



Boxing4Life	1155607
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Receipts and payments accounts

For the period from	01/04/2016	To	31/03/2017
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Section A Receipts and payments

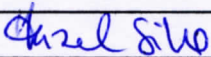
	Note	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts						
Grants	2	440	24,167	-	24,607	29,868
Donations		9,424	-	-	9,424	2,904
Subscriptions		930	-	-	930	1,510
Other		180	-	-	180	57
		-	-	-	-	n/a
		-	-	-	-	n/a
		-	-	-	-	n/a
		-	-	-	-	-
Sub total (Gross income for AR)		10,974	24,167	-	35,141	34,339
A2 Asset and investment sales, (see table).						
		-	-	-	-	-
		-	-	-	-	-
Sub total		-	-	-	-	-
Total receipts		10,974	24,167	-	35,141	34,339
A3 Payments						
Staff payments		-	16,083	-	16,083	20,648
Venue Hire		-	5,124	-	5,124	5,940
Equipment		-	2,304	-	2,304	521
Marketing		-	-	-	-	43
Other		70	-	-	70	165
Events		540	2,805	-	3,345	5,105
Support costs		1,428	-	-	1,428	1,118
Training		100	222	-	322	-
		-	-	-	-	-
Sub total		2,138	26,538	-	28,676	33,540
A4 Asset and investment purchases, (see table)						
		-	-	-	-	-
		-	-	-	-	-
Sub total		-	-	-	-	-
Total payments		2,138	26,538	-	28,676	33,540
Net of receipts/(payments)		8,836	- 2,371	-	6,465	799
A5 Transfers between funds		-	-	-	-	-
A6 Cash funds last year end		2,624	9,433	-	12,057	-
Cash funds this year end		11,460	7,062	-	18,522	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		11,460	7,062	-
		-	-	-
		-	-	-
	Total cash funds	11,460	7,062	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Reserves	n/a	2,000	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

HAEEL SILCS

Date of approval

26/1/2018

FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2016

NOTES

1 ACCOUNTING POLICIES

The financial statements have been prepared in accordance with the Charities Act 2011 Section 145(5)(b), using the Receipts and Payments basis available to small charities.

2 FUND ACCOUNTING

Unrestricted Funds may be used by the charity for any of its ordinary purposes.

Restricted Funds represent income which may be expended only on those restricted objects provided in the terms of a trust or bequest, or donations or grants received or invited for a specific purpose. These funds can only be spent on the specific purpose for which they were given. Any balance remaining unspent must be carried forward as a balance on that fund for future expenditure on that specific purpose, or returned; it cannot be absorbed into general funds.

Fund name & purpose:	Balance b/fwd £	Receipts in year £	Payments in year £	Transfers in year £	Balance c/fwd £
BBC Children in Need	1,000	10,000	10,560	0	440
Awards for All	2,910	0	2,910	0	0
Mayors Fund	1,212	0	1,212	0	0
LBWF Ward Funding Split	0	2,525	2,525	0	0
Grange Farm	0	2,642	2,024	0	618
Sported Foundation	4,311	9,000	7,307	0	6,004.00
Totals for restricted funds	9,433	24,167	26,538	0	7,062

Notes:

Sported agree to transfer this to Unrestricted for Financial Year 17/18

Boxing4Life Annual Report 2016-17

Activities

During the year we continued our weekly term-time sessions at two venues in Leytonstone, providing 79 sessions (2-3 hours) to 44 students.

A further 9 students from Jenny Hammond School (Year-6) attended weekly Self-Esteem workshops followed by boxing sessions.

In January 2017 we began weekly sessions in Whitechapel with 20 students for a new partner, the mentoring charity ReachOut UK; and for Leytonstone School we began 10 weekly sessions for 25 Year-9 students.

In summer 2016 we provided sessions for Waltham Forest's Targeted Youth Service, and assisted groups of students in the NCS programme.

The total number of students we worked with during the year (excluding NCS) was 107 – a considerable increase on the previous year's total of 77.

