### THE NATIONAL FEDERATION OF PROSTATE CANCER SUPPORT GROUPS

# REPORT OF THE DIRECTORS AND FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2017

### The National Federation of Prostate Cancer Support Groups (operating as Tackle Prostate Cancer) Legal & Administrative Details

### **Board of Directors**

Roger Wotton Chairman

Robert Banner Keith Cass MBE

Frank Chinegwundoh MBE

John Coleman (appointed 13 June 2017)

Erik Friis-Scheel Hugh Gunn

Mike Harrison (resigned 13 March 2017)

Ken Mastris Secretary

**Charity Registration Number** 1163152

**Company Registration Number** 9672970

### **Registered Office**

Kemp House 152 City Road London EC1V 2NX

### **Auditors**

**TGFP** 

Fulford House Newbold Terrace Leamington Spa CV32 4EA

### **Bankers**

CAF Bank Kings Hill West Malling ME19 4TA

### **Solicitors**

AJ Lutley Springfield Rookery Hill Ashtead KT21 1HY

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 December 2017 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the charity's Memorandum and Articles of Association, and the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

### STRUCTURE, GOVERNANCE AND MANAGEMENT

### **Governing Document**

The National Federation of Prostate Cancer Support Groups (Tackle Prostate Cancer) is a charitable company limited by guarantee, incorporated on 6 July 2015 and registered as a charity on 14 August 2015. On 1 January 2016, The National Federation of Prostate Cancer Support Groups acquired the whole of the assets and liabilities of the unincorporated association Prostate Cancer Support Federation (PCSF). PCSF had been formed in September 2007 and was dissolved in February 2016.

The company was established under a Memorandum and Articles of Association which established the objects, powers, and governance of the company. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

### Recruitment, induction and training of Trustees

The Board consists of not less than three nor more than ten Trustees made up as follows:

- Up to seven Trustees elected by the members at the Annual General Meeting, including the Chairman and Secretary:
- Up to three Trustees appointed by the Board who have a specific expertise e.g. finance or marketing; and
- Up to three further co-opted Trustees selected by the Board as required.

Upon appointment to the Board, in order to help facilitate their understanding of the current issues concerning the organisation, each new Trustee is provided with a copy of the Charity Commission publication entitled "*The Essential Trustee: What you need to know*" which gives guidance on what is expected of them. New Trustees are also provided with briefings from the Chairman on the history, structure and ambitions of the charity. A self-study training guide is also offered to all new Trustees.

### **Organisation**

The activities of the charity are governed by the Board of Trustees ('the Board'), all of whom are Directors. The Board meets four times a year and devolves responsibility for overseeing the day-to-day running of the organisation to the Chairman, Secretary and the Trustee responsible for overseeing financial matters – Erik Friis-Scheel.

### **Related Parties**

Tackle Prostate Cancer has established a Clinical Advisory Board (CAB) composed of leading prostate cancer specialists and lay people. The CAB advises us on medical matters, including clinical aspects of campaigns the charity engages in and the medical content on our website. Membership of the CAB is by invitation and comprises:

Prof Frank Chinegwundoh MBE – Consultant Urologist (Chairman)
Mr Chris Booth – Consultant Urologist
Mr Keith Cass MBE – Patient Representative
Prof Nick James – Consultant Oncologist
Prof Stephen Langley – Consultant Urologist
Prof Heather Payne – Consultant Oncologist
Dr Jonathan Rees – General Practitioner

We are most grateful for their support.

### The purpose of the charity

The charity is a federation, whose member organisations ("members") are mainly patient-led prostate cancer support organisations. The purpose of the charity is to co-ordinate, focus and strengthen the efforts of prostate cancer patients in general, and its member organisations specifically, in their cause to alleviate the plight of those affected by prostate cancer.

