

AMAUDO

2017 ANNUAL REPORT





TRANSFORMING LIVES
CHIDI'S STORY

Chidi fell sick and wandered from home while her children were still young. She wandered the streets of Umuahia until she ended up on the corner by the World Bank where she lived for two months.

People regularly threw rubbish at her and hurled verbal abuse in her direction. She felt 'banished and very scared'.

Sometimes people gave her small amounts of money which enabled her to survive.

The Amaudo team picked her from the streets in September and she came to the Centre at Okopedi. After only 3 months she has recovered enough to go home.

She has learnt hairdressing skills which she plans to use when she leaves to earn some money. Living at Amaudo made

her feel 'secure and relaxed'.

She was really excited to be going home to her children and husband in time for Christmas.



TRANSFORMING LIVES
GODWIN'S STORY

My mental illness started in 1987 when I was 15. On that fateful evening as I was taking supper with brother, I suddenly started to hear strange voices in my head. Before I could reason what was happening, I had lost my memory and control of my mental faculties.

I was taken to different places for treatment but to no avail. On occasion my father would bring men who would bundle me to a native doctor for treatment in chains. It was horrifying. I saw myself in a constant state of internal disintegration and external shame.

One evening my father came home and saw my terrible condition. Soon after, he took me to a more powerful native doctor. After administering his medications, I regained my faculty for some weeks, only to relapse again.

My family then took me to see a man called “The Final Bus Stop”. After another relapse they gave up on me, it was 1999.

Meanwhile, I completed my secondary school education amidst public stigmatization. I was once shot almost dead by village vigilantes, whilst wandering late at night, not knowing where I was. They mistook me for a thief and opened fire.

After this incident, my father left me to my fate. It was at this point that the coordinator of community psychiatry health services at Amaudo came into my life. From that moment my story started changing for good. After I got well, I got my BSC in Biology and married my lovely wife and our union is blessed with two beautiful girls. Without Amaudo and the psychiatric nurse that handled my case maybe I would be dead by now.

OUR ORGANISATION THROUGH NEW EYES



Kate Lumley
CEO, Amaudo UK

2017 was a very special year for me as I was able to take my family to see the projects and meet the staff and residents of this very special place. To see Amaudo through the eyes of my young children was both challenging and refreshing. With so many questions ranging from the philosophical to the practical I felt so proud to tell them about Amaudo's history, how they have had to fight so much discrimination that comes with mental illness, and how so many people have benefitted from Amaudo's services.

MISSION

Amaudo UK works in partnership with Amaudo to create affordable, accessible and sustainable solutions for people experiencing mental health problems or learning difficulties in Nigeria.

KEY AIMS

1. To improve the skills and knowledge of the Amaudo Itumbauzo worker team and other associated health-workers
2. To increase the capacity of Amaudo Itumbauzo by accessing and utilising expertise, resources and funding in the UK
3. To increase awareness and promote Amaudo Itumbauzo and Amaudo UK
4. To work with other likeminded organisations to share learning and knowledge about global mental health issues



Amaudo 1: Amaudo Itumbauzo

Amaudo 1 continues to thrive and in 2017 provided care and support for 54 homeless mentally ill residents. By December, 30 residents were well enough to be repatriated home to their families and communities. Many family members attended the discharge service and received training in how to care for their loved ones once home. Amaudo continued to work with government departments to collect 49 new residents from the streets during the year.



Amaudo 2: Amaudo Ntalakwu

Amaudo 2 increased staff numbers during the year to improve the standard of care they are able to offer their residents. They continue to support 6 people with significant learning disabilities in the family house and 17 recovered mentally ill people live more independently in the community village.



Mental Health in the Community

Numerous activities continue to increase the mental health services available to mentally ill people in the community. Psychiatric nurses saw almost 9,000 clients during the year as part of the Community Mental Health Programme. Self-Help Groups trained their leaders in advocacy skills and the microfinance system was evaluated. Finally, a new mobile mental health and awareness service was piloted and 2-year funding secured to roll out the programme.



