British Gymnastics Foundation

Report and financial statements for the year ended 31 March 2018





Chair's report

This has been a very successful year for the Foundation: a year which has seen the award of significant grant aiding from Sport England to enable us to take forward the 'Love To Move' programme. The grant signals the confidence that a major government body has in our capability to deliver not only this unique programme but also that our governance, structures and processes are robust and fit for purpose.

Our Hardship Grants continue to support British Gymnastics members experiencing financial hardship and in this reporting year 111 applications were received resulting in grants totaling over £17,000. Our Awards Committee keeps the administration of the fund under regular review to ensure it targets those people and areas most in need.

The Foundation's Inspirational Experiences programme helped two families, (one family in particular had undergone severe emotional hardship) bringing not only pleasure to those families but also hope for the future.

Our fundraising strategy continues to develop and evolve in an ever-challenging environment, particularly given recent media attention in the charity sector, attention which in many ways has detracted from those smaller charities who serve our communities well. We were very grateful to receive donations of over £25,000 this year. The very generous donation of nearly-new gymnastics equipment for auction from the BBC is testimony to our standing as a charity.

The year also saw challenges to our processes through the introduction of GDPR, which proved to be both costly and time-consuming. Conversely, it also presented opportunities through the introduction of a bespoke CRM system, prompted by the GDPR regulatory change. The system, once established and bedded-in, should bring significant benefits in the coming months and years.

During this reporting year we welcomed Steve Peters as our 'Love To Move' Project Manager. We were very pleased to make this appointment to such a demanding post and I invite you to read more about his role in the main report.

Sadly we said goodbye to Sarah Hampshire, one of our Founding Trustees, who gave much energy and insight to our work and we wish her well for the future.

We were fortunate to welcome Louise Fawcett as a Trustee. Louise brings experience of service on a number of committees and bodies at various levels in the voluntary sector. She also has a wealth of experience in sport and physical wellness. This will help to inform our engagement with vulnerable people in our charitable outreach. All of which, plus her enthusiasm and interest in good governance and strategic matters make her a welcome addition to the Board of Trustees.

As ever our Trustees carried out their voluntary roles with dedication and commitment. As Chair I cannot thank them enough for their ongoing support, in particular for the work that they do on behalf of the Foundation.

Once again, on behalf of the Trustees, I wish to thank British Gymnastics, Gymnastics Enterprise Ltd, and their respective Boards, management and staff for their support.

I would also like to thank our Foundation staff. Their belief in our charitable endeavors is reflected in the enthusiasm and professionalism with which they serve the Foundation.



Report of the trustees for the year ended 31 March 2018

The Trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of British Gymnastics Foundation (the company) for the year ended 31 March 2018. The Trustees confirm that the Annual Report and Financial Statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Since the company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

Charitable objectives

The Charity's objectives, as set out in the Articles of Association and approved by the Charity Commission are:

- To promote community participation in healthy recreation by providing facilities for participating in gymnastics and other sports ("facilities" means land, buildings, equipment and organising sporting events);
- To provide and assist in providing facilities for sport, recreation or other leisure time occupation of such persons
 who have need for such facilities by reason of their youth, age, infirmity or disablement, poverty or social or
 economic circumstance or for the public at large in the interests of social welfare and with the object of improving
 their conditions of life;
- To advance the education of children and young people; and
- To advance any other purpose that is charitable in accordance with the laws of England and Wales in association with sport.

Core purpose and values

The Trustees have agreed that the core purpose of the Charity is: "... to create opportunities through gymnastics to bring real improvements to the lives of people and communities most in need", and the values of the Charity are: Caring, Inclusive, Ambitious, Accountable and Collaborative.

Public benefit

In shaping the activities of British Gymnastics Foundation, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance "public benefit: running a charity (PB2)". The Trustees believe that the accessibility and scope of its programmes (both current and planned) demonstrates without any doubt the public benefit that the Charity's work brings to the communities it works in.



