

COMPANY REGISTRATION NUMBER: 04421138
CHARITY REGISTRATION NUMBER: 1094458

St Martins Centre for Health and Healing
Company Limited by Guarantee
Unaudited Financial Statements
31 December 2017

St Martins Centre for Health and Healing

Company Limited by Guarantee

Financial Statements

Year ended 31 December 2017

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St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 December 2017

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 December 2017.

Objectives and activities

The principal activity of the company continued to be promoting, for the benefit of the public good, physical, mental, spiritual and emotional health in accordance with Christian principles. The trustees have, as a result of carrying out this activity complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

As an integral part of the St Martin-in-the Bullring community operating at the heart of Birmingham City Centre, the Centre for Health and Healing aims to alleviate the suffering and distress of the most vulnerable and excluded people in and around the city.

Mental Health is everyone's concern

This year one in four of us will experience a mental health problem and if you are struggling with mounting debt this figure rises to three in four. Unresolved mental health problems lie at the heart of some of our greatest social challenges - some estimates put the economic and social costs in England alone at over £105 billion a year.

At an individual level, if you live with a long-term untreated mental health problem, perhaps the chronic low-level stress of coping with daily deprivation and disadvantage you significantly increase the risk of a disability and premature death from other diseases, including cardiovascular disease, diabetes and other chronic diseases - it is estimated that enduring poor mental health can reduce life expectancy by up to 20 years.

The mental health of both individuals and whole societies is affected by the interaction of a range of complex factors - social, economic and environmental. For example, poverty and associated conditions of unemployment, low educational level, deprivation and homelessness are all strong markers for mental illness. But also, pre-existing mental ill-health acts as a risk factor for unemployment, debt and poverty.

At its core, mental health and well-being rests on the capacity of individuals to manage their thoughts, feelings and behaviour, as well as their interactions with others. Unfortunately, these essential core attributes of self-control, resilience and confidence frequently go undeveloped in many people who are disadvantaged so that individuals are ill-equipped to deal with the complex choices and potential adversities they will face.

Fortunately, things can be done to prevent, support recovery from and help people live with mental health problems. Unfortunately, mental health services frequently focus on just symptoms rather than the underlying social and economic factors that contribute to mental health issues.

The services offered by the Centre are designed to improve overall mental health by addressing both the emotional and psychological needs of vulnerable people together with their social economic circumstances; in particular unmanageable debt.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2017

Objectives and activities *(continued)*

Counselling Service

Our Counselling Service emphasises a 'Recovery' approach to improving mental health & wellbeing, it does not imply 'cure', but builds on the personal strengths and resilience of each individual to recover optimum quality of life often in difficult circumstances'.

The service offers a number of specialisms including, Counselling for people;

- With unmanageable debt
- Living in poverty
- With unresolved childhood trauma, such as abuse and neglect that makes sustaining a "normal" life difficult.
- Who are struggling to engage with more practical services; addiction, housing, support for ex-offending etc.
- Who are unemployed
- Who are at risk of suicide, having at least one failed attempt
- Who are struggling with work related mental health problems

Over the last 15 years the service has built a reputation for being positive about Risk and providing therapy to those who are experiencing a wide range of problems; particularly people with enduring mental health needs. As a consequence significant numbers of referrals come from G.P's and other mental health professionals. Self-referral is encouraged.

Open 52 hours a week over 6 days the Counselling Service 'employs', at any one time between 45 & 55 volunteer counsellors supported by several members of staff. All volunteers are either qualified or in their last year of training. This commitment enabled the service to offer 9,700 sessions to 812 clients in 2016.

The service actively monitors the effectiveness of its work. In 2017 we recorded a satisfaction rate of 91%, with 85% of clients saying counselling had helped them deal with the problems they were struggling with.

A wide range of modalities/theoretical approaches are offered including, Cognitive Behavioural Therapy (CBT), Person Centred, Integrative, Psychodynamic, and Gestalt. This breadth of approach enables the Service to offer clients the most appropriate therapy for their needs. All new clients attend an initial assessment session, where their needs are discussed, and a risk assessment undertaken. The client is then allocated a counsellor whose approach is deemed to be the most suitable for their needs.