Project Comfort

Project Comfort underwent a detailed evaluation in 2017 to ensure that it was offering appropriate interventions. 51 clients were discharged from their community-based services as they were either no longer children or had progressed as much as possible under the services available. The project continues to see 55 children regularly and is currently seeking out new clients. They have also employed a full-time physiotherapist to deliver therapy to those children in need.

TRANSFORMING INFRASTRUCTURE



£3K

Grant for ongoing
maintenance at Amaudo
1 & 2



The kitchen at Amaudo
2 has now been entirely
rebuilt



All but 4 buildings at
Amaudo 1 have now
been re-roofed

Amaudo UK has continued to provide grants to maintain the facilities at Amaudo 1 and 2. During the year an extra £8,500 was made available to finish off the water and sanitation project which included reroofing all the bathroom blocks. Trustee, John Pennells, spent a week at Amaudo working alongside a maintenance worker to improve the residential accommodation and implement a schedule of regular maintenance and repairs. The final funding for reroofing the Amaudo 1 houses was confirmed in early 2018 so we now move our fundraising efforts to the roofs at Amaudo 2. The kitchen at Amaudo 2 was rebuilt after it collapsed completely, and staff were having to cook in a temporary area with no facilities. Finally, a grant was made to reroof the library/office at the Helping Hands School in Mbukwa as the previous roof leaked so much it was damaging books and equipment.

**TRANSFORMING
AWARENESS**



The Amaudo logo is displayed in a bold, orange, hand-drawn style font.

Funding secured for a new, free mobile mental health and awareness programme

The number '20,000+' is shown in a large, bold, orange font, with a faint circular graphic behind it.

Number of people we reached on social media with our message

The percentage '7%' is shown in a large, bold, orange font, with a faint circular graphic behind it.

Engagement rate on Facebook (industry average 6.37%)

The launch of the new Mobile Mental Health and Awareness Programme was a huge success. Despite the mental health care services provided by Amaudo through the Community Mental Health Programme, there are still many people in remote communities who have not accessed treatment for reasons such as poor mental health knowledge, stigmatisation and poverty. This new project aims to work with local communities and government to provide free services to those in rural areas. It is also committed to reducing the stigma attached to mental illness through awareness raising activities.

A close-up photograph of a pile of gnarled, brown roots or tubers, possibly yam or cassava, resting on dark, moist soil. The roots are thick and have a rough, textured surface with some peeling bark. They are arranged in a haphazard pile, with some showing signs of being cut or broken. The background is a dark, textured surface of soil.

**TRANSFORMING
SKILLS & KNOWLEDGE**



Self-Help Group leaders participated in advocacy training



Staff training covered subjects including human rights, project planning and budgeting

254

Trainee nurses participated in work experience at Amaudo to improve their mental health skills

Amaudo continues to upskill her workforce through investing in training and development opportunities. In 2017 dozens of training events took place throughout the organisation. V. Rev Kenneth continued to share his learning from the Human Rights and Mental Health Diploma across the organisation. Project leaders were given training on project planning and budgeting to ensure the smooth running of projects into the future. Once again Amaudo offered placements for student nurses to participate in the daily life of Amaudo and to experience a mental health service in action. We continue to seek funds to develop the capacity of Amaudo to deliver this vital training.

Amaudo also continues to support the leaders of its Self-Help Group network and this year chose to focus on advocacy training to enable members to engage productively with government and other bodies. Project Comfort staff received training in Community Based Rehabilitation and Amaudo 1 House Parents received training in workshop skills.

A man with dark skin and short black hair, wearing a blue t-shirt and jeans, is sitting on a red and blue Yamaha motorcycle. He is holding the handlebars and looking towards the camera. Two young boys are sitting on the motorcycle with him. The boy in the front is wearing a blue and white striped t-shirt and jeans, and is looking down at the handlebars. The boy in the back is wearing a black and white patterned t-shirt and green shorts, and is looking towards the camera. They are on a dirt path in a park-like setting with many trees and a small red building in the background. A white van is parked in the distance. The text "TRANSFORMING PARTNERSHIPS" is overlaid on the left side of the image.

