



DATUS ENABLING RECOVERY

A Company Limited by Guarantee (Number – 6654028)

And

A Registered Charity (Number – 1126901)

ANNUAL ACCOUNTS

**Report and Financial Statements
For the year ended March 2016**

REPORT OF THE TRUSTEE BOARD

The Trustee Board presents its annual report and the audited financial statements for the year ended 31st March 2016. The financial statements comply with the current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice 2005 – accounting and reporting by charities.

LEGAL AND ADMINISTRATIVE DETAILS

Name: DATUS ENABLING RECOVERY
(Referred to as DATUS from here on in)

Registered Company Number: 6654028

Registered Charity No: 1126901

Registered Office and Operational Address: 45 Alcester street Digbeth Birmingham, B12 OPH

BANKERS & AUDITORS

Bankers: Lloyds TSB, Colmore Row, Birmingham

Accountants: BVSC (Accountancy Services), 138 Digbeth Birmingham, B5 6DR

BOARD OF MANAGEMENT

The Directors of the 'Company' (as registered with companies house and pursuant to company law) are also the 'Trustees' of the Charity (as registered with the charity commission and pursuant to charity law) and may be referred to in this document as either 'Directors' or 'Trustees'.

Officers:
(Current) Chair: Dave Targett
Vice Chair: Helen Cochrane
Treasurer: Hannah worth
CEO: James Sadler

Company Directors:
(Served within the Year) Dave Targett, Helen Cochrane,
James Sadler, Darren Woodward, Hannah Worth,

Company Secretary: Vacant

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document:

Drug And Treatment User Service (DATUS) was registered as a charity on 25 November 2008 and incorporated on 22 July 2008. The Company has no share capital and it is legally governed by its articles of association, every member promises, if the Charity is dissolved while he or she is a member or within 12 months after he or she cease to be a member, to contribute such sum, not exceeding £10, as may be demanded by him or her towards debt and liabilities incurred as a result of the running of the charity.

Recruitment and Appointment of Trustees:

New trustees can be nominated by an existing member of the DATUS Board in line with current requirements and guidelines. The board will then, at a board, meeting discuss the nomination and Nominees will then be elected to the Board on the basis of a majority vote by the Board of Trustees.

In unique situations where number or skills of Trustees is deemed by the board to have fallen below what is required by the organisations governance framework external recruitment will be used. In this situation normal recruitment procedures within the organisation will be followed.

Election to the DATUS Board of Trustees lasts until the trustee dies, resigns or is removed from office. DATUS will always strive to maintain a minimum of 50% of the Board of Trustees to be made up of beneficiaries of the charities client group at the time.

Induction and Training of Trustees:

New Trustees will be selected on their ability to perform the role they are offered and will be expected to spend a day in the service itself, to familiarize themselves with staff and operational delivery. New Trustees will be required to complete an e-learning course (www.trusteelearning.org) in regards to the in legal responsibilities on trusteeship. The course is described as an easy access self-paced tool and covers the following areas:

- 0. Trustee E-learning E-Induction
- 1. All about Trusteeship
- 2. All about Charities
- 3. Leadership
- 4. Roles & Responsibilities
- 5. Complying With The Law
- 6. Building an Effective Board
- 7. Good Governance
- 8. Business Planning
- 9. Effective Trustee Meetings
- 10. Financial Management
- 11. Managing People
- 12. Evaluation & Quality

New Trustees will be required to have read and signed all of DATUS core policies and procedures to show awareness and knowledge of it's guiding documents. New Trustees will be offered one to one support from a more experienced trustee should that be required.

Organisational Structure and Decision Making:

DATUS remains a relatively small charity and has one main operational contract (sometime referred to as 'the service'), headed up by a Service Manager who is also a member of the Board and the founding member of the organisation. The Service Manager has delegate responsibility for day-to day operational decisions and refers any significant decisions to a non-executive board member. The service manager is also formally supervised by a board member.

The Trustees operate through a non-executive Board, of which the only executive member attends and participates, the board meets as a minimum four times a year. Long term strategically decisions or decisions to start new work or end existing work are agreed at the non-exec board level. DATUS strives at board level to make decision by consensus but in times of deadlock the chair of the board has a deciding vote.

Risk Management:

At an organisational level DATUS manages the risk it is exposed to through reviewing key performance and compliance data and information through Board meeting and as required. Within these meeting key financial, operational and legal risks are identified and systems (such as policy or recruitment framework) are employed to mitigate these risks.

In the service the Service Manager is responsible for carrying out regular task based risk assessments across all areas of DATUS service delivery, all risk assessment are up to date and to be reviewed on a bi- annual basis. Staff and volunteers are supervised and work to a core set of policies that meet legal requirements.

OBJECTIVES AND ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

Objects of the Charity:

The protection, preservation & promotion of the good health of persons who are suffering or have suffered hardship or ill health, from the effects of social economic poverty, physical or psychological disability or ill health, substance misuse issues or issues relating to crime, by delivering services supporting individuals at any stage of their own personal recovery or recovering of good health through care, treatment, education, training, advice and guidance and to work with related agencies, commissioners and stakeholders in improving the quality of life and treatment for these people, their family members or affected others.

The Charity (what it does):

DATUS is a peer led charity which means, that we strive to ensure peers are represented at board level and within the staff team. DATUS fulfils the charitable objects through the functions it performs operationally. Below is an outline of how this is achieved.