Activities and achievements

Charitable programmes

Since the last Trustees Report, British Gymnastics Foundation has continued to create opportunities through gymnastics to bring real improvements to the lives of people and communities most in need. The highlights of the 12 months to 31 March 2018 are summarised below.

During the year, Love to Move, British Gymnastics Foundation's age and dementia-friendly Cognitive Enhancement Gymnastics exercise programme, is continuing to transform people's lives. This evidence based exercise programme, which uniquely uses bilateral asymmetrical movements (performing different movements with the right and left sides of the body at the same time) has been developed from academic research in Japan & Korea and adapted from the original programme created by Professor Araki Tatsuo, who is also a gymnastics coach, called "Shinagawa exercises" which is state-funded throughout Japan.

Research from both our programme and the Japanese/Korean programme concludes that (1) the programme has a "demonstrable benefit in the physical, emotional and cognitive aspects of older people and those older people having mild to advanced forms of dementia appear to benefit the most" (Age UK, 2018) and (2) the programme results in a significant increase in walking speed and an improvement in balance and ability to undertake the activities of daily living, together with a reduction in depression (Han et al, 2016).

Following a successful application to the Sport England Active Ageing fund, British Gymnastics Foundation was awarded a grant of £499,991 to help develop and roll out the pilot into a national programme over the next four years. The expansion of the programme has entered its next stage with the appointment of a programme manager who started work in January 2018 and a lead deliverer appointed in March 2018. A strategic mapping exercise has been carried out to identify the places where Love to Move can meet demand identified by local insight. Discussions have been had with Care Home Groups, Local Authority Public Health and Adult Social Care and Clinical Commissioning Groups.

In addition to the 150 people who participated in the pilot of the Love to Move classes in residential care homes and the community in Cambridgeshire an additional 156 people have taken part this year. We have also developed a group specifically for people living with Parkinson's and have already seen some excellent results.

The Love to Move education resource is also being developed with the help of a group of Tutors from the British Gymnastics Education workforce, assisted by Dementia Pathfinders CIC who are authoring the content of the online dementia elements of our resource. The first pilot course will be run in September 2018. The course will go live in January 2019 with a target of 20 courses a year to train an external workforce to deliver Love to Move in new geographical areas to transform more lives across the UK.

British Gymnastics Foundation's Hardship Grants Programme continues to support British Gymnastics Members around the UK in times of significant financial hardship, and, in the 12 months to 31 March 2018, the Foundation received 111 grant applications and awarded 51 hardship grants totalling over £17,000 (the March 2018 Awards Panel was postponed to April 2018 due to inclement weather, and the 20 grants awarded in April 2018, totalling over £7,000, are not included in this total). Recipients of Hardship Grants are asked for feedback on the difference that the grant makes. All grant recipients who returned the feedback forms confirmed that the award of a Hardship Grant had a positive impact on both their own and their family's lives and helped to keep the recipient participating in gymnastics.



During the year, British Gymnastics Foundation's Inspirational Experiences programme was able to help two families in hardship (one family had experienced severe emotional hardship), attend the British Artistic Championships in Liverpool. Feedback after the event confirmed that the experience had created lasting happy memories.

Fundraising

During the year to 31 March 2018, British Gymnastics Foundation received donations of £25,286. We are extremely grateful to all our donors for their generosity. This year, the fundraising campaigns which were delivered had the effect of increasing the Foundation's public profile far beyond expectations. Most notably, the Crowdfunding campaign in May 2017 during Dementia Awareness Week, raised £13,905; and in the process, received time on BBC Breakfast news, attracting a viewership of 4.5 million people and resulting in over 10,000 website visitors and over 300 organisations and individuals engaged in our Love to Move programme. This financial year, the Foundation has not been able to realise the income potential from the gymnastics equipment donated by the BBC due to ongoing logistics issues, which are expected to be resolved in the next financial year, enabling us to deliver a charitable auction.

