

REGISTERED COMPANY NUMBER: 03238938 (England and Wales)
REGISTERED CHARITY NUMBER: 1057942

**BRITISH MEDICAL ACUPUNCTURE SOCIETY
REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE
YEAR ENDED 31 DECEMBER 2017**

BRITISH MEDICAL ACUPUNCTURE SOCIETY

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FOR THE YEAR ENDED 31 DECEMBER 2017**

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BRITISH MEDICAL ACUPUNCTURE SOCIETY

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2017

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The main purpose of the company is to stimulate and promote the use and scientific understanding of acupuncture as part of the practice of medicine for the public benefit.

Public benefit

The Charities Act 2011 introduced the requirement for charities to show they provided public benefit. The trustees have reviewed the objects, goals, services and objectives of the charity in the light of this requirement and can confirm that British Medical Acupuncture Society serves the public benefit. This Trustees' Annual Report continues to evidence how the charity strived to meet need.

FINANCIAL REVIEW

Reserves policy

The Charity's policy for determining the level of income reserves, which it is appropriate to maintain in order to meet its needs effectively, is to maintain at least 1 year of expenditure costs in its reserves (excluding fixed assets).

The excess of expenditure over income for the year was £55,767 on the unrestricted general fund and the excess of income over expenditure for the year was £1,770 on the restricted fund.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company is limited by guarantee, having no share capital. It is a registered charity. In the event of the company being wound up, the liability of each member is limited to £10. The company was incorporated on 16 August 1996 and is bound by its Memorandum and Articles of Association.

The Council of Management, a body of not less than five nor more than fifteen, two of whom must be trustees, control the company. Trustees and other members of the various committees are elected by a quorum of at least five Council Members from among the voting members of the society. All candidates for election must be proposed and seconded in writing to the secretary by a voting member.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03238938 (England and Wales)

Registered Charity number

1057942

Registered office

Royal London Hospital
for Integrated Medicine
60 Great Ormond Street
London
WC1N 3HR

BRITISH MEDICAL ACUPUNCTURE SOCIETY

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2017

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Dr J M Edwards
Dr A J M Forrester
Dr J Foell (resigned 26/10/2017)
Dr G Leng
Dr C A Lewis (resigned 07/06/2017)
Dr H Mathew
Dr M C Monk
Dr F Reid
Mrs M L Richardson
Dr C N J Rubens
Dr D Carr (resigned 06/06/2017)
Ms C Abisheganadan-Tiphane
Dr A I Sheikh
Dr M Pullman
Mr D P Lawler (appointed 13/01/2017)

Company Secretary

Dr G Leng

Auditors

Murray Smith LLP
Chartered Accountants
Statutory Auditors
Darland House
44 Winnington Hill
Northwich
Cheshire
CW8 1AU

REPORT OF THE TRUSTEES

President's Report 2017

The BMAS Trustees have been busy over 2017, developing opportunities for members in response to the challenges of healthcare service delivery in the UK. We are aware that acupuncture provision is being squeezed out of many NHS services, but mindful of how many of our members and our patients value acupuncture. Looking to the future, we are putting training opportunities in place for those who may wish to practice Western medical acupuncture as either a post-NHS career; or for those moving into private practice. The challenge appears to be giving members opportunities to practice and develop their needing skills, when this is not supported in their current work context.

The BMAS Development Committee is led by the vision that the Society needs to offer members opportunities for practical needling experience, and the development of satellite teaching clinics, initially piloted by Dr Carolyn Rubens within her GP surgery, demonstrated demand from members, for learning in a supported environment. During 2017, Dr Rubens has gone on to establish an acupuncture clinic at the Macmillan Horizon Centre in Brighton - under the name of Community Based Acupuncture Service (CBAS). Additionally, 2017 saw BMAS House in Northwich complete the renovation of the ground floor, to facilitate a new teaching clinic, with two private treatment rooms, and one potential group treatment area. The Northwich Clinic will be led by Dr Graham Leng from early 2018, and we welcome enquiries from members who wish to gain supervised acupuncture experience in this new clinic facility.