There is a need for choice within the mutual aid community, the only widely available programmes that seek to address addiction or support significant others are 12 step fellowships such as Alcoholics Anonymous, Narcotics Anonymous, Al Anon etc. These programmes have had remarkable success and a long history of helping people to turn their lives around by overcoming addictions and dependencies. Routes to recovery are diverse and the mutual aid community need to reflect this by seeking out other evidence based programmes, providing supporting infrastructure, enabling peers to develop new approaches and achieving better outcomes for more individuals. In terms of mutual aid, the following two programmes are a great start in helping to achieve the best outcomes for the most individuals in Birmingham.

SMART recovery/SMART F&F

DATUS currently provide resources and infrastructure for a local network of 15 SMART recovery groups; we are also involved in piloting the development of a network of Family and Friends meetings. DATUS are keen to see this capacity building work to continue and the success over the last two years be built upon. We therefore propose that the below requested funds would be used to continue the development of the SMART recovery network and develop a SMART F&F network for the residents of Birmingham.

The below staffing costs would cover overall coordination and development of both networks and the facilitation of monthly link groups between the two networks. The existing SMART facilitator training and buddying pathways would be continued and expanded to encompass a training and buddying pathway for significant others who would facilitate F&F meetings.

All attendees at all groups will have access to training and support to become facilitators if they wish. This is one of the key principals of the network giving attendees a sense of ownership, the chance to gain new skills and opportunities to develop and contribute to the network. This principal also enables the network to be scaled up as the more groups that are running the more potential facilitators are engaged. All coordination, training and facilitation of groups will be carried out by peers.

The network's aim is not only to provide more mutual aid options to significant others, positive social networks to assist individuals in recovery and social integration but also to provide tangible opportunities to become involved, gain new skills and become an asset to the local community.

It is worth noting that all community based groups will act as a door into as well as out of the recovery system, supporting engagement with individuals and families. The costings will be based on 15 SMART recovery groups per week and 8 F&F meetings per week.

ACT

DATUS as an organisation is quite new to ACT and very keen to develop a peer led network based on the ACT process, further building capacity within the mutual aid community. We are not sure whether we should develop a programme based on a start and finish date or provide open access groups as we do with SMART. Our current feeling is that a start and

finish date would be more appropriate due to the nature of the ACT program, but would prefer the open access model used in the SMART network.

We are currently looking in to this and will be flexible depending on advice from experts and consensus locally. ACT has clear links to CBT and REBT used within the SMART program but takes a different but complementary approach to REBT. Acceptance and Commitment Therapy (ACT) gets its name from one of its core messages: accept what is out of your personal control, and commit to action that improves and enriches your life. The aim of ACT is to maximise human potential for a rich, full and meaningful life. ACT (which is pronounced as the word 'act', not as the initials) does this by:

a) Teaching you psychological skills to deal with your painful thoughts and feelings effectively - in such a way that they have much less impact and influence over you (these are known as mindfulness skills).

b) Helping you to clarify what is truly important and meaningful to you - i.e. your values - then use that knowledge to guide, inspire and motivate you to change your life for the better.

ACT commonly employs six core principles to help clients develop psychological flexibility:

1. Cognitive defusion: Learning methods to reduce the tendency to rely thoughts, images, emotions, and memories.
2. Acceptance: Allowing thoughts to come and go without struggling with them.
3. Contact with the present moment: Awareness of the here and now, experienced with openness, interest, and receptiveness.
4. Observing the self: Accessing a transcendent sense of self, a continuity of consciousness which is unchanging.
5. Values: Discovering what is most important to one's true self.
6. Committed action: Setting goals according to values and carrying them out responsibly.

There is also a good evidence base for ACT; it is considered an empirically validated treatment by the American Psychological Association, with the status of "Modest Research Support" in depression and "Strong Research Support" in chronic pain, with several others specific areas such as psychosis and work site stress currently under review. ACT is also listed as evidence-based by the Substance Abuse and Mental Health Services Administration of the United States federal government which has examined randomized trials for ACT in the areas of psychosis, work site stress, and obsessive compulsive disorder, including depression outcomes. Costs will be based on 7 ACT groups per week

Breaking barriers to recovery using the advocacy process.

DATUS are always concerned that individuals with complex needs do not get left behind and their chances of achieving recovery are maximised. DATUS have been delivering a peer led advocacy service for 7 years and have developed a wealth of skills and experience. Advocacy is key to supporting individuals to meet basic needs that are a prerequisite to recovery. The advantage of advocacy, especially when working individuals who are ambivalent toward or opposed to the concept of recovery, is that the relationship is initiated on the individual's terms, addressing a problem that the individual has identified or at least agrees is a problem.

We are not proposing to deliver a traditional advocacy service, but instead to use the advocacy process to engage with individuals not on the basis of recovery but on their own terms, building a trusting relationship in which the individual sets the agenda. Once this relationship is established the fact that the individual advocating is in recovery makes discussion about recovery almost inevitable. This discussion would be nurtured encouraged

and then options developed over time. It is worth noting that currently 98% of our cases are successfully completed, even if some individuals do not engage with recovery a barrier will still have been removed and is likely itself to improve the individuals wellbeing

Focusing resources on individuals who are ambivalent or opposed to recovery is key to a recovery systems success. Too many individuals have been in treatment too long and we have a responsibility to look for new and innovative approaches to engage these individuals achieving better outcomes for more individuals. Costs will be based on a 25 hour per week post.

See Change

See Change is a recently launched project, coproduced by DATUS and existing beneficiaries.

The program is aimed at individuals who are stuck and stable or new to treatment although it could be focused on more chaotic individuals who have shown motivation to change.

The Program:

Week 1

Tuesday – Wood Brooke Quaker study centre (Countryside in the city Heritage venue) team building, Bush craft and reflective art

Wednesday- Conservation day-BCC Rangers, Lickey hills country park..