Risk management

The Trustees understand that identifying and managing risks, both positive and negative, aids good decision making and ensures that the strategic priorities are delivered. The Charity's policy on Risk Management sets out the Trustees' commitment to addressing risk management, both as part of the overall planning and implementation of British Gymnastics Foundation's strategy, and also to support its system of internal controls, as detailed in its policies, including its Financial Regulations.

Financial review

During the year to 31 March 2018:

- The Charity received total income of £205,051, consisting of restricted income of £191,797 (including a grant of £150,000 from Gymnastics Enterprises Ltd), and other unrestricted income of £13,254.
- The Charity spent £172,328, consisting of fundraising costs of £36,503 and expenditure on charitable activities of £135,825.

At the end of March 2018:

The Charity had total charity funds of £230,357 (£184,380 restricted and £45,977 unrestricted).

Reserves Policy and going concern

British Gymnastics Foundation has a Reserves Policy. The Reserves Policy specifies that there is a need for British Gymnastics Foundation to have reserves of unrestricted funds. These reserves are needed to:



- Ensure that all the Charity's liabilities can be met in the event that the Charity ceases to operate;
- · Finance growth and development;
- Absorb any short-term setbacks.

The Trustees have determined that the Charity should aim to hold reserves of unrestricted funds of £75,000. As at 31 March 2018, the Charity's unrestricted reserves total £45,977, which represents the free reserves. The approved budget for the year ending 31st March 2019 records unrestricted reserves in excess of the target of £75,000.

Gymnastics Enterprises Ltd has agreed to make a donation of £150,000 to British Gymnastics Foundation for the year to 31 March 2019. The Trustees are of the view that this grant secures the future of the charity for the next 12 months and that on this basis the assessment of the trustees is that the charity is a going concern.

Structure, governance and management

Structure and governing document

British Gymnastics Foundation was incorporated on 28th May 2014, a company limited by guarantee and having no share capital. It was registered by the Charity Commission as a charity on 7th July 2014.

The Charity is governed by its Memorandum and Articles of Association, as amended most recently on 10th January 2018.

Appointment of Trustees

As set out in the Articles of Association, the Trustees are appointed by the sole member of the Charity. In certain circumstances, the Trustees may co-opt further Trustees. Trustees serve for a term of up to three years and retire at the relevant annual retirement meeting, unless reappointed for a second term of up to three years. Trustees may in exceptional circumstances be reappointed for a third term of up to three years.

Reference and administrative details

Charity name:

British Gymnastics Foundation

Charity number:

1157747

Company number:

09060595

Registered Office:

Lilleshall National Sports Centre, Nr Newport, Shropshire, England TF10 9AT

Advisers

Independent examiners: Whittingham Riddell LLP, Belmont House, Shrewsbury Business Park, Shrewsbury SY2 6LG

Bankers:

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ

Solicitors:

Bates, Wells and Braithwaite, 10 Queen Street Place, London EC4R 1BE

Directors and Trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law. The trustees serving during the period and since the year end were as follows:



Trustee and Director (Chair):

Hugh Raymond Phillips

Trustee and Director:

Jeremy Tweddle

Trustee and Director:

Lawrence Colton

Trustee and Director:

Michelle Fulford Dr Nicola Bolton

Trustee and Director: Trustee and Director:

Sarah Hampshire (resigned 5th September 2017)

Trustee and Director:

Simon Kearev

Trustee and Director:

Louise Fawcett (appointed 9th April 2018)

Trustees/Directors Responsibilities

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently,
- · make judgements and estimates that are reasonable and prudent,
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The charitable company also confirm that they have made all necessary enquires and taken such steps as they ought to ensure that they become aware of any relevant independent examination information and that they confirm that the charitable company's accountants have been made aware of such information.

In preparing this report, the directors have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Approved and authorised for issue by the Board of Trustees on 11th September 2018 and signed on its behalf by:

Hugh R Phillips BEM

Chair



Independent Examiner's Report to the Trustees of British Gymnastics Foundation

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2018 which are set out on pages 9 to 17.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].



