

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)

REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2018
for
Health and Hope UK

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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2018.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 08290412 (England and Wales)

Registered Charity number 1151105

Registered Office

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Principal Address

62 Heronsgate Road
Rickmansworth
Hertfordshire
WD3 5NX

Trustees

J Boyce	Accountant
J C E Gardner	Lawyer
A Gray	Accountant
H J Greig	Lawyer
M Hawe	Doctor
K Waterfield	Doctor
E Watson	Management consultant
A Wyman	Charity manager

Independent examiner

Simon Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow
TW4 5PN

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company limited by guarantee, as defined by the Companies Act 2006.

Risk Management

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Health and Hope UK (HHUK) was established at the end of 2012. The objectives of the charity are specifically restricted to the following:

- (1) For the public benefit of people in regions of South and South-East Asia, Health and Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities by the provision of advice and training in good governance, structure and fundraising for the various charitable arms and branches of Hope Society.
- (3) Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the charities and trustee investment (Scotland) act 2005 and/or section 2 of the charities act (Northern Ireland) 2008.

HHUK has carried out its objectives by working in partnership with Health and Hope Myanmar (HHM).

HHM is a community-based organisation whose mission is to bring health care, education, hope and development to the poorest people in remote areas of western Myanmar, through community engagement and empowerment. Its vision is to see villages that are thriving and self-developed.

The programmes that HHM delivers in Myanmar, and which HHUK supported during 2017-18, are structured around three strategic goals - health, education and food security - with an underlying objective to see these goals contribute towards increased community cohesion and hope.

Health: To improve access to public health and primary medical care

Education: To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives

Food Security: To increase and diversify agricultural production and reduce chronic malnutrition

In order to strengthen the effectiveness of HHM's programmes, HHUK provide support to HHM in the following areas:

- Strategy and Governance
- Finance and Administration
- Training and Development
- Monitoring and Evaluation
- Fundraising
- Marketing and Communications

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Overview: A devastating start to the year brings hope for the future

In late May 2017 Cyclone Mora hit Lailenpi, the town in western Myanmar which serves as the base for HHM's operations. As well as the destruction of homes and other buildings, HHM lost the majority of the training centre that is at the heart of the work that HHUK supports. HHUK was able to provide proactive support to enable the Lailenpi community to recover from the devastation and start to rebuild for the future. By September 2017, HHUK had contracted the services of eMi World, a leading network of specialist design professionals, to provide architectural design and structural engineering support for the building of a cyclone and earthquake-proof training centre. The new building will be better equipped for the conditions prevalent in the area and for the work planned in the future. During the year to March 2018, HHUK received over £155,000 in funding for the rebuilding work and had received commitments for a further £36,000 to be received in the next financial year.

In addition to the rebuilding project, funds raised by HHUK contributed directly to the ongoing delivery of health and education projects in the remote rural regions of western Myanmar where our partner works. HHUK also supported the upskilling of our partner through in-country training. This included training of HHM staff members in financial management and capacity building in the areas of project cycle management, financial planning, and monitoring and evaluation. HHUK continued to support HHM to develop operational plans and budgets for the coming year, enabling HHUK to produce timely reports to donors on the work carried out in-country.

Health

HHUK has the following development objective in health:

Remote rural communities in western Myanmar experience a decreased incidence of disease and an improvement in health and well-being.

The development objective is being achieved by:

1. improving access to health care services;
2. improving knowledge about health management and disease prevention; and
3. creating a sustainable service through a community contribution and partnership model.

Community Health Workers

Community health workers (CHWs) are trained to deliver life-saving services through simple health interventions, right at the point where they are most needed. CHWs are selected and embedded within the communities where they serve and are able to address the vast majority of sickness and ill-health through education and preventative practices such as: the use of clean water, better waste disposal, teaching the benefits of hand washing, nutrition and combatting deadly superstitions about health.

Many of these simple and effective techniques are often overlooked but have a significant impact in reducing morbidity and averting mortality.

Since 2008, HHM has trained 834 Community Health Workers (CHWs) from 551 villages in order to develop a community-led response to health challenges in the rural areas of western Myanmar. The first six months of 2017-2018 saw the culmination of a pilot project designed by HHUK and HHM to provide regular in-situ support to 200 CHWs working in southern Chin and northern Rakhine States. HHUK raised funds for the appointment of sixteen Area Coordinators who were supported to make regular visits to CHW villages, provide access to health education materials, coaching and mentoring for CHWs and the monitoring of impact. HHUK led a learning review from the pilot and fed this into the design of a new Community-led healthcare project for 2018 with the intention to upscale the number of Area Coordinators from sixteen to forty.

