Charity number 1153331

Annual Report and Financial Statements

for the year ended 31 March 2017



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Prepared by West Yorkshire Community Accounting Service

Trustees' report for the year ended 31 March 2017

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

| Name | Position | Dates |
|-------------------|-----------|------------------------|
| Kathleen Hill | Chair | |
| Patricia Trenaman | Treasurer | Appointed July 2017 |
| Geoffrey Thorne | | |
| Josephine Jarosz | | |
| Laurence Wood | | |
| Linda Belderson | | |
| Methven Forbes | | |
| Mick Coulson | | |
| Roderic Wood | | |
| Sophie Gross | | Resigned May 2017 |
| Noreen Finister | | Appointed October 2016 |
| John Telford | | Appointed October 2016 |

Charity number

The charity was registered with the Charity Commission for England and Wales, number 1153331, on 9 August 2013. The name of the charity was changed to Robin Lane Health and Wellbeing Charity on 18 July 2017.

Registered and principal address

Pudsey Wellbeing Centre 23 Robin Lane Pudsey West Yorkshire LS28 7BR

Bankers

Yorkshire Bank Waver Green Pudsey LS28 7BG

Independent examiner

Stephen Procter West Yorkshire Community Accounting Service Stringer House 34 Lupton Street Leeds LS10 2QW

Structure, governance and management

The charity is a charitable incorporated organisation (CIO) and governed by a constitution adopted on 27 July 2013. The charity's only voting members are its charity trustees.

The charity is managed by a committee of at least 7 and no more than 12 trustees, of which between 6 and 10 are appointed by the trustees at a properly convened meeting and a further 1 or 2 are nominated by Robin Lane Medical Centre. Members serve for 3 years before seeking re-appointment or nomination.

Trustees' report (continued) for the year ended 31 March 2017

Objectives and activities

The charity's objects

1) To advance health in Pudsey, both physical and mental, by providing a range of health related activities and interventions to enable people to live longer and healthier lives that are full and meaningful.

2) To promote for the benefit of the inhabitants of Pudsey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.

The charity's main activities

The main activities undertaken for the public benefit in relation to the charity's objects are:

1) The provision of space within Pudsey Wellbeing Centre for a range of free, volunteer led activities.

2) A range of activities, services and community events offered through the social, health and volunteering sector.

The Pudsey Wellbeing Centre on Robin Lane is a place for our community to come together, meet new people and try new activities. Love Pudsey is the name of our charity and we want to make Pudsey a better place to live where residents live longer and healthier lives that are full, active and meaningful.

Through our volunteer programme the local community can be inspired to get involved and engage with our town. It is an opportunity for people to be creative and enables our volunteers to share their skills or life experiences, as well as being part of a friendly and supportive group. All money raised at our events and from charity fundraising is used to provide free activities for the local community.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

2016-17 has been a fantastic year for Love Pudsey, with six new volunteer led groups running at the centre alongside fifteen established groups. We would like to say a huge thank you to all our wonderful volunteers who have made this possible; without our team of volunteers the charity simply would not be able to function! We would also like to thank Robin Lane Health and Wellbeing Centre and Café Lux for their continued financial and "on the ground" support.

We have had a number of fantastic fundraisers this year, our main fundraising events were our annual Summer Fair and Christmas Craft Market! Both events were well attended and helped raise awareness of the charity in the local community.

We raised over £350 at our Summer Fair in 2016 thanks to the efforts of our wonderful volunteers! This year's raffle was especially successful and the staff in the Café kindly helped us to sell tickets!

The Christmas Craft Market was a great success with £570 raised for Love Pudsey which is a £200 increase on the previous year. We had performances from two of the Love Pudsey groups "Raise Your Voice" Community Choir and "Luxulele" ukulele group.

The charity also produced a calendar for 2016-2017. We held a photography competition with the theme of "Pudsey and Surrounding Areas" and received entries from local people in Pudsey.

The competition winners had their photographs featured in the calendar. The final product features some beautiful shots of local scenes. We received donations from local businesses which went towards the printing costs of the calendar. Thank you to all the local businesses that supported us.