I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed Mu Wall - Dated 21 September 2018

Andy Malpass BA FCA

Partner

Whittingham Riddell LLP

Chartered Accountants

Shrewsbury



Statement of Financial Activit	100 11110				Aperiaca								
Year ending 31st March 2018		Ţ	erannurum eran eran bara bera bera bera bera bera bera bera		ant or any a name of asket opposition through	····						······	
	Note	R	estricted Funds	Un	restricted Funds	To	otal Funds	Fun	estricted nds ye 31st arch 2017	Fun	restricted ds ye 31st arch 2017	Į.	al Funds ye Lst March 2017
Income		-			·	ļ		 	,		···		
Donations and legacies	3	£	14,262	£	11,024	£	25,286	£	-	£	26,799	£	26,799
Income from charitable activities	5	£	177,535			£	177,535	£	150,000			£	150,000
Income from other trading activities	6	٤	_	£	1,431	£	1,431	£	-	£	3,260	£	3,260
Income from Investments	7	£		£	799	£	799	£	*	£	644	£	644
Total incoming resources		£	191,797	£	13,254	£	205,051	£	150,000	£	30,703	£	180,703
Expenditure						ļ							
Expenditure on raising funds	8	-£	36,503	£	_	-£	36,503	-£	25,974	£		-£	25,974
Expenditure on charitable activities	9	-£	135,825	£		-£	135,825	-£	87,974	£		-£	87,974
Total expenditure		£	172,328	£		£	172,328	£	113,948	£	-	-£	113,948
Net income and net movement in funds for the period		£	19,469	£	13,254	£	32,723	£	36,052	2	30,703	£	66,755
Reconciliation of Funds		<u> </u>	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~										
Total Funds brought forward		£	164,911	£	32,723	£	197,634	£	128,859	£	2,020	£	130,879
Total Funds carried forward	1	£	184,380	£	45,977	£	230,357	ç	164,911	£	32,723	£	197,634

The Statement of financial activities includes all gains and losses recognised in the period.

All income and expenditure derives from continuing activities.



British Gymnastics Foundation					
Balance Sheet as at 31st March 2018					·
	Note		2018	1	2017
Current Assets				ļ	
Debtors	14	£	37,688	£	3,563
Cash at bank		£	208,151	£	212,698
Total Current Assets		£	245,839	£	216,261
Liabilities			به سیناهی در به آو به مدم و وستانهی کار را در مواجه چید کاستان است.		and to be summitted to the contract of the con
Creditors: amounts falling due within 12 months	15	-£	15,482	-£	18,627
Net current assets		£	230,357	£	197,634
Total assets less current liabilities		£	230,357	£	197,634
Net Assets		£	230,357	£	197,634
The funds of the charity:	16				
Unrestricted income funds		£	45,977	£	32,723
Restricted income funds		£	184,380	£	164,911
Total charity funds		£	230,357	£	197,634

The notes on pages 11 to 17 form part of the financial statements.

The Trustees consider that the charitable company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the charitable company to obtain an audit for the year in question in accordance with section 476 of the Act.

The Trustees of the Charity acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and for the preparation of accounts.

The financial statements on pages 9 to 17 were approved by the Board of Trustees on 11 September 2018 and signed on its behalf by:

Hugh R Phillips BEM, Chair

British Gymnastics Foundation

Company limited by guarantee, company number 9060595

11 September 2018



Notes on the accounts

1. Statement of accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

British Gymnastics Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

b. Preparation of the accounts on a going concern basis

Gymnastics Enterprises Ltd has agreed to pay a £150,000 donation to British Gymnastics Foundation to cover the 12 months to 31 March 2019. The Trustees are of the view that this donation secures the immediate future of the charity for the next 12 months and that on this basis the assessment of the trustees is that the charity is a going concern.

c. Income recognition policies

Items of income are recognised and included in the accounts when all of the following criteria are met:

- The charity has entitlement to the funds;
- Any performance conditions attached to the item(s) of income have been met or are fully within the control
 of the charity;
- There is sufficient certainty that receipt of the income is considered probable; and
- The amount can be measured reliably.

d. Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

e. Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Restricted funds are grants which the donor has specified are to be solely used for particular areas of the charity's work.



f. Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on raising funds comprise the costs of developing a strategy for future fundraising by the charity, together with the associated support costs of raising funds;
- Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

g. Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office administration, finance and governance costs which support the Charity's activities. These costs have been allocated between expenditure on raising funds and expenditure on charitable activities on the basis of the percentage of estimated staff time spent on each area.

h. Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount repaid net of any trade discounts due.

i. Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2. Legal status of the charity

British Gymnastics Foundation is a company limited by guarantee and has no share capital. It has just one member, British Gymnastics Association, and the liability of its member in the event of winding-up is limited to £1.



3. Non-exchange transactions

Donated services for the Leadership programme and the Inspirational Experiences programme are included in Donations and Expenditure on Charitable Activities at estimated value of £357.

4. Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

5. Income from charitable activities

Restricted funds

	2018	2017
Donation from Gymnastics Enterprises Ltd	£150,000	£150,000
Sport England Active Ageing grant	£27,535	
	£177,535	£150,000

6. Income from other trading activities

Unrestricted funds

	2018	2017
Branding fee	£500	£500
Sale of Teddy Bears	£931	
Olympians send-off dinner prize draw and auction	-	£1,038
Leotard competition at British Championships	<u></u>	£1,722
	<u>£1,431</u>	£3,260

7. Investment income

All of the charity's investment income arises from money held in interest bearing deposit accounts.



8. Analysis of expenditure on raising funds

		Restricted funds		
		2018	2017	
•	Consultancy	-	£697	
•	Fundraising salaries	£29,521	£13,593	
•	Membership of regulatory bodies	~	£195	
•	Other fundraising costs	£3,373	£2,708	
•	Governance costs (see note 10)	£1,712	£2,151	
•	Support costs (see note 10)	<u>£1,897</u>	£6,630	
		£36,503	<u>£25,974</u>	

9. Analysis of expenditure on charitable activities

		Re	stricted funds
		2018	2017
•	Hardship Grants programme (see below)	£28,731	£29,461
•	Inspirational experiences	£3,636	£3,863
•	Special Schools: Gym Challenge	•	£3,386
•	Chernobyl Children's day	-	£938
•	Gymnastics leadership prog. in a deprived area	£2,520	£2,804
•	Love to Move: dementia/age-friendly gymnastics prog	£82,279	£32,617
•	Other charitable activities	_	£1,145
•	Charitable programmes communications: salaries	£15,557	-
•	Governance costs (see note 10)	£2,567	£3,227
•	Support costs (see below and note 10)	£535	£10,533
		£135,825	<u>£87,974</u>

All Hardship Grants are payable to individuals.

Support costs allocated to charitable activities are stated after deducting a contribution from the Sport England Active Ageing Grant.

10. Analysis of support and governance costs

The Charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between the cost of raising funds and expenditure on charitable activities in the year. Refer to note 1(g) for the basis for apportionment. The analysis of support costs is given in the table below:



Analysis of support costs						
igan karak saku adalah di di dababahan di da yangan karan karan da manayanga bangan a manakanin kanakan da bah Tangan karan da	2018	2017	2018	2017	2018	2017
	Raising funds	Raising funds	Charitable Acts	Charitable Acts	Total	Total
Governance	£1,712	£2,151	£2,567	£3,227	£4,279	£5,378
Other support costs	£1,897	£6,630	£535	£10,533	£2,432	£17,163
	£3,609	£8,781	£3,102	£13,760	£6,711	£22,541

Governance costs comprise:	2018	2017
Costs of Trustees meetings	£3,300	£4,561
Independent Examination fees	£828	£804
Legal and other professional fees	£151	£13
	£4,279	£5,378

11. Net income for the year

This is stated after charging:

 Independent Examination fees
 £828
 £804

12. Analysis of staff costs and trustee remuneration and expenses

Staff working for the Charity in the year ended 31 March 2018 were employed by British Gymnastics and seconded to the Charity.