Traditional Birth Attendant (TBA) training

Traditional Birth Attendants are usually older women who hold status and respect within their communities. They have gained knowledge of the birthing process through practical experience and oral tradition, rather than formal learning. Poor traditional hygiene practices, as well as myths and superstitions surrounding childbirth can be radically reversed through education, leading to a reduction in maternal and perinatal mortality and morbidity.

In 2017-2018 HHUK funded the visits of UK midwives to provide two courses to local women in rural Chin State. The first was a training course for twenty-seven local TBAs. The second was a 'Train the Trainer' course for seven of the most experienced women, equipping and enabling them to pass on their midwifery knowledge proactively to others. The funding provided for both the training and equipment required and also for the outreach work of the local women to more remote villages.

The courses were well received, with the impact of the 'Train the Trainer' course far beyond that which was anticipated. Having originally planned for each local trainer to train four new women, at each secondary course there were between 16-20 attendees, expanding the reach to over 120 women. The project, now proactively supported by the local women's association, continues to be very successful, with this new initiative reinforcing the sustainability of the work through the ongoing transfer of knowledge through local practitioners.

Health Partnerships

A HHUK-led partnership with International Health Partners (IHP) enabled HHM to receive a donation of medical products from the Department for International Development (DfID) with a value of £315k. Leftover equipment from the Ebola crisis was shipped to Yangon in June 2017 with the support of the British Embassy. The shipment of 154 pallets arriving in Yangon just before a H1N1 swine flu outbreak. The donation included over 250,000 respiratory masks which HHM were able to donate to hospitals and public health officials in Yangon, Naypyidaw and right across Chin State through the support of many volunteers from the local churches.

The donation was subsequently recognised at the highest level of government, with letters of appreciation issued from the Myanmar Department of Health at both state and national level. The contribution was also reported on in the top-selling Burmese and English-speaking national newspapers and has afforded a significant amount of goodwill towards HHM's work. The additional equipment was shipped up to HHM's base in Lailenpi to support local work in the clinic, while non-medical product donations have been made from the shipment to surrounding villages.

In addition, the partnership with IHP led to the first shipment of high quality medicines and multivitamins, distributed by HHM staff to Area Coordinators and CHWs. These products will be used across HHM's work in rural Chin and Rakhine States in addition to the clinic in Lailenpi. Previously medicines had been bought via local markets with inferior quality regulation and control.

Education

Health and Hope UK has the following development objective in education:

Young people from remote rural communities in western Myanmar experience improved educational prospects, long-term socio-economic wellbeing and are proactively contributing towards the development of their local community.

The development objective is being achieved through:

1. improving access to primary, secondary and higher education opportunities;
2. improving the quality of education services;
3. creating opportunities for young people to apply their learning for the benefit of their local community.

Freedom to Education Project (FEP)

The FEP run by HHM and supported by HHUK in partnership with Prospect Burma aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the project are offered the opportunity to pursue higher education. In addition to tuition fees, HHUK has financed the provision of accommodation, study guidance and ongoing pastoral care for the majority of students.

By the end of March 2018, a total of 85 students had been supported in their studies, ranging from Year 11 to final year degree students. HHM benefited from the skills of four graduates in the 2017-2018 financial year who all returned to work as staff, leading the work of rebuilding the training centre, financial management and taking on roles in the sustainable agriculture project. The returning graduates had a significant impact on the morale of younger students from the villages who were inspired to see them return, fluent in English and skilled to take on leadership roles within Health and Hope.

Education for All

During this financial year HHUK has worked alongside HHM to develop plans for a new project, 'Education for All', which aims to support secondary students with high quality tuition, a library of educational resources, enhanced nutrition and a safe place to study. This long sought-after education initiative aims to tackle the dismal 2-8% pass rates of Grade 10 students in the rural areas, while also equipping and inspiring FEP graduates to contribute their time, knowledge and skills to transforming educational provision in their home villages.

Food Security

HHUK's development objective in relation to food security is that:

Remote rural communities in western Myanmar adopt sustainable agricultural methodologies and experience an improvement in food security and nutritional health.

The development objective is being achieved through:

1. increasing the quantity and diversity of household food production through crop diversification;
2. increasing nutrition and healthy food production knowledge and skills particularly through shared learning;
3. increasing the uptake of environmentally sustainable agricultural techniques and water management practices;
4. ensuring there are accessible resources and networks in place to provide rapid food relief to needy areas during natural disasters.

Sustainable Agriculture

After a two-year design phase, HHM along with a local NGO, Together for Sustainable Development (TSD) and Mission East, an international relief and development NGO, received funding from the Danish government for a sustainable farming project: 'Something to Eat Every Day' (SEED). The project started in July 2017 and will introduce new farming techniques and crop diversification to local Family Farmer Groups (FFGs). The primary purpose is to demonstrate that an increased agricultural yield with higher nutritional gains can be achieved using sustainable farming methods which reduce exposure to natural disasters and divert activity from traditional destructive slash and burn methodology. Secondary health outcomes will also be achieved through enhanced nutrition as a result of changes to diet. HHUK supported HHM with financing throughout the development process, and, working closely with Mission East, developed a bespoke accounting tool for digital receipt management as well as provided staff training in-country. HHUK continues to support HHM to deliver financial and narrative reporting for the donor.