TRANSFORMING PARTNERSHIPS



Two recent UK visits to
Amaudo with ongoing
collaboration



Burgeoning support
from multiple State Govt
departments



Thank you to all of our
supporters, donors and
funders

Amaudo could not exist without the collaborations that exist between itself and other organisations. Over many years V. Rev Kenneth has worked tirelessly to nurture his relationship with the Abia State Government and in particular the Office of the Wife of the Governor, the Ministry of Women Affairs and Social Development and the Ministry of Health. This support has not only been financial but representatives have attended important functions and lent their support to mental health campaigns.

The collaboration between Amaudo and local education facilities is very exciting as colleges are recognising the significant contribution Amaudo can make to the next generation of health care practitioners. It is now a compulsory part of some courses to spend time at Amaudo. Amaudo UK look forward to working with Amaudo to expand this work further in the next few years.

A close-up photograph of a large, heart-shaped green leaf, likely from a Philodendron, which is covered in numerous small, clear water droplets. The leaf's veins are prominent and radiate from the center. The background is filled with other lush green foliage, creating a dense, natural setting. On the left side of the image, the words "TRANSFORMING" and "FUNDING" are stacked vertically in a bold, white, sans-serif font.

**TRANSFORMING
FUNDING**

	2017			2016		
	GENERAL	RESTRICTED	TOTAL	GENERAL	RESTRICTED	TOTAL
OPENING BALANCE	£17,497	£14,911	£32,408	£21,866	£12,693	£34,559
INCOME	£31,193	£24,759	£55,952	£23,634	£15,163	£38,797
EXPENDITURE	£27,628	£29,299	£56,927	£28,002	£12,945	£40,947
FINAL BALANCE	£21,061	£10,372	£31,433	£17,497	£14,911	£32,408

The finances of Amaudo UK have improved as a result of the robust fundraising strategy adopted. Two new fundraising initiatives were launched in 2017 as well as continuing the grant seeking activities. The new website is continuing to provide a powerful backdrop to our work and the aim is to utilise it as a platform to launch future campaigns backed up with strong social media engagement. As ever we would like to thank everyone who has generously donated to Amaudo UK throughout the year. Your continued support is hugely appreciated and enables us to transform the lives of those experiencing mental illness in Nigeria.



Sarah Dockree
Chair of Trustees
Amaudo UK

It never ceases to amaze me the number of lives that Amaudo's work has impacted. 9,000 people with mental illness seen by community clinics and 49 people picked off the streets during 2017, over 60 people cared for in Amaudo's residential centre, 254 student nurses staying in Amaudo on placements.

Yet it's easy to focus on these large numbers (as exciting as they are), and to forget that every one of them represents a life turned around, an individual's journey of transformation, a personal story, a family that has been restored and reunited.

As we work hard here at Amaudo UK to raise vital funds, to support projects identified by our partners in Nigeria, to resource, encourage and assist our

colleagues, we are privileged to be a part of those stories, of those transformations.

As always, we are acutely aware that Amaudo would not be able to impact these lives if it weren't for the generous support of so many. If you have been a part of the stories you read here, then thank you. If you haven't but would like to step in to those stories and be a part of that impact, then please do get in touch and join us.



V. Rev Kenneth
Nwaubani
Director, Amaudo

Amaudo remains grateful to those who have consistently contributed in cash and kind to support our activities.

I am particularly grateful to Amaudo UK and all our foreign partners who support Amaudo financially and in other ways to carry out all our services. With your support we have been able to continue providing residential rehabilitation, the Community Mental Health Programme, the free Mobile Community Mental Health Care & Awareness Programme, Community Based Rehabilitation for children with disabilities, staff training and development, infrastructural development and repairs.

I urge you all to continue and do not give up. Our reports show that the lives of people who were rejected by their

families and society because they experience mental health disorders are being transformed and they happily get reunited with their families and re-engage in community life. Your support has brought enduring change to the lives of so many people.

We are still challenged by a lack of human rights based mental health laws and policies, poverty, insecurity and poor implantation of health, social and economic policies in Nigeria. Amaudo, however, will continue to provide mental health care and community based rehabilitation for people with mental health disorders and children with disabilities respectively and will advocate for their rights.



