

Income and Expenditure statement for the year ended 31 March 2018

Income	Mar-17	Mar-18	Expenditure	Mar-17	Mar-18
Funding	114,218.24	114,218.24	Cash4chq facility	10.00	-
Donations	1,775.93	1,885.35	Cleaning	431.74	208.42
Interest	59.39	38.28	Equipment	1,152.41	373.95
Food	21,296.88	20,821.92	Food	10,047.96	8,541.60
Student Placement	-	-	Insurance	3,190.84	3,269.10
Sundries	615.90	763.90	Loans	-	-
Social Fund	56.00	-	Papers	-	-
Calendars/Holiday Fund	3,711.08	1,631.00	Refurbishment	60.00	336.00
Counselling	20,226.00	17,906.31	Rent	35,492.07	36,188.00
CVS funding	1,180.00	9,736.00	Social Fund	102.39	98.07
			Stationery	416.14	220.06
			Sundry	3,626.31	5,741.57
			Telephone	1,827.66	1,728.12
			Therapeutic Earnings	-	-
			Training	282.60	362.00
			Travel	182.80	9.00
			Tutor Fees	900.00	1,100.00
			Volunteers Expenses	3,293.60	3,211.90
			Wages/Payroll	119,586.43	105,368.41
			Consultancy Fees		
Total Income	163,139.42	167,001.00	Total Expenditure	180,602.95	166,756.20
Opening Balances	175,584.94	158,121.41			
Net Income	- 17,463.53	244.80			
Total Balances	158,121.41	158,366.21			


Steve Bunker
 Hon. Treasurer


Jenni Byrne
 Hon. Auditor

ST GEORGE'S CENTRE – ANNUAL REPORT 2018

Welcome

We are currently in the middle of Mental Health Week 2018 and what better way to acknowledge this than to be holding our 41st AGM. We have seen so many changes over the last 41 years in the commissioning of mental health services and we have come through them all and done more than just survive – we have thrived, as this report will hopefully show.

Executive Committee

This is my fourteenth report to the AGM as your Chairman and I feel privileged and honoured to be able to continue to lead your Executive Committee, which continues to work hard in the background to try to ensure that the Centre continues to run smoothly. That this is achieved year on year is due in no small measure to the fantastic and dedicated hard work of the wonderful staff that we have here.

Recently we have sadly said goodbye to Gay Ryder who has retired, both from her employment with Bolton Community College and also from the Committee after many, many years of unstinting support to the centre. Her dedication and support for our Members will be sorely missed but I want to put on record on behalf of the Committee and the Members my gratitude for all of her hard work.

There is always opportunities for any service-user to become a member of the Executive Committee. Service-user members are an essential element of the Committee and we need them to continue to make an invaluable contribution to the running of the Centre. I am really grateful for everyone's hard work. We have a Members Meeting in the morning before the Executive Committee meeting in the afternoon and this system continues to work well.

Bolton CCG

We continue to be commissioned by the Clinical Commissioning Group (the CCG) and through Paula's hard work together with Steve Bunker, our Treasurer, we have a healthy continuing dialogue with them. They have very little spare cash but we continue to fight for the Centre's core funding provision and to argue that we remain very cost efficient and provide a comprehensive quality service that is value for money for any commissioning body and we are confident that this will be recognised.

Staffing

One of the strengths of the Centre is the stability of our staff. As you all know Paula remains as your Manager, with support from Philomena also our Counselling Co-ordinator, Jean and Pam as your Support Workers. My report last year told you that Steve Hartley was about to retire and indeed that happened just after the AGM.

Every year I say the same things about our wonderful staff and that is because each year it needs shouting out in public what a stunning and dedicated bunch they are. The place would not be the same without them. All of our staff, without exception, continue to provide an excellent service tailored to the individual and sometimes diverse needs of all members of the centre.

This is the fourteenth consecutive year that I have told you that ALL OF OUR STAFF ARE ABSOLUTE HEROES! and I would like as always to take this opportunity on behalf of the Executive Committee to publicly thank them for everything that they have achieved and done this year to keep the Centre moving forward.

I must not forget to mention our dedicated band of Volunteers and helpers from the Church and those members who have felt able to put something back into the Centre by becoming Volunteers themselves.