In parallel with these satellite teaching clinics, we are also offering members the opportunity to sign up with a Mentor, with whom they can discuss their own acupuncture practice. Foundation course participants have many interesting and diverse questions, often in the context of their specific patient populations, and it is useful to maintain this line of communication with an experienced practitioner, especially in the early days of integrating WMA into individual practice. The members' area of the BMAS website has a list of mentors' information and interests, which will allow for matching of members to an ideal mentor.

BRITISH MEDICAL ACUPUNCTURE SOCIETY

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2017

The BMAS lively social media presence on Facebook and Twitter continues - with posts of the latest news, events and photographs keeping you up to date. The BMAS website also provides further information about Regional Groups; booking for upcoming courses and conferences; webcasts of previous conference presentations; as well as links to the Forum for further learning (<http://www.medical-acupuncture.co.uk>). The role of BMAS Regional Groups remains important and, for those who can access these, they are an important source of local education, discussion and peer support.

The journal *Acupuncture in Medicine*, has remained under the editorship of David Carr, and continues to fill six editions each year, with an increasing number of submissions to the journal, and publication of papers online before print publication (<http://aim.bmj.com/>).

Both of our 2017 Conferences were held in London - a popular venue for members. The 2017 Spring Conference was held at the Hilton Paddington, with speakers including Charles Buck, Kajsa Landgren, Ewan Wallace, Manuel Maliqueo, and Mike Cummings. Lectures have been filmed and these webcasts can be accessed on the BMAS website, with submission of reflective learning earning CPD hours for members who have been unable to attend the live events. The 2017 Autumn Scientific Meeting, held at the Royal College of Physicians in London, had as its keynote speaker Professor Geoffrey Burnstock. Whilst the Professor has now moved to Australia to continue his long career, webcasts of his lecture, as well as those from Berthold Henkel, Taras Usichenko, Catharina Klausenitz, and Adrian White, are available for those who missed out.

There has been some concern regarding membership numbers which have been gradually falling over the last few years. The Autumn Scientific Meeting saw members strongly supporting the EGM motion to extend BMAS membership to some professions who are subject to voluntary regulation by the Professional Standards Authority. The Trustees had made the recommendation, with the intention of extending the BMAS training programme to degree-level professionals, who work with musculoskeletal presentations, such as sports therapists. We are aware that the education programme has been profitable over the year, but that surplus from courses and meetings is falling, reflecting a drop in booking numbers. Measures to counter this include retention of membership with mentorship programmes; teaching clinics to provide opportunities for members to develop their needling skills; and promotion of our foundation courses, to GPs and other groups. We are pleased to see more delegates from foundation courses working towards achieving their Certificate of Basic Competence, and we continue to emphasise the value of achieving this first qualification, and then the Diploma, in order to consolidate their learning and support their clinical work.

Finally, I wish to extend many thanks to the dedicated staff in the London and Northwich offices; to Mike Cummings for his many years of commitment and hard work on behalf of the BMAS, both in the challenging UK environment, and internationally; to the Trustees who give their time on a voluntary basis; and to all the members who continue to support the Society.

Catherine Tiphonie, President

Honorary Treasurer's Report

The continued volatility of the financial market in 2017 has meant that the Trustees and staff have needed to maintain vigilance and ensure that our funds are spent wisely and effectively.

As has been the trend in recent years, our income has reduced compared with that of previous years but, once again, our expenditure has been similarly reduced. I do have to report a deficit over the financial year to December 2017, but this is smaller than that which was reported last year, and we have had a major spend in BMAS House in Northwich (see below).

Membership fees were raised marginally in 2017, the first time for many years, and in return, members receive increasing levels of help and support and an expanding range of services for this annual fee. A regular, brief newsletter was added to member benefits in 2017, keeping members up to date of upcoming courses, news and activities. Facebook, email and Twitter activity have also increased so that members have a variety of options for interacting with the Society. The decision to go 'paperless' wherever possible has seen a reduction in related spending of more than £9000.