Thursday - Classroom based learning (Building recovery capital)

Week 2

Tuesday - Planned country walks (mini bus trips) and Reflective art.

Wednesday - Canal & River Trust day, Solihull conservation.

Thursday - Classroom based learning (Building recovery capital)

Week 3

Tuesday - Allotments (Fruit & Veg growing, team building skills), Reflective art

Wednesday - Conservation day-Rangers, bush craft, Lickey hills Country Park.

Thursday - Classroom based learning (Building recovery capital)

Week 4

Tuesday - All day self-drive Narrow boat trip and reflective art, from Lyons boat yard, Warstock.

Wednesday - Canal & River Trust day, Birmingham Worcester canal

Thursday - Classroom based learning (Building recovery capital)

Classroom based learning is focused on understanding recovery capital and its sub headings as concepts, then enabling individuals to assess strengths and opportunities for improvement using the recovery capital framework.

Community based activities enable recovery capital principals to be put in to practice in the real world. All activities are available to individuals indefinitely as the program acts as a physical introduction to existing community based assets.

Creative reflection sessions enable individuals to take time to reflect on their learning and create something that has been inspired by their experience. The Barber Institute has agreed to take See Change graduates on to their Art in Recovery programme enabling ongoing engagement if desired.

See Change should be targeted at individuals who struggle to find and engage with community based assets that would aid their recovery journey. This is a developing project and the proposed funding would aid in widening the offer to individuals and plans are in place to increase the community based assets available through the program. Cost will be based on one 25 hour per week post and 3 volunteer posts.

Computer Suite

Internet access is a key part of social integration and many recovery resources are on line. DATUS currently have a 4 station computer suite linked to a server with almost unlimited storage space. Each user can be allocated a user name and password to keep files and Emails secure and only accessible by them. This resource could be utilised in many ways, we would like to discuss how this might be configured to serve the recovery system in Birmingham.

Public Benefit Statement: Objectives and Activities for Public Benefit

DATUS Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Commission.

The public benefit from DATUS activities through the prevention of harm to individuals, families and society at large, by meeting our charitable objectives, the harm to which we refer can manifest as harm financially, physically, psychologically and environmentally.

DATUS works with individuals supporting positive change using evidence based interventions to work towards a cessation of negative behaviour which may be a drain on society and have a negative impact on the individual.

All the projects described within this report contain the key elements of beneficiary involvement in their development and delivery. This support is available for as long as the individual needs it rather than being limited by arbitrary timescales.

Furthermore DATUS aims to and does engage with a stigmatised and under-represented section of the public who otherwise may not be served in such a way should DATUS not deliver its services.

DATUS have met or exceeded all contractual targets which include a measurement of social value and of positive outcomes for individuals.

We have come to understand that our beneficiary group is our most valued resource and without their involvement at all levels DATUS would not have achieved the success that it has.

Review of Activities, Achievements and Performance:

Organisational Level

The 2015/2016 financial year was the first year of the new service model and new contract. Below is an outline of performance project by project.

ACT

DATUS has now established 4 groups – Park House, Summerhill and Scala House each of which meets weekly. Another group based at St Anne's DATUS offices started in January and other groups are planned to begin in the future.

The groups at Park House and Summerhill have worked well, however Scala House had a very good start but referrals reduced dramatically in mid August and but have now made a recovery.

The four groups have **held 179 meetings** engaging a total of **423 individuals** of whom **323 were new contacts**. The average attendance at all meetings was **6.83%** people.

There were **264 males** representing **62.42%** and **159 females** representing **37.58%** of participants. In the case of Scala House the majority of attendees were women.

The majority of participants **40.88 %** were in the age range **36-45**. The next largest group was aged **26-35** at **29.40%**, followed by age group **46-55** at **18.44%**. The remainder were **8.77%** in the age range **56+**. The **21-25** age group were **1.66%** and between **18-20** were **0.75%**.

The ethnicity was largely **White British** representing **81.96%** of the participants. The next largest groups were **Black British Caribbean** **5.29%**, **Asian/British (Indian)** **5.20%**, **Asian/British (Pakistani)** **4.44%**. The other groups were **White Irish** **2.60%** and **White Other** **0.51%**.

ACT GROUP MEETINGS & NO INDIVIDUAL INTERVENTIONS **(March – March 2016)**

Group Meeting Place	Total No Meetings	Total No Interventions	Av Attendance
Park House	50	237	9.44
Scala House	46	62	3.46
Summerhill	49	101	9.26
DATUS	13	23	5.15
Totals	158	423	27.31/4=6.83

Breaking barrier to recovery using advocacy process

Over the past 13 months, DATUS has continued to deliver a high standard of advocacy service, completing over a hundred cases covering a wide variety of issues. We have seen a significant increase in the numbers of people seeking support with PIP claims in particular over this time.

It should be noted that only a small number of our cases come through referrals from the Reach out Recovery service. Although the majority of advocacy clients are also ROR service users, most of these were either already known to DATUS, or have accessed advocacy through engaging with the mutual aid networks supported by DATUS and through word of mouth from our previous advocacy clients.

DATUS ADVOCACY COMPLETED CASES REPORT: MARCH 2015 – MARCH 2016.

