support costs allocated to projects				
Premises Telephone & internet Computer costs Depreciation Other equipment Insurance Payroll service Subscription PPS Sundry Advertising & publicity Bank charges Professional fees Database Travel services Governance costs: Accountancy fees	7,698 2,650 3,685 1,506 88 3,146 849 385 1,253 63 1,667 299 1,625 10,187		7,698 2,650 3,685 1,506 88 3,146 849 385 1,253 63 1,667 299 1,625 10,187 3,220	7,623 2,449 2,761 34 3,011 869 273 1,636 52 2,106 183 7,733 891
Total costs of Charitable activities	169,215	825	170,040	149,876

The Support costs are allocated on the basis of the Income during the year.

6. Net Incoming Resources for the Year

This is stated after charging:	2017 £	2016 £
Depreciation	1,506	
7. Independent Examination Fees		
	2017 £	2016 £
Fees payable to the independent examiner for:	_	,
Independent examination of the financial statements	3,060	2,160
8. Staff Costs and Numbers		
Staff costs were as follows:		
	2017 £	2016 £
Salaries and wages	112,113	96,485
Employer's Pension contributions	2,404	(193)
Employer's national insurance	4,361	5,367
	440.070	404.050
Total	118,878	101,659

No employee received emoluments of more than £60,000. Remuneration paid to key management personnel totalled £41,090.

The average number of employees, all of whom are part time, during the year was as follows:

	2017 Number	2016 Number
Chief Executive/Project Manager/Finance Officer Advocates Administration/ Volunteer Co-ordinator	3 3 2	2 3 2
Total	8	7

The charity operates a defined contribution pension scheme on behalf of the directors and staff. The scheme and its assets are held by independent managers.

9. Trustee Remuneration & Related Party Transactions

Janet Maddison, who was a Director and Member of the Management Committee, took on a role as a temporary advocate at the beginning of the year. She resigned from the Management Committee prior to applying for the position and she was one of several candidates. She was not involved in any of the decision making. In January 2017 her role became a permanent role and she then also resigned as a Director. The salary paid to her during the year totalled £11,861 which is on the same scale as the other advocates receive.

The charity paid a total amount of £160 in relation to individual expenses incurred by the trustees for services provided to the charity.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

10. Taxation

As a charity, Advocacy in Barnet Limited is exempt from tax on income and gains falling within section 505 of the Income and Corporation Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

11. Tangible Fixed Assets		Office
		Equipment
Cost At 1 April 2016 Additions		£ 24,246 6,023
At 31 March 2017		30,269
Accumulated Depreciation At 1 April 2016 Charge for the year		24,245 1,506
At 31 March 2017		25,751
Net book value At 31 March 2017		4,518
At 31 March 2016		1
12. Debtors	2017 £	2016 £
Prepayments and accrued income	24,011	24,136
13. Creditors: Amounts Falling Due within One Year	2017 £	2016 £
Accruals Deferred Income	3,202 37,381	5,388 28,465
Total	40,583	33,853

14. Restricted Income Funds

	Balance at 1 Apr 2016 £	£	Expenditure £	At 31 Mar 2017 £
50+	51,677	193,979	(169,215)	76,441
15. Unrestricted income funds	Balance at 1 April 2016 £	Income £	Expenditure £	At 31 Mar 2017 £
General Funds	100,212	27,494	(825)	126,881
16. Analysis of Net Assets between Funds:	veen Funds	Tangible Assets £	Net Current Assets £	Total £
Restricted Income Funds 50+		-	76,441	76,441
			76,441 ———	76,441
Unrestricted Income Funds		4,518	122,363	126,881
Total Funds		4,518	198,804	203,322

17. Transition to FRS102

These are the first financial statements that comply with FRS102. The Charity transitioned to FRS 102 on 1 April 2015.

No transitional adjustments were required in the retained funds or income or expenditure for the year.