BRITISH MEDICAL ACUPUNCTURE SOCIETY

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2017

One of our major sources of income, our excellent educational courses, continue to be closely monitored and scrutinised by the Trustees, Medical Director, and administrative team to ensure that our income is optimised and that more costly venues are reviewed or dropped. We have excellent teaching venues in both London and Northwich, near Manchester, and courses are now mainly centred here. The Northwich venue, owned by the Society, provides particularly good value to us and we will seek to encourage more of our members and potential members to enjoy the excellent facilities here. A number of courses were cancelled during 2017 as numbers were low. We continue to review our course provision and try to include new and topical courses - the fibromyalgia day was one such in this past year and proved popular.

I reported last year that it was our intention to increase our potential revenue stream from BMAS House in Northwich by converting part of the ground floor into a 'fit for purpose' clinic area. This work has been completed during 2017 and the space is now ready for use. It is our intention that BMAS will offer a teaching clinic service here as soon as possible as well as providing acupuncture services to the local community. There will also be the potential to rent out the clinic space to local practitioners.

The Medical Director and Trustees continue to promote and expand the Society to ensure that we fulfil our charitable aims whilst maintaining our stability. We believe that our funds have been used appropriately and wisely in fulfilment of our aims and we remain in a financially secure position.

My sincere thanks go, as always, to Julie Cummings and the administrative team in Northwich and to Mike Cummings, our Medical Director, and Allyson Brown in London, as well as to my fellow Trustees, who work diligently to ensure that our Society continues to operate efficiently and effectively and who provide me with invaluable support.

Marion Richardson, Honorary Treasurer

Development Committee Chair's Report

The Development Committee's membership has been expanded over the last year so that we can explore how the BMAS can adapt to changes in the healthcare environment to ensure we continue to deliver high quality education and experience to our members. The opportunities to do this within the NHS are becoming more limited and we will be investigating the alternatives offered other health care providers as well as what we can offer directly. Work has been completed on the splendid new clinic facilities at BMAS House and we will soon be starting a teaching clinic there to complement the one in London. This will provide low cost acupuncture to local residents whilst allowing members to gain experience under supervision. I am indebted to the Committee members for all their enthusiasm, commitment and ideas and especially to Carolyn Rubens whose innovations are already proving to be a success. I am also grateful for all the support for the Committee from the BMAS staff.

Jonathan Edwards, Development Committee Chair

Education Committee Chair's Report

This year has seen some exciting developments in the Education Committee. Our first one-day fibromyalgia course was run in October and proved to be very popular - we hope to run more in the future. Council member Dr Amer Sheikh has developed a new musculoskeletal course for Red Whale, a company that trains thousands of GPs around the country helping them to keep up to date in all areas of general practice. The exciting part for the BMAS is that he has had a section on myofascial pain approved for teaching this course so now the word will be getting out to GPs about the simplicity of treating myofascial pain syndromes in general practice. We hope this initiative will help with recruiting more members to the Society and onto our foundation courses.

In a similar vein we have opened up our membership criteria following recent acceptance of the idea at an EGM. We are now happy to welcome those professionals who are subject to voluntary regulation (via the Professional Standards Authority) with a degree in a patient-facing discipline to enrol on our foundation courses and subject to completion of this to become BMAS members. We hope that this initiative will broaden our membership and enable us to include more disciplines in which acupuncture is clearly relevant and appropriate. We are also now providing information on our mentorship scheme as a resource for foundation course attendees to use after the course for further guidance and support.

BRITISH MEDICAL ACUPUNCTURE SOCIETY

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2017

Overall we are pushing to strongly encourage all those who complete our foundation course to apply for the Certificate of Basic Competence as a continuation of their initial training in acupuncture. Our Northwich Teaching Clinic is due to open in early 2018 offering opportunities for members to increase their practical experience under the guidance of Dr Graham Leng, and the London Teaching Clinic continues to offer observation sessions for members.