Trustees' report (continued) for the year ended 31 March 2017

Achievements and performance (continued)

The Arts programme which was funded by Leeds City Council through the Leeds Inspired fund continued to run throughout the year. The funding was used to pay a facilitator for our Community Choir and is one of the most popular groups running at Love Pudsey. There were also Poetry and a Pint evenings which run once a month in the café and consist of an open mic section where local people can perform their poems followed by a head liner performance. We had live music in the surgery waiting room and the café once a month, and received really positive feedback from these performances with many patients saying that it made them feel less anxious while waiting for an appointment. Finally we had performances in the café from Eduardo Niebla who is a virtuoso Spanish guitarist and a Cabaret Show. There are plans for more art events in 2017 – 2018.

The Youth Café has been an especially successful group, starting in January it already has twenty two members with 15-20 young people attending each week. We decided to open the Youth Café after identifying a gap in the age groups using the wellbeing centre. We had groups for babies, toddlers and new parents and also had groups for working age and retired people but only one group for young people, our Youth Choir. The charity applied for some funding from Leeds City Council through the Youth Activity Fund which was granted; the council have also provided the Youth Cafe with two trained Youth Workers who run the Youth Cafe alongside Love Pudsey staff and volunteers.

Six new volunteer led groups have started in 2016-2017, these groups are the Pudsey Lux Beaders, which is a jewellery making group; Invisible Pain Drama Workshop which is open to all but especially focussed on people with mental health issues; a Yoga group; Knit, Natter and Chit Chat Crochet in the Café; IT courses; and the Youth Café which now runs every Wednesday evening.

At the year end, the following 24 volunteer led groups were meeting regularly in the Wellbeing Centre, providing activities, stimulation, interest and a welcoming meeting place for the many local people who benefit from them.

Bosom Buddies Breastfeeding Support Weekly Carers Leeds Pudsev Art Workshop Beading Club Games in the Café Invisible Pain Theatre Ukulele Group Pudsey Adults with Time to Spare Walking Group Yoga Youth Café Singing for The Brain Raise Your Voice Bridge Club Poetry and a Pint Youth Choir Knit, Natter and Crochet Chit Chat Happy Stitchers Mindfulness and Stress Reduction Tai Chi Pudsey Chill Chair-based exercise Weight Watchers Craft Group

Trustees' report (continued) for the year ended 31 March 2017

Financial review

The net receipts for the year were £7,696, including net receipts of £6,158 on unrestricted funds and net receipts of £1,538 on restricted funds.

Reserves policy

The charity's free cash reserves at the year end were £13,747.

The charity's current reserves policy is to maintain a contingency fund as a reserve against potential cash-flow issues of approximately £5,000. However, trustees are currently reviewing that policy in the context of the charity's increased activity and income.

Funds in deficit

Leeds City Council Wellbeing and Youth Activity Funds showed deficits at year-end as these grants are paid in arrears to the charity.

Signed on behalf of the board of trustees:

Signed:

Date:

Name (Trustee)

Independent examiner's report to the trustees of Love Pudsey Charitable Incorporated Organisation (the 'CIO')

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2017, which are set out on pages 7 to 10.

Responsibilities and basis of the report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1) accounting records were not kept in respect of the CIO as required by section 130 of the Act; or 2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

| Signed: | Name: | Stephen Procter |
|---------|-----------|-----------------|
| | | |

Date:

West Yorkshire Community Accounting Service Stringer House 34 Lupton Street Leeds LS10 2QW