Month Closed	Benefits PIP	Benefits ESA	Benefits Other	Treatment	Debt	Social Services	Housing	Legal	Total
Mar	2	3	2	1	0	0	1	0	9
April	3	3	1	0	1	0	2	0	10

May	0	2	1	1	1	0	1	1	7
June	1	3	1	2	4	0	1	0	12
July	4	1	1	1	1	1	2	1	12
Aug	4	2	3	0	1	2	0	0	12
Sept	1	1	0	0	0	0	1	0	3
Oct	3	1	3	0	1	0	1	0	9
Nov	2	4	0	2	1	1	0	0	10
Dec	0	0	0	1	0	0	0	0	1
Jan	3	0	2	0	0	0	1	0	6
Feb	2	4	4	2	0	0	1	0	13
Mar	2	3		1	1	0	1	0	9
Totals	27	27	19	11	11	4	12	2	
Total No Cases – 113									

Selected Case Studies

SS – Closed March

SS contacted DATUS after long delays with accessing residential treatment. He accessed the advocacy service through a recommendation through the charity DATUS shares a building with, where a family member of his volunteers. SS was willing to accept rehab, detox or stabilisation and attend any groups that were required of him. He had completed two sets of referral papers in the last few months and was becoming increasingly frustrated that the intervention he felt was required was not being provided for him.

DATUS contacted his worker and supported SS to engage positively with her. SS was able with support to maintain the positive changes he had made and continue engaging positively, he was able to access detox in March.

SP – Closed March

SP, a ROR service user attended for housing support, having been recommended to DATUS by another advocacy client. His private landlord was refusing to carry out repairs on the property and he also had issues with several neighbours. SP had made attempts to move out, including registering for council housing, but had found the online bidding system far too confusing to operate. It was very important to SP that he stayed within the same part of Birmingham to stay close to existing support networks.

DATUS supported him to understand and operate the council bidding system and after a few weeks of bidding he successfully secured first place on a property in his desired location and was able to move in.

NK – Closed April

NK (a ROR service user known to DATUS for several years) suffers from a complex range of mental and physical health issues, including a large abscess on his buttocks that doctors had described in notes as "horrific", a leg injury, social anxiety and dependence on opiates and alcohol to name just a few.

He had failed a face to face PIP assessment which had disputed his mental health issues on the incorrect basis that he was not on depressant medication (he was) and the time limit to appeal had passed before he contacted DATUS.

DATUS were able to submit a late appeal that was accepted and represented NK successfully at the tribunal hearing that got him back on the benefit.

LD – Closed April

LD (known to DATUS through his previous engagement with mutual aid) was in early abstinent recovery having passed through the Birmingham treatment system when he was called in for a face to face ESA assessment and told he was fit for work.

The stress of this put LD at risk of relapse and resulted in him returning to the anti-depressant medication that he had recently stopped taking. DATUS assisted him in appealing the decision and providing the DWP with evidence to support the fact that he was not yet fit for work.

Although the DWP disagreed and would not reverse the decision themselves, the tribunal service made the very unusual decision of finding the appeal in LD's favour without him needing to attend a hearing.

MC – Closed June

MC was given DATUS contact details in March by a ROR worker when he said he wanted support making a complaint.

MC had entered Park House to access the rehab programme several months before but had to leave following an incident with another resident. At the time MC was advised by his Swanswell worker and by Park House staff that he would be able to reassess the rehab as soon as the other resident had completed the programme.

However this had not taken place and soon after the changeover to Reach Out Recovery took place. MC's worker did not transfer over to CRI and there were significant staff changes at Park House also. MC was left in the position of having no worker, no active referral and no idea where he stood with his treatment. He contacted CRI and was told there was no record of him being referred back to Park House despite the previous assurances of his key worker. It was at this point that he contacted DATUS.

DATUS were able to engage with MC at a point of crisis when he was unstable and ready to give up on his recovery. DATUS supported him to re-engage positively with CRI, attended meetings with a team leader, and encouraged him as he successfully achieved relative stability following a return to highly chaotic living.

DATUS then liaised with his CRI worker when one was appointed, supported him to engage with the detox motivation groups and with the nurse appointments before he was finally admitted to Park House.

MW – Closed July

In an extremely long running case DATUS successfully supported this individual to achieve her initial aim of unsupervised contacts with her son who had been placed in long term foster care.

MW had achieved over three years complete abstinence from alcohol and could not understand why social services were not allowing her visits with her son to be unsupervised. DATUS attended several meetings in a period of over two years in efforts to support MW with this. These included meetings with team managers by special request as well as panel meetings arranged at her son's school.

This case was especially challenging due to the lack of clear communication from social services and the fact that the client struggled to keep in her frustration and anger when dealing with social workers and other staff.

Although this case was closed with a successful outcome, there is still an ongoing case supporting this client with her complaints about how social services handled the matter. This complaint is currently at the Ombudsman's investigation stage.

SQ – Closed November

SQ (an ROR client) was referred to DATUS by a previous DATUS volunteer for support with her upcoming benefit tribunal. Although she has a complex range of mental health issues, SQ appears physically fit and had been told she was no longer entitled to ESA and would have to claim JSA and accept work if it was offered to her.

The stress of this situation set SQ back in her recovery and she had begun to drink more heavily again. DATUS acted as representatives through the appeal and attended the tribunal hearing with SQ. Following the tribunal SQ was placed on the highest rate of ESA with a recommendation not to be re-assessed for two years.

LB – Closed November

LB engaged with DATUS through our prison project while at HMP Birmingham (Winson Green). He completed a methadone detox just two days before his release at the end of

August so was still feeling the effects of withdrawal. He was determined to stay abstinent and attended mutual aid on the first few days after his release.

6 days after release, LB contacted DATUS, and said he had used for two days and wanted to go back on opiate substitute medication. DATUS supported LB to re-engage with ROR and get back on a prescription.