Carolyn Rubens, Education Committee Chair

Professional Services Committee Chair's Report

The Professional Services Committee focuses on offering members the benefits they need to enhance their practice. During the year options for updating the website have been discussed, including the use of HTML5 which would make the website more accessible on different devices. Further discussion is planned in 2018. Use of the Forum has increased, especially amongst 2017 foundation course delegates as the Forum is now being highlighted on the course. The Forum offers members the chance to post questions and share experiences, providing answers and expertise from more other members.

Ten Foundation courses were held in 2017, and a total of 206 delegates were trained. Attendance at the York and Bristol foundation courses was low, and so these have been cancelled for 2018 and replaced by an additional foundation course in Northwich. Attendance at London foundation courses was high, whilst Northwich courses had low numbers but overhead costs were low, so actual surplus from the two venues was similar. A marketing audit showed that most people heard about courses from colleagues or from the BMAS website.

Membership numbers continue to decline slowly. The total number of members has fallen from 1933 in December 2016 to 1787 in December 2017. The largest fall has been in the number of members who are doctors and reflecting the difficulty incorporating acupuncture into NHS work. The 'In Conversation' piece from The Point regarding acupuncture in private practice has been made available as a stand alone document on the BMAS website as a reference for members considering setting up their own clinic.

Thirteen supplementary days were held on a variety of topics including Women's Health, Back Pain, Headache, Electro-acupuncture, Self-acupuncture and Palliative Care. A new fibromyalgia day was held in London. The Points Practical courses were cancelled due to insufficient bookings, and were replaced by two new Osteoarthritis supplementary days in Northwich and in London.

The Spring and Autumn meetings were both held in London. These were both one-day events, with 80 delegates attending the Spring Conference and 61 at the Autumn Scientific Meeting. These disappointing attendance figures led the trustees to limit conferences to one rather than two in 2018.

Graham Leng, Professional Services Committee Chair

Medical Director's Report

In 2017 we trained 206 regulated healthcare professionals on our foundation course (FC). The slow decline in numbers reflects the healthcare environment in the UK, and the reduced support for acupuncture in the NHS following the publication of the latest NICE guideline on back pain (NG59). The biggest change has been in the number of GPs training at FC level. Interestingly, whilst GPs are not supported in providing acupuncture in the UK, across The Pond, the FDA has encouraged primary care physicians to train in acupuncture in an attempt to address the growing problems with prescribed opioids, and acupuncture appears in every part of the American College of Physicians guidelines for back pain. The latter guidelines were published roughly a month following NG59...

Western medical acupuncture is growing in popularity outside the UK. The postgraduate programme in Portugal is still very popular, and has now reached its eighth year. There has also been some interest in the Netherlands, and I ran the first BMAS course in Amsterdam in May/June 2017. In November a former trustee and president of BMAS (Dr Satya Prasad Koneru) made contact with me, and BMAS India was conceived. The first course was scheduled for February 2018 in Andhra Pradesh, at the Heal Paradise Village. This is one of the locations for Prasad's charity HEAL (Health and Education for ALL), an inspiring project for orphaned and under-privileged children in the region. Go to www.heal.org.uk to sponsor a child for only £20 a month - I was so impressed with the endeavour I sponsored a whole bunch of them!

BRITISH MEDICAL ACUPUNCTURE SOCIETY

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2017

On an eco note, BMAS went paperless in 2017, so if you haven't heard from us recently, make sure we have your correct email address, or check your spam box. As a result our general office mailing expenses have dropped by over £9000.

In January I had the pleasure of being interrogated by John Humphreys on the BBC Radio 4 Today programme. It was over a press release for a journal paper on acupuncture for infantile colic. You can read about it, and listen to the segment here: <http://blogs.bmj.com/aim/2017/01/26/acupuncture-for-infantile-colic/>

I suspect that this and other negative press directed at BMJ over publishing our journal may have influenced their decision to not retender for the job after nine successful years.

The BMAS social media presence is growing with over 2900 likes on our Facebook page and nearly 666 followers of @BMAS_News on Twitter. Please do like and follow if you are on social media - it is a great way to keep up to date with the latest research and events in the world of acupuncture.