AMAUDO UK STAFF

Kate Lumley (CEO)

Lena Kiselyk (Administrator)

PATRON

Jackie Kay MBE FRSE

INDEPENDENT EXAMINER

Nadezda Wandiy

TRUSTEES

Sarah Dockree (Chair)

Tejesh Mistry (Vice-Chair)

Meagan Adriaans (Treasurer)

Enyi Anosike

David Cruise

Peter Dockree

Michelle Knaggs

Edel Meremikwu

Ayesha Murtaza

John Pennells

Dan Worrell

AMAUDO

www.amaudo.org



Facebook.com/Amaudo



Instagram.com/Amaudo_Itumbauzo



Twitter.com/Amaudo

Amaudo UK, Forest Hill Methodist Church, Normanton Street, London SE23 2DS 020 8699 0594 amaudouk@amaudo.org
Registered Charity Number 1084963

AMAUDO UK

(Charities Number 1084963)

ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2017

AMAUDO UK

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2017

		2017	2017	2017	2016	2016	2016
		General	Restrict	Total	General	Restrict	Total
		£	£	£	£	£	£
INCOME							
Regular Donors		8,573	6,739	15,312	9,235	6,864	16,099
Donations		18,023	18,020	36,043	9,129	8,299	17,428
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		26,596	24,759	51,355	18,364	15,163	33,527
Gift Aid		4,597		4,597	5,266		5,266
Bank Interest		-		-	3		3
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total Income		31,193 (7,559)	24,759	55,952	23,634 3,651	15,163	38,797
EXPENDITURE							
Transfers to Nigeria			29,299	29,299		12,945	12,945
Nigeria expenses							
UK Expenditure							
Office rent and costs		6,349		6,349	6,263		6,263
Rent	5,400						
Stationery/telephone	949						
Salaries and costs		17,542		17,542	17,161		17,161
Salaries	15,873						
Pension and N. I.	1,670						
Software		332		332	46		46
Fundraising		247		247	596		596
Insurance		611		611	601		601
Employees travel		809		809	2,001		2,001
Local	509						
Overseas	300						
Sundry expenses		787		787	244		244
Trustees travel		951		951	-		-
Local	951						
Overseas	-						
Training		-		-	-		-
Donation		-		-	-		-
Contribution for Amaudo HQ		-		-	1,090		1,090
Depreciation		-		-	-		-
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total Expenditure		27,628	29,299	56,927	28,002	12,945	40,947
Net Income less Expenditure		3,564	(4,540)	(975)	(4,369)	2,218	(2,151)
Balance at beginning of the year		17,497	14,911	32,408	21,866	12,693	34,559
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Balance at end of the year		21,061	10,372	31,433	17,497	14,911	32,408
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

AMAUDO UK

BALANCE SHEET AS AT 31 DECEMBER 2017

	Notes	2017	2016
		£	£
ASSETS			
Fixed Assets	3	-	-
Current Assets			
Debtors	4	5,418	5,602
Inventory	5	-	-
Cash at Bank		26,322	30,549
Total Current Assets		31,741	36,151
less Current Liabilities			
Creditors	6	308	3,743
Net Current Assets		31,433	32,408
Total Assets less Liabilities		31,433	32,408
FUNDS			
Restricted	7	10,372	14,911
less Unrestricted		21,061	17,497
		31,433	32,408

Signed on behalf of the Trustees of Amaudo

 SARAH DOCKREE
Chairman

 MEGAN ADRIAANS
Treasurer

AMAUDO UK

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2017

1 Accounting Policies

a Basis of Accounting

These accounts are prepared on the historical cost basis and in accordance with applicable recognised accounting standards and the statement of Recommended Practice on Accounting by Charities (the Charities SORP).

b Grants

Grants are recognised in the Statement of Financial Activities on an accruals basis in accordance with any pre-conditions.

c Donations, Fundraising and Gifts

Donations are recognised in the accounts on a received basis. Gifts in kind are recognised at their value to the charity (none were received in 2017).

No value is assigned to donated facilities.

d Expenditure

Expenditure is recognised on an accrual basis, with overheads being allocated to restricted and unrestricted overheads in proportion to donations and grants received.

e Capitalisation

Expenditure on repairs, renewals, plant and equipment which costs in excess of £200 is capitalised together with expenditure on Furniture and fitting and donated goods.

f Depreciation

Provision for depreciation of Fixed Assets held for use by the charity is made at annual rates calculated to spread the cost of each asset over its expected useful life.