JD – Closed January

JD was referred to DATUS in September by his ROR recovery co-ordinator. JD has severely restricted mobility due to both physical and mental health issues and has relied for years on DLA payments. Upon transition from DLA to PIP, JD was informed he had lost this entitlement; as a result he also lost the severe disability component of his ESA award and was no longer able to fund the taxis he needed to use to attend important medical appointments.

DATUS agreed to represent JD at his appeal and supported him through the process. At the tribunal hearing in January JD was awarded both the care and the mobility component of PIP.

AG - closed February

AG (a service user of DATUS for many years) contacted us several months after a two week stabilisation at Park House. AG felt that actions of staff during his stay had put him and other residents at risk and stated that he wanted to complain.

In discussion with AG, it became clear that his real desire was to be accepted quickly for a detox at Park House and that he felt complaining might be a way of achieving this; the apology he wanted was a secondary issue and for he felt that unfair barriers were being put in the way of him accessing detox.

DATUS were able to communicate with Park House on his behalf, receiving both an apology for his bad experience and an assurance that he would be able to access detox by the usual referral method with no extra barriers put in his way. AG was eventually satisfied with this, and declined to make a formal complaint.

JM – closed February

JM contacted DATUS after a google search for support with addiction and attended to discuss his issues. He was a heavy cannabis user who had never seen his use as problematic until it became an issue in court proceedings relating to custody of his children. He was trying to abstain but finding it difficult. After discussion with JM about how his cannabis use fitted in with what was important to him in his life (namely his relationship with his children) JM accepted that he did have a problem that he required help with.

DATUS talked through all the range of support available in Birmingham and put JM in direct contact with ROR as well as supporting him to attend mutual aid.

MJ – closed February

MJ (a previous service user in long term recovery) contacted DATUS in great distress. He is currently undergoing cancer treatment and had been advised that he would automatically qualify for ESA without attending an assessment if his doctor filled the last page of the form in with the correct information.

MJ stated that the form had been at the doctor's surgery for several weeks and that the DWP were now informing him that he had missed the deadline for returning the form and his claim was being closed. He stated that he was finding it very frustrating communicating with staff at his doctors surgery who he felt were "fobbing him off" and not appreciating the urgency and potential impact of the situation.

DATUS were able to contact both the GP and the DWP and resolved the outstanding communication issues. The paperwork was completed and MJ's ESA was reinstated with full back pay without the need to appeal.

See Change

See Change reporting – 2015/16

How many programmes delivered -

10

**How many individuals enrolled on each programme?
(Maximum intake is 11).**

Programme 1 = 8
Programme 2 = 10
Programme 3 = 6
Programme 4 = 6
Programme 5* = 11
Programme 6 = 9
Programme 7 = 8
Programme 8 = 4
Programme 9 = 6
Programme 10 = 6

How many individuals completed each programme?

Programme 1 = 5 – 62.50%
Programme 2 = 6 - 60.00%
Programme 3 = 5 – 83.33%
Programme 4 = 5 – 83.33%
Programme 5 = 5 – 45.46% *
Programme 6 = 9 – 100%
Programme 7 = 8 – 100%
Programme 8 = 2 – 50%
Programme 9 = 6 – 100%
Programme 10 = 3 – 50%

Average Successful completion over 10 programmes = 73.46%

* The delivery and participation in programmes 5, 8 and 10 was subsequently analysed as the result was disappointing. Programme 5 was found to be problematic as a result of inappropriate referrals. As a consequence, the criteria used for referrals, has been revised, to provide greater clarity to case workers. The following programme result demonstrated the value in this approach. Programs 8 and 10 were slight enigmas with we believe, the Christmas holidays having an adverse effect and although the program was fully booked only 2 individuals completed the program. Adverse weather conditions played a part regarding engagement with programs 8 and 10. A winter program with amended activities is being developed for next year. More robust links with ROR workers are being developed over time, leading to See Change having a higher profile and more appropriate referrals.

Wellbeing scores for all attendees, on completion and engagement with community based assets post program.

ARC (assessment of recovery capital):

A strengths based assessment of resources available to the service user to support their recovery, covering various domains such as personal resources, physical resources, family and social resources. The aim of the assessment is to establish the factors that could be available to the individual service user to support and facilitate their on-going substance misuse recovery.

In order to ensure a package of interventions is relevant to the changing needs of a client a central part of this process is to review/plan/optimize.

ECA = Engagement of Community Assets

PP = Post Programme

Testimonials from Individuals & Partners:

Individuals:

Q - How has the See Change programme helped you?

A - I have got into a routine of going out and feel a lot better in myself. Given me ideas about getting some work. Volunteering was a good way of meeting other people and trying new things. Members were helpful and good to be around and they were encouraging to the people involved.

Q - How has See Change helped your ongoing recovery?

A - See Change has given me confidence in finding volunteering work. I have signed up for six placements and filled in an application form for volunteering positions. I also had a one to one at BVSC

PS 12/5/15

Q - How has the See Change programme helped you?

A - It has helped me become able to work as part of a team. It has helped me structure and manage my time a little. Helped me bond with people I probably wouldn't have. Brought me out of my shell a bit more.

Q - How has See Change helped your ongoing recovery?

A - Giving me the hope and faith that I can be part of a team and that I can function and motivate without any substances being present in my system.

WM 9/4/15

Q - How has the See Change programme helped you?

A - See Change has gave me more confidence. See Change has gave me the ability to meet new people, bond with them and talk to people in an appropriate manner. I've done things I've never experienced before such as going on a barge. It's also enabled me to give something back and do things for other people. I've thoroughly enjoyed my 4 weeks and would love to come again. Thanks guys.