### Objectives and activities for the public benefit

As set out in its governing document, the objects of the charity are to relieve the sickness, physical and mental distress of persons affected by prostate cancer in the UK, in particular but not exclusively by:

- assisting and strengthening the activities in support of people affected by prostate cancer, including encouraging and supporting the formation of new local prostate support organisations throughout the UK;
- 2. encouraging the improvement of health services available to prostate cancer patients; and
- 3. acting as a focus for and expressing the views of patient-led support groups concerning
  - a. raising awareness of prostate cancer;
  - b. improving the health services available to prostate cancer patients; and
  - c. priorities for research into the diagnosis and treatment of prostate cancer.

Our mission is to be the voice of prostate cancer patients and their families. To achieve this, there are three main aims:

- 1. Supporting Patients;
- 2. Raising awareness; and
- 3. Campaigning on issues.

#### **Achievements**

Supporting Patients

We held our annual conference in June in Birmingham. With an excellent attendance of 75 delegates representing 31 support groups, there were tremendous presentations by UCLH Consultant Urological Surgeon Julian Shah and Bedford Clinical Nurse Specialist Victoria Muir on Incontinence and ED, PCUK's Head of Outreach Morven Masterton on the variation in CNS support and ED services and University Hospitals Clinical Oncologist Prof Nick James on post-STAMPEDE clinical trials.

- We were very pleased to welcome six new members this year maintaining the total number of prostate cancer support groups in the membership at over 80.
- We produced our quarterly newsletter providing information and advice for our Members, patients and clinicians.
- We gave financial assistance of £3,735 to 10 groups. This covered items such as producing posters and leaflets, buying exhibition stands and banners, printing newsletters and holding awareness events.
- We continued to provide our telephone Helpline. The number of calls in the year decreased by 12% to 602, although this still represented a 31% increase over 2015. Our Helpline is manned by Volunteers who have all been prostate cancer patients and are therefore able to discuss the effect the treatment they had had on them and any short or long term side effects that may occur after treatment. We held a training day for them during the year which provided an opportunity for the Helpliners to discuss such issues such as the best way to handle different types of call and how to handle them. We are very grateful for the support they provide.
- We welcomed four new users of our template website which allows support groups to set up a
  website for themselves using the Tackle template without incurring any costs other than time
  and registering a domain name. Full training and instruction is included. Seven groups are now
  using this facility.
- We provided feedback to gueries on our HealthUnlocked forum.
- We visited 9 of our support groups to present Tackle's overall strategy and activities, as well as holding Q & A sessions on their members' specific interests and concerns.

### Raising Awareness

- We continued to support and promote PSA Testing events as part of our early detection campaign. Whilst we know that the PSA Test is not a perfect indicator of prostate cancer and there are divided opinions over its value, we believe that the uncertainties may be reduced by men having a regular test, ideally on an annual basis. This is particularly important for men in the higher risk group those of black ethnicity or men who have a close relative with prostate cancer or breast cancer. Regular monitoring (or, active surveillance) of PSA levels can highlight any significant or gradual increase so that even when the PSA is within the 'normal' range, one may be alerted to the need for further investigation.
- We were represented at the TUC Black Workers conference, where PSA testing was offered.
   We also attended the ASLEF delegate conference to speak about Tackle and we wrote to the TUC asking how we could help raise awareness within the unionised community.
- We continue to provide leaflets and booklets to our membership and to health professionals.
   This year saw the introduction of our Manversation booklets in partnership with Orchid Male Cancer.
- We represented patients' interests at the Department of Health's Prostate Cancer Advisory Group, NICE evaluation committees, the Cancer Campaigning Group and Europa Uomo (the European Coalition of Prostate Cancer Support Groups).

### Campaigning on Issues

- Through our membership of the Access to Cancer Medicines Coalition we worked with other charities to raise awareness of the affordability cap on cancer drugs proposed by the NHS. We were signatories to letters to the Press, to MPs and had a question raised on this topic in the House of Lords. The coalition also presented a 30,000 signature petition to NHS England.
- On behalf of our support groups, we wrote to the specialised commissioner for NHS England about the restricted availability of one important treatment, namely Radium-223.
- We contributed to the annual prostate cancer audit and lobbied for improvements to the patient survey within the report. We also campaigned for more awareness of psychological and mental issues arising from prostate cancer treatment and suggested these aspects be included

in future surveys. We continue to be involved with NICE submissions and recommendations are now a recognised partner in the consultation process. We made a submission to the review of screening guidelines for prostate cancer.

The Trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 to have *due regard to the Charity Commission's general* guidance on public benefit.

### Risk management

The Board has overall responsibility for ensuring that risk is managed in a constructive and considered manner and mitigated (where possible).

The principal risk identified during the financial year continued to be the impact of the present economic climate on the charity's ability to generate sufficient income. As highlighted last year, this year was the first year for at least five years that we did not receive financial support from Prostate Cancer UK (PCUK). Recognising that other forms of income were required, the Board – with the support of the membership – agreed to a new fundraising event "Cycle to the Moon – Save a Dad". At the end of the year, a fundraising consultant was taken on and the event will take place in May 2018. The funding required for the event will still keep the charity within its reserves policy.

This risk was mitigated by regular review of cash flow forecasts and management accounts ensuring that expenditure remained within budgeted levels, if possible achieving cost savings. The Board will continue to assess risk in a constructive manner to safeguard the efficacy of the charity.

#### FINANCIAL REVIEW

#### **Financial Performance**

Our income this year at £87K was 32% down on 2016. Excluding the £52K from PCUK, income increased by 15%.

As recognised by the Board in their risk assessment, fundraising remains a serious challenge for the Charity as we receive no government funding. We are extremely grateful to all our members and supporters for their generosity in donating funds to cover the work that we do to support prostate cancer patients and their families. In line with ABPI guidelines, we were able to benefit from financial support from the pharmaceutical companies we work closely with as patient advocates.

Recognising the reduction in our income from the loss of the PCUK grant, the Board made prudent reductions in expenditure for the year; our expenditure of £54K was down 43% and meant that we finished the year with a surplus of £33,260.

### **Reserves Policy**

In line with the guidance issued by the Charity Commission, the Trustees have considered the future needs of the charity and believe that unrestricted general funds, that is funds which are neither restricted nor designated, should be three months' forward operating expenditure. Such funds are needed in order to safeguard the charity's activity against an unexpected shortfall in fundraising income, emergency or unforeseen expenditure and to ensure its financial stability over the longer term.

#### **Future Plans**

During 2018 we will continue to build on the work we have been doing for our members, consulting and working with them to improve our support to them. Our activities will support our three aims of raising awareness, supporting patients and campaigning on issues. The priorities for 2018 will be:

### Raising Awareness

- Encouraging further PSA testing by local support groups
- Lobby for a move towards prostate cancer screening
- Research the best way to raise awareness in primary care
- Fundraise and implement the "Tackle Bus" initiative, in conjunction with Prof. Nick James of QEH Birmingham, the UNITE Trades Union and associated male charities. This facility will offer significant wider awareness across all areas of the community

### Supporting Patients

- Grow our organisation to cover more areas of the UK, particularly where urology/oncology centres exist, so that all men receive better support.
- Continue to provide small grants to new groups and for good ideas
- Maintain a strong web and social media presence
- Run an annual conference and regional workshops on topics of interest to members
- Produce our quarterly newsletter
- Speak at conferences as invited, such as British Association of Urological Nurses and the Prison Officers Association, both planned for 2018.

### Campaigning on issues

- Continue to participate in NICE consultations, alone or with other charities
- Participate in the National Prostate Cancer Audit as the patient's voice
- Work closely with coalition partners to ensure equitable treatment and support for diagnosed men

### Statement of Trustees' Responsibilities

The Trustees (who are also the Directors of the charitable company for the purposes of company law) are responsible for preparing the Annual Report and financial statements in accordance with applicable laws and United Kingdom Generally Accepted Accounting Practice.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources including the income and expenditure of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed; and
- prepare the financial statements on the going concern basis unless it inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions

#### Statement as to disclosure of information to auditors

So far as the trustees are aware, at the time the Trustees' Report is approved:

- there is no relevant information being information needed by the auditor in connection with preparing their report, of which the auditor is unaware, and
- the trustees, having made enquiries of fellow directors and the company's auditor that they
  ought to have individually taken, have each taken all steps that he/she is obliged to take as a
  director in order to make themselves aware of any relevant audit information and to establish
  that the auditor is aware of that information

This report was approved by the Board of Trustees and signed on its behalf by:

Roger Wotton Chairman

Monney

Date:

20/3/2018

### The National Federation of Prostate Cancer Support Groups (operating as Tackle Prostate Cancer)

### Independent Examiner's Report to the Trustees of The National Federation of Prostate Cancer Support Groups

I report on the accounts of the company for the year ended 31 December 2017, which are set out on pages 10 to 16.

### Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility:

- to examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the
    accounting requirements of section 396 of the Companies Act 2006 and with the
    methods and principles of Accounting and Reporting by Charities: Statement of
    Recommended Practice;

have not been met; or

### The National Federation of Prostate Cancer Support Groups (operating as Tackle Prostate Cancer)

### Independent Examiner's Report to the Trustees of The National Federation of Prostate Cancer Support Groups - continued

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

BEN R REYNOLDS

**TGFP** 

Chartered Accountants & Statutory Auditors

Fulford House

**Newbold Terrace** 

Leamington Spa

CV32 4EA

Date: 12 Mard 2018

INCOME AND EXPENDITURE	Note	Unrestricted Funds	Restricted Funds	Total 2017	Total 2016
Incoming Resources	14010	£	£	£	£
Voluntary income	2	72,704	14,500	87,204	128,329
Other activities	3	-	-	-	40
Total Income		72,704	14,500	87,204	128,369
Expenditure on:					
Raising funds	4	1,465	6,813	8,279	22,147
Charitable activities	5	28,868	16,797	45,665	72,798
Total Expenditure		30,333	23,611	53,944	94,945
Net Income/(Expenditure)		42,371	(9,111)	33,260	33,425
Balance at 1 Jan 2017		40,184	20,239	60,423	26,998
Balance at 31 Dec 2017		82,554	11,128	93,683	60,423

	Note	2017 £	2016 £
Fixed Assets	1	-	-
Current Assets			
Cash at bank and in hand		95,844	62,660
		95,844	62,660
Creditors: Amounts falling due			
within one year	8	2,161	2,237
•			
Net Current Assets		93,683	60,423
Net Assets		93,683	60,423
Represented by:			
Restricted Funds	9	11,128	20,239
General funds	9	82,554	40,184
		93,683	60,423

The notes on pages 13 to 16 form part of these financial statements.

The financial statements were approved by the Board on 20 March 2018 and signed on its behalf by:

Roger Wotton Chairman

Ken Mastris Director

KM Moto

	Note	2017 £	2016 £
Cash Flows from Operating Activities	А	33,184	(2,649)
Increase/(Decrease) in Cash and Cash Equivalents in the Year		33,184	30,535
Cash and Cash Equivalents at the Beginning of the Year		62,660	65,310
Cash and Cash Equivalents at the End of the Year		95,844	62,660
NOTES TO CASH FLOW STATEMENT			
Note A			
Net Income/(Expenditure) for the Year Adjustment for:		33,260	33,425
Decrease/(Increase) in Debtors		-	-
Increase/(Decrease) in Creditors	-	(76)	(36,074)
Net Cash from/used in Operating Activities	=	33,184	(2,649)

### 1 Accounting Policies

The following principal accounting policies have been consistently applied in preparing these financial statements.

#### a. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), and the Companies Act 2006.

The National Federation of Prostate Cancer Support Groups meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

#### b. Income

Voluntary income and donations are included in the financial period to which they relate where it is certain that monies will not be repayable. Voluntary income is recognised together with the associated reclaim of tax where appropriate.

During the year there were donated services totalling £1,200 (2016:£750) based upon valuations at a fair market value.

#### c. Resources expended

All expenditure is accounted for on an accruals basis and is directly classified under the expenditure category to which it relates. Support costs have been allocated to the charitable activity to which they relate.

Expenditure on raising funds comprises those costs relating to activities where the primary aim is to raise funds, along with an apportionment of support costs.

Expenditure incurred in connection with the specific objects of the charity is included under the heading Charitable Activities and includes an apportionment of support costs.