Receipts and payments account for the year ended 31 March 2017

| | Notes | | | | |
|------------------------------------|-------|--------------|------------|--------|---------|
| | | 2017 | 2017 | 2017 | 2016 |
| | L | Inrestricted | Restricted | Total | Total |
| | | funds | funds | funds | funds |
| | | £ | £ | £ | £ |
| Receipts | | | | | |
| Grants and donations | (2) | 45,986 | 13,073 | 59,059 | 39,056 |
| Room and event hire | | 26,266 | - | 26,266 | 13,550 |
| Events | | 760 | 902 | 1,662 | 2,143 |
| Fundraising | | 3,044 | 3,504 | 6,548 | 1,465 |
| Total receipts | | 76,056 | 17,479 | 93,535 | 56,214 |
| | | | | | |
| Payments | | | | | |
| Staff costs | | 31,354 | - | 31,354 | 26,567 |
| Premises | | 31,765 | - | 31,765 | 23,092 |
| Office costs | | 1,408 | 23 | 1,431 | 1,483 |
| Equipment | | 258 | 3,228 | 3,486 | 404 |
| Group costs | | 1,884 | 9,046 | 10,930 | 3,286 |
| Fundraising and PR costs | | 2,335 | 3,644 | 5,979 | 1,945 |
| Volunteer costs | | 889 | - | 889 | 833 |
| Sundries | | 5 | | 5 | - |
| Total payments | | 69,898 | 15,941 | 85,839 | 57,610 |
| Net receipts / (payments) | | 6,158 | 1,538 | 7,696 | (1,396) |
| Cash fund balances brought forward | | 7,589 | 148 | 7,737 | 9,133 |
| Cash fund balances carried forward | (3) | 13,747 | 1,686 | 15,433 | 7,737 |

Statement of assets and liabilities

as at 31 March 2017

| Cash funds Cash at bank Cash in hand Total cash funds | 2017 Unrestricted £ 13,463 284 13,747 | 2017 Restricted £ 1,186 500 1,686 | 2017 Total £ 14,649 784 15,433 | 2016 Total £ 7,737 - 7,737 |
|---|--|--|---|---|
| Other monetary assets Grants paid in arrears: LCC Youth Activity Fund LCC Wellbeing Fund | | | £ 5,980 3,288 9,268 | |
| Liabilities | | | £ | |
| Independent examination | | | 504 504 | |

Approval of the accounts

The financial statements were approved by the board of trustees on

Date:

Signed:

(Trustee)

Name

Love Pudsey Notes to the accounts for the year ended 31 March 2017

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a registered charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Notes to the accounts continued for the year ended 31 March 2017

| 2 Grants and donations | 2017 | 2017 | 2017 | 2016 | |
|---|---|------------|----------|-------------|--|
| | Unrestricted | Restricted | Total | Total | |
| | funds | funds | funds | funds | |
| | £ | £ | £ | £ | |
| Red Nose Day (Community Fund) | - | - | - | 624 | |
| LCC Wellbeing Fund | - | - | - | 3,018 | |
| Community First | - | - | - | 5,180 | |
| Leeds Inspired | - | 13,073 | 13,073 | - | |
| LCC Youth Activity Fund | - | - | - | - | |
| Donations (inc. Robin Lane Partnership) | 45,986 | | 45,986 | 30,234 | |
| | 45,986 | 13,073 | 59,059 | 39,056 | |
| | | | | | |
| 3 Restricted funds | Balance b/f | Incoming | Outgoing | Balance c/f | |
| | £ | £ | £ | £ | |
| Red Nose Day | 148 | - | 148 | - | |
| LCC Wellbeing Fund | - | - | 3,228 | (3,228) | |
| Leeds Inspired | - | 17,479 | 12,435 | 5,044 | |
| LCC Youth Activity Fund | - | - | 130 | (130) | |
| | 148 | 17,479 | 15,941 | 1,686 | |
| Fund name | Purpose of restriction | | | | |
| Red Nose Day | Materials for the sewing group. | | | | |
| LCC Wellbeing Fund | Towards the costs of building a pram shelter. | | | | |
| , i i i i i i i i i i i i i i i i i i i | (Fund in deficit at year-end as the grant is paid in arrears) | | | | |
| Leeds Inspired | Towards the costs of running the Arts programme. | | | | |
| LCC Youth Activity Fund | To provide workshops for young people during the Youth | | | | |
| - | Café sessions. | | | | |
| | (Fund in deficit at year-end as the grant is paid in arrears) | | | | |
| | • | - | | | |

Prior to the 2016-17 financial year, donations received from the Robin Lane Partnership were restricted funds used to cover premises and some salary costs. During the accounting year however, the funder agreed that donations were able to be used at the Trustees' discretion and are therefore now shown as unrestricted funds.

4 Trustee expenses

No trustee received any expenses during this year or the previous year.

5 Related party transactions

There were no related party transactions during this year or the previous year.