Outcomes

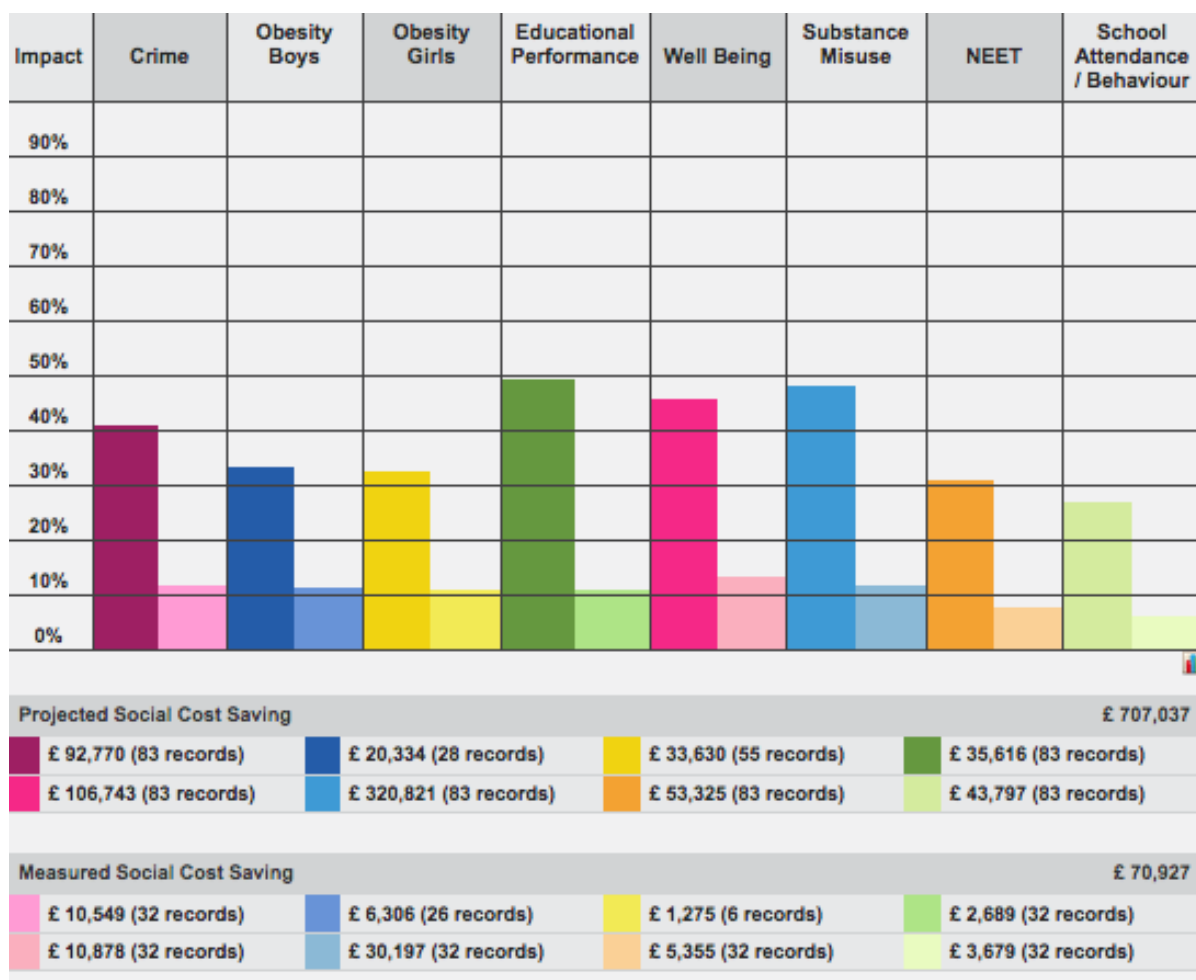
The numbers of students at our regular sessions showing significant, some, or no improvement on our 3 outcomes for BBC Children in Need are shown below. Fitness relates to proficiency in exercises and boxing skills; Focus – concentration, determination and resilience; Family – managing feelings, relationships, leadership & communication.

OUTCOMES	Significant Improvement	Some improvement	Yet to improve
Fitness	13	20	3
Focus	13	19	4
Family	21	15	0

Our participant surveys, for ages 11-18 showed the percentages agreeing with questions about the benefits students gained from attending Boxing4Life:

Helped me stay fitter and healthier:	84%
Helped me perform better at school:	60%
Improved my confidence:	72%
Helped me control anger/frustration:	65%
Helped me value and enjoy others more:	86%
Improved my focus & determination:	93%

Our measured social cost savings using the Sportworks tool (see below) - provided within Sported's Sporteducate project funded by Deutsche Bank – totalled £70,927, more than double our costs.



Organisation

We were gratified by ReachoutUK's recognition that our aims as an organisation are aligned with theirs. The development of our younger coaches – all former club students themselves – made this collaboration and other new work in schools possible.

Joined by an additional volunteer manager we continued to make progress with the piloting of our new monitoring tools. Our computer coding club attracted a new coach. Safeguarding training was held with an external tutor and an additional trustee joined the team.



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of	Charity Name Box 4 Life		
On accounts for the year ended	31 st March 2017	Charity no (if any)	1155607
Set out on pages	1 - 3		

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Harriet Baker

Date:

22/01/18

Name:

HARRIET BAKER

Relevant professional qualification(s) or body

Trainee Associate Chartered Accountant

(if any):

Address:

Maltings House, Avenue Road
Ingatestone, Essex
CM4 9MB.

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.