Q - How has See Change helped your ongoing recovery?

A - See Change has enabled me to gain a clearer structure in my weekly and daily life. See Change has gave me more confidence with recovering addicts. I've found working as a team very fulfilling and enjoyed my time, thank you very much

MB 9/4/2015

Q - How has the See Change programme helped you?

A - I have stopped using and drinking. Got control of myself and my life. Give me the opportunity to do volunteering and things I like to do. It has helped to socialise with the right people and make things better with my family. Thankyou See Change I did not think it would work but it has.

Q - Has See Change helped your ongoing recovery?

A - Yes I have got 3 weeks of my diary full. Even the weekend.

KS 27/7/15

Q - How has the See Change programme helped you?

A - Addiction for me was isolating. I became reclusive and withdrawn. See Change has helped me interact again. I have enjoyed the challenges of meeting new people and the opportunity to get out in the fresh air, work in a team and do some good by helping others with worthwhile projects. The sessions held at DATUS gave us more of an insight into building recovery capital. We learnt more about how to keep ourselves clean by investing in what we already have and forging stronger tools to maintain our health.

A brilliant program really. I hope to be able to return to complete it again in the near future. Thanks.

Q - Has See Change helped your ongoing recovery?

A - Yes, very much so.

The rehab programme at Summer Hill was a great start to my journey but coming to See Change gave me something completely new. It showed me that addiction had affected- being outdoors, working, being an effective member of a team, having responsibility etc. I got a chance to address these on See Change.

JG 6/10/15

Q - Has See Change helped your ongoing recovery?

See Change has helped me throw my life and showed me the way in my future.

Do some volunteering work and made some good friends and we all support each other.

LG 12/05/16

Q – How has the See Change programme helped you?

See Change has helped me have some structure during the day, I have enjoyed every minute it. It has helped take my mind of having drugs by giving me something to do during the day and I have met some great people and cant wait to do it again and would highly recommend it to anyone.

Q -Has See Change helped your ongoing recovery?

Yes it has given me structure. Something positive to do which was missing in my life.

It has helped me with my depression and anxiety and given me more confidence and helped me to socialize as I normally suffer from social anxiety.

SH 12/5/16

Partners:

1. Lickey Hills Ranger Service

In October 2014 the Lickey Hills Rangers began a partnership with DATUS, helping to deliver their Sea Change Programme, supporting people recovering from addiction.

Every fortnight between six and ten service users join us to undertake projects to improve habitats and parks infrastructure. Over the weeks they have gained experience of a wide range of conservation activities. Being focused on task and working with peers they have developed new skills and knowledge and more importantly confidence and self-esteem. For me it is particularly rewarding to see a greater appreciation of the natural surroundings develop.

However, this is very much a two way relationship. The volunteer hours contributed by these DATUS teams has enabled us to undertake a number of important tasks including heathland management, ditch maintenance and invasive plant control.

In addition to working on conservation projects the volunteers have also been able to spend time with the ranger learning wildlife, nature and bush craft skills.

It has been a pleasure and an inspiration to work alongside these people who are fighting hard to put themselves and their relationships back together and we hope to continue the mutually beneficial partnership.

Adam Noon - Ranger

2. BCN Canals

From: Keith Stevens [<mailto:Keith.Stevens@canalrivertrust.org.uk>]

Sent: 20 October 2015 15:22

To: Reuben Ambler

Subject:

Hi Reuben,

Datus has been working with CRT for over a year now and have helped with a number of activities from painting lock gates, vegetation removal from towpaths, Access point clearance, removal of litter & clearing plant beds, this type of work as enhanced the appearance of our canal network and brings people from the local community onto our towpaths, without the help of Datus CRT could not have complete many of these tasks due to the amount of work we have. We look forward to working with Datus for many years to come.

Regards

Keith Stevens

Customer Service Supervisor

West Midlands Waterway

BCN Canals

Tel 07808633298

E-Mail keith.stevens@canalrivertrust.org.uk

3. Birmingham Museums

From: Alex Nicholson-Evans [<mailto:Alex.Nicholson-Evans@birminghammuseums.org.uk>]

Sent: 25 September 2015 11:59

To: Reuben Ambler

Cc: Samina Kosar

Subject: RE: See Change dates

Hi Reuben,

I just wanted to say a huge thank you for your help at Soho House. It was so fantastic to have the team on site and great to meet the group too.

Do let me know if you think the 13th October might work for you guys – as we discussed, it would be painting the fence at Soho House if we've had dry enough weather – and if not it would be more maintenance and garden related tasks to get the place looking perfect for the assessment!

Let me know if that's still okay?

Thanks,

Alex

Alex Nicholson-Evans

Volunteer Development Team Leader, Birmingham Museums Trust T: 0121 3488321E:
alex.nicholson-evans@birminghammuseums.org.uk

SMART Family and Friends

There were three groups established this year. The first Scala House began in June followed by two more in September – Bristol Road and Fosseyway.

The three groups have held **62 meetings** engaging a total of **45 individuals** of whom **41 were new contacts**.

The **average attendance at all meetings was 3.41 people**. The **males representing 33.34%** and **females' represented 66.66%** of participants.

The majority of **participants 75.00% were in the age range 56+**. The remainder 25% were in the age range 46-55.

The ethnicity was mostly **White British representing 88.90%** of the participants. The remainder were made up of **Asian British (Pakistani) (4.44%)** and **White Irish, White Other and Black British (Caribbean) all at 2.22%**

SMART FAMILY & FRIENDLY GROUP MEETINGS & INDIVIDUAL INTERVENTIONS
(March – End March 2016).