Maintaining professional standards is prioritised. All counsellors receive clinical Supervision & work within the Centre's policies and procedures; in particular the Risk Policy and Procedure and are members of a professional body such as British Association of Counsellors and Psychotherapists (BACP). Counsellors work within the Ethical Frameworks of whichever professional body they are a member of.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2017

Objectives and activities *(continued)*

The counselling service continued to deliver a contract on behalf of all three of the cities Clinical Commissioning Groups (CCG'S) and Birmingham Mental Health Consortium - The Living Well Consortium, providing Low Intensity Therapy under the Improving Access to Psychological Therapy Programme. Additional income was generated through general donations and the hosting of NHS High Intensity Practitioners/Therapists.

Street Level Money Advice

Our Money Management & Social Welfare Advice Service complements our counselling service by ensuring vulnerable people are moving towards being Debt free and are receiving the Welfare Benefits they are entitled to.

Following Financial Conduct Authority Authorisation Street Level Money Advice was 'soft launched' in the summer of 2017. To date the service has 'headed' off 11 eviction notices; restructured the unmanageable debts of 14 people and secured Benefits entitlements for 32 people. Significantly, 98% of people offered the service reported a 'significant' improvement in their mental health and wellbeing.

Achievements and performance

It is worth noting that the Debt Advice process is often extremely time consuming and lengthy. Numbers of people worked accessing the service will always be low compared to our counselling service. However, the Impact on the lives of the individuals and their families we do professionally support is significant and usually long-lasting.

Funding for Street Level Money Advice comes exclusively from charitable sources.

Financial review

Principal funding sources are Birmingham Cross City Commissioning Groups (NHS), the Living Well Consortium and the hosting of Birmingham and Solihull Mental Health Foundation Trust CBT Practitioners (room bookings). We also receive small fees direct from our clients for some of the counselling services as well as a number of grants.

During the year the charity received grant funding of £103,851 (2016: £108,608) and £142,100 (2016: £71,620) from room hire and counselling fees. Costs incurred were £189,689 (2016: £167,053). The overall result for the year was a surplus of £56,266 (2016: £13,190). The surplus has been added to reserves leaving a total of £112,191 carried forward to 2018.

Included in the above are grants received specifically for the Street Level Money Advice service which was 'soft launched' during the year. Total grants were £16,250. All of this money together with reserves brought forward from 2016 of £3,855 were spent on salaries in providing the service or in costs directly related to the service. There were no restricted funds carried forward to 2018.

St Martins Centre for Health and Healing

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2017

Going Concern

The trustees confirm they have considered all available information about the future for at least 12 months from the date the accounts were approved and have concluded that there is no uncertainty relating to going concern. Accordingly the accounts have been prepared on a going concern basis.

Reserves

The trustees' policy is to try and maintain an amount of unrestricted reserves ie those not restricted or designated for specific purposes, equivalent to six months normal operating expenditure. Actual reserves of £112,191 exceeded the calculated amount of approximately £95,000 by £17,000. The trustees intend that this excess will be used as part of the running of the Street Level Service and will review the situation at the end of 2018. The trustees are also, however, conscious of the economic climate and the pressures on health services and recognise that grants and other income can diminish.

Plans for future periods

Street Level

2018 will see Street Level expand its services offering free Money Advice Surgeries in several churches across the city. Establishing and running a money advice service is costly and time consuming and often beyond the capacity of local parish churches.

The ambition is to create a network of churches working together to reduce unmanageable debt, ensure those they come into contact will receive all the Welfare Benefits they are entitled to and improve the mental health and wellbeing of people across the City. Partnership agreements have been entered into with two churches with several more under discussion.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2017

Structure, governance and management

The charity is a charitable company, incorporated on 19 April 2002 and is governed by its Memorandum and Articles of Association as amended on 28 July 2008.

Recruitment and induction of new trustees

The body of trustees, who are also directors for the purpose of company law, comprises five trustees appointed by the Parochial Church Council of St Martin in the Bull Ring and up to 10 persons co-opted for a fixed period of two years by the trustees currently in place. The chair of trustees is nominated by the Rector of St Martin in the Bull Ring.

Organisational structure

Day to day management is delegated to the chief executive, Mr Rob Jones.

Induction and training of new trustees

The board ensures that all members are aware of their responsibilities as trustees. Any new trustees are supplied, on their appointment, with appropriate literature issued by Charities Commission detailing their responsibilities.