Mike Cummings, Medical Director

Journal Editor's Report

2017 was a year of ups and downs at Acupuncture in Medicine. Just three days into the New Year the editorial board was attacked in the public domain by the skeptical blogger Steven Salzburg in an article in Forbes entitled "Fake medical journals are spreading, and they are filled with bad science." Whilst the claims made were clearly unfounded, they certainly rattled our publisher (BMJ group) and triggered a concerted effort to prove our academic integrity by retrospective and prospective data collection to appraise the balance of positive, neutral and negative articles among published article and rejections. The retrospective component of this work, led by former editor Adrian White, is just about to be published online first as a research letter and promises to be an interesting read.

A second attack on the journal came exactly two weeks later when the BMJ press office decided to press release a Swedish clinical trial of acupuncture for infantile colic (the ACU-COL study), which began an avalanche of negative publicity. The usual skeptics came out in force and readers may have heard the BMAS Medical Director Mike Cummings appear on BBC radio in rebuttal of Professor David Colquhoun's strong opinions on the prospect of needling babies. The press release was probably too positive in tone for a trial that was negative with respect to its primary outcome and only meant to be exploratory in its discussion of the secondary outcomes and cross-referencing to the four other major clinical trials published in this field. Ultimately the AiM editorial team has little control over BMJ press releases, but this may change when we switch publishers from 2018. What was particularly interesting for me, however, having relocated to the USA in 2016, was that the backlash was largely confined to the UK media. Meanwhile, in New York City, for example, Time magazine published a rather positive article based on the same press release entitled "The soothing benefit of acupuncture for babies"

(see <http://time.com/4636204/acupuncture-baby-crying-colic>). The other silver lining was that the ACU-COL study became the most accessed article of the year (with 11624 downloads) implying that 'all publicity is good publicity'!

These relative bumps in the road were offset by the announcement in summer 2017 that our latest (2016) impact factor (IF) represented the highest ever for the journal at 2.156. Not only was this a significant jump, but it passed the threshold of 2.0 that is likely to stimulate more high quality submissions from international authors and from UK researchers whose institutions are participating in the Research Evaluation Framework. It should be noted that the majority of citations contributing to the 2016 IF were of basic science papers, highlighting the importance of our preclinical research in raising the international academic profile of the journal. Further evidence of our growing international reputation comes from our user growth figures in 2017, which increased by 33% for the Americas and 43% for Asia. I am particularly keen to ensure that this increase does not come at the expense of reduced UK member engagement, however, and was disappointed to see that the proportion of UK submissions fell to 3% in 2017 (down from 7% in 2015 and 5% in 2016). I would be particularly keen to hear from BMAS members about how to increase the number of UK submissions (including case reports, case series and audits) in future years, although it is important to remember that for 97% of our content I am restricted by the nature of the submissions received in terms of article type and country of origin. Nevertheless I am always eager to receive reader feedback and my top 2018 priority is to try and attract more clinical research submissions.

David Carr, Editor, Acupuncture in Medicine

AUDITORS

The auditors, Murray Smith LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2017**

Approved by order of the board of trustees on and signed on its behalf by:

.....
Ms C Tiphane - Trustee

BRITISH MEDICAL ACUPUNCTURE SOCIETY

STATEMENT OF TRUSTEES RESPONSIBILITIES FOR THE YEAR ENDED 31 DECEMBER 2017

The trustees (who are also the directors of British Medical Acupuncture Society for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF BRITISH MEDICAL ACUPUNCTURE SOCIETY

Opinion

We have audited the financial statements of British Medical Acupuncture Society (the 'charitable company') for the year ended 31 December 2017 on pages eleven to twenty one. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2017 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF BRITISH MEDICAL ACUPUNCTURE SOCIETY

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees Responsibilities set out on page eight, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Michael Benson (Senior Statutory Auditor)
for and on behalf of Murray Smith LLP
Chartered Accountants
Statutory Auditors
Darland House
44 Winnington Hill
Northwich
Cheshire
CW8 1AU

Date:

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2017**

	Notes	Unrestricted fund £	Restricted fund £	2017 Total funds £	2016 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	3				
Courses and conferences		189,206	-	189,206	211,697
Subscriptions		175,265	1,770	177,035	189,692
Certificates		1,920	-	1,920	1,230
Teaching clinic		23,519	-	23,519	20,539
Other income		131,681	-	131,681	121,791
Investment income	2	6,078	-	6,078	9,533
Total		527,669	1,770	529,439	554,482
EXPENDITURE ON					
Raising funds	4	106,042	-	106,042	119,142
Charitable activities	5				
Courses and conferences		290,328	-	290,328	298,929
Office costs		166,738	-	166,738	177,846
Other costs		20,328	-	20,328	22,024
Total		583,436	-	583,436	617,941
NET INCOME/(EXPENDITURE)		(55,767)	1,770	(53,997)	(63,459)
RECONCILIATION OF FUNDS					
Total funds brought forward		1,109,447	48,924	1,158,371	1,221,830
TOTAL FUNDS CARRIED FORWARD		1,053,680	50,694	1,104,374	1,158,371

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

BRITISH MEDICAL ACUPUNCTURE SOCIETY**BALANCE SHEET
AT 31 DECEMBER 2017**

	Notes	2017 £	2016 £
FIXED ASSETS			
Tangible assets	10	541,877	506,080
CURRENT ASSETS			
Stocks	11	9,816	14,518
Debtors	12	111,140	113,967
Cash at bank		620,425	712,409
		<u>741,381</u>	<u>840,894</u>
CREDITORS			
Amounts falling due within one year	13	(178,884)	(188,603)
NET CURRENT ASSETS		<u>562,497</u>	<u>652,291</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,104,374</u>	<u>1,158,371</u>
NET ASSETS		<u>1,104,374</u>	<u>1,158,371</u>
FUNDS	16		
Unrestricted funds		1,053,680	1,109,447
Restricted funds		50,694	48,924
TOTAL FUNDS		<u>1,104,374</u>	<u>1,158,371</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on and were signed on its behalf by:

.....
Ms C Tiphane -Trustee

The notes form part of these financial statements

BRITISH MEDICAL ACUPUNCTURE SOCIETY**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2017**

	Notes	2017 £	2016 £
Cash flows from operating activities:			
Cash generated from operations	1	<u>(41,318)</u>	<u>15,759</u>
Net cash provided by (used in) operating activities		<u>(41,318)</u>	<u>15,759</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets		<u>(50,666)</u>	<u>(553)</u>
Net cash provided by (used in) investing activities		<u>(50,666)</u>	<u>(553)</u>
Change in cash and cash equivalents in the reporting period		<u>(91,984)</u>	<u>15,206</u>
Cash and cash equivalents at the beginning of the reporting period		<u>712,409</u>	<u>697,203</u>
Cash and cash equivalents at the end of the reporting period		<u><u>620,425</u></u>	<u><u>712,409</u></u>

The notes form part of these financial statements

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2017**

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2017 £	2016 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	(53,997)	(63,459)
Adjustments for:		
Depreciation charges	14,869	14,184
Decrease in stocks	4,702	389
Decrease in debtors	2,827	3,063
(Decrease)/increase in creditors	(9,719)	61,582
Net cash provided by (used in) operating activities	<u>(41,318)</u>	<u>15,759</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2017**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

Income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Subscriptions

Income in respect of subscriptions is accounted for on an accruals basis.

Courses and conferences income

Income from courses and conferences is accounted for on an accruals basis with adjustments being made for income received in advance.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible assets are depreciated on a straight line basis over their estimated useful lives, at the following rates:

Acupuncture equipment	25%
Office equipment	15%
Computers	25%
Freehold property	2%

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

The society has two types of fund for which it is responsible and which require separate disclosure. These are as follows:

a) Restricted funds

Donations received which the donor earmarks for specific purposes. Such purposes are within the overall aims of the organisation. Each year the society allocates 1% of the total subscriptions received during the year to the restricted fund.

b) Unrestricted fund

Funds which are expendable are at the discretion of the trustees in the furtherance of the objects of the charity.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2017

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

Pension contributions are made by the charity to the employee's personal pension schemes at an agreed percentage of gross salaries.