Building for the future

Rebuilding the Training Centre

On 30th May 2017, Cyclone Mora made landfall in Bangladesh before moving northwards through western Myanmar. Torrential rain and high winds destroyed homes and triggered landslides in rural villages with thirty-seven families made homeless in the village of Lailenpi where HHM's work is based.

In addition, seven buildings of HHM's training centre were destroyed including the main training hall, kitchen and dining area and four dormitory buildings.

Since 2011, the training facility, which had become a beacon of hope for so many, had supported:

- The training of 834 CHWs
- The training of 166 TBAs
- The distribution of 100,000+ tonnes of food relief
- Education programmes for local school children
- The storage and distribution of medicines
- Youth and women's conferences
- Community events

Having lost such critical infrastructure and with only the office and clinic left standing, plans were made to rebuild a new cyclone-proof training facility.

HHUK arranged an immediate trip for Dr Sasa, the founder and chief executive of HHM, to the UK in June 2017 in order to meet key donors. Following this, HHUK raised £155,000, plus further commitments of £36,000, towards the rebuilding work.

In September 2017, HHUK contracted the services of eMi World, a leading network of specialist design professionals, to provide architectural design and structural engineering support for the rebuilding project. While the site clearance was underway, eMi World set to work developing the architectural designs, foundation plans and structural engineering drawings.

The dry season which started in November allowed the local community to push forward with preparing the building site, digging deep foundations and erecting the first reinforced concrete columns. Thanks to technical support from a field-engineer from eMi World, the local labourers have received training on new building techniques to ensure the centre can withstand future earthquakes and extreme weather conditions.

By the end of March 2018, the structural elements of the ground floor and foundations were complete and work was ongoing to pour the first floor slab before the monsoon. The new building has been designed in such a way as to deliver not only large-scale training as before, but also provide multi-use classrooms on the ground floor for smaller groups serving a wide range of future projects in health, education and food security.

Lailenpi airstrip

HHUK and HHM have continued to work closely with Mission Aviation Fellowship (MAF) during this financial year to develop and progress plans to build an airstrip in Lailenpi. The airstrip will reduce travel time from Yangon from three to four days by land to just 90 minutes by air. Feasibility studies and engineering design were completed during the year with written approval from the Myanmar Cabinet being granted in July 2017. Subject to funds becoming available, the airstrip has an anticipated completion date of April 2020.

FUTURE DEVELOPMENTS

The board of HHUK was strengthened during the year by the addition of four new trustees, with expertise in charity finance and management and in health.

Following their appointment, HHUK undertook a strategic review out of which the Board underlined its continued commitment to HHM and set strategic objectives for the next three years. These are to:

1. Continue to support the delivery of health, education and food security projects in Myanmar, through fundraising and capacity building of partners
2. Build and strengthen the support base for HHUK
3. Build and strengthen the capacity of HHUK

In March 2018 the staff team was strengthened by the addition of a new staff member - taking on the role of Senior Programme Officer - who will undertake much of the support and capacity building work with our partner HHM.

At the time of writing, HHUK has secured finance from two key donors for the funding of the health programme run by HHM for the next three years. We are delighted that the new training facility is over 50% complete, with the second floor and roof due to be added by February 2019; this will provide a secure base for the work in health and education for the foreseeable future.

Approved by order of the board of trustees on 24th September 2018 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'J C E Gardner', written over a horizontal line.

J C E Gardner - Trustee

I report on the accounts for the year ended 31 March 2018 set out on pages nine to thirteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants (ACCA), which is one of the listed bodies.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



SA Lewcock FCCA
Windsor Lodge
Millfield Road
Hounslow
TW4 5PN

20th October 2018

Health and Hope UK
Year ended 31 March 2018

Statement of Financial Activities

	Notes	Unrestricted fund	Restricted funds	31.3.18 Total funds	31.3.17 Total funds
INCOME AND ENDOWMENTS					
Income from generated funds					
Voluntary income		145,926	251,800	397,726	373,482
Investment income	2	690	0	690	462
Total income and endowments		146,616	251,800	398,416	373,944
EXPENDITURE					
Cost of generating funds					
Costs of generating voluntary income	3	16,163	0	16,163	22,099
Charitable activities					
Health		13,598	69,743	83,341	183,488
Education		29,727	61,657	91,384	52,095
Food security		0	1,424	1,424	38,848
Hydro-electric & clean water		0	0	0	12,176
Rebuilding project		12,988	145,624	158,612	0
Capacity building & training		13,908	0	13,908	10,081
Other expenditure		23,276	3,153	26,429	12,225
Total expenditure		109,660	281,601	391,261	331,012
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS					
		36,956	(29,801)	7,155	42,932
Gross transfers between funds		0	0	0	0
NET MOVEMENT IN FUNDS		36,956	(29,801)	7,155	42,932
RECONCILIATION OF FUNDS					
Total funds brought forward		66,607	48,957	115,564	72,632
TOTAL FUNDS CARRIED FORWARD		103,563	19,156	122,719	115,564