Related Parties

The charity maintains a close working relationship on all operational matters with the Parochial Church Council of St Martin in the Bull Ring. Transactions with the PCC are disclosed in the accounts.

Reference and administrative details

Registered charity name St Martins Centre for Health and Healing

Charity registration number 1094458

Company registration number 04421138

Principal office and registered office St Martin's Church
Edgbaston Street
Birmingham
B5 5BB

The trustees

J Barber
Co-opted
SA Ferris
Co-opted
D Hawker
Co-opted

(Resigned April 2017)

St Martins Centre for Health and Healing

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2017

	A Standing Co-opted Canon SW Jones Appointed by PCC CM Marshall Appointed by PCC MC Rushen Appointed by PCC MJ Woodward Appointed by PCC Revd Dr M Branscombe	(Resigned September 2017) (Appointed 12 December 2017)
Company secretary	MJ Woodward	
Accountants	David Seeley FCA Chartered accountant Accuo Accounting Limited Chartered Accountants Alvechurch Birmingham B48 7JX	

Events after the end of the reporting period

The trustees are not aware of any events occurring since the balance sheet date that need to be disclosed.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 13 March 2018 and signed on behalf of the board of trustees by:



Revd Dr M Branscombe
Trustee

St Martins Centre for Health and Healing

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of St Martins Centre for Health and Healing

Year ended 31 December 2017

I report to the trustees on my examination of the financial statements of St Martins Centre for Health and Healing ('the charity') for the year ended 31 December 2017.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

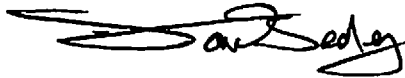
St Martins Centre for Health and Healing

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of St Martins Centre for Health and Healing *(continued)*

Year ended 31 December 2017

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



DAVID SEELEY FCA
Chartered accountant

Accuo Accounting Limited
Chartered Accountants
Alvechurch
Birmingham
B48 7JX

17 APRIL 2018

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Activities (Including income and expenditure account)

31 December 2017

		Unrestricted funds £	2017 Restricted funds £	Total funds £	2016 Total funds £
	Note				
Income and endowments					
Donations and legacies	5	87,601	16,250	103,851	108,608
Other trading activities	6	142,100	—	142,100	71,620
Investment income	7	4	—	4	15
Total income		<u>229,705</u>	<u>16,250</u>	<u>245,955</u>	<u>180,243</u>
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	8	656	—	656	378
Expenditure on charitable activities	9,10	168,928	20,105	189,033	166,675
Total expenditure		<u>169,584</u>	<u>20,105</u>	<u>189,689</u>	<u>167,053</u>
Net income and net movement in funds		<u>60,121</u>	<u>(3,855)</u>	<u>56,266</u>	<u>13,190</u>
Reconciliation of funds					
Total funds brought forward		52,070	3,855	55,925	42,735
Total funds carried forward		<u>112,191</u>	<u>—</u>	<u>112,191</u>	<u>55,925</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 12 to 21 form part of these financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Position

31 December 2017

		2017 £	2016 £
Fixed assets			
Tangible fixed assets	17	1,125	858
Current assets			
Debtors	18	11,703	9,440
Cash at bank and in hand		109,881	51,865
		<u>121,584</u>	<u>61,305</u>
Creditors: amounts falling due within one year	19	10,518	6,238
Net current assets		<u>111,066</u>	<u>55,067</u>
Total assets less current liabilities		<u>112,191</u>	<u>55,925</u>
Net assets		<u>112,191</u>	<u>55,925</u>
Funds of the charity			
Restricted funds		—	3,855
Unrestricted funds		112,191	52,070
Total charity funds	20	<u>112,191</u>	<u>55,925</u>

For the year ending 31 December 2017 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 12 to 21 form part of these financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 December 2017

These financial statements were approved by the board of trustees and authorised for issue on 13 March 2018, and are signed on behalf of the board by:

Revd. Dr. M. Branscombe

Revd Dr M Branscombe
Trustee

The notes on pages 12 to 21 form part of these financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 December 2017

1. General information

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is St Martin's Church, Edgbaston Street, Birmingham, B5 5BB.