Referrals

This year we have had 46 referrals from a variety of sources as follows:

Social Worker	9
CPN	14
GP	10
Bolton Assessment Team	10
Early Intervention	3

The referrals are spread around the Borough:

BL1	14
BL2	10
BL3	9
BL4	6
BL5	1
BL6	6

55% of referrals were Male and 45% Female

Activities

Well, as always loads of things going on here at St George's. Here is just a taste of the sort of events and things going on since our last AGM:

Craft Group
Woodwork
C.P.N Surgery

Self Care and Well-Being group
Weight Management
Wii Fit exercise
Aerobics
Tai Chi
Cookery Class
Walk and Talk Group.

Other daily activities include

Crocheting and knitting
Computers
Card making
Jigsaws
Colouring therapy
Quizzes
Table tennis
Darts
Pool.

Various outside Agency courses have been delivered in St Georges including:

Skills for Life
Coping Strategies
Living life to the full
Dramatherapy
Confidence Building.

Our Staff have worked with various Agencies to benefit our members:

Community Mental Health Team
Health, Care & Well-being Forum
Bolton Council
Healthwatch
Bolton at Home
Single Point of Access
1 Point NW

We have received small grants from *Ambition for Ageing* and *Bolton CVS Health and Well Being Fund*.

This year our Staff have provided over 1300 contact hours per week with our members who enjoy breakfast, a healthy hot lunch every day and 5 a day fruit pots.

We have decided not to present certificates this year as all our members have achieved so much, but we do need to specially thank those members who have been particularly supportive to other members and have welcomed and supported new members to the Centre. It is particularly pleasing that many members have felt confident enough to organise their own holidays this year.

I need also to mention our great team of member volunteers who are a great asset to the Centre and to our staff. Without them the Centre would not function as smoothly as it does,

Finally, I also need to mention our Day Trips which have included Blackpool and the illuminations, Llandudno, Southport, Haigh Hall, Bury market, Cleveleys, Ten-pin bowling and the Cinema. These trips help to engender a feeling of family and togetherness and I am sure that they are looked forward to by our members – they certainly remain very popular!

Counselling:

Monday Counselling still provides a valuable service to the general public of Bolton. This invaluable service continues to be very busy but is well organised and co-ordinated by Philomena, and undoubtedly meeting a need within the town – it is not specific to “mental health” – it is a free service to the general public of Bolton and the surrounding area. The service is delivered by 15 of our Volunteer Counsellors and there have been 1175 sessions of counselling this year and 144 individuals have accessed the service. I want to thank all those who give of their time in this way for the benefit of others. We remain part of the Counselling Alliance in Bolton, “One-Point” which aims to provide efficient access to counselling for the general public and our income from this source remains important to us.

Bereavements.

Very sadly there is a long list of bereavements to note this year:

- Bill Coffey
- David O'Mara
- June Richards
- Raz Patel
- Ronnie Potter
- Jeanette Dean
- Dianne Ogden

We remember them all – they will be sadly missed but not forgotten.

Conclusion

This is our 41st AGM today. As I said at the beginning this is the fourteenth time that I have addressed you as Chairman at an AGM and I continue to believe that the future of St George's Centre is secure and very bright. Your Executive Committee will continue to work with the Commissioning body of our service to ensure that the Centre adapts to the changing demands to meet the needs of the Members. With your continued support we will continue to flourish and develop in order to help the people in Bolton and surrounding areas that need us.

Thank you.

Jeremy Barker – Chairman

St.George's Day Centre (Bolton) Limited

Financial Year Ended 31 March 2018

I have pleasure in reporting the Centre's results for the financial year ended 31 March 2018.

A detailed analysis of the Profit & Loss statement is attached which needs little further comment. Thanks again to Paula who has provided the detailed breakdown.

Following a fall in our reserves last year, we managed to breakeven this year. As our funding remained consistent, the reasons behind the improvement on last year revolve around reduced costs - down mainly to staff reductions/retirement that haven't been replaced.....yet. With regards to our other costs, as usual, they remain under excellent control and this is thanks to everybody at the Centre.

The overall position is very stable but we have little room for error. Your management team is actively looking for extra funding so that we can afford to employ more staff to support Paula, Phil, Pamela and Jean.

The CCG continue to hold quarterly meetings to ensure that their money is being well spent and their reports in this regard are very favourable.

In summary, 2017/18 was a very steady year for the Centre financially as we managed to retain our level of reserves.

Hon.Treasurer, Steve Bunker
September 2018
Charity No 1124588

Ltd Company No05887560