The notes form part of these financial statements

Health and Hope UK
Year ended 31 March 2018
Balance Sheet as at 31 March 2018

	Notes	Unrestricted fund	Restricted funds	31.3.18 Total funds	31.3.17 Total funds
CURRENT ASSETS					
Debtors	6	0	0	0	19,949
Cash at bank and in hand		108,113	19,156	127,269	95,817
		<u>108,113</u>	<u>19,156</u>	<u>127,269</u>	<u>115,766</u>
CREDITORS					
Amounts falling due within one year	7	(4,550)	0	(4,550)	(202)
		<u>103,563</u>	<u>19,156</u>	<u>122,719</u>	<u>115,564</u>
NET CURRENT ASSETS					
		<u>103,563</u>	<u>19,156</u>	<u>122,719</u>	<u>115,564</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>103,563</u>	<u>19,156</u>	<u>122,719</u>	<u>115,564</u>
NET ASSETS					
		<u><u>103,563</u></u>	<u><u>19,156</u></u>	<u><u>122,719</u></u>	<u><u>115,564</u></u>
FUNDS					
Unrestricted funds: General fund	8	103,563	0	103,563	66,607
Restricted funds	8	0	19,156	19,156	48,957
		<u>103,563</u>	<u>19,156</u>	<u>122,719</u>	<u>115,564</u>
TOTAL FUNDS					
		<u><u>103,563</u></u>	<u><u>19,156</u></u>	<u><u>122,719</u></u>	<u><u>115,564</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2018.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard 102 SORP 2015.

The financial statements were approved by the board of trustees on 24th September 2018 and signed on its behalf by:



Mrs J Boyce - Trustee



J C E Gardner - Trustee

The notes form part of these financial statements

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

Income and Endowments

All income and endowments are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 FINANCIAL RESERVES POLICY

The trustees seek to hold an amount in reserve equal to or greater than six months running costs. This policy is reviewed on an annual basis.

3 INVESTMENT INCOME

	Year ended 31.3.18 £	Year ended 31.3.17 £
Deposit account interest	<u>690</u>	<u>462</u>

Health and Hope UK
Year ended 31 March 2018

Notes to the Financial Statements - continued

4 COSTS OF GENERATING VOLUNTARY INCOME

	Year ended 31.3.18	Year ended 31.3.17
	£	£
Events	0	349
Postage and stationery	347	448
Promotional material	1,436	1,779
Staff costs	13,115	16,562
Sundry	81	0
Travel	1,184	2,961
	<u>16,163</u>	<u>22,099</u>

5 TRUSTEES' REMUNERATION AND BENEFITS

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2018.

6 STAFF COSTS

	Year ended 31.3.18	Year ended 31.3.17
	£	£
Wages and salaries	43,134	27,726
Social security costs	0	0
	<u>43,134</u>	<u>27,726</u>

The average monthly number of part-time employees (1 full time equivalent) during the year was:

Administrative	2	2
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No employees received emoluments in excess of £60,000

7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18	31.3.17
	£	£
Donor debtors	<u>0</u>	<u>19,949</u>

8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18	31.3.17
	£	£
Other creditors	<u>4,550</u>	<u>202</u>

Health and Hope UK
Year ended 31 March 2018

Notes to the Financial Statements - continued

9 MOVEMENT IN FUNDS

	1.4.17	Income & Endowments	Expenditure	31.3.18
	£	£	£	£
Unrestricted funds: General fund	66,607	146,616	109,660	103,563
Restricted funds				
CHWs - area co-ordinators	46,203	499	46,407	295
CHWs - refresher training	0	6,570	6,570	0
Clinic	0	2,000	0	2,000
Education - general	0	1,424	1,424	0
Food Security - general	0	1,424	1,424	0
Further education project	0	60,233	60,233	0
Health - general	0	1,424	1,424	0
Rebuilding of training centre	0	155,850	145,624	10,226
Traditional birth attendants training	0	19,223	12,588	6,635
4x4 vehicle	2,754	0	2,754	0
UK overheads	0	3,153	3,153	0
TOTAL FUNDS	115,564	398,416	391,261	122,719