The charity is a public benefit entity.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The charity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under FRS 102:

No cash flow statement has been presented for the company.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

3. Accounting policies *(continued)*

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Significant judgements

The trustees consider there are no judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies and that have a significant effect on the amounts recognised in the financial statements.

Key sources of estimation uncertainty

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. There are no key assumptions or other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and may fall into one of two sub-classes: restricted income funds or endowment funds. At present there are no endowment funds.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- Income from room hire is recognised when the booking has taken place
- Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

St Martins Centre for Health and Healing

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Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

3. Accounting policies *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT as this cannot be recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.
- All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. Any aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. There are no tangible assets carried at revalued amounts,

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 25% straight line

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Donations			
Donations	1,629	—	1,629
Gift Aid	328	—	328
Grants			
Albert Hunt Trust	3,000	—	3,000
Erach and Roshan Sadri Foundation	1,000	—	1,000
Richard Cadbury Charitable Trust	2,000	—	2,000
GJW Turner Trust	—	2,000	2,000
Health Education England	56,464	—	56,464
Joan Lamb Charitable Trust	3,280	—	3,280
NHS Cross City CCG	17,350	—	17,350
The W.E.D Charitable Trust	1,000	—	1,000
Eveson Trust	—	—	—
Coutts Charitable Trust	—	—	—
Limoges Trust	1,000	—	1,000
The Grimmitt Trust	—	3,000	3,000
George Henry Collins	—	—	—
Westhill Endowment	—	5,000	5,000
Deritend Chapel Endowment	—	1,250	1,250
William A Cadbury Charitable Trust	—	—	—
Edward Cadbury Charitable Trust	—	5,000	5,000
Sundry grants < £500	550	—	550
	<u>87,601</u>	<u>16,250</u>	<u>103,851</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Donations			
Donations	2,304	—	2,304
Gift Aid	558	—	558
Grants			
Albert Hunt Trust	—	—	—
Erach and Roshan Sadri Foundation	—	—	—
Richard Cadbury Charitable Trust	—	—	—
GJW Turner Trust	—	—	—

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Grants (continued)			
Health Education England	37,272	—	37,272
Joan Lamb Charitable Trust	1,300	—	1,300
NHS Cross City CCG	27,394	—	27,394
The W.E.D Charitable Trust	1,000	—	1,000
Eveson Trust	1,000	—	1,000
Coutts Charitable Trust	1,000	—	1,000
Limoges Trust	—	—	—
The Grimmitt Trust	2,000	—	2,000
George Henry Collins	1,000	—	1,000
Westhill Endowment	—	5,000	5,000
Deritend Chapel Endowment	1,780	—	1,780
William A Cadbury Charitable Trust	—	15,000	15,000
Edward Cadbury Charitable Trust	—	5,000	5,000
Sundry grants < £500	3,000	4,000	7,000
	<u>79,608</u>	<u>29,000</u>	<u>108,608</u>

6. Other trading activities

	Unrestricted Funds £	Total Funds 2017 £	Unrestricted Funds £	Total Funds 2016 £
Room bookings	22,015	22,015	21,485	21,485
Counselling fees- individual	119,205	119,205	46,680	46,680
Counselling fees-corporate	880	880	3,455	3,455
	<u>142,100</u>	<u>142,100</u>	<u>71,620</u>	<u>71,620</u>

7. Investment income

	Unrestricted Funds £	Total Funds 2017 £	Unrestricted Funds £	Total Funds 2016 £
Bank interest receivable	<u>4</u>	<u>4</u>	<u>15</u>	<u>15</u>

St Martins Centre for Health and Healing

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Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

8. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2017 £	Unrestricted Funds £	Total Funds 2016 £
Fundraising costs	266	266	—	—
Office costs	390	390	378	378
	<u>656</u>	<u>656</u>	<u>378</u>	<u>378</u>

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Counselling and room hire	95,473	—	95,473
Street Level	—	20,105	20,105
Support costs	73,455	—	73,455
	<u>168,928</u>	<u>20,105</u>	<u>189,033</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Counselling and room hire	67,418	21,000	88,418
Street Level	—	—	—
Support costs	75,257	3,000	78,257
	<u>142,675</u>	<u>24,000</u>	<u>166,675</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2017 £	Total fund 2016 £
Counselling and room hire	95,473	71,535	167,008	164,755
Street Level	20,105	—	20,105	—
Governance costs	—	1,920	1,920	1,920
	<u>115,578</u>	<u>73,455</u>	<u>189,033</u>	<u>166,675</u>