### d. Fixed assets

The charity does not have any fixed assets. The Trustees consider the provision of all office equipment to be part of the running costs of the organisation and it is written off in the year of purchase.

#### e. Taxation

No charge to taxation arises on the result for the year because the company is able to take advantage of the tax exemptions available to charities.

The charity does not operate a pension scheme.

#### f. Operating leases

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

.

### 1 Accounting Policies (continued)

### e. Funds

General funds - these are unrestricted funds which can be used for the charitable objects at the discretion of the Trustees.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designed funds - these are unrestricted funds which have been set aside by the Trustees for specific purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2	Voluntary income	Unrestricted 2017	Restricted 2017	Total 2017	Total 2016
	Donations received from:	£	£	£	£
	Members	4,105	4,500	8,605	17,763
	Individuals and Community	8,110	-	8,110	3,938
	Trusts and Foundations	1,000	-	1,000	55,400
	Companies	59,489	10,000	69,489	51,228
		72,704	14,500	87,204	128,329
3	Income from other activities	Unrestricted	Restricted	Total	Total
		2017	2017	2017	2016
		£	£	£	£
	Web Sales	<del>-</del>			40
				<del>-</del>	40
4	Fundraising Activities	Unrestricted	Restricted	Total	Total
	_	2017	2017	2017	2016
		£	£	£	£
	Fundraising Costs	-	6,813	6,813	8,285
	Staff Costs	-	-	-	12,620
	Support Costs	1,465		1,465	561
	Governance Costs	<del>_</del>			680
		1,465	6,813	8,279	22,147

Page: 14

5	Charitable Activities	Unrestricted 2017	Restricted 2017	Total 2017	Total 2016
		£	£	£	£
	Campaigning & Awareness	12,032	-	12,032	15,097
	Groups Support	6,792	16,797	23,590	31,405
	Staff Costs	- 6 500	-	- 6 500	12,244
	Support Costs Governance Costs	6,599 3,444	-	6,599 3,444	8,513 5,539
	Governance Costs	3,444		3,444	5,539
		28,868	16,797	45,665	72,798
6	Support and Governance Costs	Support	Governance	Total	Total
U	Support and Governance Costs	Costs	Costs	2017	2016
		£	£	£	£
	Staff Costs	-	-	-	1,360
	Other Costs	8,005	_	8,005	9,064
	Bank Charges	60	_	60	10
	Trustee Meetings and Expenses	-	3,073	3,073	4,066
	Audit	-	· -	-	375
	Legal & Professional Fees		371	371	418
		8,065	3,444	11,509	15,293
					Basis of Allocation
	Allocated to fundraising costs	1,465	-	1,465	12.7%
	Allocated to charitable activities	6,599	3,444	10,043	87.3%
		8,065	3,444	11,509	100.0%
7	Staff Costs			2017	2016
				£	£
	Wages and salaries			-	25,200
	Social security costs Pension contributions			<u> </u>	1,024
				_	26,224
	No employee earned in excess of £60,00	00 p.a.			
8	Creditors: amounts falling due within	one year		2017	2016
	•	•		£	£
	Trade creditors			1,133	1,209
	Accruals			1,028	1,028
				2,161	2,237

### 9 Statement of Funds

	1 Jan 2017 £	Incoming Resources £	Outgoing Resources £	Fund Transfers £	31 Dec 2017 £
Unrestricted Funds:					
Unrestricted general funds	40,184	72,704	(30,333)	-	82,554
Restricted Funds:				-	
PCUK Fund	12,290	-	(12,290)	-	-
Tackle Bus	2,500	-	-	-	2,500
Other restricted funds	5,449	14,500	(11,321)		8,628
Total Restricted Funds	20,239	14,500	(23,611)		11,128
Total Funds	60,423	87,204	(53,944)		93,683

### 10 Related Party Transactions

The Trustees do not receive any remuneration for their duties but during the year the charity paid expenses totalling £4,526 (2016:£3,316) relating to 7 (2016: 6) trustees.

The charity includes Trustees' Liability Insurance in its combined insurance policy.