Group Meeting Place	Total No Meetings	Total No Individual Interventions	Av Attendance
Bristol Road	16	42	2.63
Fosseyway	14	88	6.28
Scala House	32	24	1.33
Totals	62	152	3.41

SMART

Datus had established **15 groups** meeting across Birmingham and Chelmsley Wood by Feb 2015. However On March the 1st 2015 the provision of substance misuse services changed after a long tendering process. The great news was the fact our provision of SMART groups was retained through the new provider, however the effect of the change was substantial with a particular impact on referrals, which were substantially reduced together with the loss of several venues from which groups were delivered without having to pay for room hire. This included long running and established meetings located in Kings Norton, Small Heath and the City Centre. In the case of Larch Croft in Chelmsley Wood it held its last meeting on the 27th May, as it was now out of area. The participants were provided with a long transition and offered the opportunity of transferring to other groups within Birmingham, if they wished.

There have been other difficulties to deal with, for example, the meeting place at St Paul's had to be transferred to Corpus Christi in June, as the original venue was no longer available, however, meetings continued without a break. Subsequently, we lost the use of Corpus Christi as a venue and the meetings have now transferred to St Edburgha's.

Also Rowans Court was another venue that became unavailable and we relocated the meeting to Scala House as a second meeting at this venue. This was achieved smoothly so that meetings have been continuous.

The Bristol Road group had to close for six weeks from mid-March to the end of April due to building works and no alternative venue was available locally. The group subsequently has been functioning as normal.

The only group that has not worked well was Recovery Central, which has struggled to attract people to its meetings and has now closed.

Datus are currently delivering 9 SMART groups per week and in the process of rebuilding the network of referral sources and venues to at least previous levels, which were higher than at present. The possible increases and location of new groups will be based on the need for this provision around Birmingham.

The Birmingham SMART recovery network has **held 466 meetings** engaging a total of **743 individuals** of whom **473 were new contacts**.

The average attendance at all meetings was **4.63** people. There were **480 males** representing **64.60%** and **263 females** representing **35.40%** of participants.

The majority of participants **83.68%** were in the age range **26-55**. The remainder were **3.90%** in the age range **18-25** and just under **10%** **55+**.

The ethnicity was largely **White British** representing **83.85%** of the participants. The next largest groups were **Black/British (Caribbean)** (**4.85%**), **Asian/British (Indian)**, (**3.50%**), **White Irish** (**3.24**), **Asian/British (Pakistani)** (**2.96**), with the remainder under **2%**

We have also **enrolled 31 individuals** who are **currently** engaging with our SMART facilitator training course.

SMART GROUP MEETINGS & NUMBERS OF INDIVIDUAL INTERVENTIONS
(Start March 2015 – End March 2016).

Group Meeting Place	Total Number of Meetings	Total Number of Individual Interventions	Average Attendance
Bristol Road	52	151	3.00
DATUS	55	237	4.30
St Pauls/Corpus Christi/St Edburgha's	42	142	3.38
Larch Croft	13	31	2.39
Park House	201	499	9.42
Recovery Central	13	14	1.00
Rowans/Scala House	54	253	4.69

Scala House	49	224	4.57
St Barnabas	56	294	5.25
Summer Hill	50	449	8.98
St Luke's	29	217	3.95
Totals:	466	2492	4.63

Operational Level

DATUS have significantly increased the contact with our beneficiary group and introduced the co/production and delivery model mentioned in previous trustee reports.

Our operational approach of understanding our greatest resource is our beneficiary group and implementing this approach operationally has been the source of our increased performance.

It is also worth mentioning that all performance figures and statistics quoted have been independently verified by CGL who we hold a contract with.

This Year we have also won another contract with Birmingham and Solihull Mental Health Foundation trust. This involves us delivering an evidence based behaviour change program, using the peer development and delivery model within HMP Birmingham. The service manager had been delivering groups within the prison in his own time. After an inmate consultation every returned questionnaire mentioned the groups he ran as one of the most valued interventions. This led to discussions and eventually a proposal was accepted and the project will begin in the coming months...

Plans for the Future:

DATUS while managed appropriately and benefitting the public within the statement of its charitable objectives is currently in transition from relying on one main contract that contained approximately 35% management costs to new contracts that contain a maximum of 10% management costs. This has resulted in DATUS having to reduce administration roles to a bare minimum and this is already having an impact on record keeping and timely compliance with statutory regulations and responsibilities. The board are currently looking at this issue but there do not seem to be any easy answers. The model of co/production and delivery with our beneficiary group does require more support than traditional top down management structures. How we manage this going forward is still a matter of debate within the organisation.

Operationally in terms of service delivery we are performing above anyone's expectations and the individuals we serve are always our first priority.

1 – Retention of current contracts

DATUS has developed its core model to include Mutual Aid and Peer based networks. We developed this after local consultation and identification of a clear unmet need. This approach has performed beyond our expectations and we wish to further imbed this approach within all our systems.

This approach has distinguished us from other providers, enabled us to be extremely cost effective and better serve our beneficiaries. This has been key to the retention of contract and attracted additional investment.

2 – Securing new grants (to achieve at least 30% of the organisations business)

We plan to target grant based funding streams to allow a more flexibility in delivery and increase the range of our provision and reach. We will need to have a particular focus on bolstering the back room operations as they are our weakest point.

3 – Co-producing, co-developing and co-delivering new Projects

We are most excited by this stream of activity. DATUS uses a model based on coproduction between the service and our beneficiary group. The service itself was founded and is run on this principal and all projects we deliver contain this element.