St Martins Centre for Health and Healing

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Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

11. Analysis of support costs

	Counselling and room hire £	Total 2017 £	Total 2016 £
Staff costs	69,135	69,135	73,937
Finance costs	2,400	2,400	2,400
Governance costs	1,920	1,920	1,920
	<u>73,455</u>	<u>73,455</u>	<u>78,257</u>

12. Net income

Net income is stated after charging/(crediting):

	2017 £	2016 £
Depreciation of tangible fixed assets	<u>472</u>	<u>1,928</u>

13. Independent examination fees

	2017 £	2016 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	600	600
Other financial services	<u>1,320</u>	<u>1,320</u>
	<u>1,920</u>	<u>1,920</u>

14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2017 £	2016 £
Wages and salaries	128,640	110,955
Social security costs	7,832	7,308
Employer contributions to pension plans	<u>1,944</u>	<u>—</u>
	<u>138,416</u>	<u>118,263</u>

The average head count of employees during the year was 4 (2016: 5). The average number of full-time equivalent employees during the year is analysed as follows:

	2017 No.	2016 No.
Director	1	1
Administration	1	1
Counselling	<u>2</u>	<u>3</u>
	<u>4</u>	<u>5</u>

St Martins Centre for Health and Healing

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Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

14. Staff costs *(continued)*

No employee received employee benefits of more than £60,000 during the year (2016: Nil).

Key Management Personnel

The charity considers the key management personnel to be the trustees and the Chief Executive. The trustees receive no remuneration and the total employee benefits are £50,000 (2015: £50,000).

15. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

16. Transfers between funds

In 2016 funds previously classified as restricted in 2015 were transferred to general funds as the trustees considered the money had been spent on relevant activities. There were no transfers during 2017.

17. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 January 2017	15,909
Additions	739
At 31 December 2017	16,648
Depreciation	
At 1 January 2017	15,051
Charge for the year	472
At 31 December 2017	15,523
Carrying amount	
At 31 December 2017	1,125
At 31 December 2016	858

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

18. Debtors

	2017	2016
	£	£
Trade debtors	8,805	6,380
Other debtors	2,898	3,060
	<u>11,703</u>	<u>9,440</u>

19. Creditors: amounts falling due within one year

	2017	2016
	£	£
Trade creditors	4,392	2,276
Social security and other taxes	3,499	2,042
Other creditors	2,627	1,920
	<u>10,518</u>	<u>6,238</u>

20. Analysis of charitable funds

Unrestricted funds

	At 1 January 20 17	Income	Expenditure	At 31 December 2017
	£	£	£	£
General funds	<u>52,070</u>	<u>229,705</u>	<u>(169,584)</u>	<u>112,191</u>

Restricted funds

	At 1 January 20 17	Income	Expenditure	At 31 December 2017
	£	£	£	£
Street Level Service	<u>3,855</u>	<u>16,250</u>	<u>(20,105)</u>	<u>—</u>

21. Analysis of net assets between funds

	Unrestricted Funds	Total Funds 2017	Total Funds 2016
	£	£	£
Tangible fixed assets	1,125	1,125	858
Current assets	121,584	121,584	65,160
Creditors less than 1 year	<u>(10,518)</u>	<u>(10,518)</u>	<u>(6,238)</u>
Net assets	<u>112,191</u>	<u>112,191</u>	<u>59,780</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2017

22. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2017	2016
	£	£
Later than 5 years	<u>342,720</u>	<u>362,880</u>

23. Related parties

During the year the charity entered into the following transactions with related parties:

	Transaction value		Balance owed by/(owed to)	
	2017	2016	2017	2016
	£	£	£	£
St Martin's Parochial Church Council	<u>35,691</u>	<u>35,535</u>	<u>(4,445)</u>	<u>(1,480)</u>

There are transactions with the Parochial Church Council of St Martin in the Bull Ring.

(a) The Rector of the church has the power to appoint the chair of trustees and the PCC has the power to appoint up to five trustees to the charity.