Donations

Donations received from members are accounted for in the year they are received and allocated to a restricted or unrestricted fund subject to the donor's wish.

Grants payable

Grants payable are accounted for in the year they are due for payment. All grant applications are reviewed by the committee and then allocated accordingly.

2. INVESTMENT INCOME

	2017 £	2016 £
Rents received	30	-
Investment income	6,048	9,533
	<u>6,078</u>	<u>9,533</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	2017 £	2016 £
Courses and conferences	189,206	211,697
Subscriptions	177,035	189,692
Certificates	1,920	1,230
Teaching clinic	23,519	20,539
Other income	131,681	121,791
	<u>523,361</u>	<u>544,949</u>

4. RAISING FUNDS

Other trading activities

	2017 £	2016 £
Fundraising and publicity	<u>106,042</u>	<u>119,142</u>

5. CHARITABLE ACTIVITIES COSTS

	Staff costs £	Depreciation £	Other costs £	Total 2017 £	Total 2016 £
Course and conferences	174,021	-	116,307	290,328	298,929
Office costs	90,502	-	76,236	166,738	177,846
Other costs	-	14,869	5,459	20,328	22,024
	<u>264,523</u>	<u>14,869</u>	<u>198,002</u>	<u>477,394</u>	<u>498,799</u>

BRITISH MEDICAL ACUPUNCTURE SOCIETY**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2017****6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2017	2016
	£	£
Depreciation - owned assets	14,869	14,184
Auditors' remuneration	3,692	3,720
	<u> </u>	<u> </u>

7. TRUSTEES' REMUNERATION AND BENEFITS

No remuneration was paid to the trustees during the year. Lecture fees totalling £16,910 (2016: £12,165), were paid to seven of the trustees.

The charity has taken out insurance to protect from losses arising from the neglect or default of its trustees and employees. The cost of the insurance was £1,828 in 2017 (2016: £1,795) and has been charged to governance costs.

The charity is controlled by the Council of Management.

Trustees' expenses

In the year the company reimbursed the trustees as follows:

	2017	2016
	£	£
Travel	5,796	5,574
Accommodation and subsistence	3,088	2,516
Other costs	335	356
	<u> </u>	<u> </u>
	9,219	8,446
	<u> </u>	<u> </u>

The expenses were incurred in relation to committee meetings and the trustees were reimbursed for their expenses. At 31 December 2017, expenses of £212 (2016 - £nil) were due to be reimbursed to the trustees.

8. STAFF COSTS

	2017	2016
	£	£
Wages and salaries	227,590	221,777
Social security costs	23,690	20,583
Other pension costs	13,243	12,526
	<u> </u>	<u> </u>
	264,523	254,886
	<u> </u>	<u> </u>

The average monthly number of employees during the year was as follows:

	2017	2016
Administration	7	7
	<u> </u>	<u> </u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2017	2016
£90,001 - £100,000	1	1
	<u> </u>	<u> </u>

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2017**

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Courses and conferences	211,697	-	211,697
Subscriptions	187,798	1,894	189,692
Certificates	1,230	-	1,230
Teaching clinic	20,539	-	20,539
Other income	121,791	-	121,791
Investment income	9,533	-	9,533
Total	552,588	1,894	554,482
EXPENDITURE ON			
Raising funds	117,142	2,000	119,142
Charitable activities			
Courses and conferences	298,929	-	298,929
Office costs	177,846	-	177,846
Other costs	22,024	-	22,024
Total	615,941	2,000	617,941
NET INCOME/(EXPENDITURE)	(63,353)	(106)	(63,459)
RECONCILIATION OF FUNDS			
Total funds brought forward	1,172,800	49,030	1,221,830
TOTAL FUNDS CARRIED FORWARD	1,109,447	48,924	1,158,371