The depreciation rate in use for this year is as follows:

Office equipment	33%
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g Taxation

No provision for taxation is included in these accounts as the charity is entitled to exemption from tax afforded by section 505 of the Income and Corporation Act 1988.

h Cash Flow

The charity qualifies as a small charity and therefore, in accordance with FRS 1, no cash flow is required.

AMAUDO UK

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2017

2 Employees

During the year the charity employed three people, each on a part time basis.

3 Fixed Assets

Office Furniture and Equipment

Cost	
Balance at 31 December 2016	1,023
Scrapped during the year	-
	<hr/>
Additions during the year	
Furniture	-
Office Equipment	-
	<hr/>
Balance 31 December 2017	1,023
	<hr/>
Accumulated Depreciation	
Balance at 31 December 2016	1,023
Utilised	-
	<hr/>
Charge for the year	-
	<hr/>
Balance 31 December 2017	1,023
	<hr/>
Net Book Value at 31 December 2016	-
Net Book Value at 31 December 2017	-

4 Debtors

	2017	2016
	£	£
Gift Aid receivable	4,606	4,851
Office rental - deposit	450	450
Insurance - prepaid	153	151
AFVS Membership - prepaid	-	100
Debtors - Travel costs due from Nigeria anniversary trip	-	-
Donations receivable from BMYCharity account	-	-
Donations receivable from MyDonate account	-	49
Pension contribution paid on behalf of employees	209	-
	<hr/>	<hr/>
	5,418	5,602

5 Inventory

	2017	2016
	£	£
Learner packs	-	-

6 Creditors

	2017	2016
	£	£
Accruals	308	146
Due to Amaudo Itumbauzo	-	3,597
	<hr/>	<hr/>
	308	3,743

AMAUDO UK

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2017

7 Restricted Funds

The funds of the charity include restricted funds comprising the unexpended balances of donations and grants held on trust to be applied for specific purposes

	Balance 1 Jan	Movement in Funds		Transfers	Balance 31 Dec
		Incoming	Outgoing		
Amaudo Itambauzo Headquarters	0	1,056	1,056	-	0
Amaudo 2 Ntalakwu	2,084	1,910	2,985	-	1,009
Project Comfort	6,763	2,735	7,677	-	1,821
Project Director's vehicle fund	-	-	-	-	-
Amaudo 1	1,869	-	-	-	1,869
Refurbishment	5,050	9,930	14,881	-	99
Education Fund	(854)	9,128	2,700	-	5,574
	14,911	24,759	29,299	-	10,372

Independent examiner's report to the trustees of Amaudo UK

I report on the accounts of the Trust for the year ended 31st December 2017, which are set out on pages 1 to 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
 - have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Nadezda Wandiy ACCA

26 Scholars Place
Ambleside Avenue
Walton-on-Thames
Surrey
KT12 3FE

04th September 2018

AMAUDO UK

TREASURER'S REPORT ON THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2017

Preamble

The General Funds surplus of £3,564 for the year shows an increase of £7,933 versus 2016 and is largely driven by an increase in donations and decrease in travel costs.

Non-regular donations in 2017 increased by £8,894, largely attributable to the Donald Forrester Trust donation of £5,000 (2016: £0). For Restricted Funds, this increased by £9,721 and is largely attributable to an increase in the level of the Maintenance and Education Fund donations.

Accounts for the Year

Restricted Funds

During the year £24,759 was received in respect of Restricted Funds (2016: £15,163) whilst the amount transferred/expended on behalf of Amaudo Nigeria totalled £29,299 (2016: £12,945).

General Funds

During the year income totalled £31,193 (2016: £23,634) whilst expenditure decreased to £27,628 (2016: £28,002). This resulted in a surplus for the year of £3,564 (2016: £4,369 deficit).

Excluding the 2017 donation of £5,000 mentioned above the income (before gift aid) for the current year is at a favourable variance of £3,228 versus 2016.

Expenditure has remained fairly flat, with a slight decrease of £374 versus 2016. This is mainly attributable to a decrease in travel costs.