However, we want to take this further by having a clear structure for beneficiaries to identify need and have opportunity to improve services, while increasing their own ability to succeed and contribute and increasing the sustainability of the organisation. We do this as we believe the greatest resource we have for realising need is the people we serve.

DATUS becomes an engine of change, driving the creation of opportunity for the individual and society at large.

Once an opportunity has been identified we support to the individuals/s in producing a model, identifying funding and making an application to realise a provision. If successful in securing funding we then co-develop the service, supporting the individual/s to develop the scheme within established and proven governance systems.

We have successfully achieved this once so far. In conversation with beneficiaries a need for more robust provision and networks of mutual aid were needed. We supported a process of identifying funding, were successful in application and have since launched the project. Our previous beneficiaries are now paid to deliver this, leading on its management.

The net effect reduces demand, increasing the individuals own ability to thrive and providing better services.

We have now achieved proof of concept through grant funding and all grant pilots have been included in more sustainable contractual arrangement

FINANCIAL REVIEW

Reserves Policy: £25,000 is the current reserves for DATUS.

Investment Policy: We do not have at the time of this report an investment policy.

Approved by the board on date

14-07-2016

Director/Trustee Signature

[Signature]

Director/Trustee Name

James Sudler

DATUS

Statement of Financial Activities for the Year Ended 31st March 2016

	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Incoming resources				
Incoming resources from generated funds				
Voluntary income	0	0	0	0
Investment income	0	0	0	0
Incoming resources from charitable activities	0	0	0	0
Grants and contracts Receivable	0	111,891	111,891	94,327
Other incoming resources	528		528	823
Total incoming resources	528	111,891	112,419	95,150
Resources expended				
Costs of Generating Funds				
Charitable activities	2,342	99,518	101,860	109,534
Governance costs	0	1,027	1,027	877
Other resources expended	0	0	0	0
Total resources expended	2,342	100,545	102,887	110,411
Net incoming/(outgoing) resources before transfers	-1,814	11,346	9,532	-15,261
Gross Transfers between funds	-5,189	5,189	0	0
Net Incoming/(outgoing) resources after transfers	-7,003	16,535	9,532	-15,261
Net movement in funds				
Total funds brought forward	28,246	-6,099	22,148	37,409
Total funds carried forward	21,243	10,436	31,679	22,148

Note : The Income and Expenditure report provides a breakdown of both the voluntary income and the resources expended under the charitable activities.

DATUS Income and Expenditure for year to 31st March 2016

	<u>2015-2016</u>	<u>2014-2015</u>
<u>Income</u>	£	£
BCC Health Grant	0	74,895
CRI Grant	81,426	7,490
Barrow Cadbury	910	2,090
Lloyds funding	0	0
BMHT	29,555	0
Awards for All		9,852
Other Funding	528	823
	<u>112,419</u>	<u>95,150</u>
 <u>Expenditure</u>		
Salary Costs	66,349	67,887
Travel and Subsistence	6,803	3,500
Training and conference	0	494
Office Expenses	6,492	4,849
Advertising	83	43
Stationery and Office Equipment	3,150	3,454
Insurance/legal fees	1,939	1,971
IT/phone	4,002	3,836
Trustees exp	50	114
Project : Awards for All	0	11,416
Project: Peer support	5,206	7,693
Advocay Service	5	320
Allotment Project	2,342	2,997
Accountancy	1,027	877
Misc	5,438	960
	<u>102,887</u>	<u>110,411</u>
 Surplus/Deficit for the Year	 <u><u>9,532</u></u>	 <u><u>-15,261</u></u>

DATUS Balance Sheet as at 31st March 2016

	<u>2015-2016</u>		<u>2014-2015</u>	
	£	£	£	£
Current Assets				
Cash at the bank	33,841		24,004	
Cash in hand	670		892	
Prepayments	<u>0</u>		<u>0</u>	
		34,511		24,896
Current Liabilities				
Accruals		2,831		2,748
Net current assets		<u>31,680</u>		<u>22,148</u>
Funded by				
Balance brought forward	22,148		37,409	
Surplus/(Deficit) for the period	<u>9,532</u>		<u>-15,261</u>	
		<u>31,680</u>		<u>22,148</u>

For the year ended 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

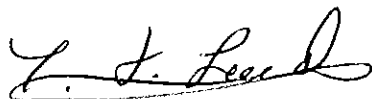
Responsibilities of directors:

- (a) The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.
- (b) The directors acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on14-07-2016

Trustee/Director Signature



Trustee/Director Name

James Sadler

Note Note 1

Reserves

Project (Funder)	Opening Reserves 1st April 2015	Incoming	Expenditure	Transfer	Closing Reserves 31st Mar 2016
Unrestricted Reserves	28,246	528	2,342	5,189	21,243
Restricted Reserves					
CRI Grant	0	81,426	81,426		0
Awards for All	-1,564	0	0	1,564	0
Lloyds Funding	-3,628		0	3,628	0
Cadbury Barrow Trust - Allotment project	-907	910	0	-3	0
Birmingham Mental Health Trust	0	29,555	19,118		10,437
Total Restricted Reserves	-6,099	111,891	100,545	5,189	10,437
Total Reserves	22,148	112,419	102,887	0	31,680

Independent examiner's report to the trustees of Datus

I report on the accounts of the Charity and Company for the year ended 31st March 2016.

Respective responsibilities of trustees and examiner:

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Jasbir Rai ACMA
Independent Examiner
07/02/18

BVSC – Accountancy Services
138 Digbeth
Birmingham
B5 6DR