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2017**

10. TANGIBLE FIXED ASSETS

	Freehold property £	Acupuncture equipment £	Office equipment £	Computer equipment £	Totals £
COST					
At 1 January 2017	596,444	164	21,131	6,263	624,002
Additions	46,437	-	2,879	1,350	50,666
	<u>642,881</u>	<u>164</u>	<u>24,010</u>	<u>7,613</u>	<u>674,668</u>
DEPRECIATION					
At 1 January 2017	95,761	164	17,606	4,391	117,922
Charge for year	12,562	-	1,001	1,306	14,869
	<u>108,323</u>	<u>164</u>	<u>18,607</u>	<u>5,697</u>	<u>132,791</u>
NET BOOK VALUE					
At 31 December 2017	<u>534,558</u>	<u>-</u>	<u>5,403</u>	<u>1,916</u>	<u>541,877</u>
At 31 December 2016	<u>500,683</u>	<u>-</u>	<u>3,525</u>	<u>1,872</u>	<u>506,080</u>

11. STOCKS

	2017 £	2016 £
Stationery and journals	<u>9,816</u>	<u>14,518</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Trade debtors	2,095	3,114
Other debtors	740	3,062
Prepayments and accrued income	108,305	107,791
	<u>111,140</u>	<u>113,967</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Trade creditors	8,559	24,716
Other creditors	14,838	3,429
Amounts due to Trustees	212	-
Accruals and deferred income	155,275	160,458
	<u>178,884</u>	<u>188,603</u>

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2017**

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2017 £	2016 £
Within one year	9,891	13,981
Between one and five years	5,481	15,371
	<u>15,372</u>	<u>29,352</u>

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted fund £	2017 Total funds £	2016 Total funds £
Fixed assets	541,877	-	541,877	506,080
Current assets	690,687	50,694	741,381	840,894
Current liabilities	(178,884)	-	(178,884)	(188,603)
	<u>1,053,680</u>	<u>50,694</u>	<u>1,104,374</u>	<u>1,158,371</u>

16. MOVEMENT IN FUNDS

	At 1.1.17 £	Net movement in funds £	At 31.12.17 £
Unrestricted funds			
General fund	1,109,447	(55,767)	1,053,680
Restricted funds			
Restricted Fund	48,924	1,770	50,694
TOTAL FUNDS	<u>1,158,371</u>	<u>(53,997)</u>	<u>1,104,374</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	527,669	(583,436)	(55,767)
Restricted funds			
Restricted Fund	1,770	-	1,770
TOTAL FUNDS	<u>529,439</u>	<u>(583,436)</u>	<u>(53,997)</u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2017.

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2017**

18. SHARE CAPITAL AND MEMBERS LIABILITY

The company is limited by guarantee. In the event of a company being wound up, the liability of each member is limited to £10.

19. RESTRICTED FUND

The Research fund account holds £50,694 as at 31 December 2017. This fund can be used for research into any aspect of the use of acupuncture.

BRITISH MEDICAL ACUPUNCTURE SOCIETY

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2017**

	2017 £	2016 £
INCOME AND ENDOWMENTS		
Investment income		
Rents received	30	-
Investment income	6,048	9,533
	<hr/> 6,078	<hr/> 9,533
Charitable activities		
Courses and conferences	189,206	211,697
Subscriptions	177,035	189,692
Certificates	1,920	1,230
Teaching clinic	23,519	20,539
Other income	131,681	121,791
	<hr/> 523,361	<hr/> 544,949
Total incoming resources	<hr/> 529,439	<hr/> 554,482
EXPENDITURE		
Other trading activities		
Fundraising and publicity	106,042	119,142
Charitable activities		
Wages	227,590	221,777
Social security	23,690	20,583
Pensions	13,243	12,526
Other costs	188,337	220,275
Directors of education expenses	3,471	3,939
Trustee indemnity insurance	2,502	1,795
Auditors' remuneration	3,692	3,720
Freehold property depreciation	12,562	11,929
Office equipment depreciation	1,001	834
Computer equipment depreciation	1,306	1,421
	<hr/> 477,394	<hr/> 498,799
Total resources expended	<hr/> 583,436	<hr/> 617,941
Net expenditure	<hr/> <hr/> (53,997)	<hr/> <hr/> (63,459)

This page does not form part of the statutory financial statements