(b) The building in which the charity operates is leased from the PCC and the PCC also makes recharges to the charity in respect of a number of services provided; telephone, heat and light, photocopying, and a staff service charge. The amounts charged in the year were £15,531 (2016: £15,375);

(c) The lease is for a period of 20 years, due to finish in 2035 and the annual rent payable is £20,160.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Management Information

Year ended 31 December 2017

The following pages do not form part of the financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities

31 December 2017

	2017 £	2016 £
Income and endowments		
Donations and legacies		
Donations	1,629	2,304
Gift Aid	328	558
Albert Hunt Trust	3,000	—
Erach and Roshan Sadri Foundation	1,000	—
Richard Cadbury Charitable Trust	2,000	—
GJW Turner Trust	2,000	—
Health Education England	56,464	37,272
Joan Lamb Charitable Trust	3,280	1,300
NHS Cross City CCG	17,350	27,394
The W.E.D Charitable Trust	1,000	1,000
Eveson Trust	—	1,000
Coutts Charitable Trust	—	1,000
Limoges Trust	1,000	—
The Grimmitt Trust	3,000	2,000
George Henry Collins	—	1,000
Westhill Endowment	5,000	5,000
Deritend Chapel Endowment	1,250	1,780
William A Cadbury Charitable Trust	—	15,000
Edward Cadbury Charitable Trust	5,000	5,000
Sundry grants < £500	550	7,000
	<u>103,851</u>	<u>108,608</u>
Other trading activities		
Room bookings	22,015	21,485
Counselling fees- individual	119,205	46,680
Counselling fees-corporate	880	3,455
	<u>142,100</u>	<u>71,620</u>
Investment income		
Bank interest receivable	4	15
	<u>4</u>	<u>15</u>
Total Income	<u>245,955</u>	<u>180,243</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities *(continued)*

31 December 2017

	2017 £	2016 £
Expenditure		
Costs of raising donations and legacies		
Other office costs	656	378
	<hr/>	<hr/>
Expenditure on charitable activities		
Wages and salaries	128,640	110,955
Employer's NIC	7,832	7,308
Pension costs	1,944	–
Rent	20,160	20,160
Rates and water	681	392
Light and heat	4,819	3,333
Insurance	3,154	2,251
Other establishment	277	–
Legal and professional fees	1,920	1,920
Telephone	625	591
Other office costs	4,352	4,089
Depreciation	472	1,928
Management charges	7,972	6,693
Counselling and volunteer expenses	2,410	3,444
Book-keeping	2,400	2,400
Publicity	225	1,211
	1,150	–
	<hr/>	<hr/>
	189,033	166,675
	<hr/>	<hr/>
Total expenditure	189,689	167,053
	<hr/>	<hr/>
Net income	56,266	13,190
	<hr/>	<hr/>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities

31 December 2017

	2017	2016
	£	£
Costs of raising donations and legacies		
Costs of raising donations and legacies - Donations		
Fundraising costs	266	—
	<u> </u>	<u> </u>
Costs of raising donations and legacies - Grants receivable		
Office costs	390	378
	<u> </u>	<u> </u>
Costs of raising donations and legacies	<u>656</u>	<u>378</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities *(continued)*

31 December 2017

	2017 £	2016 £
Expenditure on charitable activities		
Counselling and room hire		
<i>Activities undertaken directly</i>		
Salaries	49,219	41,380
Employer's NIC	2,327	2,946
Rent	20,160	20,160
Rates & water	681	392
Light & heat	4,819	3,333
Insurance	3,154	2,251
Other establishment costs	277	–
Telephone	625	591
Other office costs	3,357	4,089
Depreciation	472	1,928
Management charges	7,972	6,693
Counselling and volunteer expenses	2,410	3,444
Publicity	–	1,211
	<u>95,473</u>	<u>88,418</u>
Support costs		
Salaries	61,686	69,575
Employer's NIC	5,505	4,362
Pension costs	1,944	–
Book-keeping	2,400	2,400
	<u>71,535</u>	<u>76,337</u>
Street Level		
<i>Activities undertaken directly</i>		
Salaries	17,735	–
Office costs	995	–
Publicity	225	–
Training courses	1,150	–
	<u>20,105</u>	<u>–</u>
Governance costs		
Legal and other professional fees	1,920	1,920
	<u>1,920</u>	<u>1,920</u>
Expenditure on charitable activities	<u>189,033</u>	<u>166,675</u>