The Charity trustees were not paid and did not receive any other benefits from the Charity. Three trustees received reimbursement for costs they incurred in carrying out their duties and, where required, trustees had Board meeting accommodation and subsistence expenses paid direct by the Charity. The value of travel, accommodation and subsistence expenses paid to or on behalf of trustees totalled £3,672.

13. Related party transactions

British Gymnastics is the governing body of gymnastics in Great Britain, and the sole member of British Gymnastics Foundation.

Under a grant agreement signed in 2016, Gymnastics Enterprises Ltd (a wholly-owned subsidiary of British Gymnastics) confirmed its intention to make a grant of £300,000 to the Charity for the two years to 31 March 2018. During the year ended 31 March 2018, the Charity received £150,000 in respect of this grant.



Under a MOU and secondment agreement signed in 2016, British Gymnastics agreed to provide various services to the Charity in return for a management fee. These services include the provision of seconded staff. During the year ended 31 March 2018, British Gymnastics charged a management fee of £69,464.

14. Debtors

	2018	2017
Other debtors	-	£3,068
Sport England Active Ageing Grant	£27,535	-
Amounts owed by connected entities	£3,541	£29
Prepayments	£6,612	£466
	£37,688	£3,563

15. Creditors: amounts falling due within 12 months

2018	2017
Trade creditors £977	£332
Amounts due to connected entities £5,969	£9,065
Deferred income £500	<u></u>
Taxation and social security £133	~
Other creditors and accruals £7,903	£8,694
£15,482	£18,627

16. Analysis of charitable funds

Analysis of movements in restricted funds

	Funds brought forward 1/4/2017	Incoming resources	Resources expended	Transfers	Funds carried forward 31/3/2018
Gymnastics Enterprises Ltd grant	£164,911	£150,000	-£130,531	-	£184,380
Crowdfunding donations for Love To Move	_	£13,905	-£13,905		-
Sport England Active Ageing grant	-	£27,535	-£27,535	-	-
Non-exchange transactions	-	£357	-£357	-	-
TO THE A THE PROPERTY AND THE PROPERTY AND THE ADMINISTRATION AND ADMINISTRATION ADMINISTRATION ADMINISTRATION AND ADMINISTRATION ADMINISTRATION AND ADMINISTRATION ADMINISTRATION AND ADMINISTRATION ADMINISTRATION ADMINISTR	£164,911	£191,797	-£172,328	-	£184,380

Nature and purpose of restricted funds

The Gymnastics Enterprises Ltd grant is to fund work in the areas of: promoting disability gymnastics, promoting gymnastics in schools, providing assistance to those in poverty who may wish to participate in gymnastics, creating



opportunities through gymnastics to bring real improvements to the lives of people and communities most in need and to support a fund-raising plan that will enable further investment in these areas.

The Sport England Active Ageing grant and crowdfunding donations are to fund work on the Love to Move programme.

The non-exchange transactions represent the notional cost of donated services received for the Leadership programme and Inspirational Experiences programme.

Analysis of movements in unrestricted funds

	Funds brought forward 1/4/2017	Incoming resources	Resources expended	Transfers	Funds carried forward 31/3/2018
Unrestricted income funds	£32,723	£13,254	-	-	£45,977
As companying and the second of the companying o	£32,723	£13,254	-	-	£45,977

Nature and purpose of unrestricted fund

The Unrestricted Income Funds represents the "free reserves" of the Charity.

17. Analysis of net assets between funds

	2018			2017		
	Restricted funds	Unrestricted funds	Total	Restricted funds	Unrestricted funds	Total
Debtors	£37,688		£37,688	£3,563		£3,563
Cash at bank	£162,174	£45,977	£208,151	£179,975	£32,723	£212,698
Creditors: amounts falling due within 12 months	-£15,482		-£15,482	-£18,627		-£18,627
	£184,380	£45,977	£230,357	£164,911	£32,723	£197,634