



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Forever Active Forum Limited

**On accounts for the year
ended**

August 2017

**Charity no
(if any)**

1159692

Set out on pages

(remember to include the page numbers of additional sheets)

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no material matters have come to my attention (~~other than that disclosed below *~~) which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts do not accord with the accounting records

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

22-Mar-2018

Name:

Edward Prince

**Relevant professional
qualification(s) or body
(if any):**

CIMA (Chartered Institute of Management Accountants)

Address:

5 Leicester Close, Ely, CAMBS, CB6 3QR

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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FA Annual Report 2016-17 to the Charity Commission

During the year Forever Active has striven to achieve its principal objective, namely to improve the fitness and well-being of people over 50 living in the county of Cambridgeshire by running exercise classes and other activities.

The majority of classes and sports sessions took place within the city of Cambridge but, thanks to the tireless work of our development officer funded by Public Health, more classes have been established during the year in the wider county. Forever Active had over 700 members in 2016-17; statistics recorded nearly 20,000 session attendances during the year.

The Spring Forum included a workshop on dementia, while those who came to the AGM were treated to an inspirational talk on running “for life”. Summer taster sessions included paddle-boarding at Milton Country Park.

Instructors have been kept up to date with training sessions and refresher courses, including a First Aid session.

On the finance side, our finance director is now paid a monthly honorarium and as a result resigned from the Board of Directors/Trustees. He has introduced electronic payments, thereby reducing the workload of our voluntary Treasurer. The Board agreed to move from receipts and payments to accruals based accounting from the new financial year, to give a clearer picture of revenue and costs. This will be reflected in next year’s accounts.

FOREVER ACTIVE FORUM LTD
Accounts for the year ended 31 August 2017 Income &
Expenditure Accounts

	Unrestricted Funds	Restricted Funds	Total 2016/2017	Total 2015/2016	Total 2014/2015
	£	£	£	£	£
Receipts					
Fundraising & Class Income	58,202	---	58,202	45,486	39,639
Membership income	10,350	---	10,350	8,025	8,865
Grant Income	---	---	---	37,250	5,450
Equipment & Book Sales	455	---	455	---	224
Donations	---	---	---	---	11
Sub total	69,007	---	69,007	90,761	54,189
Asset & Investment sales	---	---	---	---	---
Total Income	69,007	---	69,007	90,761	54,189
Payments					
Instructors Fees	33,841	7,400	41,241	32,068	32,989
Hall Hire	14,613	4,725	19,338	13,852	14,364
Marketing & Website	3,420	321	3,741	2,138	3,127
Administration	10,263	13,253	23,516	5,721	5,440
Printing Postage & Stationery	2,345	71	2,416	2,799	2,834
Training	75	75	150	---	540
Telephone	176	100	275	263	195
Computer	119	---	119	39	143
Insurance	275	275	550	540	530
Meetings	29	---	29	37	---
Equipment	100	100	200	155	245
Accountancy	700	700	1,400	150	1,351
Miscellaneous Expenses	241	---	240	138	808
Sub Total	66,198	27,020	93,216	57,900	62,565
Asset & Investment Purchases	---	---	---	---	---
Total Expenditure	66,198	27,020	93,216	57,900	62,565
Net surplus / (loss)	2,810	(27,020)	(24,209)	32,861	(8,376)
Transfers between funds	---	---	---	---	---
Cash funds last year end	30,297	35,006	65,303	32,442	40,818
Cash funds this year end	33,107	7,986	41,094	65,303	32,442
Statement of assets & liabilities					
	Unrestricted Funds	Restricted Funds	Total 2016/17	Total 2015/16	Total 2014/15
	£	£	£	£	£
Cash funds	33,107	7,986	41,094	65,303	32,442
Natwest Bank	33,107	7,986	41,094	65,303	32,442