



## **Annual Report 2016/17**

Charity Name: Break Tha Cycle.

Registration number: 1161740

Address: 2a Grange Rd Walthamstow E17 8AH

### **Trustee names:**

Chair Mrs: Vanessa Brooks

Vice Chair: Anthony Baptiste

Secretary: Miss Vanessa Joseph

Treasurer: Mr James Higbee

**Structure:** CIO it is managed by a voluntary management committee who are made up of local people, some of which are professional practitioners who feel passionate about the ethos of our charity. The committee is made up of a chair, vice chair, secretary and treasurer. We meet up quarterly to discuss policies, practices and project development. We have a safe guarding and child protection lead that is the chair. As a new charity, we are embedding charity governance and quality assurance systems to improve our delivery. Young people are actively at the core of our decision making. Having adapted our constitution 13th January 2017, we are keen to develop early intervention work with the community and have broadened our reach to include children, young people and their families, in compliance with the Waltham Forest local authority Think Family strategy.

Break Tha Cycle have a safer recruitment policy which we adhered to. Anyone who volunteers for us either as a trustee or to help with the day to day running of the charity will have to fill out an application form, be interviewed; DBS checked and then have for an induction. As part of the recruitment process two references must be produced and followed up, then interviewed to find out what their key motivation is to work with children, young people and their families. Volunteers are offered supervision and one to ones to monitor and support their volunteering experience.

### **Activities:**

#### **Black History Project 2016- Funded by Near Neighbours**

This Black History event was a real inspirational event we had some lovely talent from all over the borough and out. We had lots of amazing talent performing, spoken work, poetry, dance, rap and singing. We had special Guest comedienne Judi Love who graced the stage and made the audience laugh hysterically. Our Black History even wouldn't be the same without the traditional Caribbean food which was very tasty.



Our aim was to bring the community together to embrace culture and to learn informally, to engage in local talent and create social cohesion. Over 130 people benefited from the event. As a result, we received the commitment and support of 5 extra volunteers on the night.



### **The B.R.E.A.K Project- Funded by Awards for All (Big Lottery Fund) (Feb 2017)**

Break Tha Cycle has begun its delivery of a 6 month project aimed at vulnerable women and girls who are at risk of sexual exploitation, pregnancy and abuse.

The B.R.E.A.K project aimed to empower and encourage the growth of positive and healthy relationships between peers, family and other social circles and by doing this reducing the risk of youth violence, child sexual exploitation (CSE) and teen pregnancy.



**N.B The overall update will be updated in the next financial year. 2017/18**

### **Our Aims for 2016/17**

Our organisation's aim has been to deliver projects and initiatives that meet the following four areas of need:



- Working towards sustainability
- Create opportunities
- Promoting cohesion
- Engaging and empowering youth
- Start to build good working relationships

We met our aims and objectives by delivering our initiatives of a high standard which was a direct result of the great passion and commitment from our volunteers. Not only were we supported by a strong team of dedicated volunteers but also the local community who have been very active in supporting our mission and spreading awareness of our projects.

#### **Our Objectives for 2016/17 were:**

- To create community cohesion
- Encourage young people to actively take part in volunteering
- To build networks in and out of the community
- Celebrating Black History and bringing people together

#### **Key achievements in 2016/17**

- Increased capacity by volunteer recruitment.
- Built on organisation infrastructure through strong network and partnership arrangements Sourced in kind contributions and donations from local companies and businesses
- Increased reach through work in the community with statutory and voluntary services e.g. early intervention in the community
- Began delivering work to young women and girls
- Black History event which was well attended over 130 people

#### **Performance**

We are planning on developing a fundraising strategy for 2017/18 which will target funding for core costs to provide a combination of full time and part time salaries and sessional posts to recruit an events and fundraising coordinator and project manager. Although we are based within Early Help in the community we are actively looking for a permanent space to operate from. We review our policies and procedures annually and amend as needed and they are signed off by the trustees.

Public benefit Break Tha Cycle strive to deliver projects and initiatives for community benefit that challenge stereotypes, create community cohesion and encourage the growth



of healthy and positive relationships. We believe that by engaging with people of all ethnicities and backgrounds, encourage social cohesion and bring communities together. In the year of 2016/17 we reached out to over 130 people.

### **Financial review**

As a small developing charity our funds are below £15,000 please See attached accounts

### **Our charitable purposes:**

To act as a resource for Children, young people and their families living in Waltham Forest and the surrounding areas by providing advice information, guidance and support, developing and delivering programmes and initiatives which cover young children, young people, their families and the wider community. We provide in formal educational and other activities as a means of:

(a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(b) Advancing education;

(c) Relieving unemployment;

(d) Providing recreational and leisure time activity in the interests of social welfare, designed to improve their conditions of life. How we carried out our purposes We carried out these purposes by providing information and advice to young people around specific things that were relevant to their individual needs. We also carried out our purposes by raising awareness on key factors within a young person life. Break Tha Cycle actively engaged with a cohort of young people to plan and develop an organisational framework, looking at the way in which we work and how our management system runs the charity, in order to grow as an organisation which will effectively help us to deliver services at the highest standard ensuring that young people voices are always heard.

Break Tha Cycle have taken the charity commission's public benefit guidance into account when making any decision for which it is relevant to.

### **Personal Point**

On behalf of Break Tha Cycle I would like to say a huge thank you to everyone who has supported us through our journey so far. We would also like to thank the funders for



supporting us and seeing and believing in our vision. It has been an amazing year and we are very excited about the future of Break Tha Cycle.

Founder K. W



**Break Tha Cycle**

**Annual Income and Expenditure**

**Tax year April 2016 to March 31<sup>st</sup> 2017**

Income	Totals	April	May	June	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Ticket	£135.30							£135.30					
Fundraising	£13,000							£3,000				£10,000	
Donations	£34.00										£34.00		
Grand Total	£13,169.30												
Expenditure	£3,908.72												
		April	May	June	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Sound Hire			£150.00										
Artist								£50					£30.00
Stationary/Promo						£2.30	£12.90	£70.98				£30.50	
Special Guest						£100.00				£150.00			
PC			£60.00								£89.99	£299.99	
Equipment/security													
Refreshments			£23.42					£33.96		£15.00	£44.84	£10.17	£33.03
DBS						£12.00			£12.00				
Facilitator Fees								£1,409.22					
Phone												£10.00	
Insurance												£99.00	
Black History Film								£150.00					
CK Food								£250.00					
Host Fee								£100.00					

Expenses								£60.52	£20.10		£63.56	£65.08	£30.1
ATM Fee						£0.06							
Cash												£30.00	£110
Venue Hire							£280.00						
<b>Total Expenditure</b>	<b>£3,908.72</b>	£0	£233.42	£0	£0	£114.36	£292.90	£2,124.68	£32.10	£165.00	£198.39	£544.74	£203.13

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Vanessa Brooks  
Chair Person

Approved by Break Tha Cycle Trustees @ Board meeting on 13<sup>th</sup> April 2017